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Current Topics and Emerging Issues in Malaria Elimination

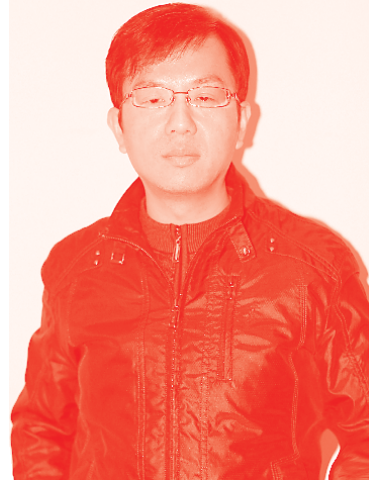
Edited by Alfonso J. Rodriguez-Morales



Current Topics and Emerging Issues in Malaria Elimination

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Current Topics and Emerging Issues in Malaria Elimination

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Edited by Alfonso J. Rodríguez-Morales

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Contributors

Kingsley Badu, Kwadwo Boampong, Amma Aboagyewa Larbi, Arantxa Roca-Feltrer, Ann-Sophie Stratil, James K. Tibenderana, Ilunga-Ilunga Félicien, Leveque Alain, Dramaix Michèle, Mbuyi Kanyinda Veve, Mbikayi Muya Jean Paul, Yahaya Mohammed Mohammed Katagum, Faisal Bin Ibrahim, Hayati Binti Kadir Shahar, Anisah Baharom, Rafee Baharudin, Chukwudi Michael Michael Egbuche, Alexandre Costa, Anna Caroline Campos Aguiar, Dhelio Batista Pereira, Angelina Moraes Silva, Isaac K. Quaye, Larysa Aleksenko, Liwang Cui, Awtum Brashear, Lynette Menezes, John Adams, Anupam Nath Jha, Upasana Pathak, Sanchaita Rajkhowa, Abhichandan Das, Francis S.O Ugwu, Cheikh Cambel Dieng, Eugenia Lo, Jennifer Huynh, Yaw A. Afrane, Linda E. Amoah, Colby T. T. Ford, Daniel A Janies, Susanta Ghosh, Chaitali Ghosh, Mary Oboh, Mamadou Ndiath, Olumide Ajibola, Kolapo Oyebola, Alfred Amambua-Ngwa, Sarat K. Dalai, NikunjU Tandel, Alfonso J. Rodríguez-Morales, Jaime A. Cardona-Ospina, D. Katterine-Bonilla-Aldana, Luis Andrés Salas-Matta, Wilmer E. Villamil-Gómez, Juan Pablo Escalera-Antezana, Lucia E. Alvarado-Arnez, Carlos Franco-Paredes, Juan-Carlos Navarro, Tomas Orduna, José A. Suárez

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IntechOpen Book Series

Infectious Diseases

Volume 8



Dr. Alfonso J. Rodriguez-Morales received his MD from Universidad Central de Venezuela, Caracas, and his MSc in Protozoology/Parasitology from Universidad de Los Andes, Trujillo, Venezuela. He received his Diploma in Tropical Medicine & Hygiene (DTM&H) from Universidad Peruana Cayetano Heredia, Lima, Peru, and the University of Alabama at Birmingham, Alabama, USA. He also holds a DipEd. Dr. Rodriguez-Morales is a fellow of the Royal Society for Tropical Medicine & Hygiene (FRSTMH), London, United Kingdom; of the Faculty of Travel Medicine (FFTM) of the Royal College of Physicians and Surgeons of Glasgow (RCPSG), Glasgow, Scotland, United Kingdom; of the American College of Epidemiology (FACE), USA; and of the International Society for Antimicrobial Chemotherapy (FISAC). He has a HonDSc from Universidad Privada Franz Tamayo (UniFranz), Cochabamba, Bolivia. He is also the president of the Travel Medicine Committee and Pan American Infectious Diseases Association, and the vice president of the Colombian Infectious Diseases Association (2019–2021). He is a Member of the Council (2020-2026), International Society for Infectious Diseases (ISID). He is a senior researcher of Colciencias (2015–2021), and a professor at the Fundación Universitaria Autónoma de las Américas, Pereira, Risaralda, Colombia, and the Universidad Científica del Sur, Lima, Peru. He is an external professor for the Master in Research of Tropical Medicine and International Health, University of Barcelona, Spain, and a visiting professor at multiple national and international universities.

Editor of Volume 8:

Alfonso J. Rodriguez-Morales

Grupo de Investigación Biomedicina, Faculty of Medicine,
Fundación Universitaria Autónoma de las Américas, Pereira, Risaralda, Colombia

Book Series Editor:

Shailendra K. Saxena

King George's Medical University

Scope of the Series

The series will give a most comprehensive overview of recent trends in various infectious diseases (as per the most recent Baltimore classification), as well as general concepts of infections, immunopathology, diagnosis, treatment, epidemiology and etiology to current clinical recommendations in management of infectious diseases, highlighting the ongoing issues, recent advances, with future directions in diagnostic approaches and therapeutic strategies. This book series will focus on various aspects and properties of infectious diseases whose deep understanding is very important for safeguarding human race from more loss of resources and economies due to pathogens.

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Preface

Malaria is one of the most important tropical diseases in the history of the world. This vector-borne disease has been a significant cause of morbidity and mortality in tropical countries of Africa, Asia, and Latin America. Like most tropical diseases, this parasitic disease is strongly associated with environmental and social conditions along with other factors whose improvement leads to a reduction in the disease. This effect has been observed in multiple countries where the development and control of the disease have resulted in the reduction and outright elimination of malaria, as evidenced in El Salvador and Argentina [1–16]. Conversely, adverse or poor environmental and social conditions may trigger reemergence, persistence, and an increase in diseases like malaria, as is the unfortunate situation in Venezuela. This once rich country is now the worst economy of South America and is witnessing the reemergence of multiple vector-borne diseases, especially malaria, as well as vaccine-preventable diseases such as measles, diphtheria, pertussis, and yellow fever, among others [17–20].

Keeping these issues in mind, this book presents research and clinical topics related to malaria elimination in the world. The book's fifteen chapters are organized in four major sections: "Advances in Diagnosis"; "Epidemiology and Surveillance"; "Policy and Prevention"; and "Prevention, Vector Control and Vaccines."

Commissioning of this book by IntechOpen is related in part to my long commitment to vector-borne, zoonotic, and neglected tropical diseases. I am co-chair of the Working Group on Zoonoses of the International Society for Chemotherapy (WGZ-ISC), as well as of the Committee on Tropical Medicine, Zoonoses and Travel Medicine of the Colombian Association of Infectious Diseases (Asociación Colombiana de Infectología; ACIN). Since January 2016, I have also been the chair of the Colombian Collaborative Network of Research on Zika (Red Colombiana de Colaboración en Zika; RECOLZIKA). RECOLZIKA has contributed in many ways to the research on Zika in Colombia and other countries in Latin America, including research on congenital Zika syndrome and Guillain-Barré syndrome, among other clinical consequences of this arboviral disease.

I have been involved in tropical diseases for the last two decades, including not only malaria but also leishmaniasis, Chagas disease, and dengue, and since 2014, chikungunya and emerging arboviruses, such as Zika and Mayaro. Since moving from Venezuela to Colombia in 2011, I have been involved in research of tropical diseases in Risaralda. Part of all this is a clear reflection of the work impulse at the Public Health and Infection Research Group, Faculty of Health Sciences, Universidad Tecnológica de Pereira, directed by Dr. Guillermo Javier Lagos-Grisales. Dr. Lagos-Grisales is not just a partner, a colleague, and a friend,

but also an extreme believer in our work in vector-borne and zoonotic diseases. I must also recognize the beginning of significant collaboration with Dr. Wilmer Ernesto Villamil-Gómez, whom I met in Cartagena in 2013 during the Colombian Congress of Infectious Diseases. He is also part of the former Committee of Zoonoses and Hemorrhagic Fevers of the Colombian Association of Infectious Diseases (Asociación Colombiana de Infectología, ACIN), now called Committee of Zoonoses and Tropical Medicine. Dr. Villamil-Gómez is my most important collaborator on arboviruses, including Zika and malaria. In addition, since 2002 I have been involved in tropical medicine and travel medicine, participating in multiple studies on malaria, Chagas disease, leishmaniasis, and other tropical diseases. Currently in Colombia, we continue studying most of them, including their assessment in internally displaced populations.

Following the same philosophy we used for my ten previous books with IntechOpen [21–29], this book is not intended to be an exhaustive compilation. Many related topics are covered in a previous book, *Current Topics in Malaria* [24]; however, this updated book presents complementary topics in chapters written by new contributors with new perspectives.

I would like to give a very special thanks to IntechOpen, particularly Author Service Managers Mateo Pulko and Maja Bozicevic and Commissioning Editor Andrea Koric for the opportunity to edit this interesting and important book, as well for their constant support.

I want to take the appropriate time and space to dedicate this book to my beloved family distributed geographically among Venezuela, Chile, and Colombia (Aurora, Alfonso José, Alejandro, and Andrea, the neurologist). Katterine, my fiancé, makes every day special. I love her more than anything and I am happy to have her lovely existence in my life. I love you more and more every day.

I would also like to extend thanks to my friends and my undergraduate and postgraduate students in Colombia, Venezuela, and Latin America. Thanks also go to my colleagues at the Working Group on Zoonoses, International Society for Chemotherapy, and the Committee on Zoonoses, Tropical Medicine and Travel Medicine and a large list of members of RECOLZIKA (www.RECOLZIKA.org). Special thanks again to my friend and colleague Dr. Lagos-Grisales. Members of our research group and incubator consist of young and enthusiastic medical students, some veterinary medical students, and young medical doctors, all of whom are pursuing significant improvements in the understanding of the epidemiology of zoonotic, vector-borne, parasitic, and infectious diseases. The idea for this book came in 2019, but in 2020, we faced the COVID-19 pandemic, which affected multiple life processes including the development of this book. In light of this new pathogen, we created the LANCOVID network for research and collaboration (www.LANCOVID.org). In 2019, I also began to work at the Fundación Universitaria Autónoma de las Américas, Pereira, Risaralda, Colombia, a new “home” that brings me support and trust in my new endeavors in research and teaching. I have to give special thanks in that order to Drs. Maria Monica Murillo, our dean at the Faculty of Medicine, as well as to our School of Medicine Director Dr. Jaime Cardona-Ospina, a long-time friend and fellow.

Finally, I hope our readers enjoy this publication as much as I enjoyed putting it together with my talented and knowledgeable collaborators.

Prof. Alfonso J. Rodriguez-Morales

MD, MSc, DTM&H, DipEd, FRSTMH(Lon), FFTM RCPS(Glasg), FACE, FISAC,
HonDSc

Senior Researcher, Grupo de Investigación Biomedicina, Faculty of Medicine,
Fundación Universitaria Autónoma de las Américas,
Pereira, Risaralda, Colombia

Lecturer, Universidad Científica del Sur,
Lima, Peru

Chair, Grupo de Colaboración en Enfermedades Transmitidas por Vectores y
Zoonóticas de Risaralda (GETZ),
Pereira, Risaralda, Colombia

Co-Chair, Working Group on Zoonoses, International Society
for Chemotherapy (ISC)

Vicepresident, Colombian Association of Infectious Diseases (ACIN)

Member of the Committee on Tropical Medicine,
Zoonoses and Travel Medicine, ACIN

President, Committee on Travel Medicine, Pan-American Association of Infectious
Diseases.

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Section 1

Advances in Diagnosis

Introductory Chapter: Malaria Elimination - A Challenge with Multiple Emerging Ecosocial Challenges

Alfonso J. Rodriguez-Morales, Jaime A. Cardona-Ospina, D. Katterine Bonilla-Aldana, Luis Andrés Salas-Matta, Wilmer E. Villamil-Gómez, Juan Pablo Escalera-Antezana, Lucia E. Alvarado-Arnez, Carlos Franco-Paredes, Juan-Carlos Navarro, Tomas Orduna and José A. Suárez

1. Introduction

Malaria has been a major parasitic disease affecting humankind over centuries, with a disproportionate impact among populations, regions of the world and living conditions [1–5]. Caused by five well-accepted species, *Plasmodium falciparum*, *P. vivax*, *P. malariae*, *P. ovale*, and *P. knowlesi* [6] malaria remains a global public health threat due to multiple reasons [7, 8] including biological, social and climatic factors [3, 9–13] influencing the distribution of *Anopheles* vectors, especially *A. darlingi* in the Americas [14, 15]. There is an ongoing debate regarding the potential role of *Plasmodium cynomolgi* as the sixth etiological species of human malaria [16, 17]. The etiological diagnosis and the epidemiological and clinical management of malaria remains a major challenge in many settings, populations, and during specific clinical scenarios including cases of severe malaria in travelers [18–20].

2. Major challenges in malaria elimination: social and economic downturn in Latin America and the role of climate change

Over decades, especially in the 20th century, malaria has been a major cause of morbidity and mortality at national and regional level in Latin America and the Caribbean (LAC) [21, 22]. The epidemiological transition and improvement of social conditions (i.e. social determinants of disease) have concomitantly reduced malaria-associated morbidity and mortality in many countries [1, 5, 23–25]. Since 2000, drastic reductions in the incidence of malaria occurred in countries with the highest burden of disease (i.e., Brazil) [26–28]. Between 1962 and 1973 other countries in the region such as Grenada, Dominica, Barbados, Chile (a country where never was confirmed the occurrence of autochthonous transmission) [29], Saint Lucia, and Trinidad and Tobago received official certification as malaria-free, after the implementation of specific control measures. More recently, Argentina,

Bahamas, Antigua and Barbuda, Paraguay, Saint Kitts and Nevis, Saint Vincent and the Grenadines, Uruguay (another country that never has autochthonous malaria) [30], and lately El Salvador, were added to the list [31]. Experiences in malaria elimination, such as those of El Salvador, have been of significant impact. In other countries of the region, such as Ecuador, malaria had fallen to very low levels between 2000-2009, with transmission increasing again between 2014 and 2020, due to carelessness in the control campaigns in traditional outbreaks, as well as due to the mobilization and immigration from both the northern and southern borders [32, 33]. The starting point was the elimination of foci in each municipality, where active detection was included (searching of malaria cases), considering the DTIR strategy (Detection, Diagnosis, Treatment, Intervention and Response), so that more cases are diagnosed instead of stopping after the index case detection. Specific activities at the local level were monitored and evaluated for an overall impact that led the country to elimination [34].

Unfortunately, factors such as climate change represents a major negative factor that could potentially favor the spread of malaria-to-malaria-free areas [9, 35-40]. Mass deforestation, landscape change, wildfires, and other anthropogenic threats [41] influence the distribution of vector-borne diseases such as malaria [42]. Furthermore, the etiological agents of human malaria have been already detected in non-human primates, especially in Asia [17, 43-50], but also in LAC, particularly in Brazil [51-53] illustrating the risk of humans amplifying the spread of malaria to animal species.

Malaria transmission depends on several weather conditions including rainfall patterns, humidity and temperature (i.e., the ideal environmental characteristics of the malaria transmission are present in the Amazon Basin) and also depends of occurrence of water bodies and associated floating or emerging vegetation, as well as the surrounding forest cover that provides shade on the edges of lagoons. Malaria is associated with climate change [54] because the environmental consequences are linked to specific conditions that would benefit *Anopheles* population, and not only the life and distribution of the vector but the possibility of transmission of malaria too. The influence of climate change is highly relevant as the mosquitoes are ectotherm hosts [55]. To increase the knowledge of what could happen in the future, Intergovernmental Panel on Climate Change (IPCC) Fifth Assessment Report (AR5) provides an interesting review and evaluation of the science of the climate change and their multiple future scenarios (<https://www.ipcc.ch/report/ar5/syr/>). In general, all depends on the real trajectory of the greenhouse gases (GHG) but the development of the global warming is always related with increasing average temperatures and changes in precipitation patterns that has an effect on malaria causal factors [56, 57]. In spite of what acknowledgment we probably want to reach, there are several possible effects as potential scenarios, therefore estimation models are required to approach the most potential situation [58]. To directly associate the increasing of the average temperature with malaria, is known that the distribution of species as *P. falciparum* would expand depending on the increase of the temperatures even in greater latitudes and altitudes [59]. In the case of the changes in precipitation patterns, it is related with the zones where the mosquito breeding proliferates due to water levels decreasing and forming pools after the extreme increase of rivers because of the rain or other reasons like ice melting of the mountains. Nonetheless, species like *Anopheles darlingi* which appears to be directly associated with high levels of precipitation [60], would decrease their population on several scenarios in the future, so the study of climate change and malaria should be specific owing to the effects of temperature and precipitations could

be different if we evaluate combined possibilities [61]. Even in Europe, some studies have pointed out that climate change is a significant factor associated with reemergence of malaria in southern areas of the continent [62–64].

Two recent initiatives, the World Health Organization (WHO) Strategic Advisory Group on Malaria Eradication and the Lancet Commission on Malaria Eradication, have assessed the feasibility of achieving global malaria eradication and proposed strategies to succeed at it. Both reports (WHO and Lancet Commission) rely on a climate-driven model of malaria transmission to conclude that long-term trends in climate will assist eradication efforts overall and, consequently, neither prioritize strategies to manage the effects of climate variability and change on malaria programming [65]. Climate change associated factors and consequences is key for the consideration of ecosocial and integrative vector control strategies, as has been proposed for decades by the WHO. In the case of Latin America, there is still a long road to improve the associated situation, mitigation, and adaption on climate change according to the Intergovernmental Panel on Climate Change (IPCC) [66–73]. Then, climate change, is definitively a “stone in the shoe” in the control and elimination of malaria in LAC.

In addition, multiple social factors are still present in the region with a complex interplay, such as uncontrolled mining, poverty, the recent impact of Coronavirus Disease 2019 (COVID-19), political, economic, and social crisis, in countries from different ideological political positions, such as Brazil, Argentina, Peru, Bolivia, but especially Venezuela. The situation in the latter, once considered as the richest in the region, started to fall into a spiral of social devastation since 1998, impacting especially all the health aspects. Malaria control, in the past highlighted as the best program (1930s–1960s), today raises many concerns. Venezuela is the main focus of malaria in LAC, amid a humanitarian crisis, that also impacted Colombia and Brazil, as neighboring countries, but also to distant nations in South and Central America, even generating imported cases to Argentina or Mexico [3, 8, 11–13, 21, 22, 74]. The humanitarian crisis has led to a reemergence of multiple infectious diseases, but also the persistence and increase of multiple endemic diseases including malaria. In this context the forced migration occurring to multiple countries also constitute a challenge in the control of malaria in endemic and even not-endemic countries in LAC. Imported cases may be associated with local transmission by multiples routes, vector and not-vector-borne (e.g., blood transfusion, transplantation, congenital). Unfortunately, such crisis will not be solved in the near future, therefore it lies to the other countries in the region to prioritize the best strategy in managing imported cases, assuring early diagnosis and treatment to avoid potentially associated consequences, and to enhance surveillance and consider the importance of specific programs targeting migrant populations.

Regarding the COVID-19 pandemic, this has posed multiples challenges, including coinfections (SARS-CoV-2/*Plasmodium*), in the efforts of malaria elimination. During 2019–2020, malaria cases increased by 26%, in the countries where malaria is targeted for elimination in the Americas. In particular, there was increased malaria transmission in three countries of Mesoamerica: Nicaragua, Honduras, Panama. With a reduced number of laboratory samples and diagnostic tests, reduced mobility of people and disruption of health services, limited field operations due to social restriction gaps in ensuring personal protective equipment, malaria elimination is facing multiple difficulties. These existing gaps in malaria case detection and treatment may translate into increased chaos by 2021, added to the regional situation above mentioned of Venezuela [75].

3. Conclusions

We face multiple and perennial challenges when controlling tropical infectious diseases, such as malaria [42]. Despite many achievements in malaria control efforts during the last few decades, there are many countries in LAC where malaria transmission remains or revert to being a major public health concern for the region. In other regions of the world, such as Africa and Asia, the recent emergence of zoonotic species of *Plasmodium*, coupled with the impacts of climate change, economic downturn post-COVID-19, and globalization are also causing significant concern. There is an urgent need for local, national, and international health authorities to strengthen surveillance and multisectorial control approaches to advance the noble effort of malaria control and elimination in LAC and other regions.

Author details

Alfonso J. Rodriguez-Morales^{1,2,3,4,5,6*}, Jaime A. Cardona-Ospina^{1,4},
D. Katterine Bonilla-Aldana³, Luis Andrés Salas-Matta²,
Wilmer E. Villamil-Gómez^{5,7}, Juan Pablo Escalera-Antezana⁸,
Lucia E. Alvarado-Arnez⁶, Carlos Franco-Paredes⁹, Juan-Carlos Navarro¹⁰,
Tomas Orduna¹¹ and José A. Suárez¹²

1 Grupo de Investigación Biomedicina, Faculty of Medicine, Fundación
Universitaria Autónoma de las Américas, Pereira, Risaralda, Colombia

2 Universidad Científica del Sur, Lima, Peru

3 Semillero de Investigación en Zoonosis, Grupo BIOECOS, Fundación Universitaria
Autónoma de las Américas, Pereira, Colombia

4 Emerging Infectious Diseases and Tropical Medicine Research Group, Instituto
para la Investigación en Ciencias Biomédicas-Sci-Help, Pereira, Colombia

5 Infectious Diseases and Infection Control Research Group, Hospital Universitario
de Sincelejo, Sincelejo, Sucre, Colombia

6 Coordinación Nacional de Investigación, Universidad Privada Franz Tamayo
(UNIFRANZ), La Paz, Bolivia

7 Programa del Doctorado de Medicina Tropical, SUE Caribe, Universidad del
Atlántico, Barranquilla, Colombia

8 Direction of Second Level Hospitals, Secretaría Municipal de Salud, Gobierno
Autónomo Municipal de Cochabamba, Cochabamba, Bolivia

9 Department of Medicine, Division of Infectious Diseases, School of Medicine,
University of Colorado Denver, Aurora, CO, United States of America


10 Research Group of Emerging Diseases, Ecoepidemiology and Biodiversity,
Health Sciences Faculty, Universidad Internacional SEK, Quito, Ecuador

11 Hospital de Infecciosas FJ Muñiz, Buenos Aires, Argentina

12 Investigador SNI Senacyt Panamá, Instituto Conmemorativo Gorgas de Estudios
de la Salud (ICGES), Panama

*Address all correspondence to: ajrodriguezmmmd@gmail.com

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Point-of-Care Strategies Applied to Malaria Diagnosis

Alexandre Dias Tavares Costa, Anna Caroline Campos Aguiar, Angelina Moraes Silva and Dhelio Batista Pereira

Abstract

Rapid and specific diagnosis of malaria remains one of the main strategies to fight the disease. The diagnosis is made primarily by the simple and low-cost thick drop technique, considered the gold standard test. However, the requirement for good quality microscopes and well-trained personnel often lead to inaccurate diagnosis, especially in cases of mixed infections or low parasitemia. Although PCR-based tests can help in these situations, this technique requires large and sensitive equipments, being unsuitable for point of care (POC) settings. A myriad of POC diagnostic tests have been developed in the last years, relying on molecular methods but also on novel strategies. New platforms, miniaturization techniques, and multiplexing possibilities promise great potential to improve disease diagnostics through fast and accurate detection of cases, even at remote places. Here, we will address the main POC strategies developed for the diagnosis of malaria, highlighting their strengths and weaknesses as POC applications.

Keywords: point-of-care, diagnosis, malaria

1. Introduction

Malaria is one of the deadliest diseases of poverty. It is estimated that malaria causes 228 million illnesses and 405 thousands deaths each year. Among the sick, children aged under 5 years are the most vulnerable group affected by malaria; in 2018, they accounted for 67% (272 000) of all malaria deaths worldwide [1].

In many countries where malaria is endemic, a lack of access to adequate diagnostic services leads to poor health outcomes for fever patients, as well as poor surveillance of infections and outbreaks, and treatment monitoring [2].

To make matters worse, the appearance of antimalarial resistant parasites including artemisinin derivatives pose a major public health threat [3]. In addition, drugs such as the artemisinin-derivatives are more expensive, leading to an increased demand for patient evaluation by accurate diagnostic tests before treatment [4–6].

Therefore, it has grown in the last years a general agreement that new diagnostic tests are needed for remote areas in malaria-endemic countries. However, the new tests must show improved performance over existing techniques, so that adequate distribution of anti-malarial drugs can effectively target the disease and its outbreaks, contributing to the reduction of generation of drug-resistant parasite strains [7].

In malaria-endemic countries, the major hurdle for widespread access to malaria diagnostics is the limited health care infrastructure [8, 9]. According to the World Health Organization (WHO) guidelines, the useful diagnostic tool at the point of care (POC) is defined by some characteristics. It should be low cost, deliver sensitive and accurate results in as little time as possible, run on a portable instrument (ideally, should be instrument-free), require minimal external power, require minimal training before use, and not require refrigerated reagent storage and transportation. These guidelines are collectively known by the acronym ASSURED (affordable, sensitive, specific, user-friendly, rapid and robust, equipment-free, and deliverable to end-users) [10]. In addition to those requirements, an ideal POC malaria diagnostic device should determine which species is infecting the patient, to establish the level of parasitemia, and be able to detect mixed or low-level infections.

Current POC tests for malaria include the smear microscopy and immunochromatographic rapid tests (RDTs). However, more sensitive and specific techniques based on nucleic acid amplification tests (NAAT) have been praised as the best choice for a successful malaria POC diagnostic test. In this work, we will review the status of the diagnostic technologies that have been used for malaria detection at POC conditions, discussing their main advantages and disadvantages in the POC context.

2. Currently available POC tests

2.1 Smear microscopy

Microscopy remains the gold standard for malaria diagnosis in most endemic areas. This technique allows the identification of different malaria-causing parasites (*P. falciparum*, *P. vivax*, *P. malariae* and *P. ovale*), their various parasite stages, including gametocytes, and the quantification of parasite density to monitor response to treatment [11].

There are two variations of the microscopy technique, the thick drop and the blood smear, both use the Giemsa dye in their preparations and are performed with sample of peripheral blood. Thick droop is made by placing a few drops of blood on a glass slide, allowing the blood to dry, and then lysing the blood (usually with water) before staining. The blood smear is made from a thin layer of cells and are fixed with methanol before reading. The thick drop allows the identification of lower parasitemias, by concentrating the parasites. The blood smear technique is more sensitive in speciating the parasites, however it does not allow the identification of low parasitemias [12].

This technique has the great advantage of being cheap (costs approximately \$ 0.20 per sample), fast (approximately 1 hour between collection and the result, if performed by a skilled laboratory technicians), and does not need sophisticated equipment. The number of patients tested by microscopic examination increased an increase of 165 million tests in 2010 [13] to more than 208 million testes in 2017¹. The global total is dominated by India. The sensitivity of the optical microscopy technique using the thick drop method is 50–500 parasites/ μ L, however, many factors may interfere with the results found in the thick drop technique, such as the quality of the microscope, the quality of the available staining reagents, and the skill of the technician. Several studies have shown that the sensitivity of the

¹ <https://www.who.int/malaria/areas/diagnosis/microscopy/en/>, accessed on February, 17th, 2021.

microscopy technique may be lower in several areas of transmission depending on the quality of the examination and the expertise of the microscopists, which can increase the number of false negative results [14, 15].

2.2 Rapid diagnostic tests (RDTs)

Rapid diagnostic test (RDT) is a quick diagnostic approach to detect malaria among malaria-suspected patients and rule out malaria among individuals without malaria. RDTs detect parasite-specific antigens in a drop of fresh blood through lateral flow immunochromatography using antibodies to detect one or several antigens [16] (**Figure 1**).

The RDTs detect a single species (either *P. falciparum* or *P. vivax*), some detect multiple species (*P. falciparum*, *P. vivax*, *P. malariae* and *P. ovale*) and some further distinguish between *P. falciparum* and non-*P. falciparum* infection, or between specific species. The most commonly used antibodies react to histidine-rich protein-2 (HRP2), aldolase and *Plasmodium* lactate dehydrogenase (pLDH). HRP-2 is a marker for *P. falciparum*, while pLDH antibodies can be specific for *P. falciparum*, or *P. vivax*. Aldolase antibodies are pan-specific, detecting all types of malaria parasite but not differentiating between them [17].

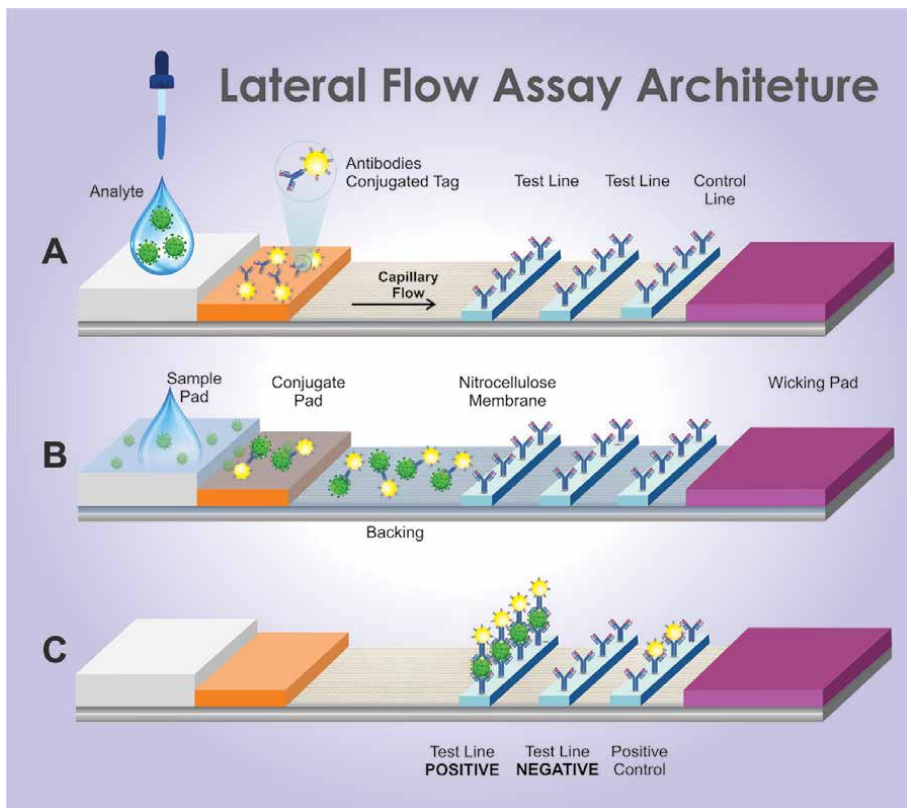


Figure 1. Lateral flow assay architecture. Samples containing the analyte flow through the nitrocellulose membrane by capillary flow (panel A), carrying reporter antibodies (labeled with gold, latex or a fluorophore) until the mixture interacts with the test line (containing antibodies that bind the analyte of interest) and the control line (containing anti-IgG antibodies that bind to human IgG molecules) (panel B). If the control line shows a positive reaction, it is a valid test. If the test line shows a positive reaction, it is a positive sample for the specific analyte (panel C).

Product name	Manufacturer	Panel detection score						False positive rates (%)						Meets WHO performance criteria?
		200 parasites/µL		2000 parasites/µL		200 parasites/µL		2000 parasites/µL		200 parasites/µL		2000 parasites/µL		
		Pf	Pv	Pf	Pv	Pf	Pv	Pf	Pv	Pf	Pv	Pf	Pv	
Paracheck Pf - Rapid Test for <i>P. falciparum</i> Malaria Device (Ver. 3)	Orchid Biomedical Systems - Tulip Diagnostics (P) Ltd	94.0	NA	100.0	NA	NA	NA	1.4	NA	NA	NA	4.3	Yes	
One Step test for Malaria Pf/Pan Ag MERISCREEN Malaria Pf/Pan Ag	Merril Diagnostics Pvt. Ltd	73.0	NA	99.0	NA	NA	NA	0.7	NA	NA	NA	0.0	No	
Parascreen - Rapid test for Malaria Pan/Pf	Zephyr Biomedicals - Tulip Diagnostics (P) Ltd	91.0	94.3	100.0	97.1	0.0	0.7	0.0	0.0	0.0	0.0	1.4	Yes	
FalciVax - Rapid test for Malaria Pv/Pf	Zephyr Biomedicals - Tulip Diagnostics (P) Ltd	95.0	100.0	100.0	100.0	0.8	0.0	0.0	0.0	0.0	0.0	0.0	Yes	
STANDARD Q Malaria Pf/Pv Ag Tes	SD Biosensor, Inc	85.0	100.0	99.0	100.0	0.5	0.0	0.0	0.0	0.5	0.0	0.0	Yes	
STANDARD Q Malaria Pf Pan Ag Test	SD Biosensor, Inc.	88.0	100.0	99.0	100.0	0.0	0.0	0.0	0.0	0.5	0.0	0.0	Yes	
STANDARD Q Malaria Pf Ag Test	SD Biosensor, Inc.	87.0	NA	99.0	NA	NA	NA	0.0	NA	NA	NA	0.0	Yes	
First Response Malaria Antigen <i>P. falciparum</i> (HRP2) Card Test	Premier Medical Corporation Limited	95.0	NA	100.0	NA	NA	NA	0.7	NA	NA	NA	0.0	Yes	
First Response Malaria Ag. pLDH/HRP2 Combo Card Test	Premier Medical Corporation Limited	85.0	73.0	100.0	100.0	0.3	0.0	0.0	0.0	0.0	0.0	0.0	No	
First Response Malaria Ag. Pf/Pv Card Test	Premier Medical Corporation Limited	94.0	100.0	100.0	100.0	0.8	0.7	0.5	0.0	0.5	0.0	0.0	Yes	

Product name	Manufacturer	Panel detection score						False positive rates (%)						Meets WHO performance criteria?
		200 parasites/ μ L		2000 parasites/ μ L		200 parasites/ μ L		2000 parasites/ μ L		200 parasites/ μ L		2000 parasites/ μ L		
		Pf	Pv	Pf	Pv	Pf	Pv	Pf	Pv	Pf	Pv	Pf	Pv	
One Step test for Malaria Pf/Pv Ag MERISCREEN Malaria Pf/Pv Ag	Merril Diagnostics Pvt. Ltd	78.0	85.7	100.0	100.0	100.0	100.0	0.5	0.7	0.0	0.0	0.0	1.4	Yes
ParaHIT Ver. 1.0 Rapid Test for <i>P. falciparum</i> Malaria Device	ARKRAY Healthcare Pvt. Ltd	77.0	NA	100.0	NA	NA	NA	NA	0.0	0.0	NA	0.0	0.0	Yes

NA = not applied; Pf = *Plasmodium falciparum*; Pv = *Plasmodium vivax*.

Table 1.

Malaria RDT phase 2 performances in wild type clinical samples containing *P. falciparum* and *P. vivax* at low (200) and high (2000) parasite density (parasites/ μ L) and clean-negative samples. Data modified from [38].

	Microscopy	RDT	Nucleic Acid
Limit of detection (parasitemia)	50 parasites/ μ L	> 100 parasites/ μ L	0.5–5 parasites/ μ L
Time to perform	60 min	15–20 min	2 hours
Cost	\$0.20	<\$1 to \$5	\$1.50–\$20
Need for technical training	Yes	No	Yes
Appropriate for remote field testing	Yes	Yes	Not yet

Some data were compiled from [29, 60].

Table 2.

Comparison of characteristics from currently commercially available malaria diagnostic methods.

The RDT test is highly sensitive and specific, it is easy to perform, simple to interpret and the results can be read in 15–30 min. These make it suitable for community-level health facilities in rural areas and other endemic situations where equipment and professional microscopists are not accessible. However, they have a limited shelf life, and need to be kept dry and away from extremes of temperature. They may also fail to detect malaria in cases where there are low levels of parasites in the blood, and false positives are possible due to cross reactions or gametocytemia (infection with the sexual stage of the parasite only).

A brief comparison of WHO pre-qualified RDTs is presented in **Table 2**. WHO, in collaboration with Special Programme for Research and Training in Tropical Diseases (TDR), FIND, the United States Centers for Disease Control and Prevention (CDC) and other partners, established a protocol to measure the quality of malaria RDTs that are designed to diagnose *P. falciparum*-only through detection of histidine rich protein 2 (HRP2) and those designed to diagnose and distinguish *P. falciparum* and *P. vivax* or non-falciparum malaria. The protocol assesses the sensitivity and specificity of RDTs against specimen banks consisting of recombinant antigens, culture-derived parasites, wild-type parasites, and parasite-negative blood samples, as well as the stability of RDTs at various temperatures and usage conditions. The protocol also describes aspects of the RDTs that affect ease of use in the field, and methods for recording all information in specific databases. Up-to-date information on WHO pre-qualification policies and protocols can be found at WHO's website². **Table 1** shows the malaria RDT performances in wild type *P. falciparum* and *P. vivax* clinical samples containing low (200 parasites/ μ L) and high (2000 parasites/ μ L) parasite density (parasites/ μ L) and clean-negative samples, an obligatory step of the WHO standardized tests [18]. The following criteria must be met for a product to be pre-qualified: (i) For the detection of *P. falciparum* in all transmission settings, the panel detection score should be at least 75% at 200 parasites/ μ L; (ii) For the detection of *P. vivax* in all transmission settings, the panel detection score should be at least 75% at 200 parasites/ μ L; (iii) The false positive rate should be less than 10%; (iv) The invalid rate should be less than 5%.

3. Nucleic acid amplification-based tests (NAAT)

NAAT have the potential to overcome several hurdles for malaria diagnostic at POC, more specifically related to the detection of low limits of infection, as well as the ability to discriminate the species and quantify the parasitemia.

² https://www.who.int/diagnostics_laboratory/evaluations/en/, accessed on February, 17th, 2021.

3.1 Polymerase chain reaction (PCR)

As the most known nucleic acid amplification technique, PCR has long been used for malaria diagnostic in laboratory settings. PCR-based malaria assays for laboratory use are found in many variations: conventional, nested, hydrolysis probe, digital, or high resolution melting [19–21].

As expected, there is a clear correlation between the level of PCR detection and the parasitemia of a given sample ([22] and **Figure 2**). The lower the parasitemia, the higher the detection cycle above the baseline/threshold (a value known as C_t). Conversely, the higher the parasitemia, the lower the C_t . **Figure 1** shows the detection of different amounts of parasites using two instruments: a lab-based and a portable, hand held thermocycler, the Q3-Plus [23, 24]. The linear regressions show that there is no difference in performance between both instruments using Spearman correlation, with r^2 ranging from 0.73 to 0.80, showing the viability of this portable platform for POC malaria diagnosis.

PCR is more sensitive than both microscopy and immunochromatographic tests. PCR has been found to be especially useful for identifying low-level infections often missed by other techniques, showing a detection limit in the range of 0.5–5 parasites per μL of sample. PCR can detect multiple targets in the same reaction without losing sensitivity and specificity and can be easily parallelized in high throughput instruments [23, 25–28]. The higher sensitivity is achieved by targeting multi copy genomic regions, such as 18S ribosomal RNA gene, which might be present in up to 1000 copies per genome and contains enough similarity across the genus *Plasmodium* and yet contains enough specificity to discriminate the species [23, 25–28].

PCR has been coupled with lateral flow strips to create a simple and easy-to-use detection method for the amplified products, called nucleic acid lateral flow immunoassay (NALFIA) [29, 30]. It combines the specificity of the PCR amplification with the simplicity of lateral flow strips, using DNA capture and recognition sequences and antibody-based colorimetric methods to visualize the targets on the nitrocellulose membrane. NALFIA has been evaluated under field condition

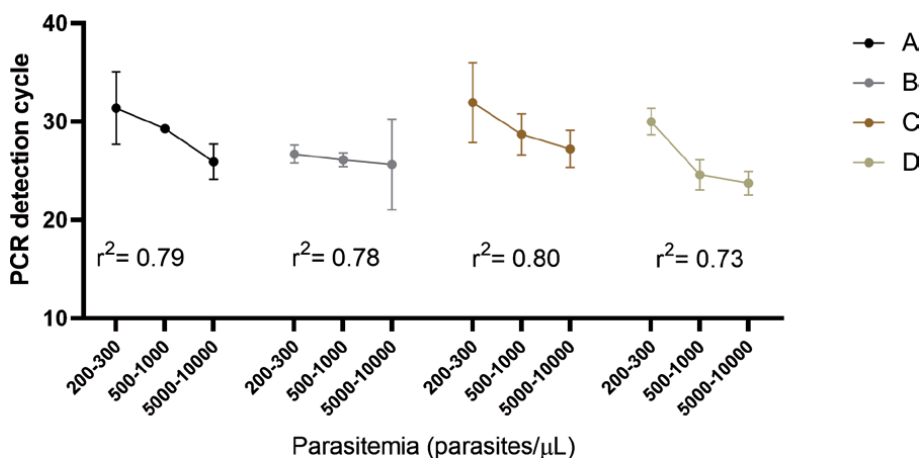


Figure 2. Spearman correlation between PCR detection cycle and parasitemia estimated by optical microscopy. Detection of *P. falciparum* or *P. vivax* DNA in human blood samples is plotted against the parasitemia estimated by optical microscopy. Samples were evaluated with two PCR instruments, the benchtop ABI7500 (applied Biosystems, Thermo fisher, USA) and the portable Q3-plus (ST microelectronics, Italy). Panels a and C show the detection of *P. falciparum* and *P. vivax* with the ABI7500. Panels B and D show the detection of *P. falciparum* and *P. vivax* with the Q3-plus.

in Kenya, yielding results as sensitive and specific as laboratory PCR and a limit of detection of less than 3 parasites/ μL [29].

However, in general, PCR reagents must be stored and transported at freezing temperatures ($-20\text{ }^{\circ}\text{C}$), which is one of the main factors impairing its widespread use at POC settings all over the world and partially explaining why there are so many few available options for POC use for detection of infectious diseases. Some companies that have developed complete systems that use PCR, either conventional or nested, and melting curve analysis to detect targets of interest in POC conditions. However, neither has a solution targeted to malaria.

Much effort has been done to minimize or eliminate the requirement for freezing temperature for storage and transportation of PCR reagents. Even though some progress was indeed achieved, no commercial product is yet available. Rampazzo and colleagues [23] showed a ready-to-use qPCR that can be stored in the reaction vessel at room temperature for up to 28 days without losing performance. Iglesias and coworkers [31] showed similar results using a nested PCR for malaria detection, providing a comparison with microscopy and rapid diagnostic tests. Kamau and colleagues also reported a ready-to-use multiplex PCR for malaria detection [32]. Taylor and coworkers [33] developed a portable PCR instrument that performed 12 reactions in parallel, using lyophilized reagents and high resolution melting to detect and differentiate *Plasmodium* parasites, however with low sensitivity. Sun and colleagues [34] were able to pre-store the reagents in a portable device for rapid detection of *Campylobacter* sp. DNA. However, despite the availability of these technologies, we are unaware of a commercial product for malaria diagnosis that make use of them.

3.2 Isothermal amplification methods

Loop-mediated isothermal amplification (LAMP) is the most common isothermal amplification technique, although other methods have been developed in the last years. Other common isothermal methods, developed after the pioneering technique of the rolling circle amplification [35], are recombinase polymerase amplification (RPA), nucleic acid sequence-based amplification (NASBA), helicase-dependent amplification (HDA), strand displacement amplification (SDA), and even transcription mediated amplification (TMA) [36–42].

LAMP uses a complex set of four primers that bind to the region of interest and its boundaries and, after the initial amplification, create a secondary stem-and-loop structure that serves as a binding site constantly open for a new set of primers to anneal and keep the amplification happening [41, 43]. Amplification by LAMP involves two main repetitive steps of elongation by loop primers: the self-elongation step, where the template is elongated from the stem loop structure that was formed at the 3' end, and the elongation step, where the formation of the new PCR product actually happens, polymerizing from the primers. That way, the end product is not a single band, but a series of concatamers of different sizes, all containing an amplified sequence of the target. Usually LAMP is performed at $55\text{--}65\text{ }^{\circ}\text{C}$ by the enzyme Bst, from *Bacillus stearothermophilus*, and can use either RNA or DNA as templates. The requirement for a single stable temperature is a positive feature for a POC assay [41, 43].

Yamamura and colleagues have developed a rapid diagnostic solution for malaria by using DNA extraction through FTA paper, combined with a LAMP assay and melting curve analysis [44]. Although the solution was analyzed with real samples, the analyses were performed in the lab and not at the POC, so the protocol remains promising until tested in field conditions.

A complete technological solution able to extract DNA, amplify and detect specific DNA sequences from malaria parasites was published [43, 45]. The presented an origami device that vertically processed the sample coupled with a microfluidic lateral flow LAMP amplification and detection platform. The platform was able to detect the presence of the malaria parasite in 98% of infected individuals, with a better performance than standard POC tests, such as optical microscopy and commercial rapid immunochromatographic tests, which detected the parasite in 86 and 83% of the cases, respectively [43, 45].

A high throughput LAMP assay for malaria detection has been shown to work in field conditions, with a clinically relevant sensitivity and, importantly, low cost per analysis [46]. It needs to be evaluated on asymptomatic patients, but it remains one of the most promising candidates for a true POC test.

LAMP has also been coupled with a MiniION sequencer, being able to amplify a genomic target and then differentiate all five *Plasmodium* species. The procedure is sensitive enough to determine the C580Y mutation of *P. falciparum*, which confers protection against artemisinin and is an emerging threat for malaria eradication efforts. Although the procedure is relatively long because it is necessary to prepare the sequencing library, it is very versatile and shows great potential for POC settings [47, 48].

Detection of PCR-amplified products by lateral flow strips has been used for detection of malaria parasites in field samples [29]. In that work, DNA was extracted using a commercial kit. However, considering the difficulties of DNA extraction in the field, we believe that LAMP is the most suitable amplification technique to be conjugated with lateral flow strips as a feasible tool to be implemented in POC settings, and it should be further evaluated. Indeed, a meta-analysis of diagnostic accuracy of LAMP methods revealed that it is robust for diagnosing malaria, both in symptomatic and asymptomatic patients [49].

LAMP has also been used for detection of malaria parasites with a simple 1:1000 sample dilution, thus bypassing the hurdles of nucleic acid extraction in the field [50]. Although the protocol is fast and showed excellent detection limits, it has not been tested with real samples in field conditions, and therefore its positive features remain to be confirmed.

Nucleic acid sequence-based amplification (NASBA) is an isothermal reaction that continuously cycle between the reverse transcriptase activity that copies an RNA sequence into a cDNA, and the activity of a polymerase for subsequent amplification. NASBA generates a high number of copies of the target per cycle, usually reaching detectable concentrations of the product faster than other isothermal methods [42].

NASBA has been used to estimate the prevalence in asymptomatic migrants [51], to estimate gametocytes density [52] and has been shown to have significant correlation with quantitative PCR [53]. Because of its great potential for detecting low-level infections, NASBA has been proposed to be a good alternative to microscopy, especially in low prevalence areas [29, 37]. However, NASBA has not been tested in field conditions, so its performance remains to be evaluated.

4. Microfluidics and other new technologies

In recent year, biological research questions have become the center of convergence of several scientific disciplines, such as physics and engineering, joining the early partner chemistry.

Microfluidics is a general term for engineering techniques that leverage on physics forces at the micro scale to enable the miniaturization, simplification and

automation of complicated analytical processes, while consuming less reagents, minimizing waste, and requiring less supporting instrumentation. Working at the microscale, microfluidic devices are portable, easy-to-use, self-contained, and low-cost diagnostic devices that allow the precise manipulation of minute amounts of liquids to be manipulated by miniaturized structures, such as micropumps, micromixers, microtweezers, and microvalves. Most attractive features of microfluidic technology for POC applications are the low volume of reagents required, faster reaction times, and compact/portable platforms [54, 55].

Microfluidics can be divided in conventional and paper-based assays. Conventional microfluidics focuses on miniaturizing regular laboratory protocols, with a special emphasis on integration of all necessary elements for the diagnostic reaction into stand-alone systems [54, 56]. In conventional microfluidic systems, liquid control can be exerted by acoustic, mechanical, magnetic, as well as capillary and centrifugal forces. Paper-based systems, on the other hand, rely mostly on the power of capillary forces, passively controlling liquid flow via hydrophilic and hydrophobic interactions. However, paper-based assays can integrate sample preparation and pre-concentration more easily than conventional microfluidic systems [56].

Mao and colleagues developed a portable multiplex microfluidic array system, which used LAMP to simultaneously amplify and detect malaria-related *Anopheles* and *Plasmodium* species. The system used a simple color change to discriminate positive from negative results [57].

Among the microfluidic devices, the centrifugal microfluidic device or lab-on-a-disc (LOAD) has advanced remarkably due to simple operation by rotation, allowing for total integration of protocol steps, and high-throughput capability. LOAD devices have been extensively used for molecular diagnostic assays [58]. Among many targets and applications, one stands out relative to our goals in this text. Choi and colleagues developed a platform consisting of a disposable centrifugal disc and a compact instrument able to perform real time PCR for malaria diagnosis with a relevant limit of detection [59]. Although this and other platforms showed great promise towards POC applications, they have not been tested in field conditions [58].

4.1 DNA-based capture molecules

Aptamers, also known as ‘chemical antibodies’, are short single-stranded oligonucleotides, either DNA- or RNA-based, obtained from synthetic libraries by a process called ‘systematic evolution of ligands by exponential enrichment (SELEX)’, that fold into distinct tertiary structures and are able to bind to the target with high affinity and specificity. Aptamer-coated surfaces, such as beads, sensors, or micro channels have been used to capture malaria parasites, which then can be detected by several techniques.

Fraser and colleagues developed a portable biosensor with a colorimetric approach to detect *P. falciparum* LDH in a device with three separate microfluidic chambers, obtaining high sensitivity and specificity [60]. Aptamers against other proteins, such as pGDH, PfEMP1, of HMGB1, have also been test in laboratory conditions but still largely remain as a promising approach for use in malaria-diagnosing POC assays [55].

4.2 Non-invasive samples and detection methods

Since blood collection is an invasive technique, other samples have been evaluated for their diagnostic capacity, in particular saliva and urine [61]. Although there

has been some tests in the field using saliva for serological evaluation of samples with reasonable success, no nucleic acid amplification protocol has been used in conjunction with non-invasive samples in field application to help diagnose malaria [61]. In addition, PCR sensitivity in these samples is lower than other POC methods, impairing their current use as samples in molecular POC tests.

Infected or healthy red blood cells (RBCs) have different paramagnetic behaviors, likely due to the presence of hemozoin crystallites in iRBCs [62], and thus can be separated using magnetic fields, taking advantage of the miniaturization of magnetic resonance relaxometry (MRR) [63].

In fact, iRBCs can be enriched by a variety of methods, such as margination [64], dielectrophoresis [65], or magnetic methods [66] [67]. Margination is a separation method based on the deformability of RBCs, where microfluidic forces within the microchannels allow for the stiffer malaria iRBCs to segregate towards the device's sidewalls [62–64, 68]. Dielectrophoresis is a force exerted on any particle when it is subjected to a non-uniform electric field, and particle manipulation is dependent on physical properties of the medium and particle electrical properties, on particle size and shape as well as frequency of electric field [69]. In contrast to dielectrophoresis, microfluidic margination offers the convenience of not needing external electrical and magnetic fields for iRBCs separation. However, both dielectrophoresis as well as magnetic methods have been used for development of diagnostic methods for malaria infection [70]. Magnetic resonance relaxometry has also recently emerged as a very attractive technique to detect ring stage parasites, using a portable permanent magnet, with very encouraging results [62, 68]. However, although promising, dielectrophoresis, magnetic resonance, or margination have not been used in POC devices for malaria diagnosis.

Banoth and colleagues developed a portable device that measures optical absorbance at 405 nm of single RBCs flowing through microfluidic channels. Variation in optical absorbance is then used to discriminate infected from health RBCs from other cellular components present in few microliters of whole blood [71]. Nam and coworkers produced a device with microfluidic channels decorated with a magnetic wire where iRBCs can be separated from hRBCs due to the paramagnetic properties of hemozoin with very high efficiencies [72].

Some malaria diagnostic approaches try to avoid sample collection and processing altogether, such as infrared spectroscopy. Fourier transform infrared (FTIR) spectra are acquired directly from the biological sample without the need for any signal enhancer, such as dyes or reagents highlighting the targets of interest [73, 74]. The acquired FTIR spectra are representative of the molecular composition of the sample, and multivariate data analysis can be used to uncover changes in the FTIR spectra produced by cellular and biochemical changes induced by the presence of a specific pathogen [75, 76]. A work describing the use of this technique for malaria diagnosis employed Attenuated Total Reflection Fourier transform infrared (ATR-FTIR) to detect gametocytes at a level 100 times lower than microscopy-based testing [77]. Heraud and colleagues evaluated this technique using portable infrared spectrometers at four regional clinics in Thailand, comparing against laboratory-based qPCR. The analysis of 318 patients resulted in a high degree of sensitivity and specificity, supporting further testing in POC settings [78]. Recently, Mwanga and colleagues extended previous work [77] and provided the first demonstration that infrared spectroscopy could be coupled with supervised machine learning to accurately diagnose malaria in human dried blood spots [79]. Although more extensive field-testing must be performed, FTIR spectroscopy is indeed a promising method for point of care diagnostic of malaria.

5. The nucleic acid extraction problem

Sample preparation has always been a challenge for molecular assays as well as a bottleneck in translating complex molecular based tests to easy-to-use point of care products. Several prototype devices have been proposed and have shown good results in laboratory settings [80].

For nucleic acid testing, Govindarajan and colleagues reported a low cost μ PAD for POC extraction of bacterial DNA from raw viscous samples using microfluidic origami. As demonstrated, *Escherichia coli* with a bacterial load as low as 33 CFU/mL was reliably extracted from pig mucin (simulating sputum) and subsequently detected [81].

The testing of clinical samples for nucleic acids has also been performed for infectious disease diagnosis in resource-limited environments, for example, to detect Ebola virus from extracted RNA or other infectious diseases [82, 83].

A complete technological solution able to extract DNA, amplify and detect specific DNA sequences from malaria parasites was published [43, 45].

Gan and colleagues developed a plastic microfluidic device that integrated a filter disc for DNA extraction from samples as distinct as whole blood, dried blood on various paper substrates, buccal swabs, saliva, and even cigarette ends. The device produced DNA suitable in quantity and quality for several downstream applications such as sequencing, SNP evaluation, and PCR [84].

Rodriguez and colleagues integrated nucleic acid extraction with isothermal amplification and detection by lateral flow on a foldable paper-based device able to detect RNA from Influenza A (H1N1) in less than one hour [85].

Kastania and coworkers present a polymeric microfluidic chip capable of purifying DNA through solid phase extraction that can be used as a stand-alone device or integrated in a lab-on-chip platform. The microfluidic channels were randomly roughened in the micro-nano scale with oxygen plasma, thereby creating high surface area as well as high density of carboxyl groups ($-\text{COOH}$). The $-\text{COOH}$ groups together with an optimized buffer are able to bind DNA on the microchannel surface. DNA was washed away by changing the solution biochemical properties. DNA extracted by this device was evaluated by conventional PCR, yielding satisfactory results [86].

These are just some examples. For an in-depth analysis of the issues of nucleic acid extraction possibilities and problems, the reader is directed to excellent reviews on the subject [80, 87–90].

Currently, magnetic beads and solid-phase extraction are the prime choices for nucleic acid extraction in POC devices, even though neither is yet ready for large-scale application [80, 91, 92]. Although both methods rely on the use of chaotropic agents for cell lysis and release the nucleic acids from structural proteins, washing steps are more efficient in beads-based methods in POC prototypes. However, some simplified protocols do not use beads or membranes and rely purely on both chemical and mechanical methods to denature cell membranes as well as scaffold proteins to release nucleic acids in adequate amounts and purity for diagnosis tests [80].

As shown above, despite extensive advances, no extraction method has made its way to the market of POC diagnostic solutions, and this is a major obstacle for nucleic acid-based assays. Although promising, integration of sample preparation, nucleic acid extraction, amplification and detection of genomic targets into microfluidic devices has not yet achieved the maturity to have impacts on the diagnosis of malaria in field settings. This is clear when one considers that FTA cards are primarily used for sample transportation from the field to the lab, instead as part of a complete kit combining their sample preparation and nucleic acid capabilities

with the portability, not to mention sensitivity and specificity, of some of the techniques discussed in the prior sections of this work. We are not aware of such commercial kit.

A less-spoken but nonetheless quite important challenge of POC devices is waste disposal. Proper discard of biological waste generated by POC tests is a matter of concern, and open air burning might be the only option in some circumstances. However, the situation is more complex, since some chemical waste require special treatment before disposal, such as guanidine thiocyanate used in nucleic acid extraction protocols [93]. Developers need to take this issue in consideration when developing the assays and user-friendly tests.

6. Advantages and disadvantages for POC settings

An absolute requirement for identification and treatment of all parasite carriers, both symptomatic and asymptomatic, is inherent to all malaria elimination programs. Such identification implies that an active search for asymptomatic patients must be performed in POC conditions: since these patients will not look for medical attention, the medical team must find them. In addition, all techniques described in the present text have intrinsic advantages and disadvantages for application in POC settings, and thus each will fulfill a different aspect of the diagnostic needs, some better than others. **Table 2** presents a brief comparison between the different techniques used.

Microscopy, for example, requires few and inexpensive equipments, can be operated under virtually any environment conditions and within a few hours of collecting the blood, the microscopy test can provide valuable information. However, microscopy requires a very skilled professional for appropriate reading of the slides, which poses a problem due to the relative scarce availability. Furthermore, a review work found out that microscopy underestimates *P. falciparum* prevalence by 50% when compared to PCR, the gap being even more significant in low transmission areas [94, 95]. Likewise, Cheng and colleagues described that, on average, 69.5% of infections by *P. vivax* in areas of low transmission are detected only by PCR [94, 96]. Besides, microscopy results are only as reliable as the laboratories performing the tests. In non-endemic areas where the number of cases is low, the laboratorian does not perform this test regularly, and may not be maintaining optimal proficiency.

RDTs, on the other hand, do not require a skilled professional and also does not require expensive instruments. In fact, RDTs can be used with the naked eye, which makes it the perfect choice for remote and hard-to-reach areas. Although they identify *P. falciparum*, specifically, RDTs have no species-specific capacity to identify all five malaria species and cannot provide information on developmental stages. The RDTs rely on antibody detection of parasite antigens, which are constantly under selective pressure and evolve over time, resulting in tests with lower affinities and, consequently, lower sensitivity and specificity [97]. It is important to mention that false-positive results are associated with persistence of PfHRP2 in peripheral blood, cross reactivity against human rheumatoid factor, and other infectious diseases and false-negative results are associated with deletions of *pfhrp2* and *pfhrp3* genes [98].

PCR is very sensitive and specific, as well as a very robust and well understood technique. Although PCR is more sensitive and specific than microscopy or RDTs, it has limited use as a POC diagnostic tool because of its proneness to contamination, relative expensive reagents, delicate instruments, the need for a stable power source and skilled workers [99–101]. If a portable and robust PCR instrument is developed

and is loaded with a malaria detecting reaction as it has been recently done [23, 33], then PCR might have a place in POC settings.

Compared to PCR, LAMP has the advantage of not requiring a complex and sensitive instrument, using less energy and time to achieve a sensitive target detection. However, LAMP is prone to contamination and production of false positive results from non-target amplifications, which decreases the specificity. If these technological hurdles are solved, LAMP is the most promising nucleic acid amplification technique for use in POC settings. NASBA, a sensitive and specific amplification technique, also does not require a complex thermocycler. However, it is high cost, prone to contamination and thus production of false positives, and requires a more extensive sample preparation than LAMP. Although equipment-free, NASBA is still far from POC applications.

Non-invasive methods such as infrared detection of hemozoin are very promising due to the good results in field tests and low cost of the instrument. Together with LAMP, it remains one of the most promising techniques for POC malaria diagnosis.

Finally, yet importantly, microfluidic techniques should collaborate with any nucleic acid amplification technique to make feasible a robust, sensitive and specific malaria POC diagnostic assay. Microfluidics have the capability of overcoming most of the obstacles of sample preparation and adequate amplification and detection of genomic targets. We believe that microfluidics will be in the center of a malaria POC diagnostic assay within a few years.

7. Costs and cost effectiveness

When one considers the production of the tests and its associated accessories such as required instruments (microscope, thermal cycler, thermal block, to name a few) in the cost analysis, microscopy is the cheapest in the long term, after the cost of the microscope is diluted over the years, and qPCR is the most expensive. The average cost for a microscopy slide test is in the range of \$0.20, while RDTs typically have a production cost of \$0.50 to \$2.00 per test, and nucleic acid amplification techniques harbor a production cost ranging from <\$1–\$5 for a LAMP assay up to \$10–\$20 per qPCR or NASBA assay (Table 2). Non-invasive methods have a negligible cost per assay, but its overall cost is expected to be as high as qPCR tests due to instrument costs [30, 61].

Costs associated with the different available tests must be considered not solely in terms of production costs. Cost evaluation models must also include variables such as DALY, patient's waiting time, cost acceptance (or 'willingness to pay') and, perhaps most importantly, adherence to the test result by patients, pharmacists, and health care providers, which is ultimately related to the perceived reliability of the test.

As discussed in the previous sections, microscopy and RDTs are the only current diagnostic tools adapted for use in resource-limited settings. Although samples can be transported to centralized laboratories to be evaluated by nucleic acid amplification techniques, turn-around time are typically too long in rural areas of developing countries, defeating the purpose of point of care testing.

Some works have explored cost effectiveness of available malaria diagnostic options for low-resource areas: presumptive, standard microscopy, and RDTs. Shillcutt and colleagues used a decision tree model and probabilistic sensitivity analysis to evaluate costs and effects of RDT-positive patients and RDT-negative non-malaria febrile patients [5]. The authors found that the threshold level at which RDTs are more cost-effective than presumptive treatment is intrinsically related to

the disease prevalence in the area. A health care provider can be 95% certain that RDTs are cost-effective relative to presumptive treatment at any prevalence below 62%, while there is a 95% certainty that RDTs are not cost-effective if the prevalence is higher than 90%. Microscopy would be cost-effective with 95% certainty relative to presumptive treatment if prevalence were below 41%, and would not be effective at prevalence rates above 83%. Finally, Shillcut and colleagues determined that RDTs are more than 85% likely to be cost-effective relative to microscopy at any level of disease prevalence [5]. Although the authors clearly show that RDTs are cost-effective, little is known about the impact of the facility of use and adherence to therapy that easy-to-use diagnostic tests might have on the patients [5, 102]. Similar results were observed in a deeper analysis using data from urban and rural areas of Nigeria [103], Kenya [104], and the Brazilian Extra-Amazon Region [105].

However, a recent study showed that patients are not always willing to pay for RDTs [106]. Since subsidies for artemisinin combination therapies (ACTs) already exist, it has been argued that similar subsidies could incentivize patients and health care providers to choose RDTs instead of presumptive treatment [107, 108]. Under that assumption, Bath and colleagues used a more complete decision tree and showed that subsidized RDTs could promote increased use of first-line antimalarials. Therefore, RDTs cost-effectiveness relative to microscopy or presumptive treatment would be true also in high prevalence areas, where a greater proportion of patients would benefit from increased first-line antimalarials use [108].

8. Conclusion

In summary, there are different methods can be employed for the diagnosis of human malaria. While microscopy remains the gold standard, being the mainstay of parasite-based diagnosis, its characteristics are inadequate for ensuring good sensitivity and specificity of malaria diagnosis in the field, adversely affecting health outcomes and optimal use of resources. An acceptable microscopy service is one that is both cost-effective and provides results that are consistently accurate and sufficiently timely to have a direct impact on treatment. This requires a comprehensive and functioning quality assurance program that is lacking in most malaria-endemic countries. RDT tests, which require little expertise to use and are quality-assured from the factory, are a good alternative for malaria diagnosis in remote areas. However, RDTs have no species-specific capacity to identify all five malaria species, and the parasite can present different mutations that hinder this diagnosis by increasing false-negative results. Nucleic acid-based tests, on the contrary, are specific, sensitive, and flexible to be adapted into a POC assay. Nucleic acid-based POC tests have the potential to reduce inappropriate use of anti-malarials in endemic regions, bypassing the time and expertise required for microscopic analysis; however, they are more expensive and have not yet been truly adapted for use in remote areas. However, significant advances have been made to facilitate the use of POC methods, so we firmly believe that, within the coming years, interdisciplinary partnership will certainly blend innovative knowledge in biology, chemistry and physics to overcome the major hurdles impairing widespread use of nucleic acid POC tests.

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Author details

Alexandre Dias Tavares Costa^{1*}, Anna Caroline Campos Aguiar²,
Angelina Moraes Silva³ and Dhelio Batista Pereira³


1 Instituto Carlos Chagas (ICC), Fundação Oswaldo Cruz (Fiocruz), Curitiba, PR, Brazil

2 Universidade Federal de São Paulo (UNIFESP), Departamento de Biociências, Santos, SP, Brazil

3 Centro de Pesquisa em Medicina Tropical (CEPEM), Porto Velho, RO, Brasil

*Address all correspondence to: alexandre.costa@fiocruz.br

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Prompt and Accurate Diagnosis, A Veritable Tool in Malaria Elimination Efforts

Chukwudi Michael Egbuche

Abstract

The concept of malaria elimination is to get rid of local transmission of malaria parasites in a defined geographical area. Among the measures required for malaria elimination is prompt and accurate diagnosis. Malaria diagnostic tools currently in use: clinical diagnosis, Malaria Rapid Diagnostic Tests (mRDT) and molecular diagnosis, have limitations. Clinical diagnosis can be used as first step in making prompt malaria diagnosis, but cannot confirm cases. Malaria RDTs satisfies the need for prompt diagnosis but has low accuracy in confirming cases. Accuracy of microscopy depends on making good blood films, and accurate film interpretation. Molecular diagnosis required for species-specific diagnosis of malaria parasites, and determination of genes that confers drug resistance to *Plasmodium* species is not available for routine use. As part of elimination efforts, there is development of mRDT kits that utilize urine or saliva instead of blood specimen, microscopy digital image recognition and different technologies for molecular diagnosis. So far, none of these diagnostic tools has satisfied the need for prompt and accurate diagnosis. It is therefore recommended that more than one diagnostic tool is needed for malaria elimination to be achieved in a given area. This will ensure early detection and treatment of cases, as well as prevent the re-establishment of transmission.

Keywords: malaria, elimination, malaria diagnosis, clinical diagnosis, rapid diagnostic tests, microscopy, molecular diagnosis

1. Introduction

Malaria in humans is a parasitic disease caused by four species of *Plasmodium*: *P. falciparum*, *P. vivax*, *P. ovale* and *P. malariae*; with increasing recognition of enzoonotic transmission of a simian species, *P. knowlesi*. In most cases, the malaria parasites are transmitted through the bite of infected female anopheline mosquitoes. The mosquitoes carry infective sporozoites of malaria parasite in their salivary glands, and they inoculate or transfer these sporozoites into the blood stream of humans during blood meals [1]. After inoculation, the individual(s) is /are said to be infected with malaria parasites. The disease, malaria begins once (i) the asexual parasite multiplies within the red blood cells and (ii) the host produces some immunological response against the parasites. On rare occasions, malaria parasite infection can be acquired by transfusion of blood from a malaria patient, also known

as transfusion malaria; transmission of infection to foetus in uterus through the placenta, also known as congenital malaria and by the use of contaminated syringes particularly among drug addicts [2].

Malaria results in a wide range of outcomes and pathologies with severity of the disease ranging from asymptomatic infection to rapidly progressive fatal illness. Generally, malaria is characterized by many signs and symptoms: fever, chills, headache, nausea, vomiting, sweating, chest or abdominal pain, diarrhea and cough. Severe infection may result in serious complications such as severe anemia, algid malaria, splenomegaly, cerebral malaria, black water fever, hypoglycaemia, complications in pregnancy, respiratory distress, metabolic acidosis, pulmonary oedema, concomitant pneumonia, shock and coma [3]. Death due to malaria can occur as a result of delay in diagnosis and treatment of infected individuals. Thus malaria has remained a major threat to public health despite decades of control and elimination efforts.

2. Diagnosis of malaria

Prompt and accurate diagnosis is important in malaria elimination efforts. This will help in early detection of malaria cases before complications set in. Also, malaria cases are separated from other diseases that present with the same symptoms as malaria especially in cases of co-infections (with diseases such as typhoid fever, HIV, hepatitis, Covid-19 e. t. c.). Incorrect diagnosis of malaria will not only waste resources, but also delays treatment thereby resulting in poor outcome of patients. It may also contribute to increasing resistance of malaria parasite to available anti-malaria drugs, thereby frustrating malaria elimination efforts. To achieve malaria elimination, different diagnostic tools are required. The malaria diagnostic tools could be broadly classified as provisional or clinical diagnosis and parasite-based diagnosis. These diagnostic tools have been used over the years; nevertheless, they have their limitations.

3. The use of clinical diagnosis or provisional diagnosis to achieve malaria elimination

Clinical diagnosis is achieved based on signs and symptoms presented by a patient. This is because the release of malaria antigens, pigments and toxins give rise to a cascade of pathological events. The earliest symptoms: headache, fever, body pains and chills could be used in making prompt diagnosis for malaria parasite infection. [4] reported that 27.0% of mothers and caregivers practice home management of malaria because of the need for prompt diagnosis and treatment. The most commonly recognized and used symptom for clinical diagnosis is fever [5]. It has been used in making provisional diagnosis for malaria parasite infection in Nigeria and other malaria endemic regions. It gives prompt indication of malaria parasite infection in such area. A study in Nigeria reported 83.2% cases of malaria parasite infection among patients that presented with fever [6]. Another study in Southwestern Nigeria reported 66.8% cases of malaria parasite infection among febrile patients [7]. Even though these findings confirm that not all fever conditions can be attributed to malaria, but then a significant number of individuals would have been treated of malaria based on fever outcome. However, this may only be achievable in malaria endemic area because clinical diagnosis alone is not reliable and cannot be used to confirm malaria parasite infection. Its uncertainty and varied results makes it an inaccurate method for achieving malaria elimination. In malaria

endemic areas, under reporting of malaria cases (with inclusion of non-cases (false positive cases) and exclusion of actual cases (false negative cases)) using clinical diagnosis alone is most likely. A typical example can be presented by using the data in the work of [6]. In that study, 350 patients were examined for malaria parasite infection and 200 (57.14%) cases were confirmed using microscopy. However, clinical diagnosis showed 149 (42.57%) cases; 124 (35.43%) actual cases, 25 (7.14%) false positive cases and 76 (21.71%) missed cases or false negative cases. In the work of [8], clinical diagnosis recorded 74.30% prevalence of malaria as against 95.33% recorded with microscopy. This makes it clear that in malaria endemic areas, one can only use clinical diagnosis as a first step in making prompt or early malaria diagnosis and not to confirm malaria cases. In non-endemic areas, over reporting of cases may occur because diseases other than malaria may be the cause of common clinical signs observed in that area. Clinical diagnosis is therefore recommended for use alongside a parasite based diagnostic method.

3.1 Limitations of using clinical diagnosis in malaria elimination

There are issues in the use of clinical diagnosis alone to achieve malaria elimination.

- a. Using clinical diagnosis alone, asymptomatic cases are unreported especially in *P. vivax* and *P. ovale* malaria where high parasitaemia is a prerequisite for mild and severe disease [9]. It is also applicable with *P. malariae* infection that is rarely fatal and the blood stage of the parasite persists for up to 40 years. In a study, [6] reported 37.8% malaria prevalence among non-febrile patients. This is to show that there might be missed cases of malaria parasite infection in a given population if one relies on clinical diagnosis alone.
- b. There are inconsistencies in the choice of symptom for clinical diagnosis. While some people may focus on fever alone, some other may focus on chills, stomach upset, vomiting, body ache and headache [5]. This brings about uncertainty with this diagnostic tool.
- c. The symptoms of malaria are non-specific. This makes precise calculation of malaria burden difficult especially in co-morbidity states. This may result in either under treatment of malaria cases or over treatment of malaria cases; none of which is good for malaria elimination. For example, [10] reported a case of *Plasmodium vivax* malaria and COVID-19 co-infection in Qatar. He presented the difficulty in distinguishing COVID-19 from malaria because COVID-19 presents with a variety of clinical manifestations including, but not limited to, fever, cough, diarrhea, vomiting, headache, myalgia and fatigue. This case was identified during the time of COVID-19 pandemic and it was possible that some other cases like this existed but more attention was given to COVID – 19 at the expense of other diseases including malaria. This is a typical scenario that could lead to missed cases of malaria, and malaria positive individuals still remaining in the environment serve as a source of infection and reinfection of other susceptible.

In the same way, malaria may be over reported and/or given more attention at the expense of other diseases in malaria endemic areas. In the work of [11], 155 participants tested for malaria and typhoid fever infection shows there were 64 (41.7%) cases of malaria and 60 (38.0%) cases of typhoid fever, with 40 (25.0%) cases that were mixed infection. If we look critically in that finding,

24 cases were malaria only whereas 20 cases were typhoid fever only. Then the total number of persons that would have been reported to have malaria based on clinical diagnosis alone is 84 (24 malaria only cases +20 typhoid fever only cases +40 cases of mixed infection). The implication will be excessive and indiscriminate use of antimalarial. When such happens, some strains of malaria parasites with genes that confer resistance to commonly used antimalarial will emerge and bring about treatment failure. This will definitely frustrate malaria elimination efforts because researchers will need to go back to the laboratory to develop another antimalarial that can take care of the emergent strain of malaria parasite. Of course, the researchers will not be able to develop a new product without identifying and characterizing the malaria parasite strain, using a parasite based diagnostic method.

4. The use of parasite-based diagnosis to achieve malaria elimination

Parasite based diagnosis is required to provide accurate result needed to achieve malaria elimination. The malaria case management guidelines released by WHO in 2009 recommended prompt parasitological confirmation of diagnosis either by microscopy or malaria rapid diagnostic test (RDT) in all patients with suspected malaria before treatment is administered [12]. The above statement supported the role of clinical or provisional diagnosis in making prompt and accurate diagnosis of malaria. Early indication of cases through clinical diagnosis (promptness) facilitates the use of parasite based diagnostic method (accuracy). On the other hand, malaria parasite infection has been reported among non-febrile individuals [6] and in line with making prompt diagnosis, frequent check-up or routine laboratory test using parasite based diagnostic method is required. This is to ensure that asymptomatic individuals are captured early enough before complications due to malaria set in. Parasite based diagnosis can also be achieved using molecular techniques.

5. The use of malaria rapid diagnostic test (mRDT) to achieve malaria elimination

The World Health Organization recommends the use of mRDTs as a good alternative method for malaria diagnosis. As such, it has become a primary tool for parasitological diagnosis or confirmation of malaria. Malaria Rapid Diagnostic Tests (mRDT) are immuno-chromatographic tests that target certain proteins produced by *Plasmodium* species. There are different brands of mRDT kits. They include: SD Bio Line®, Tell®, First Response®, Sky Tech®, optiMAL®, Care Stat®, Paracheck®, Marrow Care®, Binaxnow® Malaria, Fyodor® and so on. They come in different test formats: strips, cassette etc., for ease of use and safety. These mRDT kits detect specific antigens (proteins) produced by malaria parasites in the blood of infected individuals. To achieve malaria elimination, the commercial test kits are manufactured with different antigens targeted to suit the local malaria epidemiology of a given area [13]. Rapid Diagnostic Test (RDT) kits most widely used for malaria are based on the detection of the following target antigens of the parasite: Histidine-Rich Protein II (HRP2), *Plasmodium* Lactate Dehydrogenase (PLDH) and P-Aldolase [14]. Some of these antigens could be excreted in the urine or are found in the saliva of sick or infected individuals. Thus one may require any of blood, urine or saliva as specimen for conducting the test, depending on the mRDT brand in use. Nevertheless, blood has been the most widely used specimen because that is where the highest concentration of the malaria parasite antigens are found.

Most commonly used RDT devices have two bands (a control line and a test line) and are designed to detect *P. falciparum*. The test line targets either histidine-rich protein-2 (HRP-2) or *P. falciparum* specific parasite lactate dehydrogenase (Pf-pLDH), depending on the RDT brand. However, RDTs that distinguish *P. falciparum* from the three non - *P. falciparum* species are available. Such RDT device may have either three bands (a control line and two test lines) or four bands (a control line and three test lines). In the case of RDT test device with three bands, one test line targets *P. falciparum* specific antigen; the second test line targets antigens common to the four species, such as pan-*Plasmodium*-specific parasite lactate dehydrogenase (pan-pLDH) or aldolase. In the case of RDT test device with four bands, the third test line targets *Plasmodium vivax*-specific parasite lactate dehydrogenase (Pv-pLDH).

In general, HRP2-based mRDTs are more sensitive and stable than mRDTs based on other *Plasmodium* antigens, and so are the mRDTs of choice in most endemic countries where *P. falciparum* malaria predominates [15]. *Plasmodium* lactate dehydrogenase (PLDH) which is another antigen detected by mRDT has been less widely used but have higher specificity, mostly due to a much shorter time to become negative [16]. Emphasis on the malaria antigen (HRP2) being stable when excreted in urine, may have encouraged [17] to experiment using urine specimen to conduct malaria rapid diagnostic test with mRDT kit manufactured to use blood specimen. In that study, they found that mRDT using urine specimen could serve as a practical method for detection of malaria parasites even though the sensitivity is dependent on the level of parasitaemia. It was based on this, that Fyodor®, a non-invasive dipstick test that uses monoclonal antibody to target *P. falciparum* protein (Highly repetitive cognate poly histidine-rich protein2 (HRP2) excreted in urine was developed. Fyodor® has been reported to demonstrate nearly equivalent performance compared to available blood-based RDT for the diagnosis of malaria [6, 18, 19]. Fyodor® was found to be useful in malaria diagnosis with 76.9% sensitivity and 82.5% specificity, even when the parasitaemia level is as low as 260 parasites/µl of blood [6]. In addition to Fyodor®, [20] produced a prototype saliva-based RDT for *P. falciparum* gametocyte detection in carrier individuals. This is still in line with the efforts to advance malaria elimination strategies.

RDTs as diagnostic tools for malaria are simple to perform and provide quick result. It is a simple and fast way for health workers to test for malaria parasites in a patient's blood. It is easy to learn and people living in rural areas can access and use this form of test because it does not require electricity or any other special equipment. It is also simple to interpret the test result. Some (that require urine or saliva as specimens) are not invasive and so can be used closer to homes. Thus, it was developed for use in areas where the only realistic alternative is clinical diagnosis especially to tell if a feverish condition is caused by malaria parasite. This satisfies the need for prompt diagnosis in malaria elimination efforts. However, a major concern in the use of malaria RDTs is its low accuracy in reporting of malaria cases. In both malaria endemic and non-endemic areas, under reporting of malaria cases (with inclusion of non-cases (false positive cases) and exclusion of actual cases (false negative cases)) is likely. Using the same data in the work of [6], blood based mRDT reported 77 (22.0%) cases; 71 (20.29%) actual cases, 6 (1.71%) false positive cases and 129 (36.86%) missed cases or false negative cases. On the other hand, urine base mRDT reported 39 (11.14%) cases; 36 (10.29%) actual cases, 3 (0.86%) false positive cases and 164 (46.86%) missed cases or false negative cases. It could be deduced from the above that mRDT is more specific in reporting malaria cases than clinical diagnosis, even though its sensitivity seems low.

Using mRDT requires training of health workers on the importance of continuous quality control monitoring for the mRDT kits while they use them [21, 22].

The training should be carried out in connection with the brand of mRDT being used. The quality control can be achieved by checking its expiration date, storage conditions and using microscopy and/or PCR to assess the performance. In molecular epidemiology studies to assess the performance of mRDTs, RDT used strips or cassettes can be used as a source of DNA for molecular detection of malaria parasites [23].

5.1 Limitations of mRDTs in malaria elimination effort

Many factors may affect the performance of malaria RDTs in achieving malaria elimination. These include:

- a. Number of different species of malaria parasites infecting a host: Some RDTs can detect only one species (*P. falciparum*) while others detect multiple species (*P. vivax*, *P. malariae* and *P. ovale*) of malaria parasites. Even with mRDTs that detect multiple species of malaria parasites, the species are poorly classified as *P. falciparum* and non *P. falciparum*.
- b. This test does not also detect actual parasite, rather it detects parasite antigens; this makes it difficult to accurately identify the species of malaria parasites present or prevalent in a given locality. The RDTs indirectly tells whether a patient has malaria parasites are present or absent. Also, RDTs cannot be used to quantify malaria parasites that are present in the blood.
- c. Level of parasitaemia: High level of parasitaemia is normally required for recording high level of sensitivity with mRDTs. This has been shown with the significant weak positive correlation between malaria parasite density of microscopy result and mRDT results as reported by [6]. It then makes the test limit of detection for RDTs low; as a result, false negative results occur. In the work of [7], 32.8% false negative results were recorded. The implication is that if such RDT is used alone for malaria diagnosis, approximately 33 in every 100 malaria cases will be missed and malaria elimination will be hard to achieve.
- d. Variability in parasite antigenic structure: There is variability within the parasite antigen being detected by the mRDTs, which also leads to false negative results. While false-negative mRDT results have been attributed primarily to the tests' limit of detection, [24, 25] have confirmed that genetic variation of *P. falciparum* can also affect mRDT performance. The variability may be due to the (i) presence or absence of the target epitope, (ii) variation in the number of epitopes present in a particular parasite isolate [26]. Genetic diversity among malaria parasites may be particularly important for PfHRP2-based RDTs, since the antigen consists of a number of alanine- and histidine - rich amino acid repeats [27] that vary in size among malaria parasite strains [28]. Comparison of the PfHRP2 sequences from several parasite strains has shown differences in the number of tri- and hexa- peptide repeat units and rare amino acid variants [27, 29, 30]. An additional report showed that the amino acid sequence of PfHRP2 in a Chinese isolate was different from that in South American (7G8) and Gambian (FCR3) isolates [31].
- e. Persistence of the malaria antigens in the blood after treatment, thereby giving false positive results with mRDTs. False positive results occur because the mRDT devices can still detect the antigens of malaria parasites after the patient has been treated due to the persistence of HRP2 antigen in the blood for several days after infection. The device tests positive to infection when the patient is

actually free from the parasite infection. For instance, [7] reported 4.4% cases of false positive result with HRP2-based mRDTs. This limits their specificity and usefulness in accurate reporting of malaria cases.

- f. Problem of storage. Even though RDTs are recommended for use in places electricity is poor or not available, it can be damaged by heat and humidity when not stored properly (in a cool dry place at a temperature of 2 °C to 8 °C). [32] reported that exposure to high temperature can damage the nitrocellulose membrane of the RDT test device or denature the antibodies in the test membrane, thereby causing poor performance of RDTs in the tropics. The effect is mostly high level of false negative results which implies high number of unreported malaria cases.

6. The use of malaria microscopy to achieve malaria elimination

Malaria is commonly diagnosed using microscopy of stained blood films. Although the use of rapid diagnostics test for malaria diagnosis is on the increase, microscopy has remains the gold standard and as well serves as a reference standard in the evaluation of new tools for malaria diagnosis [33]. Venous blood or capillary blood can be used for malaria microscopy. This method involves the staining of thick and thin blood films on a clean grease free glass slide, to visualize the malaria parasite. Thick blood film is used for malaria parasite detection while the thin blood film is used for malaria parasite species identification. Commonly used stains for the preparation of blood films are Giemsa stain, Leishmann stain, Fields stains A and B. The standard procedure for preparation and examination of blood films for malaria parasite detection and species identification are contained in the documents by [33, 34]. A good binocular (compound or digital) microscope is required for accurate reading of the blood films.

In malaria endemic areas, routine microscopy is usually done using binocular light microscope. Microscopy is cheaper than the use of RDTs, considering the cost of consumables alone. Using microscopy, malaria parasite stages are seen and can also be counted. Microscopy has the advantage of providing a quantitative assessment of peripheral blood parasitaemia and parasite stages as well as information on the other blood components [35]. Thus it gives accurate diagnosis of malaria when properly done. Due to its conventional use it helps to reduce cases of wrong administration of anti-malaria drugs to patients exhibiting non-malaria fever as a symptom. In Tanzania, this diagnostic method has help to reduce the wrong administration of malaria drugs to patients with non-malaria fevers [36].

The use of microscopy in malaria diagnosis will require continuous training, practice and experience. There is also need for assessment and supervision of microscopists (slide readers) for quality control of their test results. This is because detection, identification and quantification of malaria parasites using microscopy will depend on making good blood films, having a good microscope and accurate film interpretation by the laboratory scientist/technician. For improved microscopy needed to achieve malaria elimination, there is development of microscopy digital image recognition using artificial intelligence [37–43]. The concept is that a standard blood film is prepared using Giemsa stain or field stain. After that, a digital microscope or imaging scanner is used to capture the image viewed under the microscope. The captured image is stored in a computer and is used as an input for the image-recognition algorithms that will extracts useful visual features to locate, identify and count the malaria parasites. This is with the view to achieve better microscopy result because of inherent human factors in blood film preparation

and interpretation. When developed and certified, it will open new possibilities for automated recognition of malaria parasites in standard blood films and thus eliminate uncertainty about the quality of microscopic diagnoses worldwide.

6.1 Limitations of microscopy in malaria elimination

The challenges in the use of microscopy for malaria elimination are stated below:

- a. Malaria microscopy requires specialized personnel for accurate detection and identification of malaria parasites. This is particularly important especially when the level of parasitaemia is low or in cases of mixed infection with different *Plasmodium* species. Its low sensitivity at low parasitaemia is a problem and can implicate the use of RDTs for false positive result.
- b. Compared to mRDTs, this method is labour intensive and time consuming. Delay in its use may occur during blood film preparation or examination. In some cases, one may even have to prepare a new slide where poor staining or loss due to breaking of a slide occurs.
- c. Variability in blood film preparation techniques and reading skills can account for inaccurate results. It may be due to slide differences because variation of parasite density within slides occurs even when prepared from a homogenous sample [44]. Accuracy of results obtained through microscopy also depends on individual technician performance in blood film preparation and examination, thereby making its standardization difficult.
- d. Non accessibility of this method by rural areas due to lack of facilities is also a major issue. In malaria endemic countries where greater efforts are required for elimination, poor and high cost of electricity reduces the frequency of microscopy use for diagnosis. There could be a delay in providing results for patient especially when the blood films have to be made repeatedly.
- e. Poor quality stains sold in the market can affect the quality of the thick and thin films, thereby affecting the accuracy of the result.
- f. The technology for automated microscopy using image-recognition algorithms has not been fully developed and certified. More so, the data base of the digital image to be analyzed is not yet robust to contain any distortion or unusual presentation of the malaria parasites in the blood films.

7. The use of molecular diagnosis to achieve malaria elimination

Molecular diagnosis of malaria is a laboratory technique developed to detect and characterize the malaria parasites. It may not be used in routine diagnosis because of cost and time; but its use has increased the analytical sensitivity of assays for malaria parasites. In places where treatment failure occurs and drug resistance is suspected, molecular diagnosis is required. It is needed for species specific diagnosis of malaria parasites, determination of genes that confers drug resistance to the *Plasmodium* species and in selecting treatment options. For instance, there is growing concern on the antigen variability expressed by *P. falciparum* the most prevalent malaria parasite species in the Sub-Saharan Africa that accounted for 99.7% of estimated malaria cases in 2018 [45].

Molecular diagnostic tool has the ability to detect low level parasitaemia and allows accurate identification of malaria parasite species. It is therefore a confirmatory test used for the diagnosis of malaria when microscopy shows negative result. Molecular diagnosis can also detect mixed infection [46] and identify asymptomatic malaria carriers who may be targeted for treatment [47]. With molecular diagnosis, large number of specimens can be processed simultaneously using standard protocols and equipment [48]. In the general protocol, DNA of *Plasmodium* species is extracted using DNA extraction kit from a given manufacturer. The extracted DNA is subjected to selective amplification of the target gene. This can be achieved by using more than 65 primer sets with at least five molecular targets that can be used to test as many as five human *Plasmodium* species: *P. falciparum*, *P. ovale*, *P. malariae*, *P. vivax* and *P. knowlesi* [49]. After the DNA amplification, electrophoresis is run and the bands interpreted in order to know the result of the test [50]. This basically explains Polymerase Chain Reaction (conventional PCR, nested PCR, real-time PCR) and Restriction Fragment Length Polymorphism (RFLP) as diagnostic tools for malaria. Polymerase Chain Reaction (PCR) was used to confirm parasitaemia using *P. falciparum* Merozoite Surface Protein 2 (MSP2) as a marker while Restriction Fragment Length Polymorphism (RFLP) was used to identify *P. falciparum* Sulfadoxine – Pyrimethamine (SP) resistance molecular markers at codons 51, 59, 108, 164 of dihydrofolate reductase (dhfr), and codons 437, 540, 581 and 431 of dihydropteroate synthetase (dhps) genes [51]. Nested-Polymerase Chain Reaction (nPCR) was used to detect *P. falciparum* DNA in blood and saliva of febrile patients in Cameroon [52].

Other molecular diagnostic techniques includes: Loop – Mediated Isothermal Amplification (LAMP), Flow Cytometry (FC) assay techniques, Nucleic Acid Sequence Based Amplification (NASBA), Luminex Xmax Technology and so on. These techniques can greatly improve detection, species-specific identification and precise parasite count by using species-specific primers or probes [49]. Loop-Mediated Isothermal Amplification (LAMP) technique detected the conserved 18 s RNA gene of *P. falciparum*, *P. vivax*, *P. ovale*, *P. malaria* [46] and *P. knowlesi* [47]. Lamp has certain advantages compared to conventional PCR in the diagnosis of malaria because of its ability to perform the reaction and react without opening the tubes. It also has potential application for clinical diagnosis and surveillance of infectious diseases without the need for sophisticated equipment and skilled personnel in developing countries. Flow cytometric technique was developed to detect and quantify *P. falciparum* in the laboratories [53]. Flow cytometry was proposed as a malaria rapid diagnostic tool that counts the number of parasites and evaluate the malaria infected red blood cells [54]. FC is a very powerful tool in malaria research because it can use the nucleic acid content to identify various developmental stages of *P. falciparum* without being impaired by changes in the morphology of the parasite developmental stages [55]. Nucleic Acid Sequence Based Amplification (NASBA) is a homogenous, sensitive, isothermal and transcription based amplification system that uses three specific enzymes (Reverse transcriptase from avian myeloblastosis virus, T₇ RNA polymerase and Ribonuclease H) [56]; and do not require expensive thermal-cycling equipment [57]. Prevalence and density of *Plasmodium* gametocytes has been determine using quantitative NASBA (QT-NASBA) that has the ability to detect as low as 0.02–0.1 gametocytes per microliter of blood [58]; it is also used increasingly to detect both *P. falciparum* and *P. vivax* gametocytes [59]. Luminex Xmax Technology approach is very useful for the diagnosis of parasitic diseases and it is based on bead flow cytometry assay. It has been used to detect all the blood stage of the four human *Plasmodium* species [60]. Luminex Technology can improve the speed, the accuracy and reliability of other PCR methods because it eliminates the need for gel electrophoresis, and samples can be handled simultaneously and continuously through 96-well plate format from DNA extraction [61].

To enhance malaria elimination, molecular diagnosis should be used alongside microscopy in the quality control (QC) of mRDTs. With proper storage and handling of mRDTs, the QC may have two foci in determining sensitivity and specificity of mRDTs: (i) the ability of the test devices to detect malaria parasite if present in a blood specimen. Here, different drops of blood from the same specimen are used to perform the two tests respectively. (ii) the ability of the test devices to detect malaria parasite if present in the same drop of blood collected from a specimen. Microscopy alone can be used to achieve item (i) and not item (ii), since the same drop of blood used for microscopy cannot be used for mRDT. One can pick a drop of blood for Microscopy and it contains malaria parasite and another drop picked for mRDT from the same specimen may not contain malaria parasite antigen; and vice versa. Even, two slides prepared from the same blood specimen may not have the same microscopy readings. This is an issue relating to non-homogenous distribution of malaria parasites and the probability of picking malaria parasite in a drop of blood from a given blood specimen. Non-homogenous distribution of malaria parasites in the blood also affects PCR as much as microscopy and mRDTs. Nevertheless, PCR is a more robust tool for QC of mRDTs since it can achieve items (i) and (ii). To achieve item (ii), already used Rapid Diagnostic Test cassettes or strips are sources of DNA to detect malaria parasite by PCR [23]. Using the same cassette or strip, one can score the mRDT device based on what it picks from the specimen, rather than scoring it from another blood sample of the same specimen as is the case with microscopy. This approach is good for the overall quality control of mRDTs i. e. control for sensitivity, specificity, expiration, storage and handling.

7.1 Limitations in the use of molecular diagnosis for malaria elimination

- a. Molecular diagnosis is still confined to few and special laboratories, thus it is not available for routine use.
- b. PCR molecular assays are not feasible for field settings as it can be contaminated easily there by affecting the accuracy of the test result.
- c. PCR also requires post amplification protocols like electrophoresis and it takes 3–4 hours in order to know the result [50]. Even the real-time PCR (with reduced risk of contamination) developed to replace the conventional nested and semi-nested PCR is difficult and time consuming [62]. In other words, it does not give prompt diagnosis.

8. Conclusion

A significant challenge in the global malaria elimination effort is inadequacy of the tools needed for prompt and accurate diagnosis. In asymptomatic condition, clinical diagnosis lacks both promptness and accuracy. In symptomatic condition, clinical diagnosis provides prompt indication of malaria but still lacks accuracy. Following routine or frequent check-up in asymptomatic condition, Microscopy and RDTs which are the most widely used parasite based diagnostic tools techniques provides more prompt and accurate result than clinical diagnosis. In symptomatic condition, Microscopy and RDTs provides accuracy to complement the promptness of clinical diagnosis. Between the two, RDT provides more prompt diagnosis than microscopy whereas microscopy provides more accurate result than RDT. Molecular diagnosis is not prompt, but has higher level of accuracy needed to detect, identify and characterize malaria parasite.


No one diagnostic tool has satisfied the need for prompt and accurate diagnosis. For malaria elimination to be achieved, serious attention should be given to the performances of the diagnostic tools. Where one tool fails, another one should be used to complement, rather than replace it. Clinical diagnosis is the basis for suspected malaria cases, even though routine check-up is highly encouraged. Confirmation of cases should be done using parasite based diagnostic tools. There is also need for scale up on the quality of parasite-based diagnostic methods in use. It is therefore recommended that more than one diagnostic tool is needed for malaria elimination to be achieved in a given area.

Author details

Chukwudi Michael Egbuche
Department of Parasitology and Entomology, Faculty of Biosciences,
Nnamdi Azikiwe University Awka, Nigeria

*Address all correspondence to: cm.egbuche@unizik.edu.ng

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Section 2

Epidemiology and
Surveillance

Malaria Elimination: The Role and Value of Sero-Surveillance

*Kingsley Badu, Amma Aboagyewa Larbi
and Kwadwo Boampong*

Abstract

As countries move from intense malaria transmission to low transmission there will be a demand for more sensitive tools and approaches in tracking malaria transmission dynamics. Surveillance tools that are sensitive in tracking real time infectious bites as well as infectious reservoir will be preferred to counting number of cases in the hospital or parasite prevalence. The acquisition and maintenance of anti-malarial antibodies is a direct function of parasite exposure, seroprevalence rates has been used as an efficient tool in assessing malaria endemicity and confirming malaria elimination. Plasmodium antibodies are explicit biomarkers that can be utilised to track parasite exposure over more extensive time spans than microscopy, rapid diagnostic testing or molecular testing and the conventional entomological inoculation rate. Seroprevalence studies can therefore help monitor the impact of malaria control interventions, especially when the parasite occurrence is low. As a result, antibody responses to Anopheles salivary proteins or Plasmodium species may potentially offer reliable information of recent or past exposure; recognise short-term or gradual changes in exposure to Plasmodium infection or to estimate individual-level exposure to infection. This book chapter will present about four studies we have conducted across eastern and western Africa on the efficiency of salivary gland proteins and antimalarial antibodies in tracking malaria transmission intensity. We hope that these could be used as surveillance tools in malaria elimination efforts.

Keywords: malaria elimination, sero-surveillance, antibody response, MSP1 malaria surveillance, seroepidemiology

1. Introduction

1.1 Malaria elimination

Since the inception of initiatives such as the Roll Back Malaria and the creation of the United Nations Millennium Development Goals (MDGs) on combating HIV/AIDS, malaria, and other diseases in September 2000, unprecedented progress has been made in the fight against malaria. Malaria vector control interventions such as indoor residual spraying (IRS), the provision of insecticide-treated bed nets (ITNs) and the use of artemisinin-based combination therapy for the prompt treatment of clinical malaria cases has led to a decrease in the number of malaria morbidity and mortality rates in many endemic areas in the world [1]. Globally, the rate of new malaria infections and deaths decreased by 41% and 62% respectively between 2000 and 2015

[2]. Despite the many interventions, malaria remains a major public health concern in many African countries. According to the World Health Organisation (WHO), an estimated 229 million malaria cases were recorded in 2019 with 409,000 deaths [3]. Increasing insecticide resistance and behavioural changes by vectors that transmit malaria parasites as well as drug-resistant parasites threaten the progress made so far.

The advances made in malaria control in many countries have in effect led to the disease becoming more varied, leading to a new challenge of understanding the disposition of lingering transmissions in certain populations [4]. The remedy to this conundrum is a rigorous surveillance system with the ability to measure spatial and temporal variations in malaria transmission accurately and efficiently. The Global technical strategy for malaria 2016–2030 provides a comprehensive framework to guide countries in their efforts to accelerate progress towards malaria elimination [5, 6]. The strategy sets the target of reducing global malaria incidence and mortality rates by at least 90% by 2030 [6]. This technical strategy recognises the critical role that surveillance plays in malaria elimination.

Malaria surveillance metrics used over the years to measure transmission include both entomological and parasitological metrics such as parasite prevalence, clinical cases and serological measurements which rely on host antibody responses to both the vector and parasite antigens [4, 7].

2. The significance of malaria surveillance

Malaria surveillance deals with continually and systematically collecting malaria specific data, analysing and interpreting such data [6]. This could be essential in the planning, implementation and evaluation of public health practice. As part of the Global Technical Strategy for Malaria 2016–2030, WHO has urged endemic countries and those that have achieved elimination to strengthen their disease surveillance in order to identify any reinfection, reemergence or resistance. Malaria surveillance also makes available data to help all transmission settings make appropriate decisions regarding malaria control strategies, priorities and resource allocation. In order to achieve malaria elimination globally, surveillance is crucial because it will provide accurate data at any point in time regarding the state of a particular country in connection with malaria.

3. Challenges to malaria surveillance

The continuous and systematic collection, analysis and interpretation of malaria-specific data and the use of such data in the planning, implementation and evaluation of public health practice is paramount in the quest to eradicate malaria. Surveillance programmes can enable resource-poor malaria-endemic countries to prioritise populations that are most in need, re-strategize in cases where interventions have not resulted in decrease in cases and appropriately respond to pockets of outbreak cases without wasting resources. Malaria surveillance programmes should therefore seek to identify the most affected populations, trends in incidence and mortalities as well as the overall impact of control measures [5].

In many countries, malaria surveillance systems remain inadequate to support the goal of elimination [8]. The intensity of malaria transmission is closely linked to the epidemiology of the disease. Transmission intensity is often measured using the parasite prevalence metric, which measures the proportion of the population with detectable parasites in the blood in a given locale. The entomological inoculation rate, malaria-positive fraction, incidence rate and deaths are other metrics used to

measure malaria transmission intensity [9]. The 2020 world Malaria Report rightly recognised the weak surveillance systems in moderate to high malaria transmission countries that rely solely on parasite prevalence or clinical case reporting for surveillance [3]. This greatly affects the quality of data for epidemiological studies. Improving the scope and quality of surveillance is critical to malaria elimination.

Many malaria endemic countries use clinical case reports for surveillance due to its ease and affordability. However, clinical case reporting has some limitations such as the inability to measure asymptomatic infections as well as infections among transient populations who contribute to transmission [10, 11]. Parasite prevalence surveys are also useful in malaria surveillance, however, in cases of low transmission, large sample sizes are required before useful prevalence data can be obtained. Other seldomly used metrics such as entomological inoculation rate is very labor intensive and costly to implement in malaria endemic populations on routine basis, making it less useful [12]. It is therefore critical that countries adopt surveillance metrics such as serum anti-malarial antibody based seroprevalence surveys that can effectively measure both high and low transmission as well as the temporal and spatial variations in malaria transmission. Such a metric can complement the already existing clinical case reporting and parasite prevalence surveys.

Seroprevalence is a surveillance metric used to measure the antibody markers that are elicited by host cells in response to vectors and parasites. Measuring the proportion of the population who are seropositive for malaria could inform the rate of malaria transmission over time and space [13, 14].

4. Markers of malaria exposure

Measurement of serum anti-malarial antibodies is a useful marker of malaria exposure that indicates long-term transmission potential especially if such measurements are done over a period of time. This is mainly because anti-malarial antibodies develop after repeated exposures and can persist for months to years after infection [7, 14]. In very low transmission settings, where parasite prevalence and entomological inoculation rate (EIR) are insensitive, serological measures offer a way of accurately assessing endemicity and identifying focal areas of transmission supporting the potential for elimination [7]. Evaluating serological evidence of malaria exposure in the human population provides insight into malaria endemicity. Seroconversion rates are related to the force of infection of malaria as reflected through the immune responses of exposed individuals. Thus, the seroconversion rates provide measures of malaria exposure that compare with the malaria transmission intensity [14]. Different antibodies can be used in malaria intensity studies depending on the life span of that protein and how well it is produced in low or high endemic regions as a direct response to exposure.

IgG response to whole saliva extracts of *Anopheles gambiae* has been observed as a marker of exposure to *Anopheles gambiae* bite, and consequently, high anti-saliva IgG levels is a predictive indicator of malaria morbidity [15]. One protein that is being explored is the salivary gland protein and its peptide P1. The *Anopheles gambiae* salivary gland gSG6 protein and derived P1 peptide are specific to *An. gambiae* and elicit specific antibody response in the human host. It is said to have the potential to represent a general epidemiological marker of exposure of the main Afro-tropical malaria vectorial system, *Anopheles arabiensis* and *Anopheles funestus* up to 99% and 80% respectively [15].

Other malaria antibodies that are used in most malaria antibody studies include circumsporozoite protein (CSP), apical merozoite antigen-1 (AMA1), merozoite surface proteins 1 and 3 (MSP -1, MSP-3) [16, 17].

5. Seroprevalence as malaria transmission metric for surveillance

Changes in vector exposure, parasite infections in humans and human immunity can alter the metrics of malaria transmission. Thus, the malaria transmission metric used to determine transmission intensity should depend on the intrinsic variability of the metric across space and time [18]. These variations that might go undetected by parasite prevalence can be identified with the use of seroprevalence data, antibody density and seroconversion rates. In the era where transmission intensity of malaria is decreasing it becomes particularly difficult to use popular methods like the entomological inoculation rate (EIR). Thus, the use of other serological tools based on antibody responses to parasite and vector antigens are potentially valuable for robust transmission measurement.

Serosurveillance offers an approximation of the antibody levels elicited against an infectious disease. Many developed countries have well established national serosurveillance programs for different infectious diseases [19]. Serosurveillance of malaria offers the advantage of making known active transmission in cases that would otherwise be deemed as interrupted transmission [20]. A case example was observed in Ghana where the parasite prevalence was well below 5% throughout the year, whereas an equivalent seroprevalence of mosquito salivary protein gSG6-P1 and *Plasmodium falciparum* merozoite surface protein MSP1₁₉ were above 40% (**Figure 1**) [21]. A similar observation was made in a study in Somalia where the prevalences of MSP1₁₉ were 17.9% and 19.3% in the wet and dry seasons respectively when no parasites had previously been observed [20]. A prevalence of 10% and 50% were observed for parasite and MSP1₁₉ respectively in the uphill dwellers of the Western Kenyan highlands, emphasising robustness of serological markers in tracking temporal changes in vector exposure, especially in younger populations [17]. Human immune response to *Anopheles* salivary gSG6-P1 varies in relation to exposure to mosquitoes. Measuring human-mosquito contact using gSG6-P1 has therefore been shown to be very reliable.

Seroconversion rates (SCR) which is a function of age and exposure have been estimated using MSP1₁₉ age-specific seroprevalence. This has been used to measure the transmission intensity of malaria and has been shown to correlate with EIR measurements [7, 22]. Age-specific seroprevalence of MSP1₁₉ can distinguish between transmission intensities in low versus high malaria transmission areas or periods (**Figure 2**). When transmission intensity is below 5%, parasite prevalence is an inefficient metric for establishing changes in transmission or evaluating the impact of interventions [23].

Seroprevalence helps to overcome the challenge of subpatent malaria since microscopy and rapid diagnostic test (RDT) used to measure parasite prevalence

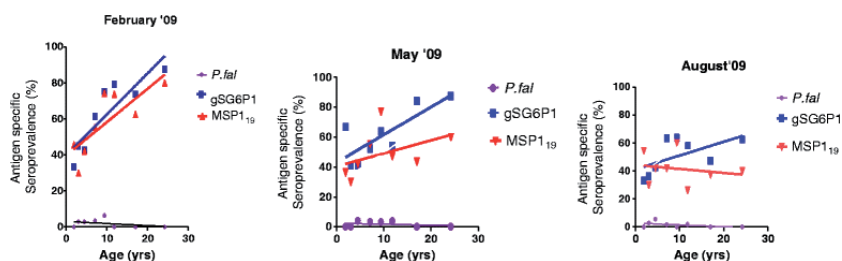


Figure 1. Relationship between malaria parasite prevalence and antigen specific seroprevalence (adapted from Badu et al. 2015) [21].

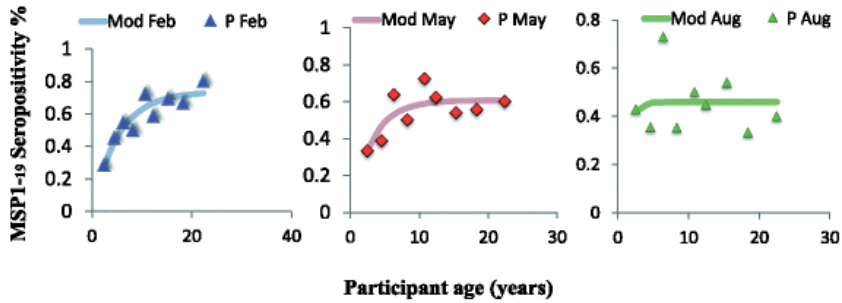


Figure 2.
 Seroconversion rate of MSP₁₋₁₉ (adapted from Badu et al. 2015 [21]).

are less accurate where parasite load is less than 250 parasites per μl [24]. The profound effect of antimalarial drug intake on parasite density is also not accounted for in parasite prevalence measurements. With changing parasite load in the blood in the course of an infection, the accuracy of parasite prevalence is often unreliable [24].

A study has also indicated that to assess malaria endemicity at varying altitudes, the most suitable immunological marker to use is MSP -119 [7]. It has been demonstrated in our studies in Kenya that the prevalence of MSP-1 19 antibody in residents at the valley bottom was almost two-fold higher than that of the uphill residents with median total IgG titers indicating a 13-fold difference between the uphill and valley bottom residents suggesting a higher intensity of malaria

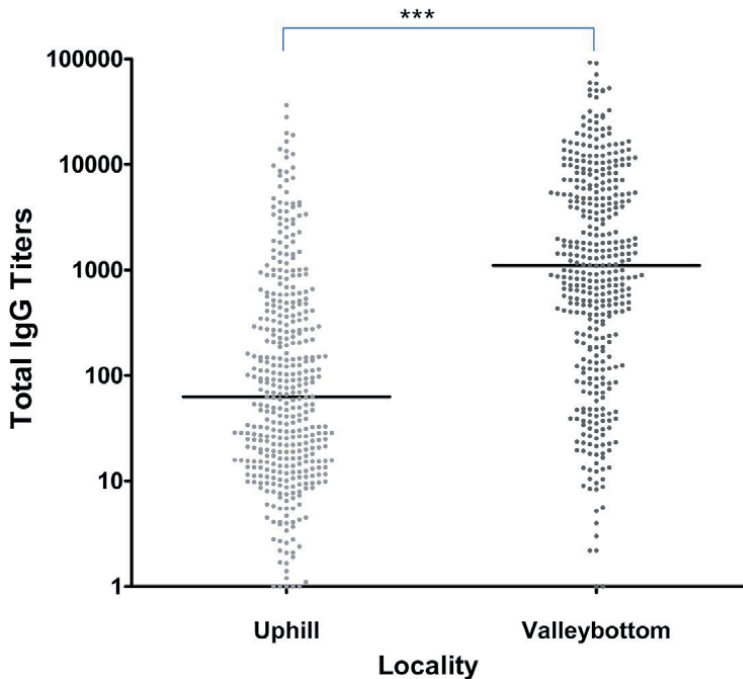


Figure 3.
 Differences in IgG titers among different localities. ***indicates the significance test by Mann-Whitney test, P value < 0.001 (Uphill $n = 401$, Valley $n = 394$). Source: Badu et al. [16].

transmission in the valley area than the uphill area [17]. This was corroborated by a related study which revealed that in 82% of all malaria mosquitoes in the highland aggregated in <300 m area the valley bottom (Guof et al. 2004), [18] This clearly demonstrates that seroprevalence reflects cumulative exposure and thus, is less affected by seasonality or unstable transmission due to the longer duration of the specific antibody response. Age-specific seroprevalence was also used to estimate seroconversion rates (SCR) as a measure of malaria transmission intensity. Age seroprevalence curves of the study showed that in low transmission settings, development of antibodies is slow and is mainly exhibited by the adult population, whereas in a high transmission area, much of the population will be seropositive even at a younger age. **Figures 3 and 4** and **Table 1** below show the findings of this experiment.

Another study showed differences in gSG6-P1 specific seroprevalence and antibody levels depending on your location. The study observed differences in parasite prevalence and gSG6-P1 levels across different transmission settings. Thus, salivary gland gSG6-P1 could be effective in differentiating between vector densities. Again, the study showed that the risk of exposure to malaria parasite is higher in individuals presenting with anti -gSG6 P1 antibody and that gSG6-P1 seroprevalence is not cumulative [17].

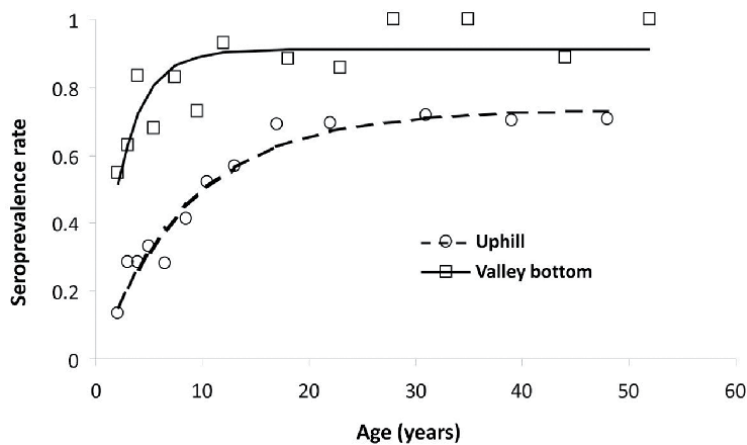


Figure 4. Kinetics of the age-dependent antibody prevalence at different altitudes. Phill model: $Pt = 0.73(1-e^{-0.11t})$, $R^2 = 0.95$, $P < 0.001$; valley bottom model: $Pt = 0.91(1-e^{-0.39t})$, $R^2 = 0.67$, $P < 0.001$. Source: Badu et al. [16].

Parasite prevalence			
MSP-1 ₁₉ seroprevalence			
Locality (n)	Odds Ratio	95% CI	P value
Uphill (401)	2.798	[1.018, 7.693]	0.046
Valley (394)	3.167	[1.196, 8.386]	0.020
Total Uphill and Valley (795)	4.282	[2.200, 8.330]	< 0.001

Table 1. Showing the association between MSP-119 seroprevalence with plasmodium parasite prevalence at the different localities. Source: Badu et al. (2012).

We utilise a very simple reversible catalytic conversion model which estimates the rate of seroconversion from seronegative to seropositive and vice versa with respect to specific study sites. This we fit with standard maximum likelihood and which assumes a binomial error distribution [7, 16].

Thus seropositive are the percentage individuals whose antibody titers of specific malaria antigens are above the threshold of unexposed or naive individuals (Defined as three standard deviations above the value determine for the negative controls).

Reversible catalytic conversion models uses the average yearly rate of conversion to seropositive, λ , and the average yearly rate of reversion from seropositive to seronegative, ρ [7], The equation is thus fitted for each study site (uphill dwellers and that of valley bottom dwellers). Thus P_t is the proportion of individuals aged t that are seropositive

$$P_t = \frac{\lambda}{\lambda + \rho} (1 - \exp(-(\lambda + \rho)t))$$

Where λ is the respective site rate of seroconversion, and ρ is the site specific rate of reversion to seronegative [7, 16].

Box 1.
 Reversible catalytic conversion model.

Age trends of gSG6-P1 is influenced by the differences in the transmission intensity and thus, children had higher responses to whole salivary gSG6 proteins while adults had diminished Antibody responses, suggesting desensitisation of the immune response to the salivary proteins. From all the above, gSG6-P1 measurement shows transient exposure (or seasonal) in a hypoendemic population and would be more useful even under low malaria transmission period as envisaged in the pre-elimination and elimination phase of malaria [17].

In a comprehensive study conducted in two malaria endemic western Kenyan highland areas, 107 proteins of *P. falciparum* that elicited antibody responses were identified. Many of these immunogenic proteins had been previously identified in other studies. Hsp70, ETRAMP10.2, MSP1, and conserved *Plasmodium* protein PF3D7. These were the most frequently recognised proteins among the sera groups studied [25]. Expectedly, more proteins were identified in sera from valley bottom than sera from hilltop residence. When comparing the breadth of antibody response to these proteins, the study observed that there was no difference between

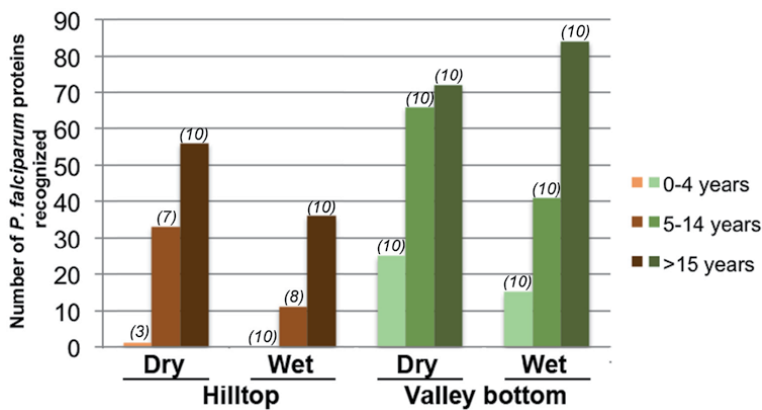


Figure 5.
 Breadth of antibody binding to immunogenic *P. falciparum* proteins by study sera groups. The number of proteins considered immunogenic by the study sera (Y axis) is plotted against sera cohorts stratified by age (0–4, 5–14 and > 15 years old), season (wet and dry) and site (hilltop and valley bottom) of sample collection (X axis). The number of serum samples tested in each sera group is provided in parenthesis above the corresponding bar (adapted from Baum et al. 2013) [25].

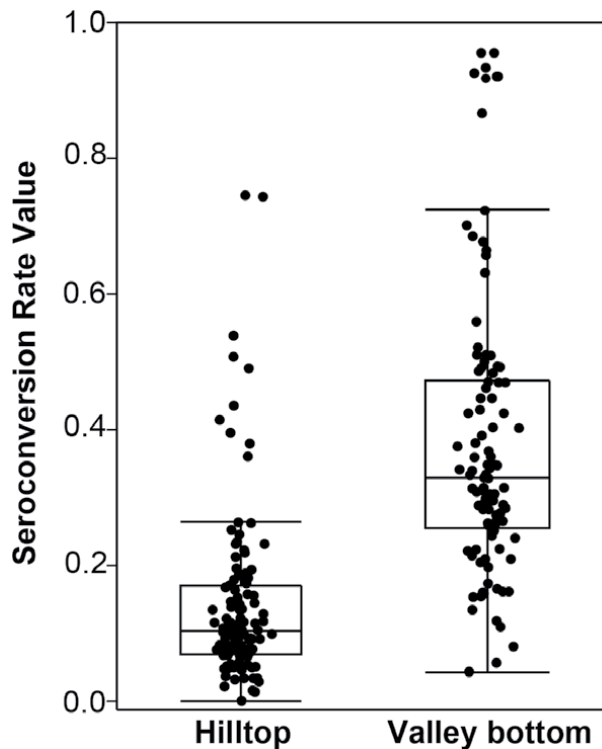


Figure 6. Whisker box plot of seroconversion rate (SCR) values of immunogenic polypeptides of *P. falciparum* for the hilltop and valley bottom sites. The SCR of 98 immunogenic polypeptides for which paired values were calculated (Y axis) is plotted against the site of serum sample collection (X axis). The lower and upper edges of the box indicate the first and the third quartiles, the line in the middle represents the median. The 1.5X interquartile range is indicated by the vertical line outside the boxes. Outlying values are indicated by dots outside boxes (adapted from Baum et al. 2013) [25].

immunogenic proteins identified during the wet or dry season among valley bottom residents. However, seasonal variation in protein was observed in hilltop sera. Between donors below 5 years and those above 5 years, difference between antibody response was observed (Figure 5). This aligns with surveillance studies that used clinical cases or parasite prevalence metrics [16, 26].

The study also noted that seroconversion rates differed between hilltop and valley bottom donors, with lower SCR values recorded for hilltop than in the valley bottom (Figure 6). Overall, the antigens identified in the study can be used as protein candidates to sero-survey the intensity of malaria transmission across stable and unstable transmission areas and compared different age stratifications to give an overview of the effect of temporal and spatial variations on malaria transmission.

6. Sero-surveillance as for the confirmation of elimination

The development and utilisation of serological tools, especially, the antibody response to specific malaria antigens has a great potential to support malaria elimination agenda. A recent study [14] has identified about five priority areas in which this approached could be utilised to support the malaria elimination agenda. Among these, the confirmation of malaria elimination can be a practical benefit. “Certification of malaria elimination is the official recognition by WHO of a country’s

malaria-free status”. WHO may grant this recognition to a country only when it can prove beyond reasonable doubt, that the indigenous malaria transmission of all human parasites has been interrupted across the whole country for at least three consecutive years. Not only that but the country also has “a fully functional surveillance and response system that can prevent re-establishment of local transmission” [27]. Practically, antibodies to malaria antigens are sensitive biomarkers of population-level malaria exposure and can be used among other things to confirm malaria elimination, and monitor re-emergence of malaria [28]. Specific anti malaria antibodies such as MSP1₁₉ and AMA that tend to accumulate in the population can be used to confirm malaria elimination in children born in the last three years. When antibody response in children born in the last three years are undetectable across all subnational sentinel sites, this will be a good indication of the confirmation of the malaria elimination.

7. Sero-surveillance for monitoring recent exposure and the impact of interventions

Reliable serological markers of recent malaria exposure could dramatically improve current surveillance methods by allowing for accurate estimates of infection incidence from limited data. According to Greenhouse et al. [14], Sero-surveillance could be implemented in two scenarios settings: 1) when new tools are being deployed for the first time; and 2) regularly to evaluate the success of such tools during implementation.

For the purpose of regular evaluation of intervention tools antibodies with relatively short half life will be more useful. Yman et al. 2016, studied We IgG antibody responses to over one hundred 111 *malaria antigens* in a longitudinal cohort of travellers who did not have a second express following heir initial exposure. They identified five serological markers (GAMA, MSP1, MSPDBL1 C- and N-terminal, and PfSEA1) which could detect exposure within the previous 3-months with >80% sensitivity and specificity. Others (Kerkhof et al. 2016) have studied through several cross-sectional studies among 8439 participants have demonstrated that *Plasmodium falciparum*, antibodies against LSA3.RE, GLURP and Pf.GLURP.R2 are capable of detecting exposure range of 6–8 months. The quest for standard antigens or peptides as well as standard technologies that will ensure smooth implementation and comparable results across the world is a subject of intense research currently ongoing.

8. Conclusion

Currently, the utility of sero-surveillance in the support of malaria elimination (measuring transmission intensity, assessing the impact evaluation, confirmation of elimination and prevention of re-introduction) have moved beyond the prove of principle. However, full implementation is hampered by the current requirement for expensive high-throughput technologies for specimen storage and functioning assays, which are largely not available in many malaria-endemic communities. Therefore, governments and research programs should critically analyse the value being added by antibody tests before considering using it to complement other metrics [14, 28].

In their current state, sero-surveillance tools can only be performed by technicians who are well trained on the use of antibody detecting equipment. However, surveillance studies are often carried out by field workers who might lack the

adequate knowledge and training needed to perform antibody tests. As such, it is very important that antibody detecting tools are easy to use, with test results being easy to interpret [14, 29]. This will ensure the generation of data that can easily be analysed to translate to action implementation.

The integration of seroprevalence as a malaria surveillance metric in endemic communities will require the understanding of stakeholders in malaria control and eradication at the local, national, and global level. This involves engaging and sensitising local communities, governmental and non-governmental organisations, research bodies and donor agencies on the need for sero-surveillance as a function of malaria exposure.

Author details

Kingsley Badu^{1*}, Amma Aboagyewa Larbi² and Kwadwo Boampong¹

1 Department of Theoretical and Applied Biology, Kwame Nkrumah University of Science and Technology, Kumasi, Ghana

2 Department of Biochemistry and Biotechnology, Kwame Nkrumah University of Science and Technology, Kumasi, Ghana

*Address all correspondence to: kingsbadu@gmail.com

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The Role of Adaptive Surveillance as a Core Intervention to Achieve Malaria Elimination

*Arantxa Roca-Feltrer, Ann-Sophie Stratil
and James K. Tibenderana*

Abstract

Adaptive surveillance systems are essential for national programmes to achieve their malaria elimination goals. Core principles of surveillance systems including accurate diagnosis and reporting of malaria cases, integration of health data across administrative levels and the need to link data to a response are well defined by international guidelines. Nevertheless, while the requirements of surveillance systems along the transmission continuum are clearly documented, the operationalization remains challenging for national programmes. Firstly, because the multi-level increase of surveillance efforts demanding real-time and case-based data as well as the capacity of the health force to trigger locally customized responses, is resource intensive and requires substantial investment. Secondly, because there is a gap in international alignment on best tools and practices on how to operationally implement these requirements. Recently, several initiatives have started to address this gap in international coordination, aiming to establish the operational guidance for elimination programmes to successfully implement adaptive surveillance systems.

Keywords: malaria elimination, adaptive surveillance, case investigation, digital systems, responsiveness

1. Introduction

The Global Technical Strategy for Malaria 2016–2030, published by the World Health Organization (WHO) in 2015, emphasizes surveillance as a core intervention for accelerating progress towards malaria elimination across endemic settings [1]. The successful and optimal implementation of other malaria interventions, including early detection and treatment and vector control measures, depend on the effectiveness of countries surveillance systems. Surveillance systems comprise all steps from the recording and reporting of data to data analysis and presentation, interpretation and evaluation and finally the dissemination and use of information [2]. The functioning of these systems depend on a competent and adequately resourced health force that adheres to surveillance requirements outlined national strategic plans, ensures high data quality throughout the system, and has the capacity to translate data into action while enabling rapid adaptations to respond to evolving contextual factors. Effective malaria surveillance systems allow national programmes to continuously monitor and evaluate the progress of their

programmes, detect and respond to outbreaks in time, and identify gaps in service delivery and intervention coverage in order to (re-)allocate resources in line with the programmatic needs.

We argue that the ability of surveillance systems to adapt to changing circumstances is a crucial element to resilient and effective systems that can support the achievement of national elimination targets. Changing circumstances may include changes to in-country transmission dynamics, e.g. moving from control to elimination settings or implementing context-specific surveillance approaches that respond to in-country heterogeneous malaria transmissions. These may also include external factors that may impact on malaria trends by altering specific malaria surveillance indicators (e.g. due to disruptions to access to care as observed during the COVID-19 pandemic) which require careful and ongoing interpretation of generated data in such rapidly changing environments. This has been shown to be an especially important factor during the COVID-19 pandemic where programmes are now required to understand the influence of COVID-19 on malaria indicators in order to correctly interpret observed malaria trends and take appropriate actions [3].

Despite the importance of strong surveillance systems, national programmes continue to experience challenges in the operational implementation of their surveillance systems particularly at the lowest levels. A landscaping exercise of surveillance systems from elimination countries in 2015–2016 reported that “surveillance systems in 2015–2016 [were] insufficient to support planning and implementing of targeted interventions and to measure progress towards malaria elimination” [4]. While progress has been made since then, countries continue to experience challenges in implementing adaptive surveillance systems.

In the following sections, we outline the importance of adaptive surveillance as a core intervention to malaria elimination. First, we describe the key elements of a functioning adaptive surveillance system capable of responding to all needs across the malaria transmission continuum. Then, we focus on the implications for surveillance system when transitioning from control to elimination settings. Lastly, we describe remaining challenges and rising opportunities in establishing resilient and effective surveillance system across countries to accelerate the elimination of malaria.

2. What are the key elements of a functioning adaptive surveillance system capable of responding to all needs across the malaria transmission continuum?

A malaria surveillance system is considered functional and responsive when it can produce evidence-based information (from quality data) that is routinely used for planning and decision making. To provide guidance on the principles and requirements for a strong malaria surveillance system, a reference manual was published by WHO in 2018 [2]. These principles are essential for guiding the establishment of a malaria surveillance system’s core competencies, operationalizing surveillance systems in malaria endemic countries remains challenging. Outlines the following key principles of the design and establishment of malaria surveillance systems (**Table 1**).

It is worth noting that countries that have eliminated malaria—or have nearly done so—have documented significant improvements in their surveillance systems that made them possible to deploy a range of interventions and adapt them to needs over time. This ability to develop an adaptive responsive surveillance and information systems has been consistently reported as a key components of elimination programmes [5, 6]. Adaptive surveillance and information systems mean that

#	Principles	Description
1	Accurate parasitological diagnosis of a malaria case	Considered the foundation of a malaria surveillance system. Diagnoses should be made with either quality-assured malaria microscopy or rapid diagnostic tests (RDTs).
2	Integration	All major components of a malaria surveillance system should be integrated into broader health management information systems (HMIS). The HMIS system should, in turn, be responsive to the promptness and granularity of data required for effective malaria surveillance.
3	Responsiveness to country needs and country heterogeneity (malaria surveillance as a continuum)	National SOPs for surveillance should be based on a country's needs and on WHO recommendations and be able to address the heterogeneity of malaria within a country's boundaries. The Global Technical Strategy for Malaria 2016–2030 introduced the concept of a continuum, whereby progress towards malaria elimination is considered to be a continuous process rather than a set of independent stages. [1]
4	Functional capacity to analyze, use and act on data	Regardless of the malaria burden, front-line staff involved in the detection, recording and reporting of cases should also be the first users of data. Necessary investments in surveillance and system transition, including in human resources, should be made to respond to the anticipated reduction in disease burden and be alert after interruption of transmission.
5	Surveillance data must be linked to a response	All surveillance data must be linked to a decision at some level of the health system, even if the decision results in no immediate change in interventions.
6	Multisectorial approach	In all transmission settings, a concerted effort must be made to include cases detected in other sectors (e.g. in private and other nongovernmental health care facilities), as well as those detected in public health facilities.
7	Enable innovations to accelerate efforts	Like most other health interventions, surveillance is likely to benefit from innovation and advances in technology.
8	Be able to track rapid changes of malaria epidemiological factors	Good understanding of the biology and behavioral ecology of vector species is essential for making programmatic decisions and monitoring and evaluating vector control interventions, including quality assurance.
9	Allow for continuous improvements	Surveillance systems should be assessed routinely to ensure their accuracy, reliability, completeness, precision, timeliness and integrity. The assessment should also include the appropriateness of actions taken as a consequence of the results of surveillance

Table 1.
Key principles of a malaria surveillance system (adapted from [2]).

they undergo through continuous improvement cycles that are triggered through the evolving country specific malaria epidemiological factors as well as changing external factors, ultimately leading to a resilient and robust system capable of responding to all malaria transmission contexts and reach malaria elimination. The next section details the specific implications of adaptive surveillance systems when transitioning across the continuum of malaria transmission intensities.

Only when health information systems (HIS) lead to public health decision-making, can surveillance systems be considered functional. For National Malaria Control Programmes, a good malaria information system (MIS) permits decisions on resource allocation to be done on and informed and unbiased way. A key step to understand MIS performance is to assess the quality of data, the use of information made by decision makers and the enabling organizational, technical and behavioral factors that influence MIS performance. System performance is measured through

the quality of data produced and the effective use that is given to information produced [7]. Data quality can be assessed through its composite indicators: completeness, timeliness and accuracy and should be conducted at different levels of the system (community, health facility and district). Use of information is assessed through the production, sharing and discussion of relevant reports that guide programmatic activity implementation. Technical, organizational and behavioral components should also be routinely assessed at all levels as they constitute an integral part of the surveillance system.

Establishing and institutionalizing a data demand and data use culture is one of the most challenging components to effectively operationalize at country level as it requires significant investments for resourcing long-term organizational capacity across all administrative levels to implement actionable responses using existing health information systems and based on the surveillance intelligence produced. The following sections outline the key adaptations, challenges and opportunities that malaria surveillance systems face to respond to all levels of malaria transmission in the move towards elimination.

3. What are implications of transitioning from control to elimination?

Delivering on the key principles outlined in the previous section can be challenging for national programmes transitioning towards elimination. Surveillance systems in elimination and control settings are designed to achieve their respective goals, i.e. control and elimination of malaria. While in control setting, the goal is to provide data insights to guide interventions at scale, e.g. mass net distributions, in elimination settings, the focus shifts to quickly trigger locally targeted responses to every single case. These goals require different granularity levels in terms of temporal and case (investigation) resolution. We use the term resolution here to describe the level of needed data granularity. While periodic reporting is sufficient in control settings, surveillance systems in elimination settings strive for real-time reporting to trigger immediate responses, i.e. they strive for high temporal resolution. Similarly, in control settings, caseload is usually investigated at higher administrative levels leading to a response at national, province or district level, while in elimination settings, every single case needs to be investigated to trigger targeted local responses, i.e. elimination settings require high case-level resolution [8, 9].

Figure 1 depicts the levels of temporal and case resolution needed along the transmission continuum.

When transitioning from control to elimination settings, national programmes need to continuously adapt their surveillance systems in order to cater to these new requirements and trigger appropriate responses. As the term transmission continuum suggests, transitioning from one phase to the next happens gradually and in specific geographical areas within countries (hence increasing the heterogeneity of the malaria transmission in that country) [10]. It is therefore advisable to strengthen and adapt surveillance components gradually and timely to ensure they are functioning when the elimination phase is reached.

In elimination settings, notification of every very case within 24 h, to trigger timely case investigation (often within 3 days), enabling a timely investigation of transmission foci (often within 7 days) [2]. This case-based surveillance approach has been named the “1–3–7 approach” and was launched in China in 2012 and has since been adapted to other country contexts, including Cambodia and Myanmar [11–13]. This approach demands the redesign of reporting structures to deliver on these timely reporting and response requirements. A priority is ensuring quality data reporting from both public and private service. It is a known challenge to



Figure 1. Changes in surveillance system requirements along transmission continuum (adapted from [9]).

successfully integrate data from the private sector into the national surveillance system [14]. To achieve this, there is an increasing need to establish digital data collection to ensure rapid and complete case reporting from all health system levels, including the private sector [9, 15]. Many countries have developed digitalized reporting systems. One example is Mozambique, a country with high transmission heterogeneity, where, since 2016, community health workers are equipped with smartphones carrying an app through which they can report every patient consultation – including malaria cases. This facilitates the notification of community cases to higher administrative levels that carry out case investigations [16].

Additional to this temporal component of early case notification and investigations, surveillance system need to increase the case resolution to inform customized and locally targeted responses. This includes case investigations, focus investigation and the development of related data collection tools. Programmes also need to expand their case detection approaches to not only detect symptomatic cases actively seeking care with health providers (passive case detection), but also detect asymptomatic cases and populations that might not be easily reached through existing health system structures (active case detection) [2]. Active case detection requires more investment from existing health staff to go out to test remote populations and/or new personnel who carry these additional responsibilities. Sri Lanka's elimination strategy developed a specific approach where active case detection was carried out by mobile malaria clinics targeting remote areas with no immediate access to alternative health system structures [17]. More recently, Cambodia, where remaining malaria cases cluster along international borders and hard-to-reach forests, followed this example with a similar approach. The national programme has introduced the role of mobile malaria workers who go on outreach activities and actively approach forest workers including mobile and migrant populations, the population group most at risk of malaria infection. This approach has proven to be successful, with Cambodia aiming for *P. falciparum* malaria elimination by 2023 [18–20].

Once high-resolution data is available, national programmes need to generate insights through data analysis [9]. Previously, this required input from expert data analysts limiting the extent to which national programme could actually produce the necessary outputs to guide decision making. More recently, analytical outputs

can be made available more easily through digitalized automated solutions. Data analysis in elimination setting should facilitate the identification of specific populations at risk, and should allow the micro-stratification of risk areas based on individual case data. Timely analysis of individual-level case data is crucial to improve early warning systems and establish robust alert systems to prevent epidemics and control foci. At this point, visualizing trends and risks via appropriate tools including charts and maps is essential.

Following data visualization and interpretation, the final and arguably most important step is linking data to action. The health force needs to be trained to interpret these high-resolution outputs and trigger targeted responses. Functioning communication flows between different administrative levels, decision-makers and other stakeholders are the enabling environment needed to link surveillance data to action. A case study mention “a well-coordinated surveillance system with excellent vertical and horizontal communication” as a key component that lead to the successful malaria elimination in Sri Lanka [17].

Lastly, it is critical that all these components are facilitated via an integrated platform with clear procedures for data recording, reporting, visualization and use. Systems should be built around central data storage and management system to ensure smooth integration of malaria indicators and data sources into routine HIS [9]. New digital solutions can facilitate this. The project Visualize No Malaria that has been implemented in Zambia since 2015 has exemplified an approach where a range of new digital tools facilitated linkages between existing routine and non-routine database, automated data workflows, and create customized data visualizations to generate one integrated surveillance system [21]. Experiences from Cambodia outline the process and challenges of shifting from an offline information system towards an integrated web-based surveillance system for malaria elimination [22]. New digital solutions also help make surveillance systems more resilient to changes in external circumstances by allowing simple adaptations that were previously difficult to implement. External circumstances like the COVID-19 pandemic require rapid adaptations of surveillance systems [3, 23]. In a before mentioned project in Mozambique where community health workers submit data through a smartphone app, the underlying digital platform was adapted in response to the COVID-19 pandemic. Now, the app includes education modules related to COVID-19, and data entry forms for COVID-19 symptom tracking (some symptoms like fever overlap with malaria symptoms). This enabled the Ministry of Health to rapidly gather essential insights on COVID-19 knowledge gaps among community health workers and will strengthen malaria surveillance by providing insights into how community health workers handle the similarity of malaria and COVID-19 symptoms [24, 25].

These increased demands of the surveillance system require resources to create functioning data systems, procure appropriate testing (e.g. malaria species-sensitive tests that are able to differentiate between *P. falciparum* and *P. vivax* malaria to allow species-specific responses where required), develop new guidelines and build the capacity of the health force to fulfill these new/additional requirements. Due to these intensified focus on surveillance, the proportional spending on the surveillance component of malaria programmes increases and case studies show that programme expenses to achieve malaria elimination can even be greater than the expenses during the control phase, while international supporting funding of the health system decreases [26, 27]. This may put a specific strain on national programmes catering to the needs of multiple transmission strata at the same time. However, as surveillance systems become more resilient, resources and personnel can progressively shifts tasks and embed additional roles and responsibilities to optimize resources and expertise. Thailand for example has identified the need to integrate malaria services into the general health service system rather than

continuing to implement a vertical malaria programme. Building capacity and mobilizing resources at all health system levels will support the achievement of the country's malaria elimination goal by 2024 [28].

4. What are the current gaps in surveillance systems of elimination countries and how to overcome?

One of the remaining challenges for many eliminating countries is the limited capacity of their surveillance systems to monitor and track interventions against *Plasmodium vivax* and monitor vivax relapses. In countries where both *Plasmodium falciparum* and *Plasmodium vivax* are present, malaria interventions have led to steady declines of falciparum malaria, resulting in an increase of the relative contribution of vivax malaria (among all infections). As opposed to *P. falciparum* infection, which does not have latency (dormant stages), treatment of *P. vivax* malaria poses a particular challenge to elimination efforts due to its potential to cause periodic relapses [29, 30]. A fit for purpose surveillance system in these countries should not only be able to monitor the delivery of tailored *P. falciparum* interventions, but also track the implementation of approaches to safely deliver appropriate treatment to *P. vivax* cases.

While the requirements of surveillance systems along the transmission continuum are clearly documented through comprehensive guidance documents outlined in previous sections, the operationalization of this guidance remains challenging for national programmes. Even though many countries are successful in establishing functioning systems on the path to elimination, as shown in previous sections [6], they mostly rely on a learning by doing approach. There remains a gap in coordinating and standardizing efforts among the wider surveillance community. In December 2020, the Malaria Policy Advisory Committee within WHO has acknowledged this “lack of coordination and standardization of tools to monitor the quality of malaria surveillance and to understand its strengths and weaknesses” [31]. Recently, several initiatives have started to address this gap, aiming to establish the operational guidance and best practices for surveillance systems of malaria elimination programmes. The WHO has recently developed a surveillance assessment toolkit which will be published in the first quarter of 2021 [31]. This toolkit will frame a systematic approach on how to measure the performance of malaria surveillance systems which will harmonize the way national programmes assess the quality of their surveillance systems and identify needs for improvement. The WHO has further announced the set-up of a Malaria Strategic Information Reference Group (MSIRG). The MSIRG will focus on five main areas: Guidance, digital solutions, surveillance assessments and system strengthening, programme reviews and subnational tailoring of interventions and burden estimation. The RBM Surveillance, Monitoring and Reference Group (SMERG) is a global platform to foster communication on malaria surveillance, monitoring and evaluation and convenes members to coordinate related activities. The SMERG is currently in the process of establishing a Committee dedicated to Surveillance Practice and Data Quality (SP&DQ Committee) with the key objectives to improve the visibility of surveillance and data quality improvement initiatives and to strengthen global coordination on surveillance-related efforts. The two groups (MSIRG and SMERG) will work closely together to ensure synergic efforts between their recent initiatives [32].

These recent initiatives will lay the groundwork for more efficient international alignment of surveillance efforts and improved harmonization of systems in the future.

5. Conclusions


A strong surveillance system is critical to implementing an efficient and effective malaria program to monitor disease trends and optimize targeting of interventions to accelerate progress towards malaria elimination. For countries to strengthen and sustain the practice of using data for decision-making and accelerate efforts towards malaria elimination, dynamic and adaptive surveillance systems are needed. To accelerate efforts towards malaria elimination, surveillance systems must be able to respond to the dynamic and evolving external socio-ecological patterns (as recently experienced through the COVID-19 pandemic) guided by lessons learned on resilience and adaptive management in order to effectively operate at national and subnational levels. Several global initiatives to document these best practices are on the way and will provide international alignment of surveillance efforts and improved harmonization of systems in the future.

Author details

Arantxa Roca-Feltrer*, Ann-Sophie Stratil and James K. Tibenderana
Malaria Consortium, London, United Kingdom

*Address all correspondence to: a.roca@malariaconsortium.org

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Increased Trends of *P. vivax* in Sub-Saharan Africa: What Does it Mean for Malaria Elimination?

Mary Aigbiremo Oboh, Mamadou Ndiath, Olumide Ajibola, Kolapo Oyebola and Alfred Amambua-Ngwa

Abstract

Plasmodium vivax being the most geographically spread *Plasmodium* species is considered sparsely distributed in sub-Saharan Africa (sSA) while *P. falciparum* is the most prevalent species in this region. Thus, control strategies in sSA have been disproportionately targeted towards falciparum malaria. Nevertheless, with the use of more sensitive malaria diagnostic platforms, there are more reports of *P. vivax* and other non-falciparum malaria in sSA. In addition, *P. vivax* is presumed benign, however there are new findings of severe cases recorded from *P. vivax* single or mixed infection with other *Plasmodium* species. Besides, the extended dormant period (lasting for weeks or months) is a challenge for achieving effective cure for vivax infections. Although, chloroquine has been proscribed for treatment *P. falciparum*, it still remains the drug of choice for *P. vivax* in most Asian countries where it is predominant. In sSA, artemisinin combination-based therapies (ACTs) are used for treatment of falciparum malaria and, it is probable that the use of ACT could be enhancing adaptive selection for *P. vivax* in the face of its increasing prevalence in the population. Hence, understanding epidemiological and biological factors, and data that could be contributing to the observed steady increase in *P. vivax* prevalence in sSA is important. In this chapter, we discuss the mechanisms for invasion of red blood cells, trends in increasing prevalence of vivax malaria, diagnostic tools, and the public health implications of *P. vivax* and *P. falciparum* co-endemicity in Africa.

Keywords: *Plasmodium vivax*, *Plasmodium falciparum*, sub-Saharan African, Malaria elimination, Duffy negative antigen

1. Introduction

In sub-Saharan Africa (sSA), *Plasmodium falciparum* is responsible for most of the human malaria infection and less frequently, malaria could be due to *P. ovale*, *P. malariae* and *P. vivax* [1]. Significant gains observed in massive reduction in global malaria cases and mortalities in the early 2000s have been largely due to strategic malaria interventions [1]. Nevertheless, signals of reversal in gains are beginning to emerge in most African countries [1]. This stall in progress has been attributed to increased prevalence of non-falciparum malaria parasites on one hand and the development of resistance by both the parasite and vector to drugs and insecticides

respectively [2–4]. Thus, refocusing control strategies to include all circulating species of *Plasmodium* in sSA aimed at reducing the burden of these non-falciparum parasites will greatly contribute to malaria control progress.

P. vivax is particularly interesting as regards its mechanism of invasion, reproduction, virulence and development. Understanding the biology of vivax parasites is crucial for developing strategies aimed at controlling malaria. Regrettably, vivax malaria poses a huge challenge for in vitro analysis to adapt in cell culture, in order to shed more light on invasion patterns, virulence, growth, and reproduction. For example, *P. vivax* has high predisposition for immature red blood cells-RBCs (reticulocytes) which is not readily available [5]. Another drawback as regards vivax control is the use of primaquine (PQ) to achieve hypnozoites clearance, which causes haemolytic anaemia in glucose 6 phosphate dehydrogenase (G6PD) deficient individuals [6, 7]. In sSA with very limited resources for ascertaining the G6PD status of individuals, this presents a practical challenge as individuals are either treated without their G6PD status known or remain untreated. The implication of the latter is the prolonged carriage of hypnozoites capable of relapsing weeks or months later. It has also been found that individuals with specific cytochrome P450 gene polymorphic alleles such as the CYP2D6 do not efficiently metabolise PQ and eventually miss out in the clearance of dormant liver parasites [8].

Overcoming vivax resistance to chloroquine [9], which is also a major drawback in vivax control is looking promising, with a single dose of tafenoquine seemingly independent of CYP2D6-impairment is effective in the prevention of vivax relapse [10, 11].

Evolution is shaping the biological interaction between vivax parasites and the human host [12, 13]. For instance, there is new evidence counteracting the former notion of *P. vivax* emergence in Asia from vivax-like macaque parasites [14, 15]. Recent evolutionary genomic analyses have postulated that vivax most probably originated in Africa [16]. Selection for Duffy-negative mutations could have been due to the high circulation of *P. vivax* in ancient Africans [12] which led to the eventual disappearance of vivax malaria in most parts of Africa [17]. There is need to carry out a comprehensive characterisation of the Duffy-independent vivax strains in West [18, 19] and East Africa [20] in order to understand the genetic similarities and phylogeny between the strains and, relationship with emerging zoonotic non-human primate (NHP) malaria.

Although, non-human primates (NHPs) and human vivax species are considered non-interbreedable (allopatric) [12], it is possible that recombination events between vivax parasites of apes and human lineages have occurred to favour the adaptation of currently circulating vivax strains [21]. This hypothesis is being supported by binding studies of recombinant orthologues; reticulocyte binding protein 2- RBP2 and RBP3, to gorillas, humans and chimpanzees erythrocytes' that displayed no evidence of host specificity to invasions of red cells [12]. Moreover, there has been detection of ape-like *P. vivax* in a European returnee from Africa [21], while human *P. vivax* has been identified in monkeys from the wild in South America [22]. To infer genetic epidemiology of *P. vivax* and relationship with other closely related species, population genetic studies is necessary. This has been employed in *P. falciparum* to demonstrate the origin, complexity, evolutionary history, changes in population size and relatedness between parasite populations.

2. Mechanism of invasion of *P. vivax* malaria to Duffy antigen receptor on red blood cells

Duffy antigen receptor for chemokines (DARC) gene is the fourth erythrocyte gene associated with resistance to *Plasmodium* species [23]. Polymorphisms in other

genes associated with malaria are specifically accompanied by severity or protection against falciparum malaria. DARC confers protection against vivax malaria [24]. DARC has a 36–46 kDa glycoprotein major sub-unit and is made up of 338 amino acids (AAs) that is organised into seven transmembrane domain [25] with an extracellular epitope at the N-terminal that mediates *P. vivax* invasion of RBCs. DARC, a non-specific receptor is expressed on erythrocytes and employed by *P. vivax* merozoites in invasion of RBCs [26]. It is located on the long arm of chromosome 1 (1.q22–1.q23) and possesses two exons [27]. A mutation from a thymine to a cytosine at the GATA-box upstream of the promoter region (33rd position) results in the non-expression of DARC on RBCs, giving rise to the *FYO** allele also known as the Duffy negative phenotype [28].

The *FYO** allele is prevalent in sSA as well as in African-Americans but rare in other racial groups lacking black admixtures [27]. For instance, all 1000 individuals screened in a study in the Gambia were Duffy negative [29]; likewise more than 80% of the participants of a study carried out in northern Nigeria were Duffy-negative [30]. Similarly, another report among pregnant women in Nigeria confirmed a 9:1 Duffy negative to positive ratio [31]. Thus, the null expression of the Duffy gene and reduced prevalence of *P. vivax* in sSA suggests an interplay of adaptive features being employed by RBC overtime. Consequently, the rare observation of *FYA* and *FYB* alleles in this part of the world [32, 33] substantiates the argument of the selective adaptation of the Duffy gene on RBC and its exertion in sSA.

There are several reports of vivax malaria in hitherto low risk regions [34–37] in sSA. The first *Plasmodium* invasion molecules identified was the Duffy binding proteins (DBP) otherwise referred to as, erythrocyte-binding-like (EBL) proteins. These proteins are characteristically homogenous in their cysteine-rich Duffy-binding-like (DBL) domains. The EBL protein of *P. falciparum* and *P. knowlesi* are able to use different receptors in invading the RBC due to variation in EBL gene numbers [38]. Therefore, it is likely that, *P. vivax* having phylogenetic similarity to *P. knowlesi* might have developed diverse EBL proteins also capable of binding to other receptors in the RBCs [2]. The high genome diversity in *P. vivax* [39, 40] provides a plausible explanation that supports and augments its capability of developing alternative invasion pathways through other receptors [41]. An alternate hypothesis is that, *P. vivax* is more endemic in north Africa as well as the Afro-Asiatic populations found in Sudan, Somalia [42, 43] and Ethiopia [20, 44] where there are higher populations of Duffy positive individuals. In this case, the Duffy positive carriers are reservoirs of infection to Duffy negative individuals. Despite the two assumptions, the precise route of transmission of *P. vivax* to/from Africa has not been fully established.

3. Increasing trends of *P. vivax* in sub-Saharan Africa and potential selection for Duffy-negative individuals

Previous reports on vivax epidemiology are now under scrutiny due to the use of more sensitive detection tools [37, 45–51]. *P. vivax* has been detected in south-eastern Senegal: a region sharing border with Mali, Guinea Conakry and The Gambia. In addition, the detection of *Anopheles* vector capable of transmitting vivax in Kenya [52], as well as identification of vivax in mosquito in a study carried out in Angola and Equatorial Guinea [35] points to active transmission of vivax malaria in this sub-region. In a case report, a pregnant Nigerian residing in Italy visited Nigeria briefly and was diagnosed with vivax infection [53], with no further investigation as to the source of infection. Whether these infections were transmitted from Duffy positive individuals serving as reservoir to the negative individuals was not determined.

Although DBP1 possess unique sequences and are highly polymorphic [53], as revealed from correlation analysis of DBP1 mutations, they do not explain the ability of *P. vivax* to infect Duffy-null Africans [54]. The high haplotype diversity of DBP1 and its flanking region in Ethiopia is predictive of multiple independent emergence of vivax variants that were not purged from the population [55]. Therefore, genome-wide comparative studies of Duffy-dependent and emerging Duffy-independent strains are critical for understanding the different forms of adaptive responses, fitness and selection operating in the parasites. The occurrence of DBP1 gene amplification in Ethiopia [55], Madagascar [56] and Cambodia [57] is implicative of adaptation to blood stage infection in the host. A substantial knowledge of the patterns of genetic variation in different geographic scales as well as genetic differences between populations permits inference of population relatedness or structural variation [58].

4. Strategies for *P. vivax* diagnosis in Africa in the era of malaria elimination

Diagnosis of *P. vivax* has relied primarily on two approaches; light microscopy and rapid diagnostic tests (non-molecular). However, modern tools (molecular based tests) such as PCR tests have been demonstrated to be useful, but has suffered widespread utilisation in African countries due to lack of expensive equipment and trained personnel to carry these complex assays.

4.1 Light microscopy (LM)

The World Health Organisation's gold standard for *P. vivax* testing is the detection of parasites in Giemsa stained blood smears by light microscopy [59]. In detecting parasitemia from blood, thick smears are more sensitive, while thin smears allow for clearer visualisation of the morphology of the parasites for accurate speciation and calculation of parasite density. It is recommended that 3 sets of thick and thin smears should be collected for analysing *P. vivax* suspected blood smears. Light microscopy has a number of benefits in African health laboratories such as low cost of operation, and ease of deployment on the field. However, in Africa, the main constraint in accurate microscopy diagnosis is the lack of trained microscopists, and epileptic power supply in most parts of the continent. One of the main challenges in microscopic diagnosis of *P. vivax* is the presence of fewer number of parasites circulating in the blood compared to *P. falciparum* infections making it more likely to report false negatives. The preference of *P. vivax* for reticulocytes which accounts for less than 1% of the fraction of erythrocytes in circulation explains the reason for lower parasite densities compared to *P. falciparum*. In addition, clinical immunity to *P. vivax* infections occur earlier and the immune response is effective in the control of parasitemia [60].

4.2 Malaria rapid diagnostic tests (mRDTs)

The use of mRDTs has become very popular and critical to controlling malaria in Africa. Malaria RDTs provide results within 15 to 20 minutes, do not require special training to interpret results and special storage facilities. The use of mRDTs has contributed significantly to reducing the burden of malaria and is the most commonly used approach in rural laboratory settings with a sensitivity as high as 99% for *P. falciparum*. Malaria RDTs that test for *P. vivax* detect the Pvivax - pLDH antigen specific to *P. vivax*, or pan-pLDH or aldolase antigens common to all *Plasmodium* species. The sensitivity of mRDTs in detecting *P. vivax*, is lower [61–63] when compared to those for falciparum malaria. Moreover, cross reactions with other disease conditions, presence of certain

immunological factors and gametocytaemia can result in false positives. They also have a limited shelf life (~24 months) and need to be kept dry and away from extreme temperatures (> 40°C). Malaria RDTs are very reliable at high parasitemia, while at lower parasitemia chances of false negatives increase [64]. A combination of RDTs with light microscopy would significantly improve *P. vivax* diagnosis in Africa.

4.3 Polymerase chain reaction (PCR)

LM has been the gold standard for malaria diagnosis, but with substantial progress in malaria control, interventions have begun to consider asymptomatic carriers as well. Hence, there is increase interests in the utilisation of molecular tools for detection of sub-microscopic infections. Molecular techniques allow investigation of 5–10 µL whole blood, which increases test sensitivity when compared to 0.025–0.0625 µL whole blood) used for LM [59].

PCR based tests such as conventional PCR and real time PCR have been used to detect *P. vivax* mostly in laboratory settings as part of research projects and not usually as routine clinical based tests. PCR based tests detect *P. vivax* with high sensitivities in diagnosing asymptomatic people particularly in samples with low parasitemia. Molecular based tests have a lower detection limit than both mRDTs and LM. The type of input material (DNA, RNA or whole blood) target gene, species detected, primer/probe composition and concentration, amplification technique (PCR or isothermal), read-out (gel electrophoresis, fluorescence detection, lateral flow) and whether it is qualitative or quantitative impact on the sensitivity of molecular detection tests. The standard molecular marker for *Plasmodium* species differentiation detection is the 18S rRNA genes [65]. In the reference genomes of *P. vivax* (Sal1 and P01), there are 3 distinct copies of 18S rRNA that are expressed at different stages [66]. Some of the Pv18S rRNA assays in use target only one of the three copies by qPCR [67]. Pv18S rRNA assays have also been used to target PV18S rRNA transcripts in addition to the genes [67, 68]. The detection of *P. vivax* in clinical samples can also be improved by targeting high multi-copy genes in PCR assays which provides improved sensitivity over low-copy Pv18S rRNA approaches. Targeting multicopy genes allows pooling samples in community surveys in areas with low parasite prevalence or in elimination settings. Pooling will also bring down costs of assays without compromising on the sensitivity. An example of a multi-copy gene that has been tested for *P. vivax* diagnosis is the non-coding subtelomeric repeat sequence Pvr 47 which has 14 copies in the *P. vivax* Sal1 reference genome. The Pvr47 single step PCR was almost as sensitive as the *P. vivax* 18S rRNA nested PCR [69]. Other targets such as vir/pir multigene family with high copy numbers similar to the var. gene family in *P. falciparum* have also been tested with limited success [70, 71]. Other molecular assays for *P. vivax* have also targeted the mitochondrial DNA in a one-step PCR reaction, loop mediated isothermal amplification or qPCR targeting cytochrome C oxidase I (*cox1*) [72–74], genus-specific PCR followed by targeting vivax specific non-coding regions between cytochrome B gene and *cox1* [75].

Loop-mediated isothermal amplification (LAMP) assays amplify single or multi-copy molecular markers in an isothermal reaction. This technique is useful at point of care settings in the field because of ease of implementation and limited infrastructure requirement. LAMP is also useful in detecting submicroscopic infections with high sensitivity [76, 77].

5. Public health implications of *P. vivax* and *P. falciparum* co-endemicity

Co-infections of *P. vivax* and *P. falciparum* are often unrecognised in sSA, likely due to the predominance of *P. falciparum* as the major infecting species in most

parts of the continent and the dogma that *P. vivax* was absent in sSA [78, 79]. With several lines of evidence, it is now being appreciated that *P. vivax* prevalence in sSA might actually be much higher than presumed [80–82]. Detection of mixed species infection with *Plasmodium vivax*, are also missed as most health care facilities use mRDTs specific for *P. falciparum* and usually do not have skilled man-power and resources to analyse all species that might be present by microscopy. In health facilities that use microscopy, misdiagnosis of co-infections of *P. falciparum* and *P. vivax* as *P. vivax* mono-infection, will lead to wrong treatment which could increase antimalarial resistance or *P. falciparum* parasitemia, leading to severe malaria. There are conflicting reports on the impact of co-infections of *P. falciparum* and *P. vivax*, some studies reported a decrease in disease severity through cross species immunity [83], while others have suggested an increased morbidity in children [84]. A recent meta-analysis also demonstrated a high prevalence of severe mixed malaria compared to *P. falciparum* mono-infection in the studies included in the meta-analysis [85]. This finding has serious implications on malaria public health control efforts and further reiterates the reason why malaria remains a leading cause of morbidity and mortality globally. Also, this emphasises the importance of improved diagnostic tools and the use of species-specific mRDTs in combination with routine microscopy or PCR where present for continuous surveillance. The possibility of mixed infections resulting in a significantly higher risk of developing severe malaria than patients with *P. falciparum* mono-infections is a grave public health risk, considering that mixed infections are underreported in sSA [86, 87]. This could be one of the reasons why treatment failure from ACT use and antimalarial drug resistance is on gradual increase on the continent. Taken together, it is important that clinical laboratories recognise the likelihood of other non-falciparum species especially *vivax* in their setting, considering the movement of persons (due to trade within the continent) that could carry parasites from one location to the other. Therefore, improved capacity for detection of suspected cases of mixed infections through a combination of species specific mRDTs together with microscopy is crucial for accurate treatment.

6. Conclusion

Duffy negativity is no longer a guaranteed barrier against *P. vivax* invasion, and the transmission of Duffy-independent adapted-*vivax* parasites will interrupt malaria control. National malaria elimination programmes should prioritise *P. vivax* surveillance. Focus should also be on *P. vivax* biology especially as it concerns erythrocyte invasion in order to improve control strategies. Fine-scale epidemiological mapping is also required to elucidate the evolutionary dynamics of erythrocyte invasion by *P. vivax*.

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Conflict of interest

All authors declare that they have no competing interest.

Author details

Mary Aigbiremo Oboh^{1*}, Mamadou Ndiath¹, Olumide Ajibola^{1,2}, Kolapo Oyebola³
and Alfred Amambua-Ngwa¹


1 Medical Research Council Unit The Gambia, at The London School of Hygiene
and Tropical Medicine, Fajara, Banjul, The Gambia

2 First Technical University Ibadan, Nigeria

3 National Institute of Health, USA

*Address all correspondence to: moboh@mrc.gm

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Plasmodium falciparum: Experimental and Theoretical Approaches in Last 20 Years

*Abhichandan Das, Upasana Pathak, Sanchaita Rajkhowa
and Anupam Nath Jha*

Abstract

Malaria, the severe vector-borne disease has embedded serious consequences on mankind since ages, causing deterioration of health, leading to deaths. The causative parasite has a wide distribution aligned from tropical to subtropical regions. Out of all the five species *Plasmodium vivax* and *Plasmodium falciparum* have registered about more than 600 million cases worldwide. Throughout the decades, identification of various antimalarial drugs, targets, preventive measures and advancement of vaccines were achieved. The key to executing malaria elimination is the appropriate laboratory diagnosis. Development includes positive scientific judgments for a vaccine, advanced progress of 3 non-pyrethroid insecticides, novel genetic technologies, possibilities to alter malaria parasite mediation by the mosquito, identification of drug resistance markers, initiation of *Plasmodium vivax* liver stage assessment, perspective to mathematical modeling and screening for active ingredients for drugs and insecticides. Although the last century witnessed many successful programs with scientific progress, however, this was matched with notable obstacles. The mutation in the genes has changed the overall gameplay of eradication. This chapter aims to examine the numerous experimental and theoretical works that have been established in the last two decades along with the ongoing methodologies consisting of detailed explanations necessary for the establishment of new targets and drugs.

Keywords: *Plasmodium falciparum*, vector-borne, protozoa, vaccine

1. Introduction

Malaria has been a curse to mankind since early ages. It is initiated by a protozoan parasite, infecting the human circulation system. The disease is distributed throughout the tropical and subtropical regions, with transmission caused mainly through the *Anopheles* mosquitoes [1, 2]. In 2018, there were cases of about 228 million around the world which resulted in deaths of about 405,000 people. Initially four different parasite species were reported for transmission. Recently, *Plasmodium knowlesi*, a simian parasite, has been identified as a sporadic source of certain human infections, in the areas of Southeast Asia [3, 4], thus, raising the number to five species.

The *Plasmodium falciparum* species are spread worldwide and has an ability to inhibit the host physiology during the infection, making it more fatal as compared to other species [5].

Experimental study in 1991 showed that *Plasmodium falciparum* gradually evolved from two avian parasites which later got transferred to human [6]. However, in 2011, it was found that the parasite *P. falciparum* actually arose from *P. praefalciparum* rather than directly originating from the avian parasite and eventually got segregated into human parasites. The parasite basically infects humans, gorillas and chimpanzees, and *P. falciparum* of the *Laverania* family is the only species that flourishingly got transferred from apes to humans [7].

Development of vaccines is another way to overcome the burden of malaria in lieu of drugs. Unfortunately, the complicated biology, diverse genome and the life cycle of the malarial parasite has been obstructing the vaccine development process thus; no effective vaccination (licensed) has been approved against malaria [8]. The available vaccines can be categorized into: attenuated forms of microbes, inactivated microbes or protein-based subunit [9]. Recent parasitologist had made an attempt to manufacture a vaccine that can produce entire parasites in adequate quantities to stimulate immunity [10].

1.1 Treatment regimes

A remarkable progress has been achieved in the mission of eradication of malaria from mosquito nets to artemisinin-based combination therapies (ACTs). In 1820, Quinine, the world's first anti-malarial drug was introduced. It was isolated from the cinchona's bark and was administered as tonic water. Later on, various natural as well as synthetic compounds were introduced [11]. However, the development of drug resistance for the existing drug led to a failure of the treatment. Drugs with improved efficacy and potency were introduced to deal with the resistance. Recent study on drug resistance showed that *de novo* resistances are appearing more rapidly [12, 13]. The first case of drug resistance ever reported was in 1980, it was against Quinine [14].

In order to overcome drug resistance, the antimalarial drugs were administered through a combination treatment called Artemisinin-based combination therapy (ACT). The artemisinin and its derivatives compounds are still used as antimalarial drugs during the parasite stages [15, 16]. The world health organization (WHO) still suggests the use of ACT against *falciparum* [17]. Currently, *Plasmodium falciparum* has almost developed resistance for every drug available [18]. The list of drug molecules undergoing clinical trials (last two decades) is given in **Table 1** [19]. So, there is a desperate need for new antimalarial drugs in the market.

To tackle the high morbidity and mortality caused by malarial parasites chiefly in young children, a global malaria control strategy, prompt and explicit diagnosis with treatment of malaria is indispensable to accomplish a convenient cure, along with developing numerous drugs against it. However, various surveys described and reported resistance for pretty much all available antimalarial drugs that broaden the vital requirement for the development of new antimalarial drugs against substantiated existing targets, and to initiate search for novel targets in order to eradicate the speedily mutating parasites.

In this chapter, we have discussed the recent computational as well as experimental procedures that have taken place in order to facilitate the diagnosis along with the development of new antimalarial drugs in the last two decades.

Drug Name	Year	Mechanism of Action
AQ 13	2007	Not resolved so far
OZ277+ Piperaquine	2007	check the <i>Pf</i> -encoded sarcoplasmic endoplasmic reticulum calcium ATPase
MMV048	2012	parasite enzyme phosphoinositol 4-kinase enzyme inhibition
Albitiazolium (SAR9727)	2012	Restricting choline transfer within the parasite
P218	2012	<i>Pf</i> DHFR inhibitor
KAF156 Ganaplacide/ lumefantrine	2014	Not yet resolved
SJ733	2014	The P-type Na ⁺ -ATPase transporter
Sevuparin (DF02)	2014	Anti-adhesive polysaccharide derived Blocks merozoite invasion and sequestration
M5717 (DDD498)	2015	It inhibits <i>Pf</i> EF2, where an attaching pocket for M5717 was not explained.
KAE609 (cipargamin)	2015	Na ⁺ -TPase 4 ion channel-inhibitor
Fosmidomycin + Piperaquine	2015	DOXP pathway
Artefenomel (oz439) + Piperaquine	2016	Synthetic endoperoxide
DSM265	2017	Suppress dihydroorotate dehydrogenase enzyme
Methylene Blue	2017	Inhibits <i>P. falciparum</i> glutathione reductase to check haem polymerization
MMV390048	2017	Phosphatidylinositol 4-kinase (PfPI4K) inhibitor

Table 1.
 List of the ongoing clinical trial carried out for as drug against malaria in the last two decades (2000–2020).

2. Experimental approaches concerning detection of malaria

For the detection and diagnosis of malaria-parasite infections and to tackle it effectively, multiple experimental procedures have been established to meet the specific demands during the entire diagnosis process. In this chapter we have mentioned the recently reviewed and developed strategies of standard means which include microscopic procedures, RDT or the rapid diagnostic tests, immunochromatographic tests, and molecular level identification, signified by systems based on PCR, additionally its limitations with recent trends on several new methodologies. These analyses provide practical comparisons, clarification and the feasibility between distinct diagnostic tests.

2.1 Routine laboratory diagnosis

Instant malaria diagnosis with productive outcomes reduces the probability of infection and minimizes community spreading as well. Hence, malaria is initially identified in the laboratory, employing different techniques. These procedures possess several advantages along with some shortcomings due to which recent modifications and new laboratory methodologies are being applied for future operations.

2.1.1 Blood smear as stained films

For malaria recognition, the laboratory procedure undertaken is the preparation with microscopic analysis of Giemsa, Field's or Wright's stained films of blood. Thick

and thin smear of blood are taken either by needling a finger or an earlobe. Evolved trophozoites are measured by their densities which are prominent in blood mainly in the regions where abundant capillaries are found; hence, it is the ideal specimen. Blood acquired by puncture of veins, gets accumulated in the covering of EDTA or heparin anticoagulant channel, is sustainable whenever it is utilized for the closure in the modification of the leukocytes structure along with the parasites [20, 21].

2.1.1.1 Blood film (thin)

Methanol and Giemsa or Wright's stain (diluted) is used to fix and stain respectively for the preparation of thin blood smear (film) and moderate water is employed at pH of 7.2. Since, in this technique, fixed RBC monolayer is obtained, parasite recognition by morphology is done at the stage of species and the particularity is raised in comparison to the study by the thick film. Further infections, where reactions for remedy can be examined, are done by the capability to add parasites in the sequential blood films.

2.1.1.2 Blood film (thick)

The red blood cells are centralized by the thick blood smear on the compact side and are stained as an immense composition by staining with Field, Wright or Giemsa techniques. This blood film method has very intense sensitivity as the blood elements are more concentrated. This is due to the thick smear of blood and is used for the observation of less quantity of parasitemia. It is vastly superior than the thin film with returning the passing on of parasites throughout the infectious phase restoration or degeneration [22].

2.1.1.3 Application example of microscopic inspection of blood smears

A comparative analysis was undertaken by Cortés et al., in 2018 of the technique originated and put forward by the world health organization, and employed for the pre-elimination programs and detection with cure of malaria in Colombia. The acceptable procedure was the thick film (two) composition which is stained by the improved Romanowsky stain in the same slide with its technical characteristics, of storage, low cost, usage along with a cure for the diagnosis of malaria which was from the consequences after the investigation [23].

2.1.2 Fluorescence microscopy

Substitute methodologies are established to intensify the blood film based recognition of malarial parasites. Specific dyes that are fluorescent have empathy for the genetic material present in the nucleus of the parasite that must affix in its nuclei. The nucleus becomes excessively luminant when UV light is used at a proper distance to excite it. Fluorochromes often used are acridine orange as well as benzothiocarboxypurine, both when energized gives fluorescence of yellow or apple green at 490 nm. Rhodamine-123 is beneficial in order to evaluate the parasite's feasible condition, when in consideration to the absorption that depends on the entire working parasitic membrane [24].

2.1.2.1 Acridine orange (AO)

AO is a staining technique which is directed or combined to an assembly practice like the thick smear of blood employed in numerous procedures. By employing a

particular long focal length objective accompanying a fluorescence microscope, the capillary tube can be helpful for the verification of the parasites. Within the passage of the transmitted beam of light an excitation filter is organized and enrolled by the simpler Kawamoto technique as well as permitting the affected wavelength of AO which is 470 to 490 nm, to move through the film stained. Additionally, in the ocular another filter of 510 nm has been set for making comprehensible AO stained fluorescing parasites observation.

2.1.2.2 Benzothiocarboxypurine (BCP)

BCP is another methodology utilized that can be put into a dry film of blood or in a suspension of lysed blood, unfixed along with profoundly staining the nucleic acid of feasible *P. falciparum* parasites. Inversely, the nuclei of leukocytes and RBC inclusions are not stained properly. The necessity of speedy investigation to halt precipitation of the dye is controlled by this activity, which was characteristic in some fluorescence systems. This element is noticed as a delicate and quick detection medium, similar to the staining by Giemsa stain, in various reports described mainly as *P. falciparum* having 95% sensitivity along with its specificity. Further, in the thick-film composition, the non-*P. falciparum* parasites are effortlessly recognizable compared to the QBC buffy coat. Workers having practice and performing these procedures where components with fluorochromes are involved can distinguish the parasites quickly and accurately.

Nowadays, fluorescent microscopes that are transportable and apply light emitting diode mechanization, glass slides that are pre-prepared as well as parasites labelling using fluorescent indicators, are accessible commercially [25].

2.1.3 Rapid diagnostic tests (non-microscopic)

Rapid diagnostic tests or RDTs are another very effective assay for the diagnosis of malaria which are contributing as a fascinating substitute for microscopy, detecting malaria parasite antigens and enzymes and forms the foundation of diagnosis in various impoverished areas where laboratory approaches are rare. Employing an immunochromatographic method, the RDT uses monoclonal antibodies to determine the antigen of malaria in 5 to 15 μ L blood which is aimed at antigens specific utilizing a test strip for its permeation. The outcomes of these assays may be acquired in between 5 to 20 minutes that are elucidated from lines which are colored, present/absent on the strip. Aldolase (*P. falciparum* histidine rich protein II) and *Plasmodium* lactate dehydrogenase are identified by these tests. Considerably, for the differentiation of non-*falciparum* in between the *falciparum* infections, results from these procedures integrate any two among all the antigens for an attempt. The results from these test mechanisms are less accurate than outcomes obtained from microscopy achieved under routine field circumstances [26, 27].

2.1.4 Immunochromatographic assays

Immunochromatographic assays also known as Immunochromatography, over the surface of nitrocellulose membrane liquid, are relocated. In opposition to a target that is an antigen of malaria in conjugation with liposome constituting mobile phase with either gold particles or selenium dye, these methods got accepted with detainment of antigen from parasite obtained in peripheral blood and monoclonal antibodies are used in the entire process. During the immobile phase, a strip of nitrocellulose is taken where monoclonal antibodies are put in, which is the second/third capture. During the mobile phase, the antigen-antibody complex is

migrated alongside the strip, which permits the antigen labeled to record through the monoclonal antibody in the immobile phase constructing a colored visible line. Various physical features of the component reagents are crucial for migration and it is clear that the system is controlled for migration when a labeled goat anti mouse antibody capture is incorporated [28, 29].

2.1.5 Immunochromatographic dipstick assays

RDT dipstick format is another assay and is commercially accessible with its kits for the investigation of malarial antigens. In many laboratory investigations, comparison of immunochromatographic as well as conclusion acquired from PCR and also microscopic procedures has been examined. Even though some constructors of HRP-2 tests exist without the availability of published records, experiments for HRP-2 detection including ParaSight, ICT Pf or Pf/Pv together with PATH *falciparum* Malaria IC analysis was carried out on a large scale which are commercial dipstick trials.

For the *P. falciparum* identification in samples of blood, average sensitivity between 77% and 98% in attendance of 100 parasites/1micro liter with 0.002% parasitemia was resulted from experimental methodologies using ParaSight F immunochromatographic process of HRP-2. When compared with microscopic technique of thick blood smear, specificity between 83% and 98% for *P. falciparum* was obtained. The incapability of the viewer for the parasite exposure employing microscopic tests at densities reduced to 200 parasites/l or the failure of indistinct positive lines observation from the test strip is reflected by the insignificant level of sensitivity from multiple analysis [30, 31].

2.1.5.1 Application example of Rapid diagnostic tests

Speculative treatment with anti-malarial to all feverish patients gives rise to enormous over-treatment. Accordingly, it was directed to reduce drastically over-treatment with antimalarials on its prescription to evaluate malaria rapid diagnostic tests execution consequences at urban Tanzania, which was studied by D'Acremont *et al.*, in 2011. Clinician experts with appropriate encouragement assemble with guidance of negative result patients for not treating them. Thus, to prevent unjustifiable use of antibiotics, execution of mRDT should be unified closely besides instructions for the control of various fever origins [27].

For the extraction of overall nucleic acid from operated mRDTs, Guirou *et al.* recently investigated and constructed and considerably estimated a technique. The observation along with the measurement of *P. falciparum* from patients with asymptomatic behavior by reverse transcription quantitative PCR which is allowed by the isolation of nucleic acids from low volumes of blood retained (dried) on the RDTs. Based on the procedure of separation they assembled Extraction of Nucleic Acids with RDTs procedure, an absolute advancement of extensive molecular malarial supervision. ENAR furnishes a strong mechanism to examine RNA and DNA from numerous RDTs in a high throughput and standardized way, disclosed during a review of malaria benchmarks employing RDTs collected. Finally, they got various novel and previously existed polymorphisms spreading in the Bioko Island of Equatorial Guinea, which were of single nucleotide and non-synonymous in the propeller zone of the kelch 13 gene [32].

2.1.6 Molecular diagnostic procedures

Molecular diagnostic techniques are the inspections where genetic material or the nucleic acids are being targeted and are verified as frequent, certain and acute

processes. Nucleic acid tests choose gene sequences like the *P. falciparum* STEVOR multigene family, 18 s ribosomal RNA gene sequences, telomere-associated repetitive component and mitochondrial DNA. Recent progresses in various molecular biological mechanisms including PCR and loop-mediated isothermal amplification (LAMP) have allowed considerable description of the malaria parasite which is bringing new approaches for malaria diagnosis.

2.1.6.1 PCR based methods

Recently, a number of PCR assays came into existence during malaria detection at a molecular level and among various other methods, it is manifested considerably as very sensitive and distinct techniques, particularly for low parasitemia or mixed infection examples. Beneficial knowledge is offered by multiplex and nested PCR mechanisms when demanding structural issues occur throughout the strive to recognize the species level parasites. A minimum of 1 to 5 parasites/ μ l blood approximated about 50 to 100 parasites/ μ l blood from RDT and microscopy can be recognized by PCR techniques. The species picked out is validated from the methods using reverse transcription PCR along with nested PCR. Parasites of malaria can be detected upto species level even in patients of minimum parasitemia level, and is the chief benefit of employing techniques that are PCR based. And these systems mostly investigate mutations and strain variation. Moreover, PCR can assist spot and examine parasite genes interrelated to mixed infections or drug resistance and also maximum numbers of specimens might be automated [33, 34].

2.1.6.2 LAMP technique

The Loop-mediated isothermal amplification (LAMP) technique is an additional nucleic acid method. This process has the possibilities of making adjustable strategies field based on nucleic acid, since low PCR with instrumentation is only needed and is effortless. Unlike PCR, amplification takes place at a constant temperature in LAMP and is an isothermal procedure.

In comparison to PCR, LAMP utilizes primers of three sets thus, challenging PCR in terms of quantity of DNA. The amplification can be determined in real time by checking the rise in the magnesium pyrophosphate quantity viz. turbidimetry. PCR is expensive and less sensitive than LAMP, which is also an uncomplicated approach, yet it has the downside for the necessity of a low temperature repository of reagents [35, 36].

2.1.6.3 Application example of PCR based methods

A study by Calderaro *et al.*, in 2018 analyzed the current mode of imported malaria with revised inquiry as well as described the case results with their treatment, throughout January 2013 to June 2017, in Parma, Italy, with surveying the differentiation of the three indicative methods employed detection of malaria: microscopic techniques, Real-time PCR and immunochromatographic tests identifying, *Plasmodium malariae*, *Plasmodium falciparum*, *Plasmodium vivax*, *Plasmodium knowlesi*, *Plasmodium ovale curtisi* and *Plasmodium ovale wallikeri*. In their research, within the non-endemic areas, without multiple classic symptoms in different cases, the clinicians might get encouraged from the data described to doubt as malaria and to explain by parasitologists, the outcome of microscopic methods, other recommended procedures, and methodologies of molecular level to keep away from mis-detection [37].

A research from the Reference Laboratory for final malaria interpretation resembled the identification from laboratories of peripheral Belgium by Loomans *et al.*, in 2019. The records of The Reference Laboratory for each specimen submitted in 2013–2017 were examined. As a result, very adequate malaria recognition mostly of *P. falciparum* was provided by the laboratories in a malaria non-endemic environment, with *P. falciparum* parasite density calculations and standard identification of non-*falciparum* infection [38].

2.2 Disadvantages and recent trends

The microscopic inspection in smears of blood, RDTs or rapid diagnostic tests with molecular or nucleic acid based methods consists of particular defects and restrictions in constructive utilization at environments where sufficient resources are not available. The enrichment and detachment without disrupting the parasite, which could not be acquired from these systems, might be crucial in malaria parasite study. To intensify the observation of iRBCs, further new practices were implemented by some research teams. Utilization of non-woven fabric size based filtration is one of the simple and inexpensive methodologies. Out of numerous other procedures, magnetophoretic with dielectrophoretic concepts are possessing pleasing prospects in the verification of malarial parasite recently, because of individual conversions with magnetic as well as electrical effects of hRBCs in contrast to iRBCs.

Furthermore, other procedures, in particular, deformability in addition to cell morphology, seemed acceptable for future use as biomarkers. An excessive magnetic field gradient can be generated by a Magnetic-field generating system throughout an immense region [39]. Next explanation is a mixture of more than two diagnostic assays, to raise the specificity to iRBCs, thus amplifying the capacity to detect and separate malaria and infected erythrocyte respectively.

3. Computational approaches against eradication of *P. falciparum*

Potential inhibitors against *P. falciparum* have been identified using different approaches like high-throughput screening (HTS) and drug discovery based on target approach. The HTS approach consists of identification of novel and effective inhibitors which facilitates the development of hits and validation of leads. The action mechanism of the leads, once validated, is identified. The advantage of this mechanism is that it helps to directly identify active compounds. Once the active compounds are successfully identified, the targets of only those compounds are validated. Another approach to drug discovery is target-based. This approach exploits the information of the target and thus, identifies new inhibitors using this information.

3.1 System biology approach

Establishing a target is a crucial part in drug discovery. In the past two decades few targets have been established as potential targets against antitubercular drugs. Target identification is mostly achieved by biochemical methods, genetic interaction or any other computational methods. In computational methods, target establishment involves gaining a detailed knowledge at atomic level along with study of structures of proteins, sequences of genes, pathways (metabolic) and protein–protein interactions (PPI) [40]. In a nutshell, finding a protein/receptor as a target, where a lead compound, a potent drug, may bind. Using the genetic data,

various techniques have been approved for searching a potent drug target. They can be summarized into four groups: *Gene-to-Target* method, *Disease-to-Target* method, Gene network and protein–protein interaction network.

3.1.1 Gene-to-target method

Initially, the common drug target classes were selected, later, computational techniques have been used to determine a new target and predict its function. Kinases protein, G-protein coupled receptors (GPCRs), the ions channel, and nuclear receptors are successfully established target classes.

After target class identification screening of possible new gene candidates is done from the sequence database. New gene candidates not only allow us in discovering new targets but also help us in understanding the disease at molecular level.

The human genome database contains a vast number of gene coding new proteins, thus, data mining the database can reveal new essential candidates of the target class. BLAST is the most commonly used technique for finding the similar sequence from the database. Sometimes more sophisticated approach viz., PRINTS are used. However, this limitation can be controlled using various *in-silico* techniques which include features like physiochemical properties, amino acid compositions etc.

The expressed sequence tags (ESTs) allow us resources for characterization of gene, identification of new gene and expression of gene with specific tissue. The EST database (dbEST) not only helps in identifying new genes of the class target but also expression of gene Wittenberger *et al.* illustrated an EST database method to search for a new member of the superfamily, GPCR. They have found about 14 new members as new putative for GPCRs [41].

Gene function identification is one of the most essential parts for drug discovery. Function prediction is proved to be a difficult task, even species like *Escherichia coli* contain about ~30% genes whose-of gene's functions are still unknown. Similarly, in *Plasmodium falciparum* about ~60% of the genes are lacking their function [42]. The approaches for gene function prediction are still way back than lagging behind as compared to the progress that has been made in genome sequencing [43].

3.1.2 Disease-to-target method

Identifying a target requires the study of the origin of the disease and their relation with the system. This method initially focuses on one specific disease and later on various approaches like expression of gene and analysis of linkage are acquired for identifying disease related genes along with potent targets for drugs.

Hundreds of gene expressions can be generated and utilized to identify disease related genes and potent target thorough microarray. Microarray techniques, apart from identifying gene targets and pathways, also allow us to understand the biological process of the disease. Identification of the target can be done by understanding how a potent drug or compound influences a particular metabolic pathway or regulates a network in cellular metabolism.

Predicted disease models that are used during experimentation can be used for validating a target. Thus, a disease model at the molecular level predicts the compounds that are best against the disease and also to perform the binding of the ligand through *in-silico*. Pettipher *et al.* have used this approach to find out inflammatory diseases associated with GPCRs. This leads to identification of new targets associated with genetics [44].

3.1.3 Gene network method

This method deals with the modeling of signaling, endogenous metabolic and regulatory networks along with potent drugs interacting with targets. This helps in recognizing if a target is inhibited and it resulted in inhibition of other activities which are in relation with that pathway. The interactions of genes are essential for studying the structure, functions and the organism's response. There is a possibility of deducing the gene network predictive model by the over expression of the gene present in the network and calculating the overall expression result of the entire gene during a stable state in the gene network. Simulation and analysis through mathematics can make a successful prediction. Various computational approaches have been approved as equation models, Bayesian networks and Boolean networks for deducing regulatory gene networks.

3.1.4 Protein–protein interactions (PPIs) network

In the drug discovery process proteins act as the main target. The expression of protein on both the normal and the diseased one plays a crucial role in drug targets and drugs development. PPI network is one of the methods for identifying essential drug targets. The interaction map of protein shows the important pathways which can be studied for target identification. They are further validated in the biological model. Although there are hundreds of pathways associated with a disease metabolism, the main role is picking out an essential node in the complex gene or protein network which can be utilized as a potent target [45]. The graphical representation of the pathway can estimate the overall topology and target node but the behavior of cell response is quite limited. To overcome this kinetic model approach was adapted.

In the static network method the constructed network is analyzed using various topological analyses which can be related to various functions and regulation mechanisms. Further a constructed static network can be compared with a well-known network thus, revealing various unknown biological functions of the system [46]. Some examples are Cytoscape, String and Gephi.

Kinetic model is also known as the mathematical approach used to determine the dynamics of the biological system. The model can be validated under various environments. The kinetic model uses some of the reaction parameters viz. Michaelis constant (K_m), turnover number (K_{cat}) and enzyme concentration (E_0). In absence of experimentally estimated parameters, parametric estimation methods and Monte Carlo are used [47].

In this context, Bora *et al.* have selected about 39 proteins out of which 15 proteins were screened out for further studies. This protein's interaction was retrieved from the STRING database. The filtered proteins along with their interacting protein are subjected to cytoscape to create a network. Further for mutant modeling and structure analysis the Adenylosuccinate lyase (ADSL) is selected. The docking resulted in ADSL complex, docked with AMP. MD simulation is performed for stability analysis [48]. Bora *et al.* have performed a computational study on *Leishmania donovani*, integrating PPI with metabolic pathways. Purine salvage pathway was considered for the study and the overall biochemical reactions were taken from the KEGG database, then the kinetic model was subjected to simulation in "COPASI". Finally, the PPI of *L. donovani* is derived from "STRING version 10.5" which was analyzed in Cytoscape using the cytohubba plugin [49].

3.1.4.1 Application examples of target identification against *P. falciparum* using systems biology approach

P. falciparum PPIs were identified using high-throughput kind of yeast-two hybrid assay. LaCount *et al.* identified about 2,846 new interactions of which most of them were uncharacterized proteins. Further, the *in-silico* analysis of PPIs connectivity of the network, gene expression which are coding for interacting segments and Gene Ontology were done to identify protein interacting with mRNA, transcription, modification of chromatin and those taking part in the invasion of the host cell [50]. Proteins having topology associated with significant graphs and high degree were considered as drug targets.

Saha *et al.* have made a case study of pathogens (*P. falciparum*) with host (Human). PPIs of both interacting with each other are derived from the STRING database. The node weight and edge weight has been computed simultaneously. Protein's centrality and connectedness values play a crucial role in organization of function. The node and network centrality identifies the most important protein in the network. Around 457 new interactions were identified of which 198 bait proteins and 217 prey proteins were mapped to the STRING database. Further, PANTHER was used for the analysis of functional similarity [51].

3.2 Bioinformatics approach

Bioinformatics approach facilitates identification of targets for drugs, drug molecules and screening of compounds. In addition to this it also scrutinized the side effects along with prediction of resistance of drugs. It covers almost every aspect of mechanism drug discovery through data of high throughput [52]. Apart from this homology modeling and protein simulation covers the field for more vivid virtual screening and docking studies.

3.2.1 Protein structure prediction

Tertiary structure of protein is the most essential requirement for studying the folding, unfolding along with the function of a protein. But determining the structure is not always easy. X-ray crystallography, nuclear magnetic resonance (NMR spectroscopy) and Cryo-electron microscopy (Cryo-EM) are the major techniques used for prediction of the protein 3D structure. But each of them has its own limitation keeping aside the cost part. In the past few decades computational techniques have developed quite a lot. Predicting the 3D structure not only allows studying the folding and unfolding of the protein but also may facilitate new function in a protein. The tertiary structure of proteins is mainly achieved in three ways:

3.2.1.1 Based on empirical energy calculations

Energy minimization, also known as *ab-initio*, is a way of predicting protein structure. The structure is established by the minimum energy of a protein structure at thermodynamics equilibrium. Rather than making an account on the theory of the amino acid properties it aims in locating the protein's free energy global minima as it resembles the conformation of the naive protein. Some of the essential force fields used are CHARMM, GROMOS, AMBER, ECEPP, and ROSETTA-*ab initio*.

3.2.1.2 Based on experimentally determined 3D structure Knowledge approaches

Knowledge based approaches are another way of predicting the 3D structures. Currently, comparative modeling or better known as homology modeling is the most common and powerful technique utilized for predicting the tertiary structure of proteins. It compares the query sequence of protein with a similar sequence to that of a known crystal structure. Thus, a precise model can be established based on sequence similarities along with building the model and energy minimization. MODELER and Distance geometry are the most commonly used analysis tools.

Another approach is the threading which aims for selecting the most possible fold of the query sequence or recognizing the possible sequences which fold into the structure. Recognizing a fold needs the perfect alignment of query sequence to that of a folding motif's amino acids. Precise structure can be designed only if atomic level details of the folds are available [53].

3.2.1.3 Hierarchical methods

The last alternate approach for predicting protein structure is the Hierarchical approach which uses the overall hierarchy, i.e., primary to tertiary structure. Here the prediction of the secondary structure is done for understanding the association between the primary sequence and the 3D structure. Few methods based on physicochemical feature approach, statistical approach, combinatorial approach, information on evolution and artificial intelligence approach have been adopted for predicting the secondary structure. Even though, using these algorithms the accuracy rate is still at 80% [54].

Intensive study of chloroquine (CQ) drug resistance in *P. falciparum* identified transporter protein (*PfCRT*) association with the resistance. Antony *et al.* modeled both the wild and mutant type of *PfCRT* 3D structure in Robetta and I-TASSER using threading [53]. Similar work has been performed by Sanasam and Kumar. An essential protein of *P. falciparum* AMR1 has been identified as a potential vaccine candidate. They predicted the 3D structure of AMR1 in ROSETTA using an *ab-initio* approach. Further, they predicted the best B-cell and T-helper epitopes of the protein [55]. Borah *et al.* analyzed the sequence of HopS2 protein which revealed many essential regions of the protein secondary structure. The target is then subjected to homology modeling in Swiss model but for lack of low coverage of the sequence the target has been modeled using an *ab-initio* approach. MD simulation in 100 ns has validated the stability of the target protein [56].

3.2.2 Computer-aided drug design approaches

Experimentally screening thousands of compounds along with their targets is quite laborious as well as time consuming too. As a result, *in-silico* methods were adopted, to identify the perfect hits and also improvise the probability of finding a precise drug molecule. For initiating drug discovery and design, various techniques are available, which are mostly: ligand-based (LBDD) and structure-based (SBDD) drug designing. LBDD approach involves methods such as pharmacophore modeling and quantitative structure–activity relationships (QSAR) whereas the SBDD approach involves methods such as molecular docking and molecular dynamics simulation.

3.2.2.1 Quantitative structure–activity relationships (QSAR)

Development of a quantitative structure–activity relationship equation is entirely based on the assumption that the molecular structure can be quantitatively

correlated with the molecule's physicochemical or biological activity. Thus, the working concept behind this methodology is the differences observed in the biological activity of a series of compounds which can be quantitatively correlated with the differences in their molecular structure [57]. The final outcome of a logical and mathematical procedure is known as the molecular descriptor and it should be able to transform the chemical information, encoded in a molecular symbolic representation [58].

Some of the commonly used descriptors are the **hydrophobic descriptors** which represent the whole molecule size or lipophilicity [59] using properties like the molecular weight, volume and logarithm of partition coefficient in 1-octanol and water ($\log P$), etc. **Steric descriptors** are those which explain both the shape and size of the molecules and the substituents. Some commonly used steric descriptors are the Taft's steric constant E_s , molar refractivity (MR), surface areas, molecular volume, etc. **Topological descriptors** are obtained from hydrogen-depleted molecular graphs. Wiener index, structural information content, Chi index, molecular similarity, electro-topological state atom (ETSA) indices and Kappa index, etc. are some of the commonly used Topological descriptors [60]. **Electronic descriptors** are those that can justify the electronic properties of a molecule and are represented by descriptors such as, the Hammett constant (σ , σ^- , σ^+), charge transfer constants, dipole moments, ionization constant pK_a , ΔpK_a parameters derived from molecular spectroscopy and parameters derived from quantum chemical calculation. The quantum chemical descriptors based on **density functional theory (DFT)** and semi-empirical methods have been found to play a major role in QSAR studies. Some of the commonly used DFT-based descriptors are the chemical potential (μ), global hardness (η), global softness, electrophilicity index (ω), etc. The study for artemisinin (an important class of antimalarial drugs) and its derivatives using the DFT based descriptors confirmed that one of the molecules (molecule-13) was the most reactive considering the electronic configuration [61].

3.2.2.2 Pharmacophore modeling

Pharmacophore modeling is the assembling of all the frameworks of a particular molecule which are necessary features for a molecule to inhibit a target's biological response. Over the course of time this methodology has become crucial tools in drug discovery and designing. Designing a model can be accomplished by using **ligand based** where the active molecules are superimposed and similar electronic and steric features of importance are considered and **structure based** where the interaction between the target and the ligand are explored [62]. Manhas *et al.* did a pharmacophore study where they attempted to identify novel inhibition against *P. falciparum* dihydroorotate dehydrogenase (*PfDHODH*) and also utilized docking and MD [63].

3.2.2.3 Molecular docking

SBDD is based on the target and the ligand's 3D data whereas LBDD can be implied in absence of targets 3D structure. Here, the ligands were known which remained bound with the targets. Further, the targets were analyzed to decrypt the structural as well as chemical properties of the ligands. Molecular docking is divided into three types: flexible, semi-flexible and rigid docking. During the past decades, different types of approaches have been made like conformational sampling and induced fit models [64, 65]. Some examples are: GBVI/WSA, LUDI, Monte Carlo, GoldScore and AutoDock.

Hazarika and Jha have considered three different types of docking programs viz. Molegro Virtual Docker, Glide and GOLD, a set of ligands screened out based on the druglikeness properties are considered for docking against the target protein influenza endonuclease, RNA binding protein. The resulting target-ligand complexes lists are considered based on their scoring functions. Among the top 20 compounds, 10 compounds were common in the mentioned software. Thus, indicating some consent of the compounds [66]. Thillainayagam *et al.* carried out an *in-silico* study by screening the set of pyrazole-pyrazoline against the target Histo aspartic protease (HAP). The target is docked with the set of the ligand (Asp 215, His 32 and Ser 35) as their binding site in Auto dock version 4.2. Further, MD simulation revealed HAP-ligand as more stable than HAP [67].

3.2.2.4 Molecular dynamics

Molecular dynamics (MD) simulation technique allowed us to understand the time-dependent behavior of protein-ligand interactions. MD simulation mimics the moment of an atom; the fundamental unit of a molecule, and what it does in real life. In MD simulation, which is based on Newtonian mechanics, forces on each atom are computed provided we know the energy function and positions of the atoms in a system. Generally, 2 fs (femtosecond) is applied for simulating the atom which is integrated with the numerical movement. The common and popular engines available are: GROMACS, DESMOND, CHARMM, NAMD and AMBER. Their integration with message passing interface (MPI) has significantly reduced the overall computational time by making the engines utilize the cores simultaneously [68].

Hazarika and Jha have utilized molecular dynamics in measuring the interactivity of silver nanoparticles on human serum albumin (HSA), a transport protein. Sudden change in its structure can barricade the overall function. The HSA sequence analysis was done using BLASTP and MSA followed by the secondary structure analysis of HSA. Further, MD simulation was performed in GROMACS 2016.4 version for checking the functionality of the nanoparticles with HSA [69]. In order to effectively challenge Epstein-Bar virus, Jakhmola *et al.* have applied molecular docking and MD simulation of glycoprotein H with different phytochemicals and showed their potentials as virus specific therapeutics [70]. Saikia *et al.* performed MD along with molecular docking to check the dynamics of pyrazinamide (PZA) and PZA-functionalized graphene interaction with pncA protein. A total of five sets of systems were subjected to MD simulation. Using Gromacs package 4.5.0 along with OPLS-AA force-field MD was performed [71].

3.2.3 Application examples of drug discovery against *P. falciparum* using Bioinformatics Approach

P. falciparum falcipains act on hemoglobin degradation, making it a potential target for drugs. Musyoka *et al.* performed an *in-silico* study on falcipain-2, falcipain-3 and their homologs. Using MODELER 9.10 homology models were prepared and docking was done in Autodock 4.2 using the 23 natural compounds against 11 target proteins. Based on docking energies 3D similar search is performed in ZINC. Further, MD simulation confirms the interaction of the derivatives with the targets. Overall they provided a more effective derivative of the compounds, making it well tolerated among humans [72].

Phosphatidylinositol-4-OH kinase (PI(4)K) type III β , a type of lipid kinase has been recognized as an essential imidazopyrazines target. Unavailability of crystal structure posed a challenge for drug development. So, Rajkhowa *et al.* performed an *in-silico* where they utilized homology modeling to model the PfPI(4)KIII β 3D

structure. And they validated the structure using MD simulations. Moreover, taking the toxicity and hERG liabilities as priorities screening was done for 178 compounds from PubChem database. The ligand and target were subjected to molecular docking in AutoDock 4.2. MD simulation was further utilized against the target-ligand complexes to check stability. The study reported a total of three inhibitors based on the analysis done [73].

4. Conclusion

Malaria, the world's most regular and dreadful tropical disease, considerable actions have been undertaken to arrest or cure malaria from several decades. Diverse *in silico* attempts including high throughput screening that has screened out a number of novel drug molecules like phytochemicals which can be a potent antimalarial drug in near future, antimalarial target determination, modeling of target proteins using homology modeling, Pharmacophore modeling of derivatives in the existing resistant drugs, Ligand and structure based drug designing strategies for the development of potent drugs, along with several experimental techniques. However, it provides sensitivity along with specificity that varies resembling recent technical advances. RDTs are convenient and currently implemented in many remote settings but could lead to overdiagnosis and overtreatment, demanding upgraded quality control. Molecular-biological methodologies put forward the best sensitivities, they can be utilized to identify the development of drug-resistance, are useful for species identification, and also for quantifying parasite density with low parasitemia. However, out of reach to most and are restricted to clinical research. There are various possibilities and a wide range of applications of CRISPR/Cas9 systems evolved in prokaryotes. Using this technique, gene drives to make mosquitoes resistant to malaria have already been planned and further study can be carried out with proper examinations. Also genetically engineered mosquitoes can be developed that produces almost entirely male offspring, consequently helping in malaria eradication. To lessen the parasite would call diagnostic tools which are non-invasive highly sensitive, vigorous and go with the environment established in particular regions.

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Author details

Abhichandan Das¹, Upasana Pathak¹, Sanchaita Rajkhowa¹ and Anupam Nath Jha^{2*}

1 Centre for Biotechnology and Bioinformatics, Dibrugarh University,
Dibrugarh, Assam, India

2 Department of Molecular Biology and Biotechnology, Tezpur University,
Tezpur, Assam, India

*Address all correspondence to: anjha@tezu.ernet.in

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Malaria Lethality in Children under 5 Years of Age and Study of Risk Factors in MbujiMayi Paediatric Environment, a Neglected Deadly Epidemic in the Democratic of Republic of Congo

Félicien Ilunga-Ilunga, Alain Levêque, Vévé Mbuyi Kanyinda, Jean Paul Mbikayi Muya and Michèle Dramaix

Abstract

The objective of this study was to determine the risk factors for malaria lethality in the MbujiMayi paediatric environment, a follow-up study of hospitalised cases over 5 years was conducted between January 2016 and December 2020 in the four hospitals. The case rate was 6.9% for the total (139 cases of death for 2017 cases of severe malaria for 5 years,) and varied from year to year (10.7% in 2016 to 4.6% in 2020). Cox Proportional Risk Model results including significant covariates in multivariate analysis [HR (IC95%)]. In multivariate analysis, two models were considered. The case-fatality rate was independently associated with late arrival after 48 hours [3.1 (1.9–5.1); $p < 0.001$], types of pre-hospital recourse such as recourse to the church [1.4 (1.1–2.1); $p = 0.042$] and tradipractor [3.2 (1.8–6.1); $p < 0.001$] for severe malaria, children under 12 months of age [1.8 (1.2–2.8); $p < 0.001$], those with circulatory collapse [2.6 (1.1–6.1); $p < 0.001$] and those in deep coma [1.9 (1.1–3.4); $p = 0.016$]. The second model with the number of associated syndromes, showed that the risk was 1.7 plus for children with a complex clinical picture, made up of the combination of several signs [1.7 (1.1–2.6); $p < 0.001$]. These results highlight the need for more information campaigns to encourage people to seek institutional care for malaria. Our results also suggest that prophylactic treatment may be advisable for children under 5 years of age.

Keywords: Severe malaria, lethality, child, Risk factors, MbujiMayi, RDC

1. Introduction

Malaria is the first global endemic parasitic disease and its transmission has been reported in about a hundred countries worldwide [1]. Africa is, by far, the most affected continent, twenty-nine countries accounted for 95% of malaria cases globally. Nigeria (27%), the Democratic Republic of the Congo (12%), Uganda (5%),

Mozambique (4%) and Niger (3%) accounted for about 51% of all cases globally. Millions of people around the world still do not have access to malaria prevention and treatment, while most cases and deaths are neither reported nor recorded [1, 2]. In the Democratic Republic of Congo, malaria remains the leading cause of consultations, hospitalisations, and deaths. The 2019 National Malaria Control Programme report shows more than twenty-one million cases of malaria, including nineteen million cases of simple malaria and two million cases of severe malaria, as well as thirteen thousand seventy-two malaria-related deaths, including nine thousand eight hundred and fifty-five children under the age of five, i.e., 75% [3]. However, some progress has been noted over the last decade. Proportional morbidity in children under five years of age has decreased from 41% in 2010 to 37% in 2014. Infant mortality fell from 92‰ in 2010 to 58‰ in 2014. Despite this progress, the disease remains endemic in all twenty-six provinces of the country [4].

Many provinces are affected. Thus, the proportion of positive children is highest in the Kasai (29% in Kasai Oriental, 32% in Kasai Occidental), Katanga (32%), Maniema (34%) and especially in Province Orientale (38%) [5, 6].

Malaria constitutes a heavy socio-economic burden, especially in MbujiMayi (Kasai-Oriental), where a large part of the population has been destitute since the fall of the Bakwanga mining company (Miba). In this context, access to health care is a problem for the population, which is why many Congolese people in MbujiMayi have been resorting to self-medication and others to traditional medicine to date [6].

The DRC is still paying a heavy price due to malaria. Every hour, somewhere in DRC, “at least 3 families are bereaved because of malaria and more than two children lose their lives due to malaria” [6]. In addition to the coronavirus pandemic that the DRC has been facing since 10 March 2020, the burden of severe malaria in terms of death, especially in the under-five age group, remains considerable. The country is facing an increase in the epidemiological trend of malaria and malaria deaths despite efforts to step up interventions. The development of factors associated with high malaria lethality in children would help to better guide rapid and effective management.

2. Objectives

The objectives were fixed:

- Estimate the breakdown of survival time for children under 5 years of age with severe malaria over the past 5 years,
- determine the risk factors associated with lethality explained by severe malaria in hospitalised children over the past 5 years.

3. Methods

3.1 Context of the study

The town of MbujiMayi is the provincial capital of Kasai-Oriental, which is one of the 26 provinces that make up the Democratic Republic of Congo (DRC). After the new division, this town has 10 health zones considering their demographic density, each of which has a general referral hospital. It comprises 167 health areas (AS), 166 of which are covered by functional health centres. This city covers an area of 168,126 Km². This city is in the North and is naturally bordered by the Bipemba River, from

its source to its confluence with the Muya River and from the latter downstream to its mouth in the Mbuji-Mayi River, thus forming the border with the Territory of Lupatapata. South bounded by the Kanshi River upstream to its point of intersection with the Bena Mbaya Road, a locality located in the Lupatapata Territory.

To the East by the Mbuji-Mayi River upstream to its confluence with the Kanshi River bordering the Katanda et Tshilenge Territory. To the West by the Bena Mbaya road up to the limit of the Makala village. From there to its easternmost point and from this point, straight ahead to the source of the Bipemba River bordering the Lupatapata Territory. Four hospitals were selected and are represented by black dots in **Figure 1**.

3.2 Study environment

The study was performed in four reference hospitals in MbujiMayi. we chose 3 referral hospitals and a provincial hospital: The general referral hospital Saint Jean Baptiste in the Bonzola health zone, Dipumba which is a provincial hospital, the general referral hospital Présbytérien in the Dibindi health zone and the general referral hospital Christ-Roi in the Bipemba health zone. The choice was guided by their high attendance of children aged 0–59 months suffering from severe malaria.

3.3 Target population

This study considered statistical units, all children aged 0–59 months having been admitted to the paediatric ward of three general referral hospitals and a provincial hospital for severe *Plasmodium falciparum* malaria confirmed in the period of our research. The diagnoses were confirmed by identification of the hematozoan parasite via thick smears or blood smears and diagnostic immunological tests with

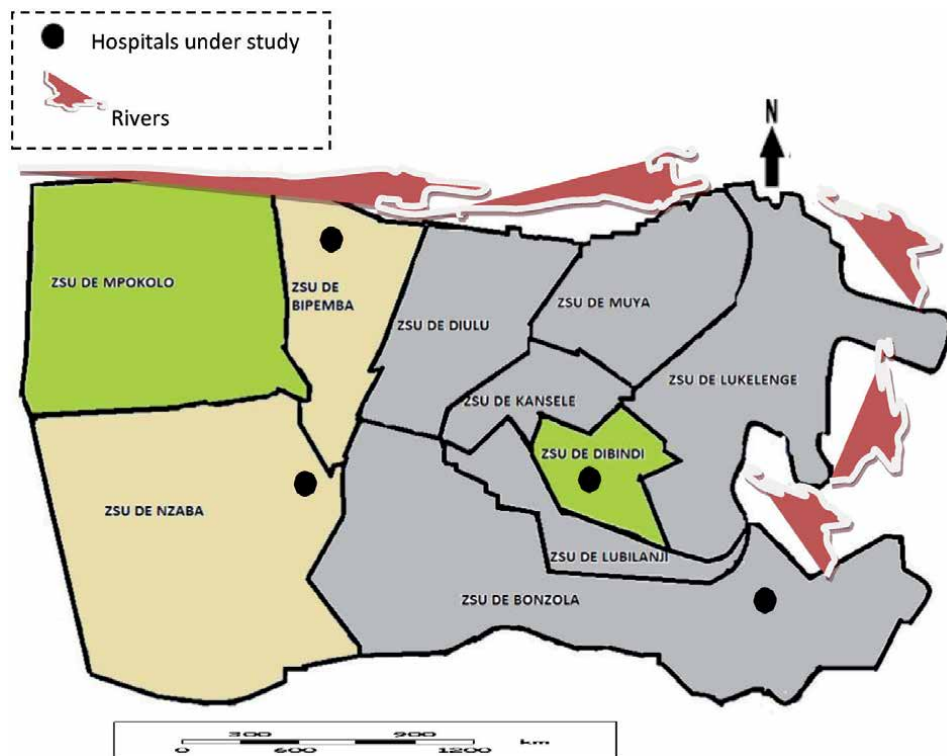


Figure 1. Health mapping of MbujiMayi town (RDC) showing the location of the hospitals under study.

antigenic strips (i.e., immunochromatographic assay tests) that were performed on whole blood and the associated severities of clinical and biological signs (according to the WHO 2000) [7, 8].

3.4 Inclusion and exclusion criteria

This was an exhaustive sample: all children aged 0 to 59 months, 2017 children hospitalised in MbujiMayi's general reference hospitals for severe malaria from 2016 to 2020, i.e. from 1 January 2016 to 31 December 2020 were enlisted.

3.5 Statistical analyses

Quantitative data are presented as a mean \pm standard deviation (SD) for monitoring data, and qualitative data as percentages. Lethality prognostic factors were analysed in uni-variate and multi-variate (Cox model). Survival analysis was carried out according to the Kaplan–Meier method. The logrank test was used to compare survival curves. The Cox model was used to express the instantaneous risk of death as a function of presumed risk factors, considering the time to death. The raw and adjusted risk ratios (HR) and their 95% confidence intervals were derived from the Cox model and the proportionality of the risks was checked by the parallelism of the curves. The statistical significance level used was 5% ($P < 0.05$). All calculations were performed with the STATATH 16 statistical software.

4. Results

The results in this study show that the average age of children with severe malaria was 31 months, statistically comparable by gender (31.3 ± 17.5 months for boys vs. 30.5 ± 17.4 months for girls, student test, $p = 0.334$). Of the 2017 children hospitalised for severe malaria, 1,150 were male or 54.8%. 59.3% lived in the peri-urban area. Nearly all had insecticide-treated mosquito net. And most of the parents were self-employed, without a permanent job, representing 18.9%, proxi of very low socio-economic level.

Evolution of case-fatality rates in children under 5 suffering from severe malaria from 2016 to 2020. The results of this **Figure 2** show that the case-fatality rate

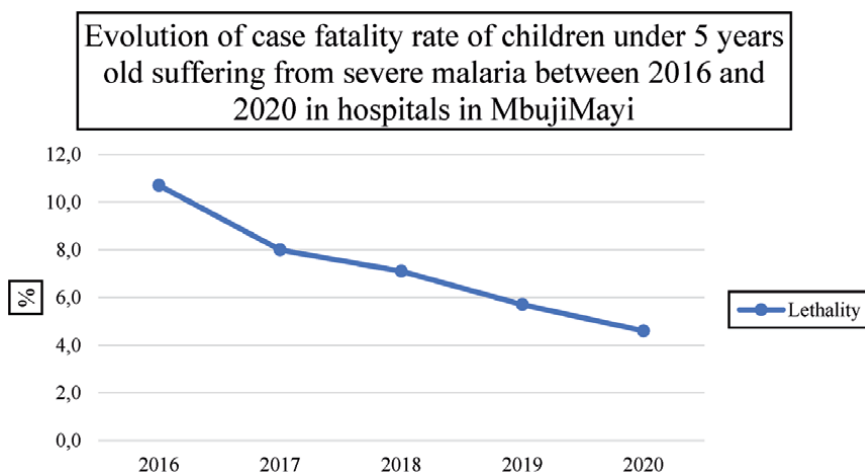


Figure 2. Trends in case fatality rates among children under 5 years of age with severe malaria from 2016 to 2020).

was more than 6% overall (139 cases of death for 2017 cases of severe malaria for 5 years, or 6.9%) and varied from year to year. The rate decreased gradually from year to year, with a higher rate in 2016 (10.7%) and less than 6% in 2020 (4.6%).

Prognostic factors for lethality in children with severe malaria according to the Cox proportional risk model in uni-variate analysis. Severity factors associated with malaria lethality in uni-variate analysis were demonstrated: the risk of death was twice as high for children with generalised convulsions [2.6(1.8–3.8); $p < 0.001$], three times as high for those in deep coma [3.7(2.6–5.5); $p < 0.001$] and respiratory distress [3.8(2.1–7.1); $p < 0.001$]. All else being equal, the risk of death was more than 10 times higher for children with circulatory collapse (Shock) [10.8(5.1–23.3); $p < 0.001$]. late arrival after 48 hours [5.7(3.7–8.6); $p < 0.001$], and the age of the children, especially those under 12 months of age [27(18–3.9); $p < 0.001$], were also the risk factors highlighted in this study. On the other hand, possession of an insecticide-treated nets proved to be a protective factor [0.1(0.2–0.3); $p < 0.001$], so the risk of dying was less than 1. Statistically, the differences were significant. Cox Proportional Risk Model results including significant covariates in multivariate analysis.

In multivariate analysis, two models were considered. The first model with severity signs taken separately. After adjustment, the case-fatality rate was independently associated with late arrival after 48 hours, types of pre-hospital recourse such as recourse to the church and tradipractor for severe malaria, children under 12 months of age, those with circulatory collapse and those in deep coma. The second model with the number of associated syndromes, adjusted for age, sex, type of

parameters	Hazard Adjusted Ratio (IC95%)	P
Model 1		
Late arrival ≥ 48 h	3,1(1,9-5,1)	<0,001
Pre-hospital appeal		
Self-medication	1	
churches	1,4(1,1-2,1)	0,042
Tradipraticiens	3,2(1,8-6,1)	<0,001
Age (months)		
<12	1,8(1,2-2,8)	<0,001
≥ 12	1	
Circulatory Collapse		
Yes	2,6(1,1-6,1)	<0,001
Not	1	
Deep Coma		
Yes	1,9(1,1-3,4)	0,016
Not	1	
Model 2		
Number of associated syndromes		
<2	1	
≥ 2	1,7(1,1-2,6)	0,016

Table 1.
 Cox proportional risk model results including significant covariates in multivariate analysis.

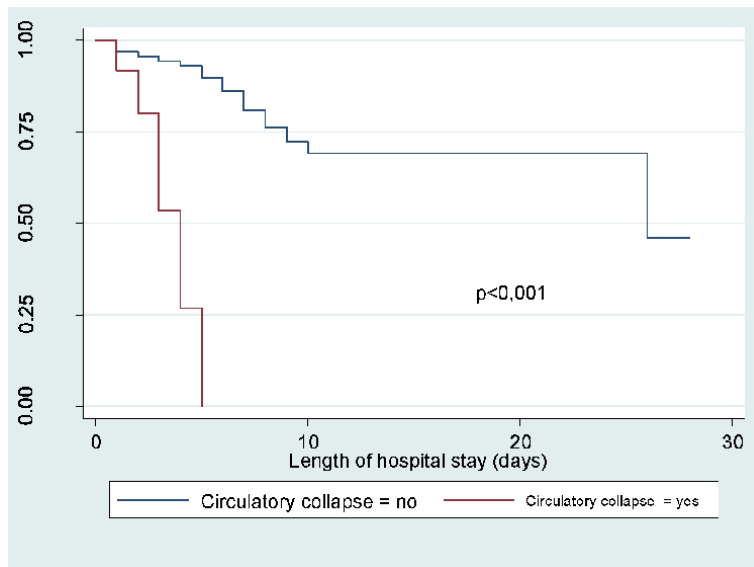


Figure 3. Kaplan–Meier curve of the duration of follow-up without death observed in 2017 children between 2016 and 2020 depending on the presence or no circulatory collapse as a sign of severity).

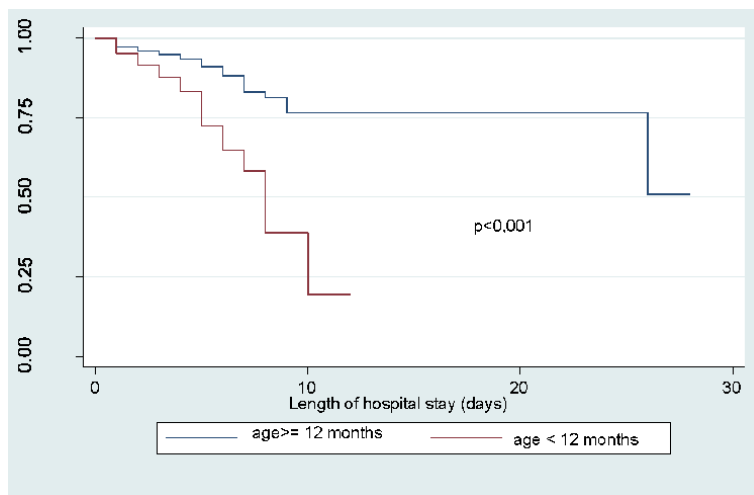


Figure 4. Kaplan–Meier curve of follow-up without death observed in 2017 children under 12 months and 12 months and more between 2016 and 2020).

recourse and late management showed that the risk was 1.7 plus for children with a complex clinical picture, made up of the combination of several signs [1.7 (1.1–2.6); $p < 0.001$] (Table 1).

The different survival curves as a function of the gravity factors associated with malarial lethality in multi-variate analysis.

Figure 3 shows an early shift in the survival curve of children with circulatory collapse compared to children without circulatory collapse. Statistically, the difference was significant (log-rank test, $p < 0.001$).

Figure 4 shows an early shift in the survival curve for children under 12 months of age compared with that of children aged 12 months and over. Statistically, the difference was significant (log-rank test, $p < 0.001$).

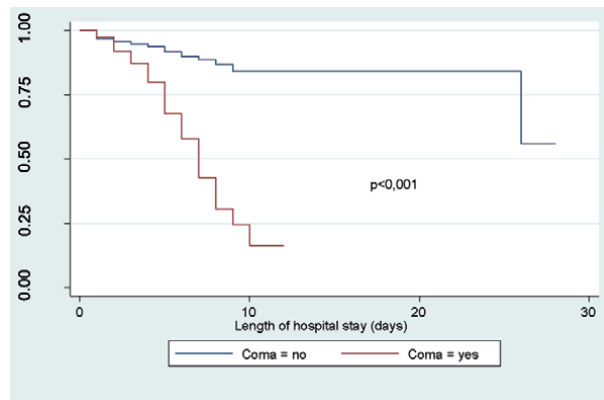


Figure 5. Kaplan–Meier curve of the duration of follow-up without death observed in 2017 children between 2016 and 2020 with coma or not as a sign of severity.

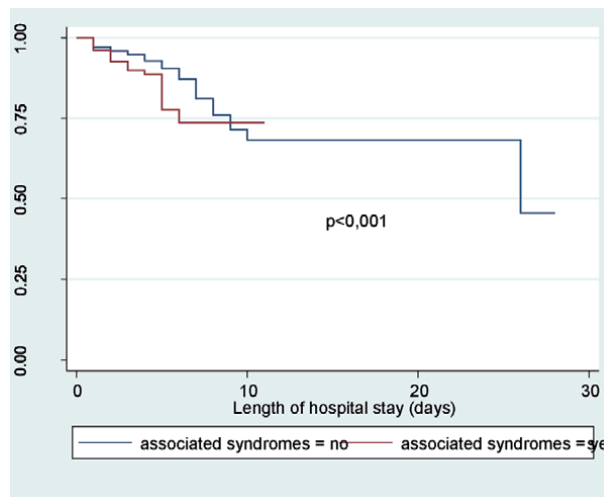


Figure 6. Kaplan–Meier curve of follow-up duration without death observed in 2017 children between 2016 and 2020 with associated syndrome or without associated syndrome.

Figure 5 shows an early shift in the survival curve of children with coma compared to children without coma. Statistically, the difference was significant (log-rank test, $p < 0.001$).

Figure 6 shows an early shift in the survival curve of children with associated syndromes compared to children without associated syndromes. Statistically, the difference was significant (log-rank test, $p < 0.001$).

5. Discussion

In the present study, the case fatality rate was significantly related to the number of associated clinical syndromes and in many studies conducted elsewhere [9, 10], clinical polymorphism has been shown to be a poor prognostic factor. A complex clinical picture, consisting of a combination of two or more syndromes, has a poor prognosis, especially if management is delayed. The case fatality rate due to severe malaria in children aged 0–59 months in MbujiMayi and its evolution was observed

on a sample of 2017 cases hospitalised for severe malaria from 2016 to 2020. During this period, 139 cases of death, i.e. a case-fatality rate of 6.9%, were recorded. As for the evolution over the last 5 years, our results show that the case-fatality rate was more than 6% overall and varied according to the year. The rate decreased progressively from year to year, higher in 2016, less than 6% in 2020. However, this does not mean that the case-fatality rate has decreased over the years. Many cases die without the possibility to be consulted due to lack of financial means [9]. Families are forced to bleed themselves dry to meet the exorbitant cost of treatment, which is a factor in the lack of recourse to modern facilities.

Malaria case fatality remains variable across countries and circumstances. In their studies Ilunga and al [8] found a case-fatality rate of about 5.3% in the city-province of Kinshasa. Considering the importance of signs of severity and the syndrome associated with malaria lethality, our study reveals that the lethality rate was independently associated with late arrival after 48 hours and that the types of pre-hospital recourse such as recourse to church and traditional healers for severe malaria, children under 12 months of age, those with circulatory collapse and those in deep coma. In addition to this, the number of associated syndromes, adjusted for age, sex, type of referral and late management, showed that the risk was 1.7 more for children who presented with a complex clinical picture, consisting of a combination of several signs. All of these were also the risk factors identified in this study for children who were managed. The duration of hospitalisation (delay) is the time elapsed between the onset of the disease and the hospitalisation of the patient. Our results show that this time varies between 2 and 3 days, which confirms the hypothesis that the delay in the management of severe malaria is an important factor in the positive evolution of severe malaria cases in the DRC (malaria becomes very lethal). The results of studies in other African countries also note the same types of risks linked to the lethality of severe malaria. According to the results obtained in our study, the possession of insecticide-treated nets was found to be an effective protective factor in that the risk of dying was less than 1. Statistically, the differences were significant. However, the misuse of this important input by the population for such purposes as football post nets, fishing nets, curtains, poultry rearing, and many other uses should be noted with regret.

Lengeler and al [10] notes that the use of LLIN reduces overall mortality by about 6 lives of children aged 0–59 months that are saved annually. LLIN also reduces clinical episodes of uncomplicated malaria due to *Plasmodium falciparum* and *Plasmodium vivax* by 50%. The effectiveness of LLIN has been widely demonstrated through several other studies whose consistent results have led WHO to recommend it to the various countries affected by this malaria scourge [11].

This lethality observed in the reference hospitals of MbujiMayi is similar to that found in Kinshasa [8] and in other African countries, notably Uganda [12] and Benin [13], but remains lower than that found by several authors in the DRC and in other contexts [11, 14–17]. The study of severity factors associated with malaria lethality in multivariate analysis leads to results like those of univariate analyses. In our study, as in those of other authors [8, 14, 15], prognosis also depends on late hospital admission.

Late hospitalisation of patients contributed to a significant increase in case fatality in our study. Raobijaona et al. [18] showed that the mortality rate was 45% if the delay in care was more than 3 days compared to 8.5% if the child was hospitalised within 24 hours [8, 19]. Our results confirm the frequency and prognostic value of the neurological form. The relevance of this factor in children has been highlighted in other African countries with higher endemicity, such as the DRC [13, 20, 21].

6. Conclusion

The morbid and deadly burden of severe malaria is enormous. As for the evolution of case-fatality rates among children under 5 years old suffering from severe malaria from 2016 to 2020, our results show that the case-fatality rate was over 6% overall and varied from year to year. The rate decreased progressively from year to year, with a higher rate in 2016, less than 6% in 2020.

Compared to the prognostic factors of lethality in children with severe malaria according to the Cox proportional risk model in Uni-variate analysis, we found the results that the severity factors associated with malaria lethality show that the risk of death was 2 times higher for children with generalised convulsions, 3 times higher risk of death for those in deep coma and respiratory distress. All other things being equal, the risk of death was more than 10 times higher for children with circulatory collapse. Late care, the types of pre-hospital care, the age of the children, especially those under 12 months of age, were also the risk factors highlighted in this study.

Rapid and effective management seems necessary if the burden of severe malaria is to be drastically reduced. This epidemic is becoming increasingly neglected with the advent of Codiv 19 and the situation is likely to be out of control with the negative repercussions in the fight against malaria.

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Conflict of interest

“The authors declare no conflict of interest.”

Author details

Félicien Ilunga-Ilunga^{1,2*}, Alain Levêque², Vévé Mbuyi Kanyinda³,
Jean Paul Mbikayi Muya³ and Michèle Dramaix²


1 Institut Supérieur des Techniques Médicales de Kinshasa, DR Congo

2 School of Public Health, Research Centre in Epidemiology, Biostatistics and Clinical Research, Université Libre de Bruxelles, Brussels, Belgium

3 Institut Supérieur des Techniques Médicales de MbujiMayi, DR Congo

*Address all correspondence to: feilunga@yahoo.fr

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Section 3

Policy and Prevention

New Challenges in Malaria Elimination

Susanta Kumar Ghosh and Chaitali Ghosh

Abstract

In recent years, efforts to eliminate malaria has gained a tremendous momentum, and many countries have achieved this goal — but it has faced many challenges. Recent COVID-19 pandemic has compounded the challenges due to cessation of many on-field operations. Accordingly, the World Health Organization (WHO) has advocated to all malaria-endemic countries to continue the malaria elimination operations following the renewed protocols. The recent reports of artemisinin resistance in *Plasmodium falciparum* followed by indication of chloroquine resistance in *P. vivax*, and reduced susceptibility of synthetic pyrethroids used in long lasting insecticide nets are some issues hindering the elimination efforts. Moreover, long distance night migration of vector mosquitoes in sub-Saharan Africa and invasion of Asian vector *Anopheles stephensi* in many countries including Africa and Southeast Asia have added to the problems. In addition, deletion of histidine rich protein 2 and 3 (*Pfhrp2/3*) genes in *P. falciparum* in many countries has opened new vistas to be addressed for point-of-care diagnosis of this parasite. It is needed to revisit the strategies adopted by those countries have made malaria elimination possible even in difficult situations. Strengthening surveillance and larval source management are the main strategies for successful elimination of malaria. New technologies like Aptamar, and artificial intelligence and machine learning would prove very useful in addressing many ongoing issues related to malaria elimination.

Keywords: Malaria, *Plasmodium vivax*, *P. falciparum*, drug resistance, vector invasion, night migration, insecticide resistance, gene deletions, surveillance, larval source management, elimination, Aptamar, Artificial intelligence, machine learning, COVID-19

1. Introduction

In the past two decades, tremendous progress has been made in the fight against malaria. A great deal of new knowledge on malaria parasite [1], insights in vector biology and control have helped target interventions resulting in substantial transmission reduction globally [2–4]. In 2019, World Health Organization (WHO) estimated 229 million malaria cases and 409,000 deaths in 87 malaria-endemic countries with large concentration of the total malaria burden (94%) in Africa [5]. Global malaria cases declined by 27% between 2000 and 2015, and only 2% between 2015 and 2019 indicating the slow progress rate in this period (**Figure 1**) [5]. Of the 29 countries that contributed 95% of the global malaria cases, Nigeria alone accounted for the highest at 27% followed by Democratic Republic of the Congo (12%), Uganda (5%), Mozambique (4%) and Niger (3%). A compiled data of global malaria cases

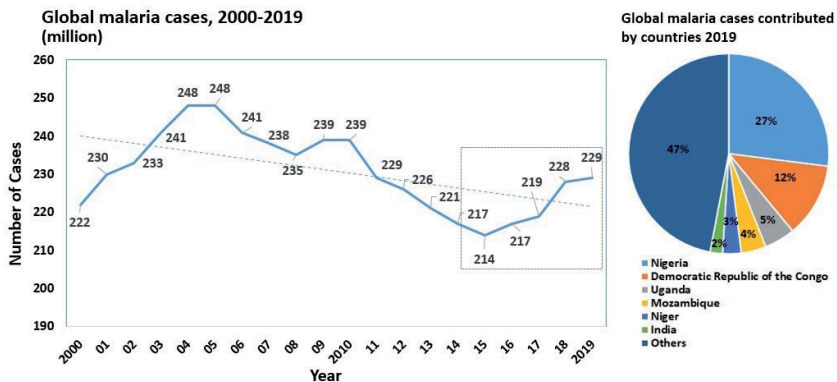


Figure 1. Trends of global malaria 2000 to 2019. Nigeria alone continue to contribute majority of the cases; in 2019 contributed 27% of total global malaria cases. Compiled from WHO data.

from 2000 to 2019 showed a declining trend (**Figure 1**). But the trend between 2015 and 2019 is not a good indication of malaria elimination goal from 2016 to 2030, as envisaged by the Global Technical Strategy (GTS) of WHO. The population at risk living in the WHO African Region increased from about 665 million in 2000 to 1.1 billion in 2019. The WHO South-East Asia Region (SEAR) accounted for about 3% of the burden of malaria cases globally. India is the major contributor in this region sharing 2% of the total global malaria cases. On the other hand, seven countries namely Algeria, Kyrgyzstan, Uzbekistan, Argentina, Paraguay, Maldives and Sri Lanka have been certified malaria free by WHO from 2015 to 2019 [6]. Among the E-2020 countries: China, Iran, Timor-Leste, Malaysia and El-Salvador reported zero malaria in 2018 setting a precedent that malaria elimination is possible by strengthening surveillance system (**Figure 2**) [7]. In 2020, the whole world experienced an unprecedented situation of COVID-19 pandemic threatening malaria elimination efforts. Most of the public health services were diverted towards managing and containing this severe form of infection caused by SARS-COV-2 virus. Aims and aspirations are high for living in the malaria-free world, yet there are multiple challenges for realizing the goal of malaria elimination by 2030. Enumerated below are some of

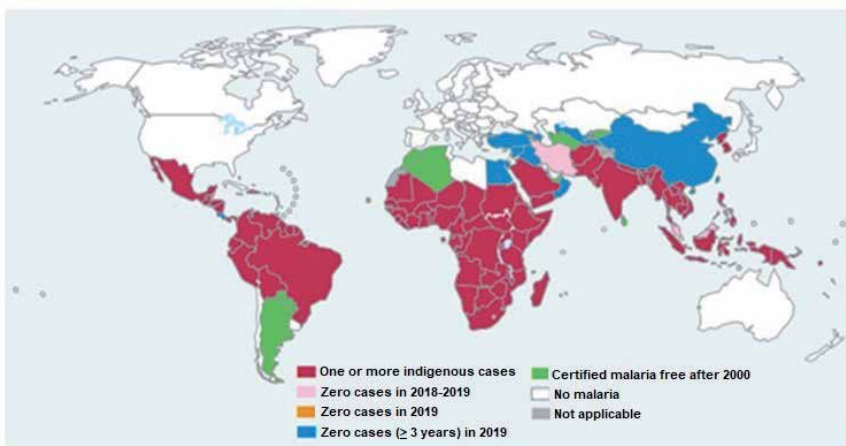


Figure 2. Global malaria burden. Countries with indigenous cases in 2000 and their status by 2019. Source WHO [5].

issues which should be addressed to strengthen the health systems for the achieving coveted goal of malaria elimination in due time.

2. Search methods

Searched MEDLINE (PubMed); CABS Abstracts; checked the reference lists of all studies identified by the search. Also performed Google Search on specific topics. Examined references listed in review articles and previously compiled bibliographies.

3. The challenges

Besides the current impending threat of COVID-19, many more challenges are being faced in defeating malaria. Some of these are: (a) deletions of *PfHPR2/3* genes in *Plasmodium falciparum* at the point-of-care diagnosis, (b) drug resistance to parasites, (c) migration of parasite strains to newer areas, (d) migration of drug-resistant parasites in low-transmission settings, (e) multi-insecticide resistance in vector mosquitoes, (f) poor disease surveillance, (g) invasion of *Anopheles stephensi* in Africa and elsewhere, (h) long-distance migration of vector mosquitoes in sub-Saharan Africa, and (i) unmet funding drift.

3.1 Gene deletions compromising performance of Rapid Diagnostic Test (RDT) Kits

Rapid diagnostic tests (RDTs) detect species-specific antigens of *P. falciparum* and *P. vivax* parasites present in the blood of infected patients. Histidine rich protein 2 and 3 (*Pfhrp2*, *Pfhrp3*) are widely used in RDTs for point-of-care diagnosis of *P. falciparum*. Naturally occurring deletions of these genes are emerging threat to malaria detection and treatment, management and elimination. *Pfhrp2/3* deletions are increasingly reported from all malaria-endemic regions. Deletion of *Pfhrp2/3* genes in *P. falciparum* is one of the major issues for diagnosis of this dominant species globally. A recent detailed global review by WHO clearly showed a huge problem exists in Amazon basin and Eritrea [8, 9].

In India, two major studies reported the problem is limited to 0 to 23% [10, 11]. The global distribution and prevalence of these deficient genes is presented in **Figures 3** and **4**. In the Peruvian Amazon, there was emergence of a drug-resistance profile BV1 clonal lineage that was distinctly different from the previous genotype found in the region [12]. The BV1 lineage profile posed a significant problem because the strain is multidrug-resistant and escapes detection by *Pfhrp2*-based RDTs secondary to *Pfhrp2/3* deletions. The hypothesis was that the BV1 strain had emerged as a successful parasite lineage for transmission by different vectors and had contributed to the increased malaria burden recently observed in some Amazonian regions [13].

As per the report of WHO, of the 39 reports published in 39 countries, 32 (82%) reported *Pfhrp2* deletions. However, deletions are still unclear when variable methods in sample selection and laboratory analysis are performed. From the 16 published documents in 15 countries between 2019 and September 2020, *Pfhrp2/3* deletions were confirmed in 11 countries from 12 reports. These countries are China, Equatorial Guinea, Ethiopia, Ghana, Myanmar, Nigeria, Sudan, Uganda, United Kingdom (imported malaria cases from various malaria endemic countries), the United Republic of Tanzania and Zambia. However, no deletions were detected in France (among returning travelers), Haiti, Kenya and Mozambique [5].

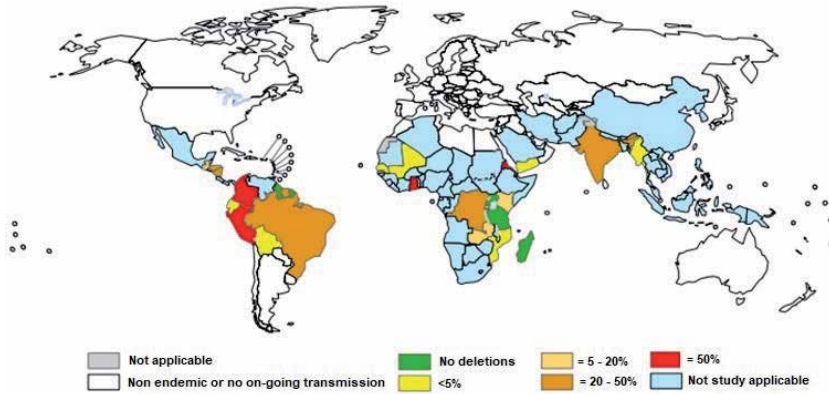


Figure 3. Highest percentage of *Pfhrp2* deletions in *P. falciparum* cases tested. Source: WHO [8] and Thompson et al. [9].

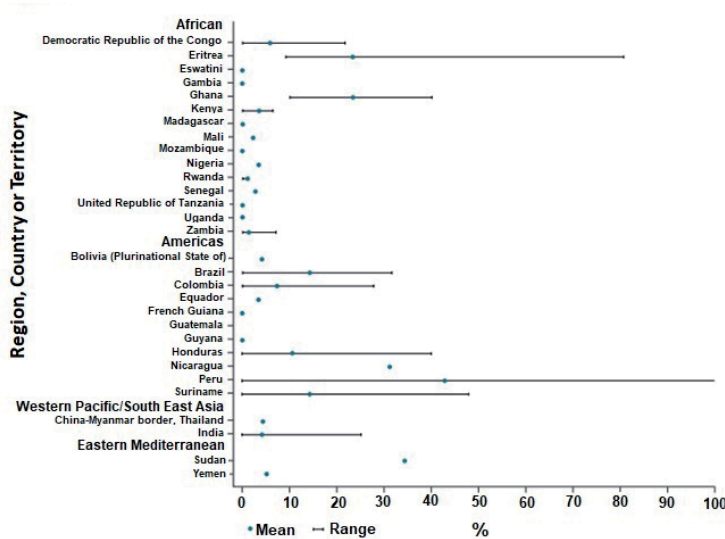


Figure 4. Weighted average estimates for *Pfhrp2* deletions in *P. falciparum* patients tested by country. Source: WHO [8] and Thompson et al. [9].

3.2 Drug resistance

The WHO recognises that drug resistance is one of the main concerns which requires periodic monitoring and appropriate drug policy in place to stay a step ahead arresting development and spread of drug-resistant malaria. In recent years, molecular monitoring and surveillance of mutant markers has gained pace to help the programme significantly providing an early indication of possible drug failure helping institutes alternated therapeutic regimen for radical cure [14]. *P. falciparum* and *P. vivax* are the two common human malaria parasite species, of which the former is widespread and continually evolving to be drug-resistant (**Figure 5**).

3.2.1 *Plasmodium falciparum*

Among all human malaria parasite species, *P. falciparum* is the most dominant species especially in sub-Saharan Africa. Recent first high-resolution global map of

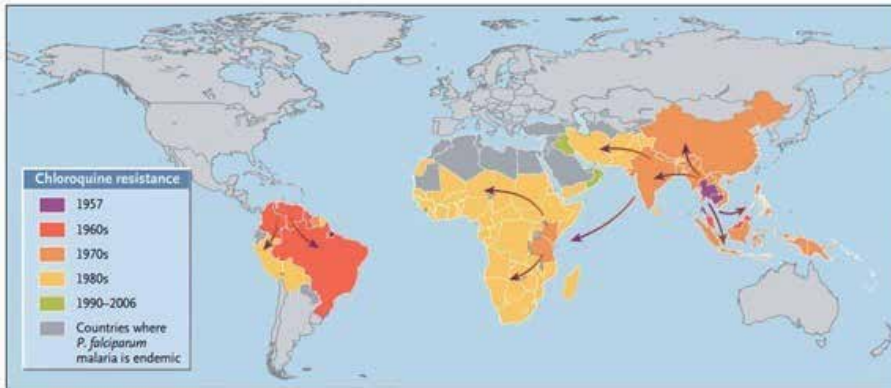


Figure 5.
History of Chloroquine-resistant *P. falciparum* malaria. Origin of resistance in 1957 from South East Asia and global spread in subsequent years. Source: Packard [16].

falciparum mortality, prevalence and incidence illustrated a rapid decline in burden between 2005 and 2017. However, 90.1% of people continue to reside within sub-Saharan Africa which accounted for 79.4% of cases and 87.6% of deaths in 2017 [15].

Besides *in-vivo* follow-up studies for monitoring therapeutic efficacy, the Technical Consultation Committee of WHO recommended the use of malaria molecular surveillance (MMS) for implementation in malaria elimination and control. Monitoring of molecular marker and therapeutic efficacy studies help to identify and track the prevalence of molecular mutations associated with drug resistance.

3.2.1.1 Chloroquine resistance markers

Once Chloroquine was a first-line drug for malaria treatment but has become obsolete for treatment of *P. falciparum*. Chloroquine-resistant *falciparum* malaria first reported in Thailand in 1957 (Figure 5). Subsequently, it spread through South and Southeast Asia and by the 1970s in sub-Saharan Africa and South America [16]. In India, predominant SVMNT haplotype of *PfCRT* K76T mutation was first reported in 2004 [17]. Presence of SVMNT haplotype rather than CVIET specific of the African/Southeast Asian haplotype in India was suggestive of prevalence of chloroquine resistance in Indian strains of *P. falciparum* [17]. This helped replacing chloroquine as first-line drug for *P. falciparum* malaria to artemisinin-based combination therapy (ACT). But a study in 2020 in Mizoram (bordering Myanmar), reported prevalence of CVIET haplotype indicating its presence in this region of India [18]. Molecular surveillance of markers has helped trace the route of migration of drug-resistant malaria in the world (Figure 5).

3.2.1.2 Sulfadoxine-Pyrimethamine (SP) resistance markers

Dihydropteroate synthase (*dhps*) inhibitors, such as sulfadoxine, and dihydrofolate reductase (*dhfr*) inhibitors, such as pyrimethamine, disrupt parasite's folate synthesis. Antifolate resistance has been associated with point mutations in the *pf dhps* and *pf dhfr* genes. Point mutations at codons 16, 51, 59, 108 and 164 of *pf dhfr* inhibit its activity, and the parasite becomes resistant to pyrimethamine. Two mutations C59R and S108N in *pf dhfr* were recorded to be prevalent in India. While mutations at 436, 437, 540, 580 and 613 of *pf dhps* reduce the substrate binding capacity and confer resistance to sulfadoxine. Three mutations S436A, A437G and K540E were found associated with *pf dhps* [19].

Intermittent preventive treatment in pregnant women (IPTp) and in infants (IPTi) sulfadoxine-pyrimethamine (SP) is recommended to prevent *P. falciparum* malaria in moderate to high transmission areas of sub-Saharan Africa. But the major problem lies on resistance of SP to *P. falciparum*. As per WHO protocol, SP is no more effective for IPTp and IPTi in most of eastern Africa and parts of central Africa. WHO recommends countries to withdraw IPTp when the prevalence of *pfdhps* 540E is >95% and *pfdhps* 581G >10%, and IPTi when the prevalence of *pfdhps* 540E is >50% [20]. However, a recent meta-analysis found that IPTp still reduces the risk of low birth weight even in areas where high level of *pfdhps* and *pfdhfr* quintuple mutant haplotypes are present. But in areas where the sextuple mutant parasite harbouring the additional *pfdhps* 581G mutation IPTp appears to have no significant protective effect. Therapeutic alternatives to SP-IPTp are needed in areas where the prevalence of the sextuple mutant parasite exceeds 37% [21].

3.2.1.3 Artemisinin resistance marker

Artemisinin-based combination therapy (ACT) is presently the drug of choice for treatment of resistant *P. falciparum* malaria. Mutation at *Pfkelch13* propeller gene (*K13*) responsible for its role in Artemisinin resistance supposedly originated in Southeast Asia [22]. WHO has prepared a list of validated *PfKelch13* mutations of partial resistance to artemisinin. These are F446I, N458Y, M476I, Y493H, R539T, I543T, P553L, R561H, P574L and C580Y, and also the candidate markers P441L, G449A, C469F/Y, A481V, R515K, P527H, N537I/D, G538V, V568G, R622I and A675V [5]. A recent review in the *NEJM*, a worldwide map of *K13*-propeller polymorphism found no evidence of Artemisinin resistance outside Southeast Asia and China, where resistance-associated *Pfkelch13* mutations were confined [23]. Later, after comparing the *Pfkelch13* R561H genome sequence to other samples taken from all over Africa, and sequences taken from South America and Bangladesh, it was observed that the artemisinin-resistant strain of the parasite is tightly clustered with Rwandan parasites indicating artemisinin resistance in Africa [24].

In 2019, a report from eastern India indicated the presence of two mutations G625R and R539T in 5/72 *P. falciparum* cases treated with artemisinin that linked to its presence of resistance [25]. But C580Y in *kelch13* in Southeast Asia and Mekong Delta areas were predominant [26]. Following high rates of Artesunate (AS) + Sulfadoxine-Pyremethamine (SP) treatment failure in the north-eastern provinces in 2013, India changed its treatment policy in those provinces to Artesunate-Lumefantrine (AL); while AS+SP remains effective elsewhere in the country [5]. Moreover, a specific lineage of plasmepsin amplification (*PLA1*) has been detected that caused dihydroartemunate-piperquine (DHA-PPQ) treatment failure in western Cambodia due to its use as mass drug administration campaign [5]. Both the lineages of *k13* (*KEL1*) and *PLA1* have compounded the problem of DHA-PPQ resistance in this region [13]. In Guyana, between 2010 and 2017, the C580Y mutation also emerged independently. However, recent studies indicated 100% of samples were found to be wild type, indicating that the mutation may be disappearing in Guyana. There is no indication of lumefantrine failure in Africa [5].

3.2.2 *Plasmodium vivax*

P. vivax was believed to be a benign malaria, but this phenomenon has changed in recent years for its appreciable causes of morbidity and mortality [27]. In recent years, this species has amounted to cause a significant public health burden [28, 29]. Even though there has been a considerable decrease on the burden, still over four billion people are living at risk of this infection. In 2017, *vivax* transmission was

reported from 49 countries across Central and South America, the Horn of Africa, Asia, and the Pacific islands. *P. vivax* is the predominant species in almost two-thirds of co-endemic countries. Recent estimates, incorporating national surveillance data, prevalence surveys, and geospatial mapping, have revised the global burden to between 13.7 and 15 million cases in 2017 [30, 31]. It is assumed that ACT is widely used across Africa to combat falciparum malaria that may be favouring adaptive selection for *P. vivax* for its failure. Additionally, a better understanding is needed on the mechanism of erythrocytes invasion in Duffy-negative individuals who were previously thought to be protected against *P. vivax* malaria [32]. An estimated 82% (11.7 million cases) of the global vivax burden comes from four high-burden countries, i.e. India, Pakistan, Ethiopia, and Sudan [33].

In most countries, chloroquine is still being used for the treatment of blood stages of *P. vivax* malaria. However, chloroquine-resistant (CQR) *P. vivax* has emerged in many areas with variable degree of clinical efficacy [34]. High-grade chloroquine resistance is reported from the intense transmission area of the island of Papua (Indonesia and Papua New Guinea), and Sabah (Malaysia) where malaria elimination is well within reach [33]. To combat the declining susceptibility of *P. vivax* to chloroquine, five countries that include Indonesia, Papua New Guinea, Solomon Islands, Vanuatu and Cambodia have adopted a policy of universal ACT for both *P. falciparum* and *P. vivax* [33]. In other areas where CQR is low-grade and transient, chloroquine remains the main drug of choice for treatment of *P. vivax* malaria including four high-burden countries [33, 34].

Molecular monitoring of chloroquine resistance in *P. vivax* is an integral part of national malaria control programme. The *P. vivax* ortholog of *pfprt*, referred as *pvprt-o*, was characterized nearly two decades ago [35]. A lysine (AAG) insertion at amino acid 765 position 10 (K10) was discovered in Southeast Asian strains and suggested to be associated with chloroquine resistance where high dose of chloroquine is recommended [36].

In India, chloroquine is still effective for treating *P. vivax* malaria. Almost half of the malaria cases are due to *P. vivax* mostly present in low transmission settings [28]. A study in 2013 in Kolkata by Ganguly et al. observed non-synonymous polymorphism in *pvprt-o* and *pvmdr1* and concluded no indication of chloroquine resistance in *in vivo* study [37]. But the report in 2018 from Mangalore indicated the presence of chloroquine resistance involving two genes in K10 insertion in *pvprt-o* and F1076L mutations in *pvmdr1* [38]. Subsequently, such mutants were also detected in Puducherry, Mangaluru (Mangalore), Cuttack and Jodhpur [39]. A study in Chandigarh, North India reported double mutations in K10 insertions at 17.5% and 9.5%, in complicated and uncomplicated *P. vivax* groups, respectively. *Pvmdr-1* gene analysis revealed 100% double mutants (T958M/F1076L) in the complicated, and 98.7% in the uncomplicated group, respectively. Presence of a single triple mutant T958M, F1076L and Y1028C was observed in the uncomplicated group [40]. More number of such cases were reported from Peru in amino acid changes at positions 976F and 1076 L for *pvmdr1* [41], Afghanistan [42], Malaysia [43], Australia (among travellers) [44] and Brazilian Amazon [45].

Tackling *P. vivax* malaria is a herculean task due to its complex biology of hypnozoites that cause relapse. Primaquine – an 8 aminoquinoline is widely used for radical cure of malaria. But its use has been restricted in infants, pregnant women and also in G6PD-deficient individuals. WHO recommends to administer primaquine for radical cure of vivax relapse. More than 180 different G6PD deficiency alleles reported [5]. Cytochrome P450 2D6 is an enzyme that in humans is encoded by the CYP2D6 gene. CYP2D6 is primarily expressed in the liver, and is associated with primaquine tolerance [46]. So, both G6PD deficiency and CYP2D6 are contraindications to primaquine administration. In certain situations, high-dose

primaquine regimens are currently recommended for radical cure of vivax malaria in Southeast Asia and Oceania [47].

Mutations at the *pvdhps* and *pvdhfr* loci leading to antifolate resistance are commonly found in *P. vivax* isolates from *P. vivax*-infested areas. DHFR mutations in *Plasmodium vivax* in Indonesia failed to therapeutic response to SP [48]. Triple mutations in *pvdhfr* was reported in Mangalore, India [49]. Thus, antifolates are not currently recommended as a first-line treatment of vivax malaria [50].

4. Invasiveness of *Anopheles stephensi*

Anopheles stephensi was originally described by Liston in 1901 from a village Ellichpur (now Achalpur) in Amravati district, Maharashtra state of India. This species is a principal malaria vector in urban India, and is considered imminent threat to malaria elimination efforts [51]. This species has three variants i.e. type, intermediate and *mysorensis* based on its egg morphometric analysis. Both type and intermediate forms are efficient vectors in rural and urban settings, but type form is the main and very efficient vector in urban settings, whereas variety *mysorensis* is considered as a rural vector with limited role. Laboratory studies have shown that all the three variants are capable of harbouring rodent malaria *P. berghei* [52] and *P. yoelii nigeriensis* [53] parasites respectively. *An. stephensi* is an efficient vector for transmitting *P. falciparum* and *P. vivax* malaria equally in the field [54].

Recent reports indicate that *An. stephensi* is expanding its geographical range crossing from the Arabian Gulf into the Horn of Africa where it has been reported in Djibouti City in 2012 [55], in Ethiopia in 2016 [56] and the Republic of Sudan [57]. In 2016, type form of this species was found for the first time in Sri Lanka [58]. Emergence of *An. stephensi* has been associated epidemiologically with an unusual resurgence in local malaria cases in Djibouti city [55]. This species is basically a container breeder and sympatric co-share breeding with *Aedes aegypti* [59]. In Sri Lanka, *An. stephensi* has been found to breed in salt water [58]; while it breeds in clear water in central regions of urban setting of Africa, but with all probability it

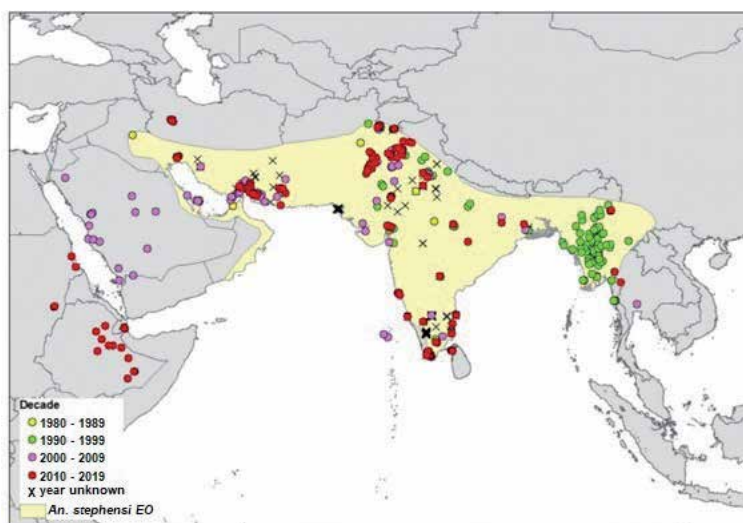


Figure 6. The new “out of range” occurrence of *An. stephensi* in the Arabian Peninsula and Horn of Africa showing the 358 *An. stephensi* site locations used in final species distribution models (SDMs) colour coded by the decade in which they were sampled. Source: Sinka et al. [61] with permission.

may even breed in polluted water in Africa where most malaria vectors breed in such waters [60]. Sinka et al. prepared evidence-based maps predicting the possible locations of *An. stephensi* across Africa where it could establish if its spread is unchecked. The high probability maps predict the presence of *An. stephensi* in many urban cities across Africa where an estimated over 126 million people live (**Figure 6**) [61].

5. Long-distance travel of mosquitoes

Transportation of mosquitoes from one place to other through surface transportation or air route is well known. The accidental invasion of *An. gambiae* in 1930 in Natal, Northeast Brazil from Dakar, Senegal most likely adult mosquitoes that travelled in planes or ships, as no larvae were found is one such example [62]. Generally, mosquitoes can fly within a few kilometers from their breeding habitats. But long-distance migration across hundreds of kilometers during night hours is very revealing, and have implications in malaria eradication efforts. Recent study in Sahel desert of Mali in Africa, Huestis et al. reported that mosquitoes could possibly migrate up to 300 kilometers for 9-hour flight duration. Sticky nets tethered to helium-filled balloons fixed in the study villages suspended at set altitudes ranging from 40 to 290 metres above mean sea level were launched at about 10 consecutive nights each month over a span of 22–32 months. Ten species, including the primary malaria vector *An. coluzzii*, were identified among 235 Anopheline mosquitoes that were captured during 617 nocturnal aerial collections. Annually, the estimated number of mosquitoes that possibly could have migrated at altitude that cross a 100-km line perpendicular to the prevailing wind direction included 81,000 *Anopheles gambiae* ss, 6 million *An. coluzzii* and 44 million *An. squamosus*. Females accounted for more than 80% of all of the mosquitoes, and 90% of them had taken a blood meal before their migration, and studies suggest mosquito infection rates in the region are between 0.1% and 5% [63, 64]. Annually, the estimated numbers of mosquitoes at altitude that cross a 100-km line perpendicular to the prevailing wind direction. The authors concluded that millions of malaria vectors that have previously fed on blood may migrate frequently over hundreds of kilometers, and spread malaria [64]. Thus the successful elimination of malaria depends on how the sources of migrant vectors can be identified and controlled.

6. Insecticide resistance

Resistance to insecticides in vector mosquitoes is an organic *de novo* biological process. This has caused a major setback in achieving malaria elimination. Recently an update at global scale on insecticide resistance in malaria vectors has been enumerated [65]. WHO documented a cumulative total of 82 countries reported data on insecticide resistance from 2010 through 2019. Resistance of malaria vectors to insecticides threatens malaria control and elimination efforts. Commonly used insecticides are synthetic pyrethroids, organophosphates, carbamates and the rarely used organochlorine dichlorodiphenyltrichloroethane (DDT) [5].

Sources of insecticides in the environment include the application of insecticide-based vector control interventions for public health such as Indoor Residual Spray (IRS) and the application of agricultural insecticides, which include the same class of insecticide as those used in vector control programme [66]. Also pesticide contamination in water bodies is also a cause of selection pressure for resistance in mosquito larvae [67]. In response to the Roll back malaria (RBM) initiative, long lasting insecticide nets (LLIN) coverage increased markedly across Africa from 2005 [68], while

IRS usage has been restricted in smaller areas [69]. Either permethrin or deltamethrin was used initially in insecticide-treated nets (ITNs), and now α -cypermethrin is most commonly used in LLINs. Deltamethrin, λ -cyhalothrin, and DDT have been used for IRS for over 20 years. In 2003, first α -cypermethrin was used in mass campaigns. Deltamethrin has been the sole pyrethroid along with DDT and other non-pyrethroid insecticides are used in IRS from 2015 [69]. There are conflicting reports on the cause of insecticide resistance in field mosquitoes following the introduction of LLINs, IRS or both. Some studies documented an increase in resistance [70]; whereas others observed no such evidence after implementation of these intervention strategies [71].

Anopheles culicifacies is the main vector out of six primary malaria vectors and responsible for 2/3 malaria cases distributed across rural India. A tempo-spatial analysis of insecticide susceptibility status between 1991 and 2016 from 145 districts in 21 states indicated resistance to at least one insecticide in 70% (101/145) of the districts – mostly to DDT and malathion whereas, its resistant status against deltamethrin varied across the districts [72]. Similar trend was also reported in Odisha – a highly malaria-endemic state in India [73].

In India, National Vector Borne Disease Control Programme (NVBDCP) has distributed about 50 million LLINs to malaria-endemic communities for intervention during 2016–2018, and to 126 million population at risk [74]. The lower efficacy of synthetic pyrethroids to vector mosquitoes is a matter of concern. Certain major drawbacks of LLINs include feelings of suffocation in humid tropical climate, and some traditional practices compelling the users to wash the nets more frequently than prescribed protocol. Another risk of using LLINs is host switching and possible horizontal transmission potential in the endemic areas [73].

Resistance of malaria vectors to pyrethroids may pose a serious problem in achieving the malaria elimination goal. The six countries Cambodia, China (Yunnan Province), the Lao People’s Democratic Republic (PDR), Myanmar, Thailand and Viet Nam of the Greater Mekong Subregion (GMS) have made significant gains in their battle to eliminate malaria by 2030. In recent years, there has been a remarkable progress towards elimination of the disease. Between 2012 and 2018, the reported number of malaria cases fell by 74%; malaria deaths fell by 95% over the same period. However, Cambodia contributes almost half of malaria in this zone of which 85% are *P. vivax*. This may be due to high degree resistance of pyrethroids [75] (Figure 7).

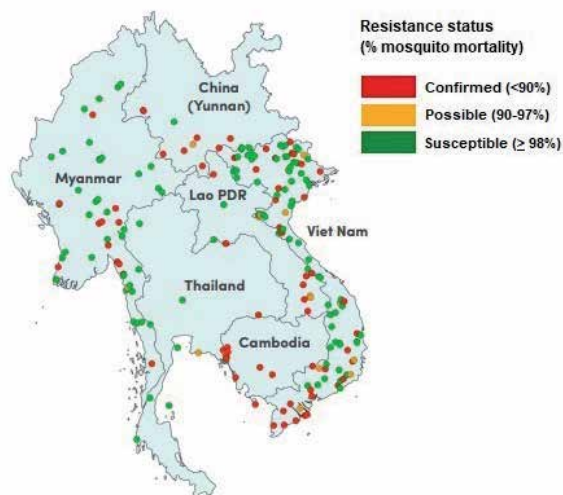


Figure 7. Resistance of malaria vectors to pyrethroids in the Greater Mekong Subregion, 2010–2019. Source: WHO [75].

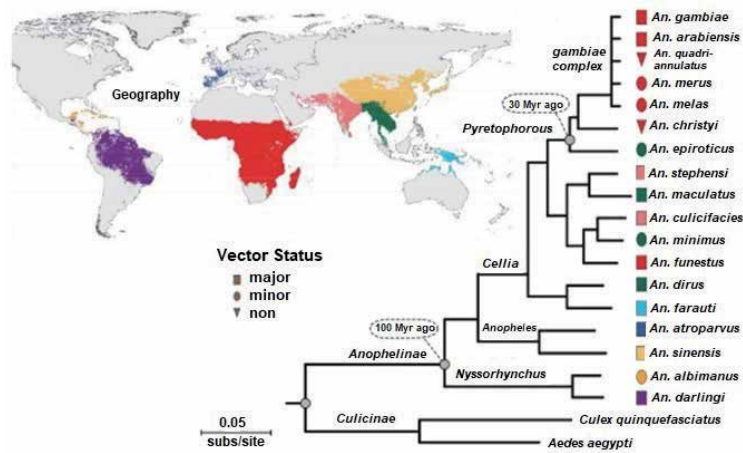


Figure 8. Comparative genomics of vector mosquitoes to understand difference in vectorial capacity. Source WHO [13].

Another important aspect is to understand and track gene flow in Anopheline mosquitoes. This is complex given the amount of genetic diversity that exists within mosquito populations. **Figure 8** depicts a clear picture how comparative genomics can be applied to understand differences in vectorial capacity and their impact on malaria transmission [13].

7. Poor disease surveillance

Disease surveillance is the key intervention strategy to support malaria elimination. A new guideline promulgated by WHO in 2018 reinforced the GTS and framework for elimination principle that identified surveillance as the main elimination strategy. But poor surveillance continues to derail the elimination efforts. Strengthening surveillance system in many countries eliminated malaria successfully. Aiming malaria elimination, a standardized surveillance system landscaping compared with ideal system were conducted in 16 countries aiming malaria elimination. Assessment was done in 2015 and 2016 across the Greater Mekong Subregion (Cambodia, Laos, Myanmar, and Vietnam), Southern Africa (Botswana, Mozambique, Namibia, South Africa, Swaziland, and Zimbabwe), Hispaniola (Dominican Republic and Haiti), and Central America (Costa Rica, Guatemala, Honduras, and Panama). This landscaping analysis provided a clear framework that identified multiple gaps in current malaria surveillance systems. It is important to close these gaps identified which will allow countries to deploy resources more efficiently, track progress, and accelerate towards malaria elimination [75]. Rapid reporting and information on geolocation have been the strength of malaria control system in Zanzibar for over a decade resulting in low transmission of malarial cases [76]. However, falciparum malaria remains a problem in Zanzibar and Swaziland [77–79]. China adopted and continues the '1-3-7' surveillance strategy, whereby case notification occurs within one day, case investigation within three days and foci investigation and targeted action within seven days. To avoid transmission and re-establishment, monthly bulletins are issued on reported and detected cases. Training, technical support and supervision are provided regularly to sustain capacity [80]. In Mangalore, India a '1-3-7-14' strategy is under operation using digital TAB-based smart surveillance which focuses on real time micromanagement of each malaria positive case and vector control operation [81, 82]. Digital surveillance

and bridging the surveillance gaps are two major issues have been advocated to accelerate towards malaria elimination [83].

8. Discussion

In the last five years the GTS milestone has drawn a detailed road-map to eliminate malaria from 2016 to 2030. It can be seen from the **Table 1** that all the 58 countries in the Europe and Central Asia territories, and in other territories around 50% achieved malaria elimination except Sub-Saharan Africa. This means the real problem still exists in this territories [83]. This also reflects in the world malaria report. In November 2018, WHO together with RBM Partnership to End Malaria has launched the ‘high burden to high impact’ (HBHI) approach – a targeted malaria response in all 11 high malaria burden countries, and India is one such country outside Africa. **Figure 9** shows how HBHI countries have initiated high-level political engagement and support [5]. In a recent virtual meeting of MPAC of WHO commended the efforts made so far in the COVID-19 pandemic. Training should aim to increase the sub-national capacity for evidence-driven decision-making and translating those decisions into actions [13].

Over 100 countries have successfully eliminated malaria in the last century. In the past two decades a lot of initiatives have been launched to contain and eliminate malaria, viz., Roll Back Malaria (RBM), President’s Malaria Initiative (PMI), Asia Pacific Malaria Elimination Network (APMEN), E-2020, Malaria Elimination Research Alliance (MERA) - India [84, 85]. Many countries have developed national elimination goals. Regional networks have been formed to facilitate collaboration [86]. Leaders from the Asia Pacific Leaders Malaria Alliance (APLMA) in November 2014 and the African Leaders Malaria Alliance in January 2015 endorsed regional goals for malaria elimination by 2030 [87, 88]. In 2009, the APMEN was established initially in 10 countries (Bhutan, China, Democratic People’s Republic of Korea (DPR Korea), Indonesia, Malaysia, the Philippines, Republic of Korea, Solomon Islands, Sri Lanka, and Vanuatu), and now have expanded to 18 countries adding Bangladesh, Cambodia, Lao People’s Democratic Republic (Lao PDR), India,

Indicator	Americas and Caribbean	South Asia and East Africa and Pacific	Europe and Central Asia	Middle East and North Africa	Sub-Saharan Africa	Total
Total number of Countries	46	38	58	23	45	211
1900	2	13	3	1	1	20
1900–1949	0	0	9	0	0	9
1950–1978	23	5	35	4	1	68
1979–1990	0	1	2	2	1	6
1991–2019	4	2	9	7	0	22
Total number of malaria-free countries	29	21	58	14	3	125

Table 1. *Number of countries and territories that eliminated malaria by region, 1900–2019. Compiled from Shretta et al. [84] and WHO [8].*

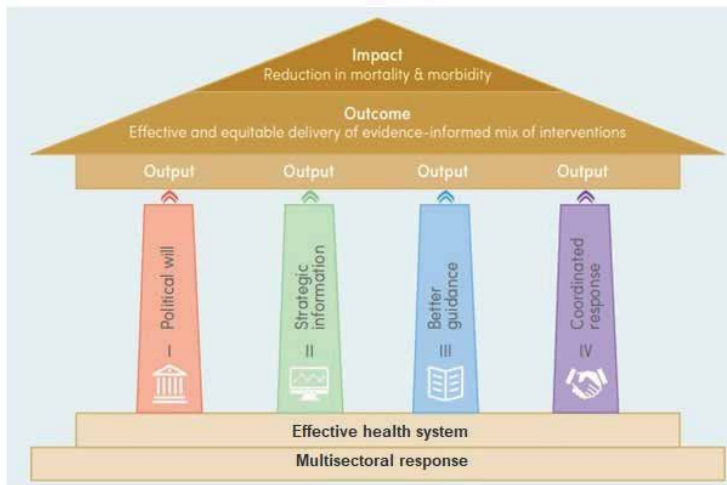


Figure 9. Schematic presentation how ‘High burden to high impact’ countries get back on track to achieve the GTS 2015 milestone. Source WHO. [5].

Nepal, Papua New Guinea, Thailand, and Vietnam. Among these, India contributes maximum malaria cases explaining the importance of malaria elimination in this country [89]. But China (Yunnan), Cambodia, Thailand, Myanmar, Lao PDR and Viet Nam in Greater Mekong Subregion greatly reduced falciparum malaria [85] and now the Mekong Malaria Elimination Programme is ready for the last mile of malaria elimination [90].

The real malaria burden lies in the sub-Saharan Africa region. There were significant impact of malaria control from 2000 to 2015, but the situation has plateaued between 2015 and 2019 largely attributed to emerging synthetic pyrethroid (PY) resistance in the principal malaria vector *An. gambiae*. Adding piperonyl butoxide (PBO) enhances the efficacy of PY, but the requirement is huge, and costs have risen substantially amidst financial gap. In high insecticide resistance areas, pyrethroid-PBO nets increase mosquito mortality and reduce blood feeding rates that leads to lower malaria prevalence. But the impact of pyrethroid-PBO LLINs on mosquito mortality was not sustained over 20 washes. There is a little evidence to support higher entomological efficacy of pyrethroid-PBO nets in areas where the mosquitoes show lower levels of resistance to pyrethroids [91]. This warrants routine monitoring of insecticide resistance to take appropriate decisions by the national programme managers.

In India the total global burden has reduced from 4% in 2018 to 2% in 2019 of total malaria cases. But it still falls under the ‘high burden to high impact’ countries outside Africa. India contributed 87.9% of total malaria cases and 86% of malaria deaths in the South East Asia region of WHO [5]. This requires a special attention for the high burden states with high *P. falciparum* cases. For example, malaria cases in Karnataka state, India fell 98.95% in 2019 compared with 1995 data, but 70 to 80% of reported cases from Mangalore city alone requires concerted efforts. Now, a special action plan with digital surveillance has been initiated for the last five years, which is showing some results. Hopefully, Karnataka can declare malaria elimination by 2025 ahead of India’s deadline of 2027 [81, 82]. Such strong surveillance system can be implemented to find a solution to get freedom from malaria.

In recent years many innovative intervention strategies have been shown to be promising. Finding the reasons for *Pfhrp2/3* deletions and drug resistance in *P. falciparum* is an important step to address this major issue. BV1 lineage is associated

with these two important issues [8]. Moreover use of other more advanced RDT like malaria-RDT (mRDT) can be an alternative where deletions *Pfhrp2/3* are low [92]. However, alternative RDT options based on detection of the *Plasmodium* lactate dehydrogenase [pLDH]) are limited; in particular, there are currently no WHO-prequalified non-*Pfhrp2* combination tests that can detect and distinguish between *P. falciparum* and *P. vivax* [5]. In such situation photo-induced electron transfer- polymerase chain reaction (PET-PCT) or microPCR devices can be applied with highest accuracy at point-of-care. Issue of asymptomatic malaria cases can address because these devices can detect a very low level of parasitaemia [93, 94].

Besides, burden of asymptomatic parasite cases in most malaria-endemic countries, molecular monitoring of drug resistance in parasites and insecticide resistance in vector populations are two vital parameters which can help make correct policy decisions by the national malaria control programmes. Many countries have initiated for molecular surveillance; for example in Haiti [93], in Asia-Pacific countries [95] and Cambodia [96]. Genome analysis is not done in most situations due to its prohibitive cost. Now very sensitive and low-cost oxford nanopore platform is very useful and many researchers are using this to find out the gene flow and genetic diversity in parasites and vectors [97]. SNP barcode is used instead of microsatellite technology using this platform [98]. Scientists in Africa have been working on these issues on Pathogens Genomic Diversity Network Africa [99]. Such platforms must work on other regions also to provide guidance to the national malaria programme from time to time for taking corrective measures to change the policy decisions. Similarly, vector resistance to insecticide pattern can also established to take correct selection of effective insecticide [100].

Monitoring of insecticide resistance allows targeting of specific interventions with pyrethroid-PBO nets, and resistance mechanisms finding mixed-function oxidase (MFO) resistance mechanisms over time. Such monitoring also enables programmes to assess the value of different insecticide resistance management strategies like IRS rotation, new types of ITNs and LLINs or other effective tools. Using genotyping to detect insecticide resistance is quicker to implement than phenotypic assays that require rearing of larvae, even wild type adults can be used when available in sufficient numbers. It is possible that resistance could be underestimated due to unknown age of the mosquito. With this approach, shifts in allele frequencies may be easier to detect than shifts in phenotype over short time periods [13].

Finding origin of the parasites and gene flow in the elimination era is a challenging task. Genetic relatedness studies using metrics of identity-by-state (IBS) and identical-by-descent (IBD) - alleles that are genetically the same, and alleles that come from a common ancestor, respectively can address this issue [101]. This requires a number of informative markers (molecular barcode genotyping) that vary depending on the level of transmission in the geographic area under examination. A barcode is considered informative for relatedness by IBS at >0.95 relatedness. When using this measure in a low transmission setting, relatedness can serve as a key indicator for distinguishing imported and local transmission and understanding the persistence of transmission in the area [13].

In high *falciparum* areas an alternative approach to understanding receptivity risk for imported and onward indigenous transmission of malaria is to investigate parasite markers in parasite-vector interactions that determine whether the parasite can successfully infect the mosquito. *Pfs47* is a target of interest allows the ookinete to evade the immune response of the mosquito midgut and successfully develop into an oocyst. The allele is polymorphic with signatures of natural selection relevant to the geographic origin of the parasite. *P. falciparum* isolates are more compatible with *Anopheles* species from their region of origin. *Pfs47* single nucleotide polymorphisms (SNPs) can therefore be used to predict

the transmission risk of imported *P. falciparum* and help establish its geographic origin. Specific SNPs for vivax malaria is warranted [13].

Now time has come act judiciously to eliminate malaria at subnational to achieve elimination target at national level. Again surveillance that can capture and report individual cases in time to investigate and take action [81, 82]. The Chinese national malaria elimination programme, now approaching WHO certification used effectively in subnational initiatives to interrupt malaria transmission followed by validations of elimination [102] Similarly, Kenya has established a national strategic action plan 2019–2023 to achieve malaria elimination in targeted countries by 2030 [103]. Malaysia has successfully launched malaria elimination partnering between the public and commercial sectors in Sabah [104], but the rising threat of zoonotic *P. knowlesi* is a matter of concern [105].

Time has come to look back the success stories of malaria elimination efforts. In October 1998, the Director-General of WHO launched the RBM initiative. It was established through a partnership between WHO, the World Bank, the United Nations Children's Fund (UNICEF) and the United Nations Development Programme (UNDP) [106]. The purpose of launching RBM initiative was in this direction. In Karnataka, India we successfully implemented larvivorous fish-based malaria elimination campaign [107, 108]. We need to repurpose the larval source management strategy. The best historical example is the successful eradication of accidentally introduced African vector *Anopheles gambiae* in 54000 km² of largely ideal habitat in Northeast Brazil (Natal) from Dakar, Senegal in the 1930s and early 1940s. This outstanding success was achieved through an integrated programme but relied overwhelmingly upon larval control. The success of Frederick Lowe Soper and Rockeller Foundation's International Health Division campaigned with anti-larval chemical Paris Green and eliminated *An. gambiae* before the scheduled timeline [62]. It was a significant watershed in the history of malaria control, and revived the faith in vector control strategies that paved the way for the application of eradication methods in the fight against malaria following World War II. This experience was soon repeated in Egypt and another larval control programme successfully suppressed malaria for over 20 years around a Zambian copper mine [109]. It is important to revisit all such success stories implemented earlier. Today, with the development of advanced technology, we have more options like application of a new anti-larval product Aquatain AMF™ for use in LSM. It is a silicon-based liquid formulation that forms a very thin film on stagnant water. The mosquito larvae are killed due to physical and mechanical action. Drone technology are now used for anti-larval applications [110]. Rhamnolipids – a class of glycolipid may be applied as anti-larval agent especially against *Ae. aegypti* and may be against *A. stephensi* [111].

Efforts are also being made to develop technology for diagnosis of malaria parasites and identification of vector mosquitoes using artificial intelligence and machine learning. [112, 113]. Aptamer technology can be applied which has the potential to revolutionize biological diagnostics and therapeutics. This technology can be used for malaria diagnosis in place of HRP2 which is facing certain problems [114, 115]. This also be used in malaria as adjunct therapy [116]. Other most prospective gene editing technology in vector mosquitoes especially in *An. gambiae* in Africa where most malaria exists, and also in *An. stephensi* – the most invasive malaria vector. [61, 110, 117]. It is important to find new drug molecules to counter drug resistance challenge in parasites. Medicines for Malaria Venture (MMV) has been working for more than two decades in this front. *P. vivax* liver stage assays platform was initiated by MMV to discover new molecules for anti-relapse drugs to work against hypnozoites. India was one of the partners under this initiative [118]. A new vaccine candidate R21 with adjuvant Matrix-M™ developed by Novavax has shown a new hope for an effective vaccine that could be used in malaria

elimination. A Phase 2B trial on 450 children aged 5-17 months in Burkina Faso, West Africa showed 77% efficacy [119].

Now, all resources have been diverted to COVID-19 even WHO alerted in the beginning of the pandemic. In a recent article published in *Nature* emphasized the need to create a general attention like COVID-19 to all tropical diseases including malaria. The author has expressed concerns about the reversing the impact on malaria elimination achieved so far especially in Sub-Saharan Africa [120]. It may be mentioned that in March 2020, as the COVID-19 pandemic spread rapidly around the globe, WHO convened a cross-partner effort to mitigate the negative impact of the corona virus in malaria-affected countries and contribute to the COVID-19 response otherwise, much of the progress against malaria was under enormous risk, with the potential to wipe out 20 years of malaria gains [120].

Funding in malaria elimination efforts is an important component. Sufficient and timely release of allocated funds would ease out many constraints for which strict financial management is utmost necessary. The total annual financial resources needed were estimated at US\$ 4.1 billion in 2016, rising to US\$ 6.8 billion in 2020 to achieve the GTS milestone. An additional funding of US\$ 0.72 billion is estimated to be required annually for global malaria research and development (R&D). In 2019, the total funding for malaria control and elimination in was estimated at US\$ 3.0 billion, compared with US\$ 2.7 billion in 2018 and US\$ 3.2 billion in 2017. The amount invested in 2019 falls short of the US\$ 5.6 billion estimated to be required globally. In recent years, the funding gap between the amount invested and the resources needed has widen dramatically, increasing from US\$ 1.3 billion in 2017 to US\$ 2.3 billion in 2018, and to US\$ 2.6 billion in 2019 [5].

9. Conclusion

In the renewed efforts to eliminate malaria more needs to be done following the strategies and technologies adopted by those countries successfully eliminate malaria. High burden to high impact countries need special attentions. If these countries in Africa and India are free from malaria over 80% of malaria burden can be curtailed. There are several roadblocks namely gene deletions in *Pfhrp2/3*, insecticide resistance, drug resistance in *P. falciparum* and also in *P. vivax* need to be addressed following new technologies like gene editing and Aptamar technologies. There are many gaps in surveillance for which smart digital surveillance is an important strategy that need to be implemented on priority. Artificial intelligence and machine learning should find proper place to solve many ongoing problems of diagnosis and effective implementation, monitoring of the elimination programme. Routine malaria molecular surveillance of parasites and vectors at subnational and regional levels must be carried out to take correct and appropriate measures policy decision makers. As long distance night travel and invasiveness of vector mosquitoes have been established or otherwise, LSM must find priority. Like COVID-19, other tropical diseases like malaria must be given priority with proper funding provisions.

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Conflict of interest

The authors declare no conflict of interest.

Author details


Susanta Kumar Ghosh^{1*} and Chaitali Ghosh²

1 ICMR-National Institute of Malaria Research, Bengaluru, India

2 Tata Institute for Genetics and Society, Bengaluru, India

*Address all correspondence to: ghoshnimr@gmail.com

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Elimination of *Plasmodium vivax* Malaria: Problems and Solutions

*Liwang Cui, Awtum Brashear, Lynette Menezes
and John Adams*

Abstract

Malaria is caused by multiple parasitic species of the genus *Plasmodium*. Although *P. falciparum* accounts for the highest mortality, *P. vivax* is the most geographically dispersed and the most common species outside of Africa. Several unique biological features make *P. vivax* less responsive to conventional control measures and allow it to persist even after elimination of *P. falciparum*. The ability of *P. vivax* to develop in diverse vectors at lower ambient temperatures bestows it a greater distribution range and resilience to ecological changes. Its tropism for reticulocytes often causes low-density infections below the levels detectable by routine diagnostic tests, demanding the development of more sensitive diagnostics. *P. vivax* produces gametocytes early enabling transmission before the manifestation of clinical symptoms, thus emphasizing the need for an integrated vector control strategy. More importantly, its dormant liver stage which engenders relapse is difficult to diagnose and treat. The deployment of available treatments for the liver hypnozoites, including primaquine and the recent U.S. Food and Drug Administration-approved tafenoquine, requires point-of-care diagnostics to detect glucose-6-phosphate dehydrogenase deficiency among endemic human populations. Here we review the continued challenges to effectively control *P. vivax* and explore integrated technologies and targeted strategies for the elimination of vivax malaria.

Keywords: *Plasmodium vivax*, relapse, transmission, G6PD, CYP2D6, radical cure

1. Introduction

Malaria has been an ancient scourge of humankind and efforts to mitigate the harm from malaria have been relentless. In 1955, the World Health Organization (WHO) launched the Global Malaria Eradication Program (GMEP), relying heavily on two essential tools: chloroquine (CQ), a safe and effective drug for malaria prevention and treatment, and the insecticide DDT for vector control. Despite the GMEP's enormous success in reducing malaria burden in many countries outside of sub-Saharan Africa, its failure to sustain the program resulted in malaria resurgence and discontinuation of this global campaign in 1969 [1]. The considerable gains achieved in many areas were soon lost and the world witnessed a sharp rise in malaria incidence in the following two decades. In India, for example, malaria prevalence reduced from an estimated 75 million cases to about 100,000 cases annually during the GMEP, only to rapidly expand to 6.5 million in 1976 [2, 3].

In recognition of this huge malaria burden, the Roll Back Malaria Partnership launched in 1998, marking a renewed attack on this disease resulting in a declining incidence of malaria globally. Empowered by a strong political will and enabled by financial commitment and new interventions, many national malaria control programs (NMCPs) now consider malaria elimination an attainable goal. WHO's "Global Technical Strategy for Malaria 2016-2030" provided goals for the next 15 years and specific guidelines for achieving these goals. Among them, "eliminating malaria in at least 35 countries" and "preventing the re-establishment of malaria in all countries that are malaria-free" specifically address the tasks to attain and sustain malaria elimination. Significant strides have been made toward malaria elimination in the past two decades with 19 countries attaining zero indigenous cases for 3 years or more between 2000 and 2018. These countries include Sri Lanka, Paraguay, and Uzbekistan, which were recently certified as malaria-free [4]. Despite these laudable achievements, formidable challenges still lie ahead for many endemic nations to achieve malaria elimination.

Of the six *Plasmodium* species naturally infecting humans, *P. falciparum* is usually considered the most virulent and is associated with the vast majority of deaths, while *P. vivax* is the most geographically widespread. In comparison, *P. ovale curtisi*, *P. ovale wallikeri*, and *P. malariae* are much less common, whereas the monkey malaria parasite *P. knowlesi* is primarily associated with zoonotic infections [5]. Since malaria elimination is the interruption of local malaria transmission (zero indigenous cases) in a defined geographic area, it is time to target the elimination of all malaria parasite species simultaneously to set the final stage for malaria eradication [6].

At the same time that malaria incidence is continually declining [4], malaria epidemiology is rapidly changing [7]. In countries pursuing elimination, structural changes in at-risk populations have resulted in malaria becoming geographically clustered in hard-to-reach pockets. "Border malaria" has become a shared phenomenon and malaria is increasingly an imported disease. Additionally, because of a divergent response by each species to control interventions, *P. vivax* has become the predominant parasite in malaria-endemic countries outside of Africa. Most pre-elimination countries—such as the members of the Asian Pacific Malaria Elimination Network (APMEN, www.apmen.org)—must be ready to face the ultimate challenge of eliminating vivax malaria, a potentially long and arduous process. In fact, because of the possibility of relapse, the WHO malaria-free certification requires no cases for three years [1]. Here we review the changing malaria epidemiology and discuss the challenges associated with vivax malaria elimination and solutions to address them.

2. Geographic distribution and epidemiology of vivax malaria

Outside of Africa, *P. vivax* is the most common parasite causing malaria. It accounts for 75, 50, and 29% of the malaria burden in the Americas, SE Asia, and the East Mediterranean, respectively [4]. The parasite's ability to complete its sporogonic development in mosquitoes at ambient temperatures as low as 16 °C and to lie dormant for seasonal transmission has extended its geographical range deep into the temperate zones. There is considerable spatial heterogeneity in *P. vivax* distribution at the global and local scales. SE Asia carries more than half of the global *P. vivax* burden (Table 1). In the Asian continent, India, Cambodia, and Myanmar have higher endogenous *P. vivax* burden, and transmission is concentrated along international borders [8]. Similarly, the southern part of South America has a relatively low burden with Paraguay and Argentina recently achieving malaria-free

	Africa	America	Eastern Mediterranean	SE Asia	Western Pacific	Total
<i>P. vivax</i>	704	700	1,414	3,947	690	7,500
All	213,000	929	4,900	7,900	1,980	228,000

Table 1.
 Estimated cases of *P. vivax* and all malaria ($\times 1,000$) by WHO region [4].

status, whereas the northern part of the continent has a substantial *P. vivax* burden (**Figure 1**). In Africa, until recently, *P. vivax* was documented only in the Horn of Africa, and considered extremely rare or “absent” in Central and West Africa because of the dominance of the Duffy-negative blood group [10], a required receptor for erythrocyte invasion by *P. vivax* [11]. Increasing reports of *P. vivax* in Duffy-negative individuals suggests its capability to exploit Duffy-independent invasion pathways [12, 13]. In the last decade, the growing evidence of *P. vivax* transmission in all regions of Africa, including acute and asymptomatic cases, infected vectors, serological indicators, and infected international travelers, indicates more *P. vivax* transmission than previously thought [14, 15]. Although malaria control programs in Africa are justifiably focused on *P. falciparum* (given the striking morbidity and mortality associated with this species), *P. vivax* is becoming an emerging concern for malaria elimination from African nations.

Throughout history, *P. vivax* has shown extreme resilience to control measures [16], and in many areas where *P. falciparum* and *P. vivax* co-exist, *P. vivax* is becoming predominant [17, 18]. With this shift in species predominance come changes in the at-risk populations. In areas of *P. falciparum* and *P. vivax* sympatry, clinical episodes of vivax malaria rapidly decrease around 12 months of age, whereas *P. falciparum* cases continue to rise until about 3 years of age [19, 20]. Since exposure undoubtedly plays a role in the acquisition and maintenance of immunity, *P. vivax* recurrence may allow for repeated exposure from fewer infection events which may contribute to this age discrepancy. Additionally, primaquine (PQ) is not commonly given to children below 5 years, while chloroquine (CQ) underdosing is not unusual [21], resulting in repeated *P. vivax* attacks in young children. Recent studies in SE Asia showed that school-aged children had significantly increased

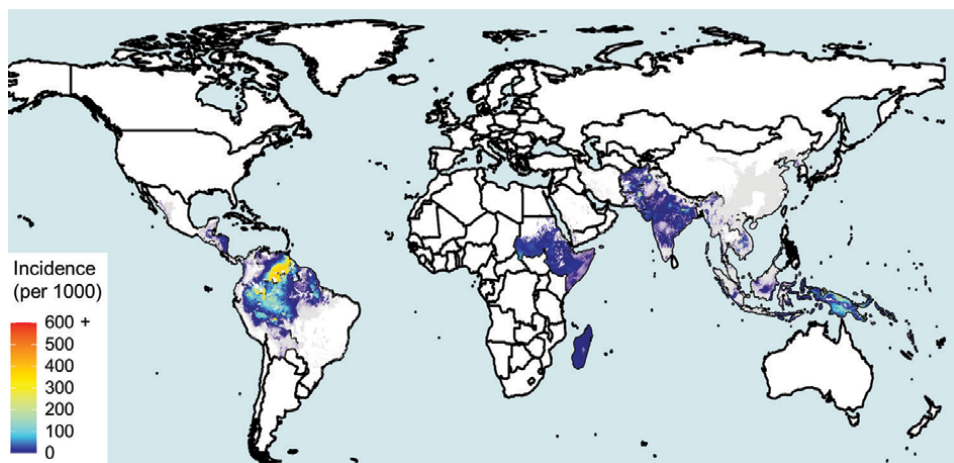


Figure 1.
 Global distribution of *P. vivax* malaria. Shading represents incidence in cases per 1000 people per year [8, 9]. Very low incidence areas are shaded in gray.

odds of acquiring *P. vivax* infections [18, 22]. Because PQ is contraindicated for pregnant women, radical treatment of *P. vivax* remains difficult in this group. Consequentially, relapsing episodes of malaria during pregnancy can lead to congenital malaria [23–25]. Certain occupations such as soldiers and forest workers are also more vulnerable to malaria infections [18, 26]. A better understanding of local malaria epidemiology will be essential for implementing targeted control measures.

3. Morbidity of vivax malaria

Biologically, *P. vivax* exhibits key differences from *P. falciparum* influencing its transmission, presentation and outcome [27]. Historically, *P. vivax* malaria has been mistakenly described as “benign tertian malaria”. In fact, *P. vivax* infection causes a full spectrum of disease symptoms ranging from uncomplicated febrile illness to severe and fatal malaria. Severe *P. vivax* malaria is often associated with severe anemia, a common complication, as well as thrombocytopenia, acute respiratory distress, hepatic dysfunction, renal failure, seizures or coma, and shock [28, 29]. Severe anemia is the most common complication associated with *P. vivax* malaria [30–32]. *P. vivax* has a strong preference for CD71^{high} reticulocytes [33] and aggravates anemia by targeting cells immediately after replacement [34, 35]. Recurrent *P. vivax* parasitemia further elevates the risk of severe anemia [36]. Although the risk of thrombocytopenia is prevalent in all forms of malaria, evidence suggests that it is more common in *P. vivax* than *P. falciparum* patients [37, 38]. In pregnant women, *P. vivax* infection is associated with a higher risk of anemia, abortion and low birth weight [39, 40]. Furthermore, the presence of co-morbidities may exacerbate *P. vivax* infections resulting in severe and life-threatening complications.

4. Relapse

One distinctive feature of *P. vivax* that enables the parasite to evade conventional control measures designed for *P. falciparum* is the formation of a dormant liver stage, termed hypnozoite [41]. Hypnozoites persist in a non-dividing fashion within the liver where they may be awakened weeks and months later causing relapse. Recent detections of *P. vivax* parasites in the bone marrow and spleen have raised the possibility that the extravascular merozoites might be an additional source of recurrence in addition to the relapse from hypnozoite activation [42, 43]. Two latency forms of *P. vivax* strains are recognized. The long-latency strains (e.g., the St. Elizabeth strain) prevalent in temperate zones have either a ~ 9-month latency period or a 2-week incubation time for the primary infection followed by a ~ 9-month interval before the relapse, allowing for parasite survival through the long winter season when mosquito vectors are absent [44, 45]. In contrast, for the short-latency tropical strains (e.g., the Chesson strain) from SE Asia and Oceania, relapses typically occur ~3 weeks after the primary infection [46]. Some areas, such as the Greater Mekong subregion host both types of strains [46, 47]. Besides, the sporozoite inoculation load can impact the latency period. The ratio of hypnozoites to sporozoites could vary by strain, and parasites with higher proportions of hypnozoites may be more inclined toward frequent relapses [48, 49]. Mechanisms of hypnozoite reactivation are elusive and may involve external stimuli such as drugs, another malaria infection, or other infectious diseases [50]. A meta-analysis of *P. falciparum* drug efficacy trials reveals a high risk of *P. vivax* parasitemia after treatment of falciparum malaria [51].

Relapse increases the morbidity associated with *P. vivax* infections. Relapses can contribute to 50–80% of the overall vivax infections in high transmission areas [52–55]; sometimes occurring repeatedly from the same infection, such as a case from Eritrea where one patient's three episodes of vivax malaria were caused by meiotic siblings suggesting the same infection event [56]. Additionally, *P. vivax* is frequently found in highly polyclonal infections, even in areas with relatively low malaria endemicity. One study from Cambodia found that around half of polyclonal infections might have resulted from relapse [57]. Long-distance parasite migration and introduction also favor hypnozoites. When introduced by an asymptomatic human host to an area with suitable *Anopheles* vector species, relapsed parasites could spark autochthonous infections and establish new transmission foci, as observed in Greece [58].

5. Diagnosis

Accurate and timely diagnosis of malaria by species is essential for the delivery of appropriate treatments. In clinical settings, acute vivax malaria is diagnosed by microscopy or rapid diagnostic tests (RDTs). Routine microscopy has a limit of detection (LOD) of around 50 parasites/ μ l of blood [59, 60]. Specific training is required, as misidentification of the infecting species is fairly common [59, 61]. RDTs are a fast, affordable and efficient method for malaria diagnosis with a LOD of \sim 200 parasites/ μ l, but the sensitivity varies among brands [62]. The tropism of *P. vivax* for reticulocytes can result in parasite densities much lower than the LODs of the conventional diagnostic methods. Recently, the creation of ultra-sensitive RDTs has lowered the LOD for *P. falciparum* infection [63, 64] but one targeting *P. vivax* is still lacking.

In malaria elimination settings, malaria prevalence is often assessed through active case detection in the form of cross-sectional surveillance. Most available clinical diagnostic tools are inadequate for detecting *P. vivax* asymptomatic reservoirs with very low parasitemia. Molecular methods although sensitive to low-density infections and useful in epidemiological surveillance are not feasible in field applications [19]. The presence of microscopically subpatent infections in endemic populations may render a mass screening and treatment-based strategy ineffective if screening is based on low-sensitivity tools [65].

Hypnozoites pose a significant challenge for the elimination of vivax malaria because they defy detection by any diagnostic methods. Recently, a screen for IgG responses to a panel of 342 *P. vivax* antigens in longitudinal clinical cohorts established that antibody responses to eight proteins detected *P. vivax* infections in the previous 9 months with 80% sensitivity and specificity [66]. Modeling demonstrates that treating a serologically positive population could potentially reduce *P. vivax* prevalence by 59–69%. While this new development still awaits prospective evaluation, it offers a promising surrogate marker for hypnozoite detection and treatment.

6. Chemotherapy and drug resistance

Most antimalarial drugs in use are blood schizontocides that kill asexual blood-stage parasites, which are associated with clinical symptoms. The ability of *P. vivax* (and also *P. ovale* spp.) to form liver hypnozoites capable of causing relapses requires the addition of a hypnozoitocide to prevent relapses. For the radical cure of *P. vivax* malaria, CQ and PQ have been the companion therapies of choice for the treatment

of uncomplicated vivax malaria since the 1950s. Due to the development of CQ resistance in the island of New Guinea, CQ was abandoned and replaced with an artemisinin combination therapy (ACT) there [67].

6.1 Treatment of *P. vivax* blood-stage infections

For the treatment of blood-stage uncomplicated *P. vivax* malaria, WHO recommends the use of either an ACT or CQ in areas where parasites remain CQ sensitive (CQS) or an ACT in areas where *P. vivax* is known to be CQ resistant (CQR) [68]. ACTs are contraindicated in pregnant women in their first trimester; thus for this patient population, uncomplicated vivax malaria is treated with either CQ for CQS malaria or quinine for CQR malaria. WHO recommends parenteral therapy for severe malaria with either artesunate, artemether, or quinine (listed here in the order of preference) for at least 24 h regardless of the causative *Plasmodium* species [68]. No additional drugs are needed to block transmission (as compared to the recommended low-dose PQ for blocking the transmission of *P. falciparum*) because *P. vivax* gametocytes are sensitive to most antimalarial drugs.

6.1.1 Chloroquine and unified treatment with ACTs

CQ remains the mainstay treatment for *P. vivax* malaria in most endemic countries. If low-grade or sporadic CQ resistance is identified, optimizing the treatment regimen can improve the therapeutic efficacy of CQ. A recent meta-analysis of CQ efficacy studies indicates underdosing (<25 mg of CQ/kg) among a substantial proportion (>30%) of patients [21]. Increasing the recommended dose to 30 mg/kg, especially in children under 5 years, could reduce the risk of early recurrence by more than 40% if CQ is used alone. The safety and tolerability of the increased CQ dose are substantiated by earlier studies where CQ doses of 50 mg/kg were used to treat CQR *P. falciparum* [69]. In addition to underdosing, there is accumulating evidence of emerging CQR parasites in endemic sites [70, 71]. A meta-analysis of 129 clinical trials on CQ efficacy identified CQR *P. vivax* parasites in most vivax-endemic areas, though the prevalence of resistance varied geographically [72]. The epicenter of CQR *P. vivax* is located on the island of New Guinea, where the CQR parasite was first reported in 1989 [73]. Reports of high rates of recurrent parasitemia within 28 days in subsequent years [74–76]—consistent with the WHO definition for RI resistance [77]—led to the ultimate withdrawal of CQ from treating vivax malaria in New Guinea [67]. ACTs have shown high efficacy as a treatment replacement of CQ for uncomplicated vivax malaria in many endemic sites [78–80]. Dihydroartemisinin-piperaquine treatment had a significantly lower risk of *P. vivax* recurrence at day 42 than artemether-lumefantrine [81]. These higher rates of recurrence are probably due to different pharmacokinetic profiles of the partner drugs: lumefantrine has a much shorter half-life (~4 days) than piperaquine (28–35 days) and thus offers less protection against early relapse and/or reinfection. This can be mitigated by the inclusion of PQ in the treatment [81]. In areas co-endemic for both *P. vivax* and *P. falciparum*, the deployment of a unified ACT-based strategy for both parasites provides several advantages [78]. First, the excellent clinical efficacy of ACTs against vivax malaria makes them highly suitable for areas of known or suspected CQR vivax. Second, it offers operational ease in routine practice where species misdiagnosis is a frequent issue [18]. The World Malaria Report 2020 indicated an increasing number of countries adopting ACTs as first-line therapy for *P. vivax* [82]. The reluctance to change the treatment may be due to the perceived ease of treating vivax malaria and the economic burden associated with the switch to a much more expensive drug.

6.1.2 Chloroquine resistance

To ensure the high efficacy of first-line therapy, close monitoring is essential. For *P. falciparum* malaria, this is typically done by clinical efficacy studies, *in vitro* drug assays, and molecular surveillance of resistance-conferring genetic markers. Surveillance for *P. vivax* resistance relies heavily on *in vivo* assessment of the schizontocidal therapy, conducted through follow-ups of recurrent *P. vivax* parasitemia after initial treatment for 28 days. Extending the follow-up to 42 days will allow the identification of late recrudescence [21]. After the standard treatment with CQ (3-day regimen of 25 mg/kg CQ base), the blood concentration of the active drugs (CQ and desethyl CQ) reaches the minimum inhibitory concentration (MIC, ~100 ng/ml) around 28 days, and thus recurrent parasitemia before day 28, regardless of the origin of the parasites (recrudescence, relapse or new infection), is likely due to CQR parasites [83]. Given that drug resistance is defined as the growth of the parasite in the presence of the drug above the MIC, CQ resistance must be confirmed by measurement of residual blood CQ and desethyl CQ levels on the day of recurrence.

Ex vivo measurement of drug sensitivity has been conducted in many endemic regions, but it is not ideal for routinely monitoring antimalarial drug resistance in *P. vivax* because of the difficulties in setting up the *ex vivo* assays [84, 85]. Since a long-term *in vitro* culture system is not available for *P. vivax*, *ex vivo* assays are restricted to one-time assays using fresh field isolates, making further validation of results difficult. The *P. vivax* tropism for reticulocytes means that reinvasion does not happen frequently under field conditions. As a result, *ex vivo* drug exposure is limited to one intraerythrocytic cycle. The most commonly used method to quantify parasite growth is the modified Rieckman's microtest that compares schizont maturation rates [86, 87]. Another method quantifies the production of lactate dehydrogenase by the parasites [88]. Unlike *P. falciparum* clinical samples where parasites are all at the ring stage, *P. vivax* clinical isolates contain mixed stages with various degrees of synchronicity. Since *P. vivax* trophozoites are highly tolerant to CQ [89, 90], *ex vivo* assays for CQ need to be done using isolates with no less than 80% ring stages. Despite the variability of assay results between labs, *ex vivo* assays can complement *in vivo* studies to follow temporal changes of drug sensitivities in an endemic area [91].

Molecular surveillance of putative CQR markers in *P. vivax* populations, though conducted in multiple endemic sites, is hindered by the lack of understanding of the genetic basis of resistance [71]. Initial studies focused on the orthologs of the *pfcr* and *pfmdr1*, the main determinants of CQ resistance in *P. falciparum*. Most studies fail to show a strong correlation between *pvcr*-*o* mutations and the CQR phenotype. Some studies from the Brazilian Amazon indicated an association of CQ resistance with higher expression level and gene amplification of *pvcr*-*o* [92, 93], whereas such a link was not validated in Papua Indonesia with high-grade CQ resistance [94]. The relationship between the upregulation of *pvcr*-*o* expression and CQ resistance was recently supported by a genetic cross of *P. vivax* strains [95]. There are also considerable controversies about the main *pfmdr1* mutations Y976F and F1076L as potentially conferring CQ resistance [96–99], suggesting that *pvmdr1* may not be a major determinant for CQ resistance in *P. vivax*. Population genomics studies of *P. vivax* populations from areas with drastically different CQ resistance have identified genomic sites under strong selection [100, 101], but their significance in mediating drug resistance remains to be determined. When using *Plasmodium knowlesi* as an *in vitro* model, some of the markers did not seem to change the drug sensitivity phenotypes in transgenic parasites [102].

6.2 Treatment of *P. vivax* liver stages

6.2.1 Primaquine and tafenoquine in anti-relapse therapy

Relapses from hypnozoite reactivation are preventable by anti-relapse therapy with 8-aminoquinoline drugs. For the prevention of relapse, WHO recommends a dose of 0.25–0.5 mg/kg body weight of PQ daily for 14 days [68]. A high dose (0.5 mg/kg/day) is needed for tropical, frequently relapsing *P. vivax* strains such as the Chesson strain that is prevalent in East Asia and Oceania, whereas a lower dose (0.25 mg/kg/day) is recommended for temperate strains. Many nations adopt low-dose PQ for fear of possible harm to unscreened patients with glucose-6-phosphate dehydrogenase (G6PD) deficiency, but suboptimal dosing may fail to prevent relapses in many endemic sites [46, 103]. Conversely, the high dose requires more detailed clinical investigations to document its efficacy [104].

The 14-day PQ treatment regimen is inevitably associated with poor adherence, which seriously compromises its public health benefit. It is estimated that the effectiveness of unsupervised PQ regimens in vivax patients from Papua, Indonesia, could be as low as 12% [105]. Unfortunately, a shortened 5-day regimen of 15 mg daily PQ did not efficaciously prevent relapse [106, 107]. However, a 7-day high PQ dose (1.0 mg/kg/day) regimen in Asia and Africa recently performed comparably to the 14-day PQ regimen (0.5 mg/kg/day), providing a possible solution to poor adherence [108, 109]. In 2018, another 8-aminoquinoline, tafenoquine (TQ), was approved by the U.S. Food and Drug Administration for radical cure of vivax malaria and malaria prophylaxis [110, 111]. TQ, administered as a single 300 mg dose, showed similar tolerability and efficacy to PQ in preventing relapse in vivax malaria [112, 113]. While TQ appears to be the best choice for travel medicine in people with normal G6PD activity, further clinical studies are needed before seeing its deployment in endemic regions.

In patients with known G6PD deficiency, PQ may be given at 0.75 mg/kg for eight weeks [68], but this should be under close medical supervision with ready access to blood transfusion services. This dosing regimen leverages the “total dose effect”, discovered in the relapsing monkey malaria parasite *P. cynomolgi* [114]—it posits the same efficacious dose of PQ can be delivered in a range of schedules to achieve the same therapeutic effect. For the temperate and tropical strains, the total dose equals 210 and 420 mg PQ, respectively [115]. This regimen was tested in those carrying the G6PD A- variant experimentally infected with the Chesson strain and found to be safe and efficacious [116]. A recent trial of this regimen found that 5/18 (27.7%) G6PD deficient patients experienced >25% fractional drops in their hemoglobin concentrations, including one patient requiring transfusion [117, 118]. This study precludes the use of unsupervised weekly PQ in Cambodia (and perhaps other parts of the Greater Mekong subregion), where the regional prevalence of Viangchan (a class II G6PD variant) and other hemoglobinopathies such as hemoglobin E and β -thalassemia may predispose G6PD deficient patients to a greater risk of acute hemolytic anemia (AHA) when treated with PQ.

6.2.2 G6PD deficiency and point-of-care testing

The root problem of PQ and TQ is hemolytic toxicity in patients with G6PD deficiency [115, 119, 120]. The *G6PD* gene is extraordinarily polymorphic with at least 217 known mutations, and their effects on the stability and catalytic efficiency of the enzyme vary greatly [121–123]. The residual enzyme activity varies from 5–10% of the normal levels in the G6PD A- variant from Africa to less than 1% of the normal levels in the G6PD Mediterranean variant. As a result, the clinical

spectrum of PQ toxicity can range from relatively mild and self-limiting in G6PD A- individuals to severe AHA in the G6PD Mediterranean individuals, while most variants from Southeast Asia (the Mahidol, Viangchan, and Canton variants) typically have intermediate levels of enzyme activity [124]. Evidence supporting protective advantages of the G6PD A- against *P. falciparum* [125–128] and G6PD Mahidol against *P. vivax* [129, 130] is consistent with the wide geographic distribution of G6PD deficiency and its overlap with malaria distribution [124]. G6PD deficiency affects around 8% of the global population, but its distribution is geographically heterogeneous and can range from 3 to 30% in tropical areas [131–133]. G6PD is X-linked; thus, male hemizygotes and female homozygotes have full expression of the G6PD deficiency, whereas heterozygous females display varying degrees of G6PD activity due to random X-chromosome inactivation (lyonization) resulting in red cell mosaicism. As a result, the male population displays two distinctive phenotypes, whereas the female population shows a full spectrum of G6PD activity, which has significant ramifications for the treatment with the 8-aminoquinoline drugs [134]. Because of this, cases of severe AHA have been identified in female heterozygotes receiving the high daily dose of PQ (1.0 mg/kg) even though these subjects tested as G6PD normal after screening with the qualitative fluorescent spot test (FST) [108, 109, 135]. Furthermore, even in vivax patients with a class III G6PD variant (e.g., the Mahidol variant considered mildly deficient), a low-dose PQ treatment (15 mg/kg/day) for three days could lead to AHA, requiring blood transfusions or even renal failure [117, 136, 137]. Therefore, for the goal of malaria elimination in areas with *P. vivax*, the deployment of point-of-care G6PD deficiency diagnostics is urgent [138]. Currently, FST is the most common method to screen for G6PD deficiency, which has minimum lab requirements of cold chain and electricity as well as trained personnel. The CareStart™ G6PD RDT (Access Bio) is a point-of-care screen for G6PD deficiency, but the cost (~15 USD) is prohibitive for large-scale implementation in low-resource endemic areas [139]. Of note, qualitative screening with the FST or RDT can detect G6PD deficiency below 30% of normal activity, but cannot reliably diagnose female heterozygotes with an intermediate deficiency (30–70% normal activity). Fortunately, rapidly eliminating PQ with its half-life of 6 h can be prescribed to patients with G6PD activity above 30% of normal activity [111]. However, TQ has a long half-life of 14 days, and the recommended threshold of G6PD activity is set at 70% of normal activity. Thus, for rolling out TQ in endemic areas, more stringent screening of G6PD activity with quantitative tests is needed [111, 140]. A recent cost-effectiveness analysis suggests that TQ may be deployed in endemic areas outside sub-Saharan Africa using a gender-specific strategy where G6PD-normal females can be prescribed a low-dose PQ for 14 days [141]. This approach again centers on the availability of a qualitative G6PD test.

6.2.3 Host cytochrome P450 (CYP) 2D6 activity

Another problem identified recently is that PQ efficacy depends on the host activity of the hepatic cytochrome P450 (CYP) 2D6. Failures of PQ to radically cure have been linked to reduced activity of CYP2D6 [142], which mediates activation of PQ to its active metabolite(s) [143, 144]. Follow-up studies in Indonesia have established CYP2D6-dependent metabolism of PQ as a key determinant of the efficacy against relapse [145]. Studies in Brazil similarly identified an association of the diplotype-based CYP2D6 activity score of ≤ 1.0 with increased risks of *P. vivax* recurrence within 180 days after PQ treatment [146, 147]. There are also cases of patients with impaired CYP2D6 activity suffering from multiple relapse attacks despite receiving adequate anti-relapse therapy with PQ [148, 149]. Even for the

single-low-dose PQ used as a transmission-reducing strategy for *P. falciparum*, the genetic variation in CYP2D6 affects the pharmacokinetics of PQ [150], and CYP2D6 poor/intermediate metabolism is associated with prolonged gametocyte carriage [151]. Thus, it is important to determine the extent to which reduced CYP2D6 activity is responsible for PQ failures in the radical cure of vivax malaria [152].

CYP2D6 is involved in the metabolism of as many as 25% of drugs in clinical use and is also highly polymorphic [153, 154]. Over 150 CYP2D6 allelic variants have been found and grouped into four phenotypic classes of non-functional, low, normal, and increased metabolizers, with respective activity scores of 0, 0.5, 1.0, and 2.0 per allele, corresponding to diplotype activity scores of 0, 0.5, 1.0, 1.5, 2.0, and > 2.0 [155]. Individuals with diplotype activity scores of ≤ 1.0 are considered to be poor PQ metabolizers [156]. The proportion of poor PQ metabolizers varies geographically. In the Brazilian Amazon, ~25% of the population was found to have reduced CYP2D6 activity [146, 147]. In Cambodia, 52 and 1% of subjects were found to have intermediate and poor metabolism, respectively [157]. Most surveys are based on genotyping results, whereas direct measurement of the CYP2D6 activity using CYP2D6 substrate metabolism (dextromethorphan to dextrorphan conversion) could more accurately determine the phenotype [145]. While CYP2D6 genotypes are not routinely screened in malaria-endemic areas, knowledge of the extent of this problem will help plan for vivax elimination.

6.2.4 Primaquine resistance

PQ-resistant *P. vivax* hypnozoites have never been unequivocally demonstrated. PQ efficacy studies are complicated to conduct and possibly one reason PQ resistant parasites have not been identified. PQ alone has excellent anti-relapse activity [158], but co-administration of a schizontocide (e.g., quinine, CQ, or an ACT) has been shown to significantly potentiate PQ's anti-relapse activity [159]. This effect has been recently verified using an *in vitro* *P. cynomolgi* hepatic system, wherein CQ could enhance PQ's activity against schizonts and hypnozoites by ~18-fold [160]. Any therapeutic failures of PQ in *P. vivax* radical cure could plausibly result from reasons other than PQ resistance. For example, treatment may fail because of improper PQ dose, short duration of treatment, or poor adherence to the treatment regimen [80, 161, 162]. Further, with the current genotyping strategy, it is not possible to reliably determine whether a recurrent infection after day 28 is due to relapse or reinfection. In endemic areas, patients can harbor multiple genotypically different hypnozoites and a relapse infection may be from reactivation of a heterologous hypnozoite clone [163, 164]. Likewise, a genotype different from that of the primary infection may be from either relapse or reinfection. PQ efficacy studies require longer follow-up, making it difficult to exclude the possibility of reinfection in endemic areas. In studies where the possibility of reinfection can be excluded [158, 165], PQ failure requires further scrutiny, especially with the newly identified CYP2D6 effect. In 21 Indonesian patients who experienced therapeutic failure of PQ against *P. vivax* relapse, 20 were classified as CYP2D6 impaired, whereas only one with normal CYP2D6 activity and adequate PQ exposure may represent true resistance to PQ [145]. Ultimately, PQ resistance may still be rare in most endemic areas, though continued surveillance is recommended.

7. Vector control

P. vivax produces transmissible gametocytes early in infection before the development of clinical symptoms [166–168], allowing ready transmission through

mosquito vectors with more efficient transmission in certain species [169, 170]. There are 71 *Anopheles* species/species complexes that are potential vectors for vivax malaria [171], and vector control is a critical component for integrated control of vivax malaria [172]. Long-lasting insecticide-treated nets (LLINs) and indoor residual spraying (IRS) are the key vector-based malaria interventions that are highly effective in sub-Saharan Africa [173, 174]. However, these measures are either under-utilized with low coverage or less effective in certain regions [82, 175]. Since many vector species exhibit early evening and outdoor biting preferences, LLINs and IRS alone are not sufficient for interrupting malaria transmission [176]. In malaria elimination settings, residual transmission often occurs in a forested habitat that lacks core mosquito control coverage [177, 178], requiring targeted vector control efforts for special populations. Further, the emergence and spread of insecticide resistance compromising the efficacy of mosquito control measures needs continual monitoring [179–181]. Successful malaria elimination programs in various regions of the world have all included vector control as one of their pillar strategies [16]. Thus, novel vector control approaches are desperately needed including larval control strategies [182, 183], incorporation of ivermectin in the mass drug administration (MDA) program to reduce the life span of mosquitoes [184, 185], topical and spatial repellents [186, 187], genetically manipulated mosquitoes for population replacement [188], and next-generation LLINs and IRS [189].

8. Technologies and strategies for supporting elimination

8.1 Experience gleaned from successful stories

Despite the unique challenges posed by *P. vivax*, elimination is achievable with integrated control measures. There are nearly 40 countries and territories that have been WHO certified as malaria-free, with 10 of those achieving certification since the turn of the century. Although they all used a combination of strategies including vector control, case management, and mass drug administration, different regions emphasized specific sets of tools at different stages of elimination. The Maldives, the first country in SE Asia to reach malaria-free status, relied heavily on vector control [190]. For Sri Lanka's battle against malaria, strong surveillance, case detection, and patient isolation with treatment were key to its highly targeted elimination strategy [191]. Sri Lanka had anti-relapse treatment as a component of its elimination plan, especially for highly mobile military members, engendering the elimination of *P. vivax* almost simultaneously with *P. falciparum* [191]. In the republics of the former Soviet Union, preventive therapy and MDA with PQ, seasonal CQ chemoprophylaxis, and IRS, were instrumental for malaria elimination [16, 192]. China eliminated indigenous malaria cases in 2017 after the declaration of the National Malaria Elimination Action Plan in 2010 [193]. In the final stage of malaria elimination, China adopted targeted MDA to eliminate vivax transmission in central provinces and developed a rigorous 1–3–7 malaria surveillance strategy [194, 195].

8.2 Strategies for vivax elimination

Management of clinical vivax malaria. Accurate diagnosis using sensitive methods is critical for proper treatment of vivax cases. More sensitive diagnostics such as the uRDTs under development may fill such a need. For the treatment of blood stages, a unified treatment with ACTs is highly recommended. The deployment of point-of-care diagnostics for G6PD deficiency will ensure the wider

prescription of the anti-relapse drug PQ. For those patients with G6PD deficiency, monthly presumptive treatment or prophylaxis with a drug with a long half-life such as naphthoquine may be adopted, as it has proven to be safe and 100% effective for preventing relapse malaria parasite [196, 197].

Targeted MDA. As mass screenings and treatment-based strategies are ineffective for the final elimination phase [65], residual transmission requires targeted MDA to eliminate asymptomatic and submicroscopic parasite reservoirs. For the success of MDA, better knowledge of malaria epidemiology and strong community engagement are needed. In areas such as the Greater Mekong subregion, G6PD deficiency and CYP2D6 poor metabolizers are prevalent and may account for 30% of the population. In addition, point-of-care diagnostics for G6PD deficiency are not available, which seriously undermines the feasibility of PQ-based MDA [156]. In these regions, periodic MDA with an ACT or prophylaxis drug combination with a long eliminating half-life may be an effective alternative [196–199]. Incorporation of ivermectin in the MDA program can reduce the life span of adult mosquitoes and in turn, the transmission of the parasite [184, 185].

Vector control. Traditional control methods such as LLIN and IRS need to be implemented with high coverage. This can be supplemented with novel vector control approaches such as larval control [183]. Topical and spatial repellents [186, 187] may be used for populations at higher risk of outdoor transmission.

Surveillance system. The establishment of a stringent malaria surveillance system in the NMCPs that allows timely responses to new malaria incidence plays a crucial role in malaria elimination. This has proved highly important for many, if not all, successful malaria elimination stories. Within this system, training and capacity building are necessary to establish a malaria control network responding effectively to emerging malaria cases.

8.3 Sustaining elimination

With increased international and cross-border travel, imported malaria cases re-introduce malaria in countries where malaria has been eliminated [193, 200], potentially leading to local transmission [58]. Weakening malaria control programs have been linked to almost all resurgence events such as one that occurred in central China [201], and resource concerns are a large contributing factor [202]. Targeted elimination programs (including regular screening and extensive vector management) can be costly, and there remains a concern that countries who have achieved elimination status may be tempted to reduce their targeted vigilance in order to prioritize funding for other endeavors [203]. However, vector control programs are vital to multiple infectious disease programs, which makes them key components of an integrated response. Additionally, countries should continue to train medical workers for the diagnosis and treatment of malaria and remain vigilant to malaria re-introduction from international travelers or mobile communities. Experience from the malaria program in South Korea demonstrated the significance of good case management practice combined with stringent surveillance for reducing the resurgent malaria threat [204]. In many malaria-free nations, chemoprophylaxis is suggested for international travelers [191, 205], and introduced cases are met with an investigation to eliminate the possibility of endemic spread [206].

9. Conclusions

Several unique biological characters of the *P. vivax* parasite are responsible for its wide distribution and persistence in the face of escalating control efforts.

Problems	Solutions
Relapse from reactivation of dormant hypnozoites; long-latency strains allow for parasite survival beyond winter season	Treatment of hypnozoite stage; sustained vector control to prevent transmission
Anti-relapse treatment with PQ or TQ increases risk of acute hemolytic anemia in G6PD deficient patients with varying degrees in male vs. female	Deployment of point-of-care G6PD RDTs and gender-sensitive treatment strategies that account for differing phenotypic presentation of G6PD deficiency.
Impaired activity of CYP2D6 is associated with poor PQ efficacy	Screening for impairment in CYP2D6 activity in regions of PQ treatment failure can inform targeted treatment strategy
Lack of radical treatment for patients with G6PD deficiency, low CYP2D6 activity, and PQ contraindication	Prophylaxis with a safe drug with a long half-life (e.g., naphthoquine)
Suboptimal dosing in CQ treatment of uncomplicated malaria	Standardizing dose to 30 mg/kg, especially in children under five years can prevent early recurrence
CQ resistance in many endemic sites	Treatment with ACTs
Lack of RDTs for detecting asymptomatic reservoirs with low parasitemia	Detecting antibodies to specific <i>P. vivax</i> proteins followed by treatment may reduce <i>P. vivax</i> prevalence
Residual transmission from asymptomatic and submicroscopic parasite reservoirs	Targeted MDA following epidemiological assessment and community engagement
Vector control strategies such as LLINs and IRS have low coverage, decreased adherence and limited efficacy in some regions	Increasing coverage of LLINs and IRS. Implementing novel vector control approaches to decrease mosquito density, lifespan, and outdoor transmission
Single vertical strategy to eliminate malaria remains unsuccessful	Combined strategies of strong surveillance, early case detection, patient isolation with treatment, sustained vector control.

Table 2.
Summary of the problems and solutions in eliminating P. vivax malaria.

Table 2 summarizes the challenges in controlling and eliminating vivax malaria and potential solutions. Because of the geographical variation of the vivax malaria situation, different endemic countries are likely to emphasize one or a few control strategies. As an infectious disease involving the human-parasite-vector triad, it requires integrated approaches targeting all components of these interactions for the ultimate elimination of vivax malaria.

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Author details

Liwang Cui^{1,2*}, Awtum Brashear^{1,2}, Lynette Menezes¹ and John Adams²

1 Department of Internal Medicine, Morsani College of Medicine, University of South Florida, Tampa, FL, USA

2 Center for Global Health and Infectious Diseases, College of Public Health, University of South Florida, Tampa, FL, USA

*Address all correspondence to: liwangcui@usf.edu

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Plasmodium vivax and *Plasmodium ovale* in the Malaria Elimination Agenda in Africa

Isaac K. Quaye and Larysa Aleksenko

Abstract

In recent times, several countries in sub-Saharan Africa have reported cases of *Plasmodium vivax* (*Pv*) with a considerable number being Duffy negative. Current efforts at malaria elimination are focused solely on *Plasmodium falciparum* (*Pf*) excluding non-falciparum malaria. *Pv* and *Plasmodium ovale* (*Po*) have hypnozoite forms that can serve as reservoirs of infection and sustain transmission. The burden of these parasites in Africa seems to be more than acknowledged, playing roles in migrant and autochthonous infections. Considering that elimination and eradication is a current aim for WHO and Roll Back Malaria (RBM), the inclusion of *Pv* and *Po* in the elimination agenda cannot be over-emphasized. The biology of *Pv* and *Po* are such that the same elimination strategies as are used for *Pf* cannot be applied so, going forward, new approaches will be required to attain elimination and eradication targets.

Keywords: *Plasmodium vivax* transmission, *Plasmodium ovale*, asymptomatic transmission, sub-Saharan Africa

1. Introduction

Malaria elimination is defined as interruption of local transmission of malaria in a defined area [1, 2]. Within a geographical demarcation, malaria transmission is heterogenous ranging between high, intermediate or low [3, 4]. This means that elimination efforts must be defined with respect to the geographical area, and interventions targeted to specified strata to achieve elimination goals [5, 6]. Data for such targeted intervention can come from the use of sensitive and specific surveillance diagnostic tools that can discriminate between species, including asymptomatic infections. In Africa, current efforts of intervention by National Malaria Control Programs and recommendation by WHO and Roll Back Malaria (RBM) are focused mainly on *Plasmodium falciparum* (*Pf*) with little to no attention on non-falciparum species although the latter are established to be present in all of Africa [7, 8]. Clearly if elimination is envisaged based on the target of RBM, then inclusion of all human *Plasmodium* species in the elimination agenda is relevant. Non-falciparum *Plasmodial* species are more complicated in their transmission than *Pf* [9–11]. Especially, *Plasmodium vivax* (*Pv*), that is the most prevalent in the world and the two sympatric species of *Plasmodium ovale* (*Po*), *Plasmodium ovale curtisi* and *Plasmodium ovale wallikeri* both of which cause severe disease and have

hypnozoite stages in their transmission cycle as *Pv* [12–15]. The inclusion of all species should be well planned in such a way that it does not take away from the efforts being made to reduce *Pf* transmission but to go hand in hand. The transmission dynamics of these species must be well understood so that measures tailored to them are put in place. Here aspects of the biology of the parasites are elaborated so they are put in perspective with regards to elimination.

2. Biology of *Pv* and *Po*

Plasmodium species are obligate intracellular parasites that infect *Anopheles* mosquitoes in the sexual life cycle and humans in their asexual life cycle [16]. In humans, replication takes place in the liver hepatocytes, following inoculation by an infected *Anopheles* mosquito into the skin, and migration of the parasite through the capillaries into the blood stream and then to the liver parenchyma cells [17]. This pattern of infection is similar in all known human *Plasmodium* parasites which currently are *P. falciparum*, *P. vivax*, *P. ovale curtisi*, *P. ovale wallikeri*, *P. malariae* and *P. knowlesi* [18].

Outside of Africa, *Pv* is the predominant parasite, but even so the phenotypic characteristic from individuals infected with the parasite from different populations appear to differ. One of the most important differences between plasmodial species infecting humans is the ability of *Pv* and *Po* to relapse after the cure of the original infection [9, 12]. A proportion of sporozoites do not undergo immediate development in the invaded hepatocytes. Instead, they remain dormant in the liver as hypnozoites for prolonged periods of time before developing and causing recurrent infection [19]. *P. vivax* strains from different geographical areas show widely different relapse patterns, reflecting evolutionary adaptation to local environmental conditions that optimize transmission potential of the parasite [20]. In Africa, it had previously been generally accepted that because of the high prevalence of ACKR1 polymorphism, individuals of African descent are resistant to infection by the parasite [21]. Recent evidence of *Pv* presence in nearly the whole of Africa, indicates that *Pv* may have other mechanisms for invasion [22]. Advancing research into the parasites' biology and mechanism of invasion is necessary for elimination and eradication. Although *Po* is not limited by the Duffy antigen polymorphism, the shared biology of hypnozoites and their relapse makes it of equal concern in malaria elimination. What is palpably clear is that reporting of these two parasites from countries in Africa, appears not to reflect the true prevalence rate as reporting is largely passive and not active.

2.1 Parasite transmission

Transmission of the parasite defines the processes that the parasite takes to complete a life cycle [1]. The process in the *Anopheles* vector is referred to as sporogony while that in humans is referred to as schizogony. Schizogony begins when liver schizonts which contain multiples of merozoites mature and burst with subsequent release of the merozoites into the blood stream [23]. The merozoites invade young reticulocytes that have the surface marker CD71(CD71⁺) [24] where they mature into trophozoites. The trophozoites mature into blood stage schizonts containing multiples of merozoites, burst the reticulocytes and initiate a new cycle of blood stage transmission. Some of the merozoites mature into male and female gametocytes that are picked by female *Anopheles* mosquitoes when mature, to begin the sporogonic cycle [1]. In *Pv* and *Po* some of the liver schizonts remain dormant for weeks, months or years and then get activated to initiate a new infection in the

reticulocytes [16]. It is not clear what exactly triggers the reactivation, although new *Plasmodium* and other infections and inflammation, have been suggested as contributory [9, 25]. The subsets that remain in the liver are the hypnozoites, and the reactivation process is called 'relapse'. The activation of hypnozoites is reported to cause most of the blood stage infections [26]. It is not clear whether the under-reporting of *Pv* and *Po* infections in Africa is attributed to hypnozoites relapsing or lack of tools or focus for targeting these species for detection.

It has been reported that the hypnozoites are not only derived from liver parenchyma cells, but also from bone marrow parenchyma that abounds in young and CD71⁺ reticulocytes [24]. It has been shown that the bone marrow is enriched in gametocytes extravascularly, while the liver is enriched with tissue schizonts in the sinusoids compared to peripheral blood [24]. In addition, a small number of parasites are seen in the vasculature of the lungs as opposed to those in the bone marrow and liver which are extravascular [27]. The hypnozoite stages are particularly troubling because chemotherapy against them with the use of primaquine is restrictive due to glucose-6-phosphate dehydrogenase deficiency and CYP2D6 polymorphism [28]. Also, it has been reported that primaquine may not be efficacious against some strains of the hypnozoite stages [29]. Nevertheless, radical cure with primaquine at least can go a long way in the agenda towards elimination.

2.2 Hypnozoite stages

Previously there was no direct evidence of hypnozoite stages of *Po*, however recent reports have clearly shown that such stages indeed exist for both *Po curtisi* and *Po walikeri* [30]. The sub-species of the parasite contribute to the transmission dynamics and need to be fully interrogated for markers and drug targeting. Another unique biology of the parasite is the early emergence and maturation of gametocytes in the blood. While gametocytes for *Pf*, *Pm* mature in about 10–12 days, for *Pv* and *Po*, gametocytes are seen between 3 to 5 days following the first documentation of parasites in the peripheral blood [1, 16, 23]. This means even before any symptoms of infection are seen the parasite would have been transmitted if female Anopheles mosquitoes fed within the period. In this case an intervention in the transmission process can be missed. It maybe that these traditionally unseen parasites, contribute to the low parasitemia usually seen with these infections and why *Pv* and *Po* infections are characterized as benign although they can cause as much severe disease as in *Pf* infections.

2.3 Transmission dynamics

In regions outside of sub-Saharan Africa (SSA) where *Pf* and *Pv* coexist, mixed-species infections are common [31]. In such situations, there are observed shifts in the dominant parasite towards *Pv* as *Pf* transmission declines. Surveys usually report rates less than 2% and yet careful clinical studies record rates of up to 30% and this figure is even higher when PCR detection methods are used. This trend means that in a couple of years to come, without effective and necessary interventions, when the *Pf* burden has been significantly reduced in Africa, *Pv* and *Po* infections could constitute the most dominant *Plasmodium* species on the continent. We observe that countries that were on course for *Pf* elimination such as Botswana, eSwatini, and South Africa have seen changes recently, part of which is due to *Pv* and *Po*. Concurrent infections with different *Plasmodium* species may have important implications on the host response and development of cross-species immunity. The potential for *Pv* to attenuate *Falciparum* malaria obviously requires further characterization and has significant implications for vivax-only vaccination strategies, and the deployment of drugs such as chloroquine, which has lost efficacy

against *Pf* but still retain it against *Pv*. The transmission of the parasite in Duffy negative individuals raises serious concern as essentially *Pf* is the only targeted species in the elimination agenda in Africa, with minimal consideration for *Pv* and *Po*.

2.4 What is needed currently on *Pv* and *Po* transmission?

As noted previously, *Pv* and *Po* can cause severe disease [13, 15]. The most characteristic of *Pv* are acute respiratory distress syndrome (ARDS), anemia and decreased oxygen saturation in both children and adults [32, 33]; clinical conditions which are also seen in *Po* infections [34–36]. The respiratory illnesses are associated with high mortality, with a higher risk in women. In the cited *Po* cases of ARDS, the patients were also HIV positive, so it is not clear if HIV facilitated development to full blown ARDS or not [32, 37]. The new tissue sequestration sites of *Pv* and *Po* mentioned previously, which are out of routine diagnostic procedures, means the task of eliminating *Pv* and *Po* is clearly not an easy one. When the unique biology of *Pv* and *Po* vis-à-vis the evidence of their presence in Africa are considered, there is a need for a paradigm shift regarding *Pv* and *Po* research by putting in place the following:

1. Sensitization of National Malaria Control Programs (NMCPs) to the menace of the two parasites in asymptomatic and symptomatic infections
2. Provision of baseline and standardized tools for sample collection, detection and assays for *Pv* and *Po* towards the elimination of the parasites.
3. Measures for all individuals irrespective of age in Africa to be at reduced risk to *Pv* and *Po* infections
4. De-escalation of the burden of *Pv* and *Po*, through the utilization of novel and available tools that can be integrated into malaria control and elimination agenda in sub-Saharan Africa.
5. Crosstalk between NMCPs and researchers as well as institutions engaged in malaria research.
6. Creation of fora for exchange of knowledge and resources between *Pv* and *Po* focused scientists in Africa and globally, to facilitate progress in control and elimination activities.

3. Conclusion and future perspectives

The presence of *Pv* and *Po* in Africa is certain. Malaria control programs generally focus on providing good vector control, early diagnosis, and access to effective antimalarial regimens, preferably with anti-gametocyte activity to reduce transmission. All these tools cannot be optimally employed without a knowledge of the transmission dynamics of all parasites within a community or country. Re-engaging the focus of NMCPs on non-falciparum malaria that harbor hypnozoites and that potentially could be a significant problem in the very near future is a necessity. Pooling of resources regionally and internationally are key elements for the fight against reducing the burden of non-falciparum malaria and their elimination. It is important that NMCPs and researchers from Universities and Research Institutions engage in crosstalk to facilitate accurate detection and surveillance, and generate the human resource required for sustaining these efforts.

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Conflict of interest

The authors declare no conflict of interest.

Author details


Isaac K. Quaye^{1*} and Larysa Aleksenko²

1 Department of Applied Health Sciences, Regent University College of Science and Technology, Accra, Ghana

2 Division of Obstetrics and Gynecology, Department of Clinical Sciences, Faculty of Medicine, Lund University, Lund, Sweden

*Address all correspondence to: isaac.quaye@regent.edu.gh

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Progress in Parasite Genomics and Its Application to Current Challenges in Malaria Control

Cheikh Cambel Dieng, Colby T. Ford, Jennifer Huynh, Linda E. Amoah, Yaw A. Afrane, Daniel A. Janies and Eugenia Lo

Abstract

A wide deployment of malaria control tools have significantly reduced malaria morbidity and mortality across Africa. However, in the last five to seven years, there has been a resurgence of malaria in several African countries, raising the questions of whether and why current control mechanisms are failing. Since the first *Plasmodium falciparum* reference genome was published in 2002, few thousands more representing a broad range of geographical isolates have been sequenced. These advances in parasite genomics have improved our understanding of mutational changes, molecular structure, and genetic mechanisms associated with diagnostic testing, antimalarial resistance, and preventive measures such as vaccine development. In this chapter, we summarize the current progress on: (1) genomic characteristics of *P. falciparum*; (2) novel biomarkers and revolutionary techniques for diagnosing malaria infections; and (3) current vaccine targets and challenges for developing efficacious and long-lasting malaria vaccines.

Keywords: genomics, *Plasmodium falciparum*, malaria diagnosis, bioinformatics, antimalarial resistance, malaria vaccines, biomarkers, genetic diversity

1. Introduction

Malaria remains a serious public health problem in several developing countries. Globally, there are about 3.2 billion people at risk of malaria and 435,000 malaria-related deaths, most of which happening in West Africa [1, 2]. Malaria is a complicated disease caused by the genus *Plasmodium* in the protozoan phylum Apicomplexa. While *P. falciparum* is the most prevalent form of malaria, *P. vivax* is most widespread around the world. *Plasmodium* has a complicated life cycle that reproduces asexually in human and sexually in mosquito hosts. The parasite is transmitted by the female *Anopheles* mosquitoes. *Anopheles* mosquitoes thrive in warm, tropical climates as the temperature allows for quicker breeding and hatching [3]. The abundance of vectors is positively correlated with the transmission rate of malaria [4]. People infected with malaria normally experience fever, chills, diarrhea, vomiting, and anemia [5]. If remain untreated, the disease can progress to a severe form and result in death [6].

A wide deployment of malaria control tools in the past few decades have significantly reduced malaria morbidity and mortality worldwide. The number of countries with fewer than 100 clinical malaria cases increased from six to 27. Countries including Iran, Malaysia, Timor-Leste, Belize, Cabo Verde, China, and El Salvador reported zero malaria cases in 2019 and malaria cases dropped by 90% in the Greater Mekong subregion (GMS) [7]. However, in the last five to seven years, there has been a resurgence of malaria in several African countries, raising the questions of whether and why current control mechanisms are failing. A number of factors has limited malaria control and elimination efforts. First, *Plasmodium* isolates may respond differently to antimalarial drugs, with some evolved to become more resistant than the others due to prolonged drug use. Second, multiplicity of infection (MOI), i.e., the number of *Plasmodium* isolates co-infecting a single host, has made molecular characterization of the parasites and understanding of disease severity difficult [8]. Third, diagnostic inaccuracy related to false negative results by rapid diagnostic tests (RDTs) is becoming a more widespread phenomenon [9]. Other factors such as asymptomatic reservoirs leading to transmission, lack of effective vaccine, and warmer climates and changing environments caused by human activities [10] have also hampered malaria elimination efforts. Thus, it is critically important to create new tools that allow us to monitor parasite changes and use that information to improve existing control strategies. In this chapter, we will summarize the current progress on: (1) genomic characteristics of *P. falciparum*; (2) novel biomarkers and revolutionary techniques for diagnosing malaria infections; and (3) current vaccine targets and challenges for developing efficacious and long-lasting malaria vaccines.

2. Genomic characteristics of *Plasmodium falciparum*

Knowledge of the evolution and genetic variation of the *Plasmodium* genome offers incredible insights into novel means of malaria diagnosis and treatment. The advances in parasite genomics have improved our understanding of mutational changes, molecular structure, and genetic mechanisms associated with failure in diagnostic testing [11], antimalarial resistance [12], and preventive measures such as vaccine development [13]. Since the first reference genome of *P. falciparum* was published in 2002 [14], several thousand DNA sequences have been collected and deposited in public databases. *Plasmodium falciparum* genome is approximately 23.7 Mb with 14 chromosomes, a plasmid of about 35 kb, and lots of mitochondrial DNA copies of about 6 kb [15]. There are currently 5,438 genes that have been predicted/discovered within the genome with 33% uncertainty of their functions [16]. The genome contains many rich AT regions in both exons and introns (80% and 90%, respectively), which has some advantages and disadvantages when learning more about the genetic architecture of the parasites [17]. The advantage associated with the genomic data would be using its rich polymorphic AT content as biomarkers to map out the evolutionary structure of the parasites and correlating it with any drug resistant genes [15]. Although having a rich AT genome has contributed to a high yield in microsatellites or simple sequence repeats, there are some disadvantages when using the genome in genetic studies [15]. For example, within CRISPR-Cas9, the high AT content resulted in a decrease in the amount of gRNA target sites needed [18]. A deeper knowledge of the genome's polymorphic and conserved genes are therefore essential towards understanding the evolutionary timeline of various *P. falciparum* lineages.

Compared to other eukaryotic organisms, whole genome sequencing (WGS) showed that the genome of *P. falciparum* contains fewer genes for enzymes and

transporters, but more genes for immune evasion to support host–parasite interactions [14]. With an average length of 2.4 Kb, *P. falciparum* genes are considerably larger than many organisms. *P. falciparum*'s genome contains a full set of transfer RNA (tRNA) ligase genes with minimal redundancy. 43 tRNAs have been identified to bind all codons except TGT and TGC, which code for cysteine, thus giving *P. falciparum* a slightly different amino acid translation than is seen in humans and other eukaryotes. By contrast, the mitochondrial genome of *P. falciparum* is only about 6Kb and does not contain any genes that encode for tRNAs, implying that the mitochondrion must import tRNAs from elsewhere into the cells [19, 20]. Polymorphic genes in the *P. falciparum* genome are useful in creating linkage maps to monitor mutational changes and genetic diversity of the parasites in response to malaria interventions and control efforts [21]. Polymorphic genes are variations in genes at higher frequencies that can be advantageous, neutral, or disadvantageous [22]. The role of polymorphic genes is to influence coding regions, alter protein sequences and gene expression, and eventually the metabolic pathway and function [23]. For example, remarkable polymorphisms observed in the merozoite surface proteins (*MSP*), *PfAMA1*, *PfEBA*, and *PfRHs* genes that involved in merozoite evasion have been shown to increase the evasion ability of *P. falciparum* to the host immune system [24].

In comparison, conserved genes are genes that have not been altered. They contribute to important biological processes and fitness [25]. Information of conserved genes allow us to infer phylogenetic relatedness and trace the genetic origin of different lineages, determine new targets for therapeutic treatment, and serve as a guide when determining functions of unknown genes [18]. The processes that determine the polymorphisms of the parasitic genome include both selective pressures and recombination frequencies. Selective pressures on conserved genes allow certain important genes to remain unmodified for normal metabolic activities, whereas polymorphic genes diversify through frequent recombination allow for better evasion of antimalarial drug treatments and escape detection from diagnostic tests [26]. For example, the *PfHRP2* gene has shown with partial deletions and/or mutations over the past few years due to the usage of *HRP2*-specific Rapid Diagnostic tests (RDTs) [27, 28]. More specifically, the histidine-rich repeats in the *PfHRP2* gene drastically change the length of the gene and the ability of the parasites to evade RDTs. Therefore, novel genes that encode for parasite specific function might be potential new targets for malaria diagnosis and/or treatment [14]. It is important to distinguish metabolic pathways that the parasites use for invasion of the host cells as well as evasion of the host immune system.

P. falciparum is clearly genetically distinct by geographical regions [29, 30]. Given the complex life cycle of *Plasmodium*, genomic data coupled with Genome-Wide Association Studies can offer deep insights into the tangled relationships among humans, mosquitoes, and the parasites. To date, databases such as PlasmoDB have integrated sequence information, functional genomics, and annotation of data emerging from the *P. falciparum* genome sequencing consortium [31]. These databases provide an important platform to retrieve biological meaning from new 'omic' data and enhance diagnosis and treatment of infections caused by this dreadful malaria pathogen.

3. Conventional and novel methods for malaria diagnosis

One of the challenges to malaria elimination is the burden of submicroscopic asymptomatic infections that contribute to malaria transmission [7]. The gold standard for malaria diagnosis is microscopy [32]. Microscopy can differentiate malaria

species and quantify parasite density, but only has a detection threshold of 10 to 50 parasites μl of blood (approximately 0.001% parasitemia, assuming an erythrocyte count of 5×10^6 cells μl) [33]. However, it requires well trained microscopists and is labor-intensive and time-consuming [32]. Previous studies have reported higher prevalence of asymptomatic parasitemia (6–7 times higher) using PCR compared to microscopy [5]. Nested PCR of the *18 s* rRNA genes has been commonly used to detect submicroscopic infections. PCR-based methods are also more sensitive than microscopy at detecting gametocytes particularly in asymptomatic individuals with low-density infections [34]. However, recent studies indicated a relatively high number of misdiagnosed infections [9], possibly due to low parasite density being less detectable by conventional PCR. The *18 s* rRNA gene has a reported detection thresholds of 0.5–5 parasites μl [35], but parasite density of asymptomatic infections especially in low transmission settings could be well below this threshold. As a result, many of these infections remain undetected in the general populations of several malaria-endemic countries [10, 36, 37] and provide perfect reservoirs for transmission at any time. Therefore, it is crucial to identify new gene targets or novel tools that are convenient and affordable for detecting asymptomatic infections, particularly in countries approaching elimination phase. Below are comparisons of various conventional and novel detection methods.

3.1 Rapid diagnostic test (RDT)

Rapid Diagnostic Test (RDT) is a lateral flow immunochromatographic test that can detect the presence of *Plasmodium* parasites by using blood from patients. The blood samples collected from patients must be lysed before the *Plasmodium* antigens being stained. RDT will indicate if the patient has malaria or not [38]. This diagnostic method is useful in rural areas as it is inexpensive and does not require expertise to perform the test [38]. There are various types of RDTs that can detect different antigens of *Plasmodium* parasites including *P. falciparum* and *P. vivax*, namely *P. falciparum* histidine-rich protein 2 (*PfHRP2*) and lactate dehydrogenase (*PfLDH*). However, recent studies indicated that parasites lacking the *pfhrp2/pfhrp3* genes could result in false-negative *PfHRP2*-RDT results, and these *pfhrp2/pfhrp3* variants have been spreading in many East and West African countries [39–42]. Reports of deletion of *HRP2* and *HRP3* genes was first reported in 2010 within the Peruvian Amazon [43] and the number of false negative RDTs has substantially increased in late 2014 [44]. Prevalence of false negative cases related to *HRP2* deletions in South America (with the exception of Peru) is lower than Asia and Sub-Saharan Africa [45]. The highest prevalence (50% *pfhrp2* deletions among all positive cases) were reported in Cambodia, Peru, and Eritrea [46]. Such a high prevalence could be explained by technical errors, mutations, selection and spread of the *pfhrp2* and 3 variants [47] from South America to Africa and Asia [41]. Recently, a novel *HRP2*-based Alere™ Malaria Ag P.f RDT (uRDT) was developed specifically for the detection of asymptomatic infections. Compared to the existing RDTs, the uRDT showed a greater than 10-fold improvement in diagnosing clinical and asymptomatic cases [48]. However, the sensitivities of the uRDT were inconsistent among different transmission settings [49]. Thus, although very promising for the detection of asymptomatic infections, the performance of uRDT must be further evaluated especially in areas with a already high prevalence of *pfhrp2* and *pfhrp3* gene deletions.

3.2 Enzyme-linked immunosorbent assay (ELISA)

ELISA is an enzyme-linked immunosorbent assay that is used to detect antigens and antibodies by utilizing a highly specific antibody–antigen interaction and their

bonding affinity to proteins on a solid surface [50]. Samples, including and positive and negative controls are inserted on a 96 well plate which enables the possibility to analyze multiple samples simultaneously, then samples get incubated and detection of the signal is generated directly or indirectly via secondary tag on the specific antibody [51]. ELISA can be very efficient diagnostic tool for *Plasmodium* because it is highly specific and sensitive and therefore can be used to screen blood donors and pregnant women who may or may not have been exposed to the parasite [1]. However there are some limitations associated with using ELISA, as it is unable to detect antibodies in patients with acute infections, patients with different *Plasmodium* species, and various antigens within the different life stages of the parasite [52]. A recent study showed a lower detection threshold (3 parasites/ μ l) by ELISA test of the *Plasmodium* lactate dehydrogenase (*pLDH*) as compared to RDT (50–60 parasites/ μ l) [53]. However, ELISA has a lower sensitivity (69.9%) to antigens than RDT (88%) [53], and can be expensive and require a trained technician to operate and interpret the results [53].

3.3 Lateral flow immunoassay (LFIA)

One of the current diagnostic tests in development is an antibody-based lateral flow immunoassay (LFIA). Unlike ELISA that requires repeated incubation and washing steps, LFIA is considered to be a simple, user-friendly and cost-effective method for front-line diagnosis [54]. LFIA is versatile enough to detect target genes in sample matrices including whole blood, saliva, and urine. This method is primarily applied to detecting gametocytes in malaria-infected samples. Gametocytes are the sexual form of the parasite that gets transmitted to the mosquito host. They play a very important role in malaria transmission, and can contribute to up to 80% [55] of the infectious reservoirs. Previous studies have shown that infections with parasitemia as low as 4 gametocytes/ μ l can sustain transmission [56]. LFIA targets *Pfs25* in infected blood samples, which is a glycoposphatidylinositol-linked protein expressed on the surface of *P. falciparum* zygotes and ookinetes but only found on female gametocytes in the human hosts [57]. The detection limit of *Pfs25* LFIA is 0.02 gametocytes/ μ l, much more sensitive than *pfhrp2* RDT with a detection limit of 50–100 parasites per μ L of blood [35, 58]. Another protein at the surface of the female gametocyte *PSSP17*, which is presumably more abundant in saliva samples, was also investigated in Cameroon, Zambia and Sierra Leone with an estimated sensitivity of 83% (95% CI, 61 to 95) in symptomatic patients when compared to PCR as the gold standard [58]. Detection of *pfhrp2* in saliva have been reported recently using LFIA, but the sensitivity was only shown to be improved in severe to moderate form of infections with parasitemia >60,000 parasites/ μ L [59]. Although convenient, *pfhrp2*-based LFIA could be less useful in detecting asymptomatic infections.

3.4 PCR-based methods

The combination of PCR-based assays and sequencing technologies have revolutionized malaria diagnosis since their introduction in the early 2000s. Various gene targets have been used to monitor genetic and/or mutational changes in the parasites that cause the disease. PCR is a very common technique used in malaria diagnoses in laboratory settings. The main advantage of this technique is that it enables us to identify individuals with low parasitemia (**Table 1**). There are multiple versions of this technique including nested conventional PCR, real-time quantitative PCR and reverse transcriptase PCR. Nested PCR is the easiest and least expensive methods among the others. It only requires a thermocycler, set of primers, reagents and visualization after gel electrophoresis. It is mostly a

qualitative method as it is fairly difficult to estimate parasite density on a agarose gel. Unlike conventional PCR that uses gel electrophoresis to visualize PCR products, real-time PCR or qPCR detects and quantifies the amount of amplified DNA usually by SYBR green or a fluorogenic probe designed based on a target gene segment (TaqMan). The standard cycle threshold (Ct) value is inversely proportional to the amount of target DNA in the sample [66] and allows estimation of parasite density even in submicroscopic samples. Different from nested and qPCRs, reverse transcriptase PCR uses RNA as template and transcribes RNA into complementary DNA. This method has been widely used to detect and quantify gametocyte density in malaria samples. Though PCR-based methods are undoubtedly more sensitive than microscopic diagnosis, the level of sensitivity is highly dependent on the gene targets (Table 1).

3.4.1 18 s rRNA

The 18 s rRNA genes have been the main gene target for molecular screening as it contains 5–8 copies per genome [62] in *Plasmodium*, but recent studies indicated a relatively high level of misdiagnosed infections [45]. The advantage of using the 18 s rRNA is that it is highly specific compared to microscopy or RDT diagnoses. The primer sequences and protocols for both nested and qPCRs have been readily established. However, it fails to reveal infections with low parasite density (0.5–5 parasites/ μ L of blood) [35]. Thus, new target genes have been examined in the past few years with the goal to achieve an ultra-sensitive biomarker with higher sensitivity and specificity compared to the 18 s rRNA.

3.4.2 Mitochondrial cytochrome c oxidase III (COX3)

The cytochrome c oxidase III (COX3) gene plays a very important role in cellular respiration [67]. It is a mitochondrial gene that inherited solely from the female gametocyte and less likely to undergo genetic recombination, making it an ideal candidate for identifying the origin and transmission of the parasites [68].

Type	Target	Sensitivity (%)	Specificity (%)	Application	Detection Limit	Refs
RDT	HRP2/3	57	99	Field	50–100 parasites/ μ L of blood	[35]
RDT	LDH	58	93	Field	50–100 parasites/ μ L of blood	[35]
PCR	18 s rRNA	64	92	Laboratory	0.5–5 parasites/ μ L of blood	[60]
PCR	COX3	—	—	Laboratory	0.6–2 parasites/ μ L blood	[60]
PCR	TARE-2	81	49	Laboratory	6–24 parasites in 200 μ L whole blood	[61]
PCR	varATS	—	—	Laboratory	12–30 parasites in 200 μ L whole blood	[62]
PCR	Pfs25	—	—	Laboratory	0.3 mature females/ μ L blood	[63]
ELISA	LDH	69.9	100	Laboratory	3 parasites/ μ L blood	[53, 64]
LFIA	Pfs25	—	—	Laboratory	0.02 gametocytes/ μ l blood	[58]
SERS	Hemozoin	—	—	Laboratory	30 parasites/ μ L of blood	[65]

— Denotes that the sensitivity or specificity is not reported.

Table 1.
Existing malaria diagnostic tests and their respective performance.

More importantly, there are around 20 to 150 copies of the *COX3* gene in the *Plasmodium* genome [62] and PCR analysis of this gene indicated a detection limit of 0.6–2 parasites/ μ L, much more sensitive than the 18 *s*-rRNA [60].

3.4.3 Telomere associated repetitive element 2 (*TARE-2*)

The recently discovered Telomere Associated Repetitive Element 2 (*TARE-2*) has demonstrated better performance than the conventional 18 *s* rRNA marker in detecting low density parasite infections. There are about 250 copies of the *TARE-2* gene in the *Plasmodium* genome and this gene is highly specific to *P. falciparum* [69]. *TARE-2* has been previously shown to be useful for detecting ultra-low density *P. falciparum* infections in Papua New Guinea and Tanzania [62]. A recent study in Ghana showed a slightly higher sensitivity of *TARE-2* compared to 18 *s* rRNA (81.2% vs. 80.9%) using microscopy as a gold standard, but with a lower specificity reduced by almost two-fold [37], making this gene less desirable for active case surveillance.

3.4.4 *Var. gene acidic terminal sequence (varATS)*

The *var* gene family is located primarily in the subtelomeric region of the *Plasmodium* genome. It is a family of genes known to be highly polymorphic. For instance, the genome of the 3D7 culture strain harbors 59 different *var* genes with an estimated 50–150 copies per genome [14]. One of the main gene in the *var* gene family encodes the *P. falciparum* erythrocyte membrane protein 1 (*PfEMP1*) that contains a highly variable extracellular part and a well conserved intracellular *var* gene acidic terminal sequence (*varATS*) [61]. The *varATS* has a detection limit of 12–30 parasites in 200 μ L whole blood. Though more sensitive 18 *s* rRNA, *varATS* employs a qPCR approach that could be less feasible for routine case detection in rural areas or developing countries [62].

3.5 Raman spectroscopy

Raman spectroscopy is a relatively novel technique that can be used to diagnose the presence of *Plasmodium*. This technique measures the amount of wavelength and light intensity of scattered light reflected from the target molecule of *Plasmodium* present in an infected sample either in liquid, gas, or solid form [70]. Raman spectroscopy can be used specifically to characterize hemozoin, a pigment produced by infected erythrocytes and can be used to track the progression of the disease and efficacy of drug treatment [71]. A specific type of Raman spectroscopy known as Surface Enhanced Raman Spectroscopy (SERS) has been utilized to detect early signs of erythrocytic infections and was shown with a detection limit of 30 parasites/ μ L [65]. Tip-enhanced Raman spectroscopy (TERS), on the other hand, can enhance *Plasmodium*'s hemozoin vacuole from 10^6 to 10^7 [71]. While Raman spectroscopy is more cost effectiveness than PCR and microscopy [71], this technique cannot detect hemozoin in early ring stage nor differentiate hemozoin from active and previous infections [71]. Further investigations are needed to refine Raman signals in order to enhance the technique's detection abilities.

4. Revolutionized techniques and genomics tools for monitoring parasite changes

Extensive level of genetic diversity observed in *Plasmodium* is a major threat to the eradication of the disease. Previous studies used sanger sequencing of the merozoite surface protein (MSP) or microsatellite genotyping methods to assess parasite genetic

diversity. Though affordable, these methods are time-consuming and labor-intensive for large scale genetic studies. Moreover, differentiating or phasing clonal genotypes for samples with more than two clones can be difficult. Restriction enzyme cutting followed by gel electrophoresis of the MSP gene has been conventionally used to assess parasite diversity and define multiplicity of infections (MOI) based on the number of distinct bands present on a gel. MSP is the most abundant protein at the surface of the merozoite and play a critical role in the *Plasmodium* invasion mechanism to the erythrocyte [72]. It is an informative gene for resolving clonal relationships and depicting population structure of *Plasmodium* given its size polymorphisms [73]. However, in high transmission areas where parasites are highly variable and different by single nucleotide polymorphisms (SNPs), gel electrophoresis of the MSP gene would underestimate the levels of diversity and polyclonality [74]. Microsatellite genotyping has also extensively been used for *Plasmodium* population structure and genetic diversity study [75]. While this marker has the advantages of being polymorphic, evolutionary neutrally, and are abundant in the *Plasmodium* genome [76], polyclonal samples with more than two alleles detected from two or more genetic loci are usually discarded in the analyses. Thus, next-generation sequencing (NGS) technologies offer a novel, alternative approach to shed light on the polyclonal and complex nature of *Plasmodium* infections [77].

4.1 Amplicon deep sequencing

In regions in high malaria endemicity, individuals typically harbor multiple *Plasmodium falciparum* isolates due to repeated exposure to mosquitoes infected with multiple parasite isolates [78]. Polyclonal infections have become a growing concern as some parasite isolates may be resistant to antimalarial drugs and/or more pathogenic [79]. Identification of genetically distinct clones is necessary to critically evaluate the causation of resistance to drugs and any other therapeutic treatments. Recently, due to reduced cost of high throughput NGS technology, other types of molecular tools have emerged to address the complex issue related to MOI. MOI is defined as the number of parasite clones within an infected sample. Deep sequencing of a targeted gene amplicon coupled with bioinformatic analyses allow differentiation of various *P. falciparum* strains based on SNPs [75] and discrimination of major from minor clones [80]. It also provides an increased capability to detect the genetic relatedness among clones within and between hosts as well as minor *P. falciparum* variants [81]. This technique can be applied to different gene regions such as Circumsporozoite (CSP), MSP1/2, and Apical membrane antigen (AMA) to monitor changes as well as selection pressure acting on the parasite populations [82].

4.2 Molecular inversion probe

Molecular inversion probes (MIPs) are another deep sequencing technique that targets several short gene regions across the genome. MIPs are single stranded DNA molecules that contain flanking regions of the targeted gene regions up to several hundred base pairs long [83]. MIPs can hybridize with the target sequence and undergo gap filling ligation to form circular DNA. The target sequence will also contain adaptors and barcodes to be further amplified by PCR [83]. The advantages of this technique include low rate of errors, small amount of DNA samples, high throughput, and cost-effective for several hundreds of samples. It is scalable to the number of targeted gene regions and samples, requires minimal costs in terms of reagents and labor, and allows efficient capture of DNA extracted from dried blood spots [84]. The latter advantage would make large-scale population studies feasible. MIPs have been used for monitoring SNP mutations associated with drug

Anti-malarial	Chloroquine	Amodiaquine	Sulfadoxine	Pyrimethamine	Artemisinin
Gene	Crt	Mdr1	Dhps	Dhfr	K13
Mutation(s)	K76T	N86Y, Y184F	A437G, K540E	N51I, C59R, S108N	M476I, Y493H, R539T, I543T, C580Y

Table 2.
Gene mutations associated with antimalarial drug resistance.

resistance, such as *crt*, *mdr1*, *dhps*, *dhfr*, and *K13* (**Table 2**) [84]. For example, a recent study based on MIPs analysis found that the *PfDHPS* gene associated with Sulfadoxine resistance has been rapidly spread from east to west of the Democratic Republic of Congo [84]. Apart from drug-resistant mutations, a number of micro-satellite loci have also been added to the MIP panel to estimate genetic structure and diversity of *P. falciparum*. This technique allows multiple loci to be genotyped simultaneously. However, the design of the MIP panel would require prior information of the gene regions of interest.

5. From parasite genes to malaria vaccines

Genetic information of *P. falciparum* has allowed a careful selection of gene targets for vaccine development [85]. Vaccines can offer protection against clinical malaria especially in young children and reduce transmission in a population. However, there are several challenges in developing a highly effective malaria vaccine, mostly due to the complexity in the parasite life cycle and host immune system. *Plasmodium* parasites reproduce asexually in human hosts. They can be found throughout the body's bloodstream and liver in various stages. There are numerous potential parasite antigens that elicit different levels of host immune response [86], but the protective response towards a particular antigen or one parasite life-stage is not effective in conferring protection against other stages [87]. One solution for that is to choose an immunogenic antigen/epitope that can elicit a strong immune response and potentially confer the highest efficacy. Conjugating the target antigen or epitope with an adjuvant or better drug delivery system can help elicit a stronger and safer immune response [88]. Alternatively, it is also possible to activate other immune cells such as natural killer cells and neutrophils that can elicit a long-lasting immune response [89]. Natural killer cells act faster than T cells while neutrophils can activate either a humoral or cell mediated immunity [90]. Both natural killer cells and neutrophils in response to *P. falciparum* invasion have not been studied in depth compared to antibodies and T cells [90]. To date, there are three types of malarial vaccines that are being studied and tested in clinical trials: pre-erythrocytic, erythrocytic, and transmission blocking vaccines (**Table 3**).

5.1 Pre-erythrocytic vaccines

Pre-erythrocytic vaccines aim to kill infected hepatocytes and prevent sporozoites from reaching the liver [101]. There are various gene targets currently being investigated and in clinical trials.

5.1.1 RTS,S/AS01E

RTS,S/AS01E is a well-known pre-erythrocytic vaccine that has successfully completed phase III of clinical testing. It is currently distributed by World Health

Name of Vaccine	Type of Vaccine	Target of Vaccine	Malarial Life Cycle Stage	Phase of Vaccine	Efficacy	Refs
RTS,S/AS01E	Recombinant protein vaccine	Circumsporozoite protein (CSP)	Pre-Erythrocytic	Phase III	35.2% in Children 20.3% in Infants	[91]
<i>Pf</i> SPZ	Live, radiation-attenuated vaccine	Sporozoite (SPZ)	Pre-Erythrocytic	Phase III	Homologous challenge: 64% Heterologous challenge: 83%	[92]
<i>Pf</i> LSA Vaccine	Recombinant protein vaccine	Liver-stage antigen 1 (<i>LSA-1</i>)	Pre-Erythrocytic	Phase I	Efficacy has yet to be found in humans	[93]
<i>MSP1</i> Vaccine	Subunit based Vaccine	<i>MSP1</i>	Erythrocytic	Phase I	Efficacy has yet to be found in humans	[94]
<i>AMA-1</i> Vaccine	Recombinant protein vaccine?	<i>AMA-1</i>	Erythrocytic	Phase II	Efficacy has yet to be found in humans	[95]
R21 Vaccine	Recombinant protein vaccines	Illicit a higher anti-CSP antibody count	Erythrocytic	Phase I/IIa	Efficacy has yet to be found in humans	[96]
<i>Pfs</i> 230 & <i>Pfs</i> 48/45	Potential new target	<i>Pfs</i> 230 and <i>Pfs</i> 48/45 combined with a FAB fragment of a monoclonal antibody, 4F12, can act on parasitic gametes by forming a membrane-bound protein complex and increase the vaccine activity	Transmission Blocking Vaccine	None	Efficacy has yet to be found in humans	[97]
<i>Pfs</i> 25	Recombinant conjugated vaccines	Antibodies against the <i>Pfs</i> 25 antigen in the human host to stop the development and transmission of the parasite when the vector feeds on the host.	Transmission Blocking Vaccine	Phase I	Efficacy has yet to be found in humans	[98]
<i>Pf</i> GARP	Potential new target	Glutamic acid rich protein	Erythrocytic	None	Efficacy has yet to be found in humans	[99]
<i>Pf</i> RH5- <i>Pf</i> CyRPA- <i>Pf</i> Ripr (RCR) complex	Potential new target	Induce strain-transcending neutralizing antibodies against blood-stage <i>P. falciparum</i>	Erythrocytic	Phase I/II	Efficacy has yet to be found in humans	[100]

Table 3. Overview of current vaccines candidates against *Plasmodium falciparum*.

Organization (WHO) in Malawi, Ghana, and Kenya to further investigate vaccine efficacy [96]. RTS,S is a vaccine that targets circumsporozoite proteins (CSP) from

P. falciparum. CSP are surface proteins that is important in hepatocyte invasion. Interactions between CSP and heparin sulfate proteoglycans (HSPGs) allows the sporozoite to attach to the surface of hepatocytes and triggers a signaling cascade that allows for the sporozoite to invade liver cells [102]. Subsequent to invasion, the sporozoites will mature, multiply, and feed on the hepatocytes until the hepatocytes lyse and release merozoites into the bloodstream. Preventing the invasion of sporozoites will inhibit the progression and severity of the disease. Using the C-terminus and central tandem repeat (NANP) of *PfCSP*, Hepatitis B surface membrane antigen (HSbAg), and an AS01 adjuvant system, the vaccine will elicit a strong, stable immune response [91]. After vaccination, the host immune system will respond to *PfCSP* antigen by producing anti-CSP antibodies and activating CD4+ T cells [103]. RTS,S/AS01E is given on a three-dose schedule within three months followed by a fourth dose at 20 months [91]. It has been shown across clinical malarial studies that the vaccine has an 39–50% efficacy in children ages 5–17 months and 23–30% efficacy in children ages 6–12 months [104–106]. Efficacy waned rapidly from 35.2% and 20.3% to 19.1% and 12.7%, respectively, in children and infants within 20–32 months without a booster [91]. Such a decay in vaccine efficacy could be due to reduced IgG and IgM antibodies against CSP antigen. Anti-CSP antibodies were shown to increase by almost 10-fold from 318.2 EU/mL to 34.2 EU/mL in children one month after a booster was given [96]. Apart from the short-lived nature of the vaccine, older children who were vaccinated showed an increased risk of malarial infections, likely due to RTS,S/AS01E interference with naturally acquired immunity [96]. Another similar vaccine R21 is currently testing in Phase 1/2a clinical trials [107]. This vaccine aims to elicit a high anti-CSP antibody content similar to the mechanisms of RTS,S vaccine. R21 comprises particles from CSP-HBsAg protein infused with an adjuvant, matrix-M [107]. It has been shown to increase the production of T cells and is still in the process of development [96]. Further studies should investigate alternative antigens that can elicit stronger and long-lasting efficacy as well as the mechanisms of the cell-mediated immune response against malaria in humans.

5.1.2 *PfSPZ*

Plasmodium falciparum sporozoites (*PfSPZ*) is another pre-erythrocytic vaccine target. As aforementioned, sporozoites transferred from the infected Anopheles mosquito to the human host. They enter the bloodstream and reach the liver before invading the hepatocytes using the sporozoite proteins P36 and P52. P36 interacts with hepatocyte's extracellular receptor EphA2 to create a protective parasitophorous vacuole that facilitates hepatocyte invasion [108]. *PfSPZ* vaccine prevents the sporozoites reaching the liver and infecting hepatocytes [109], and is currently undergoing phase III clinical trial [92]. *PfSPZ* vaccine was designed to have a live, whole sporozoite that is radiated-attenuated. It is injected intravenously and given in 3–5 doses. Recent studies using controlled human malaria infection (CHMI) showed that this vaccine provided about 33 weeks of stabilized protection in 50% of the vaccinated subjects [110]. The vaccine induced interferon gamma (IFN- γ) that can recruit and activate CD8+ and CD4+ T cells against homologous and heterologous parasitic strains [110]. Subjects who received the *PfSPZ* vaccine also developed IgM antibodies that can help inhibit proliferation of the parasites [111]. However, the vaccine requires specific storage in ultra-cold condition and trained medical workers to inject the vaccine intravenously [96]. Furthermore, efficacy varied by locations. For example, in Mali, 29% efficacy was reported in subject who were exposed to heterologous strain; whereas in CHMI, 83% of subjects were found to be protected from exposure to heterologous strains [92]. Further

studies are needed to compare efficacy among different geographical or transmission settings.

5.1.3 *PfLSA-1 and PfLSA-3*

Liver surface antigen (LSA) is another pre-erythrocytic vaccine target. LSA is essential for the survival of the parasites during the late liver schizogony stage [93]. Schizonts are asexual stage of *Plasmodium* that developed from sporozoites and matured in infected hepatocytes. Once the infected hepatocytes are filled up with mature schizonts, they rupture and release merozoites into the bloodstream to invade erythrocytes. LSA vaccine prevents the maturation of schizonts and rupture of infected hepatocytes. There are two liver stage antigens, LSA-1 and LSA-3, that are used as vaccine targets. *PfLSA-1* is highly conserved in *P. falciparum* and is found in parasitophorous vacuole in the liver stage of the parasites. *PfLSA-1* contains 17 amino acid repeats and is associated with the late liver schizont stage [93, 112]. LSA-1 can induce IgG and IgM antibodies as well as CD4+ T cell production [93, 113]. LSA-1 vaccine is currently in phase I clinical trial and is still unclear its efficacy in humans. LSA-3, on the other hand, is found in dense granules in the blood stage of the parasites and the protein is about 175 kDa [114]. LSA-3 appears to play a role in the parasitic growth in infected hepatocytes and erythrocytes [114]. A recent study indicated that LSA-3 provided full protection to chimpanzees from heterologous *P. falciparum* sporozoites [93]. Like LSA-1, LSA-3 is also in phase I clinical trial and its efficacy and immunogenicity in humans remain unclear.

5.2 Erythrocytic vaccines

Erythrocytic vaccines aim to kill and terminate the asexual reproduction and invasion of the parasite within red blood cells (RBC). Infected individuals typically experience symptoms when the parasites invade a threshold number of RBCs and disrupt their normal functions. Preventing the parasites developed into blood stage will inhibit progression of malaria symptoms such as chills, aches, and fevers.

5.2.1 *PfMSP1*

Merozoite surface protein 1 (MSP1) is one of the targets used for erythrocytic vaccine. MSP1 is a glycosylphosphatidylinositol-anchored protein found in abundance on the surface of the merozoites [115]. MSP1 plays an important role in the invasion of erythrocytes as it binds and recruits other peripheral merozoite surface proteins to form a complex [115]. MSP1 starts off as a precursor of about 196 kDa and then cleave into four subunits before invading the erythrocytes [94]. The four subunits are held non-covalently forming a complex attached to the merozoite's GPI anchor [94]. Once the MSP1 complex is formed, it binds with the receptors on erythrocytes and activates a spectrin-binding function to enter the erythrocytes [94]. MSP1 has been shown to elicit both humoral (IgM and IgG antibodies) and cell-mediated immune responses (memory T cells) that lasted about 6 months after immunization [94]. These results are promising as MSP1 vaccine will also activate antibodies for complement fixation, induce opsonizing antibodies, and initiate secretion of reactive oxygen species by other immune cells [94]. To date, MSP1 vaccine is in phase I clinical trial. Further investigation is needed to evaluate efficacy.

5.2.2 PfAMA-1

The erythrocytic vaccine based on Apical Membrane Antigen 1 (AMA1) is currently in phase II clinical trial [116]. The AMA1 protein is approximately 83 kDa and can be found in both the merozoite and sporozoite stages of *P. falciparum* [116]. The complex AMA1 and another parasite protein namely the rhoptry neck protein 2 (RON2), is essential for merozoite invasion during the blood stage of infection, and initiates the parasite traversal into the RBCs [117]. The AMA1 vaccine has been shown to elicit high levels of antibodies that can block the invasion of the erythrocytes, despite high polymorphisms observed in the AMA1 protein [117]. The AMA1-Diversity Covering (DiCo) vaccine was thus designed to include three recombinant variants of AMA1 and this vaccine is currently testing in phase Ia/Ib clinical trial [118]. To increase efficacy of the AMA1 vaccine, AMA1 was paired with the RON2 receptor and vaccinated in eight *Aotus* monkeys [117]. Half of the monkeys were able to achieve complete immunity from the *P. falciparum* infection when vaccinated with AMA1 and RON2 [117]. The vaccine with AMA1 and RON2 induced a higher level of antibodies than the AMA1 vaccine. Further investigation is needed to examine other potential AMA1 variants or merozoite structures that can be paired up with the AMA1 protein to increase efficacy.

5.2.3 PfGARP

Plasmodium falciparum glutamic acid rich protein (PfGARP) is an 80 kDa antigen commonly expressed on the surface of infected erythrocytes during the late trophozoite stage [119]. The PfGARP gene is relatively conserved. Antibodies against the PfGARP antigen protein have been shown to confer protection against severe malaria and reduce parasite densities by 3.5 folds [99]. Further, anti-PfGARP antibodies were able to successfully induce apoptosis in ring-stage parasite cultures, resulting in full loss of their mitochondrial function within a 24 hour period [99]. In addition, the size of food vacuoles in the parasites was decreased or condensed tightly around the hemozoin crystals, making them inaccessible and parasite growth was reduced by 76–87% *in vitro* [99].

5.2.4 PfrH5-PfCyRPA-PfRipr (RCR) complex

The PfrH5-PfCyRPA-PfRipr (RCR) complex is a protein trimer composed of three different proteins PfrH5, PfCyRPA, and PfRipr that are found on the surface of merozoites [100]. *P. falciparum* Reticulocyte-binding Protein Homolog 5 (PfrH5) is a 63 kDa protein commonly expressed during the schizont stage. After PfrH5 binds with basigin (a receptor found on human erythrocytes), a large amount of calcium is released to initiate invasion [100]. Monoclonal antibodies against PfrH5 has been found to disrupt the binding between basigin and PfrH5 [100]. *P. falciparum* Cysteine-rich Protective Antigen (PfCyRPA) is a highly conserved 43 kDa protein [100]. It plays an important role in erythrocyte invasion by interacting with PfrH5 to bind to the receptor basigin [56]. Although PfCyRPA is not immunogenic compared to PfRipr and PfrH5, monoclonal antibodies produced against this protein can cause cross strain neutralization [100]. *P. falciparum* RH5-interacting Protein (PfRipr) is a highly conserved 120 kDa protein found in the schizont stage [100]. It is composed of 87 cysteines and 10 epidermal growth factor-like (EGF) domains [100]. Prior to erythrocyte invasion, PfRipr cleaves into two different fragments including the N-terminus and C-terminus. The N-terminus contains EGF domains 1 and 2 while the C-terminus contains EGF domains 3–10 [100]. Antibodies against PfRipr EGF domains 6–8 have been shown to neutralize

the parasites [100]. Combining the anti-PfCyRPA c12 mAb with anti-RH5 BS1.2 mAb will inhibit parasite growth *in vitro* from 21–31% to 59%. Thus, this antigen protein complex is expected to elicit a strong immune response against blood stage *P. falciparum* [120].

5.3 Transmission blocking vaccine (TBV)

TBV aims to prevent and kill the sexual stages of the *Plasmodium* parasites before transferring into the mosquito hosts. This vaccine offers protection against infection and transmission.

5.3.1 *Pfs25*

Pfs25 is an important glycosylphosphatidylinositol-linked protein expressed on the surface of ookinetes. It is found only within the *Anopheles* host and is approximately 25 kDa with 11 disulfide bonds [121]. The parasites require *Pfs25* to survive in the *Anopheles*'s midgut and develop into oocysts [122]. *Pfs25* is a conserved protein with low diversity. *Pfs25* vaccine was designed to elicit antibodies against the *Pfs25* antigen in humans and prohibit the development and transmission of gametocytes [98]. However, a recent study based on an adjuvant of *Pfs25* and a non-enveloped virus like protein (VLP) indicated weak IgG antibody responses in healthy individuals [123]. In another study, the antibody response of *Pfs25* proteins combined with four different adjuvants including alum, Toll-like receptor 4 (TLR-4) agonist glucopyranosyl lipid A (GLA) plus alum, squalene–oil-in-water emulsion, and GLA plus squalene–oil-in-water emulsion were compared in mice. *Pfs25* combined with GLA plus squalene–oil-in-water emulsion was shown to induce the highest amounts of IgG antibodies [124]. Further studies should examine the formulation of this vaccine for better efficacy.

5.3.2 *Pfs230* and *Pfs48/45*

Pfs230 and *Pfs48/45*-based vaccines are antigens rich in cysteine produced by the sexual stage gametocytes [97]. *Pfs48/45* can be found on the plasma membrane surface of both male and female gametocytes and are bounded to a GPI anchor that form a complex with *Pfs230* [125]. *Pfs230* is a 230 kDa protein that contains 14 6-cysteine rich domains [97]. *Pfs48/45*, on the other hand, contains three 6-cysteine rich domains [125]. The 6-cysteine rich domains of these antigens are essential for the formation of disulfide bonds on epitopes needed for antibody elicitation [125]. A recent study showed that mice injected with fragments of *Pfs48/45* and *Pfs230* prodomain produced higher levels of antibodies that induced complement fixation [125]. *Pfs230* and *Pfs48/45* combined with a FAB fragment of a monoclonal antibody 4F12 have been shown to further increase vaccine efficacy [97]. This vaccine is currently in early clinical development phase [97, 125].

6. Conclusion

WHO aims to achieve malaria elimination in at least 35 countries, reduce incidence and mortality rates by 90%, and prevent resurgence in malaria-free countries by 2030. This ambitious goal has been challenged by the emergence and spread of antimalarial resistance, inaccurate diagnostic testing, asymptomatic transmission, and lack of effective vaccines [126]. Information of the *Plasmodium* genomes allow us to improve and reinvent tools/techniques for monitoring parasite changes as well

as tracking and stopping transmission of the disease. Several hundreds of *P. falciparum* genomes have been generated in the past two decades. Genetic variation and function of various genes have improved our understanding of mutational changes, molecular structure, and evolutionary mechanisms in *Plasmodium*. There is an urgent need to retrieve utmost biological meaning from the available genomic data and translate such into tools that help resolve epidemiological challenges. This includes the identification of novel antigens for accurate and affordable diagnostic assays and vaccines, informative biomarkers that can distinguish different isolates and pinpoint the source of infections at fine geographical scale, and sensitive tool(s) for large-scale screening of asymptomatic infections in both high and low transmission areas. Future studies should examine how climate/environmental changes and selective pressure from interventions mediate genetic changes in the parasites, how host immune system responses to parasite changes, and how to uncover hidden parasite reservoirs and effectively control transmission.

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Conflict of interest

The authors declare no conflict of interest.

Author contributions

Conceptualization, C.C.D. and E.L.; resources, D.A.J. and E.L.; writing—original draft preparation, C.C.D., C.T.F., J.H., and E.L.; writing—review and editing, C.C.D., C.T.F., L.E.A., Y.A.A., D.A.J., and E.L.; funding acquisition, E.L. All authors have read and agreed to the published version of the manuscript.

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Author details

Cheikh Cambel Dieng^{1*}, Colby T. Ford², Jennifer Huynh¹, Linda E. Amoah^{3,4}, Yaw A. Afrane⁵, Daniel A. Janies² and Eugenia Lo^{1*}

1 Department of Biological Sciences, University of North Carolina at Charlotte, Charlotte, USA

2 Department of Bioinformatics and Genomics, University of North Carolina at Charlotte, Charlotte, USA

3 Department of Immunology, Noguchi Memorial Institute for Medical Research, University of Ghana, Accra, Ghana

4 West Africa Center for Cell Biology of Infectious Pathogens, University of Ghana, Accra, Ghana

5 Department of Medical Microbiology, University of Ghana Medical School, University of Ghana, Accra, Ghana

*Address all correspondence to: cdieng@uncc.edu and eugenia.lo@uncc.edu

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Using an Educational Training Module to Increase Knowledge, Attitudes and Practices of Malaria among Medicine Vendors in Yobe, Nigeria

Yahaya Mohammed Katagum, Hayati Binti Kadir Shahar, Faisal Bin Ibrahim, Anisah Baharom and Rafee Baharudin

Abstract

This training module focuses on providing basic guidance on the current recommended approaches regarding malaria basic information, signs/symptoms, case detection, treatment, referral, and effective prevention strategies. The module can be used for in-service training programs on malaria or to assist in improving other health educator's work as well as serve as referral handbook for practicing health professionals. It can thus be used as a stand-alone training or together with modules dealing with other aspects of malaria control, prevention and elimination. The module uses a problem-solving approach to facilitate understanding and thereby motivate trainees on improved malaria case management. In essence, the training aims to generally improve the knowledge, attitudes and practices (KAP) of the most common handlers of malaria cases in this part of the world, the training module is then expected to improve services obtained by the majority of patients on malaria. On completion of training using this module, trainees will have acquired appreciable knowledge and skills on malaria basic-information, signs/symptoms, case detection/differentials, recommended drug treatment/appropriate dosing, indication for referral of complicated cases, effective prevention methods and the need to sensitise communities to stand up against malaria.

Keywords: malaria KAP training, case detection, management and prevention, medicine vendors

1. Introduction

Malaria remains a major global public health and development challenge over the years and in its World Malaria Report 2019, the World Health Organisation's (WHO's) global tally of malaria in 2018 alone was estimated at 228 million cases and 405,000 deaths [1]. Malaria is holo-endemic in many parts of sub-Saharan Africa thereby infecting citizens all year round and hence impacting the most devastation in this region. Worldwide, about 88 countries still remain at risk of malaria, with the types of species, severity and disease trends depending on the geographical location.

One of the greatest challenges facing malaria endemic countries with regards to malaria containment efforts is the lack of proper basic information, poor diagnosis and hence lacking early treatment of uncomplicated cases which progresses to the deadly severe stages, poor treatment and referral practices and poor preventive strategies [2].

Problems of malaria endemicity cannot be unconnected to the widely claimed inadequately trained health manpower and hence poor practices of the health personnel, these health personnel comprise mostly of Patent Medicine Vendors (PMVs) in most rural areas of sub-Saharan Africa. It has been reported that up to 60% of all malaria cases in this sub-region are preferentially first treated by the PMVs and these services leaves much to be desired [3], a situation which informed the development of this training in an attempt to give a more pragmatic approach to PMV the training program. Patent Medicine Vendors are individuals that usually engage in the stocking and sale of Over-the-Counter (OTC) drugs as well as provision of other basic healthcare services and as such, they assume the most common sources of antimalarial treatment throughout Sub-Saharan Africa as they also play a potentially critical role in the struggle against malaria [4].

To facilitate learning by all participants, the training strategies will encourage participants to learn from each other as well as from the researcher / facilitators, particularly in the form of lecture sessions, group discussions, demonstration exercises, role plays, brainstorming exercises and collectively tackling case studies. Each participant will therefore be expected to take part actively throughout the course. In working through the modules, there will be opportunities to put into practice, individually or collectively, what has been learnt. Various strategies were then implored to achieve this objective.

Presentations: Formal presentations such as lectures from the facilitators will be limited to a minimum and this will be presented in the form of explanation to the principles, basic knowledge, and then practical experiences with the class in session. All information provided in sessions are contained in the modules and participants need not to take much notes. Lectures will be combined with a demonstration (physically or on slides). The participants will be asked frequently to present their work in plenary session. This will provide experience on how to tackle arising issues, both by presenting and by learning from the observations and suggestions made during discussion. Posters and slides will be used to enhance learning.

Demonstrations / Practical Sessions: Demonstrations will be used to illustrate some procedures for the diagnosis, treatment and prevention of malaria that will be carried out. The program will include demonstration sessions so as to provide as much practical experience in all aspects of malaria to be studied. In some sessions, the facilitator will work with smaller sub-groups of not more than ten participants; by limiting the size of the groups, the participants will receive extensive individual attention and increased opportunities for learning and practice.

Group discussions / Small group discussions: Discussions will be based on topics and cases taken from the modules which will take place during small group exercises and in general plenary sessions. In these exercises, the facilitator will lead the discussions on the selected subjects with emphasis on participation of group members. These sessions provide opportunities for the participants to give their individual opinions and experiences, to develop ideas, learn from one another, to discuss issues with respective colleagues, to share ideas, opinions and useful experiences, and to finally make efforts towards drawing their own conclusions from intensive discussions. Small group discussions are usually considered to form a valuable component of the courses taken. Participants are also encouraged to take full advantage of these useful sessions and to partake freely and actively in all the discussions. At each session in the group work, there will be changes in the

moderator and also the reporter so as to ensure that every participant gains experience in such roles and this will also ensure that tasks are shared equitably. Solving case studies, role plays and quiz sessions will also encourage sharing ideas.

This program is designed to employ the use of various motivational enhancement techniques. Motivational Enhancements can be thought of as processes encouraging 'the probability that a person will enter into, continue to, and adhere to specific change strategies'. It is the responsibility of a facilitator to increase the probabilities that participants will follow a recommended course of action towards changes. Thus, motivation is a key part of a facilitator's tasks.

For facilitators, five general principles guide behaviour during sessions. They include:

1. **Express Empathy:** use skillful reflective listening to understand and accept the participant's contributions without judging, criticising, or blaming.
2. **Develop Discrepancy:** Raise / draw the participant's consciousness and awareness of the consequences of unhealthy, unethical practices. Remember that participants should lead group discussions and present the need for changes in their attitudes and practices.
3. **Avoid Arguments:** Arguments are counter-productive and increase participant's resistance to change, as such facilitators should be diplomatic.
4. **Support Self-Efficacy:** Facilitators must always convey to participants a feeling of 'You can do it, and you will succeed' message. In essence, imparting a belief in the ability for change is an important motivator. Hope is usually found in the range of different approaches available. If one does not work, the facilitator can try others.
5. **Elicit self-motivational statements:** this strategy helps participant's move beyond ambivalence.

It is important to understand the community culture and traditions. These are the basis of community members' values, which shape community members' attitudes on topics like malaria control. Often, these local beliefs influence community members' actions (or non-actions) more than any other source of information. Community members are likely to trust what they hear from family, friends and community leaders. Often they hear a mix of information, including local beliefs and messages that are passed down from health workers. Some myths / local beliefs about malaria will be reviewed in sections 4 and 6. This mix of messages can be very confusing, so informed participants could use the opportunity to impact on their community's health.

The use of drugs for malaria treatment and prevention involves only drugs recommended by the World Health Organisation (WHO) and employed by the Nigerian government for malaria treatment within the region, this is so because recommended drugs vary depending on region of the world due to the particular species of malaria infesting the region and the pattern of resistance there.

2. Malaria basic information

Table 1 below describes the training module on malaria basic information, which comprises the session objectives, learning objectives, time duration for the

Session Objectives	<p>To understand the basic information on malaria</p> <p>To understand the cause and how malaria can be transmitted</p> <p>To understand the malaria cycle in man and in vector</p> <p>To understand who is most vulnerable to malaria</p>
Duration	25 mins
Learning objectives At the end of the session, participants should be able to:	<p>Know what uncomplicated malaria is</p> <p>Know what complicated malaria is</p> <p>Be able to differentiate what causes and what does not cause malaria</p> <p>Be able to differentiate what transmits and what does not transmit malaria</p> <p>Be able to differentiate between suspected and confirmed malaria</p> <p>Be able to differentiate between uncomplicated and severe malaria</p>
Training Materials	<p>Participant's manual Pens & Notebook</p> <p>Slides Laptop computer</p> <p>LCD projector Flip chart and markers</p>
Methods used	<p>Lecture</p> <p>Demonstration classes</p> <p>Question & Answer sessions (Brainstorming exercise)</p> <p>Group discussions</p> <p>Reflection on the module</p>
Instructions for the facilitator	<ol style="list-style-type: none"> 1. Begin the session by explaining the objectives of the session 2. Get the participants to discuss what they understand by malaria and their experiences 3. Give a lecture on the general information about malaria using Lecture 2.1 below. (Notes below each slide explain what points need to be made) 4. Think about sections which the participants might find difficult and common questions they may ask 5. Ask the series of questions (at end of this module) and discuss the answers 6. Ask the group questions to be discussed

7. Try to find out if the participants did understand the lecture by making the class participatory since everyone knows at-least something on malaria

Table 1.
Summary of session on malaria basic information.

module, training materials needed, methods used and other relevant instructions that will assist the facilitators.

2.1 General facts about malaria

You may be wondering why the emphasis on improving knowledge, treatment and prevention. The main reason is because malaria, being a life-threatening parasitic disease affects parts of the world we live in and remains the major public health problem in Nigeria. It is an avoidable cause of death and illness in children and adults. In Nigeria, malaria continues to be endemic and is the first major cause of morbidity and mortality among the most vulnerable groups- children under 5 years, pregnant women and people living with HIV/Aids. Malaria is characterised by a stable, perennial, transmission in all parts of the country. Transmission is higher in the wet season than in the dry season. This seasonal difference is more striking in the northern part of the country.

According to the World Malaria Report (2013), there was a worldwide estimate of 207 million cases of malaria and an estimated 627 000 deaths in 2012 alone. 81% of these cases and 91% of the deaths were from sub-Saharan Africa [5], and Nigeria alone bears up to 25% of the burden [6]. Again, about 63% of hospital attendance in the Nigerian health care facilities are caused by malaria which is also the cause of absence in workplace / schools, in addition to a huge health expenditure to households leading to a total estimated economic loss to the country of up to 132 billion Naira per year [6].

Note that, in the absence of an effective vaccine, malaria treatment and prevention still remains the vital strategies of malaria control, especially to you PMVs, who are usually the first place of call to the bulk of community residents.

- What is Malaria?

Malaria is a serious and sometimes fatal disease caused by a parasite called plasmodium which infects human blood cells. (A parasite is an organism that can only exist in the body of another organism for all or part of their life)

There are 4 main kinds of plasmodium parasites that cause malaria in humans. These are:

- *Plasmodium falciparum* (Pf).
- *Plasmodium vivax* (Pv).
- *Plasmodium malariae* (Pm).
- *Plasmodium ovale* (Po).

In Nigeria 98% of malaria infections are due to *P. falciparum*. This parasite causes the most deadly form of malaria, known as severe malaria. Other forms of malaria present in Nigeria include *P. ovale* and *P. malariae* which play a minor role with the latter being quite common as a double infection in children.

Note THAT:

Malaria is NOT caused by body contact, drinking contaminated water or eating any kind of food as is the assumption in some localities.

Neither is malaria caused by staying under the sun, exposure to cold weather or living in a dirty environment. Though, these conditions can aggravate malaria.

2.2 Types of vector mosquitoes

There are three common types of Mosquito Vectors:

1. Anopheline mosquito

wings with dark spots

sits at an angle of 45 degree with the resting surface

breeds in clean water

bites at late night

transmits malaria

2. Culex mosquito

usually are referred to as nuisance mosquitoes

usually found to breed in dirty waters

no unique dark spots found on the wings (usually plain dark wings)

appears with a hunchback when in sitting position

usually transmits filariasis

3. Aedes mosquito

are usually dark ornamental mosquito with unique white spots

usually breeds in clean waters found in containers / overhead tanks and wells

usually bites during the day time

bite from this species is usually very painful

transmits Dengue/DHF/Chikungunya which are viral diseases

2.3 Life cycle of malaria parasite and the malaria transmission cycle

The vectors that carry malaria parasites (mosquito) prefer to feed on humans rather than other animals. Another unique characteristic is that the vectors prefer to feed indoors. While taking a blood meal, the female mosquito injects saliva into the person's blood vessels to stop the blood from clotting to make it easier to suck in. While injecting saliva, if she is infected with malaria parasites, she injects them as sporozoites into the person's blood as seen in **Figure 1**. On the other hand, if the person is infected, when the mosquito draws up the blood it will also take up

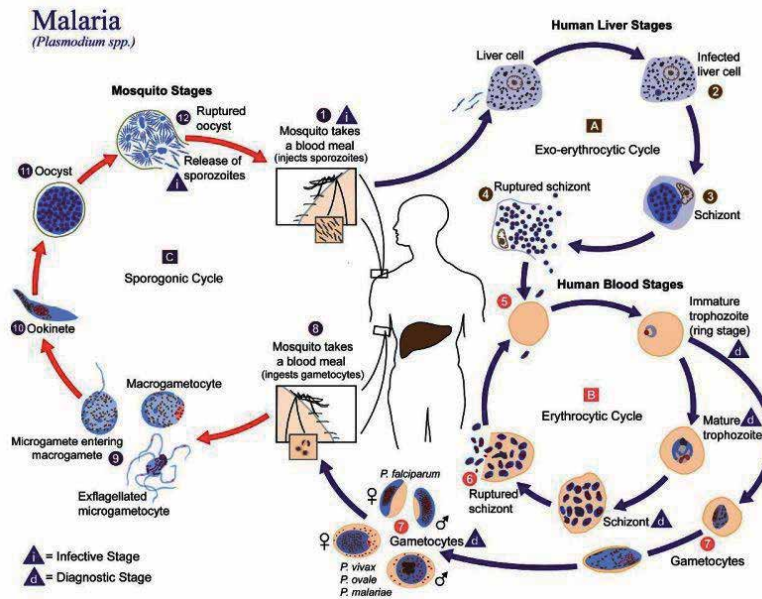


Figure 1.
 Life cycle of plasmodium parasites illustrating stages of the cycle.

malaria parasites as gametocytes, the sexual forms of the malaria parasite. After a blood meal, the female mosquito usually finds a place to rest (usually the wall of the house) to digest her meal, and to develop her eggs. The malaria parasites which have been sucked up from the blood as gametocytes develop inside the mosquito over a period of 8 to 25 days to become sporozoites in the salivary glands. At this stage the female Anopheles mosquito becomes infective to the next person it feeds on.

Once the sporozoites get into a person with no or little immunity to malaria, they undergo various stages of development to cause disease about 7 to 12 days later as seen in **Figure 1**. Specifically, the sporozoites travel rapidly to the liver where they enter the liver cells and divide rapidly, forming merozoites. When a liver cell is full of merozoites, it bursts and discharges the merozoites into the blood where they quickly enter the red blood cells. In the red blood cells, the merozoites grow and divide again until the red blood cell bursts to release them into the blood stream to attack other red blood cells. This is what causes the person to experience symptoms such as fever, sweating and shivering. Some merozoites, however, change into the male and female forms of the parasite, called gametocytes, which are taken in by the mosquito when she sucks the blood to get her blood meal (**Figure 2**). The gametocytes enter the mosquito's stomach and mate to form eggs, which then in turn become sporozoites and move to the mosquito's salivary glands where they are ready to be injected into another person. Once the mosquito bites a person and infects him or her with sporozoites, it takes about 8 to 11 days for gametocytes to appear in the blood. In this way and under suitable conditions, one female Anopheles mosquito can transmit malaria parasites to many susceptible people during its average life span of 20 to 25 days [7]. This transmission cycle is illustrated in **Figure 2** below. In this way, this cycle of transmission continues unless interventions are used to break it.

2.3.1 The malaria transmission cycle

Key factors necessary for the process of transmission are:

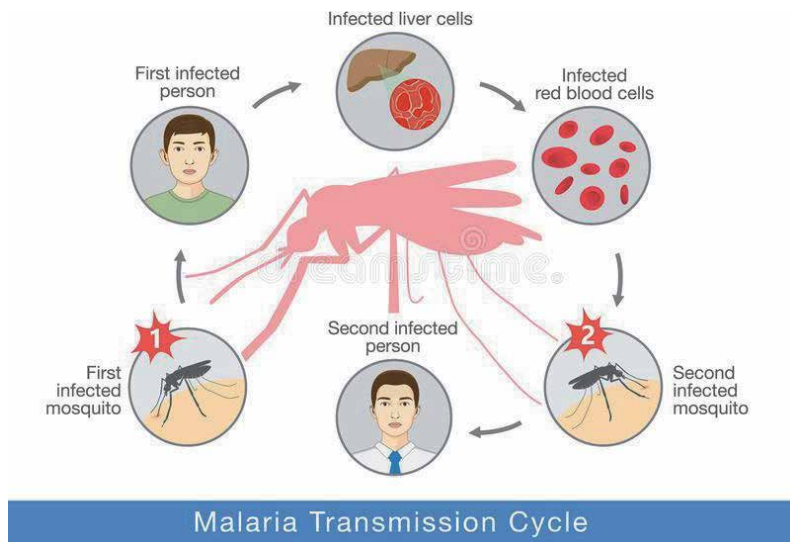


Figure 2. Malaria transmission cycle showing how malaria parasites are carried by a female *Anopheles* mosquito from an infected person to a healthy one.

The malaria parasite itself
 The vector / transmitting agent (i.e. the mosquito)
 The disease reservoir which refers to the total number of the subjects in the area carrying the malaria parasites. Their blood reservoir is where the vector obtains the infection.

- Malaria is transmitted by the bite of an infected female anopheles mosquito of which there are at least 400 different species. The common species are *Anopheles gambiae*, *A. funestus*, *A.arabiensis* and *A. melas*
- Within the *Anopheles gambiae* complex *A. gambiae* s.s. is the dominant species with *A. arabiensis* found more often in the Northern part of the country and *A. melas* found only in the mangrove coastal zone.

2.4 Brainstorming exercises

Note: Facilitator will ask these questions and different opinions from participants discussed.

Why is malaria a major public health problem in Nigeria.

Answer: Because Malaria is a major cause of:

- Ill health (morbidity)
- Death (mortality)
- Impaired child development
- Absenteeism in school children and work places
- Lost productivity (estimated economic loss to Nigeria is 132 billion Naira per year)
- Lost opportunities for economic development, e.g. tourism and foreign investment.

How is this *Anopheles* mosquito specie different from other mosquitoes?

Answer: It is a large mosquito and when standing it is tilted with head downwards and tail upwards in the air.

Which people are most vulnerable to Malaria?

Answer:

- Pregnant women
- Children under 5 Years of age
- People living with HIV/AIDS
- People suffering from Sickle Cell disorders
- Travellers into malaria endemic areas

Note: The first two groups (Pregnant women & Children below 5 years) are most at risk within our communities because of their low immunity and the malaria endemic nature of Nigeria, as such malaria is even regarded as mainly a maternal, new-born and child health issue.

Why does only the female mosquito transmit the disease?

Answer: The female mosquito needs a blood meal for the nutrients to develop her eggs.

Do other biting insects such as flies transmit malaria?

Answer: No. Only the female mosquito transmit malaria.

List 3 factors or reasons why people who have malaria die.

Answer:

- Delay in starting treatment
- Inappropriate treatment (wrong drug, incorrect dosages, non-compliance)
- Failure to recognise and manage complications

What is the difference between Suspected Malaria and Confirmed Malaria?

Answer:

Suspected Malaria: A patient with a fever or history of fever in the last 24 hours who lives in, or has come from anywhere in Nigeria or any other endemic country. Previously, all patients with this definition of malaria were given treatment with an antimalarial. Now, however, the best practice is to test all patients with suspected malaria with a confirmatory test before giving treatment.

While Confirmed Malaria: A patient with suspected malaria who has been shown to have malaria parasites through a parasitological test such as microscopy (using a blood smear) or rapid diagnostic test (RDT).

What is the difference between uncomplicated malaria and severe malaria?

First: Ask participants to differentiate between the two.

Answer:

Uncomplicated Malaria is a situation where a patient presents with a history of fever, or a fever in the last 48 hours, with no signs of severity or evidence of vital organ dysfunction but with a positive confirmatory parasitological test;

While in severe malaria, a patient presents with a positive confirmatory parasitological test and presentation of one or even more symptoms of the severe disease state (see 3.1 below).

2.5 Reflections on this module

Think about the topics you have just been discussing. How will you use the new knowledge you have gained when you go back to your premises? Use the questions below to help you reflect on this. Record your thoughts on paper for discussions.

1. What is simple malaria?
2. What have I learned about malaria today that I did not know before I came to this training program?
3. How will this new information be useful when I go back to work?

4. What other questions do I now need to ask the trainer and get answers for?
5. What questions do I have about how I will use this information when I go back to my community?

3. Signs & symptom / diagnosis of malaria

Table 2 below describes the training module on signs and symptoms and the diagnosis of malaria. This comprises the session objectives, learning objectives, time duration for the module, training materials needed, methods used and other relevant instructions that will assist the facilitators to impact the training.

What is meant by Signs & Symptoms of a malaria?

First: Ask participants to assess their understanding.

Session Objectives	To understand the signs and symptoms of malaria (uncomplicated and severe)
	To identify cases of suspected malaria
	To understand that malaria can be diagnosed based on signs and symptoms, but this method has limitations
	To understand the use of Rapid Diagnostic Tests (RDTs)
Duration	25 mins
Learning objectives At the end of the session, participants should be able to:	Know the signs and symptoms of uncomplicated & severe malaria
	Know that not all fevers are caused by malaria; and know some diseases presenting with fevers
	Appreciate the use the RDTs in malaria confirmation
	Be able to conduct appropriate investigations of suspected malaria using RDTs
Training Materials	Participant's manual Pens & Notebook
	Slides Laptop computer
	LCD projector Flip chart and markers
	Rapid Diagnostic Test kits, pair of hand gloves, lancets, alcoholic pads
Methods used	Lecture
	Demonstration classes
	Question & Answer sessions
	Case Studies
	Reflection exercise

Instructions for the facilitator	<ol style="list-style-type: none">1. Begin the session by explaining the objectives of the session2. Get the participants to mention the symptoms of uncomplicated malaria they know.3. Then give a lecture on the signs and symptoms of both uncomplicated and severe malaria using "Lecture 3.1" below. <p>Note THAT each slide explain what points need to be made.</p> <ol style="list-style-type: none">4. Think about sections which the participants might find difficult and common questions they may ask.5. Ask a series of questions to find out if the participants did understand the lecture6. Try to simulate situations at the participants' place of work during discussions and while answering questions.
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Table 2.
Summary of session on signs & symptoms/diagnosis.

Answer: There are varying approaches to defining the medical meanings of signs and symptoms. A symptom is generally subjective while a sign is objective. Any objective evidence of a disease, such as a convulsing patient or a skin rash is considered a sign. This can be recognised by the physician, nurse, PMV, family members and even the patient themselves. However, headache, pain and weakness, fatigue, and some others can only be detected by the patients themselves.

What is symptomatic diagnosis?

First: Ask participants to assess their understanding.

Answer: Symptomatic diagnosis of malaria as the name implies, is a diagnosis that is based on the patient's signs and symptoms which is also known as clinical diagnosis. Malaria can then be classified into two types depending on extent of the infection and the severity of the symptoms, they are: uncomplicated or simple malaria and severe or complicated malaria.

3.1 Signs and symptoms of malaria

Signs and symptoms of uncomplicated malaria

Fever is usually the main symptom of malaria. It can be reported by the patients themselves or parents of children (could be even when the temperature returns to normal when being examined) or ascertained by taking the temperature (equal to or higher than 37.5° under the armpit or up to 38° rectally).

The signs and symptoms that may occur in uncomplicated malaria include:

- Headache
- Fever
- Sweating
- fatigue and dizziness
- loss of appetite
- muscle and/or joint aches

- chills / Rigours
- perspiration
- digestive disorder: such as diarrhoea, abdominal discomfort
- nausea, vomiting
- worsening malaise

These signs and symptoms can be identified by asking the patient or their caregiver what they have noticed since the patient started the episodes of illness. The PMV and other healthcare providers can also take the patient's vital signs, including their temperature. **Figure 3** shows presentations of a patient with malaria as it transits from shivering to profuse sweating.

Signs and symptoms of severe malaria

Malaria is said to be severe or complicated when a patient presents with one or several of the under listed signs and symptoms:

- very high temperature (could be $>40^{\circ}\text{C}$)
- Prostration (i.e. generalised weakness that patient is unable to sit or walk)
- severe anaemia (normocytic type: a very common complication)
- consciousness disorders (confusion, agitation, drowsiness and coma)
- multiple convulsion (>2 in last 24 hrs)
- repeated vomiting (hindering oral treatment),
- dehydration (thirst, dry lips, sunken eyes and deep set fontanel),
- icterus (jaundice),
- dark (coca-cola) coloured urine
- Renal failure
- hypoglycaemia
- breathing difficulties
- spontaneous bleeding

Other clinical signs could also appear such as anaemia, acute renal injury, acute pulmonary oedema /Adult Respiratory Distress Syndrome (ARDS), circulatory collapse or shock, abnormal bleeding (e.g. bruising, bleeding gums, haemoglobinuria).

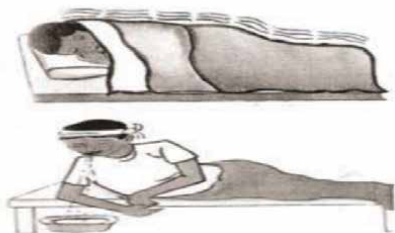
Cerebral Malaria is a common presentation of severe malaria and may cause residual problems. A patient with malaria and altered level of consciousness, confusion, delirium, hallucinations or frank coma with or without convulsion is said to have cerebral malaria.

Note that:

Malaria always causes fever and therefore any fever should be suspected to be due to malaria in endemic areas.

o Pictorial presentation of malaria signs & Symptoms

Patient has chills or shivering followed by high fever daily or on alternate days. Patient may also have vomiting



Fever comes down with profuse sweating. Patient may also complain of headache and body ache



Figure 3.
Signs and symptoms of malaria.

All cases of pregnant women and children below 5 years of age presenting with malaria are considered as severe malaria.

All patients presenting with conditions listed above for complicated malaria or that which you do not fully understand, please REFER PATIENT IMMEDIATELY!

3.2 Diagnosis of malaria

3.2.1 Symptomatic malaria diagnosis

Symptomatic diagnosis of malaria is a diagnosis based on patient's signs and symptoms. This is also known as clinical diagnosis (suspected diagnosis). Remember that sign and symptoms of uncomplicated malaria are usually not only specific to malaria alone, with fever being a symptom to many illnesses. So if we take all fevers to be caused by malaria then this will certainly lead to over-diagnosis and hence an over-use of antimalarials.

The table below (**Table 3**) lists other possible reasons for fever including additional signs and symptoms. Noting that fever can be caused by other illnesses, it becomes of utmost importance to test and confirm if the fever is caused by malaria. Should any of the additional signs and symptoms be present, the patient should then be treated according to that disease.

3.2.2 Confirmatory malaria diagnosis

Diagnosing malaria on the basis of clinical features alone can be highly inaccurate and is likely to result in significant over-treatment. It is therefore important to establish capacity for confirmatory diagnostic testing. Effective confirmatory diagnostic testing can help to:

- identify patients who need antimalarial treatment;
- reduce unnecessary use of antimalarial drugs for patients without malaria;

Suspected disease	Additional signs and symptoms
Common cold	Running nostril, Cough
Gastroenteritis	Colicky pains, Diarrhoea (bloody or not), Vomiting
Hepatitis	Icterus, Enlarged spleen, Right hypochondriac pain
Meningitis	Stiff neck Bulging fontanel (young infants)
Mumps	Bilateral or unilateral swelling on the jaw
Pneumonia	Pneumonia Cough, Fast breathing Chest in-drawing
Tonsillitis sore throat	Pains in the throat Red inflamed throat with or without spots Painful cervical lymph nodes
Typhoid fever	Prolonged treatment not responding to appropriate antimalarial treatment. Dissociation between pulse rate and temperature.
Viral diseases Which include measles and varicella	Many cases in the neighbourhood with characteristic skin rash

Table 3.
Other diseases that fever presents as symptoms.

Note:

□ Parasitological confirmation of suspected malaria before treatment is now recommended for all patients because not all fevers are due to malaria [8].

There are currently two widely available options for confirmatory diagnostic testing of malaria:

3.2.2.1 Light microscopy

Microscopy has been regarded as “gold standard” for a long time due to its effectiveness in malaria diagnosis. Microscopy is far more sensitive than RDTs for the detection of even low levels of *P. falciparum* parasitaemia (<100 parasites/ μ l) and the test can differentiate into the various malaria species. To achieve an effective microscopy for malaria parasites, we require: (i) good-quality reagents and equipment; (ii) skilled technicians with experience on how to prepare, stain films, in addition to identifying parasites and differentiate between the different Plasmodium species; and (iii) effective technical supervision and quality control of tests. However, these may not always be available in emergency situations, it is then easier and more beneficial for PMVs to establish a capacity for RDT.

3.2.2.2 Rapid diagnostic tests (RDTs)

In acute emergency phase of infections, limited time and resources make RDTs preferable to microscopy for confirmation of clinical diagnosis in low-transmission areas, and for confirming malaria in severely ill patients in moderate to high-transmission areas. RDTs found in Nigeria are usually only sensitive to *P. falciparum*. This is because *P. falciparum* is the most predominant species, accounting for about 98% of malaria cases in the country, and again, the majority of non-falciparum species within the country cause mixed infection with *P. falciparum*. The RDT differ from microscopic diagnosis of malaria through a number of ways. **Table 4** below is a comprehensive comparison between microscopy and RDTs.

3.3 Case studies

Activity 3.3.1

Instructions for the facilitator:

1. Divide the class into four groups, ask participants of each group to study the case studies below on the description of patient's signs & symptoms, diagnosis, misdiagnosis and appropriate suggestions from a trained PMV (allow 10 minutes to discuss & 5 minutes for each group to present).
2. Ask what the patient is suffering from.
3. Note the various points raised by participants and use them to discuss the various cases.
4. If the participants suspect that the patient has malaria, how do they arrive at such conclusions?

NB. It is important to find out how they confirm this. Encourage them to emphasise the need to test.

5. Conclude the session by discussing each group's presentation

	Microscopy	RDTs
Requirements		
Equipment	Microscope	None
Electricity	Preferred, not necessary	None
Transport / storage conditions	Reagents stored out of direct sunlight	Avoid exposure to high temperature (4–30°C recommended)
Quality assurance	Periodic re-reading of percentage of slides by expert microscopist and supervision	Lot testing of kits, monitoring of storage temperature, supervision of workers
Performance		
Test duration	Usual minimum 60 minutes	15–20 minutes
Labour-intensiveness	High	Low
Dependence on individual competence	High	Low
Direct costs		
Cost per test	US\$0.12–0.40	US\$0.60–1.00
Technical specifications		
Detection of all 4 species	Yes	Some RDTs

Table 4.
 Comparison between microscopy and RDTs.

Note that:

- RDTs are fast, convenient and can be handled by an incompetent hand. RDTs are fairly cheap and do not require electricity.
- They are thus convenient for use by PMVs where it will improve their services with resultant avoidance of unnecessary treatment and over-treatment with antimalarials.

Activity 3.3.2 Read and discuss the case studies below.

Case study 1: An unknown patient comes to your PMV shop and complains that he has fever, headache, and joint pains. He continued that the fever has been coming on and off for about three days but he usually feels fine during the day and in the evening he has fever.

What is he/she is suffering from and what is your line of action?

Case study 2: A mother comes to your premises with a 3 year old child that looks very weak. The child had vomited severally and on checking, you found the child had 40° C. discuss your actions.

3.4 Demonstration exercise

Demonstration of the use of RDT to show purple/red line in test and control windows on strip showing antigen–antibody reaction if positive. Discuss advantages of RDTs mentioned earlier.

3.5 Reflection on the module

Participants are asked to make think about the topics they have just discussed. How will they use the new knowledge gained when back to their premises? Also use the questions below to help reflect. Record the thoughts on paper for discussions.

1. What is RDT and how do you compare it to microscopy?
2. What have I learned about malaria today that I did not know before I came to this training program?
3. How will this new information be useful when I go back to work?
4. What other questions do I now need to ask the trainer and get answers for?
5. What questions do I have about how I will use this information when I go back to my community?

4. Treatment of malaria

Table 5 below describes the training module on malaria treatment. This module comprises the session objectives, learning objectives, time duration for the module, training materials needed, methods used and other relevant instructions that will assist facilitators to adequately explain malaria treatment approaches.

4.1 National treatment protocol

What is the National Malaria Treatment Protocol about?

Answer: The national treatment protocol contains recommendations on the most effective treatment that should be given for malaria. The current protocol recommends Artemisinin-based Combination Therapy (ACT) as the most effective treatment for uncomplicated malaria instead of Chloroquine and SP.

4.1.1 Treatment of uncomplicated malaria

- First line treatment:

To be given to a patients with malaria when ACT are not contra-indicated.

Artemether /lumefantrine (AL): as a fixed dose combination, given twice a day for (3) three consecutive days with the second dose being given 8 hours after the first [7–9].

OR

Tabs **Artesunate + Amodiaquine (AA):** Given once daily for three (3) consecutive days [7–9].

- Second line treatment:

To be given in the event of true treatment failure (defined as failure to clear parasites after the three days of a full treatment course). It can also be used in situations when ACT is not appropriate.

Oral Quinine: 8 hourly for seven (7) days [8, 9].

Note: Details of treatment regimens are seen in Section 4.3 below.

Session Objectives	To understand the essence of the National Malaria Treatment Protocols	
	To understand the treatment of uncomplicated malaria	
	To understand the treatment of complicated malaria	
Duration	30 minutes	
Learning objectives At the end of the session, participants should be able to:	To appreciate why government changed its policy on malaria treatment (thereby appreciating the shortfalls associated with the use of Chloroquine which is still in use)	
	Know the treatment of uncomplicated malaria in children, adults & pregnant women	
	Know the treatment of complicated malaria for all categories of patients	
	To provide appropriate anti-malarial drugs to patients of all categories	
Training Materials	Participant's manual	Pens & Notebook
	Slides	Laptop computer
	LCD projector	Flip chart and markers
Methods used	Lecture	
	Quiz session	
	Group discussions	
	Demonstration Exercise	
	Role plays	
	Reflections on the module	
Instructions for the facilitator	1. Begin the session by explaining the learning objectives of this module	
	2. Give a lecture on the treatment of uncomplicated and severe malaria in various situations using "Lecture 4.1-4.6" below.	
	3. Think about and emphasise sections which the participants might find difficult and common questions they may ask.	
	4. Ask series of questions to find out if participants did understood the lecture	
	5. Divide the class into four groups for group discussions / Quiz	
	6. Try to simulate situations at the participants' place of work during discussions and while answering questions	

Table 5.
 Summary of session on the treatment of malaria.

4.1.2 Management of uncomplicated Malaria in pregnancy

- First Trimester

Oral Quinine is used, or a combination of oral quinine and Clindamycin.

- Second and Third Trimesters

Oral Quinine is used or the combination of **AL or AA** is used [8].

Note THAT for pregnant women with co-morbidities of HIV and sickle cell anaemia, the above treatment shall be used.

4.1.3 Home management of uncomplicated malaria

AL is the combination drug of choice for treatment of uncomplicated malaria for children below five (5) years of age. Essential skills in behaviour change communication are thus necessary for community based agents such as the PMVs to effectively home manage uncomplicated malaria.

4.1.4 Treatment failure in uncomplicated malaria

Quinine shall remain the drug of choice for the management of malaria in the event of treatment failure.

When treatment fails in pregnancy, though ACTs are not recommended in the first trimester of pregnancy, their use shall however not be stopped in cases where they are considered to be life-saving and other antimalarials are not suitable.

For second and third trimesters in pregnancy, **Quinine or AL or AA** combination therapies shall be used depending on which drug was first given. Usually, a treatment option other than what was first given to the patient will be used where treatment failure is established.

4.1.5 Treatment of severe malaria

Management of severe/complicated malaria requires parenteral treatment to provide adequate blood-serum concentrations as quickly as possible initially; subsequently it is reverted to oral treatment as soon as the patient's condition permits.

IM/IV Quinine or I.M. Artemether shall be the drugs of choice for treating complicated malaria. The necessary support therapy shall be provided as and when appropriate.

The treatment of pregnant women with severe malaria shall be with Parenteral **Quinine (I.V. or I.M. in all trimesters)** until the patient can take oral preparations. I. M Artemether can be used for the second and third trimesters. Pregnant women with co-morbidities of HIV and sickle cell anaemia shall be treated as above.

Note that:

Severe malaria is a Medical Emergency. So it should always be referred to secondary Healthcare facilities immediately!

Severe malaria needs special attention because:

- It is associated with dangerous complications (See Section 2.1)
- It is a common cause of avoidable deaths from malaria

The correct use of ACTs is essential for the success of treatment.

4.2 Why government changed 1st line malaria treatment from CQ to ACTs?

CQ and SP are no longer effective in treating malaria in Nigeria due to high treatment failures resulting from widespread resistance. Efficacy studies that test the ability of antimalarial medicines to kill and clear malaria parasites have shown that ACTs are better than chloroquine. **Table 6** below describes the two older drugs that are no longer indicated for malaria treatment.

S / No	Drug	Comments
1.	Sulphadoxine-Pyrimethamine (SP)	Not recommended for treatment of malaria. Reserved for intermittent preventive treatment (IPT) in pregnancy
2.	Chloroquine (CQ)	Inadequate efficacy and therefore no longer recommended for treatment of malaria in Nigeria

Table 6.
Older drugs for treatment of uncomplicated malaria.

Artemisinin derivatives are the most effective drugs against malaria in the world at the moment and yet if misused the parasites can potentially develop resistance to them. Already there are some signs from Far East Asia that improper use and use of poor quality ACTs is making the malaria parasites have some ability to withstand treatment with ACTs causing cure to take longer to achieve.

A technique to prevent resistance developing to Artemisinin derivatives is to combine them with other antimalarials so that as a combination there is less possibility of the parasites developing mechanisms to avoid both medicines.

Note that: The objective of prompt and effective malaria treatment is to:

- Cure the disease and eliminate the parasites from the body
- Prevent progression to severe disease or death
- Prevent transmission to others
- Prevent the parasites developing resistance to the malaria treatment
- Minimise adverse drug reactions

4.3 The first line treatment of malaria

Below are details of the treatments for malaria as recommended by the Government of Nigeria:

4.3.1 Artemether/Lumefantrine (AL)

This is a fixed dose combination of Artemether 20 mg and Lumefantrine 120 mg. It exists as several brands which have been registered by NAFDAC for use in the country. The combination is abbreviated sometimes as AM/LM. **Table 7** below describes the dosing for AL with respect to age and body weights.

NOTE: The tablets of Artemether/Lumefantrine can be in the form of plain tablets or dispersible tablets. The only difference is that the dispersible tablets dissolve when immersed in a liquid whereas the plain tablets have to be crushed to make a mixture for children that cannot swallow tablets. Only ACT 1 and 2 have dispersible tablets.

4.3.2 Artesunate + Amodiaquine (AA)

Artesunate + Amodiaquine is sometimes abbreviated as ASAQ. A fixed dose combination pre-pack and a co-packaged pre-pack exist as is seen in **Tables 8** and **9** below. There are three presentations of this combination, namely Infant, Child and Adult. These age and weight specific blister packs are colour coded.

		Number of tablets and dosing times						
		Day 1		Day 2		Day 3		
Weight / Age	ACT pack	0 h0urs	8 hrs	24 hrs	36 hrs	48 hrs	60 hrs	
5 to <15 kg / 6mths – 3 yrs	ACT1	1	1	1	1	1	1	
15 to <25 kg /4 – 8 yrs	ACT2	2	2	2	2	2	2	
25 to <35 kg /9 – 14 yrs	ACT3	3	3	3	3	3	3	
≥ 35 kg /> 14 yrs	ACT4	4	4	4	4	4	4	

Table 7.
Dosage schedule for AL (AM 20 mg/LM 120 mg) showing the four weight and age categories.

Weight (kg)	Age	AS tablets (50 mg)			AQ tablets (153 mg)		
		Day 1	Day 2	Day 3	Day 1	Day 2	Day 3
6.5 to <10	4 to 11 months	½	½	½	½	½	½
10 to <22	1 year to <7 years	1	1	1	1	1	1
22 to <36	7 years to <14 years	2	2	2	2	2	2
36 and above	14 years and above	4	4	4	4	4	4

Table 8.
Dosage schedule for co-packaged pre-pack tables AS+AQ (AS 50 mg + AQ 153 mg) showing the four weight and age categories.

Weight/Age	Tablet strength	Dosage regimen
4.5 kg to <9 kg 2 months - 11 months	25 mg/67.5 mg	1 tablet once daily for three days
9 kg to <18 kg 1 year to 5 years	50 mg/135 mg	1 tablet once daily for three days (or 2 tabs of 25/67.5 mg)
18 kg to <36 kg 6 years to 13 years	100 mg/270 mg	1 tablet once daily for three days (or 2 tabs of 50/135 mg)
36 kg and above 14 years and above	100 mg/270 mg	2 tablets once daily for three days

Table 9.
Dosage schedule for tables AS/AQ fixed dose combination pre-pack (AS 50 mg + AQ 135 mg) showing the four weight and age categories.

When using the co-packaged tablets of AS+AQ, the client should be instructed that the.

Artesunate and Amodiaquine tablets must be taken together, at the same time. AS/AQ fixed dose combination (FDC) should be used whenever possible.

Side effects of ACT:

- Artemisinins are generally well tolerated at the doses used to treat malaria.
- The side effects from the Artemisinin class of medicines are similar to the symptoms of malaria: nausea, vomiting, anorexia, and dizziness.

4.4 Second line treatment

The second line treatment for malaria in Nigeria is **Quinine** in tablet formulation. The indication for using Quinine is where a patient has confirmed malaria and

has already taken a full course of the first line antimalarial treatment, i.e. AM / LM or AS+AQ, and has not recovered. Parasitological confirmation of the diagnosis should be done with microscopy before prescribing oral Quinine.

Dosage: Quinine tablets (300 mg salt) are given as a dose of 10 mg/kg body weight up to a maximum dose of 60 kg body weight, e.g., 600 mg every 8 hours for 7 days.

4.5 Good prescribing practices

NOTE THAT:

- Malaria can be 100% cured by ACTs, but ONLY when used appropriately
- The only ACTs recommended in the National Protocol are AM/LM and AS +AM.
- It is not advisable to use other non-recommended ACTs.
- Artemisinin monotherapies are not recommended as treatment for uncomplicated malaria.
- Use of antimalarials by patients that do not have malaria means patients are taking medicines that they do not need, which could be dangerous.
- Overuse of antimalarials also has economic consequences to patient & the nation

It is good practice to strongly encourage the client to take a full course of treatment and complete the dose, otherwise the patient will not get well. This means that you, as the health provider, need to counsel the client by providing health information and advice.

Clients need to know about:

- the type of treatment they are receiving
- how to take/give the medicine
- the dosage required
- importance of completing treatment
- details of how to watch out for adverse drug reactions

Dosing advice to healthcare providers regarding treatment of their clients:

- Always dispense the full 3-day course of medicines
- Show the client how to split the tablet (if necessary) to get the correct dose.

This can be done by pressing a knife along the seam on the top of the tablet

If possible, have client take the first dose in front of you, so you can supervise as needed

Refer the client to health facility if they have any indications for referral.

Dosing advice to healthcare providers regarding treatment of their clients:

They should always take the medicine with or right after meals with a full glass of water

When using a co-packaged (two different drugs together) product, both medicines must be taken together in correct doses.

To completely cure the illness, the full course of treatment (the correct number of tablets taken at the correct number of times each day for the correct number of days) must be taken.

Symptoms may not disappear immediately after taking the first dose.

Improvement may take up to two days.

If the client vomits within half an hour, then the dose should be repeated.

The client should take plenty of fluids to avoid dehydration and food to maintain strength. Fluids that contain sugar or glucose are an advantage.

For small children, it helps to crush the tablets and mix it with fruit juices, or sugar and clean water to make a solution that is easier to swallow.

4.6 Demonstration exercise

Observe the commonly available ACTs and discuss dosage presentations, so also how to crush and split tablets for children (where necessary).

4.7 Group quiz

The facilitator will divide the class into four groups and each group will present their answers to the quiz question below:

1. What is the drug of choice used in the treatment of uncomplicated malaria in Nigeria excluding pregnant women?

Answer:

The anti-malarial drug of choice is: Artemeter - Lumefantrine (AL).

Alternatively: Artesunate + Amodiaquine (AA).

2. What drugs are used for severe malaria treatment?

Answer:

Parenteral drugs (IM or IV route) are required

IM or IV Quinine is the drug of choice.

Injectable Artemether is an alternative choice

Dosages are given in the treatment guidelines.

3. Which drug is used for treatment failure?

Answer:

Oral Quinine (after laboratory confirmation and ruling out other causes of fever)

In pregnancy depending on the alternatives available and the trimester of pregnancy (refer to Guidelines).

4. What drugs are used for treating uncomplicated malaria in pregnancy & What is the dose?

Answer: Artesunate-Amodiaquine or Artemether-Lumefantrine in the 2nd and 3rd trimesters; Quinine tablets or Quinine-Clindamycin in the first trimester of pregnancy. Refer to guidelines for dosage.

5. What drug is used for Intermittent Preventive treatment (IPT) of malaria in pregnancy?

Answer: Sulphadoxine - Pyrimethamine (SP) (Discuss whyRefer to treatment guidelines).

4.8 Role play

A volunteer from the class will be the health provider in a premises. Another volunteer pretended to be a client presenting with malaria symptoms. On provision of a complete ACT regimen, the client decides to take and pay for an incomplete treatment.

What will be your response in the situation and how will you convince the client?

4.9 Reflection on module

Think about the topics you have just been discussing. How will you use the new knowledge you have gained when you go back to your premises? Use the questions below to help you reflect on this. Record your thoughts on paper for discussions.

1. Outline the treatment of both uncomplicated and severe malaria?
2. What other treatments have you learnt today?
3. How will this new information be useful when you go back to work?
4. What other questions do you now need to ask the trainer and get answers for?

5. Indications for referral

Table 10 below describes the training module on referrals of malaria patients. This module comprises the session objectives, learning objectives, time duration for the module, training materials needed, methods used and other relevant instructions that will assist facilitators to adequately explain referrals and its approaches.

Emphasise that certain conditions require a patient to be referred from a primary health center to a higher level facility for treatment. These conditions are referred to in this module as indications for referral.

5.1 Conditions requiring referral

The indications for referral from a primary to a secondary or tertiary health facility are when:

- One or more danger signs are present
- The patient has features of severe malaria
- The patient is on recommended malaria treatment, but there is no improvement after 48 hours
- The client is not complying with treatment, because of vomiting or are otherwise unable to take drugs by mouth
- The client has adverse drug reactions to the ACT medicine that prevents him / her from taking / completing treatment
- You are unsure of the client's illness or condition
- The patient is having fever every day for seven or more days

Those patients who are not severely ill but have one or more indications for referral should be referred with a referral form / letter. Patients who are severely ill as shown by the presence of danger signs or features of severe malaria should be given pre-referral treatment.

5.2 Treatment failure

The recurrence of *P. falciparum* malaria usually results due to either a re-infection or recrudescence / failure. Failure in treatment is defined as the failure to effectively clear malaria parasites from the blood or can also be described as the

Session Objectives	To identify cases requiring referral from the signs and symptoms presented
	To identify cases of treatment failure
	To understand the causes of treatment failure
	To understand and identify danger signs
Duration	40 minutes
Learning objectives At the end of the session, participants should be able to:	Know the conditions requiring referral Applying the knowledge of conditions requiring referral to practice Appreciate and identify when a treatment has failed Be able to refer patients to the appropriate health facility Be able to identify danger signs
Training Materials	Participant's manual Pens & Notebook Slides Laptop computer LCD projector Flip chart and markers
Methods used	Lecture Case studies Group discussions Demonstration Exercise
Instructions for the facilitator	1. Begin the session by explaining the learning objective of the session 2. Emphasise that reduction of death and disability from severe malaria is a public health priority for Nigeria. This can be achieved by prompt referrals of severe cases. 3. Give the lecture on Indications for referral, Treatment failure, Danger signs & Pre-referral treatment. 4. Think about sections which the participants might find difficult and common questions they may ask. 5. Ask a series of questions to find out if the participants did understand the lecture 6. Split the class into four groups to discuss and answer the case studies 7. Try to simulate situations at the participants' place of work during discussions and while answering questions

Table 10.
Summary of session on indications for referral.

inability to resolve clinical symptoms despite administration of antimalarials. Treatment failure can result from so many causes.

- Vomiting or poor absorption of drug – the patient or the caregiver usually gets confused on what to do should the drug get vomited.

- Poor practices in prescribing – prescribing of incomplete course of treatment increases the risk of treatment failure in malaria. This is a common practice with PMVs. So always insist patients take home full / complete treatment regimen, with proper advice on need to complete dose.
- Poor adherence: which may be due to several factors, including:
 - information on correct regimen could be unclear to the patient or caregiver ab-initio;
 - some patients choose to stop taking treatment once the pressing symptoms have resolved (a common problem with drugs having a very rapid symptoms clearance), and some patients share the remaining treatment with their family / friends;
 - in cost-recovery systems, some patients cannot even afford a complete course of their treatment, this presents a big challenge;
 - Except for co-formulated products, patients may discard one of the components of the combination that is associated with side effects or taste hence its ineffectiveness.
- Drug quality – the use of substandard antimalarials with inadequate recommended amount of active ingredient is a particular risk for drug. So ACT quality must always be ensured by:
 - sourcing from reputable pharmaceutical outlets or their representatives;
 - proper storage all through the distribution system to avoid exposure to high temperatures; and
 - Avoiding administering expired drugs.
- Drug resistance in this case is the ability of a given parasite to survive or multiply despite drug administration and absorption in doses equal to or higher than the usually recommended, but within the tolerance of the subject.

Though treatment failure within 14 days of treatment with an ACT is very unusual, a good history and proper examination is necessary to confirm any non-malaria related causes of symptoms (refer to module 2). For instance, was a complete course of ACT really taken, accompanied by food or not where appropriate, and without vomiting in the first hour following any dose? So also, all treatment failures must be confirmed parasitologically, and preferably by taking blood slides for examination.

Note THAT, it is very important to keep good records of all confirmed treatment failures and this information forwarded to appropriate health authorities, as these failures need to be imputed into drug efficacy studies and these studies usually lead to the observed changes in first-line antimalarial treatment.

- Whenever the treatment failure is after 14 days of initial treatment, it should be considered to be a re-infections and another dose of ACT can be given.
- Treatment failures within 14 days of initial treatment should be treated with a second-line antimalarial such as Quinine (for a total of 7 days).

5.3 Danger signs

Generally, all danger signs are dangerous as the name indicates and emphasis is on the need for an immediate referral. The most common danger signs include:

- Convulsions or fits within the last two days or at present
- Not able to eat / drink or breastfeed (in children)
- Vomiting everything taken (severe vomiting) or severe diarrhoea
- Prostration indicated by extreme weakness, unable to sit or stand
- Altered mental state such as lethargy, drowsiness, confusion or unconsciousness
- Breathing difficulties
- Severe dehydration shown by sunken eyes or if skin is pinched
- Severe anaemia or lack of blood shown by pale lips or palms

Note that:

All patients who have danger signs need urgent treatment at a secondary or tertiary healthcare facility that has the equipment and expertise to handle emergency conditions. To save this patient, you need to refer immediately.

5.4 Pre-referral treatment

All patients especially children who do not respond to treatment (with AL within 24 hours) and the very ill (i.e., having any danger signs or features of severe malaria) shall be referred immediately to the nearest hospital. Time is important at this point and every hour of delay reduces the patient's chance of survival. Pre-referral treatment is used to increase the chance of the patient surviving long enough to get to the health facility for further treatment.

5.4.1 Rectal Artesunate (or Artemether)

10 mg/kg body weight rectal artesunate is the recommended minimum dose. Give a single dose as pre-referral treatment. The choices you have are artesunate or artemether suppositories. This is repeated after 8 hours if transfer is delayed.

5.4.2 IM quinine

IM quinine 10 mg/kg. This is an alternative to Rectal artesunate. OR.

5.4.3 IM Artesunate or Artemether

IM artesunate 2.4 mg/kg single dose, OR IM artemether 3.2 mg/kg single dose.

5.5 Demonstration exercises

- A sample of Artesunate Suppository is torn to show participants its presentation and the insertion process is described.
- Filling of Referral forms; done as a group work

Note that: Pre-referral treatment is not a replacement treatment for severe malaria.

6. Malaria prevention

Table 11 below describes the training module on malaria prevention. This module comprises the session objectives, learning objectives, time duration, training materials needed, methods used and other relevant instructions that will assist facilitators to adequately describe malaria prevention approaches.

6.1 Reasons for prevention

- Malaria can kill if it infects an individual, so we try to prevent it.
- Malaria will make you sick, and therefore make you unable to work, so people may lose jobs /miss school etc.
- Malaria leads to poverty because Malaria and poverty are connected, you cannot work and earn money or go to school for your future if you are ill with Malaria, and you will need to spend a lot of money for treatment.

Note that:

- The first step towards malaria control is prevention.
- It costs far less to prevent malaria than it costs to treat it.

What must you do as a healthcare provider to help your clients prevent malaria?

- Provide health education to your community. As a health care worker you can provide community members with information on prevention methods that are available so that they can take steps to prevent malaria.
- Be a good example to the community by using the preventive methods you are advocating, especially the ITNs.

What about the long awaited Vaccine for malaria?

An effective vaccine is not yet available for malaria, this is because of the different phases which the parasite does exist within the human body giving it different / contrasting properties. Although several vaccines are under development. So far, a prospective vaccine candidate known as RTS-S/AS01 has shown potentially promising results in clinical trials in Africa. Evidence-based policy recommendations on the issue are expected to be made this year (2015) depending on data that will become available. While this wait goes on, prevention will then depend on how to avoid parasites getting into the body.

Session Objectives	To understand reasons for emphasis on prevention
	To understand the various prevention strategies
	To identify reasons why many communities do not embrace malaria prevention and how best to encourage them
Duration	60 minutes
Learning objectives At the end of the session, participants should be able to:	Know the various prevention methods Be able to appropriately treat and hang an ITN Be able to appropriately advise clients on malaria prevention measures Know the various locally circulated myths about malaria and how to address them Understand the various excuses given by clients for not taking prevention and how to persuade them against such negative acts
Training Materials	Participant's manual Pens & Notebook Slides Laptop computer LCD projector Flip chart and markers
Methods used	Lecture Case studies Group discussions Brainstorming exercise Demonstration Exercise
Notes to facilitators	1. Begin the session by explaining the objective of the session 2. Emphasise that reduction in death / disability from malaria and reduction in cost / stress of disease its treatment could be achieved by effective prevention strategies. 3. Think about sections which the participants might find difficult and common questions they may ask. 4. Give participants opportunities to air their various contributions / experiences and myths. 5. Ask a series of questions to find out if the participants are following. 6. Try to simulate situations at the participants' place of work during discussions and while answering questions.

Table 11.
Summary of session on malaria prevention.

How do we stop parasites getting into our body?
 The mosquitoes that spread malaria tend to bite at night between the hours of 10 p.m. and 4 a.m. They prefer to feed on human blood. After feeding, the

mosquitoes rest inside the house, usually on the walls. Common ways of preventing malaria take advantage of these characteristics of the mosquito vector.

Key elements for transmission of malaria (as discussed in module 1.3) are:

- The malaria parasite itself,
- The transmitting agent (i.e. the vector mosquito), and
- The reservoir of the disease (i.e. people carrying the parasites in their blood).

The general objective of preventive efforts are:

- 1.Reducing vector-host contact: Since the mosquito must feed once on an infected host to acquire the malaria parasite and once on an uninfected person to transmit it, reducing host-vector-host contact is an effective way of reducing transmission.
- 2.Reducing the longevity and abundance of adult mosquito population: The more the mosquito population in an area the greater is the probability of transmission. So, reducing the longevity and abundance of adult mosquito population in an area reduces probability of transmission.
- 3.Reducing suitable breeding sites (source reduction) wherever this is feasible and sustainable.

How effective these strategies are will greatly depend upon how assiduously they are applied. The Federal Ministry of Health in Nigeria has adopted and prioritised these prevention strategies: Insecticide Treated Nets (ITNs), the Intermittent Preventive Treatment (IPT) for pregnant women, Complementary and increasing Indoor Residual Spraying (IRS), Environmental Management and larval Source Management (to reduce breeding where significant proportions of breeding sites can be identified and targeted). They are the key prevention strategies to be discussed.

Finally, there are on-going research initiatives looking to find new ways to tackle malaria. For example, many scientists are involved in the search for new drugs and vaccines (as stated earlier), which will be safe, effective, and with affordable price tags, that could change our thinking on conquering malaria. Similarly, due to drug-resistance, particularly with *Plasmodium falciparum*, new medications are constantly being tested. A combination of all efforts towards fighting malaria put together had reduced the mortality of malaria greatly over the years; the major aim now for governments and all other partner organisations such as the WHO, Roll Back Malaria (RBM), Society for Family Health (SFH), Malaria No More (MNM), etc. is to get to a point where deaths from malaria are eliminated through effective treatment and prevention strategies.

6.2 Insecticide treated nets (ITNs)

An ITN provides effective barrier between the person who is sleeping under it and the mosquito vector. It reduces the opportunity for mosquito to bite and infect. The impregnated insecticide also acts to kill and repel any susceptible vector that rests on the net. An Integrated Vector Management System (IVMS) for malaria prevention is also in place in the country and is a combined approach involving the distribution of Insecticide Treated Nets (ITNs) as the major approach this involves

all form of deliveries such as free public sector donation campaigns either jointly integrated with other health activities (such as vaccination campaigns, National immunizations) or as stand-alone campaigns, to the free public sector routine distributions such as ANC and EPI services, and the subsidised and at cost sales through hospitals, clinics and at PMV outlets.

Insecticide treated bed nets can be either conventional ITNs or Long Lasting Impregnated Nets (LLINs). Conventional ITNs, as the name implies must be treated once or twice a year (usually dependent on the duration of the transmission). LLINs are nets, whose fabrics have been impregnated with insecticides by a special technique from the source, so that the insecticidal effect is maintained for as long as the net can withstand daily usage, i.e. usually 3–5 years or about 20 washes. **Figure 4** below shows an example of an impregnated bed net hung outside to protect people from vector transmission within a garden. Total access to LLIN is the ultimate aim in public health and public sector distributions focuses on children under 5 years of age and pregnant women.

6.3 Intermittent preventive treatment (IPT) during pregnancy / special care patients

Currently, the most preferred intervention to prevent malaria in pregnancy is the use Intermittent Preventive Treatment (IPT) apart from ITNs. And this is based on the use of anti-malaria drugs that are usually given in treatment doses at some defined intervals after quickening (16 gestational weeks). This serves to reduce malaria parasitaemia which usually leads to poor pregnancy outcomes. IPT with other products like haematinics and anthelmintics are preferably provided as part of a comprehensive antenatal package. Every pregnant woman should also have access to insecticide treated nets (ITNs) in addition to the IPT, which should be used throughout the pregnancy as an additional method of malaria prevention.

Drug of Choice for Intermittent Preventive Treatment (IPT) Sulphadoxine - Pyrimethamine (SP) is a combination drug (Sulphadoxine 500 mg + Pyrimethamine 25 mg) and shall be reserved only for Intermittent Preventive Treatment (IPT).

6.4 Indoor residual spraying (IRS)

Indoor residual spraying with an insecticide is sprayed on the wall every four or six months to kill mosquitoes that rest on the wall to digest its blood meal. Before and after feeding on a person, the mosquito rests on the wall where it picks up some of the insecticide which eventually kills it. IRS is a very effective way of preventing malaria.

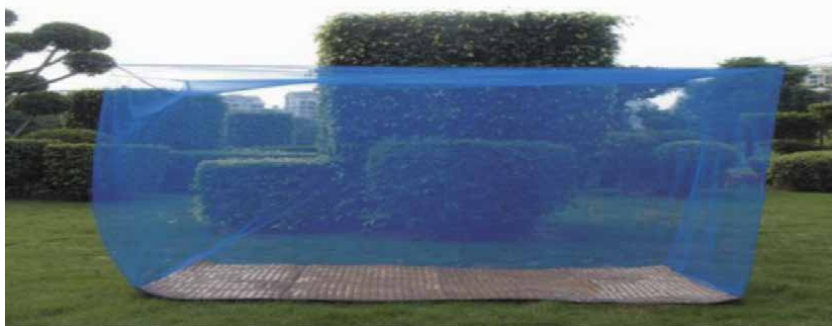


Figure 4.
An impregnated bed net (LLIN) being hung in a garden.

Although this method is complementary to ITN distributions, it will form an important and increasing part of the preventive strategy. Scenarios that are potential focus for IRS include:

- Areas where IRS has advantages to ITNs or has a synergistic effect (e.g. in and around densely populated cities).
- Areas having a short and usually a malaria transmission season which is limited and where the addition of the sprays can make local elimination possible (e.g. the Sahel savannah in the North-East of this country).
- Areas where using treated nets shows to be difficult to implement (e.g. consistent low use rates found with some communities).
- Institutions with marked populations such as boarding schools, army and police barracks etc. the use of ITN seems more challenging in such places.

6.5 Other vector control interventions (environmental & Larval source management)

These include Environmental Management (EM) and Larval control strategies by using larvicides, predators or growth inhibitors.

6.5.1 Environmental management

Management of the environment to reduce breeding sites of the Anopheles vector usually revolves round source reduction, and this is by targeting mosquito breeding sites with the objective of reducing the availability of suitable breeding sites. This will focus on man-made breeding sites in urban and peri-urban settings, construction sites, agriculture projects etc. It should be **note THAT** Anopheles does not breed in garbage or polluted gutters. So removal of garbage / filth is good for public health in general, and reduces the number of nuisance mosquitoes. But however, it has little impact on malaria control directly. The life span of an Anopheles mosquito is between 2 and 3 weeks, if breeding is curtailed, the population of mosquitoes will drastically drop due to this short life span.

To prevent breeding of mosquitoes, every householder must ensure that there is no water collection around their houses.

6.5.2 Larvivorous fish (biological control)

Different predator fish species have been widely used to protect public health, since early 1903. One of the most widely used and successful control agent against mosquito larvae is the mosquito fish *Gambusia affinis* also called top water minnow. Another fish which has received the most attention as a mosquito control agent is *Poecilia reticulata*, the common guppy [7].

6.5.3 Chemical larviciding

Chemicals are used in breeding sites that cannot be drained, filled or where other larval control methods are impossible to implement or too expensive. This method is good only for vectors which tend to breed in semi-permanent or permanent water bodies that can be identified, and where the population of the human to be protected is sufficiently high to justify such treatment. Thus, larvicides are

restricted to urban areas, barracks, labour or refugee camps and development project sites.

The residual effect of larviciding conducted varies considerably depending on the type of the breeding places and quality of the water, but is relatively short for most larvicides. Such larvicide treatment must be repeated at fairly short cycles which may vary from two to ten weeks. Temephos and Fenthion are some of the most commonly used larvicides [10].

6.5.4 Use of screens in homes

House protection with screening of windows, eaves and doors is an effective method of reducing human-vector contact, if properly implemented and maintained. Screens are popular, cheap and accessible to most members of the community.

6.5.5 Mosquito coils, repellents, protective clothing, and others

The use of protective cloths and repellents are indicated for people who are mostly outdoors during peak vector biting periods. Repellents have a very short duration of effect in most cases and are costly. Aerosols and mosquito coils are mostly popular in urban areas. Protective cloths usually covers most of the body, i.e. long sleeve shirts and jackets, protective stockings with covering trousers can provide a certain level of personal protection from mosquito.

6.6 Demonstration session

- Demonstration on the appropriate spread of the ITN to suite both indoor or outdoor use
- Demonstration on the proper method of treatment of the ITN using Deltamethrin.

6.7 Brainstorming session

- What advice would you as a PMV give a patient about prevention of malaria?

Answer:

- Use of insecticide treated materials should be encouraged.
- Mosquito screening devices in house designs and protective dressing.
- Use of insecticides and mosquito repellents.
- Environmental management especially destroying mosquito breeding sites.
- Which role can you play in the prevention and management of malaria in the community?

Answer:

Discussions should be along these lines:

- Case management aspect
- Vector control, Behaviour Change Communication
- Health education and Community participation

7. Discussion

A systematic review was conducted in 2017 on the effectiveness of different malaria intervention programmes among Patent Medicine Vendors (PMVs) by the authors of this book chapter [11]. The researchers tried to identify and review the different studies addressing poor KAP on all relevant topics that had characterised services rendered by the PMVs. The review showed that all studies analysed were effective in improving KAP despite adopting different intervention approaches for their different interventions with relatively wide range of topics all relating to malaria.

An intervention conducted in 2014 to strengthen PMV Associations for an improved malaria management [12], was also conducted in Nigeria just like the present study, but was specifically concerned with the use of RDTs for effective confirmatory test before commencement of treatment, this intervention training was embarked upon to check indiscriminate use of antimalarials without a confirmatory test. The use of RDTs was however treated in Section 3 of this training in addition to other aspects of malaria. Other studies conducted in Nigeria had a wide range of intervention focus such as PMVs knowledge and perception regarding the ACT treatment [13], improving knowledge on Pharmacovigilance [14], Influence of training on community malaria treatment and practices [15], training of rural PMVs towards improving childhood malaria treatment / referral practices [16], and primary care training for medicine vendors in rural communities of Nigeria [17].

Many other intervention trainings regarding malaria were conducted in several different malaria prone countries such as Pakistan, Kenya and Tanzania [18–24], and each had a focus on improving the services of medicine vendors, but they all had different approaches, aspects of malaria being treated and modes of delivery of intervention.

In the course of developing this training manual, inputs were considered from many malaria intervention trainings and studies, almost all the studies considered tried to improve on the knowledge and practice of respondent [13–25], while only three studies improved and assessed attitudes of respondents [12, 15, 20]. This training module however tried to improve on all aspects of knowledge, attitudes and practices of the respondents using its problem-solving approach to facilitate understanding and thereby motivating trainees by using a combination of the techniques / strategies used by all these studies and hence consolidating on their successes.

The gains of a combination of strategies cannot be overemphasised, and this had led to great successes in the fight against malaria in many parts of the malaria endemic world leading to a WHO report claiming 1.5 billion malaria cases and 7.6 million deaths have been averted since the year 2000 [26]. The African countries which shouldered more than 90% of the overall disease burden in recent years had reduced its malaria death toll by 44%, from an estimated 680,000 to 384,000 annually [26]. However, for progress to be sustained, efforts have to be intensified, particularly in those countries with the highest burden of the disease despite the environmental, economic, political and other challenges discussed.

8. Conclusion

This paper puts forward a concise training module for everyday handlers of malaria cases in sub-Saharan Africa. The training module comprising the basics in the management of malaria such as basic information, its signs, symptoms/

diagnosis, its treatment, referral and prevention as was conceptually meant for the training of Patent Medicine Vendors but its relevance extends to all other categories of health providers tasked with managing malaria. The topics and contents treated had been carefully put together to cover the relevant aspects necessary to impact a required improvement in knowledge, attitudes and practices (KAP) of the trainees and other practicing healthcare providers alike. The emphasis placed on medicine vendors is rooted to the fact that they had long been identified as the most patronised and most commonly available group of healthcare providers within the sub-Saharan African region on malaria issues, hence any intervention on their KAP will hugely influence malaria epidemiology within the sub-region.

The peculiar mode of delivery of training used across the sections of the training module included presentation of lectures, demonstration exercises, differential diagnosis to distinguish malaria from other diseases with similar presentations, quizzes / brainstorming exercises such as question and answer sessions, empathy exercises, group discussions, handling of case studies, participation in role plays, and reflections on each module with the facilitators was conceptualised due to the realisation that the medicine vendors are deficient in their knowledge, attitudes and practices with respect to malaria handling, that the various methods employed have been proved to be effective in various stand-alone trainings and that collectively employing all the various methods used will strategically improve on the KAP generally.

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Conflict of interest

No conflict of interest declared.

Author details

Yahaya Mohammed Katagum^{1*}, Hayati Binti Kadir Shahar², Faisal Bin Ibrahim²,
Anisah Baharom² and Rafee Baharudin²

1 Department of Clinical Pharmacy, Bauchi State University, Gadau, Nigeria

2 Department of Community Health, University Putra Malaysia (UPM), Selangor,
Malaysia

*Address all correspondence to: mkyahaya@basug.edu.ng;
mkyahaya07@gmail.com

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Section 4

Prevention, Vector Control
and Vaccines

Herding and Stampeding: The Albatross of Mosquito/Malaria Control

Francis S.O. Ugwu

Abstract

Malaria is lingering globally with 3.3 billion people at risk of infection and 1.2 billion others classified as high risk. The economic burden caused by the disease and vectors is humongous globally. The epicenter is Sub-Sahara Africa which accounts for 92% of the annual death burden of 435,000 of which 61% are children of less than five years. Result of elimination activities are manifest in all other WHO regions except in Sub-Sahara Africa where efforts to control the disease/vector bear unsatisfactory testimony. This worst case scenario in the region is the handiwork of weak governments and institutions that appear to lead control strategies by showiness via information media; but in reality, they are part of the albatross that stampede the processes. Remedying the situation would require multi-tactics including arm-twisting relevant authorities in Africa by the international community and knowledge-based actions by private individuals and communities to stem the tide.

Keywords: malaria control, mosquito control, Sub-Sahara Africa

1. Introduction

Malaria occurs in all six WHO regions where about 3.3 billion people are at risk of catching the infection or development of the disease and 1.2 billion others are considered as high risk persons [1]. WHO's 2018 report shows that 219 million cases of malaria occurred worldwide consequently causing 435,000 deaths with the weight concentrated in the WHO African Region which accounted for 92% of all malaria cases and children under 5 years accounting for 61% of all deaths [2]. Nigeria as the most populous country in the region also takes his fare share of the burden – most cases were suffered by Nigerians and about 25% of global deaths were also Nigerians [3]. The prevarications of climate may worsen the foregoing data. Sharma *et al.* [4] earlier observed that the impact of malaria could be stable but may not be abetted in years of intense precipitation and flooding. Moreover, there is heterogeneity in malaria prevalence [5] so may ameliorate or exacerbate the debility or fatality associated with it. Malaria could waver in strength at the local, regional and national level, becoming more resilient by acquisition of resistance which can enhance both vectors and parasites to take deep roots and diversify into various ecotypes [5]. The point being made here is that parasites and vectors could make use of opportunities offered by climate to make their effects more or less threatening to man.

Malaria is caused by protozoan parasites which are transmitted to humans when *Anopheles* mosquito feeds on man. *P. falciparum*, *P. vivax*, *P. ovale*, *P. malariae* and *P. knowlesi* are five *Plasmodium* species known to infect man. Each of the species has peculiar distribution globally, for instance, *P. falciparum* dominates in Sub Sahara Africa. Clinical manifestations vary among those five species. However, *Plasmodium falciparum* cause most of the global health problems. Most merozoites are produced by this species so causes more severe fever, anaemia, mortality [6] and accounting for 99.7% cases in WHO African Region [2]. Apart from pain and suffering during illness and subsequent death that may follow malaria, the burden on the socio-economy especially in Sub Sahara Africa is colossal [2, 7, 8].

After the discovery of malaria parasite life cycle by Ross in 1897, man had been unyielding in her efforts to eradicate them. Unfortunately, the result is a pyrrhic victory without mosquito/malaria shifting significantly from its Sub Sahara Africa hub even though there are reports of almost malaria eradication in some countries [9, 10]. For every bus, there must be a driver and every herd of cattle there must be a herder; so in every manner of success that is recorded in diseases control, there must be a driver. In well organized societies, this responsibility lies squarely on governments. Others, such as non-governmental organizations and social groups, are also important components of a successful driving crew who mobilize secondary interested parties to lubricate the process. Wherever there are such synergist drivers, any diseases control programme will be successful in significantly reducing incidence of such disease. The kernel is that there must be effective governments to herd mosquito/malaria control programmes if malaria must be eliminated in Sub Sahara Africa.

What is the current situation in Nigeria? Here the government who is supposed to nurture all anti mosquito/malaria programmes turns out to be the albatross. This happens because some persons within the government hijack governments or government programmes and upturn every strategy targeted at malaria elimination. This they do by sabotaging the conceived vision and mission by the underhand activities they engage in to divert fund meant for such projects into their bottomless pockets. They misapply the processes/programmes that work elsewhere whether it is health care, politics, commerce, industry, economy, etc. The outcomes of their clandestine activities include but not limited to a divided nation almost perpetually prosecuting internecine wars with many fronts. Would the health care sector be different? It will not because you cannot sow the wind and not reap the whirl wind.

In this paper, we attempt to present evidence that, not minding all the crisis in Nigeria, governments do provide facilities and services that appear to move mosquito/malaria control in a positive direction strategically to minimize the troubles mosquitoes/malaria impose on us. However, what is gained by constructive government maneuvers is undermined by unfolding activities of the same government that ultimately would only exacerbate the damages inflicted on Nigerians by both vectors and parasites. This scenario informs the title of this paper about the treachery in certain quarters in conformity with the adage in our place that the person herding animals may be the same person who is stampeding them.

Further, we maintain that this jeopardy is redeemable if government could change tactics. We propose to canvass, in dancing to the dictates of a global village, that anomaly anywhere in the world could be perceived as anomaly everywhere else in the world that must be tackled. This treatise intends to provoke the International Community to look inwards so as to alter her compulsive lukewarmness in internal affairs of nations such as ours where leaders plunge citizens into unending squalor, diseases and poverty. The individual citizen would also be prompted to challenge mosquito/malaria by applying simple innovations which researchers in sub Sahara Africa had made to ameliorate the pangs of mosquito malaria.

2. Government herding mosquito/malaria control and showiness

In this section we use the term ‘government’ generically to mean any or all levels of governments. In Nigeria there are three levels: federal, state and local governments. There is only one Federal Government which seats in Abuja, the capital city of Nigeria. The second tier consists of 36 state governments with their respective capitals spread across the country. Abuja is also the seat of the Federal Capital Territory that operates as a quasi state with its own paraphernalia of government structures. Lastly, the local governments, which number up to 774 across the federation with their respective headquarter and structure of government. We briefly consider here how government had been in the forefront in the fight against mosquitoes and malaria (**Figure 1**), albeit with showiness.

As far back as 1899, the importance of having a passionate government mounting the driver seat of mosquito/malaria control was demonstrated in Lagos. The government was led by a chief executive in the person of William MacGregor who was appointed by the Colonial Office (London) as Governor of Lagos. According to Oluwasegun [11], he was on transfer from Queensland, Australia, and he had considered Lagos a graveyard like his peers from Europe who knew that environmental

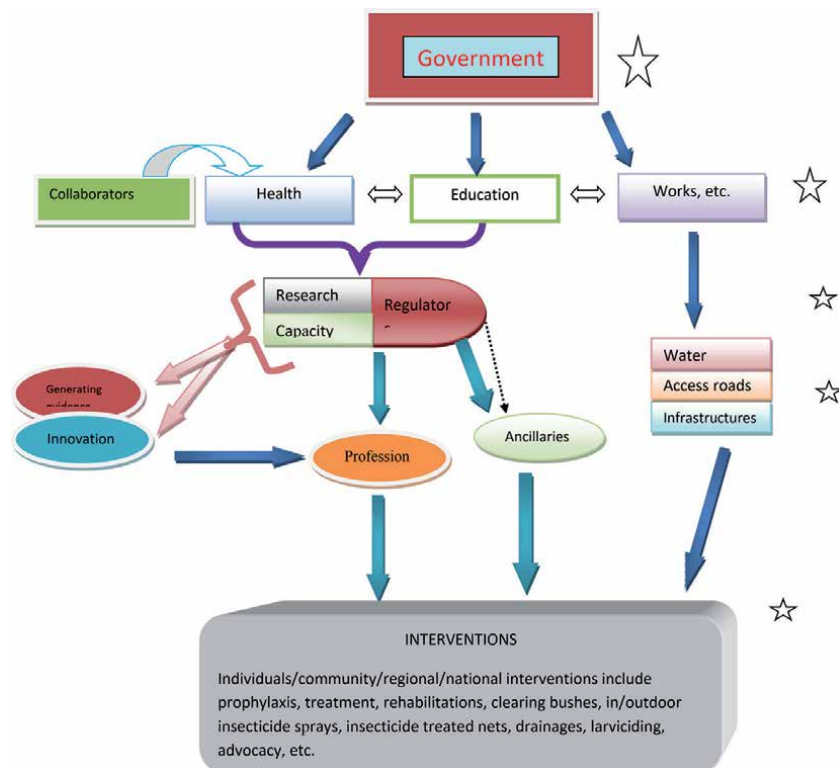


Figure 1.

Organizational framework for malaria/mosquito control based interventions. Government control is via the ministries such as Ministry of Health, Ministry of Education, etc. that are all interconnected and interwoven. Collaborators include donors, international agencies such as UNICEF/UNDP/World Bank, WHO, TDR, etc. The Nigerian state of anomie under President Buhari has highlighted security (which is normally not considered as a factor of consequence), represented by the star, is now the sine qua non or primus inter pares before any form of activity, whether as infrastructure, goods or service delivery can be embarked upon as it must superintends all government anti-malaria programs. Security became more pervasive following the emergence of criminals and fanatical religious terrorist group like Boko Haram. Ancillary refers to all other professions and their products that governments allow. The arrows pointing to it indicate both weak and strong controls: strong control via such agency as NAFDAC, weak control of native doctors, bone setters, patent medicine practitioners etc.

factors compelled it to be one of the most infamous mosquito-breeding locations on the West African Coast. As he arrived Lagos, he was confronted with a horrible statistics: malaria mortality was 71.12/1000 European population in 1898 and rose up to 87.64/1000 two years later. Consequently he decided to eliminate mosquitoes from Lagos so as to get rid of malaria. He had been advised to approach the matter by segregating the population on racial grounds, a proposal he refused to acknowledge because it would not benefit the colonialist on the long run economically and would trigger opposition from the highly educated elites in Lagos then. He perceived that there was no racial segregation and that allowing natives to live with their more enlightened Europeans would offer them education which was vital to checkmate mosquitoes/malaria. Lastly he considered it unwise to start any form of racism rather his idea was: destroy mosquito breeding, make certain modern sanitation, educate the natives on the risk of mosquitoes and the management of malaria. He began sustaining a malaria-free Lagos via land reclamation. In fact, he reclaimed the Elegbeta and Idumagbo creeks and built the MacGregor Canal.

Today, the approach to mosquito/malaria control is not different from the measures Governor William MacGregor introduced more than a century ago. He emphasized education which is still what present day researchers [12, 13] also arrived at after applying their mathematical model which states that change in human conduct (following acquisition of knowledge) will significantly reduce the burden of disease like malaria in places where the level of education is soaring; not like areas with deprived education where the disease persist. They recommended that massive and continuous health education should be combined with other forms of interventions for all persons staying within the area assaulted with malaria. The government had been unrelenting in building public schools. She also allows private schools to blossom such that today, we have lost count of the number of primary, secondary and tertiary institutions across the nation. In all these schools students are taught how to deal with mosquito/malaria. One veritable way education has helped in reducing the menace of mosquito/malaria is housing. Research has established that reduction in malaria burden and improvement in health status is attributed to health education and improved houses [14, 15]. Throughout Nigeria and particularly in Southern Nigeria, houses are so modernized that mosquitoes' entry into houses, to some extent, are excluded. In my locality thatched and mud houses had disappeared and every house built in the last 10 years has an intact ceiling in place. This implies that fewer mosquitoes get access to humans within because the usual eaves route for *Anopheles* is effectively blocked [16–19].

The government is also involved in building health centres where the sick are treated and nursed back to life. They are organized into primary, secondary and tertiary health care centres/hospitals with the last serving as schools where health care professionals are grounded. Primary care centres are located nearly in every large community today to offer the most basic health care services directed at prevention of infective diseases. These centres are also involved in distribution of drugs such as evermectin, immunization and bednets as well as treatment of uncomplicated malaria and counseling pregnant women. Secondary health centres consist of 'general hospital' where patients are given much more detailed attention. Some laboratory investigations are obtainable here as well as minor surgical services. Pregnant women gain better attention and knowledge of mosquitoes/malaria is deepened here. Tertiary hospitals offer all the foregoing services which could not be handled at the primary and secondary centres. The best of all health care professionals are concentrated here and the government designates some of them 'centre of excellence' where state of the art services and equipment are available. Governments spend a lot of money. One example of the extent of fiscal

spending will suffice. The Federal Ministry of Health 2016 Appropriation Act in Naira showed that personnel cost 217,472,115,158; overhead was 3,940,432,929; capital expenditure was 28,650,342,987; while total allocation summed up to 250,062,891,075. In 2017, the various governments (federal, state and local) contributed 8% of 1.7 trillion Naira expended on malaria [20]. Governments pay for all these to support health in addition to payment through other ministries such as scholarship for students elsewhere who may end up joining the fight against malaria control such as doctors, engineers, epidemiologist, etc. who train abroad. However, government sometimes authorizes charging of minimal fees to augment running cost of health care generally [21].

Beyond building of schools, hospitals and health centres, government from time to time allow programmes designed as morale booster to mosquito and malaria control to be. One of the most popular ways this was accomplished was through the Roll Back Malaria partnership designed to achieve universal protection to all persons at risk by using appropriate interventions for prevention and treatment [22, 23]. In **Table 1**, we show some of the projects that had been popularized by direct and indirect involvement of government. She also puts in place organogram which allocate responsibilities among stake holders [24]. Government also pays for malaria management and public health jingles or allows commercial interests some space to canvass for customers throughout the country. Nowadays, both manufacturers of plant based medicines and those from numerous pharmaceutical companies (foreign and local) are allowed by governments to market their wares without hindrance. Local patent medicine stores are also allowed to proliferate and are therefore accessible to Nigerians within trekable distances.

There are also other government activities which focus on healthcare generally. Such programmes ultimately benefit malaria sufferers or indirectly assist malaria/mosquito control. The National Agency for Food Drug Administration and Control (NAFDAC) is one of such agency of the Federal Ministry of Health (**Figure 1**). The agency did a lot work to create awareness on the issue of fake, substandard, expired and adulterated drugs [25]. The agency does more work beyond the foregoing. She also monitors feedback from consumers the effects or adverse drug reactions of the drugs she permitted to be in circulation [26]. **Table 2** shows other indirect ways the governments enhance malaria/mosquito control. Most importantly, the agency had upgraded the people's knowledge that ordinary peasants must look for the "NAFDAC number" before they could pay for any medicine from the drug store or "Chemist" as they are popularly known here. All the measures above prove that government in principle is desirous of affordable, accessible and sustainable malaria/mosquito control.

We have seen that government erect physical buildings for health care services including malaria treatment. It has been observed that every successive government builds more and more houses. No incoming administration wants to build on the foundation left by his predecessor [21, 30]. The reason is for showmanship – so that the peasants would point at structures built by x's government. Such buildings soon after commissioning become just prescription houses where even aspirin could not be dispensed as at when due. Such building soon get underutilized, abandoned or become overgrown with grass. Closer enquiries show that those in governments use the opportunities for awarding building contracts as avenue for looting public funds and extorting cutback from contractors.

Government control most local radio stations and citizens are inundated with the usual copious jingles of her activities ad nauseam. During the Roll Back Malaria episode, government jingles saturated the air waves that nearly everyone became aware that free mosquito nets were being distributed. So when interested persons flock to the so called centre of distribution, only a hand full of bednets would be

S/no	Government Control programmes	Period	Activities executed	Observations	References
1	National Malaria control Programme (NMCP) Strategic plan 2009–2013	2009–2013	About 17 million ITNs were distributed during 2005–2007,	Only enough for 23% population	[20]
2	Procurement of artesunate combination therapy (ACT)	2006 2007	4.5 million courses distributed. 9 million courses distributed	Far below total requirement	[20]
3	Roll Back Malaria (RBM) Initiative	2000–2005	Case management, promotion of intermittent preventive treatment (IPT), and promotion of the use of ITNs/vector management	Resistance to Chloroquine, and subsequently Sulphadoxine-Pyrimethamine (SP)	[20]
4	Topical Disease Research (TDR)	in 2006	Home management and community directed models for malaria treatment		[20]
5	Agencies like UNICEF and the Federal Ministry of Health		Propagating the distribution of these effective and long lasting ITNs to primary health centers		[20]
6	Closing up community land ponds and borrow pits				[20]
7	Spraying oil over stagnant water bodies				[20]
8	National Malaria Elimination Programme (NMEP)		NMEP) is responsible for policy making and articulating broader strategies and coordination at the country level	Implementation done by state governments	[22]

Table 1.
Some malaria control programmes.

given to the selected few after prolonged delays and excuses. The reality was that the “*oga* at the top” had compromised the programme by diverting allocated mosquito nets to their accomplices who would now sell them unhindered in local market at exorbitant prices thereby making the nets unavailable to target population [31]. This may account for why some respondents in several studies angrily antagonize poor nurses at their duty post in such distribution centres without comprehending

S/no.	Activities of government	References
1	The enactment of the National Health Act, 2014. for the regulation, development and management of a National Health System, and to put in place a standard for rendering health services in Nigeria.	[27, 28]
2	The National Health Financing Policy and National Health Policy are designed to ensure universal access to health by stating mode of raising fund for the different levels of governments and to ensure fund allocation to the health sector increased up to 15% of total budget and support to primary health care (PHC).	[27, 29]
3	Creation of NAFDAC to regulate the production, distribution, sale, use of drugs and ancillary products as well as monitoring of adverse reactions.	[21, 25, 26]
4	The National Health insurance scheme (NHIS) promotes openness and more access to health to privileged minority who secure employment in the organized sector.	[21, 27, 29, 30]
5	Former president Obasanjo introduced the health sector reform to make health care accessible, equitable and congenial.	[21]

Table 2.
Indirect ways government improves malaria control.

the underhand deals that made nets not to reach those they were made for [31, 32]. If government was serious, they have all the tools at their disposal that can be put in place to ensure that pilfering of bednets cannot happen anywhere in Nigeria.

Sometimes in the past, adverts relating to health care in Nigeria were aired in American or European based media. This makes one wonder what the government or relevant institution was up to. How could such presstitution benefit Nigerians who do not have access to electricity or television sets? Even if they had, why were such adverts not placed in local media to save cost? The showmanship accompanying simple public health programme as launching a public health campaign in remote communities attracting a governor with scores of exotic jeeps and retinue of state officials, security men and politicians are simply avenue for pilfering scarce government funds because everyone who attended such fanfare would be “mobilized,” euphemism for buying/bribing participants, and core civil servants who participated would be paid handsome allowances. Fraudulent commissioning programmes by government have come to be an innovative mass deception method which deepens the corruption in the system. There was an incident when a borehole was “commissioned” in a community in Udenu Local Government Area where the water seen gushing out was actually from a hidden tank somewhere! Another such “commission” was made in 2001 by no less a person than the President of the Federal Republic of Nigeria of a bore hole located in Ozalla Ezimo, a nearby community close to Obollo Afor town, that was already operational before his regime. Obasanjo, the then president came with more than 5 hundred security men and more than a thousand politicians and hangers on. Their coming arrested most economic activities in Nsukka Senatorial Zone during the period. The money spent on such frivolous visit could have been spent to prosecute the war against mosquitoes and the diseases they hawk.

3. Government as albatross stampeding mosquito/malaria control

Malaria/mosquito control can stand as the best project for health that any government in Nigeria and the rest of Sub Sahara Africa should prosecute for national/global health [33]. Governor William MacGegor embraced that concept

profoundly and embarked on mosquito control with all his might. Unfortunately, his approach was abandoned soon after he took ill a few years from the time he built the canal [11]. In the past 20 years, the regime of Olushegun Obasanjo (1999–2007) was pro education and pro malaria control. His immediate successor, Musa Yaradua (2007–2010) was not healthy enough to manifest his inclination. The subsequent government of Goodluck Jonathan (2010–2015) appeared to boost education more but less so for malaria control than that of Obasanjo. The regime of Buhari (2015 – date) is a disaster for both education and mosquito/malaria control. Pregnant women and under five years children are predisposed to malaria and they suffer high mortality rate also [2, 3]. However, only 1% increase in budgetary allocation to the health sector could engender reduction of 10% of infant mortality and generally improve health outcome [34]. His government consistently scored below the mark in attaining universal health coverage provision to allocate 15% of budget to the health sector. Even when compared to other less endowed countries in west Africa such as Ghana, Gambia, Gabon and Niger, she is at the bottom [35]. Facilities at primary, secondary and tertiary hospitals are derelict; about 700 medical facilities are said to be destroyed in conflict zone. This may explain why medical tourism, even to neighbouring West African countries, is vast developing [28].

One would have expected an upsurge in malaria as a result of this gaping neglect of mosquito/malaria control during his presidency but it seems that act of God – weather conditions, willingness to survive with the residual knowledge of malaria control (use of herbs, clearing bushes, etc) may have come to the rescue of Nigerians. This is reflected in the slowing down of malaria according to WHO's record [3]. This implies that citizens are willing to contain malaria if only there is effective government support/leadership. Every government ought to be targeting malaria elimination; and according to Campbell and Steketee [33], such government must make supervision, diagnostic capacity, monitoring, and evaluation systems that is accessible and of high quality to provide timely information as cardinal requirements. So long as governments refuse to implement accepted practices of mosquito/malaria control or ignore morale boosting programmes like Roll Back Malaria, so long we would have malaria with us.

The poor performance of vector control in Nigeria is squarely attributable to whosoever is on the driver's seat. This brings the ball on the table of our leaders. It does appear that when you consider how they go about acquisition and execution of power, you would shudder. Regarding animal herder (among sheep), the Catholic Bishop of Nsukka, Fr Bishop Onah Godfrey, in a popular metaphor, said that a sheep at the rear was asked where it was being led to and it replied that the leader (herder) knows where. In the case of Nigerians, no one can vouch for our political leaders in government who used *mago-mago* (morally reprehensible means) to attain power. This author had considered their behavior like fixing their own salaries, which range between 25–30 million Naira a month, but refusing to pay 18,000 Naira minimum wage, as the pacemaker of the imbroglio raging in the country today. It is also the root of all labour unrest in the country since 1999. As at the end of November 2020, federal universities still remained closed since March 2020 to students because of mode of payment of academic staff salaries and underfunding university education. The health sector is always embroiled in strikes over payment of salaries or allowances. There would be no industrial action if there is no significant difference in the pay packet of the President and a cleaner with all other professions/workers adjusted in between accordingly. Nigerian leaders designed Nigeria for corruption so the endless catastrophe citizens suffer is the outcome of the design. In this context, mosquito and malaria control cannot be detached from all other sectors crying for attention.

The present Nigerian government-citizen relationship is not different from that between the *Sarcoptes scabiei* and the dog. No matter how loud or long one shouted at the dog parasite, it will continue to suck life out of its dog host. Clearly, our leaders in government are not different from the dog parasite. In trying to rationalize why our leaders behave that way, this author was stunned by the fact that the same malaria parasites may be the remote cause why our leaders outdo parasites in exacting maximal pressure on hapless Nigerian citizens while they themselves are well ensconced in Abuja and state capitals or junketing across the globe with their families. We know that malaria parasite is a multi system parasite and it also inhabits the brain and do cause cerebral malaria. It could also camouflage itself from immune surveillance. In simple terms, it seems to enjoy some high degree of immunity that it could remain arrested in man for a long period – the same way Nigerian politicians are immuned from being accountable. It is not preposterous to suggest that it could trade genes with the host to hijack some of the host's physiological processes. Hijacking has been reported in a number of host-parasite relationships and it



A



B



C



D

Figure 2.

Unintended consequences of flood control. (A–C) shows a pond in a residential area with houses around it. Closer look will show plastic containers as well as vegetation which provide perfect mosquito breeding milieu. The back ground story was that more than 25 years ago, the borrow pit was dug to drain Ugwuoye part of Enugu Road, Nsukka by the Local Government. Years later, the borrow pit could no longer drain the area because the government could not supervise builders who blocked the natural water ways. When that part of Enugu Road became impassable, the Enugu State Government came to the rescue by building a tunnel to drain the water which flooded the road and the rest of Ugwuoye. The deluge from the tunnel eventually sacked all the people living in the houses shown in (D). Whenever it rained, the University Road, which receives water from the place shown eroded in (D) become impassable such that cars, motor cycles and their riders were carried away. About 5 persons were said to have lost their lives to the flood since the tunnel was completed.



Figure 3. A section of Enugu – Port-Harcourt Express Road, Lokpanta, Imo State. This section of the road reveal typical South Eastern Nigerian road that is supposed to be maintained by the Federal Government headed by President Mohammed Buhari. The failure of government to be functional created the observed collection of water, blocked drain, mud, solid wastes, grass, stuck vehicles, used tyres and squalid environment all of which provide perfect environment for mosquito breeding and optimized malaria transmission (A–D).

may not be different in man. Thus our leaders' have been modified to behave like parasites. And in our case, the bad policies of our leaders in governments ultimately assist parasites like *P. falciparum* to thrive.

The generation of solid waste is another albatross of malaria control. Tons of solid waste from plastics significantly impact on preponderance of mosquitoes in our country. These plastics are indiscriminately dumped in the streets, roads and into drains [36] and as shown in **Figures 2 and 3**. Solid wastes provide thousand of micro water bodies ideal for the breeding for *Anopheles*, *Aedes* and other pathogenic species of mosquitoes. When these materials are dumped on drainage they block drains and larger water bodies are formed where more mosquitoes and other pathogens would profusely breed. It is reported that when weed accompany plastics and solid wastes that malaria and its vector increase significantly [36]. What does it take to deal with solid wastes as thin sheet polyethylene? Legislation: ban them! Kenya did it [37, 38]. Large population in urban and cities throughout Nigeria is related to development of slum areas that quickly generate heaps of garbage ideal

for mosquito breeding, though Nwani and Ozegbe [39] indicate that per capita/kg/annum generation is low at 204 when compared to South Africa at 730 and Ghana at 33. Such large populations not matched by increased health spending spell doom for Nigerians [34]. Given the present circumstances of funding health system, attaining competence, equity, quality and sustainable health care, financial risk security for all citizens cannot be accomplished [30].

Governments encourage trading of blames among health workers and between health workers and patients. The perennial problem in the health sector where one group of health care provider is over elevated beyond the others is a divide and rule tactics that truly undermine health care services generally and mosquito/malaria control in particular. The problems in health sector seem to be the typical fruits of corruption. The resulting very poor performances are reflected in the compendium of indicators of an ailing health sector that has nothing positive to show [40]. This sector is rife with strikes [41–43], inter-professional rivalry [44], arrogance [45], etc. All these impose unnecessary man made burden on citizens. **Table 3** shows a compendium of governments' activities which ultimately stampede malaria/mosquito control.

S/No.	Action/inaction exacerbating malaria/mosquito control	References
1	Poor allocation to healthcare: far less than the 13–15% of total budget recommended is routinely disbursed to the Federal Ministry of Health*	[20, 21, 28, 34, 35]
2	Very low health expenditure per capita: In 2017 it was US \$74 less than what is recommended.	[20]
3	Neglect of primary health care (PHC) † The healthcare facilities at the Primary Health Care (PHC) level are inadequate and poorly maintained.	[20, 21, 27–29]
5	Lack of water, road, electricity, etc. Poor access roads (especially in the South East Nigeria), for example, make it difficult for patients to obtain even the paltry health care available at the nearest health care centre whether it is primary, secondary or tertiary.	[28]
6	The average health facility to population ratio is low and worse in rural areas: doctor to patient ratio, for example, is much lower than the WHO minimum standard of 1:600.	[21, 27, 34]
7	Over concentration of health facilities in cities and urban areas as a result of skewed budgetary allocation/implementation.	[21, 27, 34]
8	Government policies induce poverty: Nigeria has the highest population of extreme poverty worldwide. This was not so during pre-independence and up to early 1980s.	[21, 27, 34]
9	Not using supportive/multidisciplinary/ demand-driven models such as those of TDR to do/mirror/translate research findings of local researchers to interventions. Not strengthening research capacity in critical areas.	[46, 47]
10	Environmental/public health inspector disappearance since the 1960s.‡	Personal observation.
11	Government appears to be deceiving her citizens, the International Community and international institutions such as WHO: Government abdicates related convention she is signatory to: Nigeria allocated, between 2009–2013, as little as 3.7–5.7% of national budget instead of the 13% recommended by WHO.	[27, 29]
12	Lack of continuity, consistency and commitment (3Cs) to laid down policies, programmes and projects thereby leading to poor access to health, unemployment and poverty.	[21, 30]
13	Lack of harnessing low cost health facility from native doctors, traditional healers, etc.	[21]

S/No.	Action/inaction exacerbating malaria/mosquito control	References
14	Not making dialogue an art of governance and very poor crime management: these incapacitate families/communities from fending for themselves.*	[21]
15	Hospitals/health centres are without safe water, electricity, functioning equipment, adequate supply of drugs, basic diagnosing machines such as scanning and X-ray machines etc.	[28, 30]
16	Ill motivated and unsupported healthworkers	[28]
17	Uneven distribution of health care personnel	[28]
18	General insecurity and attacks on healthworkers especially in conflict zones.	[28]
19	Condoning dual loyalty of health workers who work for government and use the opportunity to divert patients from public health facilities to their private businesses.	[28]

[∞]Government here refers to the Nigerian Federal Government. The states and local governments mirror the federal in most of the listed activities.

*The Presidential Summit on Universal Health Coverage made the Abuja declaration that mandates member states to allocate 15% of national budget to the health sector, but the reality is that less than half (7.4%) was available in 2014. The Federal Ministry Health indicated that 40% of health budget is expended on malaria [20].

[†]PHC receive less than 10% of health budget, yet from the little, 84% is spent on non-PHC amenities [27].

Sub-optimal PHC services spell doom for up-coming generation. This negligence is akin to ‘10/90 disequilibrium’ principle where 90% of fund is spent on 10% of less vulnerable people [48].

[‡]Government by condoning insurrection as occasioned by Boko Haram, criminals and Fulani herdsmen (who insist on roaming with their cattle all over the country) engage in countless killings, abductions, ransoms taking, displacing communities, destroying crop farmers and their crops, etc. creates the environment for festering of diseases and their vectors.

[§]This author’s mother told him that before Nigeria’s independence, health inspectors used to visit every compound to access the degree of hygiene and mosquito control compliance. “They used to check every soup pot and every clay pot used as water reservoir to ensure that they were properly covered,” she said. This author had never seen, nor his home visited by such inspector since after the civil war in 1970.

Table 3.

Some activities of government which ultimately stampede malaria/mosquito control[∞].

4. Why international arm-twisting tactics will improve malaria control

The International Community is sometimes perceived as a guard who stands by when a toddler engages in fireworks in a compound full of people living in thatched houses during the harmattan. The toddler lights the first house, second, third and the guard continue to look on until all the houses are completely burnt down. Then, the guard would begin to attend to charred victims and survivors and corpses. Which is cheaper – to arrest the child before he lit the houses or after? The International Community must have to reshuffle her rules that hitherto had relegated her to a passive onlooker when catastrophes come knocking under the guise of “non interference in the internal affair of member nations.” For too long, she had been silent when leaders of third world countries plant strife, nurture them until they mature to genocides resulting in massive drifting of refugees from one part of the world to another. This mass movement of people evading conflicts is the same as mass movement of diseases and vectors across borders.

All the nations of the world, referred to as “The International Community” must by now be amenable to some of the lessons of Covid-19: no nation is isolated from emergent diseases and no nation could predict the spreading dynamics, morbidity and mortality of such diseases. The consequent plunging of both developed and developing nations into losing high numbers of their citizens and severe economic recession inflicted on those who survived the onslaught of Covid-19 is a lesson no one should forget. What if mosquitoes/malaria parasites should mutate and re-establish themselves as the terror they were in the days of William Mac Gregor? So all nations must begin to see health related problem

anywhere in the world as a global problem that must be tackled in unison so that diseases cannot be allowed to spread.

Malaria mortality had been with Sub Sahara Africa for ages. The WHO had been publishing annual reports where numbers of deaths due to malaria are clearly shown. The International Community may have been regarding those figures as mere numbers probably because they revolved mainly in Africa whose primitive leaders unabashedly undermine their own people as it pleased them. Stopping these bad leaders is also stopping the means of generating poverty, diseases and their vectors which are not fixed but highly mobile and could spread like HIV and Covid-19.

5. Knowledge-based measures by citizens and communities to control mosquito/malaria

Knowledge based actions against malaria control is very effective in controlling mosquitoes and managing all infectious and insect borne diseases. It is also vital to controlling the vectors as had been noted and applied by Governor William MacGregor since malaria life cycle became known [11]. According to a report [20], Nigerians are already picking the gauntlet as they paid 87.8% of the 1.7 trillion Naira spent on malaria in 2017 (excluding unquantified amounts expended paying bill from native doctors or purchasing native herbs). This is a veritable proof they could fend for themselves to rid the land of the disease and could do more if the environment is right. Knowledge based control measure evolved following the works of researchers all over the world. In Nigeria, research output in this direction is not deficient. Nigerian Universities, despite all the stumbling blocks erected by governments, continue to look inwards to find solution that will work for us for he who wears the shoe knows where it pains. Local researchers had been able to generate so much for malaria/mosquito control but are hampered by the following:

1. Civil servants follow instructions passed unto them by their superiors who are actually politicians. This author had developed several devices that could be used to control mosquitoes in-house [17–19] which are innovations that ought to attract enthusiasm by those whose responsibility it was to control malaria/mosquitoes in the Ministry of Health but he was told that window screen was not part of their job description: they were paid to disseminate bednet not window net!
2. Nigerian policy makers had been so brainwashed that they do not accept anything being projected by local researchers. Going by some informal anecdotes researchers share among themselves, they greet researchers with skepticism and scorn. They look for those packaged in Europe, China or America. They prefer importing antimalarials from China or India rather than provide the environment that would enable our own people develop them from our own resources which abound. So doing enable them to loot government treasury as they please while citizens are kept below poverty line and too poor to ask for any form of accountability from our leaders.
3. This author checked the website of the National Malaria Elimination Programme (nmcp.gov.ng/integrated-vector-management/). They had beautiful vision and mission statements regarding mosquito/malaria control. Of all the measures enunciated, door screening and window screen are conspicuously absent. Yet this government agency knows that people do not sleep in bednets because of many constraining factors [49] as only 9.7% of households own them [32], and that people misuse them [50]. Only 3.9% of pregnant women

sleep in bednets [32]. They ought to have known that house screens covers all house hold members and protect for other neglected tropical diseases [51] and devoid of all the problems associated with bednets. House screening is enforceable by the state [17]. However, if they allowed home based control devices to thrive, it could block their channel of affluence because they would not be importing nets, drugs, insecticides, etc. massively to checkmate mosquito/malaria. If the National Malaria Elimination Programme really mean to improve the people's knowledge of malaria/vector control, they would have been using their web site to inform people of current publications from local researchers that provide simple accessible, affordable and sustainable solutions that anyone could copy and apply for himself such as the ones provided for house screening [17–19].

4. The refusal by those in authority to accept new information unveiled by researchers on control measures such as insecticides could sometimes be bewildering. They apparently have negative bias against new ideas when confronted with uncertainty [52]. They had hitherto been captivated by old things they know about insecticide that any other unfolding developments are ignored. For instance, if they were initially taught that dichlorodiphenyltrichloroethane (DDT) was very good in controlling insect vector, they would be fixated with that idea and discountenance any other contrary findings that question the status quo. Informing such persons that perceived benefits of insecticides as option to tackle mosquitoes is only short lived would only provoke them to anger or alerting them on increasing reduction of *mosquito* susceptibility to insecticides such as organophosphates, organochlorine and carbamates [2, 53–55] could make them bark at you menacingly. Seriously, mosquitoes quickly acquire resistance to the foregoing insecticide that just after a few years, they would no longer be effective deterrent. Other unpalatable consequences insecticides create are environmental contamination, ecological imbalance, harm to human and animals, environment pollution, non-target organisms being affected [56, 57]. The narrative does not stop just there. As time goes on strains of mosquitoes which would even depend on the insecticide to spread to regions they were not found before would arise [58]. Therefore the best approach to deal with mosquitoes in Sub Sahara Africa is to pressure them to change their habit such that, owing to consistent denial of blood meals to them, they would change habit. Long term denial to access human blood would certainly push them to find an alternative, that is, we could habituate them to be independent of human blood meals.

6. Conclusions and recommendations

This paper, through the number of instances provided, had shown that the beginning and end of malaria/mosquito control lies in the hands of governments and persons in government in Nigeria (and everywhere mosquito/malaria are found and Nigerian-like leaders exist). They, through acts of omission and commission work in both directions, the net result being the abetment of malaria transmission, mosquito endurance and escalation of poverty and economic losses in Sub Sahara Africa, the hub of the duo, *Anopheles* species and *Plasmodium falciparum*. Looking at the Tables (1, 2 & 3), it can be inferred that what had been done to cage malaria/mosquitoes is little compared to what is yet to be done. However, we now know that some interventions can be done at various levels including the individual, community, government, collaborators and the International Community.

Now that Covid-19 has changed the game, the time has come when the International Community should focus her lenses on Sub-Sahara Africa where emerging leaders from the region must be given mosquito/malaria reduction targets which they must attain to remain in power. That is to say that who remains in power must be that leader who places global public health first among all other needs. The community must do something serious about impunity of seating governments such as the Buhari's government in Nigeria where killings is the order of the day for years and culprits are not brought to book despite the aphorism credited to the former military leader (General Abacha) that the government herself must be complicit in any insurrection that exceeds 48 hours. The International Community should make an enactment that would compel seating presidents face trial in the Hague when laid down expectations are not met anywhere in the world.

The usual practice where governments in developing countries beg for more grants, loans, assistance, donations, etc. ad nauseam, which the International Community obliges them, should be re-examined. In the case of Nigeria, the earlier all the foregoing are denied her, the better. This is because all those kind gestures are misused and only end up beefing up the pockets of greedy men in governments. Those helps do not make way for sustainable long term mosquito/malaria control [24]. Our penchants for begging do bore down donor and fatigue them [33]. Sometimes it is morally wrong to give. This applies to Nigeria because she has all the resources she needs to control malaria and pathogenic mosquitoes, be it intellectual, manpower, fiscal, natural or learned capacity. There are thus required changes that must be made to turn things over to improve health financing if Nigeria must come under the universal health coverage. Such changes must include legal and regulatory frameworks, efficient use of resources through carefully planned purchasing provisions and stringent supervision [30].

Doctors claim they own the patients [45] and they must control all health institution and determine who gets what in the health sector; whereas the other health workers claim it is a team work. Government could have decided this issue long ago: either the health sector is turned to a single profession through redesigning their education and training or the health sector is organized strictly as in the game of football where the captain can be anyone in the team who has something to show as a leader. To root out mosquito/malaria, all health care professionals must work optimally and there must be no industrial action for whatever reason. There should also be no half measures in managing conflict in the health sector. According to the 2014 National Health Law, 14 days was to be allowed to resolve labour related issues resulting in strikes [28]. However, it must be borne in mind that a minute is too long to strike in the sector because, as small as the interval may seem, many lives could be lost within that interval in a country with large population such as Nigeria. So government must enable such environment by creating it using all the tools at her disposal. She could foster congenial relationships among all health workers by training them to imbue them with appropriate communication skills to be motivators rather than inhibitors [32]. There is the need for government to begin seriously to fashion two professions – lawyers and doctors to work entirely for the public by disallowing them any form of private practice. This will engender justice, peace and health, the ingredients required for sustainability development.

We indicated earlier that Buhari's government, initially voted in to fight corruption, is a disaster for education and malaria control. Under his watch, corruption grew wings and began to "fight back" ferociously such that the government has become the undisputed global gold medalist for accumulating corruption since 2015. The children of corruption under Buhari's watch in the health sector include but not limited to unmaintained utilities, infrastructures, equipment; fake, adulterated, substandard, expensive drugs; supply of "made in China" equipment and

consumables; stealing government time/money by subterfuge or outright stealing/diversion of materials and drugs; contract inflation; selective justice; cash-based instead of qualification and proficiency-based recruitment etc. [21, 28].

It is acknowledged that bills from medical tourism amounted to 359.2 billion Naira in 2018 expended mostly by public office holders and their families, clear 18.75 billion Naira higher than the health budget [28]. It is clear from the foregoing that the health budget is deliberately kept low to pave way for politicians and their collaborators. Beyond the foregoing is the shocking finding by research that every health funding apparatus in Nigeria are performing far below what is expected and that funds are not equitably allocated nor used to significantly reduce wastage, meaning that only inferior/substandard facilities/services could be what await most Nigerians thereby exposing them to unbridled high cost of health expenditures [30]. The implication is that very little is generated and that little is misused, mismanaged, stolen or wasted thus aggravating the already very bad access to health care facilities and services.

It is possible to solve Nigeria's corruption problem. One of the ways of solving problems could sometimes be to approach them from an absurd perspective. This is what this author refers to as "Sir Peter Egbo's solution." Peter, a reputable choirmaster, known throughout Igboland, would advice that one who does not know what to sing should simply wait at "amen," the end of the song. However, in this author's opinion, which can be experimented upon, adoption of Sir Peter Egbo's solution is the simplest formula to end corruption. There is no need for carving x or y agency to fight corruption as experience has shown us that such option end up aggravating corruption. Through legislative means, government can take over all lands, houses and cars. All corrupt practices in Nigeria end up being used to acquire these three. If the first two are taken over completely by government, and cars are partially taken over by governments, stolen money in private pockets would only have one way to go – investment in agriculture, manufacturing and service industries which will benefit the people because it would create infinite employment, feed the people and create congenial environment for peaceful coexistence. If this happens, no one would dare to steal government money because you cannot steal what you cannot hide or use. Only then would government and her officials take responsibility for mosquito/malaria control. Only then could the health sector follow suit, transforming our hospitals into friendly environment for health workers and their clients [32]. Only in congenial environment would people see malaria control as one deserving all hands being on deck and willingness to insist on malaria elimination programmes [33].

In this part of the world, we cannot talk of eliminating malaria without bringing in those traditional medicine practitioners. This is necessary because the average Igbo man/woman when confronted with the first sign of malaria uses the nearest plant based anti-malaria therapy he can find, particularly in the rural areas [21]. If the condition persisted, he would go for orthodox treatment in hospital. When discharged from hospital, he still goes back to the plant based treatment he started with. This means that they are somehow attached to traditional medicine. It would be a milestone if our primary, secondary and tertiary health centres are restructured to accommodate traditional medicine. The implication is that traditional health care providers would need retraining and integration so that they and the orthodox health care providers could do their work from different perspective but with one mission: elimination of malaria in our clime. There will be many benefits derivable from such integrated health care: it will build bridges and partnership among orthodox and traditional practitioners, bring traditional medicine closer to the laboratory [59]. Orthodox drugs are perceived as chemicals with higher toxic contents, so people must be treated according to their preferences, which in our case, is natural products which must be refined to deliver optimally to fast track the control of mosquitoes and elimination of malaria.

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Author details


Francis S.O. Ugwu^{1,2}

1 South East Zonal Biotechnology Centre, University of Nigeria, Nsukka, Nigeria

2 Zoology and Environmental Biology Department, University of Nigeria, Nsukka, Nigeria

*Address all correspondence to: francis.ugwu@unn.edu.ng;
faraugwu@rocketmail.com

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T Cell-Based Vaccines: Hope for Malaria Elimination

Nikunj Tandel and Sarat K. Dalai

Abstract

Among the numerous infectious diseases, malaria still remains the main cause of morbidity and mortality across the world. Every year more than 200 million cases are registered and death toll is of around 4,00,000. The emergence of insecticide and drug resistance has surged an alarming situation to find an effective means to tackle it. From various approaches used for reducing the damage created by malaria to the society, developing effective vaccine has gained the attention of scientific community. The large genome size (24 MB), heterogeneity of the genes, complex life cycle in two different hosts, and expression of wide range of these genes are claimed to hinder the malaria vaccine development. It requires good understanding of the host-pathogen interaction and its correlation with the sterile protection. Recently, subunit vaccine have shown certain promising responses; however, the currently in use of RTS,S vaccine has failed to generate the long-term sterile protection as well as effector memory CD8⁺T cells. However, the success of sterile protection through vaccination has been proven long back by experimental approaches, where it could be achieved using irradiated sporozoites (RAS) in rodents and humans. Similarly, GAP (genetically attenuated parasite) and CPS (chloroquine chemoprophylaxis with *Plasmodium sporozoites*) have been shown to induce sterile immunity. Despite all the developments, generation of species and stage specific-CD8⁺ T cell responses has been modest. In order to generate long-lasting immune response, particularly, liver-stage specific-CD8⁺ T cells, it is indeed required to study the CD8⁺ T cell epitope repertoire and its implications on the host immune system. In this chapter we will discuss the current status of T cell-based vaccines and the challenges associated with it.

Keywords: Malaria, subunit vaccine, CD8⁺ T cells response, sterile immunity, memory T cells

1. Introduction: Malaria pathogenesis

Since the origin of *Homo sapiens* through the continuous evolution process, we have become the most successful creature on the Earth by maintaining the symbiotic relation with other species to live freely. On the other hand, there are several tiny, single/multi-cellular organisms which may not be possible to see by naked eye have created the threat for us and we have witnessed the long-fight to fulfill the basic principle of *Survival of the fittest*. Underneath all these tiny organisms, a group of species falls under the category of an *infection*, an invasion process through which they enter into the host system, and follow the multiplication/replication process that results in the release of toxins inside the body [1]. From the list of myriad infectious diseases, malaria caused by *Plasmodium* species (a parasite of

Apicomplexa phylum) and transmitted through the bite of *Anopheles* female mosquitoes, still persists as the leading cause of morbidity and mortality [2, 3]. As per the latest World Malaria Report 2020, there are 229 million cases registered in more than 87 countries across the globe in 2019; it was 238 million in the year of 2000. Malaria is considered a life-threatening disease as the mortality rate is still higher, and estimated 409,000 death were reported in the last year [2]. Today half of the population lives under the risk of malaria infection and it has mainly affected the South-African region which is responsible for more than 94% cases in 2019 followed by South-East Asia and Western pacific region (**Figure 1**).

Despite the reduction in the malaria mortality rate (from 25% in 2000 to 10% in 2019), the children under the age of 5 years are the most vulnerable group (due to the lack of adequate acquired immunity) as 67% of total death in 2019 was reported in this group. Likewise, pregnant women are also at the higher risk as it quells the immune system [2, 4]. Athwart the other Apicomplexa parasites having the commodious range of metazoans for the infection, *Plasmodium* species have a restricted range in terms of specificity for insect and vertebrate hosts [5]. In humans, malaria is mainly caused by four *Plasmodium* species and, *P. falciparum* is responsible for the most severity as it has been accounted for more than 70% cases across the world (more prominent in African region-99.7%) in 2018 [2, 6] whereas, *P. vivax* is responsible for malaria infection in American region (75%) followed by South East Asia [2, 7, 8]. Other species, known as *P. ovale* [9] and *P. malariae* [10] are also responsible for the malaria infection, yet the complications are less. Recently, *P. knowlesi* is found to infect humans in Malaysia [11] however, the host specificity is not limited to the humans as reports of infection are also reported in monkeys [10].

The *Plasmodium* species carries the complex life cycle consist of two hosts: *Anopheles* mosquitoes (sexual cycle) and human (asexual cycle). The cycle begins with the bite of infected female *Anopheles* mosquitoes to the human during the blood meal and transfers sporozoites [12] into the skin. They remain at the inoculation site for a short time and further travel to the liver where they invade the liver hepatocytes. Inside the liver by tight regulation and signaling mechanism, they select the hepatocytes, invade them and mature into the schizonts. This phase of

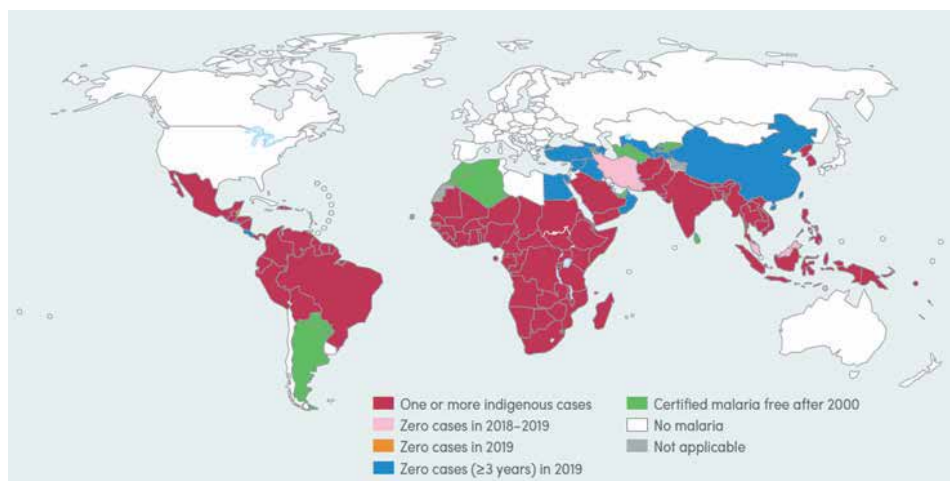


Figure 1.

Countries with indigenous cases in 2000 and their status by 2019: Countries with zero indigenous cases over at least the past 3 consecutive years are considered to have eliminated malaria. In 2019, China and El Salvador reported zero indigenous cases for the third consecutive year and have applied for WHO certification of malaria elimination; also, the Islamic Republic of Iran, Malaysia and Timor-Leste reported zero indigenous cases for the second time. Source: WHO database (adapted with permission from [2]).

cycle is also known as *pre-erythrocytic stage* [13]. Further, these schizonts rupture and release merozoites which come out and infect the erythrocytes (RBCs). However, *P. vivax* and *P. ovale* remain in the dormant stage in the liver for a prolonged period of time if left untreated and may relapse after several years. Once the merozoites pop-up in the blood stream, they infect the RBCs which further divide, replicate and passes through several developmental stages, ring stage-trophozoite stage-schizont formation in chronological order, and ended up in release of countless merozoites. These merozoites further infect the new RBCs and cycle continues. During this *erythrocytic stage (or blood stage)*, a number of trophozoites develop into male (micro) and female (macro) gametocytes [13]. The mature gametocytes migrate towards the dermis of skin; during the next blood meal of vector mosquitoes, they are taken-up by the mosquitoes. Formation of zygotes takes place by fertilization of micro and macro gametes in the stomach of *Anopheles* mosquito. Later, these zygotes are converted into the motile ookinets which finally develop into the oocytes and rupture the mid-gut [13]. These oocytes evolve, unfold and materialize into sporozoites, which subsequently reach to the salivary gland of the mosquito and ready for the next cycle in human host. The phase of conversion of asexual gametocytes into mature sporozoites is also known as *sporogonic cycle* [13]. **Figure 2** depicts the basic malaria life cycle of *P. falciparum*.

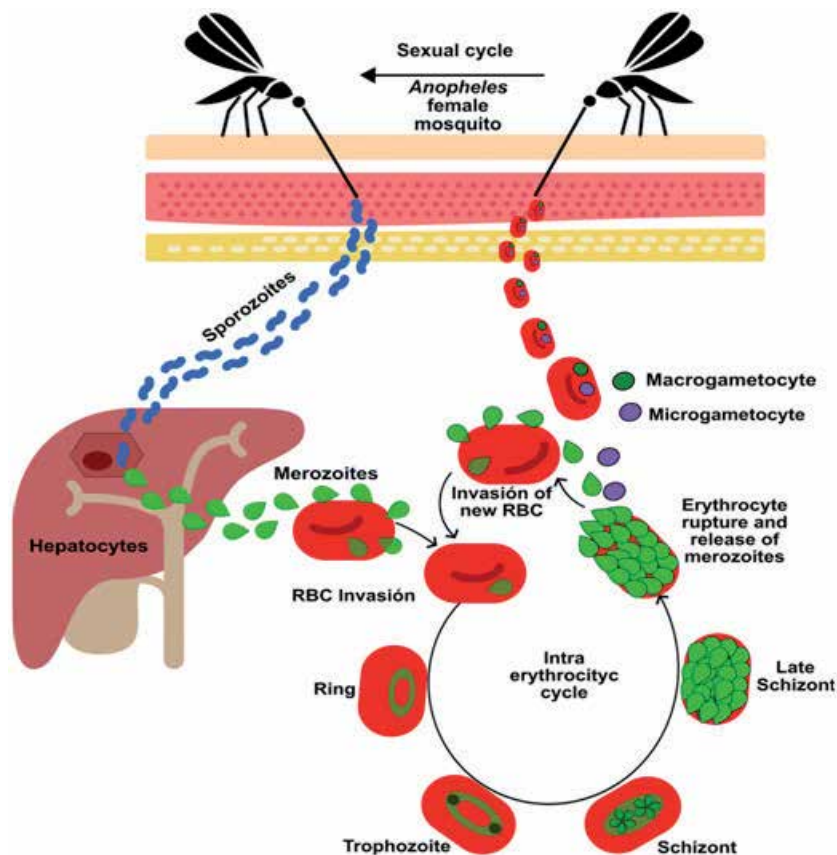


Figure 2. The *P. falciparum* life-cycle. An infected female *Anopheles* mosquito inoculates Spz as it bites a host, they then travel in the host's bloodstream and infect the hepatocytes. Merozoites are released and then invade erythrocytes, where they mature through various stages (ring, trophozoite and schizont stages) and undergo asexual multiplication (~10 or lower) every 48 h, releasing new merozoites which perpetuate the asexual cycle. Some of them enter the sexual cycle by becoming female and male gametocytes which are ingested by the mosquito when it bites an infected host, thereby starting the cycle all over again (adapted with permission from [14]).

2. Malaria elimination and eradication: Grasping at straws

It was 1897 when Ronald Ross has identified the parasites responsible for the malaria infection and later on the development in the field of science and technology has opened up several areas to work upon and eliminate the malaria infection [15]. The basic understanding of epidemiology and entomology, host-pathogen interaction, surveillance and numerous studies have provided the information about the usage of two main prophylactic methods to curtail down the morbidity and mortality spread by malaria infection: prevention of infection and diseases by controlling the mosquitoes and usage of antimalarial therapy, respectively. As per the recommendation by WHO, insecticides-treated nets (ITNs) have been used to prevent the insect from reaching out the humans. Nonetheless, the results were discouraging as less than 2% children were protected in African region through the usage of ITNs [16]. Further, to surpass the limitation of ITNs, spraying of various insecticides (such as DDT, permethrin, deltamethrin, pyrethroids) have come into the practice, although it has only cover the tip of the iceberg [17]. To strengthen the above approaches WHO has launched the global malaria eradication program in early 1955 [18] and DDT & chloroquine have been recommended for the ITNs and prevention and treatment of infection, respectively [19]. Despite significant reduction in several developing and underdeveloped countries, the reports of *Plasmodium* resistance against the chloroquine and *Anopheles* resistance towards the DDT forced WHO to abandon the program in 1972 [20, 21]. Thereupon, several other approaches have been implemented for vector controls. However, the reports of insecticide resistance against almost all the *Anopheles* vector and resistance against 1-out-of-5 publicly used nets in more than 68 countries have created alarming situation [22]. Further, out of these 68 countries, more than 50 countries have shown the resistance against more than two or more insecticides which has added the fuel to the fire [22, 23]. To tackle the situation of resistance, noninsecticidal approach of bacterial endosymbionts [24], long-lasting insecticides nets (LLINs) and LLINs treated hammocks [25] are under development.

Likewise, the drug resistance against the frontline antimalarial drug quinine has forced the mankind to use the other drugs and combination. However, the reports of resistance against the artemisinin in Greater Mekong Subregion (GMK) in a short span of its launch [26] and unavailability of other options for artemisinin combination therapy (ACT) have invoked the bleak condition for the treatments [27]. To prevail the condition of drug resistance, scientist have opted for mass drug administration (MDA) approach in which antimalarial drugs have been recommended to the specific group of people without getting into the details of their illness. It has been further known as *targeted malaria elimination* (TME) [28, 29]. The results of this approach found to be satisfactory, however proper planning and management are the key factors for the success of MDA approach [15].

Apart from the well-known approaches, usage of antibiotics and their role to fight against the various diseases is widely accepted and therefore, azithromycin, doxycycline and clindamycin have been tested against the malaria. These antibiotics were found to be effective and also reached to the clinical phases; yet the delayed response is the major drawback due to which they cannot be utilized in mild-to-severe and severe conditions of malaria [30]. Besides, a range of antibiotics named quinolones, tetracycline, trimethoprim, erythromycin and others are in the early stage of development as they are showing promising results which kill the parasites [31], yet it has a long way to go.

Alongside the approaches used to control the malaria infection, human body also consists of a defense mechanism which respond according to the nature of threat (humoral and cell mediated immunity). It is believed that people living in

malaria endemic areas naturally develop immunity due to the continuous exposure of malaria infection. However, age, gender, geographical location, time (months to several years) and numerous other factors are considered to play a vital role in long-term protection [32–34] against malaria. Despite the characteristics of developing protection against the malaria infection naturally, the poorly understood mechanism and the long-term protection are controversial. Therefore, it is of utmost priority to gain the sterile protection against the malaria infection.

2.1 Approach of vaccine development: A ray of hope

Number of experimental approaches have been adopted to understand the *Plasmodium* species and provided us the immense knowledge about the host-pathogen interaction, and how a parasite can escape and invade the immune system for its survival. It has been well documented that during the malaria infection, the protective response vis-a-vie humoral (antibody against malaria) and cell mediated (CD4⁺ and CD8⁺ T cells) immunity is dampened [35]. Hence, to achieve the sterile protection against malaria infection, activation/boosting up the wings or full immune system is the fundamental target for any malaria biologist. In this direction, Nussenzweig and colleagues more than 53 years ago have used the approach of killed parasites of *P. berghei* to immunize the mice; however, they failed to generate the immune response. Therefore, approach of partial inactivation of sporozoites by X-irradiation has been used by them to achieve the protective immunity [36]. The observation of precipitation at one end of sporozoites and elevated level of the antibody (in serum) of the induced animals was correlated with the protective immunity. Further, they have observed the high level of antibody after each repetitive dose.

After successful immunization strategy of X-irradiation in non-human host, Clyde *et al.*, 1972 used the same approach for *P. falciparum* sporozoites and injected to the healthy volunteers frequently up-to 84 days, and on day 98 they were challenged with infectious sporozoites [37]. Out of three volunteers, one failed to develop the malaria infection and on day 327 anti-sporozoite antibodies were found. The result of this study has opened a new avenue for the vaccine development (usage of attenuated sporozoites) against the malaria. Later, they have extended the experiment by using two strains: *P. falciparum* and *P. vivax* and injected attenuated sporozoites [38]. The species-specific antibody formation and impact of the geographical location on the species were noticed. Also, the protection of immunized volunteers has found maximum for 3 and 6 months for the infectious sporozoites challenge of *P. falciparum* and *P. vivax*, respectively. Besides, they did not find any significant changes in the serum level of IgG and IgM [38]. In all, these data reveal the role of attenuated sporozoites in generating immune response specific to malaria, yet the long-term and species-specific immunity was remained to be unriddled. Regardless of the promising results of attenuated sporozoites approach, the tasks of rearing mosquitoes, maintaining the infection cycle and isolation of sporozoites are time-consuming, laborious and challenging. Besides, skilled-personnel for appropriate functioning and injecting the live sporozoites are the pre-requisites for the successful vaccination. On the other side, the sustainability and higher-efficacy for the long term protection is found to be limited alongside the development of naturally acquired immunity against malaria [39, 40].

As discussed earlier, it is possible that people living in malaria endemic can develop naturally acquired immunity after prolonged exposure although it could be restricted to blood-stage infection. However, induction of immunity to liver-stage (LS) infection among endemic population has not been thought to be possible because of lower infection load, heterogeneity of liver immunology of individuals

and characteristics which differ from blood stage [41]. Also, among the different stages of malaria infection, blocking the transmission of human-to-mosquitoes-to-human and generation of modified mosquitoes may halt the spreading of malaria are in dire straits conditions. Similarly, to target particularly the infected RBCs containing merozoites and preventing them to infect other RBCs in the blood/symptomatic stage has been very difficult. Nonetheless, the longest exposure of infected sporozoites towards the host immune system by invading hepatocytes in the liver stage (5.5 to 7 days in humans and 48 hrs in rodents) and releasing of thousands of merozoites which further continue the blood-stage or symptomatic stage of infection makes the LS most promising stage for the target of vaccine development [14, 42], though LS-vaccine has its own limitation of tedious and challenging task of sporozoites.

Taking into the above considerations, scientific community across the globe is working on multiple targets of different stages to tackle the dire condition. At present, there are mainly three types of vaccines based on the life-cycle: the liver (pre-erythrocytic) stage (LS), asexual blood (symptomatic) stage and the third one is transmission blocking vaccines (TBV).

2.1.1 History of malaria vaccine development

The successful experimental approach of using the attenuated sporozoites (*P. berghei*, *P. knowlesi*, *P. falciparum*, and *P. vivax*) in rodents and humans [43–47] including monkeys [48] to generate the sterile and protective immune responses have unfolded the newer therapeutic options. Likewise, development of humoral-transmission blocking immunity in chicken and turkeys by immunizing killed-asexual stage parasites [49], clearance of blood-stage infection in monkeys by arming the *P. knowlesi* asexual-parasites with adjuvants [50] and significant reduction in the *P. falciparum* blood-stage infection after passive transfer of immunoglobulins from continuous exposure of malaria to naïve ones in humans [51–53] and monkeys [54] have excavated the different role of immune system. As stated above, work carried out by Clyde and colleagues corroborates the generation of protective immunity; however, requirement of large number of irradiated sporozoites was the biggest hassle. During the early 1980s, the breakthrough identification of circumsporozoite protein (CSP) as a major constituent of the sporozoite coat resulted into the sequencing and cloning of this gene followed by identification of several blood-stage antigens (Ags) led the world with the hope of early malaria vaccine [55]. Regardless of the CSP identification and other target Ags, approach of blood-stage Ags, heat-killed, lysed and formalin inactivated sporozoites and sporozoites Ags in their early clinical studies have shown the moderate immune responses and unable to reach the threshold of immunity generated by irradiated sporozoites approach [55, 56].

The advancement in the field of sequencing helped in identifying the region of CSP protein having species-specific immunodominant epitope that consists of tandem repeated sequences of amino acids, Asn-Ala-Asn-Pro-Asn-Ala-Asn-Pro-Asn-Ala-Pro (NANP)₃, remain conserved and found to be present in most of the people. The outcome of this work has led the pioneers to develop the approach of *synthetic peptide*. Upon synthesizing this specific epitope region (NANP)₃ of CSP protein, several groups have conducted the experiments in monkeys and observed the partial or complete protection [57–59]. After having promising results in monkeys, SPf66 (a synthetic peptide based vaccine from Colombia) have been tested through independent trials in Asia and Africa; however, it was found ineffective in generating protection [60]. Despite the expected results of the SPf66, it has opened an avenue to study the immune response of other prominent vaccine candidates.

Several studies have revealed the important role of CSP protein in developing immunity during the sporozoite challenge studies and become the most prominent candidate for the anti-malaria vaccine development [61]. However, the poor immunogenicity and lesser efficacy (in clinical trials) were the major concern to proceed further for CSP Ag. Therefore, Stoute *et al.*, 1997 have used a novel formulation of CSP Ag, known as RTS,S: a hybrid (fusion of CSP protein with hepatitis B surface Ag-HBs Ag) construct armed with novel adjuvants (AS02). The results were encouraging and also correlated with earlier studies [61]. This study led the foundation for the first clinical trials in Africa (in Gambia). The RTS,S/AS02 was given to the men (N = 250 & age:18–45 years) and followed up to 15 weeks. It was found to be safe and actively producing CSP specific B-and-T cell responses and also protection was not limited only to the NF54 strain of *P. falciparum* from which the vaccine has been made [62]. In subsequent studies, the involvement of CD4⁺ and CD8⁺ T cells, sentinels of cellular immunity against the LS infection and role of Abs specific to the sporozoites have revealed the significant role of T- and B cells against malaria infection, respectively [63].

Further, parasite-specific Ags presented by MHC I and II to the CD8⁺ and CD4⁺ T cells, respectively on the surface of infected hepatocytes [64–68] delineate the importance of cell mediated immunity (CMI) to target the LS infection. All the above and other experimental evidences have unveiled the prominent role of CMI in generating sterile protection. As a result, it has changed the scenario in the field of vaccine development and to generate the sterile protection via boosting up CMI through a novel approach of *plasmid DNA immunization*. In the initial stage of development, Wang *et al.*, 1998 have used the plasmid DNA bearing malaria Ag and injected into the malaria-naïve individuals. It has been shown to generate the Ag-specific, CD8⁺ cytotoxic T lymphocytes (CTLs); however, it was found to be genetically and HLA-restricted [69]. Regardless of restricted-CTL responses, this technology has driven the field and allowed to explore different suitable options to overcome the issue of poor immunogenicity of vaccine candidate(s) against malaria infection. To boost up the T-cell specific heterologous immune response, McConeky *et al.*, 2003 have used the novel non-replicating *viral vector* (recombinant modified vaccinia virus Ankara-MVA) approach. It has shown certain level of efficacy in terms of delayed parasitemia after the challenge with sporozoites. It induced five to ten fold elevated IFN- γ producing T-cells (specific-to-Ag) compared to the plasmid DNA or recombinant MVA strategy, and the protection was independent of antibody response [70] creating the base for the preventive and therapeutic vaccine development. Thereafter, experimental results have confirmed that homologous or heterologous priming using viral vector approach could induce the CMI [71]. By using this approach, ME-TRAP, CSVAC (encodes *Pf*CSP alongside a truncated C-terminal lacking 14 amino acids of CSP GPI anchor moiety), combination of *Pf*TRAP with liver stage antigen 1 (LSA1) & LSA2 were developed and tested for their efficacy [42]. The enhanced T-cell based response is the major advantage of this approach. Nonetheless, the efficacy of different candidate(s) found to be low in malaria endemic regions. Inclusion of more target specific immunogen(s) of *Plasmodium* and or combination with RTS,S may improve the overall efficacy.

The technological advancement in the field has helped the scientific community to understand host-pathogen interaction in detail. As a result of it, numerous new and improvised approaches come into practice for the successful vaccine development. To review the status of vaccine candidates and accelerate the development of second generation malaria vaccines, several scientific meetings and forums [72, 73] were organized as well as provided the literature for the same [17, 55, 74, 75]. Therefore, here we have not discussed about all the different types of vaccines.

In early 1980s, *monoclonal Abs and recombinant-DNA* approach have also been used for several antigens followed by their cloning and efficacy testing. However, the efficacy was tested only in experimental (*in-vivo*) settings and results were not up-to the mark [76]. From the beginning, most of the vaccine development has targeted LS of malaria infection. However, people have also focused on other target of life cycle known as BS (blood stage), another approach which can kill the asexual stage of parasites. During this symptomatic stage of infection, merozoites released from the LS invade the naïve RBCs, which is followed by its multiplication and infection of the surrounding RBCs. This stage of cycle persists from 1 to 3 days depending upon the *Plasmodium* species [74].

Targeting the *blood stage* for the vaccine development is equally important as malaria symptoms occurs during this stage and it has also gained interests as results of clinical studies have confirmed the clearance of parasites in African children [51, 77] and adults in Thailand [53] after the purification and passive transfer of IgG from semi-immune African adults and *P. falciparum* infected Thai-patients, respectively. In the early 1980s, trials were conducted on monkeys by using the *P. falciparum* fully developed merozoites armed with adjuvant followed by challenge with homologous strain of *P. falciparum* [78]. Except the control monkeys, all the immunized monkeys survived and generated the strong immune response. The promising findings of the study encouraged the community to focus on development of vaccine based on blood stage resulting in more than 30 blood stage vaccine candidates that registered during 2000–2015 from the targets of the merozoites surface protein (MSP) 1 and apical membrane antigen 1 (AMA-1). MSP 3 and erythrocyte binding antigen 175 (EBA-175) are some of the other BS targets which were also explored to check the efficacy. The high titer Ab was observed against most of the MSP proteins; a protein express on merozoites which further invades RBCs, and Ab-mediated cellular inhibition was noticed during the clinical trial of MSP3 in malaria endemic area [79]. In sum, the results of pre-clinical and clinical studies of BS vaccine candidates suggest that they were unable to generate the strong evidence for the protection in controlled human malaria infection (CHMI) or in natural infection.

Similarly, *in-vitro* experiments of AMA-1 have been shown to generate elevated Ab titer in two trials, but during the clinical trials of CHMI it had failed to generate the sterile protection against the homologous strain of *Plasmodium* parasites [80, 81]. Out of all the BS vaccine candidates, only GMZ2 (combination of conserved domain of MSP and glutamate-rich protein-GLURP) have shown the statistically significant efficacy in controlled trial conducted in African children [82]; however, the efficacy was around 14%. To overcome the existing issues associated with poor immunogenicity, other candidate vaccines as well as novel therapeutic options are explored and some of them are currently in pipeline. As a result of it, *P. falciparum* reticulocyte-binding protein homolog 5 (PfRH5) and AMA1-RON2 (rhoptry neck protein-2) complex are currently under experimental phases; early-stage results were found to be promising which may aid in designing the better vaccine candidate [74]. In defiance of optimistic results of BS vaccines, a narrow window period of merozoites which allow Abs to recognize and identify their epitopes during their infection cycle to RBCs (infected-to-naïve-to-infected), convoluted and complex invasion mechanism, polymorphic nature of Ags and simultaneously targeting a large number of merozoites in contrast to confined targets of LS and TBVs (transmission blocking vaccines) are the key questions which needs to be address at the earliest for the successful blood stage vaccine development.

Apart from LS and BS, researchers have also explored the third vaccine type, *transmission-blocking vaccines* (TBVs) comprising of sexual stage Ags (of gametes

and/zygotes) which generate the Abs and kill the parasites during the blood-meal of mosquitoes and result in the interruption of mosquito cycle [74]. Till date, there are four major candidates, Pfs230 and Pfs48/45 of *P. falciparum* (expressed by gametocytes in human) and Pfs25 and Pfs28 (zygote surface proteins expressed in mosquitoes) are under investigation. Due to the structural nature of these Ags (cysteine-rich armed with number of 6-cys), there has been a major concern to develop the stable recombinant protein; Pfs25 is the first recombinant protein based TBVs [83] and shown the encouraging results by equal or higher Ab titer against the target of transmission [84, 85]. Apart from this, Pfs230 another TBVs is also under clinical trials as it shows the strong lysis activity against the *P. falciparum* gametes in *in-vivo* system [86]. Both the recombinant Ag based TBVs have depicted the poor immunogenicity during their immunization strategy; to boost up the immune system, approach of administration of adjuvants and or combination of both candidates together are explored and currently it is under trials [74]. Albeit the optimistic results in the early phase, safety of individuals, to cover the larger population for the herd immunity and prolonged adaptive immune response to maintain the higher Ab titer are the major challenges which need to be keep in mind for the development of next generation TBVs. Additionally, the combinational approach of LS and TBVs or BS stage and TBVs is also need to be explored to target multiple sites at a once [74]. Currently, the leading vaccine candidates for all the three different types are illustrated in below given Figure 3.

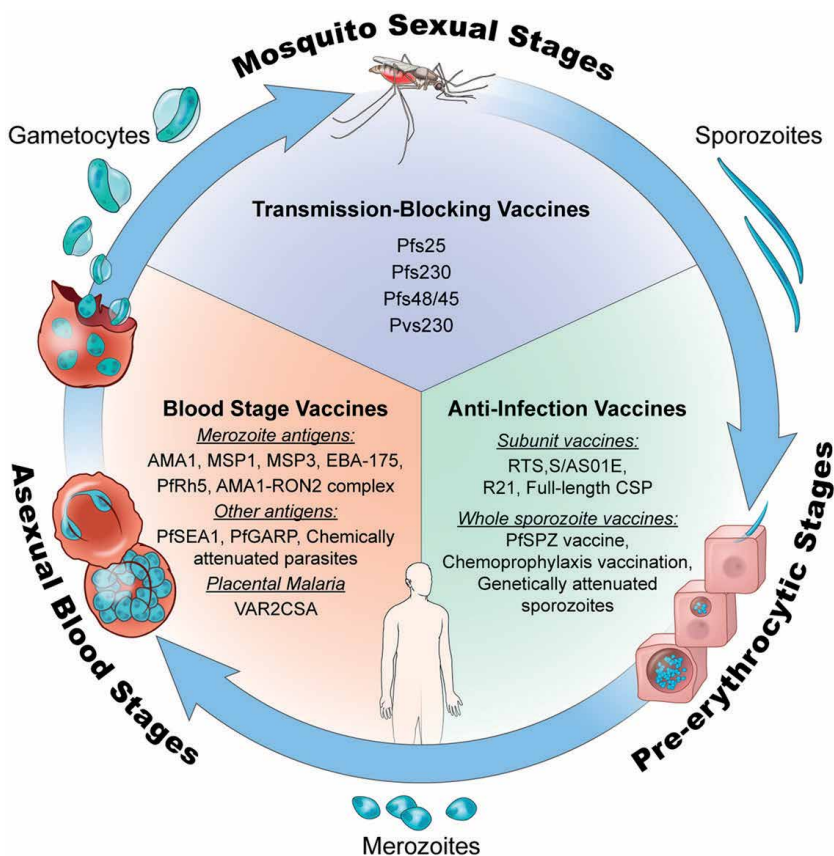


Figure 3. Life cycle stage of Plasmodium and vaccine candidates that target each stage (adapted with permission from [74]).

2.1.2 RTS,S malaria vaccine: Learning lessons from gained knowledge

RTS,S (a recombinant protein based vaccine) was first developed by SmithKline Beecham Biologicals (now known as GlaxoSmithKline Vaccines) in the early 1980s, and has become the first ever licensed vaccine approved by European regulators to use against the human parasite infection in 2015 [87]. From the early experimental studies, modification has been adapted and the novel RTS,S is combined with AS01 (a liposomal formulation) or AS02 (a emulsion based formulation) adjuvant system which trigger the toll-like receptor (TLR4) mediated cytokines and appropriate co-stimulatory signaling molecules on APCs. Additionally, it also activates both wings of the immune system against the CSP and able to generate sterile protection in *Plasmodium* challenge study, led it to enter in Phase III clinical trials [14]. In a phase III study, 829 cases were treated out of 1000 malaria affected children, yet it has unable to boost up the immune system in infants [88]. In another phase III study conducted on children and infants (age group of 1–4), 56% and 65% reduction was observed in case of severe malaria, respectively [89]. The selection of CSP Ag in RTS,S vaccine is derived from the earlier reports where approach of inactivated sporozoites has generated sterile protection and provoked immune response which was mediated by CSP-specific Abs and CMI. These CSP-specific Abs withhold the penetration of sporozoites into liver hepatocytes, still they are unable to achieve the sterile protection alone and therefore, RTS,S vaccine was designed by incorporating a CSP T-cell epitopes (CMI response) alongside the B-cell epitope [90]. The prominent role of CMI in generating sterile protection against malaria infection was noticed during the phase II clinical study, in which three different adjuvant formulations (AS02, AS03 and AS04) were explored, and only formulation i.e., RTS,S/AS02 was shown to invoke the sterile immunity after the *P. falciparum* challenge [90]. Later, more focused approach was developed towards the enrichment of CMI response which further helps in designing and selection of better adjuvant system to enhance the efficacy of RTS,S vaccine [91, 92]. Thus, RTS,S/AS02 was evaluated in field trials; after prolonged study, it has been replaced with earlier adjuvant of AS01 with higher efficacy, safety and elevated immunogenicity [91, 93–95]. Once the role of T-cell started revealing in terms of protection, several assays were developed to study the phenotypic characteristics and nature & involvement of different types of T-cells in malaria infection. Further, T-cell based response against the immunization of RTS,S has been verified in CHMI & field study and further also summarized in **Table 1**.

Later on, Strategic Advisory Group of Experts on Immunization (SAGE) of WHO's and Malaria Policy Advisory Committee (MPAC) have jointly recommended a pilot study for the vaccination in Africa; it has began in Malawi, Ghana and in Kenya between the April and October, 2019 [96]. Despite the approval of RTS,S vaccination, the issue of safety in children is well-documented and therefore, combination of different novel adjuvants with change in the length of CSP-specific peptides and structural information of CSP-specific Abs may further improve the efficacy of RTS,S vaccine [97]. Subsequently, a next generation vaccine was developed (R21) and accounted for the improvised version of RTS,S as it incorporates the longer portion of PfCSP C-terminal armed to N-terminal of HBs Ag. The elevated CSP-specific Ab response, higher immunogenicity at the lower doses (in *in-vivo* challenge study) and formulation with AS01 adjuvant resulted into beginning of clinical trials of phase 1/2a for its efficacy [42].

The development and efficacy of RTS,S vaccine in clinical trials and field study have confirmed the role of T-cell based sterile protection. Recent advancement in the field of genetics and structural biology has driven the area and again the older approach of *whole parasite/sporozyote* vaccine has been reintroduced to fulfill

Vaccine schedule (location)	Vaccine type	No. of samples analyzed	CMI conclusion
Malaria naïve adults			
0, 1, 6 month Belgium	RTS,S/AS02	10	CSP-specific IFN- γ ELISPOTs were induced in 8/10 subjects. RTS, S-specific IFN- γ production was induced in all subjects. LPR to CSP were induced in all subjects. CSP-specific CD8 ⁺ CTL responses were not detected
0, 1, 2 month Belgium	RTS,S/AS01	11	CS-specific CD4 ⁺ T-cell responses (i.e. cells expressing at least 2 markers among CD40L, IL-2, TNF- α , and IFN- γ) were detected in all vaccine groups with a trend for higher responses in the RTS,S/AS01 and RTS,S/AS02 groups versus the RTS,S group
	RTS,S/AS02	11	
	RTS,S	12	
CHMI studies in malaria naïve adults			
0, 2, 6 month USA	RTS,S/Alum	10	One of two protected subjects had RTS,S and CSP-specific LPR and cytotoxic T-cell activity
	RTS,S/AS04	10	
0, 1, 7 month USA	RTS,S/AS02	07	Highest rate of protection with RTS,S/AS02 although CMI results inconclusive Inconclusive due to small sample size IFN- γ ELISPOTs associated with level of protection, ~2 weeks after Dose 3 and on DOC. Protection most frequent for RTS,S/AS02 recipients
	RTS,S/AS03	07	
	RTS,S/AS04	08	
	RTS,S/AS02	01	
	RTS,S/AS03	05	
	RTS,S/AS04	01	
	RTS,S/AS02	07	
	RTS,S/AS03	07	
0, 1, 2 month USA	RTS,S/AS01	36	Association between CSP-specific CD4 ⁺ T cells and protection, 2 weeks after Dose 3 and on DOC. Association between short duration IFN- γ ELISPOTs and protection. Higher frequency of CSP-specific CD4 ⁺ T cells with RTS,S/AS01 vs. RTS,S/AS02 _A Association between CSP-specific IL-2 ⁺ CD4 ⁺ T-cell central-memory and effector-memory populations and protection
	RTS,S/AS02	44	
	RTS,S/AS01	36	
	RTS,S/AS02	44	
0, 1, 2 month USA	RTS,S/AS01 (group RRR)	25	No evidence of independent association between CSP-specific CD4 ⁺ T cells or IFN- γ ELISPOTs and protection. No difference in protection between groups. CMI responses significantly greater in AAR group than in RRR group
	Ad35.CS.01 (dose-1) & RTS,S/AS01 (dose-2 & 3; group ARR)	21	
Adults in the field			
0, 1, 6 month Gambia	RTS,S/AS02	20	CSP-specific LPR, short duration IFN-g ELISPOT levels were increased by vaccination. All 20 vaccine recipients responded to at least one of the CMI tests after Dose 3 whereas only 15/20 responded before vaccination. No CMI data on protection

Vaccine schedule (location)	Vaccine type	No. of samples analyzed	CMI conclusion
0, 1, 5 month Gambia	RTS,S/AS02	16	Higher LPR in RTS,S/AS02 recipients than in rabies-vaccine recipients two weeks after Dose 3 An association between long duration IFN- γ -ELISPOT response and protection was seen across the total population of vaccine recipients and controls, and was not caused or confounded by vaccination with RTS,S/AS02. A significantly higher level of IFN- γ -ELISPOTs was also observed in RTS,S/AS02 vaccine recipients compared with rabies-vaccine recipients at 11 weeks after Dose 3.
	Rabies	16	
	RTS,S/AS02	≤ 131	
	Rabies	≤ 119	
Children in the field			
0, 1, 2 month Mozambique	RTS,S/AS02	≤ 63	Significant induction of IL-2 secretion in CSP re-stimulation cultures in 24% of RTS,S vaccine recipients. IL-2 secretion was detected in CSP-re-stimulation cultures from 32% of individuals without a malaria episode whereas IL-2 secretion was detected in only 6% of individuals with malaria episodes ($p = 0.053$)
	HBsAg	≤ 69	
0, 1, 2 month Gabon	RTS,S/AS01	≤ 31	The frequencies of IL-2 ⁺ CD4 ⁺ T cells were higher than pre-immune levels in both RTS,S vaccine groups. CD40L ⁺ CD4 ⁺ T cells were not detected. Responder rates ranged from 13–29%. No CMI data on protection
	RTS,S/AS02	≤ 32	
0, 1 month; 0, 1, 2 month; and 0, 1, 7 month Ghana	RTS,S/AS01	≤ 77 ; ≤ 37 ;	Higher no. of IL-2 ⁺ CD4 ⁺ T cells with compare to other marker positive CD4 ⁺ T cells (and responder rate of 76% 1 month after dose 3 with 0, 1, 7 month schedule). CD40L ⁺ CD4 ⁺ T cells were detected in 0, 1, 7 schedule. Highest T-cell responses were induced by a 0, 1, 7-month immunization schedule (and responder rate of 73% 1 month after dose 3 with 0, 1, 7 month schedule). RTS,S/AS01 _E induced higher CD4 ⁺ T-cell responses than RTS,S/AS02 for the 0, 1, 7-month schedule. No CMI data on protection
	RTS,S/AS02	≤ 73	
	Rabies (0, 1, 2 month only)	≤ 80 ; ≤ 38 ;	
		≤ 73 ≤ 45	
0, 1, 2 month Kenya/Tanzania	RTS,S/AS01	$\leq 182 \leq 197$	The frequency of RTS,S-induced CSP-specific (IFN γ IL-2 ⁺) TNF- α ⁺ CD4 ⁺ T cells was associated with protection, and CSP-specific TNF- α ⁺ CD4 ⁺ T-cell responses and anti-CSP antibody responses were synergistically associated with protection Evidence that IL-2 ⁺ -secreting CSP-stimulated memory CD4 ⁺ T cells can activate NK cells to secrete IFN- γ . IFN- γ ELISPOTs may include IFN- γ -secreting activated NK cells. No CMI data on protection.
	Rabies	$\leq 80 \leq 98$	
	RTS,S/AS01		
	Rabies		

Lymphoproliferative response: LPR.

Table 1.
CMI conclusions from clinical studies (adapted and modified with permission from [90]).

the criteria of generating long-lasting sterile protection with improved efficacy. Besides, radiation attenuated sporozoites (RAS) and genetically attenuated sporozoites (GAPs) and attenuated sporozoites under the drug coverage (chemoprophylaxis and sporozoite-CPS) have recently gain the interest despite the various difficulties [98].

2.2 Whole sporozoite vaccines

It has been well-documented that malaria life cycle begins with the invasion of hepatocytes (in liver) by sporozoites; if restrained its development to the LS, the immune responses to *Plasmodium* is developed. Usage of frontline-antimalarial prophylaxis to overcome the clinical manifestation or approach of attenuated parasites to arrest the life cycle at LS are the two availed options which have been explored in numerous ways (finding of specific immunogen(s) bearing B-and-T-cell based epitopes, route of administration and dosage) to empower the humoral and CMI specific response [99]. Under the beneath of sporozoite approach, there are three different ways through which protective immune responses can be achieved [42].

2.2.1 Chemo- prophylaxis and sporozoites (CPS)

Under this approach, live sporozoites are delivered alongside the available anti-malarial drugs with the aim of targeting BS infection, generation of elevated humoral response and followed by understanding the LS infection. In this direction, the first study was conducted in mice under the cover of chloroquine (CQ) and found to be protective with more number of CD8⁺IFN- γ ⁺ T cells [100]. In the following years, the first human trial was conducted under the cover of CQ in CHMI and found to be 100% effective after homologous challenge, and more interesting, some of the volunteers remain immune for around 2 years [101]. The study of elevated immune response depicted the major role of memory T cells producing IL-2, TNF- α and IFN- γ . It has been noticed that higher dosage in homologous CHMI enhances the protection level. However, during the heterologous challenge study, protection was found to be remained limited, raising the question for its efficacy against the diversity of *Plasmodium* genus. The invention of novel antimalarial drugs have been explored, it has found and in one clinical study that usage of mefloquine (CPS-MQ) also delineate the similar results of CPS-CQ in term of its efficacy and safety [102]. Additionally, all the volunteers (naive) having the CQ under CPS category are protected from homologous CHMI challenge [103]. Other than this, next generation anti-malaria drugs are under experimental phase.

2.2.2 Radiation attenuated sporozoites (RAS)

As mentioned earlier, mice immunized with x-ray irradiated sporozoites (*P. berghei*) were unable to develop LS infection and during the challenge study they were found to be protective in nature by homologs or *P. vinckei* challenge study. The higher doses of gamma rays have the direct impact on the LS infection. Additionally, the route of inoculation also plays a critical role in success of RAS immunization. As *in-vivo* study depicted that intravenous (IV) route is more suitable with compare to subcutaneous (SQ) or intradermal (ID) route which needs 7–10 timers higher *P. yoelii* RAS for the protective immunity [14, 104]. Moreover, a study conducted in macaques showcased the superiority of IV route in inducing and generating liver-resident *P. falciparum* specific T-cells [105]. In the clinical trials with *PfSpz*, all the

11 volunteers (immunized with irradiated mosquito's sporozoites) were protected after the first round of homologous infection challenge whereas only 2 out of 10 were able to generate the sterile immune response against the heterologous challenge [106]. It portrays the vital role of RAS approach in protection against the malaria infection, yet the issue of heterogeneity needs to be addressed. In another clinical trial of CHMI, around 64% of volunteers were protected against the homologous *P. falciparum* (3D7) challenge after 19 weeks. Further, volunteers showing no parasitemia were challenged after the final immunization (33 weeks later) with the heterologous strain (7G8) and approximately 83% have shown no parasitemia [107]. The results of PfSPZ (RAS) immunization confirm the limited long-lasting immune responses, although no significant increase was observed in CD4⁺ and CD8⁺ T cell after second or third immunization.

2.2.3 Genetically attenuated sporozoites (GAS)

To overcome the existing hurdles of RAS, novel approach of genetic manipulation was explored in *Plasmodium* species which could prevent the transition from LS to BS infection without altering major changes. In this direction, differential gene expression study was carried out to identify the target gene(s) responsible for LS to BS transition and two genes, UIS3 and UIS4 (encodes for the protein in parasitophorous vacuole membrane), were selected for the genetic manipulation [108]. In mice having *P. berghei* infection, LS development was found to be delayed in a single knock-out gene study and gained the sterile protection upon challenge which was dependent upon CD8⁺ T cells [42]. Subsequently, it has been extended to double-knock out study and was found to induce stronger immune response by generating IFN- γ producing memory and effector CD8⁺ T cells that persist for a period of 6 months [109].

After the success of initial GAS study, several other genes (*p36*, *p36(p52)* and *b9*) were identified which were found to remain conserved in all the *Plasmodium* species. The different gene knock-out study in animal model demonstrated a similar immune response, yet development of parasites was also observed in some of them [42]. Subsequently, a novel gene named SAP1 (sporozoite asparagine-rich protein 1) of *P. yoelii* was discovered and found to be important for the LS development. In gene knock-out study it has conferred the delay in LS development and long-lasting protection upon challenge with wild-type sporozoites [110]. Few other genes were also explored; In a comparative study with RAS which generally arrest the early LS infection, more efficient and prominent effector and memory T-cell pool was observed, due to the GAS approach that progress towards the late LS infection and may be more diverse range of Ags were present. This led to the first clinical trial, and *P. falciparum* double knock-out (*p52* and *p36*) gene was tested for its efficacy and safety. Despite the encouraging results, 1 out of 6 volunteers showed parasitemia [111]. Therefore, further development took place in GAS and triple knock-out genes (*p52*, *p36* and *sap1*) of *P. falciparum* strain was used. There was no breakthrough parasitemia, and higher Ab titer with elevated cytokine pool of IFN- γ , IL-2 and TNF- α were observed in all the volunteers [112]. The positive outcome led to the development of another GAS vaccine with double knock-out (B9 & SLARP), and in the early phase of 1/2a it has shown poor-to-moderate immune response as only 3 out of 25 volunteers were found to achieve the sterile protection after the mosquito-bite challenge [113].

Despite the yin and yang of GAS in clinical studies, it has been considered as more accurate and doable approach with compare to RAS. Additionally, with the novel technology of CRISPR-Cas9, various attenuated sporozoites can be generated

which might be more immunogenic in nature and aid in generating stronger immune response.

All the different approaches of vaccine development strongly suggest the correlation of T-cells and protection against malaria infection. And, therefore it may be a decisive player in enhancing the efficacy of vaccine. By keeping in mind the importance of T-cell, in the next section we have discussed the role of T-cell based immunity in all the stage of infection as well importance of it in developing T-cell based vaccines.

3. T-cell based immune response: A key player of vaccine development

From the very beginning, it has been well documented that T-cells play an important role in protection and generation of sterile immune response in malaria infection. Once the sporozoites enter into the host live and invade the hepatocytes, APCs process and present the *Plasmodium* peptides through MHC which result in the activation of CMI response (alongside humoral response), mainly CD4⁺ and CD8⁺ T cells. After the resolution of infection, all the immune sentinels undergo regulative apoptosis, except pool of memory cells. These Ag-experienced memory cells are crucial during the secondary infection of *Plasmodium* and specifically, liver-resident memory CD8⁺ T cells serve as a first line of defense [114]. Although certain studies have confirmed that induction and expansion of memory CD8⁺ T cells are not hampered by absence of helper CD4⁺ T cells, the memory CD8⁺ T cells developed under this condition are found to be short-lived [115]. Therefore, it infers that for long-lasting memory CD8⁺ T cells which control the malaria infection, aid of helper CD4⁺ T cells [116] and continuous exposure of Ag is required. Yet, the memory response against the malaria infection is bottleneck [115]. The TCR-MHC bearing peptide of *Plasmodium* interaction is also important in generating T-cell based response (memory pool) as polymorphic nature of residual anchor and supporting once of individual peptide may have an effect on TCR-MHC interaction [114]. With the development of sophisticated technology, the role of T-cells in malaria infection in all the different stages has been revealed. As a result, various advancements have been made in the vaccine development.

3.1 T-cell response: In early stage of sporozoites

During the blood-meal of *Anopheles* mosquitoes, infected sporozoites enter into the host, and dermis under the layer of skin is the first place where they get exposed and then transverse through the blood vessels and reach to the liver. Therefore, Ab-mediated humoral response is largely important for the early stage of infection. However, experimental animal studies have revealed that most of the injected sporozoites remain in dermis for about 6 hrs and very few of them are able to find the way through blood vessels [117]. Although the DCs (dendritic cells) mediated capturing mechanism of sporozoite Ags is poorly understood, it has been confirmed that several sporozoites crosses the network of lymphatic vessels and skin-draining lymph node where they can persist for around 24 hr after the infection [117]. Therefore, it may be possible that circulating DCs (cDCs) present in skin initiate the T-cell induction against the sporozoites. And, it has been well known that live sporozoites are capable enough of generating CD8⁺ T cells response. Although the detailed mechanism is yet to be understood, arming the Ab-response by providing CD8⁺ and CD4⁺ T cells, CMI plays an important role in early detection and restraining the transition to LS infection.

3.2 T-cell response: In pre-erythrocytic stage (LS)

In continuation of early stage infection, once the sporozoites reach to the liver, LS infection cycle initiates and through a cascade of mechanisms, numbers of schizonts are formed between the periods of 5–6 days. *In-vivo* experimental study has confirmed that mouse CD8⁺ T cells restrict the parasite development within the hepatocytes by recognizing MHC-I/peptide complexes presented by infected hepatocytes [118]. For this, perforation occurs in hepatocytes cell membrane is responsible which carry the perforin and granzymes (pro-apoptotic protease). It induces apoptosis and produces the reactive-oxygen species. Additional aid is also provided by liver macrophages and Kupffer cells that carry out the activity of Ag presentation as they face the sporozoites during their entry into the liver [119]. CD4⁺ and CD8⁺ T cells of CMI wing are crucial in generating sterile protection against malaria infection and it has been verified in several sporozoite- and subunit-based vaccine approaches, though in case of human it has been documented only in human peripheral blood as it is challenging and difficult to prove for LS infection because of ethical concern [114]. However, recent study carried out in non-human primates has shown 100-fold higher T-cell response (specific to protective CD8⁺ T cells) in liver compared to peripheral blood [120]. Therefore, it is required to understand the detailed mechanism and role of CD8⁺ T cells in protection. Li *et al.*, 2016 have developed the human immune system bearing mice and studied the role of CD8⁺ T cells in human malaria. They have reported the direct link between the functional activities of PfCSP-specific CD8⁺ T cells and threshold achieved of protection against the malaria infection [121]. Several other *in-vivo* experiments have also shown the correlation between parasite-specific IFN- γ producing CD8⁺ T cells and protection achieved in clinical settings [114]. It suggests that CD4⁺ and CD8⁺ T cells produce IFN- γ which further enhances the activity of cytotoxic CD8⁺ T cells by elevating the Ag presentation through MHC-I. Moreover, the enhanced IFN- γ level activates other phagocytic immune sentinels, macrophages and NK cells to perform the tightly-regulated apoptosis. Throughout the protection mechanism, pool of numerous cytokines are released including IL-12 and IL-18 that are known to activate the CD8⁺ T cells in TCR-independent manner which can kill the parasites by a mechanism of nitric oxide (NO) production [122]. The prominent role of CD8⁺ T cells, aid of CD4⁺ T cells in humoral and CMI response, generation and activation of cytokines and other immune cells corroborate the significance of T-cell based vaccine development.

3.3 T-cell response: In blood stage (asexual/symptomatic stage)

The release of merozoite from schizonts confirms the beginning of erythrocytic stage, where they invade the naïve RBCs, convert into trophozoites and develop thousands of merozoites which are ready to burst from the infected RBCs (iRBCs) and target the new RBCs. Due to the lack of MHC molecules, iRBCs cannot perform the Ag presentation to T cells. However, it is believed that iRBCs bind to DCs and macrophages through the receptor-ligand (of parasite) interaction and after the maturation, most of the DCs migrate to the spleen where they present the Ag via MHC-molecules to the naïve T cells [123]. The role of DCs in the generation of BS specific Ab is studied in animal models. Experimental evidences have shown the emerging role of novel T-cell population of $\gamma\delta^+$ and $\alpha\beta^+$ in the generation of IFN- γ responses that control the BS infection of *P. falciparum* [124]. Pombo *et al.*, 2002 have studied the role of immune system by injecting low-dosage of *P. falciparum* iRBCs to the volunteers followed by challenge [125]. They have shown that iRBCs generate the CD4⁺ and CD8⁺ T cell specific response to the BS infection. Further

characterization of T-cells confirms that majority of them are IFN- γ producing (not IL-4 or IL-10) and there was no-significant role/production of antibodies in protection [125]. It has led the foundation to understand the role of T-cell which is now equally important for BS protection.

3.4 T-cell response: Towards the blood stage sexual parasites

During the blood-stage asexual cycle, certain number of parasites come out from the RBCs cycle and develops into male and female gametocytes. Till date very little literature is available about the T-cell response against the gametocytes. The first study conducted in 1997 where purified *P. falciparum* gametocytes were injected into malaria-naïve individuals and found that activated CD4⁺ T cells response against the gametocytes in human PBMC is similar to the response observed in asexual stage [126], except the induction of $\gamma\delta$ T-cells. In similar line, another study was carried out in which blood of acute (not severe) infection of *P. vivax* were fed to the *Anopheles* mosquitoes and observed the pro-and-anti-inflammatory cytokines [127]. The results of this study reveal that parasite in the blood samplatory with the elevated anti-inflammatory IL-10 (not IFN- γ or TNF- α) were unable to develop the infection in mosquitoes. To understand the mechanism of transmission-blocking, T-cells (from immunized spleen cells of vaccinated mice) were passively transferred to Balb/c mice via IV route followed by an infection; on day 3 post-infection, ability to transmit in mosquitoes was studied [128]. It showed the reduction in 95% of transmission, and the viability of gametocytes was found significantly lower in exflagellation compared to the controls. Although the mechanism behind triggering CMI response is unclear, authors predict that it could be cytokines or secretory products released by macrophages. This study unmasks the role of T-cells in early stage of BS infection wherein Ag-specific humoral response (Ab-based) comes latter into the picture and maybe help in the development of multi-target based vaccine.

The discovery of novel T-cell populations and their role in generating sterile protection alongside the conventional T-cells at each stage of malaria infection, aid the malaria biologist especially vaccinologists to design highly efficacious vaccine based on T-cells. Therefore, we have discussed about the different T-cells and their role in antigen diversity.

3.5 T-cell and their subtypes: Role in protective immunity against malaria

The induction of *Plasmodium* specific CD4⁺ T cells in protection against the malaria infection naturally or in different vaccination approach is well-documented [129]. As we know, the activated CD4⁺ T cells differentiate into several subtypes which largely depend upon on the cytokine environment. The differentiation of CD4⁺ T cells into *Th1* is IFN- γ and IL-12 dependent, and the role of T-bet in Th1 differentiation is also explored. The T-bet⁺Th1 IFN- γ producing cells express the MCSF (macrophage colony stimulating factor) that aid in controlling BS infection via macrophages. In addition to this, they also release IL-2 which can directly activate the NK cells which results into the direct killing of parasite infected cells. Having the multiple characteristics of Th1 cells, IFN- γ secreting Th1 cells directly/indirectly activate the potent CD8⁺ T cytotoxic cells via NO or higher expression of MHC-I on infected hepatocytes. In CHMI study, it has been found that the cytotoxic CD4⁺ T cells express CD107a, IFN- γ , CD38 and granzymes B, yet the mechanism of their activation is yet to be understood [129].

Th2, another set of CD4⁺ T cells that express transcription factor, GATA3 are characterized by production of IL-4 and IL-5. Although the role of Th2 in malaria

infection is poorly understood, IL-4 secreting Th2 cells have a major role in B-cell class switching [130] and macrophages activity [131] in malaria infection. In different conditions of malaria infection, a population of *T follicular helper (Tfh) cells* is identified by the expression of chemokine receptor CXCR5, BCL-6 a transcriptional factor and programmed cell death protein 1 (PD1)-a inhibitory receptor. The *Plasmodium* specific Tfh cells mainly express the ICOS and IL-21 which helps in maturation of germinal center (GC) and aid in production of plasma and memory B cells [129]. RNA-sequencing data have confirmed that Tfh cells development is IL-6 dependent and regulated by IRF3 during the BS infection [132]. The transition of Tfh cells to any other phenotypic subsets of CD4⁺ T cells is one of the interesting phenomena which is required to be explored as it may drive the infection on either side. There are few studies depicted the presence of *Th17* cells in *Plasmodium* infection that express the IL-17A. As no specific role of Th17 is found in malaria infection, IL-21 producing cells may help in GC activity and activation of CD8⁺ T cells, further it has shown that IL-22 producing Th17 cells regulate the inflammatory mechanism in lungs and liver of malaria infected rodent system [133]. Another CD4⁺ T cell, *IL-27 producing CD4⁺ T cells*, is having a dual character of pro-and-anti-inflammatory, and some of the reports have proposed their protective role in BS infection of malaria. Further it has been demonstrated that CD4⁺ T cells can also produce the IL-17 which do not express IL-10 and IFN- γ (CD4⁺ IFN- γ IL-10⁻ T cells) [134]. Similarly, *IL-10 producing CD4⁺ T cells* and *regulatory T cells (Treg)* are two another sets of CD4⁺ T cells which demarcated by their cell surface proliferative markers, their role is found to be in favor of enhancing the malaria pathogenesis, although it is yet to be defined their precise action in different stages of infection.

As CD4⁺ T cells are important in generating strong immune response by activating humoral and CMI response, the role of *CD8⁺ T cells* in malaria pathogenesis, various subunit and whole sporozoites approaches and providing protection against the infection (more defined for LS infection) makes them the most desirable target for vaccine development. Among the different types of CD8⁺ T cells, role of liver-resident CD8⁺ T cells is indispensable alongside the effector and memory CD8⁺ T cells during the re-infection. Earlier studies depict the role of CD 11c⁺ DCs in priming the CD8⁺ T cells during the LS infection [116]. Later, newly identified population of monocytes (CD11b⁺CSF1R⁺CD207⁺F4/80⁺CD11c⁺) also found to be important in priming of CD8⁺ T cells, which strongly support the licensing activity of CD8⁺ T cells in the LS infection [129]. The mechanism of CD8⁺ T cell function in interrupting LS infection is found that Fas/FasL and granzymes are the two basic armed required for the effector function of CD8⁺ T cells which mainly produce TNF- α , IFN- γ and perforin [129].

Recently, a novel population of *$\gamma\delta$ T cells*, is identified which comprises of less than 5% in adult human and its role in anti-malaria immunity is yet to be revealed. The earlier studies have confirmed the proliferation of them during the *P. falciparum* or *P. vivax* infection that correlate with protection [135]. Characterization of *$\gamma\delta$ T cells* shows that during the phase of mild-to-acute infection, V γ 9⁺V δ 2⁺ *$\gamma\delta$ T cells* population increase which may further curtail down during the repetitive exposure of infection [129]. The reports of rodent model used for malaria infection revealed that *$\gamma\delta$ T cells* do behave like other T-cells and they are found to be present in various tissues. Additionally, they also secrete IL-21, a required cytokines for Tfh cells [136] and as a result, it can function as a bridge for innate and adaptive immunity. Their role is also found to be important in RAS immunization for effective function of CD8⁺ T cells via production of numerous cytokines. In an experimental study of *P. chabaudi*, during the BS infection a specific type of *$\gamma\delta$ T cells* (V γ 6.3⁺ *$\gamma\delta$ T cells*) have been shown to undergo the clonal expansion and showcase the specific

phenotypic profile (with different transcriptional factors) which directly play a role in protection. Thus, it may aid in better understanding the pathogenesis and designing more efficient vaccine. In all, studying the different types of T cells and their role in individual stage of malaria infection will help in vaccine development. Despite the knowledge of T-cell mediated immunity, recently polymorphic natures of *Plasmodium* Ag(s) have shown the effect on T-cell response. Therefore, it is equally important to understand the impact of antigenic nature in generating sterile protection.

3.6 T-cell response: Effect of *Plasmodium* Ag(s) diversity

It has been studied that due to the polymorphic nature of Ag(s), effector function of CD8⁺ T cells and MHC-I peptide presentation become less prominent; as a result, during the secondary infection, it overcomes the immune system and establish LS infection [137]. Thus, with the help of sequencing technology conserved and variable epitopes of CSP and other potential target Ag(s) were found and reported [114]. Similar results were observed during RTS,S clinical trials, in which higher efficacy was observed in those children's whose parasitic infection matches the T-cell based Th2R and Th3R epitope as compared the mismatched one [138]. It has been found in another gene based vaccine study that CD8⁺ T cells based response is restricted to HLA-I of AMA1 Ag of 3D7 strain but failed to act against the AMA1 Ag of 7G8 strain that has the difference of only single amino acid [139]. It has been strongly supported by the earlier report of CSP where single amino acid replacement have an impact on T-cell based immune response [140]. Thus, antigenic polymorphic nature and substitution of single/multiple amino acids in the epitopes may result in less interaction between T-cell peptide and MHC molecule causing the failure in generation of protective immunity.

3.7 T cells and vaccine development

The first licensed malaria vaccine RTS,S was designed by incorporating mainly B cell epitopes that induced humoral response. The Ab-mediated response may aid the induction of T-cells and evidence have shown the CD4⁺ T cells response, yet it is unable to understand that after RTS,S vaccination why immunity is remain short-lived. It may possible that incorporation of appropriate CD8⁺ T cells based epitope which further enhance the sterile immunity. Additionally, it is also been interesting to study the role of B cells in direct/indirect activation of CD8⁺ T cells. On the other hand, different approaches under the roof of whole sporozoite vaccine (CPS, RAS and GAS) depicted the prominent role of CD4⁺ and CD8⁺ T cells in protective responses against malaria infection in rodents, whereas in humans (under CHMI study) it has been limited to peripheral blood only. Additionally, among different subsets of T-cells which play a crucial role in providing protection and signaling pathway is yet to be fully understood. As mentioned earlier, injection of attenuated sporozoites through RAS approach have shown the antimalarial immunity against LS infection. Therefore, multiple antigenic targets of LS may help in generating strong liver-resident memory T cells. These WSV approaches have their own limitation and to prevail it, another approach of viral vector bearing Ag delivery has been explored and have shown the promising results [141]. After successful pilot study, to elicit the stronger T-cell based response several other options such as usage of nanoparticle based delivery system [142] and adeno-associated virus have been tried.

As T-cell mediated immunity is having prominent role in generating sterile protection, RAS and subunit vaccine approach which can induce stage-specific T-cell

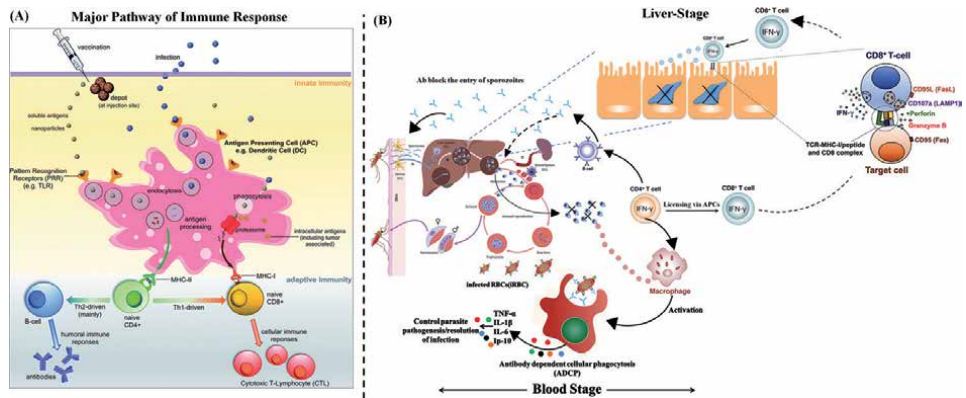


Figure 4. (A) The major pathway of immune response and (B) at different stages of malaria infection how different immune cells can target malaria infected cells (adapted and modified from immunopaedia.org and [143–146]).

immune response and restrain the LS infection should be considered. Recently, all the experimental evidence have demonstrated that instead of using single epitope based Ag, multiple-and-stage-specific epitopes of different Ag(s) can protect and generate stage-specific sterile response, yet it has to be verified in animal settings before going for the clinical trials. Also, poor immunogenicity of stage-specific Ag(s) required screening the whole genome database and available RNA-seq. data which can predict and identify (with matched HLA-typing) B-and-T-cell based epitopes to activate the immune response in a controlled manner. To overcome the current challenges mainly in T-cell based vaccine development below-listed novel approaches may aid in better results. **Figure 4** depicted the major pathway of immune response and how they can be triggered by T-cell based vaccine.

- Reverse vaccinology
- Structural vaccinology
- Immunoinformatics
- High-throughput identification for immune protection
- Understanding the humoral and CMI response
- Selection of appropriate platform for vaccine development and delivery

4. Conclusion

Malaria still persists as a major global challenge and to fight against it several options have been explored. Despite the advancement in the field of technology, drug and insecticide resistance followed by recent threat of delayed clearance of parasite against the frontline of antimalarial(s) have created herculean situation. On the other hand, RTS,S is the only licensed vaccine against the malaria infection, which is also unable to reach the expectation in generating sterile protection. Significant role of T-cells (mainly CD4⁺ and CD8⁺ T-cells) is found to be a key-player against the malaria infection. To elicit the T-cell based response, novel approaches of vaccine development have been adopted and some of them

are currently in pipeline of clinical trials. The older approach of WSV has recently gained the interest because of their potency to induce T-cell responses. The changes in RTS,S vaccine design via incorporating T-cell epitopes later on together with B-cells strongly support that finding of T-cell based multiple-epitope which can accelerate the immune response and aid Ab formation having immunogenicity in nature. By using the recent reverse vaccinology, structural based finding epitopes and predicted immunogen may aid in providing additional support in T-cell induction which are protective in nature.

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Conflict of interest


The authors declare no conflict of interest.

Author details

Nikunj Tandel and Sarat K. Dalai*
Institute of Science, Nirma University, Ahmedabad, Gujarat, India

*Address all correspondence to: sarat.dalai@nirmauni.ac.in

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Malaria is one of the most important tropical diseases in the history of the world. This vector-borne disease has been a significant cause of morbidity and mortality in tropical countries of Africa, Asia, and Latin America. As such, this book provides updated information on epidemiological and public health research of malaria conducted in the last decade. Over four sections, chapters discuss such topics as diagnosis, epidemiology and surveillance, policy and prevention, and vector control and vaccines.

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