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# Immune Response Activation

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# IMMUNE RESPONSE ACTIVATION

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#### **Immune Response Activation**

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# Meet the editor



Guy Huynh Thien Duc is Research Director Emeritus from the CNRS (Centre National de la Recherche Scientifique). Medicine student and Master's degree of Science, he started his career in the Pasteur Institute and the Sorbonne, Faculty of Science in Paris, where he prepared his Ph.D in the field of Immunopathology. Thereafter, as researcher in the CNRS, he has been mainly involved

in the fundamental aspects of Immunology, focusing on Transplantation Immunity and Immunomodulation. In the last two decades, his work at the University Paris XI, southern of Paris, presently inside the structure of INSERM U-1014, Groupe hospitalier Paul-Brousse-Villejuif, is essentially devoted to Immunology, its fundamental aspects and Cancer Immunotherapy.

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## Preface

The immune system plays a central role against pathogens that is seen further, extending beyond this context in recognizing alloantigens, modified transformed antigens expressed on tumoral cells, but unfortunately also self-antigens. As such, the immune response is involved in a large number of clinical settings, among which, protection against pathogenic organisms (bacteria, viruses), transformed tumoral cells and, finally, recognition and reaction against allergens and autoantigens. Therefore, beside the aspect relative to inducing generation of neutralizing protective antibodies and cytotoxic T lymphocytes against pathogens, there is need to consider the resistance developed by some pathogens to the traditional immune effector agents. Moreover, the immune response could also be acerbated in response to allergens and/or targeting the organism's own components leading to allergy and autoimmune diseases, respectively. Thus, along with its stimulation and activation, the immune response has to be tightly controlled and regulated. In this context, the multifaceted immune response is analyzed in the present book in several review chapters, treating a number of representative cases in which the immune response is, on one hand, activated against pathogens and, on the other hand, involved in pathologic settings, leading to allograft rejection, allergy and autoimmunity. The regulatory mechanisms in which the immune system can be modulated for rendering its effector components more efficient and not harmful to the organism is also dissected in translational purposes in cancer immunotherapy, local immunity against bacteria and viruses, as well as in allergy and autoimmunity.

In this regard, the book "Immune Response Activation", is divided into four sections related to:

**Vaccines**, with chapters concerning: 1) Cationic Nanostructures for Vaccines, and 2) Mollusk Hemocyanins as Natural Immunostimulants in Biomedical Applications.

**Immunomodulation**, with chapters: 1) Manipulating Immune Regulatory Pathways to Enhance T Cell Stimulation ; 2) Negative Immunomodulators – Blunting Immunostimulation and Facilitating Infection ; 3) Macrophages — Masters of Immune Activation, Suppression and Deviation, and 4) Immunostimulatory Effects of Triggering TLR3 Signaling Pathway — Implication for Cancer Immunotherapy.

**Local Immunity**, with chapters : 1) Immune Regulation of Chlamydia trachomatis Infections of the Female Genital Tract, and 2) The Roles of Invariant NKT Cells in Bowel Immunity — Suppression of Tumor Progression and Rejection of Intestinal Transplants.

#### XII Preface

**Autoimmune Disregulation**, with the chapter : Immunostimulation by Silica Particles and the Development of Autoimmune Dysregulation.

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## Section 1

# Vaccines

## **Chapter 1**

## **Cationic Nanostructures for Vaccines**

## Ana Maria Carmona-Ribeiro

Additional information is available at the end of the chapter

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## 1. Introduction

Cationic lipid bilayers, particles, polysaccharides and a variety of hybrid nanostructures provide adequate matrixes for supporting antigens such as peptides, proteins, DNA or oligonucleotides on model surfaces (latex, silica, silicon wafers, self-assembled monolayers, metals, polymers, insoluble drugs, biological cells and viruses).Particulate vaccines are currently an area receiving a high level of attention [1-3]. Particles deliver both antigen and adjuvant into the same population of antigen presenting cells limiting both the systemic distribution of the adjuvant and its potential toxicity [1]. Biological particles represented by live or attenuated bacterial vacines, engineered biological vectors and virus-like particles are often less safe than synthetic particulates for which quality control and validation in vaccine development and production are more rapid [2]. While developing novel particulate vaccines, particle size and charge do matter [2]. Virus-sized particles (20-200 nm) are usually taken up by endocytosis via clathrin-coated vesicles, caveolae or their independent receptors [4], and preferentially ingested by dendritic cells (DC). Larger sized particles such as bacteria (500– 5000 nm) are predominantly taken up by phagocytosis, and primarily ingested by macrophages. All particles used in vaccine formulations are consequently internalized efficiently by antigen presenting cells by one or a combination of the quoted mechanisms [5, 6]. Particles with diameters smaller than 500 nm, in particular the nanometric ones with sizes in the 40-100 nm range are more eficient to promote CD8 and CD4 type 1 T cell responses than those with diameters above 500 nm, although the latter could induce good type 2 and antibody responses [5]. Cationic microparticles are effectively taken up both by macrophages and dendritic cells since electrostatic attraction promotes particle binding and subsequent internalization. Cationized polymeric particles carrying antigen significantly enhanced both antibody production and cytotoxic T cells at low antigen dose [7] and induced maturation of dendritic cells [8, 9]. As a consequence particles for vaccines should be positive and available over a range of sizes. Cationic particles of aluminium compounds, identified as having



© 2014 The Author(s). Licensee InTech. This chapter is distributed under the terms of the Creative Commons Attribution License (http://creativecommons.org/licenses/by/3.0), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited. immunostimulatory properties more than 70 years ago, remain the only type of adjuvant licensed world-wide [3]. Oil-in-water emulsions or virosomes were licensed in some countries in compositions for influenza [10] or hepatitis B vaccines [11]. However, both of these adjuvants are characterised by inducing humoral immune response and are thus effective in elevating serum antibody titers whereas their ability to elicit cell-mediated immune response is limited [12]. For vaccines against influenza, malaria and HIV, the induction of a humoral response is insufficient and a substantial complementary cell-mediated immune response is necessary for adequate protection. For vaccines against tuberculosis, a cellular response seems to be the sole effector mechanism required for protection [13]. Among the cationic compounds used to produce cationic nanostructures to present antigens for vaccines formulations, some cationic compounds appear to be of special relevance. They are the cationic and synthetic lipid named dioctadecyldimethylammonium bromide (DODAB), the cationic polysaccharide named chitosan (CH) and its derivatives with pH-independent positive charge and the biocompatible cationic polymeric nanostructures. This chapter presents and critically evaluates these three types of cationic nanostructures.

### 2. Cationic nanostructures based on DODAB

DODAB is a cationic lipid which can be dispersed ultrasonically in aqueous solution using a macrotip probe [14]. Thereby, bilayer vesicles are simultaneously obtained and disrupted yielding nano-sized bilayer disks or cationic bilayer fragments (BF) stabilized by electrostatic repulsion at low ionic strength [14,15].DODAB BF have previously been used as antimicrobial agents [16] or in the production of lipid-covered particles such as bilayer-coated silica [17] or latex [18]. These cationic, bilayer-covered latex or silica particles where the bilayer is solely composed of DODAB were recently employed to present antigens to the immune system with better results than alum as adjuvants for induction of cellular immune responses [19, 20]. The open DODAB BF in aqueous dispersions are different from their mother vesicles presenting the following features: (i) osmotic non-responsiveness of the dispersion indicative of absence of inner vesicle compartment [21]; (ii) discoidal shape with disks exhibiting one bilayer thickness as visualised by means of transmission electronic microscopy (TEM) after electronic staining the nanostructures [22]; (iii) cryo-TEM micrographs performed without any staining [23]; (iv) fluid and solid state coexistence and complex formation with oppositely charged surfactant [24]; (v) solubilization of hydrophobic drugs at the borders of DODAB bilayer fragments, which does not occur for DODAB closed bilayer vesicles [25]. These bilayer fragments have more fluid environments at their edges that are absent in closed bilayer systems such as vesicles or liposomes. Due to its cylindrical molecular shape, DODAB molecules selfassemble in aqueous solutions as bilayers instead of micelles as shown in the seventies by transmission electron microscopy [26]. Supramolecular assemblies of DODAB bilayer fragments by themselves or after interaction with supporting particles have been combined with different model antigens in separate and tested as immunoadjuvants. The cationic nanoadjuvants with DODAB BF are either reduced to a single-component, nanosized system-DODAB BF-or are dispersions of cationic particles with controllable nature and size as obtained after covering silica or polystyrene sulfate latex (PSS) with a cationic DODAB bilayer (Figure 1).



**Figure 1.** Cationic nanostructures and particles based on the cationic lipid DODAB useful to present antigens (reproduced with permission from [27]). The DODAB bilayer fragments are usually obtained at low ionic strength by sonication with a macrotip. Particles acting as supports for the cationic bilayer can be organic or inorganic. Reprinted from Vaccine, 27/42, Nilton Lincopan, Noelí M. Espíndola, Adelaide J. Vaz, Maria Helena B. da Costa, Eliana Faquim-Mauro, Ana M. Carmona-Ribeiro, Novel immunoadjuvants based on cationic lipid: Preparation, characterization and activity *in vivo*, 5760-5771. Copyright 2009, with permission from Elsevier.

DODAB BF may interact with proteins both via the hydrophobic effect and the electrostatic attraction at low ionic strength. This interaction has been properly characterized by means of dynamic light scattering for sizing, zeta-potential analysis and evaluation of immunoadjuvant activity *in vivo*. The model antigens employed with DODAB-based cationic nanostructures were bovine serum albumin (BSA), purified 18 kDa/14 kDa antigens from *Taenia crassiceps* cysticerci (18/14-*Tcra*) or a recombinant heat-shock protein from *Mycobacterium leprae* [27]. Antigen choices were due to different reasons. BSA adsorption at interfaces [28] and, specifically, onto large DODAB vesicles [29] is well described and has been useful to prevent nonspecific binding in immunoassays, biosensing and proteomics applications [28,30]. The purified 18 kDa/14 kDa antigens from *Taenia crassiceps* cisticerci are proteins specific for this parasite found as circulating antigens and often employed in immunodiagnosis; they can be obtained from *in-vitro* cultures of *T. crassiceps* cysticerci in hybridoma media from vesicles budding from cysts contain the excretory/secretory (ES) antigens [31,32]. Human and pig infections by *T. solium* and *crassiceps*, respectively, represent an important health problem, with socio-economical repercussions affecting many countries in Latin America, Asia and Africa

[31]. The 18 kDa-hsp protein is a heat-shock protein of *M. leprae* displaying pronounced immunogenicity and considered able to induce proliferation of peripheral blood mononuclear cells and T-cell lines from *M. leprae* vaccinated subjects [33] andavailable at large amounts for studies on vaccine formulation; its overexpression and scaling-up in *Saccharomyces cerevisae* have already been described and the recombinant protein can be produced in large scale [34,35]. Nanostructured cationic adjuvant/antigen complexes based on DODAB were characterized over a range of adjuvant and antigen concentrations. Figure 2 shows the effect of antigen and adjuvant concentration on physical properties of the dispersions. Stable cationic nanostructures are available over a limited range of adjuvant and antigen concentrations which clearly depend on antigen nature and are different for different antigens.



**Figure 2.** Effect of time and DODAB concentration on the zeta-average diameter of DODAB/BSA (A) or DODAB BF/ 18/14-Tcra complexes (B). In (A), the kinetics were obtained upon adding DODAB BF at a final concentration of 0.005 (( $\triangleright$ ), 0.01 ( $\triangle$ ), 0.02 ( $\triangleleft$ ), 0.05 ( $\circ$ ), 0.5 ( $\diamond$ ), 0.8 ( $\square$ ), and 1.0 mM DODAB ( $\triangleleft$ ) to 0.5 mg/mL BSA. In (B), the kinetics were obtained upon adding DODAB BF at a final concentration of 0.0005 ( $\square$ ), 0.001 ( $\circ$ ), 0.005 ( $\triangleright$ ), 0.01( $\nabla$ ), 0.05( $\diamond$ ), and 0.1 mM DODAB ( $\triangle$ ) to 0.05 mg/mL 18/14-Tcra. The effect of [DODAB] on zeta-potential of complexes with 0.5 mg/mL BSA (C) or 0.05 mg/mL 18/14-Tcra (D) were obtained after 1 h interaction at 25 °C in 1 mM NaCl.Reproduced with permission from reference [27].Reprinted from Vaccine, 27/42, Nilton Lincopan,Noelí M. Espíndola,Adelaide J. Vaz,Maria Helena B. da Costa,Eliana Faquim-Mauro,Ana M. Carmona-Ribeiro,Novel immunoadjuvants based on cationic lipid: Preparation, characterization and activity in vivo,5760-5771.Copyright 2009, with permission from Elsevier.

The humoral and cellular immune responses induced by stable cationic adjuvant/antigen complexes were evaluated in mice from determination of antigen-specific-IgG antibody in serum by ELISA, delayed type hypersensitivity (DH) reactions from footpad swelling tests and cytokines analysis. The results evidence the good colloid stability of the complexes, complete absence of toxicity in mice (i.e. local or general reactions) and their potential utility to induce Th 1 immune response at reduced doses of cationic and toxic DODAB lipid. Possibly due to its chemical stability and low cost when compared to other natural or synthetic lipids, DODAB use as an immunoadjuvant started more than forty years ago [36,37]. This was well before the bilayer nature of DODAB self-assembly in water solution had been described [26]. DODAB as an effective immunoadjuvant has been intensively investigated aiming at subunit vaccine design [38-41]. A major problem of liposomal formulations based on DODAB has been the usually high concentration employed, namely 1-10 mM DODAB [38-41]. DODAB is a cationic lipid and as such, cytotoxic [14-16] requiring dose minimization for administration in vivo. Using the DODAB bilayer fragments to present antigens only 0.1 mM DODAB was employed [27]. The large cellular imune response achieved might be related to the total surface area available for antigen association, which is much larger in the BF dispersion than in closed, large and sometimes multibilayered liposomes. Moreover, the hydrophobic interaction possibly available from BF edges could be an additional and powerful driving force for antigen adsorption and presentation. The second advantage of the bilayer fragments besides their large surfaces area is their size. Depending on sonication power and time plus composition of the dispersing medium, which determine colloid stability, DODAB BF/antigens complexes may have their sizes reduced to and stabilized at a few tenths of nanometers acting similarly to solid inert beads of nanometric size (40-50 nm). These beads turned out to be effective for antigen delivery to antigen-presenting cells (APC), generating potent and combined humoral and CD8+T cell immunity [3]. They are also expected to be optimal for dendritic cells uptake since their size is inside the range of particle diameters (500 nm and below) for optimal dendritic cells uptake of antigens and elicitation of an adequate cellular response [2,5,42]. In reconstituted pig gastric mucus, sub-200 nm particulates from poly (D, L-lactic-co-glycolic) acid and DODAB condensing DNA on particles surface exhibited improved transport rates, stability in mucus, and ability to transfect cells [43]. Silica/DODAB, latex/DODAB and DODAB BF (Figure 1) are available over the sub-200 nm range of sizes thus presenting potential also for design of mucosal vaccines. The third advantage of the bilayer fragments is the absence of depots at the injection site [27]. These depots have been reported for other DODAB formulations at concentrations much higher than 0.1 mM [37,41,44].

Consistently with electrostatic forces between negatively charged antigens and positively charged DODAB BF, cationic bilayer fragments readily adsorb BSA, 18-14/*Tcra* and the hsp-18 kDa recombinant protein.Rapid and extensive adsorption of BSA, anti-BSA or ovalbumin onto large DODAB liposomes was indeed reported previously [29,45,46].On the other hand, bacteria, fungus and eukaryotic cells were also found to adsorb DODAB vesicles and bilayer fragments with high affinity at low ionic strength [14-16], so that cationic DODAB liposomes readily adsorb antigen, such as ovalbumin, and bind avidly to dendritic cells [41], thereby enhancing antigen uptake. Delivery of antigen to cells by immediate contact with the cell surface via electrostatic interaction followed by the induction of active uptake seems to be the mechanism behind the ability of DODAB liposomes or bilayer fragments to act as immunoad-juvants. Sizes and zeta-potentials for assemblies of antigen and cationic lipid based adjuvants

depend on cationic lipid and antigen concentrations. Adjuvant-antigen stability around sizes that are close to the one of adjuvants themselves indicates that the proteins readily adsorb and stabilize them. The adjuvants also stabilized the proteins acting as important dispersing nanocarriers able to induce remarkable degree of protein disaggregation by attaching the proteins either electrostatically or hydrophobically to their structure. At [DODAB]  $\leq 0.1$  mM and 0.001-0.05 mg/mL of antigen concentration, DODAB based adjuvant /antigen assemblies are cationic, well-dispersed, colloidally stable and immunogenic combining the advantages of low DODAB dose, low cost, controllable sizes for optimal dendritic cells uptake, high chemical stability, ability to incorporate multiple antigens and minimization of toxicity. Their performance is remarkably superior to the one of alum as adjuvant regarding Th1 mediated responses. In contrast to alum or cationic liposomes at 1-10 mM of cationic lipid, local or systemic adverse effects in mice were completely absent at 0.1-0.01mM DODAB.

An important component of the early innate immune response to viruses and bacteria is the secretion of cytokines, which mediate many of the effector functions of innate immunity. IL-10 is an inhibitor of activated macrophages and dendritic cells and is an example of negative feedback regulation because it is produced by macrophages to inhibit their function. This cytokine also inhibits the production of IL-12 and expression of class II major histocompatibility (MHC) molecules. IL-12 is also secreted by macrophages and dendritic cells inducing T cells differentiation into Th1 and natural killer (NK) cells with increased IFN-gamma synthesis and cytotoxic activity. IL-12 and IFN-gamma are the most important cytokines in innate responses to intracellular bacteria such as *Mycobacterium leprae* or tuberculosis [13]. Figure 3 shows the high levels of IL-12 and IFN-gamma induced by the novel cationic adjuvants while presenting the hsp-18 kDa of *M. leprae* to lymphonode cells suggesting a possible application of the novel adjuvants for the design of subunit vaccines against intracelular bacteria. As in DH, adaptive immunity against intracellular bacteria is principally cell mediated and consists of activation of macrophages by CD4+T cells as well as killing of infected cells by CD8+cytotoxic T lymphocytes (CTL).

On basis of IL-12 enhancement of IFN-gamma production and development of Th1 cells, this interleukin itself has been used as a vaccine adjuvant for many infections that are combated by cell-mediated immunity, e.g. leishmaniasis [47]. Subunit vaccines against protozoa that survive within macrophages require as principal defense mechanism cell-mediated immunity, particularly directed to macrophage activation by Th1 cell-derived cytokines. Leishmaniasis mucocutaneous and disseminated is caused by Leishmania donovani and CD4+Th1 cells are required to activate macrophages to kill phagocytosed parasites. Resistance to the infection is associated with activation of Leishmania-specific Th1 CD4+T cells which produce IFN-gamma and thereby activate macrophages to destroy intracellular parasites. Conversely, activation of Th2 cells by the protozoan results in increased parasite survival and exarcerbation of lesions because of the macrophage-suppressive actions of Th2 cytokines [47]. Other significant example is the protective role played by CD8+T cells in immunity to the hepatic stages of malaria. These effects may be mediated by direct killing of sporozoite-infected hepatocytes or indirectly by the secretion of IFN-gamma and activation of hepatocytes to produce nitric oxide and other agents that kill parasites. IL-12 induces resistance to sporozoite challenge in rodents and nonhuman primates, presumably by stimulating IFN-gamma production [48].

In viral infections, Il-12 enhances the cytotoxic activity of natural killer cells so that NK cellmediated killing of virus-infected cells eliminates the reservoir of infection. In this respect, vaccination against the dengue virus is urgently needed in tropical or neotropical regions of the planet and some recombinant DNA vaccines expressing membrane and envelope of viral proteins have been proposed [49]. Possibly the cationic adjuvants available from our group would properly enhance the required Th-1 response for a more effective vaccination against dengue.

Another possible application for the novel adjuvants might be in immunotherapy for tumors. This approach is based in augmentation of host immunity to tumors with tumor vaccines. Immune responses that are able of killing tumor cells consist of CTLs, NK cells, and activated macrophages and these may be actively enhanced by vaccination with tumor cells or antigens, administration of tumors modified to express high levels of cytokines that stimulate T cell proliferation and differentiation, and systemic administration of cytokines [49]. The induction of T cell responses in tumors depends on processing and presentation of tumor antigens to T cells by professional antigen-presenting cells (APCs) which might internalize the tumor antigen adsorbed onto the novel cationic adjuvants. These APCs may stimulate CD8+T cells and CD4+helper T lymphocytes to differentiate for recognition and killing of tumor cells.

Naïve CD4+T cells may differentiate into distinct subsets, such as Th1 and Th2 cells in response to different antigens. For example, the enhancement in production of IL-10 and Il-13 by lymphonode cells elicited by the antigens of *Taenia crassiceps* presented by the DODAB BF adjuvant can be appreciated in Figure 3 [27]. These cytokines are typically associated with responses to allergens and parasites such as helminths and mediate differentiation of CD4+-T cells into Th2 cells [50]. Consistently, low levels of these cytokines were elicited by the *M. leprae* antigen presented by the novel adjuvants (Figure 3). Responses were indeed different for the helminthes and the bacteria antigens and very antigen-specific as they should be [27].

The size, charge and hydrophobic features of DODAB BF led to novel applications in solubilization of hydrophobic drugs [25,51,52], production of biomimetic particles from bilayer coverage of silica [17] or polystyrene particles [53] and design of vaccines [27].Recently, BF was also combined with oligonucleotides [54]. Since synthetic oligonucleotides can inhibit the replication of the Rous sarcoma virus [55], antisense oligonucleotides have been considered a great promise as therapeutic agents and several oligonucleotide-based formulations have reached the clinical trial phase [56,57]. Antisense oligonucleotides have also been extensively used in research on gene expression and function [58-60], vaccine formulation [61], allergy [62] and cancer therapeutics [63]. Major obstacles as their degradation by nucleases and poor delivery to the target cells [60,64] suggest the essential role of suitable carriers able to protect oligonucleotides in the biological milieu [60,63–65]. There are peculiar features for the interaction between BF and oligonucleotides in comparison to other electrolytes. Effects of salt, dAMP or poly (dA) concentration on BF size and zeta-potential are shown on Figure 4 taken from reference [54]. From 0 to 0.25 mM salt, Dz and zeta-potentials decreased with salt concentration possibly due to massive phosphate anion binding. From 0.25 to 2.5 mM of divalent salt, Dz increased but zeta-potential remained approximately constant and low (Fig. 4A and D).Dz and zeta-potential decreased with dAMP concentration (0-2.5 mM) (Fig. 4B and E). At 0.05 mM poly (dA) and 0.5 mM DODAB, extensive BF aggregation and/or fusion took place as depicted from large Dz (N 500 nm) (Fig. 4C) and zero of zeta-potential (Fig. 4F). The screening of DODAB



**Figure 3.** Quantitative analysis of cytokines secreted by lymph node cells from DODAB/18/14-Tcra and Al(OH)3/18/14-Tcra immunized mice (on the left column, A-D) or from 18kDa-hsp, DODAB/18kDa-hsp, PSS/DODAB/ 18kDa-hsp, SiO<sub>2</sub>/DODAB/18 kDa-hsp and Al(OH)<sub>3</sub>/18kDa-hsp immunized mice (on the right column, E-F). Cells from lymph nodes of BALB/c mice previously immunized with 10 µg of 18/14-*Tcra* administered alone, in DODAB BF or in Al(OH)<sub>3</sub> were *in vitro* stimulated with medium, 160 µg/ml of 18/14-*Tcra* or 2.5 µg/mL of ConA for 48 hours and the supernatants collected for cytokine analysis by sandwich kit enzyme-linked immunosorbent assay (ELISA). The results were expressed as mean of the cytokine concentration of two distinct assays  $\pm$  standard deviation. Limits of detection are shown as horizontal dashed lines. Similarly, cells from lymph nodes of BALB-c mice previously immunized with 15 µg of 18 kDa-hsp from *M. leptrae* administered alone or in DODAB BF, PSS/DODAB or Al (OH)<sub>3</sub> were *in vitro* stimulated with medium, 250 µg/ml of 18 kDa-hsp or 2.5 µg/mL of ConA for 48 hours before following cytokines analysis as above (reproduced with permission from reference [27]). Reprinted from Vaccine, 27/42, Nilton Lincopan, Noelí M. Espíndola, Adelaide J. Vaz, Maria Helena B. da Costa, Eliana Faquim-Mauro, Ana M. Carmona-Ribeiro, Novel immunoadjuvants based on cationic lipid: Preparation, characterization and activity *in vivo*, 5760-5771.Copyright 2009, with permission from Elsevier.

charges by Na<sub>2</sub>HPO<sub>4</sub>, followed by a decrease in electrostatic repulsion between fragments, could be responsible for DODAB BFs aggregation and/or fusion. DLS data also showed that diameters increase upon addition of Na<sub>2</sub>HPO<sub>4</sub> concentrations above 0.5mM (Figure 4A), and this diameter increase up to 400 nm is related to a decrease in the zeta-potential of the fragments (Figure 4D). The charge screening of DODAB charged heads by Na<sub>2</sub>HPO<sub>4</sub> explains the decrease in zeta-potential (Figure 4D) as well as the tighter bilayer packing represented by higher mean phase transition temperature for the bilayer [54]. Addition of dAMP leads to a decrease in diameter and zeta-potential of the assemblies (Figures 4B and E). It was shown that DODAB bilayer fragments are able to order dAMP molecules on their surface, causing the dAMP bases to stack [68]. In this case, bulky moieties of dAMP would be exposed at the fragments surface representing a steric hindrance to fragments aggregation and/or fusion which would also contribute to colloid stabilization in dispersion. For polynucleotides such as poly(dA), charge neutralization leads to flocculation whereas charge overcompensation upon increasing poly(dA) concentration leads to colloidal restabilization due to electrostatic repulsion (Figures 4C and F) [54]. This behavior has been often described for polyelectrolytes interacting with particles of opposite charge [67,68]. Beyond the neutralization point, the system regains stability due to charge overcompensation. This phenomenon was observed only for the electrolyte poly (dA) and not for the electrolytes  $Na_2HPO_4$  and dAMP, which are unable to completely neutralize the bilayer [54], as shown in Figure 4. Colloid instability induced by oligonucleotide or salt could be associated with bilayer fusion [54]. In contrast, mononucleotide neither reduced colloid stability over the low range of concentrations tested nor caused BF fusion [54].



**Figure 4.** Effect of  $[Na_2HPO_4]$ , [dAMP] or [poly (dA)] concentrations on the zeta-average diameter (A, B and C) and zeta-potential of DODAB BF at 0.5 mM DODAB (D, E and F).Reprinted from reference [54].Reprinted from Biochimica et Biophysica Acta (BBA)-Biomembranes, 1808/3, Julio H.K. Rozenfeld,Tiago R. Oliveira, M. Teresa Lamy, Ana M. Carmona-Ribeiro, Interaction of cationic bilayer fragments with a model oligonucleotide, 649-655.Copyright 2011, with permission from Elsevier.

Particles are finding a large variety of biomedical and pharmaceutical applications since their size scale can be similar to that of biomacromolecules (e.g., proteins, DNA) and structures (e.g., bacteria and viruses). Their utility for imaging, gene and drug delivery, and vaccine design is undeniable [69,70]. Particulate systems are naturally targeted to antigen presenting cells (APC) so that particles deliver antigens to APC more efficiently than soluble antigen [71,72]. Positively charged particles with diameters of 500 nm and below were shown to be optimal for dendritic cells uptake [42].DODAB bilayers electrostatically combine with a vast variety of negatively charged biomolecules or biological structures [14]. Silica [17], latex [21,73,74] or hydrophobic drug particles [51,75] have been coated with DODAB with optimal bilayer deposition on particles achieved by coalescence of bilayer fragments at an adequate ionic strength [17,76]. Figure 5 shows how DODAB can cover oppositely charged polystyrene nanoparticles modifying their charge as shown in reference [19]. These cationic nanoparticles contrast with alum regarding their small size and very low polydispersity as shown in Table 1 taken from reference [19]. The optimal bilayer coverage of polystyrene sulfate (PSS) nanoparticles with a DODAB bilayer produces homodisperse particles that successfully present a mixture of purified 18/14 Taenia crassiceps proteins (18/14-Tcra) to the immunological system [19].



log [DODAB]

**Figure 5.** Effect of [DODAB] (in mM) on mean z-average diameter (A) and zeta-potential (B) of PSS particles at  $5 \times 10^9$  particles/mL, 25 °C, in 1 mM NaCl. Bare particle diameter is  $301 \pm 2$  nm. Regions I, II and III define particle charge, which is negative, zero and positive, respectively, from reference [19]. Reprinted from International Journal of Pharmaceutics, 340 / 1-2, N. Lincopan, N.M. Espíndola, A.J. Vaz, A.M. Carmona-Ribeiro, Cationic supported lipid bilayers for antigen presentation, 216-222.Copyright 2007, with permission from Elsevier.

Dispersion	[DODAB] (mM)	[Ag] (µg/mL)	Mean diameter (nm)	Zeta-Potential (mV)	Polydispersity
PSS	-	-	301 ± 2	-60 ± 1	0.064 ± 0.020
DODAB	2.00	-	81 ± 1	45 ± 2	0.230 ± 0.006
PSS/DODAB	0.01	-	309 ± 2	48 ± 2	0.040 ± 0.010
18/14- <i>Tcra</i>	-	25	310 ± 5	-52 ± 1	0.214 ± 0.030
DODAB/18/14-Tcra	0.01	25	295 ± 3	6 ± 6	0.167 ± 0.023
PSS/DODAB/18/14-Tcra	0.01	25	328 ± 3	11 ± 8	0.060 ± 0.020
AI(OH) <sub>3</sub>	-	-	883 ± 29	28 ± 3	0.381 ± 0.013
Al(OH) <sub>3</sub> /18/14- <i>Tcra</i>	-	25	9574 ± 2361	-23 ± 1	0.525 ± 0.030

**Table 1.** Physical properties of particles, DODAB dispersion, DODAB-covered particles, proteins and proteins/DODAB-covered particles at 1 mM NaCl.Particles concentration is 5 x 10<sup>9</sup> particles /mL; PSS particle diameter from transmission electron microscopy is  $301\pm2$  nm.The Al(OH)<sub>3</sub> and PSS were tested at final concentration of 0.05 and 0.075 mg/mL, respectively,from reference [19]. Reprinted from International Journal of Pharmaceutics, 340 / 1–2, N. Lincopan, N.M. Espíndola, A.J. Vaz, A.M. Carmona-Ribeiro, Cationic supported lipid bilayers for antigen presentation, 216-222. Copyright 2007, with permission from Elsevier.

Several cationic agents have been employed for DNA compaction such as cationic peptides and proteins [77], cationic lipids [78], cationic polyelectrolytes, cationic surfactants, or iron (III) [79].DNA compaction has also been used to model chromatin structure and its influence on gene expression. The self-assembled complex of basic histone proteins wrapped by approximately two turns of DNA is a nucleosome, which is the building block in the chromatin structure where DNA of lengths on the order of meters suffers compaction into an  $\sim 10 \ \mu m$ diameter cell nucleous. Phage DNA, for example, is remarkable for its density of packing. In solution the 40 kbp T7 genome with its contour length of 13.6 µm might span a space several micrometers across and in an infected bacterium,  $\sim 1 \,\mu m$  across. Thus, confinement to a 55 nm capsid represents a compaction marked by a density increase by a factor of  $\sim 10^4$  [80]. Systematic studies on the physical chemistry of the association between cationic nanoparticles and DNA yield rather complex phase diagrams as a function of particle size and concentration [81,82]. The way in which positively charged nanoparticles tie up DNA is not obvious, and mechanisms change dramatically with particle size [83]. Only the smallest (10 nm) particles allowed transcription to occur at intermediate loading densities. Larger particles shut transcription down rather abruptly [81]. Cationic nanoparticles have found many uses such as efficient cell transfection agents in vitro [84-86] and complexation with long-chained DNA as a simple model of chromatin for transcription studies [81, 87]. The compaction of long duplex DNA by cationic nanoparticles (NP) used as a primary model of histone core particles has been systematically studied regarding the effect of salt concentration, particle size, and particle charge by means of single-molecule observations from fluorescence and transmission electron microscopy [87]. DNA compaction proceeds through the formation of beads-on-a-string structures of various morphologies with DNA adsorbed amount per particle depending weakly on NP concentration but increasing with particle size and being optimal at an intermediate salt concentration [87]. Three different complexation mechanisms were proposed: free DNA adsorption onto NP surface, DNA wrapping around NP, and NP collection on DNA chain [87]. On the other hand, particle size has been recognized as an important parameter that determines the mechanism of particle entry into cells. Particles with a diameter of 200 nm or less enter cells almost exclusively via the clathrin-coated pathway whereas particles with a larger diameter penetrate cells via caveolae-mediated endocytosis [88,89]. Cationic biomimetic particles produced from adsorption of dioctadecyldimethylammonium bromide (DODAB) bilayers onto polystyrene sulfate (PSS) microspheres have been described by our group since 1992 [18,73,76,90]. These cationic bilayer-covered particles exhibit a narrow size distribution and can be produced at any desired size ranging from 70-500 nm of mean hydrodynamic diameter [90]. Polystyrene sulfate (PSS) particles with different sizes were covered by a dioctadecyldimethylammonium bromide (DODAB) bilayer yielding the so-called cationic biomimetic particles (PSS/DODAB). These cationic particles are highly organized, present a narrow size distribution and were obtained over a range of particle sizes [53,90]. Thereafter, upon adding  $\lambda$ , T5 or T2-DNA to PSS/DODAB particles, supramolecular assemblies PSS/ DODAB/DNA were obtained and characterized over a range of DNA concentrations and particle sizes (80-700 nm). Over the low DNA concentration range, PSS/DODAB/DNA assemblies were cationic, colloidally stable with moderate polydispersity and high cytotoxicity against E. coli. From the DNA concentration corresponding to charge neutralization, neutral or anionic supramolecular assemblies PSS/DODAB/DNA exhibited low colloid stability, high polydispersity and moderate cytotoxicity [53]. Some nucleosome mimetic assemblies were observed by atomic force microscopy (AFM) at charge neutralization (zeta-potential equal to zero) [55]. Figure 6 shows how cationic nanoparticles can induce DNA compaction [53].



**Figure 6.** DNA compaction by biomimetic cationic particles of polystyrene microspheres covered by a DODAB cationic bilayer from reference [53].Adapted with permission from Rosa H, Petri DF, Carmona-Ribeiro AM.Interactions between bacteriophage DNA and cationic biomimetic particles. J Phys Chem B. 2008; 112(51):16422-30.Copyright (2008) American Chemical Society.

DNA sequences containing unmethylated CpG dinucleotide are recognized as danger signals by the immune system since they are typical of bacteria and viruses but rare in vertebrates [91, 92]. Natural or synthetic sequences containing unmethylated CpG motifs activate cells that express Toll-like receptor 9 to induce an innate immune response characterized by the production of Th1 and proinflammatory cytokines [92]. Hence, CpG has been extensively used in the induction of cellular immune responses against cancer [63, 93], intracellular infections by pathogens [94, 95] and allergies [62,96]. Both CpG [92] and DODAB BF [27] were reported to improve Th1 responses against antigens when used separately. Recently, DODAB BF and CpG were combined in a single assembly aiming at the comparison between the small, stable and cationic DODAB BF carrying ovalbumin (OVA) and the small, stable and anionic DODAB BF/OVA/CpG assemblies of very similar sizes but opposite charges [97]. Both adjuvants produced similar enhanced Th1 immune responses despite their opposite charges emphasizing the novel concept that particle charge does not matter. In comparison with the traditional alum, the size minimization for the cationic assemblies elicited different responses: alum drove the Th2 whereas DODAB BF/OVA/CpG and DODAB BF/OVA drove the Th1 response. The effects of DODAB BF or DODAB BF/CpG adjuvants with opposite charges but very similar sizes showed that the charge is not important but the size is [97]. Table 2 shows the physical properties of the assemblies. A comparison between mean hydrodynamic diameter (Dz), zetapotentials and polydispersities for DODAB BF/OVA/CpG and Al(OH)<sub>3</sub>/OVA/CpG as reproduced from reference [97]. At 20 µM CpG and 0.1 mg/mL Al(OH)<sub>3</sub>, the dispersion was characterized by a low colloidal stability (large Dz, low zeta-potential ( $\zeta$ ) and high polydispersity). OVA stabilized both Al(OH)<sub>3</sub> or Al(OH)<sub>3</sub>/CpG to a certain extent (Table 2). However, sizes were still larger than those determined for assemblies based on DODAB BF (Table 2). In particular, polydispersity for DODAB BF/OVA/CpG was notably low (0.150) and well below the one obtained for DODAB BF only (0.251), suggesting that OVA/CpG induced stabilization of the DODAB BF dispersion (Table 2).

Dispersion	$Dz \pm \delta$ (nm)	$\zeta\pm\delta(mV)$	Polydispersity $\pm \delta$
DODAB BF	67 ± 0	47 ± 1	$0.251 \pm 0.006$
DODAB BF/ OVA	274 ± 2	21±0	0.291 ± 0.008
DODAB BF/ OVA/ CpG	245 ± 1	-26 ± 1	0.150 ± 0.020
Al(OH) <sub>3</sub>	3147 ± 197	16±2	0.415 ± 0.018
Al(OH) <sub>3</sub> / OVA	916 ± 17	-29 ± 1	0.231 ± 0.020
Al(OH) <sub>3</sub> / CpG	$3584 \pm 74$	9 ± 1	0.407 ± 0.026
Al(OH) <sub>3</sub> / OVA/ CpG	570 ± 19	-35 ± 2	0.210 ± 0.020

**Table 2.** Physical properties of alum or DODAB BF dispersions combined with ovalbumin (OVA) and/or CpG oligonucleotide. Concentrations are 0.1mg/mL OVA, 0.1mM DODAB BF, 0.1mg/mL Al(OH)<sub>3</sub> and 20µM CpG. Reprinted from reference [97]. Reprinted from Journal of Controlled Release, 160/2, Julio H.K. Rozenfeld, Sandriana R. Silva, Priscila A. Ranéia, Eliana Faquim-Mauro, Ana M. Carmona-Ribeiro, Stable assemblies of cationic bilayer fragments and CpG oligonucleotide with enhanced immunoadjuvant activity *in vivo*, 367-373.Copyright 2012, with permission from Elsevier.

At 0.1 mg/mL OVA, the dependence of DODAB BF/OVA size and zeta-potential on time and [DODAB] established 0.1 mM DODAB as suitable for obtaining stable and cationic DODAB BF/ OVA assemblies [97]. At 0.1 mM DODAB, 0.1 mg/mL OVA and 0.006 mM CpG, the zeta-potential is zero showing charge neutralization [97]. At [CpG]> 0.006 mM, good colloidal stability for the anionic assemblies due to charge overcompensation was observed whereas at 0.020 mM CpG, these DODAB BF/OVA/CpG assemblies turned out to be highly effective *in vivo* generating responses similar to those elicited by the stable and cationic DODAB BF/OVA. The anti-OVA delayed-type hypersensitivity (DTH) reaction and the secretion of IFN-gamma and IL-12 resulted 6, 42 and 9 times larger for the DODAB BF/OVA/CpG-immunized mice than the same responses by OVA-immunized mice, respectively [97].Figure 7 A and B illustrate the colloidal stability of the assemblies over a range of DODAB concentrations.

The delayed-type hypersensitivity reaction (DTH) is an important *in vivo* response mediated by cells that can be quantified from the footpad sweelling test [44]. Mice immunized with OVA alone or with DODAB BF/CpG or with OVA / Al(OH)<sub>3</sub> exhibited a footpad swelling equal to the one observed for naive mice [97]. The largest increase in footpad swelling was observed for DODAB BF/OVA/CpG mice immunization, which was about 6 times larger than the one observed for naive mice and 1.3 times larger than the one observed for DODAB BF/OVA [97]. Figure 7 C shows the improved DTH response in mice induced by the assemblies as adapted from reference [97].

Since OVA isoelectric point is 4.5 [98], this protein is negatively charged at 6.3, the pH of water. Thus, OVA adsorption onto DODAB BF is initially electrostatically driven. The OVA titration with DODAB BF determined ranges of DODAB concentration for occurrence of stable DODAB BF/OVA assemblies as illustrated in Figure 7 A and B. Similar results had been previously described also for DODAB BF/ bovin serum albumin or DODAB BF/ purified antigens from *Taenia crassiceps* [27]. When the net charge of the assemblies is zero (at charge neutralization), maximal aggregation was observed for the assemblies. Further increasing DODAB concentration, stabilized them to a certain extent (Figure 7 B). However, sizes and polydispersities were still higher than those of DODAB BF in absence of OVA. Optimal colloidal stability was only achieved upon CpG addition to the system yielding high and negative zeta-potentials plus remarkably small polydispersity [98]. Oligonucleotides with less than 20 nucleotide residues usually behave as rigid charged rods in solution [99]. CpG would also adsorb as rigid charged rods on vacant positive sites of DODAB BF/ OVA assemblies inducing charge overcompensation and recovery of colloidal stability as previously described for a model oligonucleotide above charge neutralization [56].

Figure 7 also illustrates the improvement in the cellular OVA-specific response from the analysis of cytokines secreted by lymph node cells of mice as adapted from reference [97]. IFN- $\gamma$  and IL-12 production is associated to the Th1 response whereas IL-10 and IL-13 production reflects the Th2 response. Levels of IFN- $\gamma$  and IL-12 secretion observed in cell cultures of mice immunized with OVA or Al(OH)<sub>3</sub>/ OVA were low and close to the detection limit for these cytokine assays (Figure 7). For mice immunized with OVA/CpG or DODAB BF/OVA assemblies, the secretion of IFN- $\gamma$  and IL-12 substantially increased in comparison to secretion from cultured cells of OVA-immunized mice [97]. For the DODAB BF/OVA/CpG immunized mice,

the secretion of IFN- $\gamma$  and IL-12 increased by 33 and 49 %, respectively when compared to DODAB BF/OVA-immunized mice group and 52% and 35% when compared to OVA/CpGgroup. In contrast, the highest secretion of IL-10 and IL-13 was observed in cultures of cells from mice that were immunized with Al(OH)3 /OVA whereas all other assemblies resulted in poor production of these cytokines [97]. Immune responses were similar for anionic DODAB BF/OVA/CpG and cationic DODAB BF/OVA of similar sizes showing that the charge is not important but the size is. The adsorption of antigen on the surface of DODAB large vesicles was shown to stimulate active antigen capture and presentation by dendritic cells (DCs) [41]. Administration of antigen adsorbed on DODAB large vesicles (LV) resulted in formation of an antigen depot at the site of injection which hampered the rapid clearance of antigen that takes place in absence of a carrier [100]. In contrast to DODAB LV, the small DODAB BF/ antigen assemblies did not result in any observable depot effect [27, 97]. Furthermore, since the depot was absent for DODAB BF/CpG/OVA the immunostimulatory effect must have occurred via direct effect of the assemblies on the lymphonode antigen presenting cells [97]. Only nanoparticles can specifically target lymph node-resident cells [101]. CpG combined with DODAB BF yielded improved cellular Th1 response [97] possibly due to the appropriate targeting of DODAB BF/CpG/antigen to DCs in charge of expressing endosomal toll like receptor 9 (TLR9) in the lymph nodes [102]. The enhanced Th1 response by anionic DODAB BF/OVA/CpG relative to OVA alone was evidenced by the 6 times increase in DTH reaction, the 42 times increase in IFN- $\gamma$  secretion by lymph node cells in culture and the 9 times increase in IL-12 secretion also by lymph node cells in culture (Figure 7) [97].

Other delivery systems based on anionic [103] or cationic lipid bilayer [41,44,100,104,105] have also been successful for improving Th1 response against important antigens such as those of influenza [103], hepatitis A and B [103,104], and fungal infections [105]. In general, cationic lipids are known for the production of a large inflammatory response [41, 44]. However, for small cationic bilayer fragments as immunoadjuvants, this adverse reaction is absent [27, 97]. The small and anionic DODAB BF/OVA/CpG assemblies [97] also did not elicit adverse reactions similarly to other anionic assemblies [103]. There was no depot effect for these small assemblies [97] and their net negative charge ensured the absence of the adverse reactions observed previously for the large cationic liposomes and vesicles [100]. Recently, based on cross reactivity with *Neisseria lactamica* outer membrane vesicles (OMV) antigens, DODAB BF were combined with OMV to develop a vaccine against *Neisseria meningitidis* in young children [106]. Complexes of 25  $\mu$ g of OMV in 0.1 mM of DODAB BF were colloidally stable, exhibiting optimal physical properties for efficient antigen presentation [106].

# 3. Cationic nanostructures based on chitosan and other biocompatible polymers

Chitin is a long-chain polymer of N-acetylglucosamine, a derivative of glucose which can be deacetylated to yield chitosan as shown in Figure 8.



**Figure 7.** Nanostructures of cationic bilayer fragments and CpG oligonucleotide with enhanced immunoadjuvant activity *in vivo*. In (A), the effect of time and DODAB concentration on zeta-average diameter of DODAB BF/OVA assemblies is seen from the kinetics obtained after adding DODAB BF at a final concentration of 0.005 ( $\blacksquare$ ); 0.01 ( $\odot$ ); 0.02 ( $\triangle$ ); 0.05 ( $\nabla$ ); 0.1 ( $\diamond$ ); 0.2 ( $\square$ ); 0.5 ( $\bullet$ ) and 1mM DODAB ( $\triangle$ ) to 0.1mg/mL OVA. In (B), kinetical data are detailed for the larger DODAB BF concentrations.Assemblies were prepared in 1mM NaCl.In (C), delayed-type hypersensitivity response for BALB/c mice immunized with OVA in different adjuvant formulations determined from the footpad swelling (nm) ± standard error of the mean. Final concentrations are 0.1mM DODAB BF, 20 $\mu$ M CpG and 0.1mg/mL Al(OH)<sub>3</sub> and 0.1mg/mL OVA. p< 0.05 compared to naive ( $\odot$ ), p< 0.05 compared to OVA/Al(OH)<sub>3</sub> (#) and p< 0.05 compared to OVA/DODAB/CpG ( $\triangle$ ) from reference [97].Adapted from Journal of Controlled Release, 160/2, Julio H.K. Rozenfeld, Sandriana R. Silva, Priscila A. Ranéia, Eliana Faquim-Mauro, Ana M. Carmona-Ribeiro, Stable assemblies of cationic bilayer fragments and CpG oligonucleotide with enhanced immunoadjuvant activity *in vivo*, 367-373.Copyright 2012, with permission from Elsevier.

Since they are biocompatible, biodegradable by deacetylases, mucoadhesive, and nontoxic, with antimicrobial, antiviral, and adjuvant properties, chitin, chitosan and their derivatives have been widely applied in medicine, pharmacy and vaccine design [107, 108]. Chitosan is soluble in diluted acids but is insoluble in water due to deprotonation of its amino moiety [109]. The poor solubility of chitosan at the pH of water represents a serious limitation for its applications as an immunoadjuvant in the clinics [107]. Several chitosan derivatives have been obtained to circumvent this limitation.For example, by attaching galactose moieties to the



Figure 8. Chitin yielding chitosan by deacetylation.

chitosan molecules, a new water-soluble compound, glycated chitosan (GC), was synthesized [109,110]. GC is a non-toxic biodegradable product used in laser immunotherapy (LIT) which combines local laser irradiation and local administration of GC at primary or metastatic cancers where the tumoral antigens of the irradiated tumor cells combined with GC elicit a potent immune response against the cancer [111,112]. After the first step involving tumor irradiation with a laser beam that causes swelling and disruption of tumor cells by thermal effect, the local injection of GC as immunoadjuvant would lead to the capture of the tumoral antigens by dendritic cells and migration to the lymph nodes where the antigens would be presented to T cells, thus activating cytotoxic T-lymphocytes [113-115]. LIT using GC induced regression of primary and secondary tumours in rats and caused resistance to repeated challenges with tumours of the same type [116]. Furthermore, rats developed immunity could be adoptively transferred [116].

Chitosan nanoparticles have been obtained by ionotropic gelation, complex coacervation, emulsion and microemulsion techniques, and self-assembly of hydrophobically modified chitosan [117]. Ionotropic gelation consists of the ionic crosslinking of chitosan with multivalent counter-ions such as sodium tripolyphosphate (TPP) by adding a dilute chitosan acid solution to a solution of TPP or vice versa, with stirring [118]. Chitosan particles of nanometric size were obtained for chitosan concentrations up to 2.8 g L<sup>-1</sup> and TPP concentrations from 0.21 to 0.43 g  $L^{-1}$ . The size and surface charge of particles can be modified by varying the ratio of chitosan and stabilizer. The main problematic aspects of the technique are the poor colloidal stability of the dispersion which may require the addition of stabilizers, and the need of using very dilute solutions which may be inconvenient when large amounts of nanoparticles are required [117]. Complex coacervation is achieved by mixing two oppositely charged polyelectrolytes. The polyelectrolyte or coacervate complex is structured as nanoparticles. Chitosanpoly (acrylic acid) (PAA) nanoparticles carrying a positive charge with sizes from 50 to 400 nm were obtained by the dropwise addition of dilute chitosan solutions [119]. Carboxymethylcellulose and alginate have also been complexed with chitosan to prepare nanoparticles. Chitosan-carboxymethylcellulose nanoparticles were subsequently coated with plasmid DNA (pDNA) [120]. Chitosan-alginate nanoparticles were loaded with insulin [121]. Nanoparticles have also been obtained in which the polyanion is the active principle itself as for example heparin or DNA or even siRNA. Chitosan-heparin nanoparticles crosslinked with TPP were described [122]. Figure 9 shows on the left a scanning electron micrograph of chitosan-heparin nanoparticles adapted from reference [117] and, on the right, an atomic force micrograph of chitosan-carboxymethylcellulose nanoparticles [123] prepared by complex coacervation without using without using any organic solvent or crosslinker. These coacervates have the interesting property of combining with cisplatin [123] but can also be combined with peptides, proteins and DNA and therefore are potentially useful for vaccine design.



**Figure 9.** Nanoparticles obtained by complex coacervation of oppositely charged polyelectrolytes: chitosan-heparin on the left [117] and chitosan-carboxymethylcellulose on the right [123].On the left, adapted with permission from Peniche H, Peniche C. Polym Int. Chitosan nanoparticles: a contribution to nanomedicine.2011; 60:883–889. DOI: 10.1002/pi.3056, http://onlinelibrary.wiley.com/doi/10.1002/pi.3056/abstract. Copyright 2011, John Wiley and Sons.On the right, adapted with permission from Vieira DB, Kim V, Petri DFS, Menck CFM, Carmona-Ribeiro AM. Supramolecular assemblies of cisplatin and polyelectrolytes: preparation, characterization and activity against cancer cells. In: Laudon M, Romanowicz B. (eds.) Nanotech Conference & Expo 2012: An Interdisciplinary Integrative Forum on Nanotechnology, Microtechnology, Biotechnology and Cleantechnology, Santa Clara, CA, United States, June 18-21, 2012 (2012), 3, 182-185. Publisher: (CRC Press, Boca Raton, FLA) ISBN 978-1-4665-6287-5.

Other interesting chitosan derivatives have been synthesized and used for the preparation of nanoparticles such as N-trimethylchitosan (TMC) and mono-N-carboxymethyl chitosan (MCC) [124]. In general, mucosal applications of antigens result in poor immune responses. Therefore, mucoadhesive adjuvants are required to enhance the immune response by improving both antigen protection and its cellular uptake. Nanoparticles of TMC or MCC were prepared using the ionic gelation method and loaded with tetanus toxoid (TT) exhibiting high loading efficacy (>90% m/m), sizes within the range of 40-400nm and negative or positive surface charge for MCC and TMC, respectively [124]. The structural integrity of the TT in the formulations was confirmed by SDS-PAGE electrophoresis and the intranasal application in mice elicited high serum IgG titres [124].Figure 10 illustrates the excellent uptake by macrophages of these nanoparticles labeled with a green fluorescent marker as adapted from [124].

Due to the positive charge of chitosan and TMC, and the negative charge of TT, the antigen loading is driven by the electrostatic attraction. There is also a superior association and internalization of chitosan or chitosan derivatives nanoparticles with cells due to their mucoadhesive character [125-127]. CS nanoparticles have a higher association and internalisation with gastrointestinal tissue cells due to electrostatic interactions compared to polystyrene nanoparticles [125]. More recently, hybrid nanoparticles based on the complexation between oppositely charged chitosan derivatives (positively charged TMC and negatively



**Figure 10.** Uptake of chitosan (a), TMC (b) and MCC nanoparticles loaded with bovine serum albumin and labeled with a green fluorescent marker adapted from reference [124].Reprinted from International Journal of Pharmaceutics, 363/1–2, B. Sayın, S. Somavarapu, X.W. Li, M. Thanou, D. Sesardic, H.O.Alpar, S. Şenel, Mono-N-carboxymethyl chitosan (MCC) andN-trimethyl chitosan (TMC) nanoparticles for non-invasive vaccine delivery, 139-148. Copyright 2008, with permission from Elsevier.

charged MCC) without using any organic solvent or crosslinker yielded results similar to those described for the non hybrid nanoparticles [128].

A very promising approach is the development of vaccines based on the initiation of immune response by transfecting dendritic cells (DC) with DNA encoding tumor-associated antigens or immunostimulatory molecules such as cytokines or chemokines [129]. Although unmodified chitosan may not be a good gene delivery carrier for DCs because of its low transfection efficiency, some modified chitosans showed improved behavior in delivering genes into DCs. IL-12 gene was delivered to DCs in vivo using mannosylated chitosan (MC) via mannose receptor-mediated endocytosis [130,131]. MC not only has good physicochemical properties and low cytotoxicity, but also transfect DCs with much higher efficiency than do the unmodified chitosan particles in vitro [130]. In vivo, intratumoral injection of MC /plasmid encoding murine IL-12 complex into BALB/c mice bearing CT-26 carcinoma cells clearly suppressed tumor growth and angiogenesis, and significantly induced cell cycle arrest and apoptosis [131]. Mannose-bearing chitosan nanoparticles were also synthesized to entrap complexes of DNA with polyethyleneimine (PEI) and improve the delivery of DNA into antigen-presenting cells (APCs) after intramuscular (i.m.) injection [132]. Compared with the traditional chitosan microspheres, these nanoparticles targeted the DCs (which express a high density of mannose receptors when they are immature) and released their PEI/DNA cargo inside them. After i.m. immunization, the MC/PEI/DNA nanospheres induced significantly enhanced serum antibody and cytotoxic T lymphocyte (CTL) responses in comparison to naked DNA [132]. Figure 11 shows the MC/PEI/DNA nanoparticles and superior cumulative DNA release in vitro of these nanoparticles in PBS buffer as adapted from reference [132].

In recent years, DC vaccines, especially DNA-based DC vaccines, have been the focus of attention in immunotherapy against cancer [129]. Genetically engineered DCs previously modified *in vitro* can then be implanted *ex vivo* and activate the tumor-specific CTL response for the killing of cancer cells [129]. Most of these immunotherapy approaches based on DCs genetic modification for the treatment of melanoma [133,134], renal carcinoma [135] and other malignant diseases [136] are in phase I/II clinical trials. However, in many of these clinical trials adenovirus vector is the carrier still employed for DCs modification [137].Since the major



**Figure 11.** Atomic force micrograph of MC nanoparticles. Release profiles of chitosan and MC nanoparticles as determined from 10 mg of nanoparticles suspended in 1 ml of PBS at pH 7.4 (120mM NaCl, 2.7mM KCl, 10mM PBS) at 37 °C under stirring. At predetermined time intervals, the suspension was centrifuged and replaced with the same volume of fresh medium. The DNA concentration in the supernatant was determined by absorbance at 260nm.Adapted with permission from reference [132]. Reprinted from Journal of Controlled Release, 121 /3, Xianfeng Zhou, Bin Liu, Xianghui Yu, Xizhen Zhang, Yu Chen, Xueyun Wang, Yinghuan Jin, Yongge Wu, Yue Chen, Yaming Shan, Yan Chen, Junqiu Liu, Wei Kong, Jiacong Shen, Controlled release of PEI/DNA complex from mannose-bearing chitosan microspheres as a potent delivery system to enhance immune response to HBV DNA vaccine, 200-207. Copyright 2007, with permission from Elsevier.

barrier for the use of nonviral carriers is their low transfer efficiency compared with viral vectors, the design of novel and efficient nonviral carriers remains a most warranted area of research. Recently, CpG was combined with chitosan in order to enhance the Th1 and Th17-cell polarizing cytokines representing a convenient strategy to elicit cell-mediated immunity [138]. Alum, aluminium phosphate and calcium phosphate adjuvants, as well as biodegradable PLG microparticles, inhibited the secretion of bioactive IL-12 by DCs. Thus many of the most widely used adjuvants in preclinical and clinical use exert a specific inhibitory effect on the secretion of IL-12 by DCs. In contrast, chitosan does not inhibit IL-12 secretion and CpG-chitosan is a potent stimulus for the induction of pro-inflammatory T-cell responses [138]. CpG-chitosan [138] behaved similarly to DODAB BF/CpG [98].

The design of DC-based vaccines depends strongly on the generation of effective DCs, so that technologies are needed that produce high antigen expression as a result of delivering DNA encoding antigen into the nucleus of DCs. Barriers to gene delivery into cells start with cell adhesion and uptake, escape from endosomes to the cytoplasm prior to fusion with the lysosomes, trafficking to the nucleus and uptake by the nucleus [139]. In particular, large foreign molecules such as proteins and genes are mostly unable to enter the nucleus of non-dividing cells. An interesting strategy has been the combination of cationic nanoparticles with a nuclear localization signal (NLS) which enhanced pDNA delivery to the nucleus of DCs when combined with electroporation [140].

There is a consensus in the literature that additional immunostimulation provided by LPS, CpG and other molecules are required to improve the Th1 response of cationic chitosan or quaternized trimethylchitosan (TMC) [138,141]. These nanoparticles containing ovalbumin as a model antigen (TMC/OVA nanoparticles) and an immunopotentiator (TMC/OVA/immunopotentiator nanoparticles) were recently evaluated [141]. The selection of immunopotentiators included Tolllike receptor (TLR) ligands lipopolysaccharide (LPS), PAM3CSK4 (PAM), CpG

DNA, the NOD-like receptor 2 ligand muramyl dipeptide (MDP) and the GM1 ganglioside receptor ligand, cholera toxin B subunit (CTB). The TMC/OVA/immunopotentiator nanoparticles were characterised regarding their immunogenicity by determining the serum IgG, IgG1, IgG2a titres and secretory IgA levels in nasal washes after intradermal and nasal vaccination in mice. After nasal vaccination, TMC/OVA nanoparticles containing LPS or MDP elicited higher IgG, IgG1 and sIgA levels than non-adjuvanted TMC/OVA particles, whereas nanoparticles containing CTB, PAM or CpG did not. After intradermal vaccination, the TMC/OVA/CpG and TMC/OVA/LPS nanoparticles provoked higher IgG titres than plain TMC/OVA particles [141]. Co-encapsulation of the antigen and an additional immunopotentiator into TMC nanoparticles improved the immunogenicity of the vaccine [141].

Nanoparticles of Fe<sub>3</sub>O<sub>4</sub> coated with glutamic acid plus PEI were used to encapsulate DNA encoding a potent antigen of *Mycobacterium tuberculosis* (Ag85A-ESAT-6) plus IL-21 generating a strong immune response and marked growth inhibition of *M. tuberculosis* in mice [142]. More importantly, compared with using DNA vaccine Ag85A-ESAT-6-IL-21 alone, the nanoparticle-based DNA vaccine Ag85A-ESAT-6-IL-21 showed a statistically significant increase in the protective efficacy against *M. tuberculosis* infection in the immunized mice [142]. The expression of both the fusion protein of Ag85A-ESAT-6 and secreted IL-21 protein was confirmed by western blot [142]. Cationic poly(lactide-co-glycolide) (PLGA) nanoparticles were obtained by coating the PLGA nanoparticles with chitosan and used as an intranasal delivery vehicle as a means of administering foot and mouth disease virus (FMDV) DNA vaccine encoding the FMDV capsid protein and the bovine IL-6 gene as a means of enhancing mucosal and systemic immune responses in animals [143]. Guinea pigs and rats were intranasally vaccinated with the respective chitosan-coated PLGA nano/microparticles-loaded FMDV DNA vaccine formulations; the IL-6 gene was important as an additional immunoestimulator [143].

Cationized gelatin nanoparticles (GNPs) were used as carriers to improve delivery of immunostimulatory CpG oligonucleotides (CpG ODN) both in vitro and in vivo [144]. Gelatin nanoparticles were prepared according to the two step desolvation method including further optimization [145].Briefly, 1.25 g gelatin was dissolved in 25 ml highly purified water (5%w/w) at 50oC under constant stirring (700 rpm). The first desolvation step was initiated by quick addition of 25 ml acetone. After discarding the supernatant containing low molecular weight fractions of gelatin, the sediment was redissolved in 25 ml water under constant stirring at 50 oC. Depending on the desired particle size, the pH was then adjusted to a value between 2.3 (approx.resulting particle size: 150 nm) and 3.0 (approx. resulting particle size: 300 nm).Subsequently, the second desolvation step was initiated by drop-wise addition of 50 ml acetone (during constant stirring at 700 rpm) and resulted in the formation of nanoparticles. The nanoparticles were stabilized by cross-linking with glutaraldehyde (150 ml of a 25% solution) under stirring. After 12 h the particles were purified from non-reacted glutaraldehyde by centrifugation and redispersion in water. Cationization of the nanoparticles was achieved through introduction of a quaternary amino group by covalent coupling of cholaminechloride hydrochloride onto the particles surface. The delivery by cationic gelatin nanoparticles strongly increased the imunostimulatory effects of CpG oligonucleotides [144]. The effects of CpG are not restricted to modulation of immune responses in vaccine adjuvants. CpG itself has been considered for the treatment of asthma and other allergic diseases [62]. CpG oligonucleotides (CpG–ODN, resembling bacterial DNA) engage TLR-9 on B-cells, dendritic cells and other cell types, resulting in a cascade that includes induction of Th1-type and T-regulatory-type immune responses. Preclinical models of asthma have demonstrated that CpG–ODN are potent inhibitors of atopic responses, suppressing Th2 cytokine and, reducing airway eosinophilia, systemic levels of IgE, and bronchial hyperreactivity-in short the critical attributes of the asthmatic phenotype. In models of chronic allergen exposure, CpG-ODN are also effective at preventing the development of airway remodeling. In established asthma, CpG-ODN can reverse manifestations of disease, both when used alone or in combination with allergen immunotherapy. Early clinical trials have had mixed results, including a significant benefit when CpG–ODN were conjugated to ragweed allergen in an allergic rhinitis immunotherapy study, but only limited efficacy seen when administered prior to allergen challenge in asthmatics [145]. Further study of CpG–ODNs for the treatment of asthma and other atopic disorders is warranted by existing data.Figure 12 summarizes the cellular trafficking of CpG [62].



**Figure 12.** CpG–ODNs are bound by CpG binding protein at the cell surface. The oligonucleotide then undergoes endocytosis where it is bound by TLR9 in the endosome. TLR9 then interacts with MyD88 and the IKK complex and is translocated to the cell nucleus. Once in the cell nucleus, the CpG ODNs activate NF-kB and initiate the induction of cytokines and chemokines. Reproduced with permission from reference [62]. Reprinted from Advanced Drug Delivery Reviews, 61 / 3, David E. Fonseca, Joel N. Kline, Use of CpG oligonucleotides in treatment of asthma and allergic disease, 256-272. Copyright 2009, with permission from Elsevier.
Polymer-based nanoscale assemblies based on cationic polymers have been intensively searched for biomedical applications [146-148]. Poly(2-aminoethyl methacrylate) (PAEM) cationic homopolymers with defined chain length and narrow molecular weight distribution were synthesized using atom transfer radical polymerization (ATRP), and PAEM/plasmid DNA polyplexes interaction with DCs showed its potential for DNA vaccines [149]. PAEM of different chain lengths (45, 75, and 150 repeating units) showed varying strength in condensing plasmid DNA into narrowly dispersed nanoparticles with very low cytotoxicity. Longer polymer chain length resulted in higher levels of overallcellular uptake and nuclear uptake of plasmid DNA, but shorter polymer chains favored intracellular and intranuclear release of free plasmid from the polyplexes [149]. When a model antigen-encoding ovalbumin plasmid was used, transfected DCs stimulated the activation of naïve CD8 (+) T cells to produce high levels of interferon- $\gamma$ . The efficiency of transfection, DC maturation, and CD8 (+) T cell activation showed varying degrees of polymer chain-length dependence [149].These structurally defined cationic polymers may have much potential as efficient DNA vaccine carriers and immunoadjuvants.

Other strategies involve the production of hybrid nanoparticles. For example, biocompatible polymeric particles of poly caprolactone were coated with chitosan for effective immunization against influenza using recombinant Influenza A virus (A/California/07/2009) H1N1 hemagglutinin (HA) protein, for the induction of humoral, cellular and mucosal immunity [150]. CS-PCL nanoparticles (cationic nanoparticles) produced humoral (both systemic and mucosal) and cellular immune responses upon nasal administration demonstrating high potential for their use as a carrier adjuvant for nasal administered influenza antigens [150]. Other example is represented by biocompatible core-shell cationic nanoparticles, composed of an inner hard core of poly(methylmethacrylate) (PMMA) and a hydrophilic tentacular shell bearing positively charged groups and poly(ethyleneglycol) chains covalently bound to the core prepared by emulsion polymerization and characterized in vitro and in vivo for DNA vaccine applications [151]. The nanoparticles reversibly adsorbed large amounts of DNA, mainly through electrostatic interactions, preserved its functional structure, efficiently delivered it intracellularly, and were not toxic in vitro or in mice [151]. Furthermore, two intramuscular (i.m.) immunizations (4 weeks apart) with a very low dose (1 microg) of the plasmid pCV-tat delivered by these nanoparticles followed by one or two protein boosts induced significant antigen-specific humoral and cellular responses and greatly increased Th1-type T cell responses and CTLs against HIV-1 Tat [151].

Chitosan-based DNA vaccines against Japanese encephalitis virus using transdermal immunization were prepared by using the associative feature of cationic chitosan and anionic DNAs which formed nanoscale complexes [152]. The expression of green fluorescent protein (GFP) reporter gene was observable and traceable in epidermis and spleen over 3 days. The expressions of GFP and the activation of dendritic cells (DCs) were evident and co-localized in hair follicles and epidermis. Mice immunized with the developed chitosan-JEV DNA vaccines elicited desired JEV specific antibodies, whereby the mice maintained high survival rates against 50xLD(50) JEV challenge. The low-pressure-gene-gun mediated chitosan-based JEV DNA vaccines have proven to be convenient and efficacious, thereby with high capacity in deployment for future prophylaxis against JEV outbreaks [152].

Pullulan, a fungal exopolysaccharide produced from starch is a water soluble, neutral linear biopolymer consisting of  $\alpha$ -1,6-linked maltotriose residues. Recently, a cationic cholesteryl group-bearing pullulan (cCHP) derivative was used to obtain self-assembled nanogels for administering an intranasal vaccine containing a non-toxic subunit fragment of *Clostridium* botulinum type-A neurotoxin BoHc/A (cCHP-BoHc/A) which continuously adhered to the nasal epithelium and was effectively taken up by mucosal dendritic cells after its release from the cCHP nanogel. Vigorous botulinum-neurotoxin-A-neutralizing serum IgG and secretory IgA antibody responses were induced without co-administration of mucosal adjuvant. Importantly, intranasally administered cCHP-BoHc/A did not accumulate in the olfactory bulbs or brain. Moreover, intranasally immunized tetanus toxoid with cCHP nanogel induced strong tetanus-toxoid-specific systemic and mucosal immune responses suggesting that cCHP nanogel can be used as a universal protein-based antigen-delivery vehicle for adjuvant-free intranasal vaccination [153]. Recently, the same system was used to deliver a vaccine against pneumonia [154]. This pneumococcal vaccine combined the advantages of pneumococcal surface protein A (PspA) with a nontoxic intranasal vaccine delivery system based on a nanometer-sized hydrogel cCHP. The efficacy of the nanogel-based PspA nasal vaccine (cCHP-PspA) was tested in murine pneumococcal airway infection models. Intranasal vaccination with cCHP-PspA provided protective immunity against lethal challenge with Streptococcus pneumoniae Xen10, reduced colonization and invasion by bacteria in the upper and lower respiratory tracts, and induced systemic and nasal mucosal Th17 responses, high levels of PspA-specific serum immunoglobulin G (IgG), and nasal and bronchial IgA antibody responses. Moreover, there was no sign of PspA delivery by nanogel to either the olfactory bulbs or the central nervous system after intranasal administration showing the effectiveness and safety of the nanogel-based PspA nasal vaccine system as a universal mucosal vaccine against pneumococcal respiratory infection.

Lipid-biopolymer hybrid systems have long been described for incorporation of pDNA [155].Cationic liposomes mixed with pDNA that had been pre-condensed with a polycation (e.g. protamine) yielded the LPD formulation or lipid-polymer-DNA (DOTAP, protamine, pDNA) [156]. As compared to conventional lipoplexes, the double bilayer of LPD confers greater stability and structural homogeneity to the assemblies [156]. Strong antitumor immunity could be generated when a peptide antigen was incorporated into LPD (cationic liposome-polycation-pDNA) nanoparticles [155, 156]. In another study, both the cationic liposome and DNA were shown to be required for the full immunostimulation activity of LPD [157]. The unique ability of LPD to readily move into local lymphoid tissues and to activate antigen-presenting cells might be responsible for its strong immunostimulatory activity [157]. Moreover, cationic liposome stimulates the expression of CD80/CD86 on dendritic cells (DCs), but not the release of TNF-alpha from DCs, suggesting the existence of a NF-kappa B-independent immunostimulation pathway for cationic lipids such as DOTAP [157].The LPD complexes were nanoparticles with less than 100 nm of mean diameter due to the compaction of DNA induced by the polycation [158].

Similarly, cationic maltosylated PEI (mPEI) was electrostatically complexed to a plasmid encoding the human papillomavirus (HPV) type 16L1 protein (pHPV16L1), and further complexed to a maltose binding protein (MBP)-fused human papilloma virus type 16L1 fusion protein (HPV16L1-MBP) [159]. The intracellular co-delivery of protein and plasmid DNA vaccines was significantly higher for mPEI-based triple nanocomplexes than for a simple physical mixture of the proteins and DNA [160]. The high expression levels were comparable to those obtained using dual complexes of mPEI and the plasmid DNA. In vivo, co-immunization of mice with HPV16L1-MBP/mPEI/pHPV16L1 nanocomplexes triggered the highest levels of humoral immune responses among various vaccination groups and there was a significant increase in the number of interferon- $\gamma$  producing CD8 (+) T cells compared with the use of mixed proteins and plasmid DNA. This approach could enhance the immunogenicity of HPV16L1 vaccines [159].

Platelet-derived growth factor-bb (PDGF-BB) and fibroblast growth factor-2(FGF-2) are known to induce chemotaxis, proliferation, differentiation, and matrix synthesis so that growth factor therapy is an emerging treatment modality that enhances tissue vascularization, promotes healing and regeneration and can treat a variety of inflammatory diseases or promote healing of chronic wounds [160]. Chitosan was combined with PDGF-BB and FGF-2 genes to induce the therapeutic expression of these genes in mice. The percentage of the residues that are glucosamine is called the degree of deacetylation (DDA). PDGF-BB and FGF-2 genes were amplified from human tissues by RT-PCR. To increase the secretion of FGF-2, a recombinant 4sFGF-2 was constructed bearing eight amino-acid residues of the signal peptide of FGF-4. PCR products were inserted into the expression vector pVax1 to produce recombinant plasmids pVax1-4sFGF2 and pVax1-PDGF-BB, which were then injected into BALB/C mice in the format of polyelectrolyte nanocomplexes with specific chitosans of controlled DDA and molecular weight, including 92-10, 80-10, and 80-80(DDA-number average molecular weight or M(n) in kDa) [160]. ELISA assays on mice sera showed that recombinant FGF-2 and PDGF-BB proteins were efficiently expressed and specific antibodies to these proteins could be identified in sera of injected mice, but with levels that were clearly dependent on the specific chitosan used [160]. High DDA low molecular weight chitosans were efficient protein expressors with minimal or no generation of neutralizing antibodies, while lowering DDA resulted in greater antibody levels and correspondingly lower levels of detected recombinant protein. Histological analyses corroborated these results by revealing greater inflammatory infiltrates in lower DDA chitosans, which produced higher antibody titers [160]. The subcutaneous delivery of the plasmids was more efficient than the one by intramuscular injection [160]. Certain chitosans can be efficient, non-toxic and therapeutic protein delivery systems or vectors for DNA vaccines [160]. The recent advances that have led to a more rational design of chitosan polyplexes has recently been reviewed [161]. Recent progress in preparation and characterisation of chitosan based polyplexes has enabled coupling analysis of chitosans structural parameters that has led to increased transfection efficiency by tailoring of chitosan's structure in accordance with a more rational design of chitosan polyplexes [161].

Genetic vaccination against leishmaniasis has been intensively pursued by Rafati's group [162-166]. Leishmaniasis is a major health problem in many tropical and sub-tropical countries

and development of a safe and easily-available vaccine has high priority. Several antigens potentially capable of inducing protective immunity have been studied like cathepsin L-like cysteine proteinases (CPs) and type Iand II CPs used in a heterologous prime-boost vaccination regime for experimental visceral leishmaniasis in dogs. Due to the promising results of the mentioned vaccination regime, cationic solid lipid nanoparticles (cSLNs) for in vitro delivery of these antigens were used as a cocktail DNA vaccine to deliver immunogenic CP genes efficiently. Briefly, the cationic lipid DOTAP (0.4% w/v) was dissolved in hot aqueous phase which was then added to the melted cetyl palmitate and cholesterol (5.1%w/v) phase containing tween 80 as a nonionic surfactant at 3.2:1molar ratio. Emulsification was carried out by stirring the mixture at 2000 rpm for 10 min at 90°C. Samples were then homogenized using a high shear homogenizer at 18,000 g for 15 min and the cSLN dispersion was obtained by direct cooling of hot O/W microemulsion on an ice-bath while stirring at 1000 rpm. The cSLNs were washed by centrifugation (6000 g, 10 min, three times) using 100 kDa ultra centrifugal filters to purify the suspension from the excess of surfactant. Efficiency/cytotoxicity ratio of cSLNpDNAs formulations was comparable to linear PEI-25KD-pDNAs polyplexes while exhibiting significantly lower cytotoxicity [162]. In addition, C-terminal domain deletion in CPs enhanced the protective activity of cpa/cpb loaded solid lipid nanoparticles against *Leishmania major* in BALB/c mice [163]. cSLN's were able to boost immuneresponse magnitude of cpa/cpb(-CTE) cocktail vaccination against leishmaniasis so that the average parasite inhibition percent could be increased significantly [163]. The cSLNs were used to formulate three pDNAs encoding L. major cysteine proteinase type I (cpa), II (cpb) and III (cpc)\[164]. BALB/c mice were immunized twice with a 3-week interval, with SLN-pcDNA-cpa/b/c, pcDNA-cpa/b/c, SLN, SLNpcDNA and PBS.Footpad assessments, parasite burden, cytokine and antibody responses were evaluated. Mice vaccinated with SLN-pcDNA-cpa/b/c significantly (p<0.05) showed higher protection levels with specific Th1 immune response development compared to other groups [164]. This was the first report demonstrating cSLNs as a nanoscale vehicle boosting immune response quality and quantity [164].

Very fundamental questions regarding size and charge of nanoscale cationic assemblies and their role in adjuvanticity have seldom been asked and properly answered [167-169]. The role of surface charge density in cationic liposome-promoted dendritic cell maturation and vaccineinduced immune responses was recently evaluated for a series of DOTAP/DOPC cationic liposomes with different surface densities by incorporating varying amounts of DOPC (a neutrallipid) into DOTAP (a cationic lipid) [167]. The liposomes with a relatively high charge density, such as DOTAP/DOPC 5:0 and 4:1 liposomes, potently enhanced dendriticcell maturation, ROS generation, antigen uptake, as well as the production of OVA-specific IgG2a and IFN- $\gamma$  [167]. In contrast, low-charge liposomes, such asDOTAP/DOPC 1:4 liposome, failed to promote immune responses even at highconcentrations, confirming that the immunoregulatory effect of cationic liposomes is mostly attributable to their surface charge density. Moreover, the DOTAP/DOPC 1:4 liposome suppressed anti-OVA antibody responses *in vivo*. Overall, maintaining an appropriate surface charge is crucial for optimizing the adjuvant effect of cationic liposomes and enhancing the efficacy of liposome-based vaccines. Recently, the high-pressure extrusion method was used to obtain cationic liposomes entrapping pDNA over a range of sizes [168]. This is a well-known sizing method for liposomes, but had not been applied for liposomes that are already loaded with pDNA. Liposomes composed of egg PC, DOTAP, and DOPE with entrapped pDNA were prepared by the dehydrationrehydration method and subjected to various extrusion cycles, comparing different membrane pore sizes and extrusion frequencies [168]. At optimized extrusion conditions, liposome diameter and polydispersity were reduced from 560 nm and 0.56 to 150 nm and 0.14, respectively, and 35% of the pDNA was retained [168]. Importantly, gel electrophoresis and transfection experiments with pDNA extracted from these extruded liposomes demonstrated the preservation of the structural and functional integrity of the pDNA. The reduction in size resulted in enhanced transfection of HeLa cells, as detected by functional expression of the fluorescent protein, eGFP. In addition, these liposomes were able to stimulate Toll-like receptor 9, indicating efficient endosomal uptake and release of the included pDNA. In conclusion, high-pressure extrusion is a suitable technique to size cationic liposomes with entrapped pDNA and allows preparation of well-defined nanosized pDNA-liposomes, with preserved pDNA integrity [168]. Their improved transfection efficiency and ability to activate an important pattern-recognition receptor are favorable properties for DNA vaccine delivery vehicles [168].

The formulation of DNA into both liposomal and polymeric cationic nanoparticles was found to block completely vaccination-induced antigen expression in mice and ex vivo human skin [169]. This detrimental effect of cationic nanoparticle formulation was explained by immobilization of the nanoparticles in the extracellular matrix, caused by electrostatic interactions of the cationic nanoparticles with negatively charged extracellular matrix components [169]. Shielding the surface charge of the nanoparticles by PEGylation improved *in vivo* antigen expression more than 55 fold [169]. Furthermore, this shielding of cationic surface charge resulted in antigen-specific T cell responses that were similar as those induced by naked DNA for the two lipo-and polyplex DNA carrier systems tested [169]. Charge shielding should be generally applied for the development of intradermal vaccine formulations [169].

Various aspects that could be decisive in the formulation of efficient and stable carrier system(s) for the development of malaria vaccine have recently been reviewed [170]. The capacity of multi subunit DNA vaccine encoding different stage *Plasmodium* antigens to induce CD8+cytotoxic T lymphocytes and interferon- $\gamma$  responses in mice, monkeys and humans has been observed [170]. Moreover, genetic vaccination may be capable of eliciting both cell mediated and humoral immune responses. The cytotoxic T cell responses are categorically needed against intracellular hepatic stage and humoral response with antibodies targeted against antigens from all stages of malaria parasite life cycle. Therefore, the key to success for any DNA based vaccine is to design a vector able to serve as a safe and efficient delivery system. Also against malaria the development of non-viral DNA-mediated gene transfer techniques based on artificial vectors such as liposomes, virosomes, microspheres and nanoparticles is strongly warranted [170].

## 4. Conclusions

Cationic nanostructures from lipids, biocompatible polymers, hybrid lipid-polymer or organic-inorganic systems efficiently combine with important biomolecules such as proteins, DNA, epitopes and enhancers of the immune response, most of them negatively charged. Their growing importance for vaccine design becomes evident from the examination of the works briefly described in this overview.

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## Mollusk Hemocyanins as Natural Immunostimulants in Biomedical Applications

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Additional information is available at the end of the chapter

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## 1. Introduction

Hemocyanins, the massive oxygen-transporting glycoproteins found freely dissolved in the hemolymph of some mollusks, are potent natural immunostimulants when inoculated in mammals, enhance the innate and adaptive immune response with beneficial clinical outcomes. Hemocyanins are easily purified and molecularly correspond to large multisubunit structures, some over 10<sup>7</sup> Da (van Holde and Miller, 1995). Currently, hemocyanins are commonly used as carriers/adjuvants for producing antibodies against different antigens. These antigens include tumor-associated antigens (TAAs), such as glycolipid and glycoprotein (mucin-like) antigens in cutting-edge therapeutic vaccines for cancer, along with idiotypes, the most commonly used tumor antigen to prepare vaccines for nearly all non-Hodgkin lymphomas. Other therapeutic strategies using hemocyanins include their use as adjuvants to disrupt self-tolerance to tumor antigens in the generation of ex vivo autologous tumor cell lysate-loaded dendritic cells (DCs) to induce T-cell responses in cancer patients (Del Campo et al., 2011). Furthermore, hemocyanins can be used as non-specific immunostimulants during therapy for recurrent superficial bladder cancer after transurethral surgical resection with negligible toxic side effects, thus making them ideal for longterm on going treatments (Arancibia et al., 2012b).

Biomedical interest in hemocyanins arose in the 1960s when their remarkable immunogenicity and immunostimulatory properties in experimental animals, and in human beings, were discovered. The most popular hemocyanin, due to being the earliest discovered and the first used in biomedical studies, is purified from the giant keyhole limpet gastropod *Megathura crenulata* and is commonly known as **KLH** (keyhole limpet hemocyanin) (Harris



© 2014 The Author(s). Licensee InTech. This chapter is distributed under the terms of the Creative Commons Attribution License (http://creativecommons.org/licenses/by/3.0), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited. and Markl, 1999). However, the limited resource availability and the growing demand for KLH, in addition to the biodiversity of hemocyanins, have led to a growing interest in identifying new hemocyanin candidates with either similar or improved immunological and biochemical properties. Therefore, today, there are a variety of new gastropod hemocyanins that have been purified and studied biochemically and immunologically, including *Concholepas concholepas* (**CCH**) (De Ioannes et al., 2004; Moltedo et al., 2006), *Fissurella latimarginata* (**FLH**) (Arancibia et al., 2014), *Haliotis tuberculata* (**HtH**) (Keller et al., 1999; Markl et al., 2001) and *Rapana thomasiana* (**RtH**) hemocyanins (Idakieva et al., 1993; Tchorbanov et al., 2008).

In this chapter, we reviewed what is presently known about the uses of mollusk hemocyanins as carriers/adjuvants and non-specific immunostimulants in biomedicine, with a general description of hemocyanin structure and, finally, the current knowledge on the innate and adaptive mechanisms involved in the biomedical efficacy of these colossal proteins. Various authors explain the causes of immunogenicity and immunostimulatory effects of hemocyanins in mammals as due to their extremely xenogenic complex structures, which have abundant carbohydrates, and their symmetry, which resembles an icosahedral virus capsid (D5 point group symmetry, i.e., consisting of 10 equivalent subunits). However, this explanation does not account for the mechanisms involved in the effects of hemocyanin on the mammalian immune system; our investigations have attempted to elucidate such mechanisms.

## 2. Structure of the mollusk hemocyanins

Mollusk hemocyanins are enormous glycoproteins (4–8 MDa) formed by an intricate arrangement of 10 subunits, approximately 350-450 kDa each, that are self-assembled into hollow cylinders 35 nm in diameter and are referred to as **decamers**. This structure is easily observed by negative staining using transmission electron microscopy, as shown in Figure 1. Each subunit consists of 7 or 8 globular folded domains known as functional units (FUs), connected by linker peptide strands of 10–15 amino acid residues. FUs vary in size from 45–55 kDa, and each of them is capable of reversibly binding one oxygen molecule through a pair of copper atoms. In gastropod hemocyanins, the hemocyanins being described in this review, the decamers may associate in pairs to form truly immense molecules called **didecamers** with molecular masses of approximately 9 x 10<sup>6</sup> Da (Decker et al., 2007; van Holde and Miller, 1995; Markl, 2013).

An additional feature of hemocyanin structures are their carbohydrate contents, which play fundamental roles in their organization and their immunological efficacy (Paccagnella et al., 2004). Gastropod hemocyanins contain variable, heterogeneous N-and O-glycosylation sites, with as high as 9% (w/w) mannose as the most abundant oligosaccharide (Hall and Wood, 1976). Some hemocyanins possess the Thomsen-Friedenreich antigen disaccharide (T antigen disaccharide Gal $\beta$ 1-3GalNAc $\alpha$ 1-Ser/Thr), which, together with mannose, may play a role in the immune-related properties of hemocyanins (Geyer et al., 2005; Harris and Markl, 1999), as discussed later.



**Figure 1.** Electron microscopy of negatively stained purified mollusk hemocyanin molecules showing their characteristic hollow cylinder form. A. Hemocyanin from the Keyhole limpet (*Megathura crenulata*), known as KLH. B. Hemocyanin from *Concholepas concholepas*, known as CCH. C. Hemocyanin from *Fissurella latimarginata*, known as FLH. The images show the top (circles) and lateral (rectangles) views of the molecules. The side views show the characteristic didecameric forms of the protein, with subunits arranged in layers. The arrow shows decamers. The scale bar represents 100 nm.

## 3. Hemocyanins used in biomedicine

KLH from *Megathura crenulata* has been used for more than 40 years for biomedical and biotechnological applications. In the search for new hemocyanins that might act with similar immunostimulatory properties, the hemocyanins from *Concholepas concholepas* (CCH), *Rapana thomasiana* (RtH) and *Haliotis tuberculata* (HtH) emerge as the most promising. Surprisingly, in this search, we identified a new hemocyanin from *Fissurella latimarginata* (FLH) with superior immunogenicity compared to any other hemocyanin known to date (Arancibia et al., 2014). Background on these hemocyanins and the experimental data that support their potential use as immunostimulants is provided below and summarized in Table 1.

## 3.1. Megathura crenulata hemocyanin (KLH)

The hemocyanin from the giant keyhole limpet *Megathura crenulata*, which naturally lives on the coast of Southern California to Baja California, is a mixture of two immunologically different didecamers, named KLH1 and KLH2. In fact, diverse electrophoretic analyses have revealed that the KLH preparation is made up of two independent oligomeric isoforms that coexist in variable proportions in the animal's circulation, each composed of one type of subunit, KLH1 (350 KDa) and KLH2 (350 KDa) (Gebauer et al., 1999a; Swerdlow et al., 1996). Immunoelectrophoretic analyses using polyclonal antibodies provided insight into the antigenic individuality of these KLH isoforms, indicating that they are very different structurally (i.e., they do not display shared epitopes) (Harris and Markl, 1999). Although both KLH subunits are glycosylated, they differ in their oligosaccharide patterns: KLH1 (3.0% carbohydrate, w/w) has higher mannose content than KLH2 (3.4% carbohydrate, w/w), which has more N-acetylgalactosamine than KLH1, in addition to the presence of an O-glycosylation site

(Idakieva et al., 2004). Whether or not KLH1 and KLH2 have similar effects on the immune response has not been comprehensively analyzed. Currently, the variable proportions of KLH subunits in different preparations of the agent, in addition to its propensity to precipitate (Gathuru et al., 2005), can be problematic for some biomedical applications in which the components should be invariant and precisely defined. In addition, the KLH genes have been cloned and sequenced, and the complete amino acid sequences of its subunits are now known; however, until now, it has not been possible to express a heterologous KLH (Altenhein et al., 2002; Gatsogiannis and Markl, 2009; Markl et al., 2001).

In the 1970s, KLH was introduced in the clinic as part of a test to evaluate immunocompetence in immunosuppressed patients (Curtis et al., 1971; Curtis et al., 1970); thus, its benefits for the treatment of recurrent superficial bladder cancer were discovered serendipitously (Olsson et al., 1974), as described later. In addition, at that time, through the coupling of small molecules (or haptens, defined as substances unable to induce antibodies by themselves) to KLH, it was possible to obtain specific antibodies against them. Thereby, KLH has become, and remains to this day, the most used carrier protein to produce polyclonal and monoclonal antibodies against small molecules, including peptides, drugs, hormones, toxins, antibiotics and countless chemicals. The optimal carrier properties of KLH add to its intrinsic immunostimulatory effects, leading to its current use in the development of several therapeutic vaccines for cancer through the generation of antibodies against TAAs; these antibodies act to eliminate cancer recurrence caused by circulating tumor cells and micrometastases. Moreover, KLH, when conjugated with idiotype antibodies, can induce strong anti-idiotypic antibody responses and cell-mediated responses to tumor antigen(s) in vivo, which has resulted in an objective outcome in patients with B-cell lymphoma (Nelson et al., 1996). In addition, the adjuvant/immunostimulatory properties of KLH have been amply supported through its use in vaccine studies as an immunological tracer protein due to its neo-antigen character. Thus, this protein serves as a strong "surrogate" antigen and an immunogenic "marker" for immunization studies using DC-based vaccines (Shimizu et al., 2001).

## 3.2. Concholepas concholepas hemocyanin (CCH)

The hemocyanin from the edible gastropod *Concholepas concholepas*, a specie distributed on the coasts of Chile and southern Perú, is structurally distinct from traditional KLH. The decamers are formed by two subunits, named CCHA (405 KDa) and CCHB (350 kDa), which are intermingled in the molecule and form heterodecamers. Consequently, their association in pairs results in heterodidecamers (De Ioannes et al., 2004). The carbohydrate content has been determined and has demonstrated that each subunit is differently glycosylated. Thus, CCHA (3.6% carbohydrate, w/w) has N-linked and O-linked glycans; CCHB (2.5% carbohydrate, w/w) has only sugar with N-linkages, while O-linked moieties are nearly absent (Becker et al., 2009). A feature that distinguishes CCH from the remaining hemocyanins is its great stability and solubility. In fact, in contrast with other hemocyanins, after its purification from the hemolymph, the stabilization of CCH does not require additional divalent cations, such as Ca<sup>2+</sup>and/or Mg<sup>2+</sup>, in the storage media to maintain its structure (De Ioannes et al., 2004). This quality facilitates chemical coupling reactions when CCH is used as a carrier protein. Thus, CCH has been successfully used as a carrier protein to generate antibodies against hapten molecules (Becker et al., 1998; Torres et al., 1999) and peptides (Duvillie et al., 2003; Grenegard

et al., 2008; Matus et al., 2007; Mura et al., 2002). Additionally, CCH has been used as carrier of a gonadotropin-releasing hormone (GnRH) in a contraceptive vaccine to control reproduction in deer, providing a longer-lasting contraceptive effect (Miller et al., 2008; Pilon et al., 2007). Furthermore, CCH has been pre-clinically evaluated in a murine experimental model of superficial bladder cancer and may be considered a safe alternative therapy to KLH (Atala, 2006; Moltedo et al., 2006), as described later.

Finally, the most important support for clinical attention to CCH in future biomedical developments includes the results of a recent study of its use as an adjuvant in a DC-based cancer vaccine for castration-resistant prostate cancer (CRPC) patients. This study demonstrated that CCH was able to induce an immune memory response, as measured by the delayed-type hypersensitivity (DTH) test, and did not produce toxic or allergic adverse reactions when administered subcutaneously in the patients. These results led to the conclusion that CCH may be considered as an alternative to KLH for providing safe and effective adjuvanticity in cancer vaccines (Reyes et al., 2013).

## 3.3. FLH

The hemocyanin from the black keyhole limpet *Fissurella latimarginata* (FLH) was discovered most recently (Arancibia et al., 2014). The experimental data demonstrate that FLH didecamers are composed of a single type of polypeptide with a molecular mass of approximately 350 kDa. Although the total carbohydrate content has not yet been estimated, carbohydrate staining with specific lectins has shown that FLH has exposed N-and O-linked oligosaccharides, similar to KLH (Arancibia et al., 2014). The evaluation of the humoral immune responses in different mouse strains immunized with CCH, FLH and KLH indicated that FLH is intrinsically more immunogenic than CCH and KLH and reaches titers an order of magnitude higher than those of CCH and KLH. Moreover, FLH had potent in vivo anti-tumor activity against melanoma in the B16F10 mouse model, delaying tumor growth and increasing the survival of mice challenged with these cells in a prophylactic setting (i.e., with the aim of preventing tumor growth). The most striking effect was observed in a therapeutic setting (specifically, therapy for established tumors in animals without previous FLH priming) (Arancibia et al., 2014). To elucidate the early immunologic mechanisms involved in this anti-tumor effect, we investigated the effect of FLH on murine DCs cultured *in vitro*. These studies demonstrated that FLH, but not CCH or KLH, is able to rapidly induce the secretion of certain pro-inflammatory cytokines, including interleukin (IL)-6, tumor necrosis factor (TNF)- $\alpha$ , IL-12p40 and IL-23 $\alpha$ , a phenomenon that may explain its enhanced immunological activities (Arancibia et al., 2014).

## 3.4. HtH

The hemocyanin from the European abalone *Haliotis tuberculata* (HtH), a species under commercial aquaculture conditions, is composed of two types of didecamers that coexist in the animal's circulation, HtH1 and HtH2. Immunological analysis demonstrated that these two didecamers are closely related (Keller et al., 1999). These isoforms are formed by the HtH1 and HtH2 subunits, and each has a molecular mass of approximately 392 kDa (Altenhein et al., 2002; Lieb et al., 2000). The carbohydrate content of HtH is 4.5% (w/w); a highly heterogeneous group of structures with appreciable amounts of 3-o-methyl-d-mannose and 3-o-

PROPERTIES	FEATURE	KLH	ССН	FLH	HtH	RtH
Taxonomy	Phylum	Mollusk	Mollusk	Mollusk	Mollusk	Mollusk
	Order	Gastropoda	Gastropoda	Gastropoda	Gastropoda	Gastropoda
	Family	Fissurellidae	Muricidae	Fissurellidae	Haliotidae	Muricidae
	Genus and specie	Megathura crenulata	Concholepas concholepas	Fissurella latimarginata	Haliotis tuberculata	Rapana thomasiana
Distribution	Habitat	Coast of California	Pacific coast of Perú and Chile	Pacific coast of Perú and Chile	Waters of the Channel Islands	Japan sea , and the East China Sea
Biochemical	Molecular weights	≈ 8 MDa	≈ 8 MDa	≈ 8 MDa	≈ 8 MDa	≈ 8 MDa
	Size of molecule	≈ 360 Å Ø 400Å height	≈ 325Å Ø 392Å height	≈350 Å Ø 370 Å height	≈ 350 Å Ø 380Å height	≈ 350 Å Ø 380Å height
	Subunits composition	2	2	1	2	2
	Subunit organization	Homodecamer	Heterodecamer	Homodecamer	Homodecamer	Homodecamer
	Stability structure in solution	Required Ca+2 and Mg+2	Not required Ca <sup>+2</sup> and Mg <sup>+2</sup>	Required Ca+2 and Mg <sup>+2</sup>	Required $Ca^{+2}$ and $Mg^{+2}$	Required Ca+2 and Mg+2
	Isoelectric point	5,7	6,0	ND	ND	ND
	% Oligosaccharides	3,2%	3,1%	ND	4,5%	2,6%
	Type of Oligosaccharides	N- and O-linked	N- and O-linked	N- and O-linked	N- and O-linked	N- and O-linked
Immunological	Immunogenicity	High	High	Very high	ND	ND
	Antitumor effects in animals models of SBC	Yes	Yes	ND	ND	QN
	Antitumor effects in animals models of melanoma	Yes	Yes	Yes	DN	DN
	Evaluated as hapten carrier	Yes	Yes	Yes	ND	ND
Biomedical uses	Used as adjuvant in DC vaccines	Yes	Yes	ND	DN	QN
	Used as immunostimulant in bladder cancer	Yes	No	No	No	No
ND: Not determinat	te					

Table 1. Hemocyanins available today

methyl-d-galactose has been identified in HtH (Idakieva et al., 2004; Velkova et al.). It is important to note that, although there are numerous studies on the biochemical characteristics of HtH, comprehensive studies about its immunologic and therapeutic properties are essentially absent. However, a stable preparation of abalone hemocyanin with high antiviral activity has recently been formulated and needs to be evaluated as therapeutic agent in future clinical applications (Zanjani et al., 2013).

## 3.5. RtH

The hemocyanin of the marine snail *Rapana thomasiana* (RtH), a species native of the China Sea and transferred to the West coast of the Black Sea, was described in the 1990s (Idakieva et al., 1993). RtH is a mixture of two hemocyanin isoforms, RtH1 and RtH2, that coexist in the animal's circulation (Gebauer et al., 1999b). Both have carbohydrate contents of 2.6% (w/w), with very similar monosaccharide compositions featuring type N-glycosylation (Idakieva et al., 2004). The biomedical applications of RtH as an adjuvant have been explored and have demonstrated that mice immunized with influenza vaccine developed a specific humoral and cellular immune response characterized by the induction of specific antibodies to viral proteins and a cytotoxic response lasting at least 5 months (Gesheva et al., 2011). Furthermore, antimicrobial activities against different strains of the genital herpes simplex virus have been reported for the RtH2 subunit (Genova-Kalou et al., 2008).

# 4. Hemocyanins as non-specific immunostimulants in recurrent superficial bladder cancer (SBC)

A significant decrease in the recurrence of superficial bladder cancer in 10 patients with transitional cell carcinoma (TCC) treated with KLH without toxic side effects was reported early on in the field of hemocyanin research (Olsson et al., 1974). This study was followed by tens of papers, which collectively provided encouraging support for the use of KLH and CCH as alternatives in SBC immunotherapy. The most frequently used immunotherapeutic agent to prevent recurrence of TCC is the Bacillus Calmette-Guerin (BCG) vaccine for tuberculosis (Morales et al., 1976). This attenuated form of *Mycobacterium bovis* has also been used as a therapy in other types of cancers (Edwards and Whitwell, 1974; Milas and Withers, 1976). However, despite the successful results (Nseyo and Lamm, 1997), the severe side effects of the BCG vaccine have led scientists to explore new immunostimulants (Lamm, 2003).

## 4.1. Experimental studies

Three different *in vivo* models have been primarily used to evaluate the therapeutic properties of hemocyanins in SBC, with the therapy being administered either subcutaneously, intraperitoneally or intravesically according to the site where the tumor was established (Lamm, 2003; Schenkman and Lamm, 2004). The mouse bladder tumor-2 cell (MBT-2) transplantable murine model of SBC was the first of these models to be developed in 1981 (Lamm et al., 1981). Mice were pre-immunized with 200 µg of KLH after a previous subcutaneous inoculation with MBT-2 and were then intralesionally immunized with 50 µg at one and seven days after implantation, leading to a significant decrease in tumor growth and a prolongation of animal survival (Lamm et al., 1981). Further studies showed that priming was essential for achieving a therapeutic effect (Lamm et al., 1993b; Lamm et al., 1982; Marsh et al., 1987). However, other researchers have studied KLH immunotherapy in the same model without promising results. The priming and transplantation of MBT-2 tumor cells, either subcutaneously or into the bladder, with immunotherapy of 50 or 200 µg of KLH did not yield different results compared to controls (Walsh et al., 1983). In a later study, the administration routes of KLH were compared. Without priming, the intralesional route was more effective than intraperitoneal administration in terms of inhibiting tumor growth (Lau et al., 1986). After that, an additive effect was observed in animals that received KLH and interferon (IFN)- $\alpha$  intraperitoneally without prior immunization, compared with KLH and IFN- $\alpha$  alone (Riggs et al., 1992). However, in a subsequent study, the presence of endotoxin in KLH preparations partially accounted for its anti-tumor effect (Lamm et al., 1993a).

The syngeneic orthotopic murine bladder cancer model MB-49 was evaluated in 1994 (Gunther et al., 1999; Swerdlow et al., 1994). Subcutaneous immunization with KLH-Immune Activator, a clinical-grade KLH preparation, two weeks prior to intravesical implantation of tumor cells, followed by intravesical administration of 10 or 100  $\mu$ g of KLH, resulted in significantly decreased tumor growth (Swerdlow et al., 1994). Prior immunization was required, and no significant histopathological abnormalities were observed. A third model was developed in 1989 that consisted of the induction of a bladder carcinoma in Wistar rats using N-butyl-N-(4-hydroxybutyl) nitrosamine (BBN) (Arentsen et al., 2009). Subcutaneous sensitization with 1 mg of KLH, followed by intravesical and subcutaneous administration twice weekly, led to a decrease of BBN-induced bladder tumors (Recker and Rubben, 1989). A subsequent study demonstrated that subcutaneous administration was more effective than intravesical instillation in terms of tumor growth and rats bearing tumors (Linn et al., 2000).

Finally, more recent studies have evaluated the effect of CCH in the MBT-2 murine model (Becker et al., 2009; Moltedo et al., 2006). Priming with CCH previous subcutaneous implantation of tumor cells, succeeded by subcutaneous immunization with 1 or 0.1 mg of CCH, led to decreases in the incidence and growth of tumors, prolonged survival and the absence of toxic effects (Moltedo et al., 2006). In a subsequent study of the contributions of CCH-A and CCH-B subunits, it was determined that each subunit alone has an anti-tumor effect. However, in terms of tumor incidence and animal survival, CCH-A had the maximum effect (Becker et al., 2009).

## 4.2. Clinical studies

As a result of complications of complete bladder removal and the possibility of cancer recurrence, some SBCs have been treated with intravesical administration of biological and chemotherapeutic agents in the initial stages of the disease to either treat an established tumor or avoid progression and recurrence after transurethral resection (Perabo and Muller, 2004). The first study in humans was performed in 1974, in which 10 immunocompetent patients subcutaneously primed with 5 mg of KLH and followed with immunization using 200 µg of

KLH had significantly reduced tumor recurrence rates over a period of two years (Olsson et al., 1974). More than 10 years later, a controlled study corroborated that KLH was more effective than mitomycin C (Jurincic et al., 1988). Then, it was determined that the incidence of recurrence in patients with TCC related to urinary schistosomiasis was diminished after KLH treatment (Wishahi et al., 1995). However, studies with patients who were unresponsive to chemotherapeutic agents (Flamm et al., 1990) or who had carcinoma *in situ* (CIS) (Jurincic-Winkler et al., 1995; Jurincic-Winkler et al., 2000) have not shown any significant effects after KLH treatment.

A Phase III clinical trial was conducted by Intracel Resources (USA) to assess the safety and effectiveness of the KLH BCI-Immune Activator compared to doxorubicin in BCG-intolerant or refractory patients with CIS with or without resected SBC. Nevertheless, although the study was completed, no results have been posted. Recently, Biosyn (USA) evaluated the efficacy and adverse effects of IMMUCOTHEL<sup>®</sup>, a clinical-grade KLH preparation developed by Biosyn Arzneimittel GmbH (Germany). Their outcomes showed almost no KLH-induced adverse effects, and the efficacy of IMMUCOTHEL<sup>®</sup> was comparable to mitomycin C.

## 4.3. Other models

Due to some of the successful results using hemocyanins in SBC therapy, their therapeutic effects have been evaluated in other cancers, such as melanoma, breast, pancreatic, esophageal and prostatic.

### 4.3.1. In vitro studies

The effectiveness of KLH has been demonstrated in diverse human cancer cell lines, such as estrogen-independent breast (ZR75-1), estrogen-dependent breast (MCF-7), esophagus (SEG-1 and BIC-1), pancreas (PANC-1), melanoma (HTB68 and HTB72) and prostate (DU145), through the inhibition of cellular growth in an apoptotic-dependent or independent manner (McFadden et al., 2003; Riggs et al., 2002; Riggs et al., 2005; Somasundar et al., 2005). In addition, KLH was shown to exert an additive effect with IL-2 and IFN- $\alpha$  in a combined therapy against melanoma, which encourages the use of this type of bivalent therapy as an effective treatment against these types of aggressive disease (McFadden et al., 2007).

#### 4.3.2. In vivo studies

Diverse hemocyanins have been evaluated as a therapy in murine models of melanoma. First, the combined effect of KLH with IL-2 and IFN- $\alpha$  was evaluated in an HTB68 mouse melanoma model. KLH augmented the effect of IFN- $\alpha$ , one of the most common immunotherapeutic agents against melanoma (Rizvi et al., 2007). Then, the effect of diverse glycoconjugates (GCs), which induce NK-cell mediated cytotoxicity *in vitro*, were evaluated with or without KLH in a B16F10 murine melanoma model. However, no synergism was observed, which was attributed to the common epitopes shared between the protein and the GCs (Hulikova et al.). Recently, it was demonstrated that an oxidated-modified CCH, which had enhanced structural stability and immunogenicity, has the same anti-tumor effect in the B16F10 melanoma model

as its native counterpart (Arancibia et al., 2012a). In addition, we have recently demonstrated the outstanding immunomodulatory properties of FLH in a B16F10 murine melanoma model. FLH promotes significantly higher antibody titers than CCH and KLH, in addition to exhibiting potent anti-tumor activity that delays the growth of B16F10 melanoma cells and prolongs murine survival (Arancibia et al., 2014).

## 5. Hemocyanins as carriers/adjuvants in vaccines

Mollusk hemocyanins have been widely used in therapeutic and prophylactic vaccines, enhancing the immune response by building on hemocyanin's carrier properties and adjuvant capacities (Del Campo et al., 2011). In order to generate immunity against antigens, pathogens, TAAs and certain chemical substances, such as commonly abused drugs, it is necessary to chemically couple the compound to the hemocyanin and then immunize the patient. The hemocyanins can also be used as genuine adjuvants to further enhance T cell reactivity to tumors in DC vaccine therapy; in this case, hemocyanins contribute to the reversal of the DC tolerogenic profile in cancer patients toward an immunostimulatory profile (Presicce et al., 2008). Indeed, the generation of an optimal cytotoxic T cell (CTL) immune response requires the presence of T helper lymphocytes (CD4+) and the expression of both helper-and CTL-defined antigen determinants on the same DC (Shimizu et al., 2001; Timmerman and Levy, 2000). Thus, hemocyanins produce a bystander effect, inducing a potent specific memory T cell response against the antigen of interest, whether a tumor cell, a pathogen or a deleterious compound.

The following overview offers a brief look at the experimental vaccines that have used hemocyanins in their formulations.

## 5.1. Vaccines against pathogens

Pathogenic immunodominant peptides or polysaccharides coupled to hemocyanin have been tested in the development of experimental vaccines that are intended to prevent diseases caused by bacteria, viruses and fungi. We next present some examples.

## 5.1.1. Vaccines against bacteria

For *Pseudomonas aeruginosa*, which causes pulmonary infection, the use of synthetic peptides representing surface-exposed, linear B-cell epitopes of outer membrane protein F (Hughes and Gilleland, 1995) or mucoid exopolysaccharide (MEP) coupled to KLH demonstrated that significantly enhances its immunogenicity and the capacity to elicit opsonic antibodies in mice and rabbits (Theilacker et al., 2003). For *Streptococcus pneumonia*, which causes pneumococcal infection, administration of a DNA plasmid encoding the FLt3 ligand gene as a mucosal adjuvant plus phosphorylcholine (PC) conjugated to KLH demonstrated elicitation of PC-specific immune responses at the mucosal and serum levels (Baatarjav et al., 2011). For *Coxiella burnetii*, which causes acute and chronic Q fever in humans, a lipopolysaccharide (LPS)

mimetic peptide was coupled to KLH; immunized mice were able to inhibit *C. burnetii* infection and to develop significant protection against *C. burnetii* challenge (Peng et al., 2012).

### 5.1.2. Vaccines against viruses

For papillomavirus, peptide fragments were used that mimicked B-cell epitopes of the capsid protein L1 of human papillomavirus (HPV) type 31 coupled to KLH, generating specific antipeptide antibodies in mice (Andreev et al., 2012). For influenza, a conjugate vaccine consisting of the peptide of the highly conserved M2 membrane protein coupled to KLH was highly immunogenic and able to confer protection against lethal challenge with either H1N1 or H3N1 virus in mice (Fan et al., 2004; Kiraly et al., 2011). For HIV-1, aiming to develop neutralizing antibodies in a caprine model, KLH was coupled with a synthetic peptide representative of the p17 functional epitope (AT20) derived from HIV-1 or with MPR peptide from the gp41 membrane proximal region to prevent transmission of the virus through colostrum. This conjugated vaccine effectively induced specific sIgA and IgG in the colostrum of a lactating species.(Dorosko et al., 2008).

## 5.1.3. Vaccines against fungi

For *Cryptococcus neoformans*, which causes meningoencephalitis in AIDS patients, one component of the cryptococcal capsular polysaccharide was coupled to KLH, producing antibodies that were protective against the pathogen (May et al., 2003). However, a protective epitope of *Candida albicans* conjugated to KLH induced a Th1-type cytokine expression pattern in C57BL/ 6J mice (Su et al., 2007).

## 5.2. Antitumor vaccines

The antitumoral vaccines are intended to treat an existing cancer by strengthening the body's natural defenses against cancer and have emerged as alternatives to anti-proliferative treatments, such as chemo-or radio-therapy. The design of such vaccines is focused on the search for specific epitopes in tumor cells to raise antibodies against them. These epitopes are usually aberrant branches of polysaccharides located on the cell surface. Some of them are glycolipids, such as Globo H, Lewis Y, GM2, GD2, GD3 and fucosyl-GM1, and others are glycoproteins, such as MUC-1, Tn, sialyl-Tn and TF (Galonic and Gin, 2007). The aim of these vaccines is to transform these tumor antigens into immunogens powerful enough to achieve an immune response. Furthermore, hemocyanins are used as immunomodulatory agents in DC vaccines in which these autologous presenting cells are loaded with tumor antigen, whether as tumor lysate, recombinant antigen or transfecting cell tumor RNA, in the presence of hemocyanins (Steinman and Banchereau, 2007). In this case, the patient's responses are measured by DTH tests against hemocyanins or tumor extract (Escobar et al., 2005). In addition to the extensive use of KLH for this purpose, promising results have been obtained with CCH as an adjuvant in a DC vaccine administered to patients with CRPC (Reyes et al., 2013). Next, we review selected antitumor vaccine clinical trials with hemocyanins that have been approved by the US National Institutes of Health (NIH).

### 5.3. Breast, ovary, fallopian tube and peritoneal cancers

Sialyl-Tn (STn) is the tumor antigen most frequently expressed in breast, ovary, colon, rectal, stomach and pancreas adenocarcinomas. This antigen, conjugated to KLH, has been named Theratope and is capable of generating positive serological results, inducing significant titers of IgM and IgG antibodies against STn (Gilewski et al., 2007). The results of a Phase III multicenter clinical trial, which included 1,028 women with metastatic breast cancer, showed that the sialyl-Tn (STn)-KLH vaccine was well tolerated by the patients, but no overall benefit in time to progression or survival was observed (Miles et al., 2011). However, women who also received endocrine therapy and showed greater antibody response to the STn-KLH vaccine had significantly longer median overall survival than those who had lower antibody responses, demonstrating that this dual treatment may improve clinical outcomes in women with metastatic breast cancer (Miles et al., 2011). Other monovalent vaccines have been developed in which a single carbohydrate antigen, including Globo-H, fucosyl GM1 and Lewis<sup>y</sup> (Le<sup>y</sup>), were coupled to KLH with saponin fractions (QS21 or OPT-82142) added as adjuvants; these vaccines have exhibited varying degrees of promise in early clinical settings (Ragupathi et al., 2011; Zhu et al., 2009). Additionally, multivalent vaccines have been formulated with GM2, Globo-H, Lewis Y, Tn (c), STn (c), TF (c) and Tn-MUC1, each individually conjugated to KLH. QS21 was added as an adjuvant to this cocktail of conjugates and was evaluated in patients with either epithelial ovarian, fallopian tube or peritoneal cancer in second or greater complete clinical remission, demonstrating that this heptavalent vaccine was safe and induced antibody responses against five of seven antigens (Sabbatini et al., 2007). Currently, more elaborate constructs have been designed in a new vaccine against ovarian cancer, based on clusters of a globotriaosylceramide (Gb3) antigen and incorporating a MUC5AC peptide epitope that mimics the surfaces of targeted tumor cells (Zhu et al., 2009).

#### 5.4. Melanomas

Vaccines were designed with the gangliosides GM2, GD2 and GD3 conjugated to KLH plus the adjuvant QS21. These vaccines produced high titers of IgM and IgG in patients with melanoma compared to vaccines with GM2 and BCG as adjuvants (Ragupathi et al., 2000). Although it was initially postulated that immunotherapy against GM2 was effective in reducing the risk of relapse in post-surgery patients with stage III melanoma, the vaccine was ineffective in a Phase III clinical trial in 1314 patients (Eggermont et al., 2013). Additionally, gangliosides GD2-L and GD3-L have been used as therapeutic targets, generating higher titers of IgM and IgG (Ragupathi et al., 2003).

Regarding cellular vaccines, the first clinical study included patients with advanced melanoma who were treated with DCs loaded with tumor lysate or a mixture of melanoma peptides in the presence of KLH. Patients tolerated the vaccine and did not develop autoimmunity (Nestle et al., 1998). Currently, other antigens, such as MART-1/MelanA, tyrosinase, MAGE-3 and gp100 (Fay et al., 2006; Tittarelli et al.; Tittarelli et al., 2012), in addition to the heat-shocked melanoma lysate named TRIMEL (Aguilera et al., 2011), with KLH as an adjuvant have been loaded on DCs, yielding promising results in terms of the prolongation of overall survival time. Interestingly, in the search for parameters of clinical effectiveness of KLH-containing

vaccines and therapies, a quantitative enzyme-linked immunosorbent assay (ELISA) has been developed to measure KLH-specific antibodies as biomarkers in humans, demonstrating that it is possible to monitor the dynamics of both KLH-specific antibody levels and antibody class-switching in individuals who are repeatedly exposed to KLH (Aarntzen et al., 2012).

## 5.5. Prostate cancer

Numerous tumor antigens coupled to hemocyanins have been tested in monovalent, divalent or polyvalent vaccines (Zhu et al., 2009). To date, there are 10 clinical trials in various stages of development using primarily the antigen MUC-2 with KLH. When comparing preclinical studies between mono-and polyvalent vaccines, the controversy arises over which strategy is best and why, based on the observations that the monovalent vaccines induced high titers of antibodies, whereas the polyvalent vaccines reached a greater range of antibodies (Slovin et al., 2007). Recently, CCH, as an adjuvant in a cancer vaccine based on DCs loaded with prostate cancer cell lysates and TRIMEL, was used for the first time in CRPC patients. This study demonstrated that CCH is safe and is capable of inducing memory T cell responses, as determined *in vivo* by a DTH test (Reyes et al., 2013), thus indicating that CCH can complement or substitute KLH in such therapies.

## 5.6. Lung cancer

In the eradication of micrometastases in chemotherapy-resistant small cell lung cancer (SCLC), the ganglioside fucosyl-GM1 is used as a therapeutic target. Therefore, in a clinical study, 11 patients with SCLC were vaccinated by injection with this synthetic antigen coupled to KLH. Higher IgM titers against fucosyl-GM1 were detected in eight of the patients, and only one patient developed IgG with a similar titer; these results led to a Phase II study (Krug et al., 2004). Recently, vaccination with N-propionyl polysialic acid-KLH conjugate plus QS-21 in patients with SCLC has demonstrated that this vaccine is safe and results in consistent high-titer antibody responses. These results open up the possibility of incorporating polysialic acid into a polyvalent vaccine against SCLC with four glycolipid antigens that are also widely expressed in SCLC, such as GD2, GD3, fucosylated GM1 and globo H (Krug et al., 2012). In consideration of the fact that tumor angiogenesis is critical for tumor growth, infiltration and metastasis, another promising approach includes the generation of a mimotope of Bevacizumab (Avastin), a monoclonal antibody that reacts directly against vascular endothelial growth factor (VEGF) conjugated to KLH, which induces humoral immunity and results in the induction of anti-angiogenesis responses in mice (Li et al., 2013).

## 5.7. Lymphomas and myelomas

For the non-Hodgkins lymphomas, the strategy of conjugating the variable regions of the immunoglobulin to the tumorigenic clone with KLH has been used. These variable regions act as tumor antigens. The principle of these vaccines is that the clonal immunoglobulin idiotype displayed on the surface of most malignant B cells is not only tumor-specific; it is also a patient-specific antigen that can be used for therapeutic vaccination (Bendandi, 2006; de Cerio et al., 2007). These idiotype vaccines have shown some degrees of both biological efficacy and

improved clinical outcomes in lymphoma (Bendandi, 2009). The effect of this type of vaccine has been enhanced by incorporating granulocyte macrophage colony-stimulating factor (GM-CSF); showing DCs recruiment and activation of CD4+and CD8+T lymphocytes (Bendandi et al., 1999). These encouraging results led to the initiation of Phase III clinical trials to establish the clinical benefits induced by anti-idiotypic vaccines (Neelapu and Kwak, 2007). In addition, DC-based anti-idiotype vaccination using KLH as an adjuvant induces a specific cellular immune response in patients with stage 1 myeloma (Rollig et al., 2011).

#### 5.8. Vaccines against abused drugs

Experimental vaccines have been developed to curb recidivism in the consumption of addictive drugs, including cocaine and nicotine. The aim of these vaccines is to generate antibodies that reduce blood concentrations of the given drug and its effect on the central nervous system by preventing the drug from crossing the blood-brain barrier. The experimental strategies to induce protective and specific antibodies against cocaine included subcutaneous and intranasal immunization (Hrafnkelsdottir et al., 2007). Preclinical studies using KLH as a carrier of these drugs are promising (Moreno and Janda, 2009). However, the only clinical evidence with good results for the effectiveness of these vaccines used cholera toxin as a carrier of the cocaine-B subunit (Martell et al., 2009). Another interesting experimental approach is the generation of two complementary but mechanistically distinct active vaccines (i.e., non-catalytic and catalytic hapten designs) using a cocaine-like hapten, GNE, and a cocaine transition-state analogue, GNT, coupled to KLH. Although GNT-KLH induced higher titers of catalytic antibodies, these titers were not sufficient to provide protection in mice challenged with cocaine (Cai et al., 2013). Additionally, an anti-nicotine vaccine that used nicotine coupled to KLH, which was named Niccine®, was no better than the placebo (Gorelick, 2012).

## 6. The mechanisms of hemocyanin immunostimulation

#### 6.1. At the innate immunity level

The effects induced by hemocyanins during the early phases of the immune response and the identities of the target cell type(s) have been scarcely studied. Several authors have suggested that the oligosaccharides may play a role in this process. As mentioned, the carbohydrate compositions of hemocyanins are quite diverse; however, the most abundant monosaccharide is mannose, which is often found in high-mannose or hybrid structures of oligosaccharides. The mammalian innate immune system has a variety of cell types that express several receptors on the cell surface. In this context, specialized professional antigen-presenting cells (APCs), such as macrophages and DCs, are key players in immune surveillance. These cells present a broad range of germ-line encoded pattern recognition receptors that recognize conserved pathogen-associated molecular patterns. Among these receptors, the C-type lectin family of receptors recognizes several types of oligosaccharides present on pathogens and foreign molecules (McGreal et al., 2006; van Vliet et al., 2008). The biological role of the high mannose

oligosaccharides on mollusk hemocyanins has not been clearly demonstrated. However, it has been reported that KLH promotes the *in vitro* maturation of human DCs through its engagement of the mannose receptor, as assessed by the up-regulation of the cell surface expression of major histocompatibility complex (MHC) class II and co-stimulatory molecules (Presicce et al., 2008). It seems that this phenomenon has been described only for human DCs; in mice, neither KLH nor CCH induce DC maturation *in vitro* through canonical mechanisms (i.e., via up-regulation of MHCII and co-stimulatory molecules) during the early hours of in vitro culture (Arancibia et al., 2012a). Moreover, Teitz-Tennenbaum and collaborators (2008) demonstrated that murine DCs pulsed with KLH for 18 h in vitro did not undergo DC maturation, a result that is consistent with *in vivo* experiments performed by Moltedo et al. 2009 (Moltedo et al., 2009; Teitz-Tennenbaum et al., 2008). Recently, we observed that mouse DCs internalized this hemocyanin but did not mature within 72 h of culture in vitro with CCH. Remarkably, FLH, unlike KLH or CCH, promoted the high secretion of pro-inflammatory cytokines, such as IL-6, IL-12p40, TNF- $\alpha$  and IL-23, from murine DCs *in vitro* (Arancibia et al., 2014). Moreover, the secretion of cytokines was dependent on the presence of oligosaccharides on FLH, indicating a role for lectin-like receptors in the response. These results indicate the complexity of the immune response and demonstrate that different hemocyanins can activate diverse molecular and cellular pathways. In addition, the divergence regarding the role of DCs in hemocyanin recognition highlights the importance of studying those mechanisms in human cells.

Once hemocyanins are internalized by APCs, the proteolytic machinery of the cell degrades them slowly in comparison to classical antigens, thus increasing antigen persistence. This process permits the presence of hemocyanins for longer periods of time, resulting in augmented immunogenicity, as demonstrated for CCH (Arancibia et al., 2012a). In fact, using electron microscopy, we have determined that CCH molecules are internalized by DCs mainly through macropinocytosis and are then localized intact in lysosomes for up to 24 h. Moreover, we compared the antigen-processing kinetics of DCs for CCH and ovalbumin, a widely used antigen model, demonstrating the persistence of a band of approximately 49 kDa in DC cultures with CCH for 72 h; in contrast, in cultures of DCs pulsed with ovalbumin, the antigen was completely degraded by this time.

## 6.2. At the adaptive immunity level

Hemocyanins are thymus-dependent antigens; therefore, they require the interaction between T and B lymphocytes to initiate antibody production. In fact, it has been established that non-specific immunotherapeutic effects of hemocyanins in superficial bladder cancer rely on adequate priming, emphasizing the importance of the adaptive immune response in this property. Considering that the antitumor effect is induced by hemocyanins themselves without adjuvant, we assume that KLH and CCH have common structural features that promote inflammation and maintain innate immunity, leading to the onset of an antitumor adaptive immune response. These common characteristics of hemocyanins may rely on carbohydrates, which may act as natural adjuvants. A proposed alternative mechanism is that CD4+T lymphocytes reacting to preserved xenogenic peptidic sequences stimulate T lympho-

cytes to secrete Th1 cytokines that, in turn, break tumor tolerance via a bystander effect, thus braking tolerance to tumor antigens and enhancing the immune response against the tumor. This hypothesis is supported by the high secretion of cytokines, such as IFN $\gamma$  and IL-2, observed in the regional lymph nodes (Arancibia et al., 2012b) after hemocyanin challenge. Accordingly, mice that were primed with CCH or KLH, challenged with MBT-2 cells and then subjected to immunotherapy with the respective hemocyanin increased natural killer cell activity and exhibited cytokine environment polarization toward a Th1 response (i.e., IFN $\gamma$  production increased significantly in mouse sera), which correlated with superficial bladder cancer under intravesical KLH therapy, a significant increase of CD4+T lymphocytes in the submucosa and among urothelial cells was observed, in contrast to a slight increase in CD8+T lymphocytes (Jurincic-Winkler et al., 1995a; Jurincic-Winkler et al., 1995b). In addition, KLH-conjugated vaccines against cancer using mucin-like or ganglioside epitopes have induced tumor-specific antibodies of the IgG1 and IgG3 isotypes (Musselli et al., 2001).

## 7. Future prospects

The information available shows that the mollusk hemocyanins presented herein – including KLH, the traditional and most utilized hemocyanin in biomedicine, and CCH, RtH, HtH and FLH, the most recently characterized hemocyanins – differ in their immunogenicity and nonspecific immunostimulatory properties, opening basic questions on the structural characteristics responsible for these differences. Moreover, it is important to note that although several subunits of these hemocyanins have been sequenced via cDNA and that the complete amino acid sequences for these subunits are currently available, until now, it has not been possible to express heterologous or synthetic hemocyanins, mainly because of their size, complex structures and glycosylations. Therefore, all of the hemocyanins mentioned in this review can be obtained only as purified biological products from their natural sources, emphasizing the importance of pre-clinically evaluating diverse sources of hemocyanins for biomedical purposes. In this respect, only CCH hemocyanin from Concholepas, which has been preclinically evaluated in a murine experimental model of superficial bladder cancer (Moltedo et al., 2006) and has been recently used as an adjuvant in DC immunotherapy of patients with prostate cancer, is considered a safe complement or alternative to KLH (Reyes et al., 2013; Salazar-Onfray et a. 2013).

Finally, from a basic science perspective, a detailed molecular understanding of the receptors and signaling pathways involved in hemocyanin-induced immunostimulatory processes in mammals will be required to determine the basis of the qualitative and quantitative differences in the effects of the different hemocyanins on tumor immunology. Undoubtedly, this knowledge will support the development of new and better biomedical applications of these proteins, as hemocyanins exert their effects as immunopotentiators without the unwanted inflammatory side effects of classical adjuvants that drive cell-mediated immune responses.
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# Immunomodulation

## Manipulating Immune Regulatory Pathways to Enhance T Cell Stimulation

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Additional information is available at the end of the chapter

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## 1. Introduction

Cancer immunotherapy aspires to treat malignant disease by activating cancer specific immune responses. It is generally accepted that the latter can only be achieved by an approach in which tumor specific T cells are educated to recognize and kill tumor cells, whilst they are furthermore empowered to overcome immunosuppressive mechanisms present both at peripheral sites and in the tumor environment. Dendritic cells (DCs) have been extensively explored as a cellular vaccine for the stimulation of tumor specific T cells. Several strategies have been devised to manipulate these cells to become strongly activated tumor associated antigen (TAA) presenting cells. Our growing knowledge on the biology of DCs and the costimulatory as well as inhibitory molecules expressed by them, provides us with opportunities to generate DCs that are capable of hyper-activating cytotoxic T lymphocytes (CTLs) whilst they impact on regulatory T cells ( $T_{reg}$ ), which are now well established to be an important contributor to failure of cancer vaccines. In this chapter, we will focus on the cross talk between DCs and T cells mediated by the CD70/CD27 and PD-L1/PD-1 axis as these have been identified as critical pathways in the regulation of immunity versus tolerance.

## 2. Cancer — A therapeutic challenge

Cancer is a disease in which cells divide abnormally and acquire the ability to invade other tissues. Given the fact that virtually any tissue in the body can become transformed from normal cells towards cancer cells, a large degree of heterogeneity exists. This implies that cancer is an overall name covering a group of over 100 different diseases, which have in



© 2014 The Author(s). Licensee InTech. This chapter is distributed under the terms of the Creative Commons Attribution License (http://creativecommons.org/licenses/by/3.0), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited. common the occurrence of abnormal cells, which grow out of control and can be present within different parts of the body. Therefore, it is not surprising that cancer is a frequently occurring disease, affecting about one in three people during their lifetime in developed countries [1].

Despite the enormous amount of research and rapid developments in prevention, diagnosis and treatment, cancer remains one of the most difficult diseases to cure. Today, the first line treatment for most solid cancer types is surgical resection or radiotherapy to remove or necrose the primary tumor. Since these strategies do not tackle residual tumor cells or metastases, a commonly encountered problem is disease relapse. Therefore, the aforementioned treatment strategies are often combined with chemotherapy, a systemic but aggressive and non-selective approach to eradicate tumor cells. Despite major improvements in these conventional treatment strategies, the requirement to develop alternative treatment modalities that are tumor cell specific and provide better long-term protection to avoid recurrence of tumor cells remains high [2].

A very promising new approach that fulfills these criteria is immunotherapy. The main premise of cancer immunotherapy is to harness the patients' immune system to specifically recognize and kill tumor cells. This is based on the knowledge that our immune system can discriminate healthy cells from cancer cells as the latter express TAAs [3]. Several strategies have been developed to achieve destruction of TAA expressing cancer cells. These are extensively reviewed in [4]. Of these the exploitation of dendritic cells (DCs), the professional antigen presenting cells of our immune system, to present TAAs to CD4<sup>+</sup>T helper 1 ( $T_H$ 1) cells and CD8<sup>+</sup>cytotoxic T lymphocytes (CTLs) is considered to be very promising. Of note, in 2010 the FDA approved a first DC-vaccine, Sipuleucel-T (Provenge<sup>®</sup>), which was shown to be effective in metastatic, asymptomatic, hormone refractory prostate cancer [5, 6]. Thus, cancer immunotherapy could be a powerful new treatment strategy that oncologists can offer to patients.

It needs to be clarified that cancer development is a complex progressive process that involves a sequence of interactions between cancer cells and immune cells. As mentioned above, the immune system can specifically identify and eliminate cancer cells based on the expression of TAAs. This process was first described by Burnet and Thomas and is generally referred to as tumor immunosurveillance [7]. It occurs physiologically to protect the body from tumor formation. Nevertheless, this process is not perfect and tumors can develop despite tumor immunosurveillance. In fact, the manifestation of malignancy means that the disease has eventually prevailed over immunity. The latter can be explained by the more recently described notion of "tumor immunoediting", a process that comprises three phases [8]. The first phase is the elimination phase in which most immunogenic tumor cells are eliminated by CTLs and natural killer (NK) cells. This phase is followed by an equilibrium phase in which tumor cells that show a reduced immunogenicity are selected for. These tumor cell variants enable the third phase, the escape phase, as they are no longer sensitive to the host immune system. Nonetheless, T cells recognizing these tumor cell variants are often isolated from blood and tumor of cancer patients. Thus the question arises why these cells are unable to eradicate tumor cells?

One of the major hurdles in the fight against cancer is the presence of regulatory T cells (T<sub>ree</sub>) in the tumor environment as well as in the periphery [9, 10]. Recruitment, expansion and de novo generation of T<sub>reg</sub> is a common theme in cancer (Figure 1). For instance, melanoma cells can secrete transforming growth factor- $\beta$  (TGF- $\beta$ ) and interleukin-10 (IL-10), factors that are linked to expansion of natural  $T_{reg}$  and differentiation of naive CD4<sup>+</sup>T cells to inducible  $T_{reg}$  [11]. Another well-described mechanism is the expression of the enzyme indoleamine 2,3-dioxygenase (IDO) by tumor cells and tumor associated antigen presenting cells, which mediates conversion of CD4<sup>+</sup>T cells to T<sub>reg</sub> [12]. The expression of IDO is only one out of many mechanisms that are exploited by DCs to drive CD4<sup>+</sup>T cell differentiation towards T<sub>reg</sub> [13]. Nonetheless, it highlights that not only tumor cells drive the stimulation of  $T_{reg}$  but that DCs, in particular immature DCs, trapped within the tumor environment, also have an important role in this process. Furthermore, it is well known that T<sub>reg</sub> prevent full maturation of DCs and as such are at the basis of a vicious circle [14]. The suppressive activity of  $T_{reg}$  is mediated by various mechanisms [13]. As mentioned, they hamper full DC maturation [14]. Moreover, T<sub>reg</sub> can hijack the co-stimulatory molecules CD80 and CD86 from the membrane of DCs through transendocytosis via interactions with cytotoxic T lymphocyte antigen-4 (CTLA-4 or CD152). As such they deprive effector T ( $T_{eff}$ ) cells from co-stimulatory signals [15]. It has furthermore been shown that T<sub>reg</sub> influence the character of T cell differentiation by selectively dampening T<sub>H</sub>1 responses and CTLs [16, 17]. Importantly, T<sub>reg</sub> not only hamper DCs in their ability to induce CTL mediated anti-tumor immune responses, they furthermore hamper the functionality of  $T_{eff}$  cells or can cause  $T_{eff}$  cell death through exocytosis of granzymes and perforin [18]. It has also been described that T<sub>reg</sub> which express high levels of the IL-2 receptor CD25, are capable of scavenging IL-2, thus depriving  $T_{eff}$  from this cytokine [19]. Finally,  $T_{reg}$ can disrupt metabolic pathways through tryptophan conversion [20] or adenosine secretion [21], which leads to the production of suppressive metabolites. In this way,  $T_{reg}$  are able to control the induction and/or presence of CTLs as well as their functionality.

Taken together, therapeutic vaccination against tumors takes place in the presence of a milieu that counteracts tumor specific T-cell responses. Therefore, the method of vaccination, *e.g.* DC-based vaccination, should fulfill several requirements. It should result in strong activation of tumor specific CTLs that are able to migrate to the tumor site, recognize and kill tumor cells. Furthermore, the activated CTLs should be refractory to the immunosuppressive mechanisms exerted for instance by  $T_{reg}$ . Linked herewith, the vaccination strategy should avoid expansion of  $T_{reg}$  or even drive the TGF- $\beta$  characterized  $T_{reg}$  signature into a more favorable IFN- $\gamma$  signature [22-24].

#### 3. The rationale behind therapeutic anti-cancer vaccination: tumor antigens

Active therapeutic vaccination builds on the power and specificity of the patient's immune system to eradicate cancer cells. The latter is based on the ability of immune cells to discriminate healthy cells from tumor cells, mainly based on the expression of distinct antigens, the so called TAAs. It has to be noted that in contrast to environmentally induced or virus-related tumors (e.g. HPV induced cervix carcinoma, causing genomic mutations



**Figure 1.**  $T_{reg}$  are a major hurdle in cancer. It is well known  $T_{reg}$  can be found at elevated numbers in cancers. Three main mechanisms are at the basis of this phenomenon. Firstly, CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup>T<sub>reg</sub> or so-called naturally occurring  $T_{reg}$  infiltrate the tumor. The latter is driven by the expression of the chemokine receptor CCR4 on the  $T_{reg}$  and the expression of its ligand CCL22 in the tumor environment. Secondly, several immune cells found in the tumor environment, including MDSCs, DCs, macrophages and natural  $T_{reg}$ , as well as tumor cells themselves drive the differentiation of CD4<sup>+</sup>Foxp3<sup>-</sup>cells into so-called inducible  $T_{reg}$  (Foxp3<sup>+</sup>) and/or IL-10 producing Tr1 cells (CD4<sup>+</sup>IL-10<sup>+</sup>Foxp3<sup>-</sup>) through the secretion of TGF- $\beta$  and/or IL-10. Thirdly, it is well known that dysfunctional myeloid cells within the tumor environment further stimulate  $T_{reg}$  expansion. Importantly, there is an extensive cross talk between the different immune cells found within the tumor as well as between these immune cells and the tumor cells themselves. This cross talk ensures that the tumor environment remains a sanctuary for immunosuppresive cells, such as the  $T_{reg}$ .

resulting in strongly immogenic antigens), for most tumors the etiology is unclear and that they are not particularly immunogenic. Nonetheless, several TAAs have been identified as immunological targets. TAAs can be classified in different classes, dependent on their expression pattern. The most important classes are the cancer-testis antigens (e.g. MAGEfamily), differentiation antigens (e.g. MART-1/Melan-A, CEA), mutated antigens (e.g. BRAF), antigens that are overexpressed in tumors (e.g. hTERT, WT-1). Examples hereof are carcinoembryonic antigen in colorectal carcinoma [25],  $\alpha$ -fetoprotein in hepatocellular carcinoma [26] and members of the melanoma antigen gene (MAGE) family in melanoma [27].

The immune cells that are responsible for the specific recognition of TAAs are T cells. Peptides derived from a TAA can be presented in major histocompatibility class (MHC) molecules to the T-cell receptor (TCR) of T cells offering the opportunity to induce specific and long lasting immune reactivity against TAAs [28, 29]. As mentioned above, CTLs are critical in the

immunological control of cancer cells [30]. Initiation of CTL mediated immune responses requires antigen presentation in MHC I molecules that are present on antigen presenting cells, to the TCR of CD8<sup>+</sup>T lymphocytes. In particular, DCs are equipped with specialized machinery that promote effective display of antigenic peptide/MHC I complexes. Importantly, DCs also present peptides in the context of MHC II molecules to CD4<sup>+</sup>T cells, which through delicate interactions with DCs and CD8<sup>+</sup>T cells help in the induction, expansion and maintenance of CTLs [31]. Although antigen presentation is a first prerequisite for stimulation of CTLs, additional signals, co-stimulation by surface expressed stimulatory molecules and an inflammatory environment provided by the secretion of a plethora of cytokines, are required. Both can be delivered by DCs when these are appropriately activated [32].

Over a hundred TAAs that are recognized by T cells have been identified to date [33]. The question which TAAs has the most potential as a target for therapeutic vaccination was recently addressed in a pilot study in which 75 TAAs were ranked according to predefined and weighted objective criteria, including its therapeutic function, immunogenicity and specificity. This study brought the Wilms' Tumor 1 (WT-1) antigen forward as an excellent, nearly universal TAA [34].

Over the years, several strategies have been developed to introduce TAAs to DCs. Generally these approaches are divided into viral and non-viral strategies. Examples hereof are lentiviral modification and mRNA electroporation of DCs, respectively [35-41]. Both strategies have been shown to be efficient for delivery of TAAs to DCs [42]. Of note, these approaches have later on been fine tuned to furthermore provide immune modulating signals to the DCs [32, 43-46]. A thorough review of the use of lentiviral vectors and mRNA for modification of DCs is provided in references [47, 48] and [49, 50] respectively.

#### 3.1. Dendritic cells guide CD8<sup>+</sup>T cell activation

Dendritic cells, the most potent antigen presenting cells of our immune system, are at the centre of our immune system. They bridge the innate and adaptive immune system, and orchestrate amongst others T-cell mediated immune responses. Therefore, it is not surprising that DCs are frequently targeted to generate therapeutic immunity against cancer cells [51].

Immature DCs have the intrinsic capacity to scan peripheral tissues for antigens (both selfantigens and foreign antigens) and capture these antigens using several complementary mechanisms [52]. Intrinsically, DCs have a poor T-cell activating capacity as they express low levels of MHC and co-stimulatory molecules. In order to potently stimulate antigen-specific T-cell responses, DCs need to be fully matured, which will be described below. It is however important to note that immature DCs are not immunologically quiescent as they induce T-cell tolerance against self-antigens through several mechanisms such as depletion of T cells, induction of T-cell anergy,  $T_{reg}$  amplification or differentiation [53-55]. When immature DCs capture an antigen under pro-inflammatory circumstances, in the presence of pathogen associated molecular patterns or danger associated molecular patterns they undergo a maturation process [56]. This process is characterized by a decreased capacity for phagocytosis and an increased expression of MHC and co-stimulatory molecules, such as CD80 and CD86. In addition, the chemokine receptor CCR7 is up-regulated, allowing DCs to migrate to lymphoid organs. While DCs migrate to lymph nodes, they process the captured antigens into peptides that primarily bind to MHC II molecules for presentation to CD4<sup>+</sup>T cells. Importantly, exogenous antigens can enter the MHC I presentation pathway for presentation to CD8<sup>+</sup>T cells through a process called cross-presentation. Although the mechanisms allowing exogenous antigens to enter the MHC I pathway are not fully understood, two main pathways have been described, leakage of antigens from phagosomes/endosomes to the cytosol and loading of peptides generated by lysosomal degradation onto MHC I molecules that are recycled [57]. The ability to cross-present exogenous antigens, such as TAAs, acquired from for instance dying tumor cells is of utmost importance in cancer immunosurveillance [58].

In the lymph nodes, fully mature, antigen presenting DCs can activate naive CD4<sup>+</sup>and CD8<sup>+</sup>T cells. While naive CD8<sup>+</sup>T cells can differentiate into CTLs, naive CD4<sup>+</sup>T cells can differentiate into different  $T_H$  cell types, of which  $T_H1$  cells are critical in the induction of potent antitumor immune responses. In this context, it is important to note that both CD4<sup>+</sup>and CD8<sup>+</sup>T cells require a minimum level of MHC/peptide-TCR interactions for proper activation. Too few MHC/peptide-TCR interactions can result in T-cell ignorance or tolerance while persistent interactions can lead to induction of T-cell anergy or deletion [59]. Although recognition of antigen, presented on DCs as peptide/MHC complexes is considered the first signal required for T-cell activation, it is not sufficient. Adequate activation of T cells at least requires co-stimulation, the so-called second signal, delivered by surface expressed molecules. Co-stimulation can promote more efficient engagement of TCR molecules in order to enhance the immunological synapse or can provide additional signals to promote cell proliferation, augment cell survival or induce effector functions such as cytokine secretion or cytotoxicity [60]. Signaling via the TCR and additional co-stimulatory receptors initiates clonal expansion and acquisition of effector functions by primed T cells [61]. The requirement for a third signal, delivered as inflammatory cytokines such as IL-12, to stimulate antigen dependent proliferation is variable. When antigen levels are low, the third signal is critical to induce maximal T-cell proliferation. However, at high antigen levels extensive proliferation can occur in its absence. Importantly, in the absence of a third signal proliferating T cells often fail to develop full effector functions. Thus, proliferation and development of cytolytic function can be fully uncoupled and the absence of the third signal can render T cells functionally tolerant, in the sense that subsequent re-stimulation with a potent stimulus results in limited clonal expansion, impaired IFN-y production and no cytolytic function. Thus, the presence or absence of the third signal appears to be a critical variable in determining whether antigenic challenge results in tolerance versus development of effector function and establishment of a responsive memory population [62]. It is important to note that activated CD8<sup>+</sup>CTLs disseminate to the periphery (e.g. tumor site) and mediate efficient and rapid killing of target cells by various mechanisms, including secretion of cytokines such as tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), exocytosis of lytic granules containing granzymes and perforin, or by ligation of death receptors such as Fas on target cells [63].

#### 3.2. Co-signaling by dendritic cells

Mature DCs express a plethora of diverse co-signaling molecules. These bind to their partnering receptor on T cells and as such deliver various signals that contribute in their own way to the quality of the T cell response. Co-signaling molecules can act on particular aspects of T cell activation, such as survival, cell cycle progression and differentiation to either  $T_{eff}$  cell or memory T cells [64]. It is furthermore important to note that intracellular signals may be transduced through both the co-signaling ligand and its receptor, a concept known as bidirectional signaling [65-68]. Consequently, co-signaling can affect both the antigen presenting cell and T cells [69].

The function of a particular co-signaling molecule is strongly related to the timing of its action, as early co-signaling molecules are functionally distinct from those that act late during the T-cell response. It is for this reason that the expression of each co-signaling molecule and/or its receptor is tightly regulated and depends on the activation status of the cell [70].

Another important issue is that the outcome of the signaling is not necessarily stimulatory hence co-signaling molecules can be categorized as being co-stimulatory or co-inhibitory based on the outcome of their signals. Linked herewith, it is worthwhile noting that co-signaling molecules are as essential in determining the expansion and function of  $T_{eff}$  cells as they are for the development and function of  $T_{reg}$  (defined as CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup>cells) [71].

#### 3.3. Co-stimulation: focus on the CD70/CD27 pathway

There is a growing list of co-stimulatory molecules, of which most belong to either the B7 or the TNF receptor superfamily, and are expressed on DCs and other antigen presenting cells [60, 72, 73]. Some co-stimulatory molecules however, exemplified by CD83 and the CD300 family, which is also expressed on mature DCs, cannot be classified in either of these groups [74, 75].

The co-stimulatory function of B7.1 (CD80) and B7.2 (CD86), which are the founding members of the B7 family and which themselves belong to the immunoglobulin superfamily, have been studied most extensively. These co-stimulatory molecules and their receptor CD28 were extensively discussed in [76] and are therefore not addressed in this chapter. It needs to be highlighted that the B7 family now encompasses several other members, which were more recently described. These include inducible co-stimulator ligand (ICOS-L), programmed death 1 receptor-ligand 1 (PD-L1 or B7-H1), PD-L2 (B7-DC), B7-H3 and B7-H4. The corresponding ligands that are inducibly expressed on T cells are ICOS, programmed death 1 receptor (PD-1), and B and T Lymphocyte Attenuator (BTLA). Although their function in T-cell activation is not yet fully understood, it is clear that these B7 members are not innocent bystanders [77]. In this regard, we will discuss the PD-L1/PD-1 axis in more detail in the section "Co-inhibition: focus on the PD-L1/PD-1 pathway".

The second group of co-stimulatory receptors expressed on T cells consists of the TNF receptor type family and includes CD27, OX40 (CD134), glucocorticoid induced TNF receptor family related protein (GITR, TNFRSF18; CD357) and 4-1BB (CD137). Their corresponding ligands CD70, OX40L (CD252), GITRL (TNFSF18) and 4-1BBL (TNFSF9) are expressed on DCs [73]. A

common theme for the members of this family is their coordinated expression at the interface between T cells and DCs, and their ability to shape the environment that sets the stage for the cross talk between T cells and DCs. In the remainder of this section we will focus on the CD70/CD27 pathway as this pathway has been identified as a critical regulator of immunity *versus* tolerance.

Similar to the B7 receptor CD28, the receptor CD27 is expressed on naive T cells [78]. Although initially up-regulated upon T cell activation, its expression decreases to undetectable levels after T cells undergo several rounds of division [79]. However, CD27 expression has been reported on central memory T cells [80]. The expression of its ligand CD70 is highly restricted and activation dependent, as it is only transiently expressed on activated T and B cells as well as DCs [81-83]. Studies using CD27 deficient mice have provided insights into the role of CD27 in the generation of T cell immunity. It was indicated that CD27 is of importance in the stimulation of both primary and memory T-cell responses [84]. Although, CD27 seemingly was not required to induce T-cell proliferation, it was shown that CD27 enhances T-cell survival upon successive rounds of cell division [85]. Nonetheless, a role for CD27 in CD8<sup>+</sup>T cell proliferation was shown in the absence of IL-2, although no functional differentiation was detected [86]. In this regard, CD27 has been linked to the induction of IL-2 and IFN- $\gamma$  secretion by CD4<sup>+</sup>T cells, as such instructing the latter to support CD8<sup>+</sup>T-cell activation [87]. These findings were confirmed in mouse studies using blocking anti-CD70 antibodies [88, 89]. An observation that pinpointed the CD27/CD70 pathway as one of the most important costimulatory pathways known today, is the observation that due to their CD70 expression, DEC205<sup>+</sup>spleen DCs are able to prime CD4<sup>+</sup>T cells in the absence of a third signal, *e.g.* IL-12 [90]. Moreover, it was demonstrated in mice that stimulation of T cells by DCs that constitutively express CD70 is effective in the absence of signal 3, suggesting that TCR triggering and CD27/ CD70 interaction-at least in mice-is sufficient to promote CTL responses [91]. Many of these studies were performed in the context of infectious diseases. Also in cancer, the CD27/CD70 interaction has been described to help immune cell survival and induction of potent CTL responses [92-95]. Importantly, our group has developed a potent DC-based anti-cancer vaccine based on the use of mRNA to introduce CD70 in addition to two DC activating stimuli CD40 ligand and a constitutive active form of toll-like receptor 4, collectively referred to as TriMix (Figure 2) [43]. It has been demonstrated that these DCs are able to strongly activate allogeneic naive CD4<sup>+</sup>CD45RA<sup>+</sup>T cells and when loaded with TAA derived peptides are able to hyper-activate CD8+T cells (>500-fold increase in Melan A-specific CD8+T cells was observed when compared with immature DCs, and a >200-fold increase when compared with DCs activated with a classical cytokine cocktail). Simultaneous introduction of TAA and TriMix mRNA was shown to be feasible [96]. These data formed the basis for clinical evaluation of these so-called TriMix-DCs as a cellular vaccine for immunization of advanced stage melanoma patients [97]. Extensive immunomonitoring of delayed type hypersensitivity reactions [98] and/or blood samples [99] obtained from these vaccinated patients, demonstrated priming of CD4<sup>+</sup>and CD8<sup>+</sup>T cell responses against multiple epitopes of the TAAs present within the DCvaccine. More importantly, in a small-scale (15 patients) phase IB clinical trial in advanced melanoma, it was shown that combined intradermal/intravenous vaccination with TriMix-DCs induces anti-tumor activity with durable disease control in a number of patients [100].

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**Figure 2.** TriMix-DCs hyper-activate CTLs that are partially protected from  $T_{reg}$  suppression and drive  $T_{reg}$  towards a  $T_{H1}$  phenotype. Immature DCs can be artificially maturated using genetic modification. To obtain strong T-cell responses, DCs can be electroporated with a cocktail of mRNA molecules encoding constitutive active toll like receptor 4, CD40 ligand and CD70, not only maturing the DCs but also providing them with a powerful co-stimulatory molecule. These DCs are able to stimulate both naive CD4+and CD8+T cells. CD8+T cells will become activated to CTLs, while CD4+T<sub>H</sub>1 cells will facilitate this process. Moreover, it has recently been shown that these DCs are also able to thwart the function of  $T_{reg}$ , whereby their suppressive effect on DCs, CD4+and CD8+T cells is largely incapacitated. As a consequence, the stimulatory potential of these DCs is enhanced because they do not only provide co-stimulation, but also counter immune inhibition.

As mentioned co-stimulatory molecules can also affect  $T_{reg}$ . For instance, it was described that triggering OX40 (human and mouse), GITR (mouse) or 4-1BB leads to a reduced Treg suppression [45, 101-106].

Given its important role in T-cell stimulation as described above, it is worthwhile discussing the role of the co-stimulatory CD70/CD27 pathway in the context of  $T_{reg}$  suppression. Although it is well described that  $T_{reg}$  express high levels of CD27, the effect of CD27/CD70 signaling on the function of  $T_{reg}$  has not been studied in detail in the context of cancer [107-109]. Importantly, it is worthwhile to note that different effects of CD70/CD27 signaling on  $T_{reg}$  have been described and that these effects seem to be dependent on the context of the CD70 expression. For instance, Claus and colleagues demonstrated that CD70/CD27 interaction in the chronically inflamed tumor environment increased the frequency of  $T_{reg}$ , resulting in reduced tumor specific T cell responses and the promotion of tumor growth. The latter was shown to be due to an enhanced survival of  $T_{reg}$ , which was linked to the stimulation of CD4\*T<sub>eff</sub> cells to produce IL-2 a well-known survival factor for  $T_{reg}$  [107, 110]. It has been suggested by Moser and colleagues that in a pro-inflammatory environment, such as secondary lymphoid organs, priming of  $T_{H1}$  cells (a necessary component for efficient priming of CTLs) is driven by IL-12 or CD70/CD27 signaling, depending on the function of  $T_{reg}$ . They observed that enhanced  $T_{H1}$ 

priming in the absence of  $T_{reg}$  is CD70 dependent, whereas IL-12 is required for  $T_{H}$ 1 development when  $T_{reg}$  are at place. The fact that CD70 can exert its co-stimulatory function for  $T_{H1}$ cells in the absence of  $T_{reg}$  might be explained by their observation that the expression of CD70 on DCs was abrogated by T<sub>reg</sub> in vitro [16]. More recently, we extensively investigated the influence of CD70 expressing TriMix-DCs on T<sub>reg</sub> (Figure 2). We demonstrated that these DCs do not induce T<sub>reg</sub> starting from CD4<sup>+</sup>CD25<sup>-</sup>T cells. More importantly, the stimulation of CD8<sup>+</sup>T cells by TriMix-DCs was only marginally influenced by the presence of  $T_{reg}$ . In addition, we showed that CD8<sup>+</sup>T cells that were cultured with TriMix-DCs were partially protected from subsequent  $T_{reg}$  suppression. Besides desensitization of CD8<sup>+</sup>T cells to  $T_{reg'}$  we further showed that  $T_{reg}$  co-cultured in the presence of TriMix-DCs partially lost their suppressive capacity, a phenomenon that was accompanied by a decrease in CD27 and CD25 expression on these T<sub>ree</sub>, as well as an increase in the expression of the transcription factor T-bet and secretion of cytokines linked to a  $T_{\rm H}$  phenotype. Although the assays were performed *in vitro* and their outcome cannot solely be attributed to CD70, these data further underline the notion that the effect of CD70/CD27 signaling on T<sub>reg</sub> might depend on its context. Importantly, these data suggest that the potency of CD70 expressing TriMix-DCs is linked to their ability to hyperactivate CTLs that are refractory to T<sub>reg</sub> as well as on their ability to suppress the function of  $T_{reg}$  even reprogram them to  $T_{H}1$  cells under certain circumstances [108].

#### 3.4. Co-inhibition: focus on the PD-L1/PD-1 pathway

Over the years, two negative stimulatory (co-inhibitory) receptors on T cells have been extensively studied in the context of cancer. These are CTLA-4 and PD-1, which are both members of the B7 receptor family. Moreover, they are both considered to be critical immune checkpoints that can be exploited to enhance anti-tumor T-cell responses.

The role of CTLA-4 in dampening T cell mediated immune responses has been extensively reviewed in [111, 112]. Briefly, CTLA-4 is up-regulated on activated T cells. At that time CTLA-4 interacts with the same B7 molecules as the CD28 receptor but outcompetes the CD28 receptor due to its higher affinity for these B7 molecules. The net effect of this B7.1 or B7.2/CTLA-4 signaling is a decrease in T-cell activity hence dampening of the immune response. Several mechanisms have been described by which CTLA-4 inhibits effector T-cell functions, including induction of reduced contact period between antigen presenting cells and T cells [113] and by transendocytosis of CD80/CD86, thus compromising the T-cell stimulatory capacity of antigen presenting cells [15]. Furthermore, CTLA-4 is constitutively expressed on  $T_{reg}$  and has been shown to be essential for their suppressive function [14]. Today, it is evidenced that unleashing this immunological break through delivery of blocking anti-CTLA-4 antibodies (*e.g.* ipilimumab) is therapeutically beneficial in the fight against cancer [114].

One of the more recently identified B7 receptor family members PD-1 is a distant homologue of CTLA-4, which was originally identified as a gene that was highly expressed by cells undergoing programmed cell death hence its name programmed death 1 receptor [115]. Similar to CTLA-4, PD-1 is up-regulated upon stimulation of T cells, although it has been shown on human T cells that PD-1 can be up-regulated in the absence of TCR triggering

through the addition of cytokines [116]. Importantly, its expression is not limited to activated T cells, as it is also expressed on activated B cells and myeloid cells [117, 118]. Although PD-1 is not present on the surface of freshly isolated  $T_{reg}$ , it can be found at high levels intracellularly. Here it is stored for export to the cell surface upon TCR stimulation [119].

The ligands for PD-1 are B7-H1 (PD-L1) and B7-DC (PD-L2). These show a distinct expression pattern. Whereas expression of B7-H1 can be induced on several different cell types, including monocytes, DCs, mast cells, T and B cells, epithelial, endothelial and muscle cells, the expression of B7-DC is more restricted to DCs, macrophages and mast cells [120-122]. Importantly, B7-H1 expression was also found on several human and mouse tumors [123, 124]. Of note, to emphasize that both B7-H1 and B7-DC bind PD-1, they were renamed as PD-L1 and PD-L2, respectively. However, PD-L1 is polyamorous, it can bind to PD-1 as well as B7.1. Therefore, this nomenclature does not reflect the complexity of the signaling pathways that involve PD-L1 [125, 126]. For instance, it was shown that B7.1 (CD80) expressed on T cells transduces an inhibitory signal to T cells following its ligation with B7-H1 *in vitro* [125, 127]. Conversely, B7-H1 expressed on T cells transduced an inhibitory signal to T cells following its ligation with B7-H1 *in vitro* [125, 127]. Conversely, B7-H1 expressed on T cells transduced an inhibitory signal to T cells following its ligation with B7-H1 *in vitro* [125, 127]. Conversely, B7-H1 expressed on T cells transduced an inhibitory signal to T cells following its ligation with B7-H1 *in vitro* [125, 127]. Conversely, B7-H1 expressed on T cells transduced an inhibitory signal to T cells after its interaction with B7.1 (CD80) [125]. So far, it has not been demonstrated that similar T cell-T cell interactions occur *in vivo*. Moreover, it remains to be clarified whether interaction of B7.1 (CD80) expressed on myeloid cells, *e.g.* DCs and myeloid derived suppressor cells (MDSCs), with B7-H1 on T cells would result in a similar inhibitory signal.

The role of the receptor PD-1 is predominantly described as being inhibitory for immune responses (Figure 3), a notion that is supported by the phenotype of PD-1 deficient mice [128]. There is little doubt that PD-L1 is the main partner in this inhibitory function as experiments utilizing strategies to either interfere with PD-1 or PD-L1 (*e.g.* antibodies, genetic down-regulation, *etc.*) often have a similar outcome [70]. Of note, whereas PD-1 deficient mice develop severe autoimmunity, this is not the case in PD-L1 deficient mice [129]. In addition, it needs to be mentioned that contradictory results have been obtained *in vitro* showing both negative and positive signaling of B7-H1 on T cell proliferation and cytokine production. These observations caution us to conclude that PD-L1 is exclusively suppressive.

With regard to suppression of immune responses, it has been described that PD-1 plays a critical role in maintaining peripheral tolerance. In this regard, it has been shown that the co-inhibitory PD-1 receptor plays a role in the conversion of naive CD4<sup>+</sup>T cells to induced Foxp3<sup>+</sup>T<sub>reg</sub> [130]. Moreover, PD-1 is up-regulated on T<sub>reg</sub> upon TCR stimulation and has been suggested to enhance their proliferation [131]. It is furthermore thought that the interaction of PD-L1 with PD-1 is responsible for the lack of T-cell responsiveness in settings of persistent antigen stimulation such as those encountered in cancer and chronic infectious diseases [132-135]. Several modes of action that result in the corruption of the T<sub>eff</sub> cell functionality have been described, including inhibition of kinases involved in T cell-activation [118], induction of cell death [115] and modulation of the duration of T cell-DC or T cell-target cell contact by down-regulation of the TCR [136-138]. The physiological importance of TCR down-regulation is yet unclear [139], however most of the experimental evidence points out that TCR down-regulation seems to act at different levels to prevent autoimmunity during the onset of immune responses [140].



**Figure 3.** The PD-1/PD-L1 interaction has an inhibitory effect on T cells, while it simultaneously provides survival signals to cancer cells. DCs can be manipulated to stimulate both naive CD4<sup>+</sup>and CD8<sup>+</sup>T cells. Immune stimulation of these T cells leads to up-regulation of the receptor PD-1, interacting with PD-L1 on DCs, to terminate the immune response before causing harm to the host. In the tumor environment, however, PD-1 up-regulation will incapacitate T cells before they are able to tackle tumor cells. Moreover, the tumor itself, can up-regulate PD-L1 to avoid T-cell mediated killing. T<sub>reg</sub> can be induced from naive CD4<sup>+</sup>T cells. The role of PD-1 in T<sub>reg</sub> is less documented. Nonetheless it is supposed that T<sub>reg</sub> are able to express PD-1 and can expand upon PD-1 triggering.

Most studies that have demonstrated negative co-signaling through interaction of PD-1 with PD-L1 during antigen presentation by DCs, have predominantly focused on expansion of T cells and secretion of single cytokines [141]. However, there is a growing appreciation that poly-functional T cells might reflect the effectiveness of the T cells to mediate tumor cell eradication, as was described in the eradication of virally infected cells [142]. In this regard, several studies have found enhanced numbers of tumor-specific poly-functional T cells in patients responding favorably to various forms of immunotherapy, including anti-CTLA-4 antibody therapy [143] and tumor vaccines [144]. In addition, the studies performed by Imai and colleagues [145] suggest that poly-functionality of adoptively transferred CD8<sup>+</sup>T cells is a sensitive immune correlate for successful immunotherapy against malignancy. Therefore, we recently evaluated whether interference of the PD-1/PD-L1 pathway during antigen presentation by DCs impacted on the ability of CD4+and CD8+T cells to perform multiple functions at the same time [146]. To that end, we genetically engineered monocyte-derived DCs to secrete soluble PD-1 or soluble PD-L1. The latter approach was based on the observation that patients with chronic lymphocytic leukemia that have a splice variants of PD-1, which gives rise to a soluble form of PD-1, have a prolonged survival [147]. Interestingly, we observed that modification of DCs with soluble PD-1 or soluble PD-L1 mRNA resulted in increased levels of the co-stimulatory molecule CD80 and a distinct cytokine profile, characterized by the secretion of IL-10 and TNF- $\alpha$ , respectively. Importantly, these DCs stimulated a significantly higher number of multifunctional T cells that showed increased cytokine secretion, while it did not induce  $T_{reg}$ .

Besides antigen presenting cells, tumor cells use the PD-1/PD-L1 pathway to control anti-tumor immunity. Many human cancers have been shown to aberrantly express B7-H1. Up-regulation of B7-H1 is associated to local inflammation (predominantly the presence of IFN- $\gamma$ ) [148]. Importantly, expression of B7-H1 is a poor prognostic factor in several cancer types, including ovarian cancer [149], renal cancer [150, 151], pancreatic cancer [152] and breast cancer [153]. The latter can be explained by three different mechanisms. First, it has been described that binding of PD-1 (T cells) to B7-H1 on cancer cells provides anti-apoptotic stimuli to these cancer cells [65]. Secondly, it was shown in experiments in which cancer cells were modified to express B7-H1, that these cells become refractory to CTL mediated killing [154, 155]. In another model it was shown that this phenomenon was reversible, when the binding of B7-H1 was prevented by blocking antibodies [156]. Thirdly, tumor associated antigen presenting cells utilize the PD-1/PD-L1 (B7-H1) pathway to control anti-tumor T cell responses using the mechanisms that were described above. This results in the stimulation of  $T_{\rm eff}$  cells that show high expression of PD-1, are impaired in their function and resemble the exhausted antigen specific T cells that can be found during chronic viral infection. Interaction between PD-L1 expressed on tumor cells and PD-1 expressed on effector T cells was also shown to directly induce apoptosis of T cells [157].

The knowledge that blockade of PD-1/PD-L1 signaling aids the priming of multifunctional T<sub>eff</sub> cells, avoids expansion of T<sub>reg</sub> and facilitates anti-tumor immune responses at the tumor site, has instigated research in which stimulation of T cell responses in tumor bearing mice was combined with the administration of anti-PD-1 or anti-PD-L1 blocking antibodies, demonstrating a synergistic effect of both strategies [152, 154, 156, 158, 159]. Of note, treatment of mice with blocking antibodies without other treatment modalities only had marginal effects. So far, four humanized antibodies have been generated and tested in clinical trials to block the PD-1/PD-L1 pathway. Three of them are blocking anti-PD-1 antibodies, CT-011 [160, 161], MDX-1106 [162] and BMS-936558 [163, 164], whereas the fourth antibody is a blocking anti-PD-L1 antibody called BMS-936559 [165]. The antibody CT-011 was used in a phase I clinical trial in 17 patients with advanced hematological malignancies, demonstrating clinical benefit in about 33% of patients of which one complete response. There was no development of autoimmunity reported [160]. The antibody MDX-1106 was tested in 39 patients with advanced solid cancer, including patients with colorectal cancer, melanoma, prostate cancer, non small cell lung carcinoma and renal cell carcinoma. Manageable toxicity, such as anemia, lymphopenia, colitis and arthritis was reported. Clinical benefit was demonstrate in about 10% of patients of which one complete response, two partial responses and two mixed responses [162]. The same team conducted a large-scale study in a similar patient population (over 260 patients) using the anti-PD-1 antibody, BMS-936558. Objective responses were described in approximately one in four to one in five patients with non-small-cell lung cancer, melanoma or renal cell cancer. Again, the adverse event profile did not appear to preclude the use of the tested antibody. Moreover, a relationship between PD-L1 expression on tumor cells and objective response was suggested in this trial [163, 164]. Also the anti-PD-L1 antibody,

BMS-936559, was evaluated by this group in a phase I trial including over 200 patients suffering from the aforementioned cancers. From this study, it was concluded that antibody mediated blockade of PD-L1 induced durable tumor regression (objective response rate of 6 to 17%) and prolonged stabilization of disease (rates of 12 to 41% at 24 weeks) in patients with advanced cancers, including non–small cell lung cancer, melanoma and renal cell cancer [165].

In conclusion, experimental and early clinical results indicate that manipulation of the B7-H1 (PD-L1)/PD-1 pathway provides novel opportunities in anti-tumor therapy. In particular the combination of PD-L1/PD-1 blockade with vaccination strategies might synergize to initially enhance the stimulation of  $T_{eff}$  cells, whilst enabling these  $T_{eff}$  cells to exert their function in the tumor environment.

## 4. Discussion

Progress in our understanding on how immune cells interact with each other and how they are affected by cancer cells has led to the development of immunotherapeutic strategies that aim to harness the potential of CTLs in order to improve the outcome for cancer patients. Although CTLs are critical to fight cancer cells, there is a general consensus that stimulation of CTLs will only be successful when they are able to overcome the immunosuppression exerted by cancer cells and cancer associated immune cells, such as  $T_{reg}$ . To achieve the latter, research has focused on two approaches. One approach is designing DCs that are able to stimulate CTLs that are no longer sensitive to immunosuppression and to use these DCs as a cellular vaccine. Another approach is to develop strategies to modulate immunosuppressive mechanisms and use these either alone or in combination with vaccination. Our growing knowledge on the expression pattern and function of individual co-signaling molecules and how these educate T cells to respond or not, has been invaluable for the development of both approaches.

Co-signaling molecules start a signal cascade in T cells, which in turn allows them to sense environmental conditions and consequently respond accordingly. There is a growing list of co-signaling molecules that can either transduce stimulatory or inhibitory signals and therefore are often categorized as such. However, whether co-signaling will be stimulatory or inhibitory is dependent on the level and timing of expression of these molecules hence in reality (when multiple co-signaling molecules are expressed on the antigen presenting cell, be it DCs or cancer cells) the situation is much more complex. Nonetheless, major discoveries on new signaling molecules, their interactions and multilevel functionality have had a tremendous impact on cancer immunotherapy over the years. In this regard, important milestones have been the description of the CD70/CD27 and PD-L1/PD-1 pathways. Although it's early days in their clinical exploitation, the pre-clinical and clinical results described in this chapter demonstrate that manipulation of these pathways is promising. In particular, clinical results such as those obtained with improved DC vaccines, e.g. TriMix-DCs or blocking anti-PD-1 or PD-L1 antibodies, re-fuel the enthusiasm that immunotherapy strategies will find their place as an effective fourth treatment modality for cancer.

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**Chapter 4** 

# Negative Immunomodulators – Blunting Immunostimulation and Facilitating Infection

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Additional information is available at the end of the chapter

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## 1. Introduction

The human immune system requires a delicate balance of positive and negative regulators to provide appropriate responses to different stimuli. It is important to control the extent of the response and limit the response at the conclusion of an immune event. The immune system has many negative immunomodulators that assist in this function, including such recently described molecules as PD-1, KLRG1, SOCS1, and Tim-3. These immunomodulators, amongst others, are under direct or indirect control of a group of small non-coding RNAs called microRNAs (miRNAs) that regulate gene expression via degradation or translational repression of their target mRNAs. While these modulators perform a vital function during normal immune responses, they have also been implicated in the pathology of chronic infections, including hepatitis C virus (HCV), herpes simplex virus (HSV) and human immunodeficiency virus (HIV) (Table 1). It is believed that these viruses alter the expression of negative immunomodulators to blunt appropriate immune responses, facilitating persistent viral infection. Because of the role of these modulators and the involved miRNAs, they are being investigated as possible treatments for chronic infections. This review is not exhaustive but highlights several lines of research in regard to negative immunomodulators in innate and adaptive immune responses to stimulation.



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Molecule	Ligand Expression		
PD-1		B cells, T cells, DC, NK T cells, Treg,	
	FD-LI/FD-LZ	monocytes	
Tim-3	Gal-9	T cells, Treg, monocytes, macrophages, DC	
KLRG1	E-cadherin	NK cells, T cells	
SOCS1	JAK 2, cytokine receptors	Multiple somatic cells	

Table 1. Negative Immunomodulators implicated in Chronic Infection

### 2. Negative immunomodulators — The players

#### 2.1. PD-1

The gene for Programmed Death-1 (PD-1) was first discovered in 1992 during experimentation with T cell hybridomas [1]; PD-1 was found to be upregulated in cells undergoing apoptosis, and is a type 1transmembrane protein 288 amino acids long [2]. It contains an intracellular domain, a transmembrane domain, a stalk approximately 20 aa in length, and an immunoglobulin superfamily domain that contains an immunoreceptor tyrosine-based switch motif (ITSM) and an immunoreceptor tyrosine-based inhibitory motif (ITIM). PD-1 is expressed on T cells, B cells, dendritic cells (DC), natural killer T cells (NKT cells), and monocytes that have been activated, and two ligands, PD-L1 and PD-L2, have been described. PD-1 expression leads to inhibition of cytokine production, including TNF- $\alpha$ , IFN- $\gamma$ , IL-2, and possibly the cell survival factor Bcl-xL [2, 3]. PD-1 signals have an inverse relationship with TCR stimulation; at lower levels of TCR stimulation, PD-1 signals are stronger; CD28 signaling, however, can overpower the inhibitory effects of PD-1 [4]. When PD-1 binds to its ligand, TCR signaling is decreased, highlighting a function of PD-1 in adaptive immunity. On the cell surface, PD-1 activation induces the phosphorylation of cytoplasmic tyrosines [5, 6]. SHP-2 associates with the PD-1 ITSM, dephosphorylating signals via the P13K pathway and Akt and ultimately decreasing the expression of cytokines such as IL-2, TNF- $\alpha$ , and IFN- $\gamma$  [2, 5]. Decreases in IL-2 have been associated with cell death, revealing a possible mechanism of function of PD-1 in apoptosis.

#### 2.2. Tim-3

Tim-3 (T cell immunoglobulin and mucin domain 3) was initially found to be expressed on Th1 cells but has since been identified on monocytes, DC, mast cells, and microglia [7-10]. Tim-3 has an IgV domain, a mucin domain, a transmembrane domain, and a cytoplasmic tail [11]. Studies indicate that only the IgV domain binds to the ligand [10]. The most studied ligand of Tim-3 is galectin-9 (Gal-9) [12]. Tim-3 is thought to play a role in both innate and adaptive immune responses. In inactive immune cells, Tim-3 is expressed on DC and functions through Toll-like receptors (TLRs) to facilitate inflammation [13]. However, when Th1 cells are stimulated, Tim-3 expression on those cells is increased and, in the presence of Gal-9, impedes their responses. Tim-3 has also been shown to decrease macrophage activity [13]. Downregu-

lating Tim-3 is associated with an upregulation of the proinflammatory cytokine IL-12, but also IL-10, an anti-inflammatory cytokine, and PD-1 has been inversely correlated with Tim-3 expression. Due to the complexity of Tim-3 interactions, research into the extent and mechanism of the functions of Tim-3 is still ongoing. However, current data suggest Tim-3 is a key regulator in both innate and adaptive immune responses.

#### 2.3. KLRG1

Killer cell lectin like receptor G1 (KLRG1) is found on NK cells and activated T cells [14, 15]. As cells mature and differentiate, they express KLRG1 in higher numbers. KLRG1 also has an ITIM domain, suggesting an inhibitory activity. When bound with its ligand, E-cadherin, KLRG1 has been shown to inhibit degranulation and IFN- $\gamma$  secretion by NK cells. Furthermore, KLRG1 also inhibits CD4 T cell activity by decreasing CD95 mediated lysis [14, 15]. Henson *et al.* [14, 15] have shown in CD8 T cells that blocking KLRG1 upregulates cyclin D and E and downregulates cyclin inhibitor p27. To prevent T cell activation, both KLRG1 and CD3/TLR need to be stimulated proximally [16], suggesting that both cell signals need to be provided by the same target cell. The KLRG1 ITIM recruits SHIP-1 and SHP-2 phosphatases, facilitating the conversion of PIP3 to PIP2 [17] and thus blocking the actions of PI3K and downstream phosphorylation of Akt [18]. When Akt is not phosphorylated, proliferation is decreased, perhaps by a lack of cyclin D and E and cyclin inhibitor p27 remaining at levels sufficient for inhibition [15].

#### 2.4. SOCS1

SOCS1 is a member of a family called suppressors of cytokine signaling [19]. SOCS members display a wide spectrum of negative cytokine regulation and have a part in preventing harmful cytokine effects in certain organs [20]. SOCS1 is a negative immunomodulator for both cytokine and TLR receptor mediated signaling, and the members of the SOCS family have two key motifs: a SOCS box and a SH2 domain [19]. In addition, SOCS 1 also possesses a kinase-inhibitory region (KIR). The SH2 domain allows SOCS to associate with cytokine receptors and tyrosine kinases, inhibiting cytokine signaling by dampening kinases or making adaptor molecules for receptor sites unavailable [19]. The SOCS box recruits proteins that perform such functions as regulating degradation of proteins bound with SOCS [21]. SOCS1 prefers to use its SH2 domain to bind JAK kinases [20]. SOCS1's inhibitory function comes from reducing JAK kinase activity through the KIR domain and using the SOCS box to degrade JAK kinases. Cytokines such as IL-4, TNF- $\gamma$ , and some TLR ligands can cause the upregulation of SOCS1 expression [22]. SOCS1 also directly inhibits TLR signaling [21, 22]. The mechanism has not been conclusively demonstrated, but several proposals exist [23, 24].

## 3. Negative immunomodulators in viral infection – Hepatitis C

Over 180 million people throughout world are infected with Hepatitis C Virus [25]. Of those with an acute HCV infection, 85% become chronic [26]. HCV has developed ways to evade the

host immune system, allowing the virus to persist for prolonged periods of time. HCV is a single-stranded RNA virus with a genome of approximately 9.5 kb. A member of the *Flavivirus* family, this virus's genome codes for a single polyprotein precursor that is cleaved into the proteins necessary for viral propagation. The HCV core protein is of particular interest to researchers, as it is implicated in playing a major role in evading host immune responses [27].

Virus-specific cytotoxic T lymphocytes (CTL) are critical for the elimination of the virusinfected cells. Strong viral specific CTL responses have been demonstrated in those individuals who spontaneously resolve HCV infection [28-30]. In chronically HCV-infected patients, however, virus-specific CTL responses are significantly diminished both in the liver and peripheral blood [31, 32]. Numerous additional studies have reported that impaired virusspecific CD4<sup>+</sup>and CD8<sup>+</sup>T cell functions are associated with chronic HCV infection [33-36]. This downregulation of cell-mediated T cell responses may contribute to chronic infection; Th CD4<sup>+</sup> T cell activation and differentiation may be impaired by HCV [42]. It has been reported that CD4<sup>+</sup>and CD8<sup>+</sup>T cell responses, including virus-specific interferon gamma (IFN- $\gamma$ ) production, are severely suppressed in chronically HCV-infected patients through the PD-1 inhibitory pathway [37-39]. Several other investigators have supported these studies, including data suggesting PD-1 blockade can restore T cell functions [40, 41] and that HCV core protein may induce PD-1 upregulation and T cell dysfunction [36].

Additional data on the role of PD-1 in HCV infection has focused on innate immune responses. PD-1 appears to be upregulated in monocytes derived from HCV-infected individuals, and these monocytes are functionally impaired in terms of their ability to express IL-12 [42, 43]. Additionally, both "successful HCV treatment with pegylated interferon/ribavirin as well as blocking PD-1/PDL-1 engagement *ex vivo* were associated with reduced PD-1 expression and improved IL-12 production by monocytes". Studies have also demonstrated that monocyte/ macrophages isolated from both healthy and HCV-infected individuals and treated with HCV core protein displayed increased PD-1 expression and decreased IL-12 expression [42, 43].

SOCS1 seems to play an interesting role in chronic HCV infection. Miyoshi et al. [44] reported that HCV core protein inhibited SOCS1 expression and Yoshida et al. [45] reported SOCS1 gene methylation in hepatitis C patients. These experiments were however performed with hepatocellular carcinomas (HCCs). SOCS1 has been demonstrated to suppress liver cell proliferation [46, 47] and has been implicated as a tumor suppressor, consistent with findings that SOCS1 is downregulated in HCCs [19]. Frazier et al. [25] have performed experiments with healthy T cells and found SOCS1 to be upregulated in the presence of HCV core protein. These results suggest HCV core protein increases expression of SOCS1 in T cell populations, decreasing immune responses through the pathways described above; moreover, SOCS1 appears to be downregulated in HCCs in the presence of HCV core protein, altering its role in tumor suppression and liver cell regeneration and further contributing to liver pathology during infection. In innate immune responses, Monocytes isolated from both healthy and HCV-infected individuals and treated with HCV core protein displayed increased SOCS-1 expression and decreased IL-12 expression [43]. PD-1 and SOCS-1 were found to associate by co-immunoprecipitation studies, and either blocking PD-1 or silencing SOCS-1 in  $M/M_{o}$  led to activation of STAT-1 during TLR-stimulated IL-12 production. Silencing SOCS-1 expression using siRNAs increased IL-12 expression and inhibited PD-1 up-regulation, suggesting crosstalk between the immunomodulators [43].

KLRG1 has been shown to be upregulated in acute hepatitis C infection in T cells but has a relatively low expression in chronic HCV patients [48]. These investigators suggested that, as the number of TCR-triggering events increases, so does the probability that a T cell will express KLRG1. This implies that TCRs are more frequently stimulated in acute HCV infections than chronic infections. Recent studies in NK cells demonstrated that individuals with chronic HCV infection display a reduction in NK cell number and function concomitant with a significant increase in KLRG1 expression. KLRG1 expression was associated with increased NK cell apoptosis and a diminished capacity to undergo cell activation and produce IFN $\gamma$ , phenomenon; this could be reversed by KLRG1 blockade [49].

Tim-3 has been studied in individuals with HCV infection and found to have a role in both innate and adaptive immune responses. Patients who have a high level of Tim-3 early in infection are more likely to become chronically infected than those with normal levels of Tim-3. The individuals exhibit a higher percentage of CTLs that express both Tim-3 and PD-1 [50]. Tim-3 blockade restores proliferation, cytotoxicity, and killing of HCV-expressing hepatocytes, and blocking PD-1 in the same cells has an even greater effect in most subjects [50].

Tim-3 expression is also up-regulated on Foxp3<sup>+</sup>Tregulatory cells (Tregs), which could be induced *in vitro* by incubating purified healthy CD4<sup>+</sup>T cells with HCV-expressing hepatocytes. HCV-infected hepatocytes expressed higher levels of Gal-9 and TGF- $\beta$ , and drove conventional CD4<sup>+</sup>T cells into CD25<sup>+</sup>Foxp3<sup>+</sup>Tregs that express TGF- $\beta$  and IL-10 [51, 52]. Additionally, recombinant Gal-9 protein transformed TCR-activated CD4<sup>+</sup>T cells into Foxp3<sup>+</sup>Tregs in a dose-dependent manner and blocking Tim-3/Gal-9 ligations abrogated HCV-mediated Treg induction [52].

In innate immune responses, Tim-3 expression was up-regulated on monocytes in HCVinfected individuals and this expression was inversely correlated with IL-12 expression [13, 53]. Tim-3 blockade significantly improved HCV-mediated IL-12 suppression, reduced HCV core-mediated expression of the negative immunoinhibitors PD-1 and SOCS-1, and increased STAT-1 phosphorylation in monocyte macrophages in these studies. Figure 1 represents a potential model for the interplay between the negative immunomodulators during HCV infection.

# 4. Negative immunomodulators in viral infection — Human Immunodeficiency Virus (HIV)

HIV is a retrovirus with an envelope and is a single-stranded RNA virus. Three enzymes, reverse transcriptase, protease, and integrase, are present in the core of the virus. These proteins are the target of many antiretroviral drugs used for HIV therapy. The HIV pandemic has spurred much of the research into negative immunomodulators, which appear to be involved in many aspects of HIV-mediated immune dysregulation.



Figure 1. Model for the role of negative immunomodulators during chronic HCV infection.

KLRG1 has been shown by Ibegbu *et al.* [54] to be upregulated on CD8<sup>+</sup>cells in HIV positive patients. KLRG1 and its ligand, E-cadhedrin, decreased the cytotoxicity of HIV<sup>+</sup>CD8<sup>+</sup>cells [55]. As noted previously, KLRG1 has also been shown to be co-expressed with other inhibitory molecules such as PD1 in chronic infections such as in HCV infected cells [55]. Chronic latent infections such as Epstein-Barr virus and cytomegalovirus also increase KLRG1 expression, while acute viral infections such as influenza do not [30]. This suggests the persistent antigen stimulation in chronic infections may lead to immune senescence through molecules such as KLRG1, making this cell signal a potential target for therapeutic treatments.

SOCS1 expression is increased in HIV infected cells [56]. SOCS1 may aid in HIV particle maturation and infectivity by interacting with the HIV-1 p55 Gag protein. Viral protease cleaves Gag into domains key to viral replication; SOCS1 promotes the stability of Gag, and the SH2 domain may be of key importance in HIV-1 Gag binding [56]. Other SOCS proteins such as SOCS3 do not increase viral replication, suggesting the role of SOCS1 is unique amongst the proteins with a SOCS box domain.

HIV exposures causes increased expression of PD-1 [57], and PD-1 expression on HIV specific CD8<sup>+</sup>cells correlates with HIV viral load [58], implying antigen signal strength leads to expression of PD-1 and exhaustion [59]. An HIV protein, Nef, was shown to use a MAPK-dependent pathway to increase the expression of PD-1 [60]. PD-1 has been demonstrated to impair the function of cytotoxic T lymphocytes [59], contributing to the decreased immune response characteristic of HIV infection. However, controlling the viral load through tradi-

tional treatment leads to a decrease in PD-1 expression [61]. Blocking the binding of PD-L1 to PD-1 in CTLs has led to an increase in CTLs, which may contribute to a stronger adaptive immune response. These data suggest PD-1 could be a potent target for therapies for HIV. However, PD-1 may protect the vascular system from severe immunological responses during acute infections, with potential difficulties with blocking PD-1 pathways *in vivo* [62, 63].

In HIV-infected patients, Tim-3 expression is increased on T cells [64-66]. The binding of Gal-9 to Tim-3 has been demonstrated to render them less susceptible to HIV-1 infection and replication. The Gal-9/Tim-3 interaction on activated CD4 T cells leads to down-regulation of HIV-1 coreceptors and up-regulation of the cyclin-dependent kinase inhibitor p21 [67]. During the chronic stage of HIV, this interaction can lead to  $T_H1$  and  $T_C1$  cell exhaustion [68]. Thus, T cells expressing Tim-3 during chronic infection have an impaired ability to function properly and to increase in number [64]. CD8<sup>+</sup>cells that are Tim-3 negative have been shown to have a better ability to degranulate than Tim-3<sup>+</sup>CD8<sup>+</sup>cells. Blocking Tim-3 pathways in Tim-3<sup>+</sup>cells has been shown to increase perforin release, increasing cytotoxic ability and the acquired immune response [68]. These data suggest blocking Tim-3 may prove to be a potent therapeutic technique in the treatment of chronic HIV infection.

## 5. Negative immunomodulators in viral infection – Herpes simplex virus

The viral family *Herpesviridae* contains linear dsDNA, and HSV is a member of the subfamily *Alphaherpesvirinae*. These viruses lyse infected cells and grow rapidly; frequently, herpes viruses establish chronic subclinical infections in nerve ganglia that can develop into recurrent acute infections. Chronic infection by HSV leads to up-regulation of negative immunomodulators in a manner similar to HCV and HIV chronic infections. Maheller *et al.* [69] noted that SOCS1 is up-regulated during infection by HSV used in gene therapy experimentation, and this up-regulation of SOCS1 aided in viral replication. Because of the role SOCS1 plays in the JAK/STAT pathway, inhibition of this pathway may be what facilitates viral replication. It has also been demonstrated that SOCS3 is required for efficient viral replication of some strains of HSV [70]. This evidence suggests SOCS family cytokines have an important role in viral replication and they warrant further research.

During chronic HSV infections, PD-1 levels are elevated on CD8<sup>+</sup>T cells [71], perhaps due to frequent antigen stimulation leading to exhaustion. Murine CD8<sup>+</sup>T cells infected with HSV and expressing increased levels of PD-1 have been shown to produce less cytokines, such as IL-2, INF- $\gamma$ , and TNF- $\alpha$ , than T cells that express less PD-1. After murine HSV infection, PD-1's ligand, PD-L1, has been found to be upregulated on dendritic cells [71]. It is thought PD-L1 on DCs interacts with PD-1 on CD8<sup>+</sup>T cells to decrease the immune response in chronic viral infections. Some studies support the possibility of blocking PD-1/PD-L1 interactions to increase immune responses to latent HSV infection [71]. Bryant-Hudson and Carr [72], however, reported an increase in viral load in ganglia and murine cases of keratitis when PD-1/PD-L1 interactions were blocked during acute infections. The pathology associated with keratitis may result from innate immune responses, such as inflammation due to cytokines

such as IF- $\gamma$  [73, 74]. Bryant-Hudson and Carr also hypothesized that PD-L1 may disrupt proper antigen presentation through the down-regulation of costimulatory molecules such as CD80/CD86. The different findings in acute versus latent infections highlight the complex role of many immunomodulators and the difficulties faced in manipulating these molecules in therapeutic settings.

Gal-9 is up-regulated in the presence of both latent and acute HSV infection [75], and the majority of CD8<sup>+</sup>T cells in neural ganglia infected by HSV express Tim-3. This suggests a role for Tim-3 expression in HSV infection. Predictably, it has been demonstrated that Gal-9/Tim-3 interactions decrease the efficiency of CD8<sup>+</sup>T cells in HSV infected neural ganglia [76]. Furthermore, Gal-9:/Tim-3 interaction on CD8<sup>+</sup>T cells increases their apoptosis [77]. Reddy *et al.* [75] have supporting evidence that Tim-3 up-regulation facilitates HSV latency. However, in murine HSV keratitis, the immunoinflammatory-mediated pathology of the cornea is increased when Gal-9 is blocked with mAb [76]. In these studies, at least 50% of T cells associated with murine keratitis express Tim-3. Interestingly, additional Gal-9 decreases the severity of ocular lesions, presumably through decreasing the inflammatory response.

## 6. MicroRNAs in negative immune regulation

Micro RNAs (miRNAs) have been under extensive research as molecular regulators of negative immunomodulation, with well-described roles in hematopoiesis, inflammation, cancer and many other pathological processes [78, 79]. MicroRNAs are a relatively newly discovered class of non-coding RNAs that function as regulators of gene expression, either by transcriptional inhibition or mRNA degradation. They demonstrate effects either through their loss of function or overexpression, leading to pathologic responses that affect diverse cellular processes including cell differentiation, proliferation, and apoptosis. The effective recognition of viral infection and subsequent triggering of antiviral innate immune responses is controlled by multiple regulators, including miRNAs. A panel of miRNAs has been identified, including miR-124, miR-125, miR-223, miR-155, and miR-146, amongst others, and the role of individual miRNAs has been described in relation to specific pathologic process.

#### 6.1. miRNAs in chronic viral infection – Hepatitis C (HCV)

miR-146a was initially identified during efforts to find miRNAs that are important in the innate immune response to microbial infection. These initial studies confirmed miR-146a as a transcriptional target of NF-kB, and it was thought to have a role as a feedback inhibitor of NF-kB activation. It is highly expressed in mature immune cells, including DC, peritoneal macrophages, granulocytes and splenic B and T cells [80]. Recent studies revealed that Tim-3 expression on T cells is regulated by the Th1 lineage determining transcription factor T-bet (Anderson et al., 2010), which is translationally regulated by miR-146a. Several studies link dysregulation of expression of several miRNAs to HCV and/or its related immunologic phenomenon [81-86].

#### 6.2. miRNA in chronic viral infection – Human Immunodeficiency Virus (HIV)

There are two functional miRNAs, miR-TAR-5p and miR-TAR-3p, which form the transactivating response (TAR) element of human immunodeficiency virus type 1 (HIV-1). Ouellet et al. [87] reported recently that TAR miRNAs derived from HIV-1 can incorporate into host effector Argonaute protein complexes, which is required if these miRNAs are to regulate host mRNA expression. Bioinformatic predictions and reporter gene activity assays identified regulatory elements complementary and responsive to miRTAR-5p and miR-TAR-3p in the 3' untranslated region (UTR) of several candidate genes involved in apoptosis and cell survival. These include Caspase 8, Aiolos, Ikaros and Nucleophosmin (NPM)/B23. Analyses of Jurkat cells that stably expressed HIV-1 TAR or contained a full-length latent HIV provirus suggested that HIV-1 TAR miRNAs could regulate the expression of genes in T cells that affect the balance between apoptosis and cell survival.

#### 6.3. miRNA in chronic viral infection - Herpes Simplex Virus (HSV)

One of the characteristics of Herpesviruses is their ability to maintain life-long latent infections in their hosts. As reported by Umbach et al. [88], herpes simplex virus 1 (HSV-1) establishes latency in neurons of sensory ganglia, where the only abundant viral gene product is a non-coding RNA. HSV-1 expresses at least two primary miRNA precursors in latently infected neurons that may facilitate the establishment and maintenance of viral latency by post-transcriptionally regulating viral gene expression. These include the latency associated transcript (LAT) [89, 90], which functions as a primary miRNA precursor that encodes four distinct miRNAs in HSV-1 infected cells. One of these miRNAs, miR-H2 3p, is transcribed antisense to ICP0, a viral immediate-early transcriptional activator thought to play a key role in productive HSV-1 replication and reactivation from latency [91].

#### 7. Conclusions

The negative immunomodulators described herein are the targets of researchers attempting to find treatments for chronic diseases. However, the multi-faceted role of many of these molecules makes it difficult to assign specific functions and these immunomodulators likely function in a complex and often interconnected molecular system. The delicate balance of "on" signals and "off" signals within the immune response leads to challenges for this area of research, but the recent strides made in negative immunomodulation are promising.

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# Macrophages — Masters of Immune Activation, Suppression and Deviation

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Additional information is available at the end of the chapter

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## 1. Introduction

Immunostimulation is fundamental to efficient host responses to pathogens; a comprehensive understanding of which will inform the development of the next generation of vaccines. Integral to vaccine development is the mode of delivery to the appropriate host tissue. Mucosal tissue, with its ability to both tolerise and activate host immune responses, represents an ideal site for vaccine delivery. The continued study of such mucosal tissue with respect to its ability to exert immune activation, suppression and in deed deviation, will be of benefit to the design of next-generation vaccines.

Mucosal immunity is governed by the interaction of the barrier epithelial cells of the mucosal surface with the underlying immune cells. The most important immune cells, which are responsible for determining immune responsiveness at these surfaces, are those of the innate immune system; antigen presenting cells (APCs) such as dendritic cells (DCs) and macrophages (M\u03c6s). DCs play an important role in antigen processing and presentation, thus priming antigen-specific effector T cell responses by homing from the challenge site to the local lymph node. M $\phi$ s, on the other hand, stay within the mucosal tissue at the forefront of the challenge site and play a major role in immune fate decision: activation, deviation or suppression. Under certain genetic, environmental and immunological conditions, these resident tissue macrophages are rendered dysfunctional and play a pivotal role in establishment and persistence of pathology. Taking into consideration their tissue residence and their potential to prime a wide range of immune responses, this review will focus on immunostimulation in the context of mucosal Mo function in both homeostasis and pathology in the oral mucosa and gastrointestinal tract (GIT). In addition, immunostimulation via  $M\phi$  functionality can only fully be appreciated by considering the relative relationship of activation with both immunedeviation and suppression; such functionality will also be considered in this review.



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## 2. Macrophages

Macrophages have long since been recognised to play a central role in the immune response. They are mononuclear phagocytic cells, which have been demonstrated to be involved in pathogen recognition, clearance, antigen processing and presentation, inflammation and tissue repair as well as pro-and anti-tumoral responses. Tissue Mds perform a range of important homeostatic functions and exist in many different tissue-specific forms: microglia in the brain, alveolar Mds in the lung, Kupfer cell in the liver, osteoclast in the bone, as well as splenic, intestinal, bone marrow and lymph node-associated subcapsular sinusoidal/medullary Mds. Thus, Mds are central to innate immune inflammatory mechanisms and the priming of adaptive responses to both intracellular and extracellular pathogens as well as immune regulation and tumour surveillance; such diversity of effector functionality would suggest mucosal macrophages to be ideal targets for vaccine therapy.

#### 2.1. M $\phi$ s exhibit distinct functional subsets

In general, M $\phi$  functions are conferred by environmental stimuli, pre-programming or the route of differentiation. As such, M $\phi$ s exist in several subsets, which exhibit discrete functional and phenotypic traits. A certain level of confusion exists however, as to whether the M $\phi$  subset has been generated by the use of distinct activation signals or as a consequence of longer-term culture/differentiation, or is even pre-programmed in the monocytes. There is some evidence to suggest that monocyte pre-programming is of some functional relevance, where there is a level of heterogeneity, and monocytes potentially exist as a classical (CD14<sup>++</sup>CD16<sup>+</sup>HLA-DR<sup>++</sup>) subset and a pro-inflammatory subset (CD14<sup>+</sup>CD16<sup>+</sup>HLA-DR<sup>++</sup>) [1,2] biased towards high level TNF $\alpha$  production and present in high numbers in inflammatory pathologies [3,4]. In its simplest guise, M $\phi$  subsets have been described to exist as two functionally distinct forms, in particular associated with Th<sub>1</sub> or Th<sub>2</sub> adaptive responses: a pro-inflammatory subset (classically activated, type I or M1) and an anti-inflammatory/regulatory subset (alternative activation, type II or M2) [5,6], although further studies have suggested several subdivisions may exist within the M2 subset (reviewed in [7]).

M1 macrophages, also referred to as classically activated M $\phi$ s, are generally pro-inflammatory M $\phi$ s, which exhibit a functional phenotype that is anti-microbial (mediating resistance to intracellular pathogens), tissue destructive and anti-tumoral [8]. Upon activation, these M $\phi$ s express a plethora of pro-inflammatory cytokines (TNF $\alpha$ , IL-1 $\beta$ , IL-6, IL-12, IL-18, IL-23), chemokines (CXCL1, 2, 3, 5, 8, 9, 10, CCL2, 3, 4, 5, 11, 17 and 22)[9], proteases and ROS/RNS. As a consequence of this wide array of cytokines expressed, M1s play a pivotal role, not only in innate responses, but also adaptive, antigen-specific responses. As M1s secrete a high level of IL-12, they promote Th<sub>1</sub> differentiation, hence cell mediated immune mechanisms for the defence against intracellular pathogens [10,11]. In addition, Holscher et al., 2001, described the protective role of IL-12p40; this subunit is also common to IL-23, which is produced by M1s and is important in the differentiation and activation of Th<sub>17</sub> cells [12,13]. M $\phi$ s can be polarised to the M1 phenotype in the presence of IFN $\gamma$  and in combination with inflammatory stimuli such as LPS or TNF $\alpha$ . In addition, this M1 phenotype can also result from differentiation in

the presence of GM-CSF [14,15] and further polarising signals such as anoxic environments [16],  $\beta$ -chemokines [17] and phorbol myristate acetate, PMA [18,19]. The presence and activation of pro-inflammatory M1s would have to be tightly controlled, as over-activation or dysregulation of M1s may result in uncontrolled pro-inflammatory pathology. The involvement of such a distinct M $\phi$  subset has been suggested to be central to the tissue-destructive pathology associated with the chronic inflammatory bowel disease, Crohn's disease [20].

In addition to the profile of factors listed in the paragraph above, the general profile of the M1 effector phenotype is IL-10<sup>lo</sup> IL-12<sup>hi</sup> IL-23<sup>hi</sup> [21]. Associated with the M1-polarising stimuli, IFN $\gamma$  and LPS, are distinct expression and activation profiles of intracellular signalling components. M1 polarisation is transduced via the transcription factors STAT-1 and NFkB, driving the expression of immune mediators characteristic of this subset, and via the activity of SOCS3 [22]. Finally, the M1-specific transcription factor, STAT-1, has been demonstrated to inhibit STAT-6 activation; this factor is required for M2 polarisation [23], thus an M1-associated transcription factor cross-regulates/suppresses M2 polarisation/activation. These observations alone were suggestive that there was a level of plasticity that existed between M1 pro-inflammatory M $\varphi$ s and the anti-inflammatory/regulatory M2 M $\varphi$ s.

M2 macrophages, which are also referred to as alternatively activated M $\phi$ s, were found to exhibit a functionally distinct phenotype to that of M1s, originally via the ability of IL-4 to induce MR expression, followed by another Th<sub>2</sub> cytokine, IL-13 [24,25]. M2 functionality was generally described as an anti-inflammatory/immunoregulatory phenotype, which also mediates tissue remodelling and repair, resistance to parasites and tumour promotion, all of which was dependent on the activation/differentiation signals encountered [6,26]. Extensive research has found a wide range of M2 polarising signals to exist: these priming signals include IL4/IL13, IL-10, TGF $\beta$ , M-CSF, Vitamin D<sub>3</sub>, immune complexes and the Th<sub>2</sub>-derived cytokine, IL-21 [27] and reviewed in [28]. The versatility in polarising signals and effector functionality of M2 M $\phi$ s resulted in the proposal that M2s exist in a variety of subsets: M2a (tissue repair), M2b (B cell IgG production) and M2c (anti-inflammatory/scavenging mechanisms) (reviewed in [7,26]) (refer to figure 1 below).

M2 polarisation is induced by a wealth of exogenous factors, presented above, which drive distinct signalling/transcription factor pathways as well as signature gene expression. There is an ever-increasing understanding of these endogenous molecular pathways initiated by polarising factors such as IL-4. Whereas p65 NF $\kappa$ B subunit expression is associated with M1 polarisation, M2 polarisation has been described to be orchestrated by p50 NF $\kappa$ B [30, 31], whereby p50 NF $\kappa$ B inhibits NF $\kappa$ B-dependent M1 polarisation. In addition, p50-deficient mice exhibit exacerbated M1-driven inflammatory responses with a concomitant suppression of M2-driven responses (allergy and anti-helminth immunity). In addition to p50 NF $\kappa$ B, M2-like differentiation/ polarisation has been demonstrated to be induced by agonists of PPAR $\gamma$  [32], CREB-controlled C/EBP $\beta$  [33] and epigenetic regulation of M2-defining gene products in mice (arginase-1, Ym1, FIZZ1 and mannose receptor) via the IL-4-STAT6-dependent histone demethylation of H3 by the histone demethylase, jmjd3 [34, 35]. Finally, signalling components not only positively regulate M $\varphi$  differentiation and activation; the generation of alternatively activated (M2) M $\varphi$ s has been reported to be

STIMULATION / DIFFERENTIATION					
LPS, IFNy, GM-CSF	IL-4 / IL-13	IC, LPS, IL-1β	IL-10, TGFβ, glucocorticoids		
MHC II CO-stim (CD86 M1 II-6 IL-10/	FIZZ-1'Ym-1 Arg' MR	M2b M2b XiNOS X	M2c MR Arg: CD163		
Classic	Alternative	Type II	Deactivated		
STAT-1 STAT-4+ (1.) SOCS-3+	STAT-3		STAT-6		
$\begin{array}{c c} IL-10^{10} & TNF\alpha \\ IL-12^{N1} & IL-6 \\ IL-23^{*} & IL-1\beta \\ IL-18 \\ \textbf{(2.)} \end{array}$	IL-10 <sup>№</sup> TGFβ <sup>+</sup> IL-12 <sup>10</sup> IL-23 <sup>10</sup> IL-1ra sIL-1R II decoy	IL-10 <sup>hi</sup> TNFα IL-12 <sup>io</sup> IL-1β IL-23 <sup>io</sup> IL-6	IL-10 <sup>№</sup> TGFβ <sup>+</sup> IL-12 <sup>I₀</sup> IL-23 <sup>I₀</sup>		
CCL-2,3,4,5,11, -17 & 22 CXCL-1,2,3,5,8, (3.) -9,10,11 & 16	CCL-17,18,22 & 24	CCL-1	CCL-16,-18 CXCL13		
(4.)	SR, MR		MR, CD163		
(5.) <sup>iNOS</sup>	FIZZ-1* Ym-1* Arg*	iNOS	Arg⁺		
Anti-microbial Tissue damage Pro-inflammatory CMI (Th <sub>1</sub> responses)	Tissue repair Fibrinogenesis (Th <sub>2</sub> responses) Allergic & Anti-parasitic responses	Humoral immunity Allergic & Anti-parasitic Th <sub>2</sub> responses	Anti-Inflammatory Immunoregulation Scavenger Tissue repair Tumour promotion		

**Figure 1.** Activation and differentiation drive a range of functional macrophage phenotypes  $M\phi$  effector subsets exist as pro-inflammatory M1 and regulatory or anti-inflammatory M2 phenotypes. M1s are elicited through activation by LPS and IFN $\gamma$  and differentiated by GM-CSF, whereas M2s can be subdivided into M2a, M2b and M2c according to stimulation/differentiation and functional phenotype. Functional phenotype is characterised by a series of molecular markers listed in the incorporated table under the categories of (1.) signalling molecules, (2.) cytokine expression pro-file, (3.) chemokine profile, (4.) scavenger receptor expression and (5.) tryptophan metabolism (inducible nitric oxide synthase, iNOS, and arginase, Arg) and the poorly defined effector molecules, FIZZ-1 and Ym-1. The overall function of these M $\phi$  subsets is summarised in the lower segment of the table, ranging from pro-inflammatory, anti-tumour responses to anti-inflammatory, regulatory and tissue reparative responses. This figure is adapted from [28] and information presented in [7, 9, 23, 26, 29].

repressed by the negative regulator, src homology 2-containing inositol-5'-phosphatase, SHIP, a potent negative regulator of the PI3K pathway [36].

#### 2.2. Functional and phenotypic plasticity of macrophages

Tissue-resident macrophages can thus express a wide variety of functional phenotypes, which is governed by the manner in which they are activated, differentiated or pre-programmed. This results in potentially two distinct opposing types; pro-inflammatory M1 M $\phi$  and antiinflammatory/regulatory M2 Mo. If these subsets represent a terminally differentiated phenotype, then it is probable that Mos are incapable of functional plasticity. What is becoming clear however, is that M1 and M2 M\u0395s do exhibit a level of plasticity and that tissue M\u0395s are more likely represented on an intermediate sliding scale between pro-inflammatory/immune activatory and anti-inflammatory/regulatory functionality. Indeed, this functional plasticity and manipulation of Mo subset has been observed in many studies. A study focussing on bone marrow-derived Mos, observed that cytokine functional phenotypes could be altered/ reversed in the presence of  $Th_1$  or  $Th_2$  cytokines and that this plasticity in function was determined by changes to tissue microenvironment and whether these cytokines were encountered before or concomitantly with an activation stimulus [37]. This plasticity or reversal of M $\phi$  cytokine phenotype has recently been reinforced by the demonstration of a reversible, bi-directional differentiation of pro-inflammatory (M1) and anti-inflammatory (M2) monocyte-derived Mds in response to GM-CSF and M-CSF [38]. In addition, the control of these M-CSF and GM-CSF Mo and the invading monocyte populations has been demonstrated to be controllable via the use of neutralising antibodies to these differentiation factors in both homeostasis and inflammatory pathology of antigen-induced peritonitis and lung inflammation [39]. This study suggested that M-CSF-derived Mqs played a non-reductant (M2-like regulatory) role whereas GM-CSF Mos maintained the inflammatory response (M1like pro-inflammatory), contributing to prolonged monocyte and neutrophil infiltration. This is suggestive of the possibility of *in vivo* control of M $\phi$  effector phenotype through reduction in numbers and manipulation of plasticity.

Macrophage plasticity is not only determined by the differentiation factors but also by the local environmental stimulation factors, the intracellular signalling molecules activated and by the effector cytokines expressed/secreted by the macrophages. These environmental factors not only modulate M $\phi$  functional plasticity, the M $\phi$ s themselves are able to cross-regulate each other thus moving or consolidating M $\phi$  effector response along this sliding scale of functionality between pro-inflammatory and anti-inflammatory/regulatory responses. These exogenous regulators include M1 and M2-associated cytokines (IFN $\gamma$ , IL-12, IL-10, IL-4) which cross-regulate each other and immune complexes (ICs) which, through binding of their respective Fc $\gamma$ R, can revert activation status or suppress/modulate cytokine expression, such as suppress IL-12 and induce IL-10 to an M2-like phenotype [40,41]. There is a wide range of intracellular signalling molecules, which play distinct roles in this cross-regulation and plasticity between M1 and M2 subsets. Pro-M1 responses can be mediated by SHIP-1 [42], p65 NF $\kappa$ B and IRF5 [43]; all of which, suppress M2s. On the flip-side, pro-M2 responses have been demonstrated to be mediated by tpl-2, p50 NF $\kappa$ B [31], STAT-6 [34], C/EBP $\beta$  and c-maf [33]; again, these

molecules suppress the development of the other canonical M $\phi$  subset, M1s (reviewed in [44]). Indeed, the importance of the NFkB signalling pathway has been further consolidated by a study demonstrating that IKK $\beta$  played an anti-inflammatory role by suppressing classical M $\phi$  activation/M1 M $\phi$  phenotype via negative cross-talk with STAT-1, which is involved in the expression of IL-12, iNOS and MHCII [45] and via the maintenance of the IL-10<sup>hi</sup>/IL12<sup>lo</sup> functional phenotype [46].

Considering M $\phi$  subset phenotype, its environmental differentiation factors, activatory stimuli and effector cytokine profile; macrophage responses can be modulated by a wide range of factors which includes both positive and negative regulators. As such, the potential involvement of macrophages as an immunotherapeutic target for several pathologies can only be appreciated by a full understanding of both activatory and regulatory signals: immunostimulation, immunosuppression and immune deviation.

## 3. Stimulation and suppression of $M\phi$ effector responses

Macrophages exhibit a wide variety of receptors, which transduce a multitude of immunostimulatory signals. These activatory receptors are centred on responsiveness to conserved broad-spectrum molecular patterns associated with immune responsiveness to pathogens or endogenous, self-associated, danger signals. Pattern recognition receptors (PRRs) which stimulate or co-activate immune responses include the toll-like receptors (TLRs), NOD-like receptors (NLRs), C-type lectin receptors (CLRs) and scavenger receptors (SRs). In addition to these PRRs, M\u03c6s can also be activated by immune complex recognition via FcRs and cytokine stimulation through their cognate receptors.

**Toll-like receptors** respond to a wide repertoire of PAMPs, expressed on bacterial, viral, fungal and parasitic pathogens, and DAMPs; generally activating innate inflammatory-or anti-viral responses through the involvement of discriminatory utilisation of receptors, adaptor proteins and either NFκB-or IRF-dependent signalling pathways [47]. Indeed, the utilisation of such signalling pathways, in Mφ polarisation, make it impossible to totally devolve consideration of polarisation, activation, cross-regulation and suppression. TLRs are expressed according to the localisation of pathogens; TLR2 (CD282), TLR1 (CD281), TLR6 (CD286), TLR4 (CD284) and TLR5 (CD285) being expressed on extracellular membranes, recognise extracellular pathogens, whereas TLR3 (CD283), TLR7 (CD287), TLR8 (CD288), and TLR9 (CD289) are expressed intracellularly, associated with endosomal membranes and recognition of intracellular resident pathogens. The extracellular facing TLRs were found to recognise a range of conserved PAMPs expressed by bacteria, including lipopeptides, LPS and flagellin, whereas TLRs 3, 7, 8 and 9 recognise dsRNA, dsDNA and hypomethylated CpG DNA motifs, respectively, expressed by viruses and bacteria.

TLRs activate a range of important signalling pathways and transcription factors, where their PAMPs activate MAPKs (ERK-1/2, p38 MAPK and JNK), which enhance gene expression and, in the case of p38, mRNA stability via AU-rich repeats present in the 3'UTRs. Activation of MAPK-dependent transcription factors along with other transcription factors are responsible

for a wide repertoire of gene expression and immune functionality. Indeed, activation of TLR4 by LPS has been observed to activate ERK-1/2, JNK and p38 MAPKs as well as NF $\kappa$ B and IRF3; these signalling pathways give rise to a multitude of immune mediators which include TNF $\alpha$ , IL-1 $\beta$ , IL-6, IL-8, IL-12, iNOS, IL-10, MHC II. Macrophage activation can thus exhibit a wide range of functions, which include pro-inflammatory, anti-microbial responses, anti-inflammatory/regulatory responses and priming of adaptive immune responses through their capacity to process and present antigen.

Taking into consideration the previous sections, LPS and other PAMPs may be able to induce a wide variety of immune mediators; the expression of which will also be determined by other activatory stimuli, differentiation factors and both exogenous and endogenous suppressive molecules. TLR signals can be negatively regulated by a multitude of molecules (reviewed in [48]) which include; Myd88s, IRAK-M, IRF-4 [49,50], TREM-2, ST2 [51], Tollip, TRIAD3A, SOCS-1, SOCS-3, SHP1, SHP2, SIGIRR [52]. In addition to endogenous suppressors of TLR activation signals, it is becoming evident that TLRs can cross-regulate each other, resulting in suppression of distinct TLR signalling pathway or endotoxin tolerisation of M\u03c6s through homo-or hetero-tolerisation of distinct TLRs and their ensuing effector functionality (reviewed in [53]). Such mechanisms of tolerisation have been demonstrated to be differentially utilised, dependent on M\u03c6 subset as well as activation signal [54]. Such complex, inter-twined signal-ling pathways enable a level of innate "specificity" of anti-microbial activation response as well as a way in which these activatory signals are fine-tuned, suppressed or modulated.

**NOD-like receptors (NLRs);** due to their intracellular expression, originally thought to specifically respond to intracellular pathogens and their PAMPs, it has become apparent that NLRs are integral to the innate detection of both extracellular and intracellular-resident pathogens. The superfamily of NLRs consists of NOD1 and NOD2 which are intracellular receptors for peptidoglycan (D- $\gamma$ -glutamyl-meso-DAP and muramyl dipeptide, respectively) [55]. NOD1 and NOD2 activate NF $\kappa$ B through the recruitment and activation of RIP2 and resulting activation of the I $\kappa$ B kinase complex [56]. As a result, NOD-signalling can induce pro-inflammatory, anti-microbial defences via the expression of a wide array of NF- $\kappa$ B-dependent gene products (reviewed in [57]).

In addition to the NF $\kappa$ B-activating NODs, the NLR family is also made up of a collection of receptors involved in the activation of caspases [58], specifically caspases 1 and 5 that are integral for the inflammasome construction, activation and processing of the pro-cytokines pro-IL-1 $\beta$  and pro-IL-18 into the mature and secretable IL-1 $\beta$  and IL-18. The inflammasome is activated by extracellular ATP and hypotonic stress, both representative of endogenous danger signals or DAMPs. ASC is an adaptor protein which recruits caspase-1 into an inflammasome activation complex; knock-out mice have demonstrated ASC to be essential for LPS-induced activation of caspase-1, where these mice failed to activate pro-caspase-1 or produce IL-1 $\beta$  and IL-18, even in the event of stimulation by both LPS and ATP (activation of the P2X<sub>7</sub> receptor) [59]. This requirement for inflammasome-mediated caspase-1 activation, hence IL-1 $\beta$  maturation and secretion, in response to LPS (a TLR4 ligand), emphasises a collaborative role for TLR and NLR pathways in the production of IL-1 $\beta$  and Ipaf, have all been demonstrated to be

associated with ASC in the inflammasome, playing an integral role in caspase-1-dependent activation of pro-inflammatory cytokines [60]. NLRs have also been reported to suppress both NF $\kappa$ B and caspase activation pathways. With respect to inhibition of NF $\kappa$ B, NALP10 and NALP12 display a suppressive activity, whereas NALP7 and NALP10 are suppressive for caspase activation (reviewed in [61]). Again, it is imperative to the direction of M $\phi$  functional responses that the expression profile of NLRs be characterised, along with potential crosscommunicating PRRs; this total profile gives scientists an insight of potential control of M $\phi$ functionality as being activatory, suppressive or even being able to deviate/modify the cellular response.

RIG-like receptors (RLRs): are key intracellular innate immune sensors of viral infection. Whereas the predominant viral PRRs in DCs (particularly pDCs) are TLR3, TLR7, TLR8 and TLR9, RLR viral sensing and expression is predominant in M $\phi$ s [62]. Currently, the main RLRs are retinoic acid inducible gene-1 (RIG-1) and melanoma differentiation-associated gene (MDA)5; both of which detect dsRNA [63,64]. Similar to the viral-sensing TLRs, RLRs activate NFκB and IRF3 signalling pathways, resulting in gene expression of pro-inflammatory cytokine genes and anti-viral type I interferons (IFN $\alpha$  and IFN $\beta$ ). Upon viral infection, these interferons exhibit a positive feedback loop which up-regulates RLR expression. MDA5 has been demonstrated to be important in the detection of picornovirus and polyinosine polycytidylic acid, poly(I:C)-induced IFN $\alpha$  production. On the other hand, the importance of RLRs to macrophage anti-viral responses is enforced by observations that RNA helicases eg. Lgp2, inhibits RIG1 signalling [65] and that an evasion mechanism utilised by hepatitis C virus is the production of RLR signalling inhibitory proteins [66,67]. This overlap in structure/functional relationships between TLRs and RLRs is suggestive that these receptor types function in tandem to provide ubiquitous anti-viral protection. Additionally, it is unclear as to whether RLRs also interact and mediate inflammasome activity, as a study by Johnston et al in 2005, has shown that a pox virus pyrin domain protein interacts with ASC-1 (NLR family member) and inhibits inflammatory and apoptotic inflammasome activity [68]. This viral escape mechanism, targeting NLR-mediated inflammasome activity, is also suggestive that RLRs cross-communicate with NLRs; thus efficient anti-viral protection is truly a trinity of innate reception between TLRs, NLRs and RLRs (reviewed in [61]).

Scavenger receptors (SRs) and C-type Lectin receptors (CLRs): this is a large group of receptors widely expressed on macrophage cells [69] which scavenge pathogenic material and cellular debris, initiating clearing responses through receptor-mediated endocytosis, phagocytosis or signals inflammatory responses. Responses elicited are dependent on patterns being recognised and combinations of PRRs being employed. The CLRs, being lectin receptors are generally sugar receptors, whereas SRs recognise and respond to a wider range of molecular patterns; however, there is a level of overlap, hence confusion between receptors of these families. Scavenger receptors are a broad family of PRRs, which involve both opsonin-mediated phagocytosis and opsonin-independent PRRs; the latter even including TLRs, lectins, complement receptors (CRs), CD14, CD36, scavengers of ACAMPs (see later section). Scavenger receptors include the SR-A class of receptors (SR-AI, SR-AII, MARCO), SR-B (CD36, SR-BI and Croquemort, CD163 – haemoglobin scavenger receptor), SR-C class (dSR-CI) and SR-E (LOX-1) as well as other SR-A-like class members (SR-CLI – a potential CLR on the basis of C-type lectin domain expression), SR-D (macrosialin). In general, these scavenger receptors recognise a wide range of PAMPs including LTA, LPS, bacterial DNA, whole bacteria, sugar moieties and DAMPs, thus clearance of dead and dying host tissue, as well as pathogenic material (reviewed in [70]). The majority of the signalling scavenger receptors (Dectin-1, Dectin-2, M $\phi$  Mannose Receptor) are CLRs and will be covered in the next section.

CLRs play a major role in recognition and activation of anti-microbial immunity against a diverse range of pathogens, which include fungi, bacteria, viruses and parasites. They are receptors which contain one or more carbohydrate recognition domains (CRDs) which bind a wide variety of carbohydrate ligand moieties. Generally, CLRs can be categorised as either having a built-in endogenous signalling activity or requiring interaction with a partner adaptor protein which possesses signalling activity (reviewed in [71]). CLRs signal via integral ITAMs or partner ITAM-bearing adaptors such as FcyRs. Integral ITAM-bearing CLRs generally signal through a syk/CARD9 pathway which ultimately results in NFKB activation; such signalling CLRs include Dectin-1, Dectin-2 and Mincle. These CLRs are particularly prominent in mounting anti-fungal responses; Dectin-1 responds to β-glucans expressed in the fungal cell wall by initiating a variety of cellular responses which include phagocytosis, respiratory burst, activation of inflammasomes, cytokine production and the polarisation of adaptive responses to cell mediated immunity mediated by Th<sub>1</sub> and Th<sub>17</sub> cells. In addition, Dectin-1 exhibits crosstalk with TLR2 and other myd88-dependent TLRs, thus again, co-operation of PRRs is critical for tailoring appropriate immune responses (reviewed in [72]). Dectin-2 and Mincle both recognise fungal  $\alpha$ -mannans with Dectin-2 being associated with innate recognition and induction of Th<sub>17</sub> responses. Of particular importance to the recognition and signal activation in response to fungal infection is the observation that Dectin-2 (signalling) can heterodimerise with Dectin-3, thus CLRs demonstrate a level of co-operativity with each other and fine-tuning of their responses to the fungal pathogen [71].

Bacterial sensing utilises Mincle, mannose receptor (MR) and DC-SIGN. MR has been shown to be involved in the recognition and responsiveness to Klebsiella and Streptococcus sp but so far, has not been recognised to contain a signalling motif. To initiate antibacterial responses, it is likely that the MR co-operates with other PRRs. Mincle however signals through the pathway detailed above, in order to activate NFkB-mediated responses required for innate and consequent cell mediated immune responses to Mycobacterial infection through recognition and binding of mycobacterial cord factor, trehalose-6,6'-dimycolate, TDM. Mycobacteria are also recognised and a response initiated through ManLam (mannosylated lipoarabinomannan) binding to DC-SIGN which is expressed by DCs; whether this CLR is expressed by Mos is yet to be definitively characterised [71]. DC-SIGN has also been described as being involved in viral recognition by binding to the gp120 envelope protein of HIV-1; this mechanism however may be more representative of a mode of viral transmission rather than anti-viral immunity. CLRs such as CLEC9A (DNGR-1) has been shown to be protective, by facilitating antigen cross-presentation, hence controlling infection of vaccinia virus and herpes simplex virus. Finally, both Dectin-2 and MR are involved in immunity to parasites, whereby Dectin-2 recognises Schistosoma mansonii egg antigen SEA resulting in the activation of the

NLRP3 inflammasome and alleviating  $Th_2$  pathology. Of particular interest is the fact that Dectin-2 can also promote  $Th_2$ responsiveness, as opposed to suppressing it, when responding to the common allergen of house dust mite [71]. MR drives protective  $Th_2$  responses during S.mansonii infection whereas enhances uptake of infectious circariae. These last few observations with respect to Dectin-2 and MR and their ability to drive  $Th_2$  responses would appear to conform to the previously observed study of Mills et al, whereby M2 macrophages were associated with  $Th_2$  immunity [5]; indeed, MR at least, has been assigned as an M2 marker. On the flip-side, Dectin-1 has been associated with initiation of  $Th_1$  and  $Th_{17}$  anti-fungal responses; it would appear that any potential activation and modulation of specific immune responses would have to consider the role of pathogen associated carbohydrate expression and their respective CLRs expressed on host macrophages.

Siglecs: sialic acid-binding Ig-like lectins are members of the immunoglobulin superfamily involved in the recognition and reception of sialylated glycoconjugates, involved in endocytosis, positive and negative activation signals. Sialic acids are a family of nine-carbon sugars which are derivatives of neuraminic acid or keto deoxynonulosonic acid and appearing in different glycosidic linkages, typically at the exposed, non-reducing ends of oligosaccharide chains attached to proteins and lipids. It is thought that sialic acid residues either, mask subterminal sugars, prevent non-specific cell-cell interactions or act as ligands for modulating selective cell-cell interactions [73]. Currently, there are 13 Siglec family members expressed in humans and classified into two distinct subsets; siglecs 1 (CD169), 2 (CD22) and 4 are activatory receptors whereas siglecs 3 (CD33) and 5 (CD170) to 11, 14 and 16 (CD33-related siglecs) exhibit suppressive activity through two conserved ITIMs (immunereceptor tyrosine-based inhibition motif) in the cytoplasmic domain which are responsible for the recruitment of the signal suppressive phosphatase enzymes SHIP (lipid phosphatise), SHP-1 and SHP-2 (protein tyrosine phosphatises), which result in raised activation thresholds and antagonism of ITAMdependent activation. More recently, tyrosine phosphorylation of CD33 and siglec-7 can recruit SOCS3 which leads to ubiquitination and proteosomal degredation of the Siglec; regulation of the negative regulator! [74,75]. Thus, expression and activation of distinct expression profiles of siglecs can either positively or negatively regulate immune and inflammatory responses. Monocytic cells have been shown to express Siglec-3 (CD33) and Siglecs-5,-7,-9 and-10, whereas generally, Mos express sialoadhesin (Siglec-1) and Siglecs-3 and-5 (reviewed in [76]), yet differentiation of monocytes to pro-and anti-inflammatory Mqs using GM-CSF and M-CSF, respectively, showed retention of the monocyte Siglec phenotype [77]. This wide array of CD33-related siglec expression on monocytes and macrophages is suggestive of a degree of functional redundancy exists between these siglecs however, the specific expression profiles between cell types is indicative of specificity of function. More recently, research has uncovered more functional information regarding CD33-related siglecs; they may not just exert inhibitory responses through suppression of ITAM-dependent signals, as over-expression of siglec-9 in M $\phi$ s both inhibits the TLR-induced expression of the proinflammatory cytokine,  $\text{TNF}\alpha$ , but also induced the anti-inflammatory cytokine, IL-10 [78]. Again, as with other M $\phi$  receptors, the importance of a balance between positive and negative signals within the immune system is paramount.

FcyRs: are a family of receptors which bind the Fc region of IgG/IgG immune complexes and are responsible for mediating both activatory and suppressive responses by transducing their ligand-binding signal through either an endogenous cytoplasmic ITAM or ITIM motif, respectively. Three classes of FcyRs are expressed on immune cells such as M $\phi$ s, these include the high affinity FcyRI (CD64) which binds monomeric IgG and the low affinity receptors FcyRII (CD32) and FcyRIII (CD16) that bind IgG immune complexes. Activatory receptors which possess cytoplasmic ITAM sequences include FcyRIIIa, FcyRI and FcyRIIa whereas the CD32 subtype, FcyRIIb is suppressive, containing a cytoplasmic ITIM sequence (reviewed in [79]). Thus recognition and clearance of IgG immune complexes may induce either an activatory or inhibitory signal which is dependent on expression profile of these FcRs and potential cross-talk with other PRRs. Ligation of FcyRIIIa induces the expression and secretion of M $\phi$ -derived TNF $\alpha$ , the mechanism of production and activation of which has been found to be associated with pathological inflammation [80]. Ligation of FcyRI however, was found to reverse M $\phi$  pro-inflammatory responses [81]. Indeed, taking into consideration the format of presentation of IgG, the immune response cell and their Fc $\gamma$ R expression profile, M $\varphi$ s can be activated or inhibited with respect to inflammatory responses; differential  $Fc\gamma R$ -driven induction and suppression in collagen-induced arthritis model have resulted in this being considered as a realistic therapeutic regimen in the treatment of RA [82]. The final thing to consider with respect to  $Fc\gamma R$ -induced responses in M $\phi$ s is the fact that these responses may differ between M1 and M2 subsets and that these responses may be deviated by manipulation of FcyR signalling or indeed exhibit suppression of inflammatory responses or manipulation of functional plasticity. Manipulation of these Mo receptors would represent a realistic option when considering their association with alternative activation, M2-like anti-inflammatory Μφs.

Other macrophage suppressive receptors: Two further immunosuppressive molecules that control M $\phi$  functionality which are worthy of consideration are CD200R and SIRP $\alpha$ (CD172a); both members of the immunoglobulin superfamily (IgSF). CD172a interacts with a broadly expressed ligand, CD47, which results in the suppression of Mqs through interaction with the tyrosine phosphatases, SHP1 and SHP2 [83] and reviewed in [84]). In addition, this interaction is made more complex by the observation of bi-directionality of signalling, where CD47 ligation has been found to selectively suppress monocyte IL-12 production, whereas TNF $\alpha$ , IL-1 and IL-6 was not suppressed. In contrast, the immunosuppressive cytokines, TGF $\beta$  and IL-10, were not altered by CD47 ligation; suppression of IL-12 was independent of TGF $\beta$  and IL-10 [85]. Thus, molecules such as CD172a and CD47 represent an attractive target couple for multi-mechanistic immune suppression. CD200R ligation, on the other hand, transduces a simpler immunological signal. CD200 (OX-2) is a cell surface glycoprotein containing Ig-like domains that interacts with CD200R expressed on Mqs [86]. The human homologue of CD200R was characterised by Wright and colleagues who found that its cytoplasmic domain contained known signalling motifs [87]. The role of CD200R ligation was appreciated to be potentially suppressive where CD200deficient mice were shown to display increased susceptibility to autoimmune disease models affecting joints. In accordance with this study, CD200Fc fusion protein was found to exhibit beneficial immunomodulation of arthritis and allograft rejection [88,89]. Indeed, the CD200Fc anti-arthritic response targeted pro-inflammatory cytokines in murine CIA, suppressing mRNA gene expression of TNF $\alpha$ , IL-1 $\beta$ , MMP13 but also IL-10 [90]. It is probable that CD200R represents a family of closely-related receptors; four homologues exist in the mouse, two of which, however, may exhibit activatory properties rather than suppressive, as they have been shown to pair with an ITAM-containing adaptor protein DAP12 [87]. Considering these early observations, it is likely that such IgSF members represent realistic therapeutic targets for immune suppression, activation and deviation of M $\phi$ -mediated pathological mechanisms associated with cancer, transplantation and inflammation.

**Cytokine expression and responsiveness:** Dysregulation and aberrant functionality of Mos is widely associated with pathology. Macrophages are central to phagocytosis and the modulation of inflammatory responses, through the induction and regulation of cytokine expression. Mqs not only phagocytose pathogens and particulate material, they are important for the clearance of dead and dying host cells, utilising a wealth of scavenger receptors such as SRA, CD36, CD68, integrins, CD14, complement components and the phosphatidyl serine receptor (reviewed in [91]). Clearance of necrotic host cell material is generally associated with the induction of inflammatory responses, where necrotic cells are recognised by Mqs and result in the production of  $TNF\alpha$  and the driving of  $Th_1$ -mediated immune responses. In contrast, Mqs recognise apoptotic cells [92], resulting in an anti-inflammatory environment, characterised by the production of TGF<sub>β</sub>, PGE2 [93] and IL-10 [94]. In fact, the defective clearance of apoptotic cells has been linked with autoimmunity [95]. Recognition of apoptotic cells is thus important in immunoregulation modulated by Mos. Mos recognise and distinguish between apoptotic and necrotic cells via danger-associated molecular patterns (DAMPs) and apoptotic cell-associated molecular patterns (ACAMPs). This dichotomy in responsiveness is reflective of Mo subset functionality; indeed M2-like, alternatively activated Mos express a wide array of receptors for ACAMPs; it is likely that recognition of apoptotic cells will activate and programme M2 cells towards an anti-inflammatory and regulatory phenotype, whereas DAMPs and necrotic cells drive an immune activatory, pro-inflammatory response (reviewed in [96]).

Cytokines are not only induced by phagocytic recognition and clearance of dead and dying cells. They are produced by M $\phi$ s and a wide variety of other immune cells as part of immune activatory or regulatory responses. As such, M $\phi$ s are modulated by a variety of cytokines; the predominant M $\phi$ -modulatory cytokines include TGF $\beta$ , IL-10, IL-12, IL-4/IL-13, IFN $\gamma$  and TNF $\alpha$ . IL-4/IL-13 and TGF $\beta$ /IL-10 have been described above to be associated with priming M2 M $\phi$  subset polarisation (M2a and M2c, respectively); whereas IL-12 and IFN $\gamma$  play an important role in the polarisation and functionality of M1 cells and concomitantly, suppressing development and activation/functionality of M2s. The relative expression of these cytokines is thus imperative to subset functionality and cross-regulation.

TGF $\beta$  and IL-10 modulate M $\varphi$  polarisation and functional plasticity to that of an M2c subset which exhibits a characteristic cytokine phenotype of IL-10<sup>hi</sup>, IL-12<sup>lo</sup>, IL-23<sup>lo</sup> and TGF $\beta^+$ which is associated with anti-inflammatory responses, scavenging, immunoregulation, tissue repair and tumour promotion. Both TGF $\beta$  and IL-10 directly suppress immune activation via the
down-regulation of the expression of MHC II, B7 costimulation (suppressing APC function) and pro-inflammatory cytokine production, with an indirect effect through cross-regulation of M1-derived cytokines and functionality. In contrast to this TGF\beta-mediated suppression of M $\phi$ -driven functionality, pro-inflammatory cytokines such as TNF $\alpha$  modulate M1-driven responses, favouring anti-microbial killing, CMI and tissue-destructive pro-inflammatory responses. TNF $\alpha$  activates M $\varphi$ s following IFN $\gamma$  priming, which results in a strong activation of NFkB and enhanced cell migration to inflammatory sites and consequent iNOS-mediated anti-microbial killing [97]. It also primes a sustained inflammatory response [98] and  $M\phi$ survival, important to inflammation and to the pathology of sepsis [99]. TNF $\alpha$  and other proinflammatory cytokines such as IL-1 $\beta$ , not only play a pivotal role in the initiation and maintenance of the inflammatory response, but also modulate immunosuppressive mechanisms through the process of M $\phi$  endotoxin tolerance. Thus, the state of M $\phi$  activation, polarisation of subset functionality and the relative contribution of activatory, suppressive and immune-deviation signals associated with M $\phi$ s, is of paramount importance in determining an appropriate immune response or pathological response as a consequence on M $\phi$  immune dysfunction (refer to figure 2 below). Finally, one last consideration regarding M $\phi$  functional responses to cytokines is that responsiveness has been demonstrated to be dysregulated, especially, with regards anti-inflammatory IL-10 signal transduction by IL-10 receptors in a chronic inflammatory environment [100]. Consideration of cytokine responsiveness of Mqs can only be realistically appreciated when considering the local environment; homeostatic or pathogenic!

Macrophage functionality and inflammatory pathology: Mos are particularly abundant in mucosal tissues such as the oral cavity and the gastro-intestinal tract. Dysregulation of  $M\phi$ functionality in such mucosal tissue has been shown to have grave impacts on mucosal function and to result in M $\phi$ -driven pathology. This section will focus on M $\phi$  dysregulation and impact on host tissue in the context of M1-and M2-driven responses associated with oral (chronic periodontitis and oral squamous cell carcinoma) and the GIT (Crohn's disease, ulcerative colitis and colorectal cancer) mucosal pathology. These pathologies display pathological mechanisms aligned to M1-or M2-like functional phenotypes; to fully appreciate these dysregulated responses, it is imperative to appreciate the functional phenotype of healthy, homeostatic mucosal macrophages. From studies focussing on the characterisation of gut mucosal M $\phi$ s, in general mucosal M $\phi$ s exhibit a functional phenotype similar to M2 M $\phi$ s. Intestinal M\u03c6s express phagocytic scavenger receptors (CD33, CD36, CD68), HLA-DR, immunoregulatory receptors (CD200R and TGF\u00f3RI/RII) and immunoregulatory cytokines (IL-10, TGF $\beta$ ) whereas fail to express the co-stimulatory molecules (CD40, CD80, CD86), pattern recognition receptors (CD14, TLRs), TREM-1, FcRs, CRs and the pro-inflammatory cytokines (TNF $\alpha$ , IL-1 $\beta$ , IL-6, IL-18). On the other hand, in general, inflammatory M $\phi$ s express a wide variety of functional markers which include: PRRs (CD14, TLR2, TLR4, TLR5), FcRs (CD16, CD32, CD64, CD89), CRs, HLA-DR, co-stimulatory molecules, chemokine receptors (CCR5, CXCR4) and pro-inflammatory cytokines/markers (TREM-1, TNF $\alpha$ , IL-1 $\beta$ , IL-6, IL-18, CCL20) [28,101-103].



**Figure 2.** Macrophage effector functionality is determined by a variety of activation, suppression and deviation. Mφ effector responses can be positively initiated by a range of receptors (yellow box) which include CLRs, TLRs, NLRs and complement receptors (CRs) which induce a range of activatory signalling pathways (p38, ERK and JNK mitogen activated protein kinases, MAPKs, and NFκB), resulting in specific gene expression. These positive signals can be suppressed (purple box) by a range of exogenous (SIGIRR, ST2, Siglecs, FcγRIIb, CD200R, SIRP-1α, TGFβR, IL-10R) and endogenous signals (SOCS3, MKP-1, PI3K, ITIM-associated SHP-1, SHP-2, SHIP-1). Finally, Mφ functionality can deviate between M1 and M2 phenotype (white box), determined by exogenous factors (IL-4, IL-13, M-CSF, IFNγ, GM-CSF, TGFβ, IL-10) and internal signalling molecules (STAT1, STAT6, p65 NFκB, p50 NFκB).

#### 3.1. M1-driven pathology

Crohn's disease (CD) is an inflammatory bowel disease (IBD) characterised by tissue-destructive transmural inflammatory skip lesions which present along the whole length of the GI tract. CD is characterised by dysfunctional innate immune responses, which result in a Th<sub>1</sub>/Th<sub>17</sub> axis of inflammatory destruction. This granulomatous inflammation is characterised by high expression of IL-12/IL-23, resulting in the predominance of Th<sub>1</sub>/Th<sub>17</sub> cells that produce IFN $\gamma$ , TNF $\alpha$  and IL-17 [104]. This dysregulated pro-inflammatory response is believed to be associated with mutations to PRRs and pathogen sensing ability of the innate immune system. Genetic mutations in the CARD15 gene which encodes NOD2, an intracellular sensing receptor for bacterial peptidoglycan, are associated with CD M $\phi$ s and have been demonstrated to modulate NF $\kappa$ B activation and up-regulate expression of the pro-inflammatory cytokines TNF $\alpha$ , IL-1 $\beta$  and IL-12 [105], whereas NOD2 activation would normally mediate antiinflammatory signals induced through TLR2 [106]. In addition, NOD2 mutation also results in impaired recruitment of monocytes to mucosal tissue and their differentiation to a homeostatic intestinal M $\phi$  phenotype as well as impairment of Treg activity [107]. Thus, the combination of a dysregulated innate response in favour of pro-inflammatory cytokines, aberrant anti-inflammatory mechanisms, coupled with adaptive immune system bias towards a Th<sub>1</sub>/ Th<sub>17</sub> cell mediated inflammatory response, result in the breaking of mucosal immune tolerance in favour of the tissue-destructive inflammatory mechanisms observed in the pathology of Crohn's disease and its perpetuation by both pathogenic and commensal luminal contents (reviewed in [108]). This loss in regulation results in a mucosal environment that is IL-10<sup>low</sup> IL-12<sup>high</sup>, which induces M1-like M $\phi$  activation/differentiation and the up-regulation of expression of pro-inflammatory cytokines and co-stimulatory molecules [109].

The oral mucosa plays a significant role in tolerance induction; it is thought that dysregulation of mucosal M $\phi$  functionality contributes to the breaking of this tolerance and drives oral inflammatory pathologies such as oral lichen planus, recurrent aphthous stomatitis and chronic periodontitis [110]. Chronic periodontitis (CP) is a persistent inflammatory condition of the periodontal tissue, characterised by bouts of relapse and remission that, if left untreated, could result in destruction of periodontium and tooth loss. CP results from activation of host inflammatory response as a consequence of constant microbial challenge mounted to a dysbiotic microbial population present in the oral cavity, of which Porphyromonas gingivalis (PG) is a prominent member [111,112]. PG is an intracellular oral pathogen, which invades oral epithelial cells, dendritic cells and macrophages; clearance of such would require a Th<sub>1</sub>dependent cell mediated response [113,114]. PG-LPS subverts both host innate and adaptive responses away from clearing responses by low endotoxin activity along with preferential utilisation of TLR2 rather than TLR4 and by inducing Th<sub>2</sub>-dependent humoral responses, respectively [115,116]. There is a dense population of M\u00f6s in the oral mucosa which react to PG by producing large amounts of pro-inflammatory cytokines (TNF $\alpha$ , IL-1 $\alpha$ , IL-1 $\beta$ , IL-6, IL-8, IL-12, IL-18, IL-32, MCP-1) at the expense of anti-inflammatory cytokines (IL-10) [117]; displaying an M1 phenotype. What is a cause for concern, is that PG induces an M1-like response whereas deviates the adaptive response to one of a non-clearing Th<sub>2</sub>-humoral response. This, coupled with the fact that PG differentially induces endotoxin tolerance in M1 and M2-like M $\phi$ s [54], presents scientists with real problems with regards utilising M $\phi$ s as therapeutic targets for the treatment of CP.

Less complicated is oral lichen planus (OLP); an inflammatory condition presenting as white striations or plaques in the buccal mucosa, tongue and gingiva [118]. This pathology is characterised by a dense T cell infiltrate with a corresponding destruction of basal membrane and recruited monocytes, which display an M1 cytokine expression phenotype, with high levels of GM-CSF, TNF $\alpha$  and IFN $\gamma$  produced at the site of inflammation [118,119]. T cells associated with OLP have been described to produce IFN $\gamma$  [120], as such, IFN $\gamma$  can activate CD8<sup>+</sup>cytotoxic T cells, NK cells and can feedback to activate M1 M $\varphi$ s and perpetuate their inflammatory effector response. These M $\varphi$ s are situated close to the basal membrane and can contribute to its inflammatory destruction, through the action of TNF $\alpha$  produced [121]. Therefore, M1 M $\varphi$ s drive the progression of OLP by activating a Th<sub>1</sub>-mediated inflammatory

response and perpetuation/exacerbation of this immunopathological response through a positive feedback mechanism.

#### 3.2. M2-driven pathology

In contrast to CD, ulcerative colitis (UC or idiopathic proctocolitis) is an IBD where its site of involvement is confined to the large bowel (colon and rectum) and characterised by ulcerations in the mucosal lining layer. Patients with UC present with abdominal pain, bleeding anaemia and dietary restriction, resulting as a consequence of inflammatory destruction of the superficial mucosal layer, which is possibly driven by dysbiosis or inappropriate recognition and responsiveness to commensal gut organisms [122]. This pathology is driven by a M2/Th<sub>2</sub>-mediated pathogenic mechanism resulting in a predominance of Th<sub>2</sub>-derived IL-4, IL-5 and IL-13 cytokine production. These cytokines induce B cell class switching and the production of IgE with the consequent activation of mast cells and eosonophils, which degranulate toxic components upon cross-linkage of IgE and initiation of an ADCC response. As with CD, there is an increase in monocyte recruitment to the gut mucosa, where there is a high proportion of M $\phi$ s expressing a less mature phenotype that are CX3CR1+TLR2+CD33+[123]. These CX3CR1+M\phis have been described to suppress the severity of DSS-induced colitis and may represent a beneficial M $\phi$  subset with respect to inflammatory pathology [124]. Manipulation of this M $\phi$  phenotype may represent a realistic approach in controlling this  $M2/Th_2$ -driven inflammation. Thus there is a real need to characterise the inflammatory  $M\phi$  subset which is involved in driving this disease. One observation that informs the scientific community with respect to  $M\varphi$  involvement in UC is the fact that CD1d-restricted type II NKTs induce colitis in mice [125]; it is probable that CD1d<sup>+</sup>cells, where CD1d expression has been reported to be restricted to M $\phi$ s, initiate or perpetuate this inflammatory pathology in humans. In addition to expression of IL-4, IL-13 and TNF $\alpha$ , serum levels of IL-23 have been associated with severity of disease in UC patients [126]; whereas CD pathology involved an immune axis of M1/Th<sub>1</sub>/Th<sub>1</sub>/, the link with IL-23 production is suggestive of an M2/Th2/Th17 axis driving UC immunopathological inflammation. In order for successful regimens to be adopted for the treatment of UC, it is imperative that this immunopathological axis is further characterised with respect to M $\phi$  functional phenotype and how these M $\phi$ s can be modulated by expression analysis of both cell-associated immune activatory and suppressive molecules.

Macrophages have been realised to play a significant role in the immunopathology associated with tumorigenesis and the progression of solid tumours. Tumour initiation and development has been linked with NF $\kappa$ B activation and inflammation; indeed, it is now well established that tumour associated macrophages (TAMs) exhibit a pro-tumoral, anti-inflammatory and immunoregulatory M2 phenotype. As inflammation contributes to the progression of UC, links have been suggested between UC (an M2/Th<sub>2</sub> pathology) and the development of colorectal cancer (CRC). Comparisons exist between UC and CRC with respect to the upregulation of both pro-inflammatory cytokines and the immunoregulatory cytokine, IL-10 [127], thus both pro-and anti-inflammatory mechanisms contribute to cancer progression. With respect to M $\phi$  functionality, NF $\kappa$ B activation through classical or alternative activation pathways (p65 versus p50 NF $\kappa$ B) exhibit functional plasticity where TAMs display proinflammatory, anti-tumoral M1-like responses or, conversely, anti-inflammatory, pro-tumoral M2-like behaviour [128].

In the case of oral mucosa, M1-driven chronic inflammatory pathology such as OLP and the resulting pro-inflammatory and anti-microbial environment (ROS/RNS) can induce mutagenesis and malignant transformation of oral epithelial cells resulting in oral cancer. One such oral cancer is oral squamous cell carcinoma (OSCC), characterised by a significant leukocyte infiltration of lymphocytes and particularly monocytes, recruited by MCP-1, which become TAMs [129]. These TAMs, facilitated by priming factors, such as M-CSF and IL-10, secreted by cancer cells, develop a pro-tumoral M2 phenotype (IL-10, EGF, FGF, PDGF, VEGF)[130] resulting in advanced stages of tumour progression [131,132]. This M2-like effector phenotype of TAMs results in an immunosuppressive, anti-inflammatory and tissue reparative environment, which benefits tumour growth. In addition to suppressing pro-inflammatory cytokines, activation of anti-tumour T cell responses through APC function is suppressed as the expression of MHC molecules is down-regulated and inhibitory co-stimulatory molecules, such as B7-H4, are up-regulated [133-135]. Finally, the M2 cytokines, IL-10 and TGF $\beta$ , can induce Tregs, which further strengthen the suppression of host anti-tumour responses [136]. Thus, TAMs modulate cancer cell survival/growth whereas the environment presented by the tumour cells influences the functional plasticity of the TAMs and that, through the bidirectionality of cellular interactions, it may be possible for the TAM plasticity to be harnessed in the control of tumour cell growth and even initiate tumour resolution.

## 4. Conclusions and future perspectives

Macrophages offer attractive drug targets for the treatment of a wealth of Mo-mediated diseases of the oral and gastrointestinal mucosa. The role of Mos in driving inflammatory diseases such as CD, OLP, CP, UC, and cancer (CRC and OSCC) is being extensively researched. With their role in the immunopathogenic mechanisms of these diseases, Mqs are now a realistic candidate for "re-education" of their functional responses; either by immune activation, suppression or deviation. Mos exhibit pathogenic responses via M1functionality, as is the case in CD, OLP and CP, whereas M2 effector phenotype drives UC, CRC and OSCC. These pathogenic immune cells express a wealth of immunoactivatory receptors (TLRs, NLRs, RLRs, CLRs, FcRs, SRs and cytokine receptors) and, as such, can be induced to exhibit pro-inflammatory responses, anti-inflammatory responses, antimicrobial killing responses as well as antigen processing and presentation, hence priming humoral and CMI adaptive responses against extracellular and intracellular pathogens. In addition, they also express immunosuppressive molecules (exogenous and endogenous PRR inhibitors, Fc $\gamma$ RIIb, CD200R, SIRP-1 $\alpha$ , Siglecs, NLR splice variants, IL-10, TGF $\beta$ ) and may exhibit a sensitivity to endotoxin tolerance. Finally, Mds also possess receptors/molecules by which immune responses may be modulated or deviated; through FcRs, IL-4/IL-13/M-CSF/IL-10 and IFN $\gamma$ /GM-CSF to the benefit of the host. Future aims of manipulating M $\phi$ effector functionality would focus on activation of M1 Mqs to produce anti-tumour and pro-inflammatory cytokines, hence fostering a hostile anti-tumour innate environment as well as priming adaptive anti-tumour responses for the treatment of colorectal cancer and oral squamous cell carcinoma. In addition to immune activation of anti-tumour responses, harnessing immune receptors for immune deviation would appear to be a potentially effective approach; whereby the functional plasticity of M2-like TAMs was manipulated and re-programmed to a more anti-tumour setting by encouraging deviation of response to be M1-directed [137]. Although translatability of these approaches has proved, as yet, unsuccessful, this activation and re-programming approach has been appreciated for quite some time [138,139].

With the similarity and connectivity between cancer and inflammation, it would appear reasonable to use similar Mo-modulation approaches to the treatment of mucosal inflammatory pathology. With respect to CD, OLP and CP, the M1-driven pathologies,  $M\phi$ -based immunotherapy is likely to focus on approaches that either suppresses, induce tolerance or deviate a response by encouraging a redressing of the balance between M1/M2 by immunedeviation towards an M2-driven response. Such a change towards M2 functionality can potentially be activated through M2-biassed signals through scavenger receptors or deviation via IC-FcyR, M-CSF or IL-4/IL-13 polarisation signals. More recently, this immune deviation can be encouraged by the introduction of products derived from M2-skewing extracellular pathogens such as helminth worms; the potential for medicine to travel full circle back to a more sophisticated look at old therapies! Finally, these destructive M1driven inflammatory pathologies may warrant suppression. This can be achieved by manipulating mechanisms and molecules associated with endotoxin tolerance through chronic reception of pro-inflammatory cytokines or PAMPs through TLRs and through the induction of a range of intracellular negative regulators such as Tollip, SHP-1, SHIP1, p50 NFκB, PI3K, as well as extracellular/membrane-bound regulators (CD200R, SIRP-1 $\alpha$ , ST-2, SIGIRR, IL-10R and TGF $\beta$ R).

Through the presentation of the complex field of M $\phi$  biology with respect to M $\phi$  subsets; priming of monocytes through defined differentiation pathways, M $\phi$  effector phenotype and functional plasticity can be potentially manipulated in our favour for the treatment of M1-driven and M2-driven pathology. The future therapeutic regimens which focus on macrophage functionality in CD, OLP, CP, UC, CRC and OSCC can only hope to be successful from considering total M $\phi$  functionality with respect to immune activation, suppression and deviation.

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Chapter 6

# Immunostimulatory Effects of Triggering TLR3 Signaling Pathway — Implication for Cancer Immunotherapy

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# 1. Introduction

Immunostimulation based therapies hold promise of disease-specific interventions without the toxicity and other side effects, which are associated with traditional therapeutic modalities. Unfortunately, the exact manifestation of their therapeutic benefits and the mechanisms of their action are still pending for most immunotherapeutic strategies. Virtually, such kinds of treatments are ideal to establish standards of care and secure, as well as improve therapeutics outcomes. A growing interest for studying and understanding immunostimulation based therapeutics' strategies has increased since, it could stimulate different components of innate immunity and consequently stimulation of adaptive immunity [1-3].

These immunostimulation based therapies can be divided into two categories, nonspecific and specific immunotherapies. Nonspecific immunotherapy describes therapies that are designed to enhance the immune response without deliberately seeking to modulate the response to a particular antigen. These therapies include three main categories. The first depends on administration of certain agents that induces secretion of inflammatory cytokines that nonspecifically activate the immune system [4]. The second depends on administration of certain type of cytokine that can activate specific populations of immune cells. The third category include the administration of antibodies that block immune checkpoints or other suppressive pathways that are known to shut down the activity of immune system [5]. These nonspecific activation pathways are crucial for the initiation of fully functional immune responses encompassing both the innate and adaptive immune compartments [4].



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Toll like receptors (TLRs) are a group of receptors that are expressed mainly in innate immune cells, including macrophages, monocytes, dendritic cells, natural killer cells and mast cells [6]. These TLRs specifically recognize microbes as well as different microbial components called TLR ligands. Interaction of TLR and TLR ligands trigger signaling pathways that lead to activation of innate immune cells through secretion of a plethora of inflammatory mediators including cytokines and chemokines [7, 8]. As such, different TLR ligands have been designed to be used as adjuvant system,

The inclusion of TLR ligands as a potential new class of adjuvants candidates has enabled the development of clinical effective vaccination strategies against many diseases [9, 10]. Polyinosinic-polycytidylic acid [Poly(I:C)] and its clinical grade poly-L-lysine (Poly-ICLC; Hiltonol®) represent important members of these immunostimulatory vaccine adjuvants as has been shown in several preclinical and clinical studies [11, 12]. In this review, we will introduce a brief description of the TLR family followed by a description of the signaling pathway of TLR and its role as a linker between innate and adaptive immunity. The structure, expression and function of Poly(I:C) will be reviewed along with its potential application in cancer vaccination, adoptive immunotherapy and chemo-immunotherapy in preclinical and clinical trials.

## 2. Toll-like receptors (TLRs) and their agonists

TLRs are a class of transmembrane signaling proteins that play a critical role in initiation and acceleration of innate and adaptive immune responses against different pathogen by recognizing these pathogens themselves or their products, including proteins, carbohydrates, lipids, and nucleic acids (single-and double-stranded RNA and DNA) [13]. TLRs were discovered in 1985 by Christiane Nüsslein-Volhard as factors involved in the embryonic development and resistance of the fly Drosophila to bacterial and fungal infection [14-16]. TLRs are patternrecognition receptors (PRR) with an extracellular leucine-rich repeats (LRRs) domain and a conserved cytoplasmic domain homologous to that of the interleukin-1 receptor (IL-1R), termed the Toll/IL-1R homology (TIR) domain [17, 18]. Such structure of TLRs recognizes pathogen-associated microbial patterns (PAMPs) encoded in various pathogens. These products include lipopolysaccharide (LPS), peptidoglycan (PGN), flagellin, bacterial DNA, viral single and double stranded RNA and synthetic double-stranded RNA such as poly(I:C). TLRs also recognize danger-associated molecular patterns (DAMPs) that are endogenous molecules including intracellular proteins such as heat shock proteins (HSPs) and protein fragments from the extracellular matrix (HMGB1) released from necrotic or dead cells [10, 19]. Given this capability of TLRs to recognize a wide range of microbial products and their synthetic mimic, modulation of these receptors can significantly play a central role in shaping the outcomes of the anti-microbial immunity. Since cancer originates from self-cells resulting in a poor anti-tumor immunity if not tolerance, triggering TLR signaling pathways during cancer immunotherapy by their specific agonists can accentuate the resultant anti-tumor immunity.

TLRs expression profiles differ among tissues and cell types of the innate and adaptive immune system. TLRs are predominantly expressed on T cells, B cells, neutrophils, monocytes, NK

cells, mast cells, and antigen-presenting cells (APCs), such as macrophages (M $\Phi$ ) or dendritic cells (DCs). As such induction of TLR signaling activates APCs to provoke innate immunity and to induce adaptive immunity [6, 7, 20]. More recently, TLR have been found to be expressed on endothelial, epithelial cells and tumor cells, including melanoma [21]. TLRs are fundamentally located on the plasma membrane except TLR3, TLR7 and TLR9 that are located in the endoplasmic reticulum (ER) [22-24]. Mammalian TLRs include a large family consisting of ten to thirteen different types of TLRs that named simply TLR1 to TLR13 and each one of them recognize specific microbial components [25].

To date, ten human and thirteen murine TLRs have been identified; TLR1 to TLR9 are conserved between the human and mice. However, there are TLRs found in humans and not present in all mammals. For example, TLR10 in humans is present in mice. On the other hand, TLR11, TLR12 and TLR13 in mice are functional, but there is a stop codon in the human TLR11 TLR12 and TLR13 genes, which results in a lack of production of human TLR11 TLR12 and TLR13 [26, 27]. Signaling pathways of these TLRs can be triggered by their specific ligands. TLR ligands (TLRLs) are agents that bind to and activate TLRs. They are encoded in different types of organisms at the cell surface or at the internal cell compartments and they are expressed by different types of leucocytes and other cell types [28, 29].

TLRs/TLRLs bind results in a cascade of intra-cellular signaling pathways that induce the production of inflammatory cytokines and immune response [7, 8]. TLRLs are recognized by specific TLRs that are expressed on the surface of cells, for example, TLR2 is essential for the recognition of bacterial lipoproteins, lipomannans and lipoteichoic acids [30], while TLR5 detects bacterial flagellin [31]. TLR4 has been reported to recognize bacterial cell wall component lipopolysaccharide (LPS) [30], and TLR11 which recognize a profilin-like protein of *Toxoplasma gondii* [32] and uropathogenic *E.coli* [33]. In contrast, TLRs located within the endoplasmic reticulum (ER) can detect microbial nucleic acids, for example, TLR3 is required for response to virus-derived double-stranded RNA [34] and TLR9 recognize unmethylated CpG motifs [35]. Whereas, TLR7 and TLR8 could recognize small synthetic antiviral molecules [36], and single-stranded RNA [37].

# 3. TLRs Signaling pathways

Recent accumulating studies showed that TLRs signaling pathways can be divided into two signaling pathways, the MyD88-dependent pathway which is common to all the TLRs that resulted in the secretion of inflammatory cytokines, and TRIF-dependent pathway that is specific for TLR3 and TLR4 which associated with the stimulation of IFN- $\beta$  and the maturation of dendritic cells [38-40].

### 3.1. MyD88-dependent pathway

The myeloid differentiation factor 88 (MyD88) dependent responses utilized by all TLRs except TLR3 and its occurring on hetero-or homo-dimerization of the TLRs receptor, upon activation by PAMPs or DAMPs. This dimerization induces the recruitment of adaptor proteins via the

cytoplasmic TIR domain. These adaptor proteins include the TIR-domain containing proteins, TIRAP (TIR-associated protein), TRIF (TIR domain-containing adaptor protein-inducing IFN- $\beta$ ) and TRAM (TRIF-related adaptor molecule), MyD88, Mal (MyD88 adaptor-like protein), which triggers the TLR-mediated signaling pathways [41-45].

The transcription factor IRF7 is critical regulator for the production of IFN- $\alpha/\beta$  via MyD88 pathway. IRF7 presents in DCs is very low, and therefore TLR7, TLR8 and TLR9 operate mainly through the NF- $\kappa$ B–IRF5 pathway [10, 46, 47]. It is worth noting that the transducing ability of TLR7, TLR8 and TLR9 may change in favor of the IRF7 pathway. Whereas, TLR4 is located on the cell membrane, activation of TLR4 signal transduction through MyD88/TIRAP and TRAM/TRIF pathways leads to activation of innate immune responses, primarily through IRS serine phosphorylationI

### 3.2. TRIF-dependent pathway

The TLR3 ligand (dsRNA) and the TLR4 ligand (LPS) activate the TRIF-dependent pathway in which IRF-3 plays a key role. For TLR3 (dsRNA), activation of MyD88-independent pathways occurs via TRIF (TIR domain-containing adaptor protein-inducing IFN- $\beta$ ). Upon dsRNA binds within endosomes, TLR3 recruits the adaptor TRIF through a TIR-TIR interaction. TRIF, in turn, recruits RIP1 to activate NF-KB, via TRAFs and the IKK (IKB kinase) complex. TRIF also recruits protein kinases TBK1/IKKε and TRAF3 to activate IRF3/7. Since, IRF-3 can phosphorylate by TBK-1 and IKK $\epsilon$  on C-terminal serines, leading to its dimerization and translocation into the nucleus. Active IRF-3 mediates transcription of genes from the IFN- $\beta$  promoter. The secreted IFN- $\beta$  binds to the IFN receptor (IFNR), and thus activates transcription of ISGs, such as IRF-7 [9, 48]. On the other hand, the intracellular dsRNA is recognized by the RNA helicase RIG-I (or MDA-5). Activation of the latter activates TBK-1 and IKK $\varepsilon$  via its CARD domain and activates IRF-3 as well. IRF-7 further stimulates transcription from the IFN- $\alpha$  and- $\beta$  promoters in a positive feedback loop. Type I IFNs bind also to their receptors to trigger the JAK-STAT signaling pathway. Whereas, to induce inflammatory cytokines production. TLR4 activation is requires both the MyD88-dependent and independent pathways. This occurs via TIR domain containing adaptors TIRAP, MyD88, TRAM and TRIF, which in turn initiates activation of NFkB, MAPK, and IRF3 allowing its nuclear localization and production of IFN- $\beta$  [40, 49].

The signaling pathway of TLRs is summarized in Figure 1. TLR7, TLR8 and TLR9 are present in endosomes, which are stimulated by viral ssRNA. Upon activation, TLR7, TLR8 and TLR9 signal through the adaptor MyD88, which in turn leads to phosphorylation and activation of IRF3. Following its activation, TLR3 signals through its adaptor TRIF, and thus activates noncanonical IKK kinases (TBK1/IKK $\epsilon$ ), which subsequently phosphorylate both IRF3 and IRF7. Active IRF-3 induces transcription from the IFN- $\beta$  promoter. NF- $\kappa$   $\beta$  is also activated by TRIF mediated signaling through canonical IKK kinases (IKK $\alpha$ ,  $\beta$ , and  $\gamma$ ). RIG-I and MDA5 are located in cytoplasm and can recognize both ssRNA and dsRNA. Intracellular ssRNA and dsRNA are recognized by the RNA helicase RIG-I (or mda-5), which are expressed in most cells, activates TBK-1 and IKK $\epsilon$  via its CARD domain through interaction with the mitochondrially located adaptor MAVS. Different signal transducer and activator of transcription (STAT) family members can be activated by interferons (IFNs). As a response to both type I IFNs and type II IFN (IFN $\gamma$ ) stimulation, STAT1-STAT1 homodimers can be formed. These homodimers bind to IFN $\gamma$ -activated site (GAS) enhancer elements in the promoters of IFN-stimulated genes, and these results in the induction of genes encoding pro-inflammatory cytokines and apoptotic factors. STAT1 and STAT2 heterodimers, which are activated by binding with IRF9, which in turn migrates to the nucleus to bind to IFN-stimulated response elements (ISREs) and activate antiviral and antibacterial genes.

# 4. Polyinosinic-polycytidylic acid [Poly(I:C)]

Although, several previous studies have been extensively studied poly(I:C) for over 35 years in humans [50, 51], it is receiving new interest as a crucial component in many new immunostimulatory combination therapeutic strategies. Poly(I:C) is a synthetic double-stranded RNA (dsRNA) that has recently been identified as a specific ligand for TLR3 [52-55]. dsRNA is a viral product produced by most viruses during their replication cycle, Both viral dsRNA and its artificial mimic, poly(I:C), are potent inducers of type I interferons (IFN- $\alpha/\beta$ ) [56, 57], which is a crucial cytokines that exert anti-viral and immunostimulatory activities for both T and B lymphocytes [58, 59], DCs [11, 60] and activate monocytes to produce CSF, IL-1 $\beta$ , IL-12, and PGE<sub>2</sub> [61, 62].

Several studies have been shown that Poly(I:C) induces a strong innate immune response initiated by two types of PRRs; the TLRs and the RIG-I-like receptors (RLRs) which is a family of cytoplasmic RNA helicases that includes RIG-I and MDA-5 [63-67]. In addition, several studies have shown that Poly(I:C) transduces signals which activate the NF- $\kappa$ B and the IFN- $\beta$  promoter [53, 54] and activates several nuclear and cytoplasmic enzyme systems such as oligoadenylate synthetase (OAS), the dsRNA dependent protein kinase R (PKR), RIG-I Helicase, and MDA5 (melanoma differentiation associated gene) which are implicated in antiviral and antitumor host defenses [7].

Poly(I:C) interact with TLR3, that is the specific intracellular recognition system that responds and signals to the intracellular presence of dsRNA and RNA virus infection [68]. TLR3 is mainly expressed on a broad range of antigen-processing cells (APCs), dendritic cell (DC) subsets, fibroblasts, intestinal epithelial [54, 69, 70] monocytes, macrophage (M $\Phi$ ), mast cells, NK cells [71, 72], CD4<sup>+</sup>and CD8<sup>+</sup>T cells [6, 73]. Several prior studies have shown that poly(I:C) has potent pleiotropic immunostimulatory effects on several kinds of immune cells [74-76].

Poly(I:C), a synthetic dsRNA mimic copolymer, is a specific TLR3 agonist [13, 77]. Recently, we and others have reported that in vivo administration of the TLR3 agonist poly(I:C) into naïve mice induced rapid increases in the frequencies of NK cells mainly in the liver and that these effects associate with better antigen specific responses and antitumor efficacy [6, 78-81]. Consistent with earlier studies [81], we have demonstrated that the adjuvant effects of poly(I:C) to the antigen-specific CD8+T cell responses are partially dependent on NK cells through creation of a rapid beneficial cytokine milieu [82, 83]. Furthermore, in vitro treatment of highly

purified NK cells with poly(I:C) significantly augmented NK cell-mediated cytotoxicity and up-regulated their expression of the activation marker CD69 [71]. Of particular interest, similar to viral infection, poly(I:C) treatment has been found to preferentially induce recruitment and activation of hepatic NK cells [79] and their trafficking to spleen coincided with enhanced cytokine expression [80]. These studies may explain the increased antitumor effects against metastasis observed in tumor models after poly(I:C) treatment [84].

# 5. Poly(I:C) and anti-tumor Immunity

A fundamental difference between tumor and microbes is that only the latter encode products (signatures) that are recognized as "danger signals" by pathogen recognition receptors (PPRs) expressed in the innate immune cells. [85] In most cases, immune system can mount vigorous immune responses against microbes, but not against cancer. Therefore, the challenge in cancer immunotherapy is how to manipulate the body's own immune system to fight cancer. [86] Mimicking the anti-microbial immunity, recent preclinical and clinical studies have established that provision of TLRL adjuvant system systemically or into tumor environment itself profoundly awaken the cross talk between innate and adaptive immunity, driving generation of efficacious anti-tumor immunity. [87] For instance, the addition of CpG DNA (typical TLR9L) to a melanoma vaccine resulted in effective cytolytic responses. [88] Imiquimod, a synthetic TLR7/8L, has been successfully used in the treatment of basal cell carcinoma [89, 90] and to enhance the immunogenicity of vaccine containing Flt3 ligand and a melanoma peptide. [91] MPL, a TLR4L, has been used as an adjuvant in clinical trials of vaccines against melanoma, glioma and pancreatic and colorectal carcinoma, inducing substantial tumorspecific immunity in response to vaccination [92, 93]. We have reported recently that coadministration of the TLR3L poly(I:C) in vivo with peptide vaccination established functional effector/memory responses [94] by induction of NK-driven beneficial cytokine milieu and DC activation. [81] Although the impact of both of TLRLs at the time of Ag priming has been the focus of several studies, their impacts at the time of Ag recall on the tumor-specific memory responses have not been actively investigated.

Since, cancer cells do not encode danger signals like virus, generation of anti-tumor memory T cells in the tumor setting would require a large pool of highly activated DCs. In response to TLRLs, resident immature DCs at the site of vaccination undergo a maturation program and migrate to the draining lymph nodes (LNs) [72, 95, 96]. Therefore, utilizing TLRLs is a potential approach to induce activation of immature DCs and maximize their contribution to memory cell responses. In line with this notion, recent studies have established the adjuvant effects of several TLRLs, in particular, TLR3L (poly(I:C), TLR7/8L (Imiquimod), and TLR9L (CpG) to the anti-tumor CD8<sup>+</sup>T cell responses [81, 94, 97-101]. However, most of these studies tested the adjuvant effects of TLRLs in lymphodepleted hosts, and those few studies that utilized lymphodepleted hosts did not use adoptive cell therapy (ACT) system [98, 102-107].

Because the frequency of DCs in steady state condition is low, growth factors in particular Flt3L and G-CSF have been used to mobilize DCs in vivo [108-110]. With this regard, we have

recently reported a rapid induction of type I IFNs and activation of DCs with decreases in the levels of  $T_{reg}$  cells after CTX treatment; resulting in augmented post vaccination responses which were further improved by addition of poly(I:C) to vaccination [111]. We have found also a marked expansion of immature DCs during the recovery phase after treatment with the anticancer drug cyclophosphamide (CTX), indicating to the mobilizing effect of CTX for DCs. Since DCs are equipped with TLRs that sense different microbial products such as poly(I:C), activation of these immature DCs in vivo may augment memory T cell responses. [85]. Recent studies, including ours have demonstrated the adjuvant effects of TLRLs to ACT in lymphodepleted hosts [112-114]. These studies suggest that combinatorial treatments with chemotherapy/immunotherapy and ACT can markedly improve memory T cell responses. Our observation of expansion of DCs post CTX therapy is a suitable model to dissect the optimal timing of the adjuvant effects of TLRLs to post vaccination responses of ACT in a lymphodepleted host.

Specifically, our recent studies showed that treatment of a recipient host with the non myeloablative dose of CTX augments post vaccination CD8<sup>+</sup>T cell responses, which were associated with a quick activation of DCs in the lymphopenic phase [114]. We also found that CTX induces increases in the numbers of immature DCs during the recovery phase from days 9-16, peaking on day 12 [115]. These DCs demonstrated normal phagocytic ability in vitro and antigen uptake in vivo. Administration of poly(I:C) at the peak of DC expansion resulted in induction of rapid inflammatory milieu which associated with significant increases in the numbers of activated (CCR7<sup>high</sup>CD40<sup>high</sup>) DCs in lymph nodes.

Using the pmel-1 TCR transgenic mouse model, in which CD8<sup>+</sup>T cells can recognize the natural tumor gp100 antigen on B16 melanoma, we demonstrated that vaccination of CTX-lymphodepleted mice with the MHC class-I melanoma gp100 peptide and poly(I:C) during the lymphopenic phase (day 2) and at the peak of DC expansion (day 12) resulted in significant augmentation in the number of activated DCs in lymph nodes with a temporal increase in the expansion of pmel-1 cells. Conditional depletion studies of DCs at day 12 before revaccination of CTX-treated recipient mice revealed that DCs are required for the optimal pmel-1 cell responses. Importantly, the therapeutic anti-tumor effects of the enhanced pmel-1 cell responses were demonstrated toward an advanced tumor of the poorly immunogenic B16 melanoma, indicating the clinical significance of our observation. Furthermore, we have found improvement in DCs expansion when CTX treatment was followed by a daily treatment with 5µg/mouse G-CSF for 5 days [6], without altering the efficacy of our prime-boost vaccination with hgp100/poly(I:C) [116].

 $T_{reg}$  cells express different TLRs [117] and can be activated by certain TLR agonists such as TLR4 [118-120], and TLR5 [121], and can be inactivated by TLR2 and TLR7/8 agonists [122, 123]. Indeed, total body irradiation and CTX-preconditioned hosts demonstrated that interference with  $T_{reg}$  cell activities can enhance tumor-specific T cell responses and anti-tumor immunity [124] [125, 126]. Our preliminary studies and previous studies [105, 125-130], however, showed that although  $T_{reg}$  cells decrease in numbers during the lymphopenic phase after CTX treatment they recover to their normal levels at the recovery phase. These recovered  $T_{reg}$  cells may interfere with the efficacy of vaccination at recovery phase unless the vaccination

is co-administered with a potent adjuvant that can block  $T_{reg}$  cell function. Indeed, induction of maturation of DCs by certain TLR agonists has been found to control  $T_{reg}$  cell function in vivo [122, 131, 132]. Therefore, it is possible that the enhanced pmel-1 cell expansion and antitumor effects of pmel-1 cells to peptide/poly(I:C) revaccination on day 12 post CTX treatment involve blocking of  $T_{reg}$  cell.

The potent anti-tumor efficacy of prime-boost vaccination with tumor antigen/poly(I:C) at precise time points post CTX therapy would lead to its potential application in the clinical setting. We would envision two treatment protocols for the clinical application of this prime-boost vaccination with tumor peptide and poly(I:C) on cancer (e.g. melanoma) patients. 1) Patients can be with a lymphodepletion dose of CTX followed by G-CSF to correct leucopenia, and vaccinate the patient with a candidate tumor Ag (gp100, MART, or TRP2) with co-administration of the clinical grade form of poly(I:C) such as Hiltonol<sup>®</sup>. Vaccination and Hiltonol<sup>®</sup> treatments can be repeated during the recovery from leucopenia (after 10-15 days of chemotherapy) when the numbers of DCs are increased. 2) The same as above but with adoptive transfer of peripheral blood mononuclear cells harvested from the cancer patient prior chemotherapy. These cells can be stimulated in vitro with 1ng/mL of the tumor antigens in the presence of 10ng/mL IL-12 for 3-5 days as we recently described in our preclinical model [133].

## 6. Poly(I:C) and antiviral immune response

The innate immune response is the first barrier against the invading pathogens and viruses and it responds through activating inflammatory and antiviral defense mechanisms by inducing IFNs- $\alpha/\beta$  against the viruses [134]. Several in vitro and in vivo studies have demonstrated that the main effects of poly(I:C) is the induction of IFNs- $\alpha/\beta$ , which play a crucial role in innate anti-viral response [135, 136].Several studies have been extensively demonstrated that poly(I:C) triggers the activation of PKR and other kinases which followed by the phosphorylation of the substrates of these enzymes that results in the subsequent translocation of transcription factors, NF-KB and IRF-3, to the nucleus where then they bind to the IFN- $\beta$ promoter to form a transcription complex that induce IFN- $\beta$  production [137-140]. It has been thought that the proximal inducer of IFNs- $\alpha/\beta$  is intracellular dsRNA generated as an intermediate during viral replication [53].

Recently, it has been shown that dsRNA and ssRNA molecules are recognized as intermediate by TLRs that is expressed on DCs, NK cells, MΦ and epithelium during virus replication [141]. Several studies have been extensively demonstrated that Poly(I:C) plays a critical role in inducing innate immune response against many viruses, such as influenza virus [142], human respiratory syncytial virus (RSV) [143], herpes simplex virus 2 (HSV-2) [144], and murine cytomegalovirus [25]. Several in vitro and in vivo studies have been shown that retinoic-acidinducible gene I (RIG-I) and melanoma-differentiation-associated gene 5 (MDA-5), are the key in the detection of viral dsRNA and Poly(I:C) in the cytosol and subsequent eradication of the replicating viral genomes [66, 145, 146]. Treatment of animals with poly(I:C) results inactivation of the TLR3 receptor which in turn induces the activation of NF-κB and the production of type I interferons that induces strong antiviral and antineoplastic effects accompanied by activation of CD8+T and NK cells [53, 147]. In addition, poly(I:C) is shown to serve as an adjuvant to induce protective CD4+T cell responses against HIV [148].

# 7. Poly(I:C) and clinical trials

### 7.1. Hiltonol®

Hiltonol® or Poly-ICLC is a synthetic, nuclease-resistant, hydrophilic complex of polyinosinic and polycytidylic acid, stabilized with poly-L-lysine and carboxymethyl cellulose. Poly-ICLC is IFN-β inducer, which is known to steady the blood-brain-barrier (BBB) and minimize cellular infiltration into damaged brain regions following stroke [149, 150]. Several clinical trials were conducted to utilize poly-ICLC as an IFN inducer in cancer patients, the first clinical trial (phase 1) were conducted to determine the maximum tolerated dose (MTD) and it found that the MTD was (12 mg/m<sup>2</sup>), which induced effective response in cancer patients [51]. Another study was conducted to determine the immunomodulatory effect of Poly-ICLC in cancer patients and it showed that there was no detectable serum IFN in patients that received 1 mg/m2 Poly-ICLC by IM injection [151]. In contrast, IFN was detectable in the serum of patients that received 4 mg/m<sup>2</sup> Poly-ICLC by IV injection. Then, phase I and II clinical trials were conducted in patients with many types of cancers including leukemia, lymphoma, brain tumors, myeloma, juvenile laryngeal papillomatosis, renal cell carcinoma, breast cancer, ovarian cancer, and melanoma [152-160].

In most of these early clinical trials, about 6 mg/m<sup>2</sup> Poly-ICLC was generally used intravenously. Fever, often with temperatures greater than 40°C, was a universal adverse event in the trials and was the primary dose-limiting factor. Other common adverse events reported in these trials included nausea, vomiting, hypotension, thrombocytopenia, leukopenia, arthralgia, myalgia, and fatigue. Additionally, very few objective responses were reported in these clinical trials. Due to its toxicity and relative ineffectiveness, utilizing Poly-ICLC was deserted after the availability of recombinant IFN. It was subsequently determined that lower doses (10 to 50 mg/kg) of Poly-ICLC resulted in a broader host defense stimulation, a potent adjuvant effect, and a specific antiretroviral effect mediated by the 2'5'OAS and PKR nuclear enzyme systems [161]. Consequently, Poly-ICLC is currently being developed for use only at doses up to 50 mg/kg. The poly-ICLC treatment prior to exposure to oxygen-glucose deprivation maintained the paracellular and transcellular transport across the endothelium and attenuated the drop in transendothelial electric resistance by enhancing IFN- $\beta$  mRNA expression in astrocytes and microglia [162]. Recent study utilized poly-ICLC in activation of TLR3 signaling, which exerts a beneficial effect on NK cells, resulting in the increased cetuximab-dependent lysis of head and neck cancer (HNC) cells [163].

### 7.2. Ampligen®

Ampligen<sup>®</sup> is known as [poly(I)-poly(C12U)] that is composed of poly(IC) with a U mismatch at every 12th base of the C strand. The main effect of Ampligen® is the induction of Th1 response. This has been demonstrated in delayed-type hypersensitivity reactions and in current clinical studies with human immunodeficiency virus-infected patients. Other cells targeted are NK cells, cytotoxic CD8<sup>+</sup>T cells, and LAK-NK cells. Despite initial trials in the 1990s, little is known about Ampligen®, since; it is not routinely used in clinical practice. However, due to its notable and potent antiviral effects, Ampligen® has been generally well tolerated in randomized clinical trials [164, 165]. Since, Ampligen® did not consistently produce antiviral effects, but its antiviral activity was always seen after therapeutic treatment. Therefore, it was assumed that Ampligen have exquisite specificity for TLR3 [166, 167]. Early studies showed that treatment of chronically HBV-infected chimpanzees with polyICLC transiently reduced the levels of serum viral DNA, HBsAg and HBeAg [168]. In two independent studies, transient suppression of DHBV in ducks by Ampligen® was also observed [169, 170]. In vitro studies, Ampligen and zidovudine have combined: to act in synergy against HIV-1-infected cell lines [171, 172] and enabling restoration of the immune function in HIV-infected individuals. Wither through maintaining a stable or raising CD4 count, increasing delayed-type hypersensitivity reaction, and reducing rate of progression to AIDS [173].

More recently, Nicodemus et al (2010) evaluated polyIC12U and confirmed the potential of TLR3 stimulation with Ampligen® in enhancement bioactivity of cancer immunotherapies [166]. Their results revealed that Ampligen® is a potent inducer for the dendritic cell maturation and local cytokines producing in culture systems including IL-4, IL-6, IL-12p70, IFN g, MIP-1a and TNF  $\alpha$ . Interestingly, treatment of wild-type mice with Ampligen® 24 hours following infection with a lethal viral inoculation was fully protective, whereas dosing 4 h prior to inoculation is ineffective in preventing mortality [167]. Intranasal Ampligen® administered to mice in conjunction with prototype avian flu vaccines, greatly enhances the cellular and humoral immunity achievable with the vaccine and also protects mice from lethal infection [174].

### 8. Conclusion

Since the discovery of the important role of TLRs in innate immunity and the initiation of an immune response that follows the activation of antigen-specific acquired immunity, rapid progress has been made on our understanding of the molecular mechanisms of TLRs. The inclusion of TLR ligands as a potential new class of adjuvants candidates has enabled the development of clinical effective vaccination strategies against many diseases. Poly(I:C) and Poly-ICLC represent two important member of these immunostimulatory vaccine adjuvants in mice, nonhuman primates and in human. TLR3 is specifically expressed in quite cell-type and species; it is expressed in specific myeloid cells, vascular endothelial cells and airway epithelial cells among others. Human TLR3 is highly expressed in immature DCs whereas

mouse TLR3 is highly expressed in macrophages, but in both species, its expression is induced by IFN.

Unlike other TLRs, TLR3 is unique, since, it is not required MyD88 for signaling, and instead, TRIF is the critical adaptor protein for its signaling. Whereas TLR3 displays a distinct intracellular localization compared with other TLRs, TLR7 and TLR9 trigger a quick, but short IFN response, whereas TLR3 might be more important for a prolonged response and the initiation of the adaptive immune response. Poly(I:C) interact with TLR3 that responds and signals to the intracellular presence of dsRNA and RNA virus infection. Poly(I:C), is strong inducers of IFN- $\alpha/\beta$ , which is a crucial cytokines that exert anti-viral and immunostimulatory activities for both T and B lymphocytes, DCs and activate monocytes to produce CSF, IL-1 $\beta$ , IL-12, and PGE2. It's also transduces signals which activate the NF- $\kappa$ B and the IFN- $\beta$  promoter and activates several nuclear and cytoplasmic enzyme systems such as OAS, PKR, RIG-I Helicase, and MDA5 which are implicated in antiviral and antitumor host defenses.

The above mentioned pleotropic effects of the TLR3 agonist Poly(I:C) makes it as a candidate adjuvant system for anti-viral and anti-tumor immune responses, in particular its clinical forms Hiltonol® and Ampligen® induce similar immunomodulatory effects with accepted side effects.

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Section 3

### **Local Immunity**

# Immune Regulation of *Chlamydia trachomatis* Infections of the Female Genital Tract

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Additional information is available at the end of the chapter

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#### 1. Introduction

Tubal infertility and reproductive damage, preeclampsia and preterm births may potentially occur in many of the 50 million women who are annually infected with *Chlamydia trachomatis* [reviewed in 1; 2- 4]. *C.trachomatis* infections of the genital tract are also reported to increase the risk of human immunodeficiency virus type 1(HIV-1) susceptibility and viral shedding in the genital tract either directly by pro-inflammatory signalling pathways or indirectly by their effects on genital epithelial cells [5]. A dramatic increase in the number of HIV-1 chemokine co-receptor CXCR4- and CCR5-positive T cell targets has also been reported in the endocervix of *C. trachomatis*-positive women [6].

Gynecological cancer development is also suggested to be linked with Chlamydial genital tract infections. Epidemiological reports have proposed that *C.trachomatis* may act as a co-factor in the development of human papilloma virus (HPV)-induced squamous cell carcinomas (SCC), with an association between distinct serovariants of *C. trachomatis* (B, D, E, G, I, and J) and SCC being reported [7,8]. It is also likely that *C. trachomatis* co-infections of the lower genital tract (LGT) play a role in carcinogenesis of the female upper genital tract (UGT), particularly epithelial ovarian and type II carcinomas [9,10]. To explain the epidemiological associations of Chlamydial infections cervical and ovarian cancer development it has been hypothesised that the pathogen perhaps triggers epigenetic changes in host chromatin and impairs host DNA repair pathways [11] or that it changes host cell survival pathways by disrupting DNA damage signalling pathways associated with tumorigenesis [12].

The majority (70-80%) of genital tract infections in women are asymptomatic and are not diagnosed or treated and persistent or "silent" infections are reported as occurring years after



© 2014 The Author(s). Licensee InTech. This chapter is distributed under the terms of the Creative Commons Attribution License (http://creativecommons.org/licenses/by/3.0), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited. initial acquisition of *Chlamydia* with 50% of women continuing to shed the organism one year after infection is diagnosed [13]. Left untreated the organisms can ascend to the uterus and Fallopian tubes to cause pelvic inflammatory disease (PID). Inflammation of the Fallopian tubes can lead to scarring and fibrosis which can then lead to ectopic pregnancy (EP), sub-fertility and infertility with repeated or multiple infections increasing the chances of disease sequelae [14-17]. Additionally, infections during pregnancy may result in peripartum transmission of *Chlamydia* to newborns potentially resulting in neonatal conjunctivitis and lateonset pneumonia [18, 19].

Globally it is estimated that over 100 million adults were infected with *C. trachomatis* in 2008 [20]. The annual direct medical cost of sexually transmitted diseases (including *Chlamydia* and those caused by HIV) has been estimated at \$US16.9 billion [21]. Despite continued improvements in diagnostic and screening procedures for *Chlamydia* the incidence of infection continues to increase with a significant increase, particularly in the rates of EP [22]. Even though azithromycin is available to treat uncomplicated lower genital tract infections [23], antibiotic therapy will not always be efficacious and one hypothesis is that *Chlamydia* treatments may in fact attenuate protective immunity in some patients [24]. Recent evidence has shown that although spontaneous resolution of infection before treatment occurred in 22% of naturally infected women, following azithromycion treatment, 16.5% of women were re-infected and this rate was higher (19.9%) in those women with persistent infection [25]. Repeat infections are though to be one of the primary causes of ongoing transmission of *Chlamydia*. Development of a vaccine that can either prevent infection or disease is therefore of vital importance for *Chlamydia* [26, 27].

#### 1.1. The organism: C. trachomatis

*Chlamydia*e are small (0.5µm and genomes of 1.05Mb) gram negative intracellular bacteria and the human pathobiotype, *C. trachomatis* comprises non-invasive biovars that infect squamocolumnar epithelial cells of the female genital tract [28-30]. *C.trachomatis* replicates within nonacidic vacuoles of these genital tract cells, acquiring essential lipids from the host cell during infection to survive and replicate [31]. Based on serologic differences elicited by variable domain (VD) regions of the Chlamydial major outer membrane protein A (OmpA), *C.trachomatis* biovars currently are classified into 19 serovars with serovars D-K causing urogenital infections [32-37].

Urogenital isolates of *C.trachomatis* may also contain a highly conserved 7.5 kB non-integrative plasmid that has a role in the pathobiology of these organisms [38, 39]. The plasmid functions as a significant virulence factor in the murine model of genital tract disease [40] with plasmid loss resulting in failure to induce upper genital tract pathology in this model [41]. Within clinical isolates of *C.trachomatis*, carriage of the 7.5 kB plasmid is almost universal, although a few naturally-occurring, plasmid deficient strains have been reported that are not associated with increased disease severity [42-45]. Recently it was reported that naturally-occurring plasmid-free urogenital isolates of *C.trachomatis* serovar F also had reduced infectivity and virulence in a murine model [46].

#### 1.2. Developmental cycle

*Chlamydia* undergoes a unique biphasic developmental cycle that encompasses two forms of reproduction; an intracellular phase of non-infectious metabolically active and replicative forms of reticulate bodies (RBs) and the extracellular phase of infectious elementary bodies (EBs) that attach to and invade epithelial cells [47; reviewed in 48, and 49 and 50].

Chlamydial infection of superficial columnar cervical cells in the FGT is initiated by the attachment and endocytosis of the EB into these mucosal epithelial cells. EB containing endosomes then are internalised within host-derived membranes where the pathogen then hijacks both vesicular and non-vesicular mediated pathways of the host to obtain host-derived membrane lipids, including sphingomyelin (SM) and cholesterol, for intracellular growth and development [reviewed in 51]. Once resources such as sphingomyelin are obtained from the host cell and the vesicle expands, the EBs differentiate into the metabolically active, non-infectious and larger ( $0.8\mu$ m) reticulate bodies (RB) in the normal developmental cycle. Transformation of the metabolically-inactive EBs into the metabolically-active RBs occurs at approximately 3 h post-infection (pi), and replication by binary fission over a 24-48h time period then is initiated [52]. The RB containing endosome expands and produces a microscopically-visible Chlamydial microcolony referred to as an "inclusion" [53]. RBs then use host cell ATP and other metabolites to grow and replicate by binary fission within the Chlamydial inclusion.

Many inducers of persistence (including Interferon gamma (IFN-g), amino acid starvation and antibiotics) will result in deviation from the 'normal developmental cycle', resulting in a viable but non-cultivable growth stage and the formation of large, abnormal developmental forms termed aberrant bodies (ABs) also known as aberrant RB, or persistent bodies [54]. In normal development, RBs will continue to divide undergoing between 8-12 rounds of replication. Later in the infectious process, the RBs asynchronously begin to differentiate back into EBs, there is evidence of intermediate bodies (IBs) at this stage and the EBs accumulate within the inclusion. Depending upon the Chlamydial species, at 30-80h post-infection the infectious EB's that have matured from the RBs are released either by host cell lysis or by a packaged-release mechanism called extrusion, allowing the EBs to infect neighbouring cells for successive rounds of infection.

#### 1.3. Intracellular survival strategies

*C. trachomatis* is proficient at maintaining enduring relationships with its host by modulating and evading the immune system using a multitude of mechanisms [55]. These include inhibiting IFN-g–inducible major histocompatibility complex (MHC) class II expression [56] that in human endocervical cells is known to be mediated by direct and indirect (soluble) factors [57]. The multiple potential mechanisms used by *Chlamydia* to dampen immune responses recently have been summarized [58].

To modulate host signal transduction cascades and allow their developmental cycles to take place Chlamydiae are known to secrete up to sixteen anti-host (effector) proteins (reviewed in 59; 60). They also recruit proteins from the host and the first identified host proteins to be

recruited into the Chlamydial inclusion include the eukaryotic nuclear protein ZNF23, a proapoptotic factor that potentially allows *Chlamydia* to inhibit host cell apoptosis thus enabling bacterial survival in the host [61].

#### 1.4. Chlamydial infections and disease sequelae

#### 1.4.1. Infections in women

Significant reproductive morbidity can occur in women following infection of the LGT with *C. trachomatis*. In the estimated 20% of women with symptoms, *C.trachomatis* infection of the columnar epithelial cells of the endocervix can result in cervicitis [62-64; reviewed in 65] and urethritis [66]. Severe complications of untreated LGT Chlamydial infections in women, whether symptomatic or asymptomatic can result in ascension of the organism from the lower to the UGT. Endometritis represents an early stage in the continuum from LGT infection through to salpingitis, a Fallopian tube disease also confirmed to be associated with *C.trachomatis* infection. Since a critical source of Fallopian tube inflammation is infection with *C.trachomatis*, it has been hypothesized that *C.trachomatis* infection may be involved in chronic tubal inflammation and subsequent fimbrial carcinogenesis and hence could perhaps be the origin of some ovarian cancers [67]. Interestingly, a recent retrospective analysis of 34 cases of serous pelvic carcinomas (which are the most frequent histologic type of ovarian cancers) reported that 70% of cases did in fact involve the Fallopian tubes [68].

Chlamydial infection of the pelvis can lead to symptomatic pelvic inflammatory disease (PID) that can result in Fallopian tube inflammation [69] and salpingitis is reported to occur in 20-40% of women with untreated or repeated Chlamydial infections [70,71]. A recent model predicts that annual screening would prevent 61% of *C.trachomatis*-related PID in women who became infected in their LGTs with *Chlamydia* [72]. In addition to salpingitis the long-term consequences of PID can also include chronic pelvic pain and ectopic pregnancy (EP). It has been proposed that since *C.trachomatis* infection increases tubal expression of prokineticin receptor (PROKR2) mRNA this expression then predisposes to ectopic implantation in the Fallopian tube [73]. Recent papers have reported that one third of EPs could be attributable to Chlamydial infection [74] and have also reviewed the pathogenesis of *Chlamydia*-induced tubal EP [75].

PID is caused by infection of the female genital tract with many microorganisms including *C*. *trachomatis* [reviewed in 16] and following symptomatic PID of polymicrobial etiology up to 18% of women may develop tubal factor infertility (TFI), which is amongst the leading causes of infertility accounting for 7-9.8% of all female factor infertilities [76-80]. Testing for serum antibody to the Chlamydial 60kDa Heat shock protein (i.e.cHSP60 antibody) is an accurate means for predicting *Chlamydia*-associated TFI [81] and elevated levels of anti-Chlamydial caseinolytic protease P (ClpP) antibodies were recently identified in 21 TFI patients [82]. Prolonged exposure to *Chlamydia* due to a chronic persistent infection or frequent re-infection has also been associated with chronic inflammation and TFI [83-85]. It has been reported that 9.5% women developed PID over 12 months in women who tested positive for *Chlamydia* at baseline [86].

#### 1.4.2. Ophthalmia neonatorum and infant pneumonia

The high prevalence of Chlamydial infections of the cervix in women of child-bearing age results in annual exposure of an estimated 100,000 neonates to *Chlamydia* infections [87] and neonatal Chlamydial infections are generally acquired during passage through an infected birth canal. A Chlamydial cause should be considered for all infants aged  $\leq$ 30 days who have conjunctivitis and, if positively diagnosed, appropriate treatment initiated for the infant, mother and her sex partner(s).

*Chlamydia* infections of neonates have been reported to be at 18 percent for ophthalmia neonatorum and 16 percent for pneumonia for infants exposed to *C. trachomatis* in vaginal secretions in the birth canal, with up to 60% of these infants showing serological evidence of Chlamydial infection [88]. Using data pooled from studies since 1977 it has been estimated that the incidence of ophthalmia neonatorum caused by exposure of the neonate to *C.trachomatis* at birth is actually around 15 percent and that of pneumonia is around 7 percent [89].

Neonatal infection with *C. trachomatis* involves the mucous membranes of the neonatal eye, oropharynx, urogenital tract, and rectum and when symptomatic can result in a number of diseases in the first few months of life such as inclusion conjunctivitis, pneumonia or both [90,91; reviewed in 92; 93). Ophthalmia neonatorum has been reported as developing from 5-14 days post-delivery in up to 50% of infants of *C.trachomatis* infected mothers [94] and perhaps even as late as 42 days after birth [94] with between 5-30% of perinatally-infected infants also having nasopharyngeal infection [reviewed in 95]. A recent prospective study from Brazil estimated the prevalence of rate of *Chlamydia* among pregnant women (<30 years) in their third trimester as 72.7% and reported that 50% of 16 newborn babies had respiratory symptoms within the first 60 days of life [96].

Afebrile pneumonia may be seen in infants colonised in the respiratory tract with *C.trachomatis* and this may/may not be associated with inclusion conjunctivitis. After three or more weeks following Chlamydial infection of the infants a subacute, afebrile pneumonia with onset at ages 1–3 months develops in approximately seven percent of these cases [97, 92, 19]. Clinical characteristics have been described for infant pneumonia caused by *C.trachomatis* in infants with nasopharyngeal shedding and in around half of the infected infants conjunctivitis was recorded, with middle ear abnormalities recorded in more than half of the *Chlamydia*-positive infants and wheezing an unusual finding in these infants [98]. A more recent study has also highlighted that *C. trachomatis* is an important cause of lower respiratory tract infection in infants in India below six months of age [99].

#### 1.5. Immunopathogenesis and immunoprotection

The host inflammatory response to *C.trachomatis* is involved in immunity but also the pathology that leads to serious morbidities of chronic pelvic pain, EP and tubal infertility following female genital tract infection. Protective responses to *C.trachomatis* infections of the female genital tract are elicited to clear primary infection and to resist re-infection and include both innate and adaptive (particularly CD4+ T cell) cells and immune responses. Cells of both the innate and adaptive immune systems are found in the FGT in Fallopian tubes, uterus, cervix and vagina [100] and we have recently reviewed the localisation of T lymphocyte populations in the female upper (UGT) and lower (LGT) genital tracts over the menstrual cycle [101].

Effector cells of the innate (non-specific) immune response found in the FGT include epithelial cells, monocytes, macrophages, granulocytes (neutrophils, eosinophils and basophils), dendritic cells (DCs) and Natural Killer (NK) cells conferring protection through chemokines, cytokines and phagocytosis. Innate (non-specific) host defense particularly in the lower genital tract (LGT) is also provided by the vaginal microbiota maintained in a healthy equilibrium (reviewed in [102] as well as by the myriad of antimicrobial peptides (AMPs) and protease inhibitors of cervicovaginal fluid [103] including elafin, lysozyme and cathelicidins, amongst others and reviewed in (Wira and Fahey, 2004). The AMPs and pathogen recognition receptors (PRRs) such as toll-like receptors (TLRs) are key intermediaries of innate immunity in the FGT [104-107]. The innate immune cells (especially neutrophils) elicit inflammation to protect against infections however these inflammatory responses are usually inefficient and repeated Chlamydial infections are common [108].

The rapid innate immune response is the first line of defence against a C. trachomatis infection of columnar epithelial cells. PRRs recognise the pathogen and TLRs play a vital role in the host immune system by recognizing pathogenic components (pathogen associated molecular patterns (PAMPs) and danger associated molecular patterns (DAMPs)) and inducing a protective immune response to the pathogen [109]. Data indicate that host genetic factors may contribute up to 40% to the variation in clinical course of Chlamydia infection [110]. Host genetic variants in TLRs have been found to influence Chlamydia LGT infections in women [111]. For example protection against tubal disease following a C.trachomatis infection has been reportedly associated with single nucleotide polymorphisms (SNPs) in the innate immune (TLR) gene, TLR2 [112]. SNPs in TLR4 have also been reported to play a role in making women more prone to subfertility (i.e. no pregnancy after 1 year) as a late complication of Chlamydia infection [113] and worldwide estimates are that 10-15% of all couples are subfertile [114]. SNPs in other pathogen recognition receptors including nucleotide-binding oligomerization domain receptors (NODs) have been reported to influence susceptibility and severity of Chlamydia infections [115]. Taken together these observations have lead to the recent suggested potential translational and clinical value of adding diagnostic host genetic marker profiles on the basis of infection and inflammation to the current clinical management of subfertility [116].

The more gradual adaptive immune response to Chlamydial infection is mediated through antibodies and/or T cells and is a very specific recognition and response to foreign antigens. Cervical cell production of IFN-g and interleukin-12 (IL-12) in response to stimulation with *C.trachomatis* EBs has a positive correlation with fertility in *C.trachomatis* seropositive patients [117]. Recruitment and activation of B cell (humoral) and T cell (cell-mediated/adaptive) immunity is also coordinated by the release of these factors. The initiation of this adaptive response may lead to spontaneous resolution of natural infection in some populations [25] although chronic infections in women indicate that rarely does this response to *C.trachomatis* result in clearance of the infection; nor does it adequately protect against re-infection. The cellular components of this specific immunity include T lymphocytes expressing  $\alpha\beta$ - and  $\gamma\delta$ -T cell receptors (TCR) and immunoglobulin (Ig) producing B lymphocytes [reviewed in 101].

During active primary genital infections in women, serum and genital mucosal IgA and IgG antibodies to Chlamydial EBs and specific Chlamydial proteins including heat-shock (HSP) and plasmid proteins are usually detected [118]. AntiChlamydial antibodies are not sufficient to protect infected females from re-infections [119].

Once *Chlamydia* has established intracellular infection, cells of the adaptive immune system, and particularly T helper 1 (Th1) type CD4+ T cells secreting IFN-g are required for clearance of primary infection and to protect from re-infection [120]. It has been observed from human data that MHC Class II-restricted CD4+T cells of the Th1 phenotype are critical for the recovery from primary Chlamydial infection and also have a role in protecting from disease sequelae [121,122]. Other major lineages of activated CD4+T cells that play critical roles in Chlamydial infections include the Th2 cells, Th17 cells (producing IL-17 and IL-23) and Tregulatory (Treg) cells [123,124]. Additional T cells involved in adaptive immunity include intraepithelial lymphocytes ( $\gamma\delta$  T cells) and cytotoxic T lymphocytes (CD8+T cells) that are known to induce apoptosis of infected Chlamydial cells [125].

Disease outcomes are dependent upon the complex interactions between virulence factors of, and evasion strategies used by, *C.trachomatis* and host immune responses including variants in genetic markers associated with infection and inflammation. Host factors and cellular immune responses associated with susceptibility to, or protection from Chlamydial infection and/or diseases have recently been reviewed [126].

## 2. Chlamydial genital tract infection and immune regulation by sex hormones

The FGT comprises several immune compartments found in the UGT (endocervix, ovaries, Fallopian tubes and uterus) and LGT (ectocervix, and vagina). The UGT is lined with a single layer of columnar epithelium and the LGT with is lined with stratified squamous epithelium [100]. The transitional zone where squamous epithelium changes to columnar epithelium is the most immunologically active site of the FGT [127].

The human FGT contains components of the innate and adaptive mucosal immune responses that are found in various distributions at different sites throughout the tract. In the FGT the major lymphocyte components are Natural Killer (NK) cells and T lymphocytes including CD3+ T lymphocytes that are present in all tissues of the tract. In the LGT the CD8+ and CD4+ are dispersed throughout the stroma whilst lymphoid aggregates of these cells are formed in the uterus [128]; granulocytes are present and these are principally located in the Fallopian tubes. Finally, relative to T lymphocytes, smaller numbers of monocytes and B lymphocytes are found throughout all tissues of the FGT [129].

Host protection of the FGT is afforded by two arms of defense comprising innate (non-specific) and acquired (specific) immunity. The cellular components of the specific immune responses at this site are T lymphocytes expressing  $\alpha\beta$ - and  $\gamma\delta$ -T cell receptors (TCR) and immunoglobulins (Ig) producing B lymphocytes [130]. Effectors of non-specific responses include

epithelial cells, monocytes, macrophages, granulocytes (neutrophils, eosinophils and basophils), dendritic cells (DCs) and Natural Killer (NK) cells that confer protection due to chemokines, cytokines and phagocytosis. Cells of both the innate and adaptive immune systems are found in Fallopian tubes, uterus, cervix and vagina [131].

Both innate and adaptive mucosal immunity in the FGT are regulated by the female sex hormones estrogen (E2) and progesterone (pregn-4-ene3,20-dione) or (P4) and have been reviewed [130, 132, reviewed in 101]. Hormones regulate the transport of Igs, levels of cytokines, expression of Toll-like receptor (TLR) genes [133,134] and the distribution of immune cells and antigen presentation in the genital tissues during the reproductive cycle. Estradiol regulates the structure and function of the FGT via the classic model of steroid action ('i.e. genomic regulation) which is mediated by activated nuclear receptors including estrogen receptors (ER)- $\alpha$  and ER- $\beta$  [131,135]. Estradiol can also exert rapid "non-classic" steroid effects on diverse signalling pathways and second messenger systems that occur independently of transcriptional or classic genomic regulation [136]. These rapid responses are often referred to as 'non-genomic' steroid effects and they can affect genital tract cells and innate and humoral immunity at this site which may alter the pathogens ability to infect the genital tract [137].

The recruitment and function of immune components of the FGT are precisely regulated by hormonal changes during the menstrual cycle by the sex steroids that co-ordinate cell trafficking and immune activation at this mucosal site. Female sex hormones E2, progestins and androgens are produced by ovarian cells with levels of estradiol (17 $\beta$ -estradiol) and P4 varying in accordance with fluctuations in the menstrual cycle [130]. In the menstrual/ovarian cycle of humans the endometrium develops and follicles grow until ovulation in the Proliferative/ Follicular phase. The Secretory/Luteal phase is characterised by high levels of progesterone from the corpus luteum to maintain the endometrium. Finally, corpus luteum regression and menstruation occurs during the menstrual phase At menstruation, serum estradiol levels measure typically <50pg/ml. Gradually increasing amounts of estradiol are found in the follicular (proliferative) phase of the adult female menstrual cycle with serum levels at a preovulatory stage (day 14) ranging from 110-410 pg/ml and dropping briefly at ovulation. Levels of estradiol (20-160pg/mol) and P4(>5ng/ml) are present during the luteal (secretory) phase from days 14-28 of the menstrual cycle typically peaking at day 21 of the cycle. At the end of the secretory phase estradiol levels return to their menstrual levels.

The innate response is triggered by PRRs (including TLRs and non-TLRs such as NODlike receptors) expressed predominantly by innate immune effector cells such as macrophages, neutrophils and DCs that are found in the genital mucosa. Human oviduct epithelial cells (ECs) express Toll-like receptor 3 and E2 has been reported to suppress the TLR-3induced cytokine and chemokine production in human endometrial epithelial cells [138].The effects of E2 on the differentiation and function of antigen-presenting cells (APCs) *in vitro* has been reviewed (see [139; 132]. Much of the current evidence shows that E2 can activate dendritic cells and differentially regulate adaptive immune responses through direct effects on DC functions [140] via E2 receptor (ER) ligands [141]. These include TLR4 and its coreceptor Cluster of Differentiation (CD) 14 (Chlamydial LPS and Chlamydial HSP60) [142; 143; 144] TLR2 (Chlamydial HSP60) [145,146] and NOD protein, Nod2 (rudimentary proteoglycan motif produced by *C. trachomatis* and *C.muridarum*) [147]. Expression of TLR genes 2,3,4,5,6,9 and 10 is reportedly significantly higher in human endometrial tissue during the secretory phase (when P4 is the predominant hormone) compared to all other phases of the menstrual cycle [148].

Changes in the populations of DC and macrophage cells in the murine FGT occur due to varying levels of ovarian steroid hormones at this site in the model [149], and in women, changes in these cell populations occur due to the varying stages of the menstrual cycle, noting that the frequencies of macrophages and immature DCs are higher in the menstrual phase when compared to all other phases of the cycle [150, 151]. CD16-expressing macrophages and monocytes are also key components of the innate immune system of the FGT and are cells that are capable of producing cytokines and chemokines upon activation. These cells are also known to be profoundly affected by E2 [reviewed in 152]. Studies have shown that E2 uses both estrogen receptor (ER) alpha (ER $\alpha$ ) and ER beta (ER $\beta$ ) to decrease CD16 expression on monocytes and hence to alter monocytic cytokine release following CD16 receptor activation [153].

T lymphocytes present in the FGT, specifically CD4+ and CD8+ T cells, and immune mediators of cell-mediated immunity are found distributed within distinct regions of the female LGT. The normal vaginal mucosa contains T cells and APCs with the few immune cells present consisting primarily of CD1a+ DCs and CD8+ intraepithelial lymphocytes (IELs) [154]. The tissues in the UGT have been found to express a greater number Th1-associated chemokines than the tissues in the LGT comprising the cervical-vaginal region [153]. The menstrual cycle and menopause have been reported to have no apparent effect on cellular localization or abundance of T lymphocyte subsets and APCs in any of the lower genital tract tissues [127]. In humans, expansion of human CD4+CD25+ regulatory T cells (Tregs) has been reported to occur in the late follicular (proliferative) phases of the menstrual cycles of fertile women [124].

Levels of IgG and IgA antibodies in FGT fluids are also known to be modulated by the stage of the menstrual cycle in women. E2 up-regulates the *in vitro* expression in the FGT of secretory component (SC) increasing transport of IgA into the lumen [154] and transport of polymeric IgA (pIgA) into FGT tissues is significantly decreased by ovariectomy, although this decline can be reversed by addition of E2 but not P4 [155]. The effects of ovarian hormones on immunoglobulin secreting cells (ISC) function in healthy women were also investigated and it was reported that ISC frequency in peripheral blood mononuclear cells (PMBC) was highest during the peri-ovulatory stage of the menstrual cycle [156].

#### 2.1. Sex hormones and chlamydial infection

It is becoming increasingly well documented that sex hormones E2 and P4 regulate host susceptibility, as well as innate and adaptive immune responses to the sexually transmitted pathogen *Chlamydia* infecting the mucosal surfaces of the FGT [reviewed in 101].

Data from several animal models of genital tract Chlamydial infection have shown that Chlamydial infection may be influenced by timing of exposure and the steroid status of the mucosal epithelium. In the murine model of *C.muridarum* infection pre-exposure of the animals

to P4 is required to achieve maximal infection outcomes in the animals [157]. However, treatment of female guinea pigs with E2 resulted in *Chlamydia caviae* infections of greater intensity and longer duration [157-160] an effect that it also observed following oral contraceptive administration to these animals [161]. In the female reproductive tract rat model it was reported that no Chlamydial inclusions were detected in either the uterus or vagina in rats that had been infected with *C. trachomatis* (mouse pneumonitis strain MoPn) at estrus and diestrus without prior P4 priming [162]. In rat studies it has also been reported that when ovariectomized animals were administered estradiol, progesterone, or a combination of both and infected with *Chlamydia trachomatis* via the intrauterine route no Chlamydiae were found vaginal secretions of E2-treated animals nor were there any signs of uterine or vaginal inflammation in these animals [163].

Additionally, the use of in vitro cell lines to investigate C. trachomatis infection have produced data showing that the hormonal status of the epithelium can influence the outcome of Chlamydial infections in these models. It was shown that E2 treatment of HeLa cells preinfection with C.trachomatis (serovar K or L1) enhanced both of adherence of EBs to the cells as well as Chlamydial inclusion formation; post-infection, the presence of E2 was required for the enhancement of inclusion formation [164]. Using a hormone responsive human endometrial cell line an association between repeated Chlamydial infections in women and high levels of E2 has been reported [165]. More recently it has been reported that the sex hormones E2 and P4 can directly modulate Chlamydial genes associated with persistence (the viable but nonculturable state in the Chlamydial developmental cycle) in the host. It is likely, however, that the major effects of these hormones on Chlamydial infection are indirect via the host cells [166]. The outer membrane complex B (omcB) and tryptophan B (trpB) genes are two of several reliable markers for Chlamydial persistence [167,168]. It was reported that in E2-supplemented cultures of C.trachomatis serovar D infections of a hormone-responsive human endometrial cell line, an up-regulation of the *omcB* and *trpB* genes was observed suggesting a stress response indicative of Chlamydial persistence; morphological changes (aberrant, enlarged RBs) were also observed in these cultures consistent with a persistence response [166]. P4-supplemented cultures resulted in a general up-regulation of genes encoding amino acid and carbohydrate metabolism pathways [166].

*Chlamydia trachomatis* infection of the female LGT stimulates innate immune cells by activation of TLR2/TLR4 [reviewed in 169]. TLRs 2 and 4 have been found at the highest expression levels in endometrium and Fallopian tube tissue [170] with the predominant expression of TLR4 and its co-receptor CD14 in the Fallopian tubes proposed to play an important role in the innate host defence mechanism against ascending *C. trachomatis* infections [169,171]. In a recent study *C.trachomatis*-infected women have been reported to express higher TLR2, TLR4 and inducible nitric oxide synthase (iNOS) in their cervical monocytes compared to controls. It is thought that TLR4 initiates the innate immune response to Chlamydial infection, activation of TLR2 leads to expression of inflammatory cytokines whilst iNOS contributes to Chlamydial clearance from this mucosal site [172]. Recently it has been reported that E2 reduces TLR4 expression of human monocyte derived Dendritic cells and suggested that this may increase host susceptibility to *C. trachomatis* infections [173].

Studies of *C.trachomatis* infections of the FGT have reported many effects of hormones on infection and immunity to the pathogen at this mucosal site. For example significant increases in the sensitivities of cervical epithelial cells to infection with *C.trachomatis* occur in the later stages of the female menstrual cycle [174]. It has been reported that Chlamydial infection occurring in the early E2-dominant phases of the cycle was a significant predictor for development of salpingitis [175]. Clinical findings have also reported on the enhancing effects of E2 on Chlamydial infection and disease sequelae in the infected female genital tract. It has been reported that women are more susceptible to Chlamydial infection under the influence of E2 [165]. In women with fertility disorders (n= 115) and in women with *C.trachomatis* mucopurulent cervicitis (n=86) a significantly positive correlation was recorded between Chlamydial load and E2 levels [117].

Chemokine receptors direct T lymphocytes to the site of mucosal infection, including infection of genital tract epithelial cells with *C.trachomatis* and these receptors can be modulated by E2. In a study examining samples from human patients it was reported that CCR5 (chemokine (C-C motif) receptor 5) expression increased followed *C. trachomatis* genital infections [125].

Reproductive hormones may potentially act with cytokines to regulate immune responses in the FGT to Chlamydial genital tract infections *in vivo*. Significant negative correlation has been reported between E2 levels in women with primary Chlamydial genital infections and cervical wash concentrations of IL-10, IL-1beta and IL-6 cytokines. Significant negative correlations were also recorded between IL1-beta cytokines and P4 levels in women with recurrent Chlamydial infections [176]. Thus it would appear that Chlamydial infection of the human FGT is modulated in part by the combined actions of cytokines with E2 and P4. More recent investigations reveal that levels of E2 were significantly higher in *Chlamydia*-positive women with fertility disorders when compared to fertile women suggesting that this sex hormone contributes to development of disease sequelae to *C.trachomatis* infection of the FGT[165].

E2 has been reported to exacerbate Chlamydial infections in women following administration of oral contraceptives [177] an observation also noted for female guinea pigs [161]. A prospective study on oral contraceptive pills or depo medroxyprogesterone acetate and sexually transmitted disease acquisition reported that women using oral contraceptive pills were at increased risk for acquisition of *Chlamydia* [178]. Hormonal contraceptive use in women, particularly depo medroxyprogesterone (DMPA), has also been reported in observational studies to be associated with a four-fold increase in Chlamydial genital tract infections [179].

## 3. Immunopathogenesis — chlamydial infections, tubal factor infertility, ectopic pregnancy and pid

A primary Chlamydial infection of the FGT can elicit host immune responses that are involved both in immunity to infection and in pathology of disease. Innate immune responses constitute the first line of defence against pathogens and include TLRs that are expressed in the FGT. Further, although the host immune response affords protection against infection *via* means of rapid and efficient bacterial destruction, resultant inflammatory responses may lead to tissue damage and/or persistent infection.

In reaction to Chlamydial entry in host cells, innate immune responses occur at the infected mucosal site 1-2 days post infection [180]. Intense inflammation and predominant mucosal infiltration of phagocytes, neutrophils and macrophages ingest and enzymatically destroy the bacteria. In conjunction with the production and subsequent activation of phagocytic cells, others, crucial to infection resolution are also activated [181]. Natural killer (NK) cells are activated in direct response to *C. trachomatis* infection or indirectly by macrophagic stimulation of IL-12, a potent NK cell-triggering cytokine. Once activated, NK cells produce IFN-g which stimulate macrophages, further promoting phagocytosis. Innate immunity may impede infection, however, the inaccessibility of *Chlamydia* to circulating antibodies whose sole purpose is elimination necessitates adaptive immune effector mechanisms of both humoral and cell-mediated immunity.

Activation of cell-mediated immunity post infection is demonstrated by the proliferative response ratio of peripheral blood lymphocytes to Chlamydial EBs. T cells, which functionally differentiate into Th1 or Th2 subtypes based upon cytokine secretion profiles, also amass at the infection site [182]. Further, interaction of *C. trachomatis* with the cytokine network is a key component for resolution of infection and one in which a cytokine response is elicited either through direct infection of epithelial cells or by host cell interaction. In concert with the inflammatory process, tissue repair, comprising the removal of dead cells and the ingrowth of fibroblasts, leads to scar formation and potential impairment of Fallopian tube function [183]. Moreover, all three tubal layers i.e. interstitial, muscular and serosal may be implicated in scar development. Infection of the serosal layer elicits an inflammatory exudate, present on the peritoneal surface, thereby adhering all adjacent surfaces and structures. Although the innate and adaptive immune responses systematically co-ordinate their efforts to ultimately resolve infection, the immune response to Chlamydial infection can cause deciliation of tubal epithelium, intralumineal adhesions, tubal occlusion and peritubal adhesions. As a result, such gross anatomical and pathological changes may lead to infertility, EP and possible spontaneous abortion [184].

Primary Chlamydial infections of the FGT thus induce both innate and adaptive host immune responses that contribute to clearance of the infections. However, results from a 5-year study of natural genital Chlamydial infections in women strongly suggested that *C. trachomatis* infection was cleared from the cervix epithelium in only 54% of the women at 12 months [185]. This low clearance rate is due, in part, to the organism's ability to utilise various mechanisms with which to evade the host immune system. In fact rarely do host immune responses to *Chlamydia* induce a total clearance of genital infections. Indeed, the women remaining infected in the genital tract with *C. trachomatis* are unable to mount strong adaptive immune responses to clear the pathogen hence they become asymptomatic and remain undiagnosed with a persistent Chlamydial infection. Chronic inflammation resultant from a persistently-infected *Chlamydia* host cells, inflammatory cytokines are released in response to the latent infection to aid in the eradication of the pathogen. Unfortunately, these cytokines, which act as immu-

nomodulators may in fact, induce and sustain tissue damage and host inflammatory responses. Compounded with repeated infections, the continued production of cytokines may cause serious disease sequelae such as PID, TFI, chronic pelvic pain or EP. Chlamydial Hsp60 (cHsp60), a known potent inducer of host inflammatory responses, may protect against Chlamydial infections [186]; paradoxically, however, cHsp60 is also able to induce pro-inflammatory responses, which can lead to tissue damage in women infected with *C. trachomatis* [187-189].

Recent data from a prospective study of 30 women diagnosed with a ruptured EP demonstrated that anti-cHsp60 immunity confers a higher risk of EP [190]. Furthermore, in those women who were positive for anti-cHsp60 antibodies and suffered an EP, all had significantly lower IL-1 $\beta$  levels than Chlamydial sero-negative EP cases [190]. Importantly, high serum concentrations of IL-1 $\beta$  in the Fallopian tubes correlated with successful uterine implantation of embryos [191-192]. Data obtained from a prospective cohort of women at high risk for *C. trachomatis* infection demonstrated that a Th1 response i.e. the release of IFN-g to cHSP60 was associated with protection against the bacterial infection [186]. In contrast, it was also shown that an IL-10 response to the same Chlamydial antigen increased infection risk. In a study that investigated cytokine responses of cervical mononuclear cells obtained from 153 women all serologically positive for *C. trachomatis*, it was found that exposure to cHsp60 and cHsp10 may drastically affect the host's mucosal immune function by increasing the production and subsequent release of IFN-g, IL-10 and tumour necrosis factor- $\alpha$  (TNF- $\alpha$ ) [193] thereby potentiating further tissue damage and disease sequelae.

TLRs are responsible for initiation of the adaptive immune system, thereby leading to the ultimate destruction of foreign microbes. Moreover, since they recognise structurally conserved molecules from various bacteria, they play a vital role in host defence. Chlamydial-induced PID was investigated and it was reported that among women clinically diagnosed with PID, those who carried variants in TLR 1 and TLR 4 genes had significantly increased odds of *C. trachomatis* infection [191]. In a more recent study, it was concluded that racial variation in TLR variants amongst women with PID may alter signalling pathways subsequent to microbial recognition, thus causing an increase in associated inflammation [194]. An investigation of pregnant women positive for *C. trachomatis* showed that those with serological evidence of prenatal *C. trachomatis* infections were more likely to develop pre-eclampsia [192].

Polymorphic membrane proteins (Pmps) represent 13.6% of *C. trachomatis'* entire coding genome [195], therefore inferring a potential role in Chlamydial biology and virulence. In a group of 40 *C. trachomatis*-infected women with clinically diagnosed mild to moderate PID, antibody levels of PmpA, PmpD and PmpI were evaluated. Interestingly, those women with PmpA antibodies were less likely to fall pregnant (p=0.042) and achieve a live birth (p=0.005) compared with those sero-negative for PmpA [196] suggesting that the immunopathological damage may indeed be a result of PmpA virulence. Further, it was also reported that women who were sero-positive for PmpI antibodies had a higher incidence of upper genital tract infection (p=0.026). However, antibodies to PmpD and PmpI did not alter the risk of FGT inflammation or sequelae.

One of the most important and common long-term complications of Chlamydial PID is TFI. Numerous studies have demonstrated serological evidence of prior *C. trachomatis* infection is associated with TFI [197-201]. An investigation conducted by the World Health Organisation (1995) of TFI rates as a consequence of *C. trachomatis* or *N. gonorrhoeae*-induced PID showed that *C. trachomatis*-induced PID was associated with a higher incidence of TFI when compared to PID caused by *N. gonorrhoeae*. A retrospective study of 1844 women all laparascopically diagnosed with PID due to *C. trachomatis* showed that 209 (16%) failed to conceive [202]. Of these, confirmed TFI was established in 141 patients with PID. Importantly, the rate of infertility was directly associated with the number and severity of PID infections. Specifically, every subsequent episode of PID approximately doubled the rate of TFI i.e. 8% upon one *C. trachomatis* infection, to 19.5% from two exposures resulting in infection and an increase to 40% resultant from three or more exposures.

In a more recent study that evaluated cHsp60-specific antibody and cell-mediated responses as predictors for TFI [201] it was reported that C. trachomatis-specific IgG antibodies were more common in TFI patients (43.2%) when compared to the control group (13.5%), thus suggesting C. trachomatis may play a significant pathogenic role in the development of TFI. To elucidate the clinical variability of TFI caused by C. trachomatis, functional polymorphisms in various cytokines were assessed [203]. The study showed that allelic variation in IL-10 and TNF- $\alpha$ increased the risk of severe tubal damage in women diagnosed with infertility caused by C. trachomatis. Similarly, a more recent study demonstrated that variation in the IL-12B gene was associated with increased susceptibility and TFI severity [204]. Interestingly, polymorphic changes in IL-10 and IFN-g appear to be linked with a more intensive lymphocytic proliferation in response to C. trachomatis antigens [205]. Antibody production following cHSP60 exposure was found to be significantly higher in those women (n=21) clinically diagnosed with TFI [206]. Furthermore, elevated antibody levels to case inolytic protease P, a proteolytic subunit of the ATP-dependent Clp protease complex involved in the degradation of aberrant proteins, was also demonstrated in TFI patients. Serum levels of IgG1 and IgG3 antibodies against chlamydial major outer membrane protein (MOMP) and cHSP60 were shown to be elevated in women (n=70) with TFI compared with the control group (n=92; normal Fallopian tubes and seronegative for *Chlamydia*) (p=<0.001) [207]. A study that evaluated the potential association of anti-Chlamydial IgM antibodies and TFI showed that of the 50 women assessed, 60% were sero-positive [208]. Of these, 52% presented with bilateral tubal blockage, which was more commonly detected in the ampullary portion (36%) of the Fallopian tube.

### 4. Immune responses, protection and pathology of chlamydial genital tract infections

*Chlamydia* (serovars D-K) infects epithelial cells lining the FGT with primary infection establishing in the endocervix [209]. If not controlled, primary infection can ascend the reproductive tract leading to the establishment of infection within the endometrium and Fallopian tubes. The kinetics of ascension of *Chlamydia* to the URT is unclear. Although *Chlamydia* can be transported via attachment onto sperm, the demonstration that small particles (the size of sperm) when deposited into the vaginal vault, rapidly ascend up into the uterus within 2 mins suggests as the general flow of fluids within the FGT may facilitate ascending infection [210, 211. For most women natural immunity appears to take a long time to acquire - if at all. As previously noted in a study by Molano and colleagues, it was demonstrated that 50% of women continue to shed the organism one year after infection is first documented, and 5 to 10% continue shedding even 3 years later [13]. There is limited evidence to suggest that the generation of natural immunity occurs in some individuals. A number of studies have reported that in around 20% of cases, spontaneous resolution of infection occurs [212,213]. As mentioned previously, Giesler and colleagues showed that women with spontaneously resolved genital infections were less likely to be re-infected within twelve months [25]. The host's immune factors associated with the spontaneous resolution of infection are yet to be elucidated. Unfortunately, any natural immunity induced following primary infection appears to be shortlived and serovar-specific resulting in many re-infections [214-217]. Animal models of Chlamydial genital tract infection have shown that the generation of Th1 cell mediated immunity is characterized by a strong IFN $\gamma$  and TNF $\alpha$  cytokine production and that this strong response is essential for clearance of primary Chlamydial genital infections [218-220]. The observation that B cell deficient mice can resolve a primary infection suggests that antibodies play a non-critical role in protection [100]. However, B cell responses are important in resolving secondary infections. The generation of Chlamydia specific antibodies that are able to neutralize bacteria preventing infection have been reported in various cell lines in vitro [221-223] and in vivo [224]. CD4+ T helper cells induced during primary infection mediate affinity maturation of antibodies, Ig class switching, and B cell memory responses during subsequent infection. Therefore, B cell memory and antibody production in the presence or absence of CD4<sup>+</sup> cells is critical for the prevention of Chlamydia reinfection [225-227] In addition, results from murine studies show the infiltration of immune cells, including CD8+ T cells, B cells, neutrophils and dendritic cells is associated with clearance both of intracellular and of extracellular Chlamydial bodies [228, 117, 229,230]. Using cytobrush sampling of women, an increase in neutrophils, dendritic cells and lymphocytes (CD4+ and CD8+) was reported during Chlamydia infections in these woemn [125,231].

*Chlamydia* infection of endocervical cells results in an increase in pro-inflammatory cytokine and chemokine production such as IL-1, IL-8, IL-12, IL-6[232, 233, 209]. Live *C. trachomatis* is innately recognized by pattern recognition receptors (PRRs) including Toll-like receptors and nucleotide-binding oligomerization domain (NOD)-like receptors. Both TLR2 and TLR4 are highly expressed in female genital tissues and have shown to be activated by live *Chlamydia* [234]. The myeloid differentiation primary response gene (MyD)88 is essential for nuclear factor– $\kappa$ - $\beta$  (NF $\kappa\beta$ ) signalling and transcription of pro-inflammatory cytokines and along with TLR2, MyD88 has been shown to co-localize within the intracellular Chlamydial inclusion during infection [235]. Mouse TLR2 knockout animals produce lower TNF $\alpha$  and macrophage inflammatory protein-2 (MIP-2) and report a significant decrease on oviduct pathology and hydrosaphinx, suggesting a major role for TLR2 in pathogenesis [236]. The direct activation of another PPR NOD-1 by *Chlamydia* results in the production of IL-8, which is produced at high concentrations during infection and recruit neutrophils to the genital tract [237, 238]. Overall, cytokine production during infection mediates the recruitment of innate immune cells that secrete IFN $\gamma$  and TNF $\alpha$ . These include natural killer (NK), Dendritic cells and neutrophils [239, 229]. The recruitment of innate immune cells and cytokine production is linked to upper reproductive tract pathology and scaring leading to the development of tubal infertility and ectopic pregnancy. In particular, Hvid and colleagues reported that during a *C.trachomatis* infection the production of IL-1 from Fallopian tubes biopsies led to the destruction ciliated epithelium. Furthermore IL-1 production additionally induced IL-8 production from Fallopian tube epithelial cells thereby potentially meditating the recruitment of neutrophils to this site [232]. The development of a chronic or persistent *Chlamydia* infection would induce continued production of innate immune mediators perpetuating cellular recruitment leading to epithelial damage, scaring and disease. The innate immune cell generation of immunopathogenesis and disease is termed the cellular paradigm [182].

Following clearance of a primary Chlamydia infection, re-infections are common in women; moreover, re-infections are strongly associated with development of pathology in these women. Results from animal models of Chlamydial infection have shown that during reinfection T cells are present within the URT at a higher magnitude than in primary infection [240]. Chlamydia has shown to act as both an immunizing and sensitizing infection. Non-human primate vaccine trials have shown that immunization with whole cell organisms led to hypersensitivity and an increase immunopathogical response leading to greater scaring in an ocular model. This suggests a specific role for adaptive responses in pathology and this is termed the immunological paradigm. Although the specific mechanism or causative antigen in unknown, it is hypothesized that during re-exposure pathogenesis is associated with either delayed-type hypersentitivity (DTH) or molecular mimicry causing autoimmunity [241]. DTH is hypothesized to be associated with persistent Chlamydial infection. During latent infections, low level antigen specific immune stimulation is believed to contribute to chronic inflammatory cell infiltration [242]. A role for antigenic sensitivity associated with DTH has been observed in animal models. Guinea pigs sensitized with Triton-X-100 soluble EBs and monkeys sensitized through immunization with a whole Chlamydial vaccines both reported the generation greater inflammation and DTH during re-exposure compared to un-sensitized controls [243,244]. In additon to DTH, autoimmunity may play a role in pathogenesis through the mechanism of molecular mimicry. Chlamydial HSP-60 (cHSP60) shares similar homology to self HSP-60 with recent evidence showing that C. trachomatis HSP-60 contains four T-cell epitopes that display identity with human HSP-60 [245, 246].T cell stimulation by self HSP-60 when pre-immunized with cHSP60 is characterized by the production of pro-inflammatory IFN-g. In contrast, pre-immunization and and re-exposure with self HSP60 results in the production of the anti-inflammatory cytokine IL-10 [247] although previous studies have shown that T cells isolated from patients with PID and TFI respond to cHSP-60 stimulation, and the presence of cHSP-60 specific antibodies correlate with the severity of PID and TFI pathology [248,188]. A recent study by Ness et al., showed that increased cHSP60 antibody titres are not associated with the development of PID [249]. Further the presence of strong cHSP60 T cell IFN-g has more recently been shown to predict protection rather than pathology during reinfection [250]. The conflicting association of cHSP60 with protection or pathology is indicative of a balance between specific cell mediated responses leading to protection or pathogy.

Recent evidence has shown that the Chlamydial plasmid may play a role in generating pathology during infection. As mentioned earlier, almost all *C. trachomatis* isolates contain a 7.5 kB cryptic plasmid although plasmid-free isolates have been shown in genital serotypes L2, D and E [43-45]. During infection of mice with plasmid-cured *C. muridarum* strains a strong Th-1 cell response is induced however immune pathology and tissue damge is not observed [41] Further, plasmid cured *C. muridarum or C. trachomatis* strains do not stimulate the production of cytokines though TLR2-dependent activation *in vivo* and *in vitro* respectively [251]. In contrast, Frazer *et al* showed that in the guinea pig model, a plasmid cured *C. caviae* strain both signals through TLR-2 and induced post infection pathology suggesting that the association of the *Chlamydial* plasmid with virulence is not universally conserved among Chlamydial species [252]. Importantly, murine studies have shown that previous infection with plasmid-free is protective against the development of immunopathology with subsequent infection with a virulent strain [41]. This has lead to the use of plasmid-cured strains as attenuated Chlamydial vaccines in mouse and primate models of infection [41, 253].

Overall, the natural history of Chlamydial infections in women varies in which some untreated individuals with untreated infections persist for long periods asymptomatically and progress to cause pathology and disease, while others spontaneously resolve infection. Although the mechanisms are yet to be fully elucidated, there are currently two proposed mechanisms for the development of pathology in the female reproductive tract; the cellular and the immuno-logical paridigms that are associated with innate and adaptive responses respectively. Further, these mechanisms are not mutually exclusive and may both play a role in the development of upper reproductive tract pathology and disease during primary and subsequent infections. The recent identification of plasmid-free strains associated with induced protection against immunopathology may provide a mechanism for immune stimulation leading to pathology and disease.

### 5. Past and present treatments, how to improve local immunity and future vaccine developments

#### 5.1. Antibiotic treatment

*Chlamydia* infection of the FGT is largely asymptomatic with approximately 80% of women observing no reported symptoms [254]. Whilst there are no specific genital symptoms associated with Chlamydial cervical infection, 37% of women who develop cervicitis observe mucopurulent discharge and in 19%, hypertrophic ectopy (Distinctive oedema of the columnar epithelium in the female endocervix) [29, 62, 255]. Due to the asymptomatic nature of infection in the reproductive tract many infections remain undetected and therefore, untreated. Chlamydial infections, if symptomatic, can be treated through the administration of antibiotics. The current recommended antibiotic for treatment are either a single dose (1g) azithromycin or 7 day treatment with doxycycline (2x100mg per day)[256]. Other drug treatment programs used to treat *Chlamydia* infections in humans include erythromycin base, (4x500mg per day for 7 days), or erythromycin ethylsuccinate (4x800mg per day for seven days).

Erythromycin is effective against *Chlamydia* infection in the FRT however its use is associated side effects that may limit compliance [256]. Likewise, Levofloxacin (1x500mg per day for 7 days) and ofloxacin (2x300mg per day for 7 days) are effective for treating *Chlamydia* infections but are expensive compared to other alternatives [256]. Following antibiotic treatment it is recommended that treated persons abstain from sexual intercourse for 7 days to prevent spreading the infection to partners which may lead to subsequent re-infections [41]. Partner notification and partner treatment are also important targets to halt re-infections.

Although antibiotics are an effective treatment option, they have been shown to be less effective in cases of well-established chronic Chlamydial infections. Early reports determined that the current treatment of azithromycin and doxycycline are more that 95% effective at clearing Chlamydia genital tract infection [257, 259]. However, recent strong evidence suggests that antibiotic treatment failure could be greater than the 5% previously reported when accounting for re-infection [260]. A major hurdle in measuring the rates of antibiotic treatment failure is the inability to distinguish between recurrent infections and re-infection from infected untreated or new sexual partners [261]. Discrepancies in the proportion of treatment failures have been directly associated with testing methods used. Most of the published work investigating treatment failure involved tissue culture as a means to detect infection, which has now been predominately replaced with nucleic acid amplification testing (NAAT). Tissue culture is less sensitive and has shown to be less effective at identifying small numbers of persistent bacteria leading to an over estimation of successful Chlamydia eradication following treatment [257,262]. In a recent study by Batteiger et al (2010) investigating post treatment infection in adolescent girls, it was observed that 7.9% of those sampled developed recurrent infections following azithromycin treatment which was not attributed to reinfection [263]. Similarly, Goldern et al (2005) study in women without the risk for re-infection showed a recurring infection rate of 8% following azithromycin at 3-19 week follow-up representing treatment failure.[264]. Current studies argue that previous rates of antibiotic treatment failure of less than 5% were underestimated due to the available information at the time and that a true rate of treatment failure of may be greater than 8%. One major concern associated with increasing antibiotic failure is the development of antibiotic resistance. However, unlike other organisms such as *Staphylococcus*, to date there is no evidence of natural and stable antibiotic homotypic resistance (genetically inherited) in vivo in Chlamydial strains collected from human genital tract infections [265].

Contributing to antibiotic treatment failure in *Chlamydia* infections is the phenomenon called heterotrophic antimicrobial resistance. Heterotrophic resistance refers to the replication of heterogeneous population containing both resistant and susceptible bacteria from a subculture of a single resistant organism propagated on antimicrobial-containing medium, that is not genetically inherited [266]. It is hypothesized that at high bacterial loads a small population of *Chlamydia* organisms survive, potentially due to an innate ability to establish a latent/persistent infection [266]. Importantly these isolates at low loads do not show altered antibiotic susceptibility or increased resistance due to genetic changes [267]. Latent, non-replicating, non-infectious aberrant RBs associated with persistence can survive within host cells for extended periods of time at which infectious organism can not be isolated or able to be cultured.

However, latent bodies can revert to infectious organisms leading to a recurrent infection. In vivo persistent infections in women are supported by the observation that some positive samples obtained using Chlamydia-specific DNA or antigen specific testing do not report the presence live infectious EBs via cell culture [268-270]. Furthermore, alternating infectious and persistent phases of Chlamydial growth correlate with acute and chronic infections in vivo [271]. During Chlamydial infection in women, a large variation in bacterial load has been observed in the genital tract and antibiotic failure due to heterotrophic resistance is associated with high bacterial loads [272, 273]. West et al (2005) showed that 91% of individuals with a low load at baseline observed no infection at follow up (2 months), whereas 74% percent of individuals with high bacterial load reported no follow up infection [274]. The development of persistent bodies in vivo during high bacterial load may be an important mechanism driving antibiotic failure, as these slow growing aberrant forms of Chlamydia may be less susceptible to antibiotic therapy. In vitro studies have shown that antibiotic treatment directly induces the presence of non-cultivable Chlamydia that can be reactivated with the withdrawal of treatment. In vivo the re-emergence of the active infectious form from persistence may take a number of weeks or months in which previous short term (<3 weeks) follow up testing via culture methods would provide a false negative result. Likewise false positive results may arise posttreatment due to persistent DNA detected through NAAT testing [275]. As such, one recommendation is that follow up screening > 5weeks post treatment is implemented for screening programs to determine treatment failure [259]. Estimating a true rate of treatment failures is complicated as many re-current infections remain unreported due to the asymptomatic nature of infections coupled with a lack of follow up testing in many screening and treatment programs.

#### 5.2. Are screening and treatment programs leading to arrested *Chlamydia* immunity?

In many western countries, screening and antibiotic treatment programs for early detection of Chlamydia have been implemented over the past ten years. The goal of these programs is to reduce Chlamydia transmission leading to the long-term prevention of disease sequelae, including PID and infertility. Chlamydia infections are most common among young people accounting for approximately 80% of all infections. The United States Center for Disease Control (US CDC) estimates that in the United States alone, one in 15 sexually active females aged 14-19 years has Chlamydia. Due to this high burden, the US CDC recommends annual screening for all sexually-active women under 26 years of age [276]. As such, most programs have been specifically targeted towards young women with a focus to identify and treat asymptomatic infections. In addition, these programs seek to promote partner notification and treatment to prevent subsequent re-infection. Although screening and treatment programs coupled with aggressive education and health programs have been implemented in many countries for over a decade, Chlamydia rates have continued to increase. For example, the US CDC reported an increase of 9.7% of Chlamydial infections between 2007 and 2008 [277]. This increasing trend has also be reported in many countries where long term screening and treatment programs have been in place including Sweden, Canada, the United Kingdom and Australia [278-281. Interpreting this increased prevalence or incidence of Chlamydia in the population requires caution and some argue that increases are directly associated with increased testing rates and detection associate with easy home sampling and the development of the more sensitive nuclear acid amplification test in the 1990's.

However, it has been hypothesized that an increase in *Chlamydia* prevalence worldwide at a time of aggressive screening and testing programs is associated with 'arrested immune hypothesis' [24]. The 'arrested immune hypothesis' states that early detection and treatment of Chlamydia actually impairs the development of natural immunity in these antibiotic treated individuals. A recent study by Giesler et al (2013) supports the concept of antibiotic treatment may attenuate protective immunity against reinfection. This work showed that women with spontaneous resolution of *Chlamydia* infection were four times less likely to be re-infected compared to women with infections cleared by azithromycin treatment [25]. The potential hampering of protective immunity development through antibiotic treatment is believed to be the associated an increased Chlamydia re-infections. In the province of British Columbia, Canada, Chlamydia screening and treatment programs have been in place since 1991. Here they have reported a 5% increase in the re-infection rate over the course of the program [282]. Moreover, re-infection rates were reported to be greatest in young women and potential increased risk of development Chlamydial disease sequelae. The emergence of antibiotic resistant organisms, development of persistence, poor patient compliance and high reinfection rates has highlighted the need for an efficacious vaccine to halt the spread of infection throughout the population.

#### 5.3. Chlamydia vaccine development

The development of an efficacious vaccine is the greatest potential to prevent infection and the subsequent development of disease. According to the World Health Organization a vaccine for the common STI "would have a significant impact on the spread of the disease". An ideal prophylactic Chlamydial vaccine would target immune responses to each of the two stages of the Chlamydial life cycle; (1) Antibodies directed against infectious extracellular elementary bodies preventing cell-adhesion; and (2) T cell mediated immune responses targeting infection cells during early to mid Chlamydial replication. Both responses require the activation of CD4-T cells, which have been shown through mouse models to be essential for clearing *Chlamydia* in the genital tract [283]. A number of considerations are required when designing vaccines; choice of antigen and adjuvant, administration route, the potential target of the vaccine (who to vaccinate?) and the purpose of the vaccine, prophylactic or therapeutic.

Early attempts in the 1950's and 1960's to develop a Chlamydial vaccine were based on the Pasteurian principle of isolate, inactivate and inject [284].However, although this has been a useful principle in the development of vaccine for veterinary field leading to a commercial vaccine for feline Chlamydial infections [285] a human whole-cell vaccine has been unsuccessful. Although crude whole cell vaccine trials in against ocular Trachoma in humans had observed short-term protection in 70% of vaccinated individuals, the development of strong pro-inflammatory immune responses to bacterial components led to adverse side effects in vaccinated individuals. Furthermore, vaccine trials using primates reported the generation of hypersensitivity leading to increased inflammation and extensive ocular scarring in vaccine recipients therefore whole *Chlamdyia* vaccine trials in humans subsequently were abandoned

[286]. This work suggested that specific antigens within the *Chlamydia* proteome are associated with protection while others mediate immunopathology that may be shared between Chlamydial strains. The recent development of genomic and proteomic technology has provided an unbiased approach to antigen discovery for the generation of a sub-unit *Chlamydia* vaccine [287]. Antigen discovery approaches have included; (1) 2D gel elctrophoresis combined with immunoblotting or radio-immunprecipitation for the discovery of antibody specific antigens [288-290]; (2) Genome-wide protein expression to discover both antibody and T cell antigens [291]; (3) Antigen discovery using of T cell clone lines [292] and; (4) Immunoproteomic approach to identify peptides presented to CD4+ T cells on class II MHC molecules [293].

Sub-unit vaccines provide safer alternatives to whole cell preparations and a number of Chlamydia antigen candidates have been investigated [294]. A number of antigens have been used unsuccessfully in animal trials that include cHsp60 and Chlamydial lipopolysaccharide (cLPS). Chlamydial Hsp60 is an important pathogenicity factor for the development of human Chlamydial infection-associated disease sequelae [295]. Although Chlamydia specific immunity is generated, cHsp60 as an antigen was associated with the induction of inflammation limiting the potential as a vaccine antigen. Chlamydial LPS was a prime antigen candidate due to its localization to the outer cell membrane. Unfortunately, immunization with LPS does not induce the production either of post-immunization or of post-infection antibodies and does not confer protection following live bacterial challenge in primate ocular infection models [296]. Immunization with surface exposed membrane proteins have proved more successful in animal models. These include the Chlamydial major outer membrane protein (MOMP) and the polymorphic membrane protein family (Pmps). The 40kDa MOMP constitutes 50-60% of the outer membrane of the bacterium [297-299]. To date, Chlamydial MOMP has been the leading vaccine antigen candidate investigated in animal models, including non-human primate models. Within the many serovars of the C. trachomatis species a large amount of primary structural homology is observed, however, antigenic properties of MOMP are related to the serovar specific surface exposed variable domain (VD) regions. For example, serological studies have shown cross reactivity between the Chlamydial L2 and D serovars, but the G, H and I serovars differ significantly [300]. Therefore the use of Chlamydial MOMP from one serovar results in only serovar-specific immunity and this alone is not sufficient for an effective, protective, multi-serovar vaccine. Combining multiple MOMP proteins from specific serovars in a multi sub-unit vaccine may potentially protect against the most common human genital tract infections. Recently with the aid of immunproteomics Brunham and colleagues identified the expression of several Pmps which when used in mouse C. muridarum infection model led to the production of neutralizing antibodies in vitro and partial protective immunity in vivo [301, 302]. Pmp antigens have also been reported to be immunogenic in human infections [303]. In contrast to EB membrane-bound antigens, Chlamydial secreted proteins have been used as antigen targets. During intracellular Chlamydia replication, proteins are secreted from the inclusion body into the host cytosol and may therefore be available for processing and packaging on MHC molecules, thus specifically inducing T cell immunity. The secreted proteins known as Inclusion proteins (Inc) and Chlamydial proteasome/protease-like activity factor (CPAF) have been shown to be potential vaccine targets in mouse models [304, 305]. During Chlamydial infection of humans, both CPAF and Inc antigen specific responses are

observed supporting their potential as antigens in a human vaccine [305, 306] [305]. A number of Chlamydial antigens trialled as vaccine candidates have recently been reviewed by Hafner et *al.* [27].

Although sub-unit vaccines provide safer alternatives to the use of live or attenuated organisms, they are poorly immunogenic. Adjuvants are required to direct the immune response to a co-administrated antigen. For Chlamydia, a balance of Th2 driven neutralizing antibodies and Th1 cytokine production characterized by strong IFN-g within the FGT mucosae is required. A number of adjuvants have been developed for use experimentally in trials for Chlamydial vaccines. These include live viral vectors [307], immunostimulating complexes such as DDA and ISCOMs [308, 309, liposomes [310], detergent/surfactant-based adjuvants [311, Lipid formulations [312,313, Vibrio cholerae ghosts [314, unmethylated 1.7.4.1CPG-ODN bacterial motifs [308,222] and cytokines [315]. In addition to antigen and adjuvant combinations, the route of immunization is an important component of vaccination strategies. Historically most vaccines are delivered through injection that is either sub-cutaneous (S.C) or intra-muscular (I.M). Although effective in generating strong systemic immunity, the generation of mucosal immunity has shown to be varied and limited when using systemic immunization routes. However, these methods have shown in animal models to generate partial protection against Chlamydia infections. A recent study by Eko et al. (2011) using I.M. vaccination of Chlamydia antigens expressed by Vibrio Cholerae Ghosts (VVG) has shown to be effective in reducing the duration of infection in mice; however, sterilizing immunity was not observed in this trial [316]. Another approach is targeting the mucosal immune system directly with needle free mucosal routes. Not only are mucosal immunization regimes able to generate immunity and multiple mucosal surfaces, the needle free nature of delivery has the advantage of being safe and inexpensive to deliver. Immunization with candidate Chlamydial vaccines via mucosal routes such as oral [312], intranasal [223,317], intravaginal [318 and transcutaneous [222,223,313] have shown to target protective immunity in the female reproductive tract; again, however sterilizing immunity has not yet been achieved using these vaccine approaches.

Over the past 60 years since the first crude whole cell Chlamydial vaccines were investigated, a number of technologies such as gemomic sequencing have enhanced the forward movement of the development of a protective Chlamydial vaccine. In light of the continued increased infection and re-infection rates, even with aggressive screening and treatment programs, the need for an efficacious Chlamydial vaccine is essential. Mathematical modeling that simulates transmission of *Chlamydia* in a heterosexual population has been developed to determine the impact of an efficacious vaccine regime [319]. The model tracks the infection time course, disease progression, and dynamic infectiousness of infected individuals and the transmission to others. This model determined that a fully protective vaccine administered prior to sexual debut could eradicate Chlamydial epidemics within 20 years. Furthermore, the specific targeting of women (100% vaccine coverage) would have an increased impact in reducing epidemiology than vaccination 50% of the male and female population together. However, currently no vaccine has been shown to generate sterilizing immunity. Modelling reports that in the absence of a sterilizing vaccine, a *Chlamydia* vaccine effective for at least 10 years would provide order to lead to population-level eradication. Furthermore, a non-sterilizing vaccine

could protect individuals by raising the infectiousness threshold and secondary reduce the peak load and the duration of the infection in vaccinated individuals. Animal models have shown that some experimental vaccines, although not producing sterilizing immunity in these models, may reduce the development of pathology e.g. hydrosalphinx in the murine model. This suggests that a therapeutic vaccine could potentially be given to women a past or even current infection to prevent the development of pathology. Although little work has been undertaken in this area, Carey et al. reported that in the mouse *C. muridarum* model vaccination during or after infection reduction in the strength of the immune response was observed. This work demonstrates that a therapeutic vaccine could be used to limit an uncontrolled host response leading to immunopathology during re-infection [320]. In light of the fact that there currently is no vaccine to prevent Chlamydial genital tract infections in women we believe that a vaccine designed to reduce bacterial burden and prevent disease may be a more rational target for future research.

#### 6. Summary/conclusions

In this Chapter we have presented current knowledge of immune regulation during infections of the female genital tract caused by the intracellular bacterial pathogen, *Chlamydia trachomatis*. Our review has highlighted the following information regarding Chlamydial infections of the FGT:

- Tubal infertility and reproductive damage, preeclampsia and preterm births may potentially occur in many of the 50 million women who are annually infected with *Chlamydia trachomatis*
- Gynecological cancer development is also suggested to be linked with Chlamydial genital tract infections.
- The majority (70-80%) of genital tract infections in women are asymptomatic
- The annual direct medical cost of sexually transmitted diseases (including *Chlamydia* and those caused by HIV) has been estimated at \$US16.9 billion
- Urogenital isolates of *C.trachomatis* may also contain a highly conserved 7.5kB non-integrative plasmid that has a role in the pathobiology of these organisms
- *Chlamydia* infections of neonates have been reported to be at 18 percent for ophthalmia neonatorum and 16 percent for pneumonia for infants exposed to *C. trachomatis* in vaginal secretions in the birth canal
- The host inflammatory response to *C.trachomatis* is involved in immunity but also the pathology that leads to serious morbidities of chronic pelvic pain, EP and tubal infertility following female genital tract infection
- Disease outcomes are dependent upon the complex interactions between virulence factors of, and evasion strategies used by, *C.trachomatis* and host immune responses including variants in genetic markers associated with infection and inflammation

- It is becoming increasingly well documented that sex hormones E2 and P4 regulate host susceptibility, as well as innate and adaptive immune responses to the sexually transmitted pathogen *Chlamydia* infecting the mucosal surfaces of the FGT
- In light of the continued increase in infection and re-infection rates even with aggressive screening and treatment programs, a need for an efficacious vaccine is essential.
- Finally, since there currently is no vaccine to prevent Chlamydial genital tract infections we consider that a vaccine designed to reduce bacterial burden and prevent disease pathology may be a rational target for future Chlamydial research.

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# The Roles of Invariant NKT Cells in Bowel Immunity – Suppression of Tumor Progression and Rejection of Intestinal Transplants

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Additional information is available at the end of the chapter

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## 1. Introduction

The roles of natural killer (NK)T cells in intestinal immunity have not been sufficiently investigated. The bowel possesses its own unique mucosal immune system, the gut-associated lymphoepithelial tract (GALT). In this review, we focused on CD1d-independent invariant type NKT (iNKT) cells as modulators of GALT. iNKT cells have a restricted invariant T-cell receptor (TCR) V $\alpha$ 24 chain paired with V $\beta$ 11 chain. In addition to T helper (Th)1 cytokines, such as IFN- $\gamma$ , iNKT cells can produce anti-inflammatory Th2 cytokines, such as interleukin (IL)-4.

Although invariant NKT cells are rare in normal small-intestine mucosa, they have been observed in intestinal allografts during rejection. Infiltrating iNKT cells release IL-4 and IL-5, Th2-related cytokines that antagonize the Th1 responses that induce acute cellular rejection. Also, iNKT cells form an immunological barrier against parasite infection. We found that CD1d +cells are actually localized in the lamina propria of the villi in the human intestine and they may present the antigen for the recruited iNKT cells.

On the other hand, a small number of invariant NKT cells are resident in the normal colorectal mucosa. iNKT cells are involved in defense against colorectal tumor progression and metastasis through the apoptosis-inducing molecule Fas ligand (FasL). Their numbers increase markedly in colorectal carcinomas. Increased iNKT cell infiltration in colorectal carcinomas is an independent favorable prognostic factor. iNKT cells probably play an important role in the pathogenesis of ulcerative colitis.

Thus, iNKT cells are modulators of bowel mucosal immunity.



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# 2. Background

## 2.1. Gut-associated lymphoepithelial tract (GALT)

The bowel possesses a distinct mucosal immune system, known as the gut-associated lymphoepithelial tract (GALT), which is comprised of high endothelial venules (HEVs) located in the inter-follicular region (IFR) around the Peyer's patches (PPs). GALT-associated immunity involves an exquisite balance between activation and suppression mediated through the release of cytokines [1] (Figure 1). The GALT contains the largest collection of lymphocytes in the body. Physiologic and barrier functions of GALT against bacterial infection are associated with mucosal surfaces and are essential; therefore, only limited damage can be tolerated. The mucosa is continuously exposed to a vast array of antigens, necessitating the distinguishing of self from non-self/infectious antigens. Infectious agents, malignant tumors such as adenocarcinomas, and immune and inflammatory bowel diseases of the gut all contribute to morbidity and mortality.

The lymphocytes in the bowel are believed to play pivotal roles in bowel immunity. Two types of lymphocytes are found in the bowel: intra-epithelial lymphocytes (IELs) and lamina propria (LP) lymphocytes (LPLs). In addition, the PPs are comprised of B cells and T cells, unique lymphocyte subsets that interact with M epithelial cells. Antigens are taken up by the PPs through the M-cell layer, inducing an immune reaction (Figure 1).

In addition, lymphocytes from the GALT circulate in the common mucosal immune system, including the mesenteric lymph nodes.

LPLs play important roles in immune homeostasis. Although these cells function in mucosal defense against pathogens, they ignore non-pathogenic bacteria and foods, a phenomenon known as oral tolerance. LPLs also play a supporting role in barrier defenses and are involved in the pathogenesis of inflammatory intestinal diseases. At the onset of Crohn's disease, mucosal T cells appear to mount a typical T helper (Th)1 response that resembles an acute infectious process, but this response is lost with progression to later stages of Crohn's disease. Such polarization of bowel cytokines is believed to be responsible for inflammatory bowel diseases (IBD).

#### 2.2. Natural killer T cells

NKT cells are associated with both innate and adaptive immunity due to their ability to interact with a broad spectrum of antigens.

NKT cells are currently classified into three types classical NKT cells (non-classical NKT cells); and NKT-like cells, or CD1d-independent NK1.1+T cells [2]. Classical NKT cells express CD161 [2, 3]. Human classical NKT cells express an invariant TCR, V $\alpha$ 24, whereas mouse NKT cells express TCRV $\alpha$ 14 [4, 5]. In contrast, the T-cell receptor V regions expressed by non-classical NKT cells and NKT-like cells are highly diverse. CD56-NKT cells are believed to function as effector or regulatory cells in innate immunity.

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**Figure 1.** GALT and iNKT cells. M cells and mucosal epithelial cells cover the lamina propria of the bowel. HEV: high endothelial venules, Th1 & Th2, helper T cell Type 1 & 2. iNKT cells relate to the development of B cells and T cells in the lamina propria by release of cytokines such as IL-4, IL-5, IFN- $\gamma$ .

#### 2.3. Invariant natural killer T (iNKT) cells

Among these NK cells, iNKT cells have a very restricted TCR repertoire, which in human peripheral blood consists of an invariant V $\alpha$ 24-Ja18 chain (formerly V $\alpha$ 24-JaQ) paired with a V $\beta$ 11 chain [4, 6]. Therefore, this classical type is termed "invariant" NKT (iNKT) cells (Figure 2). Human iNKT cells can be activated by glycolipid antigens such as beta-galactosylceramide and iGb3, which are presented by CD1d expressed on dendritic cells [7]. When activated, iNKT cells immediately produce pro-inflammatory Th1 cytokines such as IFN- $\gamma$  and tumor necrosis factor (TNF)- $\alpha$  as well as anti-inflammatory Th2 cytokines, such as IL-4, IL-10, and IL-13. Thus, iNKT cells are capable of bidirectional differentiation, which is probably directed by the immunological environment.

iNKT cells are localized primarily in the thymus, bone marrow, liver, and spleen, and they are rare in the lymph nodes [8]. Bannai et al. [9] reported that mouse colon contains a considerable number of NKT cells. More recently, O'Keeffe et al. reported that T cells expressing CD161+(a phenotypic marker of NK cells) are the major natural killer receptor–positive cell population in the intestine. Although the intestines harbor a diverse array of NKT cells, iNKT cells are rare in the small intestine [10].



**Figure 2.** T, invariant natural killer (NK)T, and NK cells. The phenotypic surface antigens are shown. The T cell receptor (TCR) is variable in T cells; the TCR on the invariant type of human NKT cells is restricted to the V $\alpha$ 24 $\beta$ 11 type. NK cells do not carry a TCR and express CD161, CD56, or CD57 NK markers, which are also expressed by NKT cells.

#### 2.4. Invariant natural killer T (iNKT) cells in diseases

iNKT cells have been implicated as playing roles in infection control [11, 12], inflammatory bowel diseases [13], abortion [14], transplantation tolerance [15, 16], suppression of autoimmune diseases [17-20], psoriasis and atopic dermatitis [21], and the regulation of allergic disorders [22, 23]. iNKT cells have the potential to activate or suppresses immune system by release of variable cytokines including IFN- $\gamma$ , IL-4, IL-10, and IL-17.

Moreover, a number of reports have suggested that iNKT cells play protective as well as tolerogenic roles in tumor immunity [24-29]. In addition, infiltration of iNKT cells is a prognostic indicator for colorectal cancer metastasis [29].

# 3. iNKT cells in the small intestine

#### 3.1. Mucosal immunity of the small intestine

The mucosal immune system of the small intestine is unique. Mucosal barrier damage and inflammation have been associated with high levels of flagellin protein in the lumen. One of the roles of intestinal immunity is defense against pathogens within the bacterial flora. The mucosa is covered by mucin, which is one of the central determinants of gut immune specificity and immune tolerance.

The LP, located beneath the mucosa, includes various types of immune cells that form the GALT. The PP is a predominant immune apparatus that is covered by M cells and is capable of controlling mucosal immunity. In addition to the lymph apparatus and lymphocytes, the intestinal immune system contains dendritic cells (DCs) that interact with goblet cells. Mucus sensing enhances DC tolerogenic functions, including the release of TGF- $\beta$  and suppressive IL-10, which are factors that induce FoxP3+regulatory T ( $T_{reg}$ ) cell production. Populations of CD3+TCR- $\gamma\delta$  cells are also observed [29]. CD56+NK cells are classically viewed as lymphocytes that provide innate immunity against virus-infected cells and tumor cells through the release of cytolytic mediators and IFN- $\gamma$ .

#### 3.2. iNKT cells in the small intestine and coeliac disease

Intestinal iNKT cells are rare in the normal status [10], but small population is observed in the villi of the small intestine [30]. Although they have not been considered as minor participants in the control of GALT. However, iNKT cells are found to decrease in the celiac disease without affecting development of classical T cells. Coeliac disease is one of the autoimmune disorders of the small intestine. This disease occurs in genetically predisposed people of all ages from middle infancy. Symptoms include pain, chronic constipation and diarrhea in children. Diagnoses are occasionally being made in asymptomatic persons in the screening examination. Importantly, coeliac disease is not allergic disease, but caused by a reaction to a gluten protein in wheat. When the small intestine is exposed to gluten, the tissue transglutaminase modifies the protein, and the GALT autoimmunologically cross-reacts with the small intestinal tissue, causing an inflammatory reaction. As a result, villous atrophy is observed histologically and endoscopically. The absorption of nutrients is significantly affected. The effective treatment is a lifelong gluten-free diet. The deficiency of V $\alpha$ 24+ cells in coeliac disease was independent of age, gluten status of diet or duration of gluten-free diet. Probably, T cells are selected by glycolipids on CD1d expressing CD4+CD8+thymocytes [30].

#### 3.3. Small-intestine allograft immunity

#### 3.3.1. Background on intestinal transplantation

Intestinal transplantation is a commonly accepted standard therapy for patients with irreversible parenteral nutrition complications associated with short-bowel syndrome, [31-33], Hirschsprung and related diseases, chronic idiopathic intestinal pseudo-obstruction syndrome, and megacystis-microcolon-intestinal hypoperistalsis syndrome [34, 35]. Acute cellular rejection (ACR) remains the major cause of intestinal graft failure after transplantation. Diagnosis of ACR requires detection by histopathologic evaluation [35-38] as well as clinical examination and laboratory data [38].

#### 3.3.2. Histologic criteria for diagnosis of ACR of small-intestine transplants

Pathologists have diagnosed acute rejection based on the finding of crypt apoptosis in the intestinal mucosa upon histologic examination of the graft [36-38], rather than lymphocytic

infiltrates. The number of apoptotic bodies is certainly augmented during the acute rejection; however, the mechanism underlying this phenomenon has not been determined.

Mucosal damage cannot be prevented once crypt apoptosis has become evident [38]. It is possible that apoptosis of crypt cells is induced by direct attack by cytotoxic T-lymphocytes (CTLs), but such a finding has not been reported. Therefore, it remains unclear whether CTL infiltration is necessary for ACR. Humoral factors may also play a role in crypt apoptosis.

Although there are reports describing T-cell apoptosis in the intestine in ongoing ACR, its clinical significance has not been determined [39]. T cells interact with Fas on other T cells to induce their apoptosis [40]. The apoptotic T cells are then phagocytosed by macrophages in the small-intestine allografts. Similar findings in a liver allograft has been reported by us [41]. Thus, these phagocytic findings may be common to various allografts in ACR. The phagocytosing macrophages form granulomas. Furthermore, apoptotic bodies are also positive for Fas, which is a surface antigen of activated T lymphocytes. Treatment with a steroid pulse significantly diminishes the apoptotic and phagocytotic responses that are indicative of ACR [42]. Although it is possible that both recipient and donor lymphocytes interact with each other via Fas and FasL molecules to induce apoptosis, a study using animal models reported that TNF- $\alpha$  (rather than interaction between Fas and FasL) is the primary factor for induction of lymphocytic apoptosis [39].

### 3.3.3. iNKT cells infiltrate during acute rejection of the allograft

Using systematic immunohistochemical analysis of an intestinal allograft, we assessed the behavior of iNKT cells during acute rejection of the intestinal allograft [38]. In practice, the diagnosis of intestinal rejection is difficult, particularly due to the complicated interactions between lymphocytes and other immunological cells resulting from the transient coexistence of donor-derived and recipient-derived cells in the graft.

iNKT cells are transiently recruited to the intestinal LP (Figure 3), but immunosuppressive therapy significantly decreased iNKT cells in number (Figure 4&5). The infiltrating intestinal iNKT cells have the potential to produce IL-4, which antagonizes IFN- $\gamma$  and contributes to the development of Th2 cells. Higher levels of IL-4 prior to and shortly after kidney transplantation have been reported, and IL-4 may have a protective effect on renal graft survival [43]. Indeed, iNKT cells have been implicated in tolerance in experimental mouse models, in induction of chimerism in allogenic cardiac transplant models [44], and in acceptance of rat-islet xenografts in mice [16]. IFN- $\gamma$  production remains low relative to normal donor intestine and does not change during the course of ACR development. Therefore, infiltration of iNKT cells implies that they are involved in the response to rejection. Asaoka et al. reported the activation of CTLs in granzyme B/perforin-mediated graft injury [45]. Therefore, release of Th2-related cytokines by iNKT cells may antagonize this activation.

#### 3.3.4. PPs and iNKT cells in small-intestine allografts

After transplantation, recipient-derived T cells traffic into the allograft across the HEVs located in the IFR around the PPs. Therefore, the PP serves as the interface through which the allograft

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Figure 3. Immunohistochemistry of iNKT cells: (A) TCRVa24 (left) and (B) TCRVβ11 stained cells in brown. Fluorescent immunostaining of TCRVa24 (C), IL-4 (D).



**Figure 4.** Time-course analyses using allograft tissues showed a significant decrease in the number of iNKT cells after immunosuppressant administration. The left photo illustrates the significant decrease in the number of iNKT cells after administration. Immunostaining of iNKT cells at the onset of ACR (left) and 48 hrs after administration of steroids (middle) is shown. Brown cells are iNKT cells in the allograft mucosa. Counterstaining was performed using methyl-green. iNKT cells underwent apoptosis in the graft. The right photo below shows TUNEL-positive (yellow) iNKT cells. Non-iNKT cells were stained red (phycoerythrin-labeled). This photo is the serial section of the left section [39].

encounters recipient-derived cells. Although, few studies have examined injury to the PPs during rejection, histology of PP showed the hyperplastic change of PP with an increase in expression of CD20, a mature B cell marker at the onset of rejection (Figure 6).

PPs consist primarily of B cells, T cells and DCs. In general, B cells carry out a variety of immune functions, including immunoglobulin production, cytokine release, antigen presentation, regulation of DC activity, and participation in the induction of immune tolerance [46]. A large number of T cells and B cells are present in the intestinal LP. The majority of T cells in the LP express the TCR $\alpha\beta$ , and the proportion of CD8+T cells to CD4+T cells ranges from 2:1 to 3:1. The production of IL-4 and IL-5 by CD4+T cells in the LP promotes IgA production in the intestinal tract. Furthermore, CD8+T cells in the LP are responsible for damage by recognizing and activating macrophages. The primary antibodies secreted into the intestinal tract mucus are IgA. A number of IgA-producing cells distribute in the LP, and IgA molecules that are secreted into the intestinal tract are transported to the gut luminal side by binding to multimeric antibody receptors that are retained on the intestinal cells.



**Figure 5.** Distribution of iNKT cells in six intestinal allografts. The count of iNKT cells was evaluated by their number per  $1 \text{ mm}^2$  of a section. PP, Peyer's patch; IFR, inter-follicular region; SED, mucosal sub-epithelial dome; LPV, lamina propria of the villi. Individual bars of intact, onset, and post-administration display the TCRVa24+T cell counts in the intact mucosa, in the mucosa with rejection, and in the mucosa 48 hours after >30mg of steroid administration (post-steroid therapy).

Both B-1 and B-2 cells produce IgA. B-2 cells are derived from PP B cells and exhibit a CD23+, CD11b-, CD5-, and CD19<sup>low</sup> phenotype. Follicular B cells in the PPs are stimulated by antigen in the intestinal lumen and differentiate from IgM+to IgA+cells by class switching. IgA+cells in the PPs circulate throughout the body via the thoracic duct and differentiate into IgA-producing cells by the effect of IL-6 produced by intestinal epithelial cells. B-1 cells, in contrast, are derived from B cells of the abdominal cavity and exhibit a CD19+, CD23-, and CD11b+ (B-1a, CD5+; B-1b, CD5-) phenotype. Whereas B-2 cell-derived secretory IgA recognizes foreign antigens with high affinity, B-1 cell-derived secretory IgA recognizes common bacterial phosphorylcholine, lipopolysaccharide, and self-antigens with low affinity.

#### 3.3.5. Cytokine production in the intestinal allograft

Cytokine measurements have suggested that the levels of a variety of cytokines are increased at the onset of ACR and that TNF- $\alpha$  contributes to mucosal damage in graft-versus-host disease [47]. The graph below shows the production of various cytokines in graft mucosal tissues without PPs before transplantation, during ACR, and 72 hrs after administration of a steroid pulse. The data show that production of both IL-4 and IL-5 increase significantly relative to other cytokines in the allograft tissue during ACR, suggesting that ACR involves hypercytokinemia (Figure 7)[38].

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**Figure 6.** Peyer's patch (PP) hyperplasia in acute rejection of small intestinal allograft. Left photo shows an H&E stained hyperplastic PP in the graft at the onset of rejection. Right photo shows the CD20+ stained hyperplastic PP.



Figure 7. Cytokine concentration in the histologic normal allograft, at the onset of acute cellular rejection (ACR) and 72 hours after steroid pulse. Error bars indicate S.D. [38].

#### 3.3.6. Activated iNKT cells may damage the small-intestine allograft by release of IL-4/IL-5

Cytokine production by iNKT cells was observed in grafts and total cytokine concentration in sampled tissue was measured. Graphs show plots of the concentrations of IL-4, IL-5, IL-10, and IFN- $\gamma$  (pg/mg in graft tissue) versus the mean number of IL-4+-, IL-5+-, IFN- $\gamma$ +-, and IL-10+-iNKT cells (per 10 high-power foci [HPF]). Linear regression lines and correlation coefficient ( $R^2$ ) values are also shown (Figure 8).



Figure 8. Regression analysis of cytokine concentration and counts of iNKT cells. IL-4 and IL-5 iNKT cell count correlate with total concentration of IL-4 and IL-5 in the graft.

It is likely that as yet unknown humoral factors recruit iNKT cells to the graft mucosa in order to suppress allograft rejection. iNKT cells have the ability to release IL-4 and antagonize Th1 and CTL responses [48]. However, because the released IL-4 and IL-5 may damage the allograft via eosinophilic enteritis, appropriate immunosuppression is necessary for recovery. We therefore investigated humoral rejection. iNKT cells may modulate such ACR via the release of cytokines.

#### 3.4. NKT cells in intestinal inflammation caused by parasites

iNKT cells can also modulate mucosal immunity through the release of IL-4 and IL-5 in response to parasite infection. A previous study showed that NKT cells play a critical role in the lethal ileitis induced in C57BL/6 mice after infection with *Toxoplasma gondii* [49]. This intestinal inflammation is caused by overproduction of IFN- $\gamma$  by iNKT cells in the LP. This detrimental activity of iNKT cells can be blocked by treatment with alpha-galactosylceramide, which induces a shift in cytokine production by iNKT cells toward a Th2 profile. iNKT cells participate in the clearance of parasites by shifting the cytokine profile toward a Th1 pattern. Another study using CD1d-deficient mice lacking iNKT cells showed that iNKT cells are critical for the elimination of *T. gondii* [50]. Thus, iNKT cells may form an immunological barrier against parasite infection.

# 4. iNKT cells in large-intestine immunity

### 4.1. NKT cells in the large intestine

Unlike the small intestine, a considerable number of NKT cells reside intra-epithelially in the colon of mice [9]. CD161+T cells are the major natural killer receptor-positive cell population in the intestine [10]. On the other hand, few reports have been published regarding human NKT cells, particularly iNKT cells, in the normal and neoplastic colon.

Our previous study was the first report the presence of TCRV $\alpha$ 24+ iNKT cells in the colon [29]. In that study, a small number of V $\alpha$ 24+NKT cells were observed in the normal colorectal mucosa (2.6 ± 3.7 cells/5 HPF), unlike the small intestine, which contained few resident NKT cells.

### 4.2. Intra-colorectal tumor iNKT cells

Furthermore, we investigated intra-tumor TCRV $\alpha$ 24-positive cells in 103 primary colorectal carcinoma samples [29]. The observation that intra-tumor V $\alpha$ 24+T cells invariably coexpress TCRV $\beta$ 11 and other NK cell markers indicates that they are iNKT cells. The density of iNKT cells in colorectal carcinomas increased significantly. iNKT cells were actually found in the luminal space of tumor-infiltrating vessels. iNKT cells could migrate from the peripheral blood to the tumors. A higher fraction of iNKT cells express the activation marker CD69 in colorectal carcinomas than in normal mucosa, and these cells are probably involved in local cytotoxicity against tumor cells through secretion of IFN- $\gamma$  and apoptosis-inducing molecules such as FasL, perforin, and granzyme B. In this way, iNKT cells may play a role in the primary defense against colorectal carcinoma by induction of tumor cell death. Alternatively, the increase in the number of NKT cells in tumors may represent a surrogate marker of antitumor activity.

Coca et al. reported that colorectal carcinomas with a higher degree of CD57+NK cell infiltration have better prognosis [51]. Because the CD57+cell population includes NKT cells, the present observation agrees in part with their conclusion. Another interesting feature of our study was the finding that iNKT cells play a role in the inhibition of lymph node metastasis of colorectal carcinomas [29]. Although iNKT cells are normally rare in lymph nodes, a large number of these cells appear in the metastasis-free swollen lymph nodes of colorectal carcinoma patients. The precise mechanism through which iNKT cells inhibit lymph node metastasis remains unclear. Activated iNKT cells may migrate to regional lymph nodes, where they may prevent metastasis by inducing apoptosis of the colorectal carcinoma cells. A recent study reported that chemokine CXCL16 suppresses liver metastasis of colorectal cancer via augmentation of tumor-infiltrating iNKT cells in a murine model [52].

Patients with a higher degree of intra-tumor NKT-cell infiltration show significantly higher rates of overall and disease-free survival. This is consistent with the fact that these patients exhibit much less lymph node metastasis. The degree of NKT cell infiltration in tumors was evaluated as low degree (<7 NKT cells/five x400 foci) or high degree (≥7 NKT cells/ five x400 foci). The number of iNKT cells increased markedly in colorectal carcinomas, and a majority of these cells showed a phenotype of activation expressing FasL or CD69. A higher degree of

iNKT cell infiltration correlated with lower lymph node metastasis (P=0.042). Patients with a high degree of iNKT cell infiltration showed higher overall (P=0.018) as well as disease-free (P=0.0006) survival rates. Intra-tumor iNKT cell infiltration was an independent prognostic factor for overall (P=0.033) and disease-free (P=0.0064) survival. A higher degree of iNKT infiltration in colorectal carcinomas is therefore an independent indicator of a favorable prognosis [29] (Figure 9).



**Figure 9.** iNKT cells and apoptosis of tumor cells. FasL, perforin, and granzyme B are apoptosis-inducing molecules. iNKT cells may contribute to apoptosis of the cancer cell by release of these molecules and prevent the metastasis to the lymph node.

## 4.3. IBD and iNKT cells

The relevance of iNKT cells in IBD has also been examined. iNKT cells probably play an important role in the pathogenesis of ulcerative colitis [13, 22, 52]. Although our immunohistochemical data indicated that iNKT cells certainly contribute to inflammation, their influence is limited in the initial phase of IBD (data not shown). Several reports have indicated that iNKT cells secrete abundant amounts of IL-4 upon activation [53]. There has been a report that oxazolone colitis, a Th2 colitis model resembling ulcerative colitis, is mediated by IL-13producing NK-T cells [54].

Important data regarding the role of iNKT cells in IBD were recently reported [31]. iNKT cells accumulate in the colonic lamina propria in germ-free mice, resulting in increased morbidity in models of IBD as compared with specific pathogen-free mice. The chemokine ligand CXCL16 is associated with an increase in the number of mucosal iNKT cells and consequently an increase in susceptibility to tissue inflammation. Age-sensitive contact with commensal microbes is critical for establishing mucosal iNKT cell tolerance to later environmental exposures. Microbial exposure early in life elicits long-lasting effects on iNKT cells, and in the

absence of early exposure, exposure later in life to factors that stimulate these cells may induce an auto-inflammatory response.

In a related report, a profound loss of CD56 expression by all lymphocyte populations was noted in the coeliac gut. Adult coeliac disease expanded populations of CD3+TCR $\gamma\delta$  cells and decreased populations of NK, NKT, and iNKT cells [30].

### 4.4. Microbial infection and iNKT cells

The relevance of iNKT cells against microbial infection has also been examined. CD1ddependent antigen presentation and microbial killing by iNKT cells are critical for host defense [55]. The host defense against microbial infection depends upon cargo trafficking into lysosomes. The mechanism has been reported [56]. Arf-like GTPase Arl8b is one of the critical regulators of cargo delivery to lysosomes. The formation of CD1 antigen-presenting complexes in lysosomes and phagosome-lysosome fusion depends on Arl8b. Subsequently the delivered CD1 antigen-presenting complexes to the plasma membrane activate iNKT cells in microbial killing [56].

## 5. Methods

### 5.1. Quantitative morphometry

The quantitative morphometry method to study iNKT cells was applied (Figure 10). Multivariate morphometric analysis images were obtained by microscopy (PROVIS-AX80; Olympus, Tokyo, Japan) and saved as TIF files. Data were analyzed using CELAVIEW software (Olympus), with individual cell signals expressed in terms of relative fluorescent unit. Morphometric data were displayed according to stained area and circularity. Individual cells were represented by the pixel intensities of the nucleus and cytoplasm. Data sets for individual cells on a single slide were represented by two-dimensional scatter plots based on flow cytometry. Gated cells were further analyzed using antibodies for surface antigens. Plots were further gated according to fluorescence intensity, size, and circularity on the scattergram. Circularity was calculated based on the Heywood circularity factor using the following formula:



where the perimeter (*P*) of individual cells was divided by the circumference of a circle with the same area (*A*), with the real circle factor being equivalent to 1.0. As the boundary of a binary image is composed of discrete pixels, IMAQ Vision (National Instruments Corporation, Austin, TX, USA) was used to sub-sample the boundary [21, 39]. The scheme of quantitative morphometry is shown below.

Lymphocytes are oval or circular and the circulatory factor is nearly to 1.0. Therefore, the subjects of which circulatory factor is nearly to to 1.0 is gated for subsequent analysis using immunostaining. iNKT cells were actually gated for subsequent analysis using antibodies for CD56 and TCRV $\alpha$ 24. In the first gating, the area was also analyzed [42] (Figure 10).



**Figure 10.** A scheme of two dimensional plots of the morphometric analysis for analysis of surface antigens CD56 and TCRVα24 on the iNKT cells. The gating shown in the left graph shows an example of selection of the analyzed lymphocytes for analysis of the surface antigens shown in the right graph. The similarity to the circle is evaluated by the circulatory factor near 1.0. The right figures the factor values of various shapes.

#### 5.2. Immunohistochemistry

The fluorescent staining method for iNKT cells was as reported using the CSA system (DAKO, Gostrup, Denmark). Frozen section samples and paraffin embedded specimens were used. For primary reagents, we used monoclonal antibody C15 (TCRV $\alpha$ 24; Immunotech SA, Marseilles, France). Antibodies against CD3, CD4 and CD8 were purchased from DAKO, and DAB staining was performed for signal visualization. Negative controls for primary antibodies were IgG1, IG2a and IgG2b (Cat No. X0931, X0943 and X0944; DAKO) [29, 38].

## 6. Conclusion

The mucosa is exposed to an extremely wide variety of antigens in food, and iNKT cells within the mucosa are responsible for mounting immune responses to these antigens. The cytokines released during these responses may damage the small intestine. In the case of small-intestine transplantation, the response of iNKT cells during ACR indicates that iNKT cells may be recruited to the transplant to repress rejection. iNKT cells probably contribute to the suppression of ACR by releasing IL-4, an antagonist of IFN- $\gamma$ . On the other hand, iNKT cells normally reside within the large intestine, where they also play a pivotal role in immunity. iNKT cells can be activated to express apoptosis-inducing molecules and may induce cytolysis of tumor cells. Thus, iNKT cells have two roles; they can upregulate or downregulate the mucosal
immune response through the release of opposite-acting cytokines. iNKT cells thus play a pivotal role in modulating mucosal immunity in the intestine.

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# **Autoimmune Disregulation**

# Immunostimulation by Silica Particles and the Development of Autoimmune Dysregulation

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Additional information is available at the end of the chapter

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1. Introduction

Immunostimulation by environmental and occupational factors has been shown to cause various human diseases such as allergy and autoimmune diseases [1,2]. For example, solvents such as vinyl chloride have been linked to the development of scleroderma (SSc) [3-5], and previous studies reported the relationship between exposure to solvents and rheumatoid arthritis (RA) [6] or multiple sclerosis [7,8]. Another typical substance is silica. Patients exposed to silica particles were shown to develop not only pulmonary fibrosis, known as silicosis [9,10], one of the typical forms of pneumoconiosis, but also various autoimmune diseases [11,12] such as RA (historically known as Caplan syndrome) [13,14], SSc [15-17], systemic lupus erythematous (SLE) [18,19], and anti-neutrophil cytoplasmic antibody (ANCA)-related vasculitis/ nephritis [20-22]. Many epidemiological reports have demonstrated that silica exposure is a risk factor of autoimmune diseases [11,12].

The mechanism of silica-induced autoimmune dysregulation has been attributed to silica acting as an adjuvant [23,24]. However, silica particles may directly stimulate circulating peripheral immune cells and cause certain alterations in the cellular or molecular functions of these cells because these particles may be retained in pulmonary lesions as well as the lymph nodes after they are inhaled into the body [9-12]. Therefore, if the direct effects of these particles change the characteristics of immune cells leading to the dysregulation of immune tolerance, clarifying these cellular and molecular mechanisms may be useful in preventing immune



© 2014 The Author(s). Licensee InTech. This chapter is distributed under the terms of the Creative Commons Attribution License (http://creativecommons.org/licenses/by/3.0), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited. disorders in silicosis patients as well as providing an insight into the etiology of various autoimmune diseases.

We previously investigated the immunological effects of silica using human peripheral blood immune cells derived from healthy donors and silicosis patients [25-27]. In this review, we summarized our findings, in which silica was shown to be an environmental immunostimulator and the chronic activation of immune cells by recurrent and chronic exposure to silica was demonstrated to cause an imbalance in the regulation of T cell responses.

# 2. Autoantibodies detected in silicosis patients and their relationship with HLA phenotypes

We previously measured autoantibodies in silicosis patients, all of whom were Japanese brickyard workers in Bizen city, Okayama prefecture, Japan. All patients were diagnosed with silicosis based on their radiological findings in accordance with the ILO 2000 guidelines. The amount of free silica inhaled by these patients was estimated to be from 40 to 60%, as determined by their work environment. No subjects exhibited any symptoms of autoimmune diseases such as sclerotic skin, Raynaud's phenomenon, facial erythema, or cancer.

We demonstrated that the overall titer of anti-nuclear antibodies (ANA) was higher in these patients than in healthy volunteers [28]. In addition, silicosis patients without bullous diseases tested positive for anti-desmoglein autoantibodies and the frequencies of HLA-DRB1\*04, HLA-DQB1\*03, \*0303, and \*05, and HLA-DPB1\*0402 and \*0501 alleles were higher in these patients than in a healthy Japanese control population in the literature [29,30]. Moreover, the relationship between the autoantibodies in silicosis patients and HLA phenotypes was also analyzed in silicosis patients with anti-topoisomerase I autoantibodies [30-34], and the results obtained revealed that the allelic frequency of HLA-DQB1\*0402 was significantly higher in anti-topoisomerase I positive Japanese silicosis patients than in anti-topoisomerase I negative patients or healthy donors [30-34].

We also assessed autoantibodies against Fas/CD95 [35], the cell death receptor, which plays an important role in the apoptosis of lymphocytes, and caspase-8 [36,37]. This anti-Fas autoantibody, in particular, was shown to induce apoptosis in Fas-expressing cells [35].

Even silicosis patients without any clinical symptoms of autoimmune diseases have various inapparent alterations in self-tolerance depending on individual factors, such as HLA phenotypes. In addition, when both respiratory and immunological factors were analyzed using factor analysis, this immunological progression was not concomitant with the development of respiratory disease [38]. Respiratory and immunological factors were shown to deteriorate to varying degrees in more than half of silicosis patients; however, a subpopulation was classified as a better respiratory and worse immunological group, while the opposite group was also reported [38].

Therefore, we attempted to confirm whether silica particles directly stimulated human immune cells, particularly T cells, with experimental evidence.

#### 3. Schematic summary of the chronic activation of T cells by silica particles

A summary of the findings obtained and considerations are schematically presented in Figure 1. Silica particles were shown to chronically activate various T cells. Previous studies reported that effector T cells expressed various activation markers such as PD-1 and CD25 and produced many molecular markers for chronic T cell activation such as soluble Fas (sFas), decoy receptor 3 (DcR3), and soluble interleukin (IL)-2 receptor (sIL-2R) [39,40].

On the other hand, silica particles were also shown to activate CD4+CD25+FoxP3+regulatory T cells (Treg). However, this chronic activation caused the enhanced expression of Fas/CD95 on the surface of Treg, which induced early apoptosis [41]. Therefore, Treg may be lost from the peripheral blood, with the resulting imbalance between Treg and effector T cells subsequently leading to autoimmune dysregulation.

Detailed explanations of these findings are presented below.

#### 4. Immune stimulation of effector T cells by silica particles

Freshly isolated peripheral blood mononuclear cells (PBMCs) obtained from healthy donors were incubated with silica particles. The CD69 expression on the membrane surface was examined as a marker, demonstrating gradual activation of T lymphocytes during 10-day incubation [42].

Other activation markers were examined in serum derived from silicosis patients and compared with those from healthy donors [43]. The results showed that sIL-2R levels were slightly higher in silicosis patients than in healthy donors. sIL-2R levels were also examined in serum derived from SSc patients, and correlations between sIL-2R levels and the immunological status of healthy donors, silicosis patients, and SSc patients as 1, 2 and 3 for continuous variables were analyzed. The correlation coefficient was shown to be 0.575 with p=0.0008, which indicated that, from the viewpoint of immunological alterations based on serum sIL-2R levels, silicosis patients were located between healthy donors and SSc patients. Elevated sIL-2R levels may be a pathophysiological marker for hematological malignancies such as human T lymphotropic retrovirus type-1 (HTLV-1) associated with adult T cell leukemia (ATL) and hairy cell leukemia, which reflects the increased production of cells leading to an elevation in serum titers [44-47]. Elevated sIL-2R levels have recently been reported in various autoimmune or inflammatory diseases, suggesting that the immune response is activated by chronic stimulation of T cells with an auto-or foreign antigen [48-51]. Therefore, the moderate, chronic activation status of the immune system may play a role in silicosis.



**Figure 1.** Schematic summary of the chronic activation of effector T cells, regulatory T cells (Treg; CD4+25+FoxP3+), and Th17 caused by exposure to silica particles. The chronic activation of effector T cells caused these cells to express activation surface markers such as CD25 and PD-1 with a decrease in the expression of the Fas/CD95 molecule. Instead of a reduction in membrane Fas, these cells produced soluble Fas, an alternative spliced form of wild-type Fas, and DcR3 as well as the soluble IL-2 receptor (sIL-2R). sFas and DcR3 prevented fas-ligand/Trail-induced apoptosis, leading to longer survival. sIL-2R and DcR3 as well as sFas were markers for the chronic activation of effector T cells. These might be explained by autoantigen-recognizing cells contaminating the long-term surviving cells. Treg enhanced expression of the surface Fas receptor and become prone to Fas-mediated apoptosis as a result of chronic activation. Treg may die quickly in silicosis patients (even when repeatedly recruited from the bone marrow). The overall balance between Treg and reactive T cells moves toward decreased Treg, resulting in the subsequent aberrant regulation of autoimmunity.

Similar to sIL-2R, DcR3 has been identified as a chronic activation marker for the human immune response [52]. DcR3 was initially discovered in malignant cells such as lung and colon cancers [53], and its role was considered to be that of a protective molecule binding with the TNF-related apoptosis-inducing ligand (TRAIL) or the Fas ligand secreted from tumor-attacking T cells [54]. These functions are similar to the soluble Fas molecule, which is an alternative splicing form of wild-type membrane Fas secreted from lymphocytes due to the absence of a transmembrane domain. Soluble Fas has also been shown to bind to the Fas ligand in extracellular areas, which prevented Fas ligand-inducing and Fas–mediated apoptosis in T cells [55-58].

Elevated DcR3 levels were recently reported in the serum or pathological lesions of patients with various autoimmune diseases such as RA and SLE, and these findings indicated that the production of high levels of DcR3 may reflect chronic activation of the immune system [52,59-62], particularly antigen-recognizing T cells.

We previously demonstrated that the expression of DcR3 mRNA in PBMCs was higher in silicosis patients than in healthy donors [63]. Although the expression of DcR3 mRNA was only examined in whole PBMCs including lymphocytes and monocytes, taken together with recent findings showing elevated DcR3 levels in autoimmune diseases, these results suggest that examining serum DcR3 levels in silicosis patients is of importance. We have started this analysis and will report our findings in the near future.

sFas has been shown to have a similar role to that of lymphocytes. Although its molecular function is to prevent apoptosis, elevations in sFas levels have been reported in serum from patients with various autoimmune diseases [62-64] as well as silicosis patients [67]. Using PBMCs, the sFas and membrane (wild-type) Fas message expression ratio was also shown to be higher in silicosis patients than in healthy donors [68]. Our findings also revealed that peripheral T cells, which produce lower levels of surface membrane Fas, were the producers/ expressers of sFas, whereas normal (relatively higher) surface membrane Fas-expressing T cells produced lower levels of sFas [25]. Fas-mediated apoptosis may proceed more easily in the latter fraction due to various stimuli by self-or foreign antigens or the anti-Fas autoantibody, which we discovered in the serum of silicosis patients, and repeated recruitment from the bone marrow. Peripheral T cells derived from silicosis patients were shown to be the dominant sFas producer with a smaller fraction of apoptosis-prone T cells than that from healthy donors [25-27]. The sFas-producing fraction may survive longer and retain a chronically activated status. Thus, this fraction may be stimulated and respond to autoantigens.

Similar to DcR3, the higher expression and production of sFas suggest that the peripheral blood of silicosis patients frequently includes a chronically activated and self-antigen recognizing T cell fraction.

These findings are summarized in Figure 2.



**Figure 2.** Evidence of chronically-activated effector T cells in silicosis patients. Serum soluble Fas, the soluble/ membrane Fas mRNA expression ratio in PBMCs, and DcR3 expression and serum sIL-2R levels were higher in silicosis patients than in healthy donors. In addition, immunological abnormality levels in silicosis patients were determined to be 1, 2, and 3 (normal individuals and silicosis and SSc patients) as continuous variables between healthy donors and SSc patients. Then, the serum sIL-2R levels were positively correlated with these immunological scores. All of these findings indicate that effector T cells chronically and recurrently exposed become activated and their cellular features proceed to autoimmune dysregulation.

#### 5. Immune stimulation of regulatory T cells by silica particle

From the beginning of Treg analysis in silicosis patients, the CD4+CD25+ fraction from PBMCs derived from these patients was shown to be less functional than that from healthy donors [28].

However, FoxP3-positive cells cannot be used in the experiment, since the use of the collected cells in the subsequent cell biological experiment precludes the permeabilization of the cell membrane because of the staining of nuclear molecules, such as FoxP3. Thus, it is unknown whether the CD4+25+ fraction used in the experiment was pure Treg or a mixture of chronically-activated reactive T cells. In other words, it is unknown whether the reduced functions of the Treg fraction with peripheral CD4+25+ in the silicosis patients was caused by the impurity of the Treg cells or the contamination of chronically-activated CD4+25+reactive T cells.

Therefore, we examined the expression of surface Fas in peripheral CD4+FoxP+ T cells derived from both silicosis patients and healthy donors [41], as shown in Figure 3. The results obtained revealed that the expression of Fas was higher in Treg from silicosis patients than in those from healthy donors. Since when Treg is stimulated, Fas expression was shown to be one of the markers for activated Treg; therefore, Treg may be a self-limited inhibitor for the immune response [69,70] and should be terminated by activation-induced cell death. Taken together, these results indicate that exposure to silica may activate Treg as well as effector T cells and induce the higher production of Fas by Treg.

PBMCs from healthy donors and silicosis patients were incubated with silica particles for four days and the percentage of CD4+FoxP3+ cells was then measured [41]. As shown in Figure 3 and reported previously, the frequency of apoptosis-induced Treg cell death during cultivation with silica particles was higher in PBMCs from silicosis patients than in that from healthy donors.

These results demonstrated that silica activated Treg, which then produced higher levels of surface Fas. Apoptosis then occurred in activated Treg. This cascaded reaction can continue for a long time in silicosis because of recurrent encounters between silica particles and T cells. The early loss of Treg may cause T cell recruitment. However, the overall balance between long-surviving reactive T and Treg cells will move toward predominance of reactive T cells [41].

#### 5. Current issues in immune stimulation by silica

The mechanism by which silica affects Th17 cells has not yet been established. Th17 cells are considered to play an important role in the autoimmune reaction and increases in the Th17 cell population or typical cytokines produced by Th17 cells, including IL-17A, may be related to autoimmune reactions [71,72]. However, the microenvironment surrounding the development of T lymphocytes, defined by cytokine profiles such as IL-6 and TGF- $\beta$ , may affect the developmental direction of both Treg and Th17 cells. Therefore, importance needs to be placed on investigations of how silica particles cause changes in the cellular and molecular characteristics of Th17 cells, and what the link is between these alterations and autoimmune dysregulation in silicosis patients.

#### 6. Immunological effects of asbestos, a mineral silicate

Asbestos is a mineral silicate, in which the chemical core atom is Si and O, and various metals such as iron, magnesium or calcium have been shown to bind to asbestos to chemically form asbestos fibers [73]. However, the physical properties of silica and asbestos are different. The former is particulate matter while the latter is a fibrous mineral. Although silica has been shown to have an effect on the human immune system, as mentioned above, asbestos fibers may also have immunological effects on human lymphocytes, which may alter human anti-tumor immunity because the most important clinical complication in patients exposed to asbestos is malignant tumors.



**Figure 3.** Surface Fas expression in peripheral CD4+FoxP+T cells (Treg) derived from both silicosis patients and healthy donors. The expression of Fas was higher in the Treg of silicosis patients than in those of healthy donors. PBMCs from healthy donors and silicosis patients were incubated with silica particles for four days and the percentage of CD4+FoxP3+ cells was then measured. The frequency of apoptosis-induced Treg cell death during cultivation with silica particles was higher in PBMCs from silicosis patients than in that from healthy donors.

Although reports of autoimmune diseases in asbestos-exposed patients are rare [74,75], the main complication noted in these patients is malignancies such as mesothelioma and lung cancer [76,77]. In addition, the incidence of cancer in the larynx, GI-tract, and bladder was shown to be high in asbestos-exposed patients [76,77].

We previously examined the immunological effects of asbestos [78,79], and demonstrated that temporary and relatively high-dose exposure to asbestos caused apoptosis in T cells as well as alveolar epithelial cells and mesothelial cells, whereas low-dose and continuous exposure to asbestos caused the acquisition of resistance to asbestos-caused apoptosis in T cells with the activation of Scr-family kinase, IL-10, 1 STAT3, and Bcl-2 [80]. The expression of CXCR3, one of the chemokine receptors related to the anti-tumor immunity, as well as IFN $\gamma$  was also reduced in these cells [81,82]. Asbestos exposure also induced the impaired differentiation and proliferation of CD8+ cytotoxic T cells [83], and the reduced expression of NKp46 activating receptor in NK cells [84,85]. Taken together, these findings indicate that asbestos causes a reduction in anti-tumor immunity.

#### 7. Conclusions

Even if core chemical substances, Si and  $O_2$ , are identical, the immunological effects of silica seem to be completely opposite to those of asbestos. Silica is a chronic stimulator of T cells, with chronic exposure leading to autoimmune dysregulation due to the chronic activation of responder T cells as well as Treg, resulting in an imbalance in the regulation of T cell responses. On the other hand, asbestos reduces anti-tumor immunity. Therefore, asbestos is not a stimulator, but can alter the function of immune cells.

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### Edited by Guy Huynh Thien Duc

The book Immune Response Activation is aiming to analyse the multifaceted aspects of the immune response, treating a number of representative cases in which the immune response is, on one hand, activated against pathogens, and, on the other hand, involved in pathologic settings, leading to allograft rejection, allergy and autoimmunity. The regulatory mechanisms in which the immune response can be modulated for rendering its effector components more efficient and/or not harmful to the organism is also dissected in translational purposes in cancer immunotherapy, local immunity against bacteria and viruses, as well as in allergy and autoimmunity.

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